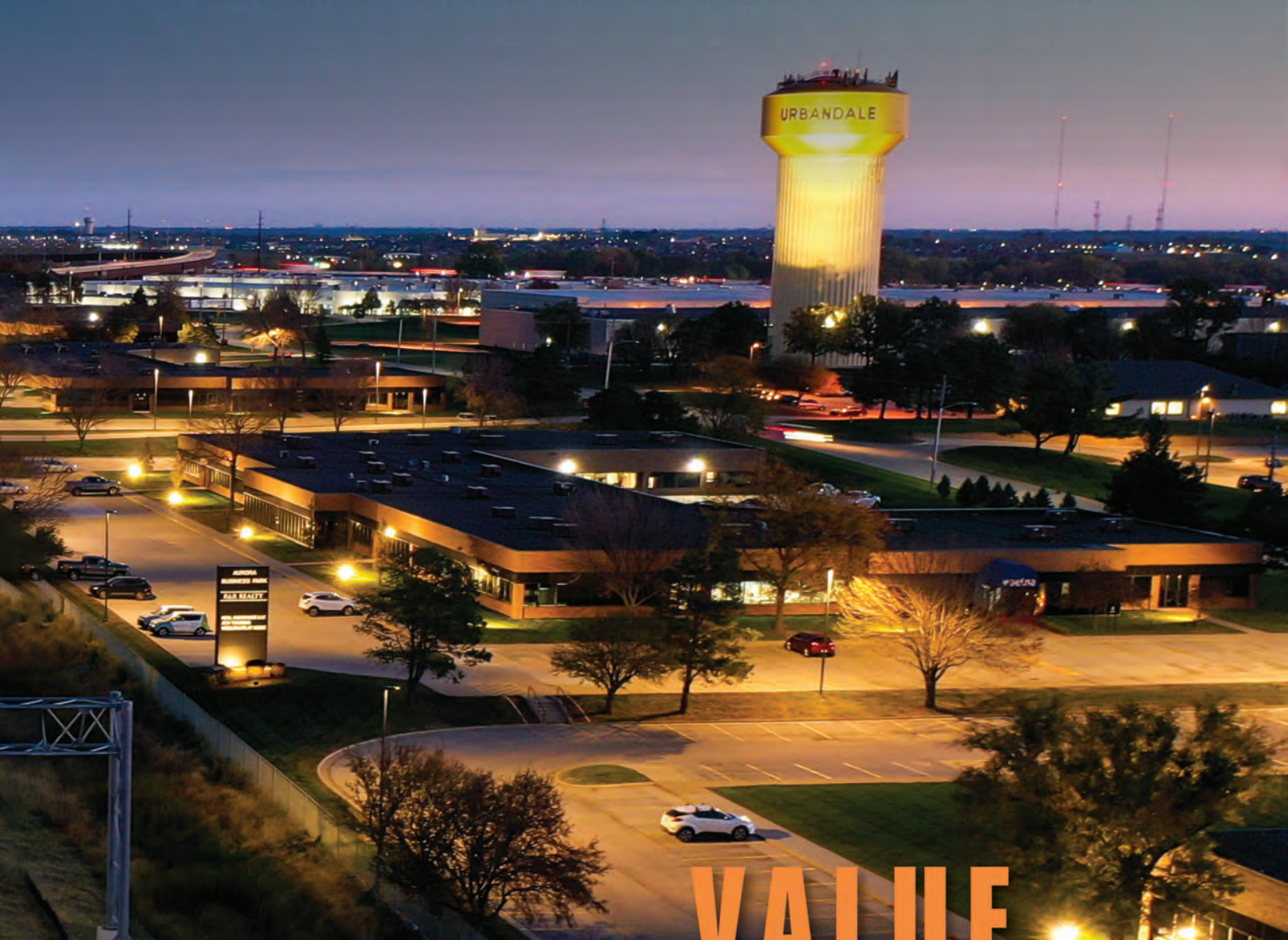


# THE URBANDALE CHAMBER OF COMMERCE

CENTRAL IOWA'S BUSINESS CHAMBER™



VALUE  
CONNECTIONS  
GROWTH  
EDUCATION

PRSRRT STD  
U.S. POSTAGE  
PAID  
UMBRELLA MEDIA  
BIG GREEN  
UMBRELLA MEDIA  
8101 Birchwood Ct. Ste. D  
Johnston, Iowa 50131



# Racing to grow your business?



## Grow it by joining the Urbandale Chamber of Commerce!

*"To be honest, I wasn't sure what to expect when I joined the Urbandale Chamber of Commerce years ago. Today, I know that this membership is an important part of my marketing program. It has helped me grow my business through meaningful relationships, referrals and treasured friendships. In a time when we are all racing to find ways to grow our business, I urge you to look local, get involved and invest in the Urbandale Chamber to get the most mileage out of your marketing dollars."*

Clint Dudley, Owner



### GRIMES

1750 SE 11<sup>th</sup> Street  
**515.986.5241**

Monday-Friday 7AM-6PM

### URBANDALE

3831 70<sup>th</sup> Street  
**515.512.1095**

Monday-Friday 7AM-5PM

**[www.ShadeTreeAuto.biz](http://www.ShadeTreeAuto.biz)**

Service@ShadeTreeAuto.biz Open Monday-Friday, 7am-6pm

# URBANDALE CHAMBER OF COMMERCE

## Central Iowa's Business Chamber

### VALUES

#### Excellence

We provide the highest quality programs and services, challenging ourselves to achieve stronger results for our members and community.

#### Service

We are strongly committed to our mission and vision to serve our members and the community.

#### Family

We respect and support each other in an environment that embraces a work-life balance.

#### Connectedness

We are connectors, strategically connecting the business community, city and schools.

#### Character

We conduct ourselves with character every day.

#### Inclusion

Everyone is equal and welcome at the Urbandale Chamber, regardless of age, gender, race, religion, ethnicity or sexual orientation.



### WHY

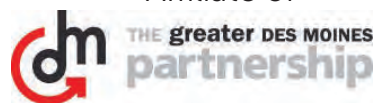
- We believe businesses of all sizes have a voice.
- We believe businesses thrive when connected to the right people, and we know the right people.
- We live our vision, mission and values every day.
- Serving and elevating members and the community drives us. *It is our passion.*
- We value a diverse community and embrace inclusion because we are stronger together.

**There are six specific organizational pillars that drive the Chamber's Annual Program of work.**

- Advocate for a strong Urbandale business climate for member businesses
- Create opportunities for business connectedness and member visibility
- Recruit, retain and strengthen a talented workforce needed for the future
- Deliver relevant and high-quality programming, services and information
- Live the Uniquely Urbandale brand and image
- Operate with excellence
- Foster a culture of respect interwoven throughout all we do

**MISSION: Serve, Protect & Promote our Members**

Affiliate of



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# CHAMBER LEADERSHIP-OUR BOARD OF DIRECTORS



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Jeremiah Terhark, Vice Chair  
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## URBANDALE CHAMBER OF COMMERCE

2830 100TH STREET  
SUITE #110  
URBANDALE, IA 50322  
P 515-331-6855 / F 515-331-2987  
INFO@URBANDALECHAMBER.COM

## WHY URBANDALE CHAMBER?

IT'S OUR BUSINESS TO HELP YOUR BUSINESS.



We believe businesses of all sizes have a voice.



We believe businesses thrive when connected to the right people, and we know the right people.



We live our values; we serve, protect, and promote our members.



Serving and elevating members and the community drives us. It is our passion.



We value a diverse community and embrace inclusion because we are stronger together.



URBANDALECHAMBER

UNIQUELYURBANDALE.COM



URBANDALECHMBR

# 2023 URBANDALE CHAMBER OF COMMERCE INVESTORS

## CHAIRMAN'S CIRCLE INVESTOR



## COMMUNITY PARTNER



City of Urbandale

## TRUSTEE INVESTORS



## ELITE PARTNERS



## PLATINUM INVESTORS

ATW Training Solutions  
Bob Brown Chevrolet  
Buenzow Insurance Group  
Compressor Controls Corporation  
Guardian Real Estate Group  
Homemakers Furniture

Hy-Vee, Inc.  
Integrative Family Medicine - Ankeny  
Iowa Bankers Association  
John Deere Intelligent Solutions Group  
Mercer  
MidAmerican Energy Company

Paychex HR  
Pepsi Beverages Company  
Recruit DSM  
Stivers Ford Lincoln - E. Hickman  
University of Iowa Health Care  
Urbandale Community School District

# NOT A MEMBER OF THE URBANDALE CHAMBER YET?

## We would love to have you!

The Urbandale Chamber of Commerce is a membership-based business organization designed to serve, protect and promote its members and the community. Membership in the Chamber is not bound by community boundaries, even though Urbandale is in our name! We know business doesn't stop at our community boundary, so membership shouldn't either. As one of the largest chambers in the metro, the Urbandale Chamber is large in size but has a strong community culture where everyone feels welcome.



## What does a chamber do?

The Urbandale Chamber focuses on five pillars

**1 CONNECTIONS**

**2 EDUCATION**

**3 MARKETING**

**4 ADVOCACY**

**5 WORKFORCE**

A Chamber of Commerce has a strong focus on strengthening connections because people do business with those they know, like and trust. We provide a plethora of opportunities to get to know others and strengthen connections. In addition, we should be life-long learners because so much can change in the blink of an eye. If a business isn't keeping up, it can fall behind. The Chamber provides access to a number of educational opportunities for personal and professional development. Marketing is a fantastic benefit offered, and many of our benefits operate 24/7. We have strong SEO built into our database, which helps all members climb in Google rankings. In addition, all new members receive a 30-second radio commercial custom-recorded by Cumulus Radio and aired over two consecutive weekends. This is a great way for new members to introduce themselves to the community, advertise open positions or maybe an event. Workforce is an area the Chamber focuses on to help members find quality employees. We do this through free job postings pushed out on our website and social media, free resume distribution for resumes sent to us and through our youth job and apprenticeship fair and our KEY in Des Moines program designed to Keep Educated Youth in Des Moines.

If you are interested in learning more, contact the Urbandale Chamber office at **515-331-6855** or visit us online at **[www.uniquelyurbandale.com](http://www.uniquelyurbandale.com)**.





# CENTRAL IOWA BUSINESS CONFERENCE

HOSTED BY: THE URBANDALE CHAMBER OF COMMERCE



**PREMIER EVENT FOR CEOs  
AND EXECUTIVE TEAMS**



**TOP LEVEL SPEAKERS AND  
CUTTING EDGE TOPICS**



**INSPIRATION, TEAM BUILDING  
& EDUCATION**



**IMMEASURABLE CONNECTIONS**

## KEYNOTE SPEAKERS



**Tiffani Bova**

Chief Growth Evangelist, Salesforce

*Bova has been named to the latest Thinkers50's list of the world's top management thinkers and is a welcomed guest on Bloomberg, among others.*

*She is a change maker whose thought-provoking and forward-thinking insights have made her a frequent guest on a variety of industry-leading podcasts and live broadcasts.*



**Tommy Breedlove**

Author and Feature Keynote Speaker

*Tommy Breedlove challenges audiences to embrace a new kind of ambition to live a well-rounded life of purpose and abundance which, as he found out, leads to even more profitability.*

*He shares tools and simple steps to help audiences reclaim significance and meaning in their lives.*

**REGISTER NOW**



**MAY 23, 2023 | PRAIRIE MEADOWS EVENT CENTER**  
**WWW.CENTRALIOWABUSINESSCONFERENCE.COM**

# Seven lessons we learned from our rebrand and new website launch

By Lindsey LaMair | Vice President of Strategy

After three years of countless iterations of everything from our name to our logo to our website, all of the pieces of our rebrand project finally came together. It formally wrapped up with the launch of our new website — a deliverable we didn't anticipate launching as the final piece, but something that we felt we wanted to invest the time into getting right.

We work on projects like this all the time for our clients, but when it came down to doing it for ourselves, refreshing our brand identity top to bottom felt like a massive undertaking. Not only did we decide to refresh our brand, we also wanted to change our name and launch a new website. If you're overwhelmed at the prospect of a rebrand, building a new website, or taking on a project like this in the future, here are some things we learned during this project that will hopefully help make for a smoother journey.



brand identity and materials we used every day, like business cards and social media graphics, were much easier to complete, whereas our website needed more time invested into it. Not only was everything not ready to launch at the same time, but we were able to gradually roll out our brand to our target audiences so things like our name change (going from Webspec Design to Webspec) and our new logo took time to settle in.

Is there a right or a wrong way to roll out changes to your brand? Not necessarily. You have to figure out what works best for your organization. Your team's availability, the number of changes that are rolling out to your customers, and the impact of your new brand on your business are going to influence your roadmap. Just because it's done gradually doesn't mean it's not effective.

1

## You don't realize how many things your brand touches

One of the first things we did within our project roadmap was put together a list of all of the places where our brand shows up. This included all of the obvious places, like our website, business cards, and signage, but also some unexpected things like pens, apparel, and document templates. By the time we finished the list, it was several pages long, and we were overwhelmed with the number of deliverables we would have to work through to truly be "done" with our rebrand. This brings us to lesson number two.

2

## It's OK to do it in phases

We went into this project thinking we had to release our brand identity all at the exact same time in order for it to be effective; however, we quickly realized that not only is that not always realistic, but it's also not necessary. If we're treating ourselves like a client, tackling a rebrand spreads out the cost investment and minimizes the pressure to get everything perfect at the same time. We found that our

3

## Get all of your stakeholders on the same page

Throughout this project, we had a few key stakeholder groups that weighed in at different times. Our design team was responsible for coming up with the initial concepts and building the brand elements, our websites division built out the new site, our digital marketing team worked on messaging and SEO, and our leadership team served as the client. While we knew this to be true from working with clients, we found it to be especially true for our own team: stakeholders rarely agree. Even with a shared vision of what you need to accomplish, it can be hard to communicate your feelings about a brand and even more



challenging when it's one you're emotionally tied to.

The start of your project may feel overwhelming with everyone's priorities and visions pouring in; we recommend taking a survey of your team to get everyone on the same page with their goals without having to give input on the spot. For example, if you're trying to build a website that loads fast, generates leads, serves accessible content, and displays your brand through animations and visuals, it may take more time to accomplish or certain goals might not play well together. Setting those expectations up front so you can refer back to them through the project helps it go much more smoothly while leaving room to change your goals along the way.



## 4 It's hard to dedicate a lot of energy to a project like this

Being a branding, web design, and marketing firm, it should be easy to take on this project for ourselves, right? We were very wrong about that. We had excellent resources on our team to do this project; however, it was more challenging to stick to a timeline than we expected. When you have other priorities in your business, it can be very challenging to devote time, energy, and resources to things like reviewing deliverables, giving meaningful feedback, and approving final designs. Add a global pandemic on top of this and we eventually learned to let go of timeline expectations and just focus on giving each step of the process the time and attention we needed to get it right.

## 5 The internet changes so fast, it's hard to keep up

Our last website first went live in 2015, and while we made changes to it over the years, it had a hard time keeping up with things like rapid growth in our business, a global pandemic, and major changes in internet technology. Another major portion of this project was just getting our website and digital presence up to date with everything that had changed since our last major website build. In 2015, Google had just started to say they were prioritizing mobile-responsive websites, and, since then, major initiatives for a more inclusive internet experience like site speed and accessibility have woven their way into our process for building client websites. We realized that not only did we have to consider all of the things that have changed since 2015, but we also had to think about what's coming up next, and that adds to the timeline.

## 6 Time goes a lot faster than you think

Initially we had hoped for a 12- to 18-month timeline for this project. While that may have been aggressive based on how much we had to do, it also felt very doable. We had the team in-house ready to take it on, and we were treating ourselves like a client as much as possible to keep the project on track. Fast forward and it all ended up taking just under three years to complete. Not all rebranding projects are going to take that long, and it definitely doesn't take that long to build a website, but the biggest thing we learned is that timelines go a lot faster than you think. Sometimes they get extended by factors outside of your control, and other times you just need more time to get it right.

## 7 Keep your brand moving forward

Even with the challenges, delays, and revisions, we're very happy with where our brand is at today. It not only represents who Webspec is in our next phase of growth, but it also made us appreciate how personal a project like this can feel for our clients. Taking the plunge to rebrand and redo your website might feel intimidating, but it's well worth the work. It also helps to work with someone who's been in your shoes. If you're ready to give your brand the refresh it deserves, we'd be happy to strategize a roadmap for you.

### MORE ABOUT:



Webspec is a marketing, design, and web development firm based in Urbandale. Webspec's CEO, Jeremiah Terhark, founded Webspec in 2001. Since then, he's grown the business into a team of over 60 employees who love to provide technical and creative solutions to help our clients gain confidence in their online presence. We've had the pleasure of working with some notable clients including the Iowa High School Athletic Association, Paws & Pints, 801 Grand, and Iowa State University.

# Urbandale's Young Professionals Group: genYP

# genYP

URBANDALE  
Chamber of Commerce  
YOUNG  
PROFESSIONALS

EXPAND  
YOUR NETWORK

VOLUNTEER  
OPPORTUNITIES

PROFESSIONAL  
DEVELOPMENT

INVEST IN  
YOURSELF

## WHY genYP?

- We're a fun group of 21-40 year olds!
- Membership for the year is only \$40 (\$70 for those not employed by an Urbandale Chamber member company)
- Access to FREE or DISCOUNTED events
- Opportunities every month to connect with other young professionals in a structured setting
- Connect with a network of 760+ businesses through the Urbandale Chamber
- Cost-effective educational and professional development events
- Volunteer opportunities
- Listing in online membership directory with photo, contact information and bio
- Mentorship program

Invest in yourself and expand your network with one of the most highly regarded young professional groups in the Des Moines area. genYP provides unique opportunities for young business individuals to connect with other emerging leaders through structured networking events, professional development, social gatherings and community outreach activities.

"Being involved with Urbandale genYP has expanded my connections with young professionals in our community. As a born and raised Des Moines kid, the opportunity to network and lead alongside others from genYP has supported me in cultivating and developing my own professional network."



BRYANNE LANG  
Resource Development  
Manager  
Mosaic in Central Iowa

"genYP has been a wonderful way for me to get to know business professionals from various unique industries, learn about their businesses, and help me connect more with my community! It's a super fun group of people who all share in the idea of bettering themselves and growing their businesses."



HOLLY ADAMS  
Adams Family Realty  
RE/MAX Precision

## READY TO JOIN? DON'T WAIT!

Call us at **(515) 331-6855** to get your membership started.



## 2022 BUSINESS OF THE YEAR Davidson Family Dentistry

Davidson Family Dentistry lists quality dentistry, affordable service, and compassionate care as their core values. Every day they strive to live up to those standards. Since moving to Urbandale in 2005, Davidson Family Dentistry has gifted more than \$750,000 worth of free dental care to those in need. They have been a proud supporter of numerous organizations such as SheepGate, area churches, missionary and outreach programs, Iowa Mission of Mercy (IMOM), Iowa Dental Association and the Urbandale Chamber of Commerce. Dr. David Davidson served the Iowa Dental Association as president in 2012, was on the steering committee for Iowa Mission of Mercy, and was a dental officer in the Iowa Army National Guard, deploying three separate times. Dr. Michael Davidson has served on the Iowa Dental Board and has been awarded "Outstanding Young Dentist," along with Dr. Justine Stemper.



## 2022 SMALL BUSINESS OF THE YEAR Farrell's Martial Arts

Farrell's Martial Arts believes there is more to martial arts than kicking and punching. Since 1989, Farrell's has helped instill into children and adults many vital life skills: concentration, focus, determination, character, confidence and many more. This business also believes strengthening one's mental health is just as important as physical strength. Their main focus is to teach life skills that build stronger families and communities. They offer martial arts and TaeKwonDo classes for all ages, so that everyone in the family can participate. Farrell's Martial Arts also gives back by donating to Toys for Tots and running a food drive for the local food bank. They also have built a strong relationship with the Urbandale Community School District and hold a school supplies drive, providing backpacks and more to local students.



## 2022 CITIZEN OF THE YEAR Pat Boddy

A licensed professional engineer, Pat retired as a Senior Partner at RDG Planning and Design in 2019, after a long career of leadership in private business and government. She established her own consulting business in Urbandale, 900Views LLC. As Past Chair of the Great Outdoors Foundation and a member of the ICON Executive Committee, Pat is playing a key role in the development of the \$120 million Central Iowa Water Trails project which will connect central Iowans and visitors to a high energy playground for kayaking, rafting and paddling rivers and streams throughout the region. She also serves on a number of Urbandale boards and commissions, including the Urbandale Water Utility, the Urbandale Capital Improvements Committee, and the Urbandale Complete Streets Committee. Pat is also active in efforts to promote renewable energy initiatives in Urbandale. Her work in the metro area stretches back decades. She was named a "Woman of Influence" by the Des Moines Business Record in 2015 and given the A. Arthur Davis Leadership Award in 2018 by the Greater Des Moines Leadership Institute.



## 2022 CONNECTOR OF THE YEAR Jay Mathes

The Connectors are the chamber's welcoming arm. These volunteers assist in connecting members to one another and help new members learn about all of the benefits of being an Urbandale Chamber member. This group is instrumental in the success of the chamber. Each year, a Connector who went above and beyond to create connections and assist with the success of the chamber is selected. This year's award was given to Jay Mathes. Jay is the marketing director at Edencrest at Green Meadows in Johnston. Jay is originally from Shell Rock, Iowa, attended the University of Northern Iowa, and moved to the Des Moines metro in 2002 where he resides with his wife and son. Jay played for the Mid-Iowa Baseball League for seven years and is a huge Atlanta Braves fan. Jay is an excellent asset to the Urbandale Chamber, and we are so thankful for him!



## 2022 YOUNG PROFESSIONAL OF THE YEAR Brennan Roland

Young Professional of the Year is a new award and one that has been given to a deserving individual. This year's award was given to Brennan Roland, a dedicated, outgoing and ambitious member of the Urbandale Chamber of Commerce, genYP Group and the Urbandale community. Brennan is a graduate of Grand View University in 2018 with a bachelor's degree in kinesiology-health promotion. His latest professional endeavors are at MMIT Business Solutions Group as a business solutions consultant. Brennan was new in early 2022 to the Urbandale Chamber of Commerce and genYP, the membership-based young professional group within the Urbandale Chamber. He hit the ground running, becoming an Urbandale Chamber Connector, joining genYP, jumping onboard the genYP Membership Committee and, most recently, being voted into genYP Leadership.



# Ready to meet today's cybersecurity challenges?

By Ben Jensen | Business Development Manager

We are all aware of cybersecurity, but do we really know the extent to which it's affecting small businesses today? According to the SonicWall Cyber Threat Report, there has been a 62% rise in the amount of global ransomware attacks since 2019, including a 158% increase in North America alone. Let's be honest though,

keeping up with the latest cybersecurity trends and closing all the gaps can be exhausting.

The risk of a cyberattack occurring in small and medium sized businesses (SMBs) is just as great as the risk of it happening in larger corporations. In fact, SMBs are often considered more vulnerable to attacks due to their limited resources and reduced

IT budgets. It is so important for these smaller businesses to implement strong cybersecurity measures and invest in a cyber insurance policy. For an extra level of protection, partnering with a managed services provider (MSP) can also help ensure complete protection against unwanted cyber threats.

## 1. Why Cybersecurity is Important for SMBs

While cybersecurity is important for all businesses, we know that it is particularly critical for SMBs. According to a report by the National Cyber Security Alliance, 60% of SMBs that face a cyberattack go out of business within six months. As stated earlier, this is due to their inability to bounce back because of their small budget and lack of resources. The repercussions of an attack can be expensive including loss of revenue, damage to reputation and legal penalties. Hackers are aware that SMBs are likely to have weaker defenses, making them an easier target for attacks like ransomware, phishing, and data breaches.

## 2. Why Cyber Insurance is Important

Cybersecurity professionals preach the importance of "prevention, detection, and response." When it comes to response strategies, a great tool to have on your side is cyber insurance, which can play a significant role in mitigating the financial aftermath of an attack. Policies typically cover expenses related to data recovery, business interruption, and accrued legal fees while also providing coverage for third-party liability, in case of compromised customer data. Having that financial protection is a huge benefit and ultimately provides peace of mind. SMBs can rest easy knowing that they have a safety net in place, ready to combat cyber threats.

## 3. How can an MSP Help?

So, what role does an MSP play in this scenario? We have the knowledge and expertise SMBs need to ensure they have the necessary cybersecurity measures in place. Partnering with us provides an extra level of protection that fills in all the missing pieces. Plus, as cyber insurance policies are becoming more restrictive, we can offer help to get you qualified in 2023.

SMBs may be at a higher risk for cyber-attacks, but implementing the right cybersecurity measures can make all the difference. A robust cybersecurity program, combined with a cyber insurance policy and the support of an MSP, can help mitigate the financial and reputational repercussions of an attack. As technology continues to evolve, cyber threats evolve, too. It is important for SMBs to stay one step ahead and take proactive measures to protect their IT systems and sensitive data.

## What else do MSPs offer?

**1. Network and Endpoint Security:** MSPs offer implementation and management of firewalls, antivirus software, and other security measures for protection.

**2. Cybersecurity Training:** MSPs provide training to employees to help them identify and avoid common cyber threats such as phishing and malware.

**3. Risk Assessments:** Conduct regular risk assessments to identify vulnerabilities in SMBs' IT systems and provide recommendations of solutions to mitigate those risks.

**4. Disaster Recovery:** In the event of a cyberattack, an MSP can help with data recovery and get the business back up and running as quickly as possible.

**5. Compliance:** MSPs can ensure that SMBs are compliant with industry regulations and standards such as HIPAA or PCI-DSS.

**6. 24/7 Monitoring:** What happens if an incident occurs after hours or on a weekend? An MSP can provide 24/7 remote monitoring of SMBs' systems to detect and respond to those cyber threats in real-time.

SMBs may be at a higher risk for cyberattacks, but implementing the right cybersecurity measures can make all the difference. A robust cybersecurity program, combined with a cyber insurance policy and the support of an MSP, can help mitigate the financial and reputational repercussions of an attack. As technology continues to evolve, cyber threats evolve, too. It is important for SMBs to stay one step ahead and take proactive measures to protect their IT systems and sensitive data.

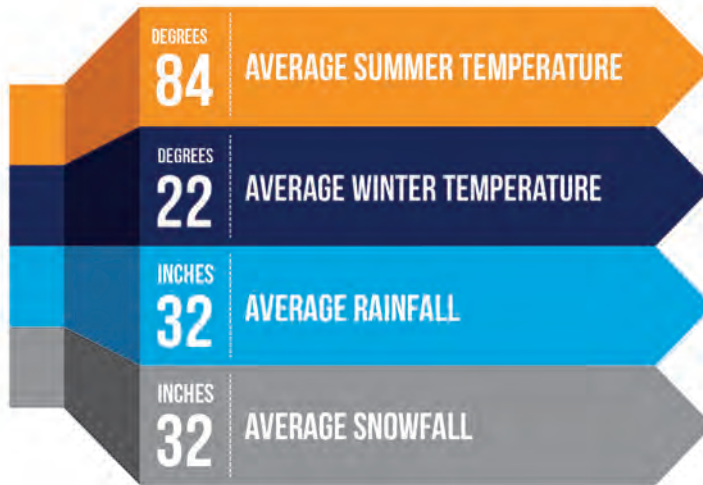
### MORE ABOUT:



LaunchIT MSP was started in 2019 but became an S-Corp in January 2021. We have two companies in Iowa: LaunchIT Corp and LaunchIT MSP, which is a managed services company that focuses on small to midsize businesses in the midwest region currently. Our services are in the management, maintenance, security, and software development needs of our clients. Our clients range in size, complexity, industry, and needs, from non-profits to for-profits and for managed services, co-managed services, to software development. Size of clients range from 5 employees to over 100 employees, with a single location to multiple locations.



# URBANDALE, IOWA AT A GLANCE



## SALES TAX

Iowa's sales tax applies to all goods and services (except food and medicine), which are taxed at 7 percent.



## INCOME TAX

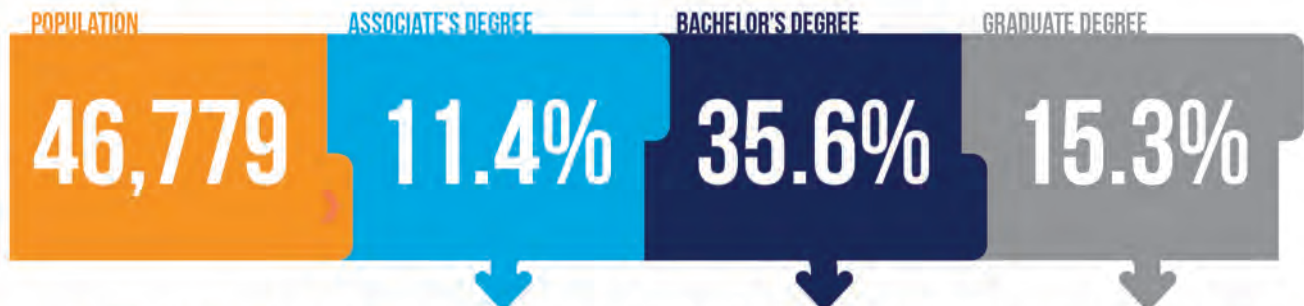
State of Iowa taxes wages and compensation are subject to federal withholding. For more information regarding income tax rates, contact the Iowa Department of Revenue and Finance at 800-367-3388.



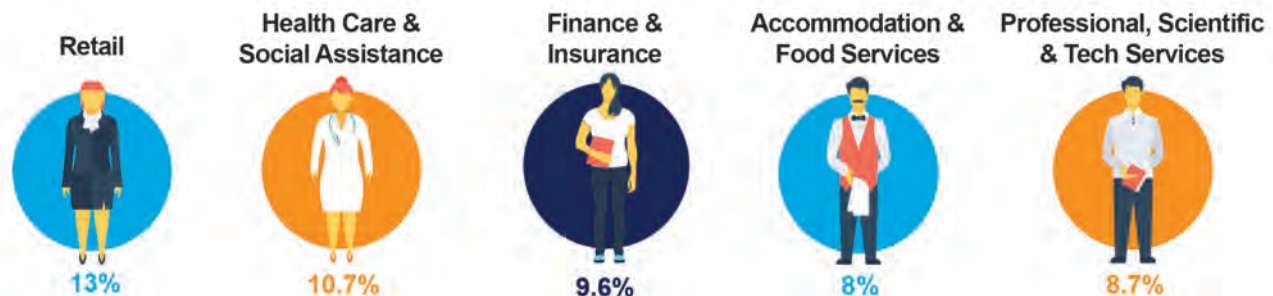
## PROPERTY TAX

The City of Urbandale has 32 different tax rates based on the schools, county and sanitary sewer districts. The consolidated tax rate ranges from \$33.28 to \$39.95 per \$1,000 valuation. Urbandale continues to maintain one of the lowest city tax rates in Iowa with a population of 15,000 or more.

ZIP CODES: **50322** **50323** **50131**



## WORKFORCE STATISTICS: URBANDALE INDUSTRIES AT A GLANCE



18,835 HOUSING UNITS



75% OWNER-OCCUPIED HOUSING UNITS



\$95,040 MEDIAN HOUSEHOLD INCOME

# 2023-2024 URBANDALE CHAMBER OF COMMERCE BUSINESS EVENTS

## APRIL

- 4 Maximize Your Membership
- 5 MOXIE Business Owner Roundtable
- 5 Women's Mentoring Event
- 6 genYPM, Hosted by Midland Credit Union
- 10 genYP Contacts & Contracts, Presented by Midland Credit Union
- 12 Contacts & Contracts Wednesday AM Group, Presented by Fully Promoted Urbandale
- 13 Urbandale Youth Job & Apprenticeship Fair
- 18 genYP CEO Panel
- 19 CIB Academy-Six Types of Working Genius, Presented by Trixie's Salon & Spa
- 24 Contacts & Contracts Monday Group, Presented by Edward Jones | Todd Johnson
- 25 AM Exchange, Presented by Allegra Marketing Print Mail
- 26 Contacts & Contracts Wednesday PM Group, Presented by Mark Courter State Farm Insurance
- 27 Contacts & Contracts Thursday Group, Presented by Buenzow Insurance Group
- 29 April Talk with Officials, Presented by Jon Smith with Iowa Realty

## MAY

- 2 Maximize Your Membership
- 3 MOXIE Business Owner Roundtable
- 4 genYPM Hosted by Sara Velandar Country Financial
- 8 genYP Contacts & Contracts, Presented by Midland Credit Union
- 10 Contacts & Contracts Wednesday AM Group, Presented by Fully Promoted Urbandale
- 10 KEY in Des Moines - Hiring International Students
- 11 Membership Luncheon, Presented by Midland Credit Union-ALICE Training with Urbandale Police Department
- 17 CIB Academy-Small Business Management-Empowered Teams
- 22 Contacts & Contracts Monday Group, Presented by Edward Jones | Todd Johnson
- 23 Central Iowa Business Conference
- 25 Contacts & Contracts Thursday Group, Presented by Buenzow Insurance Group
- 30 AM Exchange, Presented by Allegra Marketing Print Mail
- 31 Contacts & Contracts Wednesday PM Group, Presented by Mark Courter State Farm Insurance

## JUNE

- 1 genYPM Hosted by Financial Architects
- 6 Maximize Your Membership
- 7 MOXIE Business Owner Roundtable
- 8 B.A.S.H. Where Members Meet, Presented by Real Connections Counseling, Hosted by Edencrest at Green Meadows
- 12 genYP Contacts & Contracts, Presented by Midland Credit Union
- 14 Contacts & Contracts Wednesday AM Group, Presented by Fully Promoted Urbandale
- 15 genYP Early Bird Social at The U Nutrition
- 21 CIB Academy, Leadership Development, Presented by Trixie's Salon & Spa, Difficult Conversations & the Art of Speaking Up
- 26 Contacts & Contracts Monday Group, Presented by Edward Jones | Todd Johnson
- 27 AM Exchange, Presented by Allegra Marketing Print Mail
- 28 Contacts & Contracts Wednesday PM Group, Presented by Mark Courter State Farm Insurance
- 29 Contacts & Contracts Thursday Group, Presented by Buenzow Insurance Group

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## JULY

- 5 MOXIE Business Owner Roundtable
- 6 genYPM, Hosted by Showplace Cabinetry Design Center
- 10 genYP Contacts & Contracts, Presented by Midland Credit Union
- 11 Maximize Your Membership
- 12 Contacts & Contracts Wednesday AM Group, Presented by Fully Promoted Urbandale
- 13 Membership Luncheon, Presented by Midland Credit Union, State of the City with Urbandale Mayor Bob Andeweg
- 19 CIB Academy, Small Business Management, Financial Literacy
- 25 AM Exchange, Presented by Allegra Marketing Print Mail
- 26 Contacts & Contracts Wednesday PM Group, Presented by Mark Courter State Farm Insurance
- 27 Contacts & Contracts Thursday Group, Presented by Buenzow Insurance Group
- 31 Contacts & Contracts Monday Group, Presented by Edward Jones | Todd Johnson

## AUGUST

- 1 Maximize Your Membership
- 2 MOXIE Business Owner Roundtable
- 3 genYPM Hosted by Imperfect Pathways & Champions Recovery Room Physical Therapy
- 9 Contacts & Contracts Wednesday AM Group, Presented by Fully Promoted Urbandale
- 14 genYP Contacts & Contracts, Presented by Midland Credit Union
- 16 CIB Academy, Leadership Development, Presented by Trixie's Salon & Spa, The S'Marriage of S'Marketing
- 21 Educator Appreciation Breakfast
- 24 West Metro Golf Tournament, Presented by Iowa Credit Union League, Midland Credit Union, Premier Credit Union, and Serve Credit Union
- 25 Contacts & Contracts Thursday Group, Presented by Mark Courter State Farm Insurance
- 28 Contacts & Contracts Monday Group, Presented by Edward Jones | Todd Johnson
- 29 AM Exchange, Presented by Allegra Marketing Print Mail
- 30 Contacts & Contracts Wednesday PM Group, Presented by Mark Courter State Farm Insurance
- 31 Contacts & Contracts Thursday Group, Presented by Buenzow Insurance Group

## SEPTEMBER

- 5 Maximize Your Membership
- 6 MOXIE Business Owner Roundtable
- 7 genYPM Hosted by MidWestOne Bank
- 11 genYP Contacts & Contracts, Presented by Midland Credit Union
- 13 Contacts & Contracts Wednesday AM Group, Presented by Fully Promoted Urbandale
- 13 KEY In Des Moines
- 14 B.A.S.H. Where Members Meet, Presented by Real Connections Counseling, Hosted by Financial Architects
- 20 CIB Academy, Small Business Management, Social Media & Marketing
- 21 Sample Urbandale, A Celebration of Business
- 25 Contacts & Contracts Monday Group, Presented by Edward Jones | Todd Johnson
- 26 AM Exchange, Presented by Allegra Marketing Print Mail
- 27 Contacts & Contracts Wednesday PM Group, Presented by Mark Courter State Farm Insurance
- 28 Contacts & Contracts Thursday Group, Presented by Buenzow Insurance Group

## DISCOVER & EXPLORE SCOTLAND

WITH THE URBANDALE CHAMBER OF COMMERCE

DEPARTING

**October 11, 2023**

For more information, please contact  
Tiffany Menke at (515) 331-6855 or  
tmenke@urbandalechamber.com



### HIGHLIGHTS:

- Round trip scheduled airfare
- Round trip transfers between airports and hotel while overseas
- 6 nights hotel accommodation
- 2 nights Edinburgh
- 2 night Inverness
- 2 nights Glasgow
- 8 meals: breakfast daily, 1 lunch and dinner
- Tours of: Edinburgh Castle, Rosslyn Chapel, Edinburgh and Glasgow City Tours
- Time to visit: Dunfermline Abbey, Stirling Castle, St. Andrews Castle & Cathedral, Urquhart Castle, Kelvingrove Art Gallery and Glasgow Cathedral
- Discovery Program guide

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~~\$3,599 PER PERSON~~

**\$3,299 PER PERSON**

*if deposited by January 15<sup>th</sup>!*

#### BOOK & SAVE

~~\$3,599 PER PERSON~~

**\$3,399 PER PERSON**

*if deposited by April 11<sup>th</sup>!*

# 2023-2024 URBANDALE CHAMBER OF COMMERCE BUSINESS EVENTS

## OCTOBER

- 3 Maximize Your Membership
- 4 MOXIE Business Owner Roundtable
- 5 genYPM, Hosted by Urbandale Eyecare
- 9 genYP Contacts & Contracts, Presented by Midland Credit Union
- 11 Contacts & Contracts Wednesday AM Group, Presented by Fully Promoted Urbandale
- 18 CIB Academy, Leadership Development, Presented by Trixie's Salon & Spa, People Smarts: Emotional Intelligence
- 20 Candidate Forum: Urbandale City Council & Polk County Supervisor
- 24 Membership Luncheon, Presented by Midland Credit Union, Update on Douglas & Merle Hay Corridor Project
- 25 Contacts & Contracts Wednesday PM Group, Presented by Mark Courter State Farm Insurance
- 26 Regional Breakfast
- 26 Contacts & Contracts Thursday Group, Presented by Buenzow Insurance Group
- 30 Contacts & Contracts Monday Group, Presented by Edward Jones | Todd Johnson
- 31 AM Exchange, Presented by Allegra Marketing Print Mail

## NOVEMBER

- 1 MOXIE Business Owner Roundtable
- 2 genYPM, Hosted by A King's Throne
- 7 Maximize Your Membership
- 8 Contacts & Contracts Wednesday AM Group, Presented by Fully Promoted Urbandale
- 8 KEY in Des Moines
- 13 genYP Contacts & Contracts, Presented by Midland Credit Union
- 15 CIB Academy, Small Business Management, Legal & Taxes Panel
- 27 Contacts & Contracts Monday Group, Presented by Edward Jones | Todd Johnson
- 28 AM Exchange, Presented by Allegra Marketing Print Mail
- 29 Contacts & Contracts Wednesday PM Group, Presented by Mark Courter State Farm Insurance
- 30 Contacts & Contracts Thursday Group, Presented by Buenzow Insurance Group

## DECEMBER

- 5 Maximize Your Membership
- 6 MOXIE Business Owner Roundtable
- 7 genYPM, Hosted by Core Physical Therapy
- 11 genYP Contacts & Contracts, Presented by Midland Credit Union
- 13 Contacts & Contracts Wednesday AM Group, Presented by Fully Promoted Urbandale
- 14 B.A.S.H. Where Members Meet, Presented by Real Connections Counseling, Hosted by Recruit DSM
- 18 Contacts & Contracts Monday Group, Presented by Edward Jones | Todd Johnson
- 19 AM Exchange, Presented by Allegra Marketing Print Mail
- 20 CIB Academy, Leadership Development, Presented by Trixie's Salon & Spa, Exceeding Customer Expectations
- 27 Contacts & Contracts Wednesday PM Group, Presented by Mark Courter State Farm Insurance
- 28 Contacts & Contracts Thursday Group, Presented by Buenzow Insurance Group

## JANUARY 2024

- 2 Maximize Your Membership
- 3 MOXIE Business Owner Roundtable
- 8 genYP Contacts & Contracts, Presented by Midland Credit Union
- 10 Contacts & Contracts Wednesday AM Group, Presented by Fully Promoted Urbandale
- 10 Key in Des Moines
- 17 CIB Academy, Small Business Management, Succession Planning
- 23 Membership Luncheon Presented by Midland Credit Union, Cyber Security Panel
- 25 Contacts & Contracts Thursday Group, Presented by Buenzow Insurance Group
- 25 genYP Kick Off Event
- 27 January Talk with Officials
- 29 Contacts & Contracts Monday PM Group, Presented by Edward Jones/Todd Johnson
- 30 AM Exchange, Presented by Allegra Marketing Print Mail
- 31 Contacts & Contracts Wednesday PM Group, Presented by Mark Courter State Farm Insurance

## FEBRUARY 2024

- 1 genYPM Hosted by Adams Family Realty
- 6 Maximize Your Membership
- 7 MOXIE Business Owner Roundtable
- 12 genYP Contacts & Contracts, Presented by Midland Credit Union
- 14 Contacts & Contracts Wednesday PM Group, Presented by Fully Promoted Urbandale
- 21 CIB Academy, Leadership Development, Presented by Trixie's Salon & Spa, Servant Leadership
- 26 Contacts & Contracts Monday PM Group, Presented by Edward Jones/Todd Johnson
- 27 AM Exchange, Presented by Allegra Marketing Print Mail
- 28 Contacts & Contracts Wednesday PM Group, Presented by Mark Courter State Farm Insurance
- 29 Contacts & Contracts Thursday Group, Presented by Buenzow Insurance Group





# ADVOCATE FOR BUSINESS

The Urbandale Chamber of Commerce engages in advocacy at the local, state and federal level. Our role is to educate and advocate on issues impacting the business community. We are affiliates of the Greater Des Moines Partnership and participate in policy discussions. The Partnership's Government Policy Council develops priorities every year and works to gain support for those priorities from our state legislators and governor. Throughout the session, the GPC hosts monthly briefings at the Statehouse to keep members up to date on the progress of our legislative priorities.

At the local level, the Chamber's Board of Directors attend City Council meetings to keep abreast on City issues impacting the business community. The Chamber works with the City to ensure Urbandale remains a great place to do business.



## Advocacy Events

**Annual Trip to Washington, D.C.**  
May 10-12, 2023

**Candidate Forum**  
October 20, 2023

**Joint Legislative Luncheon**  
November 15, 2023

**Opening Night Legislative Reception**  
January 2024

**Talk with Officials - Open to the Public**  
March 25, 2023  
April 29, 2023  
January 27, 2024  
February 24, 2024

## ELECTED OFFICIALS

### Urbandale City Council Members



**Mayor**  
Robert Andreweweg



Adam Obrecht



Bridget Carberry  
Montgomery



Amy Croll



Matt Blake



Larry McBurney

**City of Urbandale** | (515) 278-3900 | [www.urbandale.org](http://www.urbandale.org) | 3600 86th St., Urbandale, IA 50322

## State and County Representatives



**Senator**  
Brad Zaun  
[brad.zaun@legis.iowa.gov](mailto:brad.zaun@legis.iowa.gov)



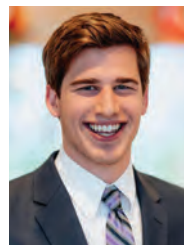
**Representative**  
John Forbes  
[john.forbes@legis.iowa.gov](mailto:john.forbes@legis.iowa.gov)



**Supervisor**  
Robert Brownell  
[robert.brownell@polkcountyia.gov](mailto:robert.brownell@polkcountyia.gov)



**Representative**  
Eddie Andrews  
[eddie.andrews@legis.iowa.gov](mailto:eddie.andrews@legis.iowa.gov)



**Representative**  
Carter Nordman  
[carter.nordman@legis.iowa.gov](mailto:carter.nordman@legis.iowa.gov)



**Senator**  
Jack Whitver  
[jack.whitver@legis.iowa.gov](mailto:jack.whitver@legis.iowa.gov)



**Representative**  
Dan Gehlbach  
[dan.gehlbach@legis.iowa.gov](mailto:dan.gehlbach@legis.iowa.gov)

# ALPHABETICAL LIST OF CHAMBER MEMBERS

Business Member • Gold Level • Platinum Level • Elite Level • Trustee Level • Community Partner • Chairman's Circle Investor

## 10-42 Project

Health Care/Mental Health  
Dan Defenbaugh  
(515) 350-6274  
www.10-42project.org

## 100th Street Corner Cafe

Restaurants  
Jacki Cotter  
3017 100th St.  
Urbandale, IA 50322  
(515) 331-2343  
www.100thstreetcornercafe.com

## 2 Harts Boutique LLC

Retail-Shops-Stores/Clothing  
Joan Warren  
250 W. 1st St., Ste. A  
Grimes, IA 50111  
(515) 371-8706  
2hartsboutique.com

## 2nd Chance Liquidation

Retail-Shops-Stores/Gift Items  
Rebecca Van Dorpe  
2679 100th St.  
Urbandale, IA 50322  
(515) 782-0307  
www.facebook.com/2ndChanceLiquidation

## 3E (Electrical Engineering & Equipment Co.)

Distributors/Electrical  
Matthew Chatman  
953 73rd St.  
Windsor Heights, IA 50312  
(515) 273-0100  
www.3e-co.com

## 5 Borough Bagels

Restaurants  
Sarah Chem  
11101 Plum Dr.  
Urbandale, IA 50322  
(515) 809-1807  
5boroughbagels.com

## 72 Degrees Comfort Company

Contractors/Heating-Cooling  
Kendel Richlen  
811 SW Ordinance Rd.  
Ankeny, IA 50023  
(515) 965-7272  
www.72degrees.com

## 900 Views LLC

Business Services/Consultants  
Patricia Boddy  
(515) 669-1099

## A King's Throne, LLC

Environmental/Mobile Toilets  
Rich Stricklett  
450 NE 44th Ave.  
Des Moines, IA 50313  
(515) 288-5464  
www.akingsthronellc.com

## A Tech Inc. / Easy Living Store

Security-Safety/Systems  
Mark Bishop  
10401 Hickman Rd.  
Urbandale, IA 50322-3727  
(515) 276-5040  
www.atechels.com

## A-D Distributing Co., Inc.

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Jane Carberry  
612 E. Grand Ave.  
Des Moines, IA 50309  
(515) 288-3365  
www.adflags.com

## Abendroth Russell Barnett Law Firm

Legal Services/Attorneys  
Ross Barnett  
2560 73rd St.  
Urbandale, IA 50322  
(515) 278-0623  
www.abendrothandrussell.com

## Absolute Auto Repair

Automotive/Service  
Travis White  
8305 Hickman Rd.  
Urbandale, IA 50322  
(515) 276-0137  
autorepairurbandale.com

## Abundant Health

Wellness/Therapeutic Massage  
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12871 University Ave., Ste. 180  
Clive, IA 50325  
(515) 499-0099  
www.abundanthealthdsm.com

## Academy Trophies & Awards

Awards/Trophies & Plaques  
Jim Eaton  
3101 104th St., Ste. 6  
Urbandale, IA 50322-3884  
(515) 270-2704

## Accelerate ActionCOACH Business Coaching

Business Services/Coaching  
Greg Thompson  
2965 100th St.  
Urbandale, IA 50322  
(515) 988-0743  
www.accelerateactioncoach.com

## Accurate Commercial

Contractors/Commercial  
Jeff Rogers  
9500 University Ave., Ste. 2112  
West Des Moines, IA 50266  
(515) 333-5160  
www.accurate-commercial.com

## Active Wellness

Health Care/Chiropractors  
Jake Parks  
8711 Windsor Pkwy., Ste. 7  
Johnston, IA 50131  
(515) 867-2900  
activewellnessonline.com

## Adamantine Spine Moving

Moving/Services  
Emily Wallace  
(515) 207-2727  
www.spinemoving.com

## AddingZEROS Executive Development

Business Services/Coaching  
Monte Wyatt  
946 Glen Oaks Ter.  
West Des Moines, IA 50266  
(515) 222-9193  
addzerosnow.com

## Adel Acres

Health Care/Assisted Living  
Grace Kelly  
1919 Greene St.  
Adel, IA 50003  
(515) 993-4511  
mgmhealthcare.com/facility/adel-acres

## ADi Group

Printing/Printers  
Brian Packard  
4049 120th St.  
Urbandale, IA 50323  
(515) 254-0080  
www.theadigroup.net





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Tyler Van Weelden  
5138 Merle Hay Rd.  
Johnston, IA 50131  
(515) 446-3581  
www.acuraofjohnston.com

**Lithia Volkswagen of Des Moines**  
Automotive/Dealers  
Tim Boes  
5200 Merle Hay Rd.  
Johnston, IA 50131  
(515) 253-0333  
www.volkswagenofdesmoines.com

**Audi Des Moines**  
Automotive/Dealers  
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San Jose, CA 95110-2704  
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West Des Moines, IA 50266  
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### AE Outdoor Power

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Wyatt Jans  
4063 121st St.  
Urbandale, IA 50323  
(515) 214-2130  
aeoutdoorpower.com

### Aetna

Insurance-Finance/Services  
Susan Herzberg  
6165 NW 86th St.  
Johnston, IA 50131  
(855) 335-1407  
www.aetnamedicare.com

### Agape Wellness Center

Wellness/Therapeutic Massage  
Della Shelgren  
7012 Madison Ave., Ste. E  
Urbandale, IA 50322  
(515) 278-6007  
www.agapetm.com

### Air Free Duct Cleaning

Cleaning-Maintenance/Ductwork  
B.J. Windhorst  
10301 Dennis Dr.  
Urbandale, IA 50322  
(515) 986-3424  
www.airfreeductcleaning.com

### AJ Plumbing

Contractors/Plumbing  
Kim Gamble  
3950 Vandalia Rd.  
Des Moines, IA 50317  
(515) 299-3049  
ajplumbing.com

### All American Auction Company of Iowa LLC

Business Services/Auctioneers  
Johnny Corkins  
8609 Hickman Rd.  
Urbandale, IA 50322  
(515) 290-2389  
sj-phoenix-auctions.business.site

### Allegra Marketing, Print, Mail, Signs

Marketing/Services  
Kevin McGuire  
4400 NW Urbandale Dr.  
Urbandale, IA 50322  
(515) 645-6060  
www.allegradsm.com

### Allender Butzke Engineers Inc.

Professional-Design Services/Engineers  
Matt Drummond  
3660 109th St.  
Urbandale, IA 50322  
(515) 238-3970  
www.abengineers.com

### Always Balln Vendor Staffing

Employment/Agencies and Staffing  
Emilie Ball  
(515) 333-8881

### American Legion Post 663 & VFW Post 9668

Organizations/Non-Profit  
Michael Knight  
6805 Douglas Ave.  
Urbandale, IA 50322  
(515) 278-8940  
legion.org

### American Republic Insurance Services

Insurance-Finance/Agents  
Alan Hansen  
950 Office Park Rd., Ste. 114  
West Des Moines, IA 50265  
(515) 223-5447  
www.aris-secure.com/alanhansen

### Amish Haus Furniture

Retail-Shops-Stores/Furniture  
Tim Clark  
3201 100th St.  
Urbandale, IA 50322-3882  
(515) 270-1133  
www.amishhausfurniture.com



**Anderson Properties**  
Real Estate/Commercial  
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www.theandersoncompanies.com

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Andrew Hoyt  
andrewhoytmusic.com

### Angela Moriarity

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Urbandale, IA 50322  
(515) 971-8854

### Angelic Day Spa

Health & Beauty/Salons-Spas  
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8421 University Blvd., Ste. P  
Clive, IA 50325  
(515) 468-8509  
angelic-day-spa.skincaretherapy.net

### Angie Taylor, Independent Sales Director with Mary Kay Skin Care and Cosmetics

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### Ankeny Sanitation

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7002 SE Delaware Ave.  
Ankeny, IA 50021  
(515) 422-6674  
www.ankenysanitation.com

### Ann M. Hartz, CPA & Associates

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Ann Hartz  
7109 Hickman Rd.  
Urbandale, IA 50322  
(515) 259-7779  
cpadesmoines.com

### Anytime Fitness

Wellness/Fitness  
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8405 Hickman Rd.  
Urbandale, IA 50322  
(515) 331-3600  
www.AnytimeFitness.com

### AO Wealth Advisory

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2570 106th St., Ste. A  
Urbandale, IA 50322  
(515) 224-7849  
www.aowealthadvisory.com

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Urbandale, IA 50322  
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2430 106th St.  
Urbandale, IA 50322  
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www.appliedart.com

### Arbor Springs

Health Care/Nursing Homes  
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West Des Moines, IA 50266  
(515) 223-1135  
www.arborsprings.org

### Archadeck of Central Iowa

Contractors/General  
Harold Cross  
2925 99th St.  
Urbandale, IA 50322  
(515) 266-8844  
central-iowa.archadeck.com

### Archetype Sign

Signage  
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Urbandale, IA 50322  
(515) 971-5946  
www.archetypesign.com

### Archive Iowa

Archival Products  
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Urbandale, IA 50322  
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archiveiowa.com

### Art of Life Salon and Spa

Health & Beauty/Salons-Spas  
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3270 100th St.  
Urbandale, IA 50322-3879  
(515) 252-8825  
www.artoflifesalonspa.com

### Assembled Products, Inc

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Matt Ulrich  
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Urbandale, IA 50322  
(515) 278-7030  
assembledproducts.net

## Alphabetical List of Chamber Members

Business Member • Gold • Platinum • Elite • Trustee • Community Partner • Chairman's Circle

### Associated Builders and Contractors of Iowa

Organizations/Associations  
Nicole Berger  
3100 SE Enterprise Dr.  
Grimes, IA 50111  
(515) 985-1162  
www.abciowa.org

### Association Member Benefits Advisors

Insurance-Finance/Brokerages  
Laurie Ernst  
4050 NW 114th St., Bldg. 19  
Urbandale, IA 50322  
(515) 779-2171  
www.amba.info

### Aston Carter

Employment/Agencies and Staffing  
Chris Smith  
7545 Ashworth Rd., Ste. 200  
West Des Moines, IA 50266  
(515) 657-5458  
www.astoncarter.com

### Athletico Physical Therapy

Health Care/Physical Therapists  
Janelle Bailey  
8000 Douglas Ave.  
Urbandale, IA 50322-3223  
(515) 251-3700  
www.athletico.com

### ATI Physical Therapy

Health Care/Physical Therapists  
John Brandt  
11895 Hickman Rd., Ste 300 & 400  
Urbandale, IA 50323  
(515) 309-1316  
locations.atipt.com/urbandale-ia

### Attivo Trail 55+ Active Adult Living

Real Estate/Apartments  
Madison Lukehart  
835 NE Boston Pkwy.  
Waukee, IA 50263  
(515) 422-9898  
www.attivotrail.com

### ATW Training Solutions

Business Services/Training  
Todd McDonald  
4039 121st St.  
Urbandale, IA 50323  
(515) 727-0731  
www.atwtraining.com

### Avenue Scholars Des Moines

Organizations/Non-Profit  
Jason Parkin  
1800 Grand Ave.  
Des Moines, IA 50309  
(515) 210-7148  
www.avescholarsdesmoines.org

### AVI Systems

Audio-Visual/Equipment  
Ariel Minervini  
3001 104th St.  
Urbandale, IA 50322-3830  
(515) 323-7301  
www.avisystems.com

### B&M Cleaners

Cleaning-Maintenance/Janitorial  
Beau Briles  
2811 SW Chestnut Dr.  
Ankeny, IA 50023  
(515) 720-9799  
bandmcleaners.com

### Baer Harding, Kirstin

Individual Membership  
(515) 201-2919

### Baker Electric, Inc.

Contractors/Electrical  
Cory Loss  
111 Jackson Ave.  
Des Moines, IA 50315-1200  
(515) 288-6774  
www.bakerelectric.com

### Ball Team, LLC

Contractors/General  
Rick Ball  
10550 New York Ave., Ste. 100  
Urbandale, IA 50322  
(515) 440-4544  
www.buildwithball.com

### Bank Iowa - Johnston

Finance/Banks  
Jenni Buchanan  
5525 Merle Hay Rd., Ste. 195  
Johnston, IA 50131  
(515) 727-4484  
www.bankiowa.bank

### Bank Iowa - West Des Moines

Finance/Banks  
Bill Fry  
1150 Jordan Creek Pkwy.  
West Des Moines, IA 50266  
(515) 225-0710  
www.bankiowa.bank

### Bankers Trust Company - North Office

Finance/Banks  
Saundra Miller  
3905 Merle Hay Rd.  
Des Moines, IA 50310-1309  
(515) 245-2440  
www.bankerstrust.com

### Banleaco

Finance/Equipment  
Dave Selden  
11017 Aurora Ave.  
Urbandale, IA 50322  
(515) 471-1028  
banleaco.com

### Barnum Floors

Contractors/Flooring  
Kathy Barnum  
9460 Swanson Blvd.  
Clive, IA 50325  
(515) 270-2211  
www.barnumfloors.com

### Bath Planet of Iowa

Contractors/Remodeling  
Jerry Martin  
10052 Justin Dr., Ste. I  
Urbandale, IA 50322  
(515) 251-5940  
www.bathplanet.com

### Bâton Global

Business Services/Consultants  
Molly Lopez  
317 6th Ave., Ste. 1100  
Des Moines, IA 50309  
(515) 205-0911  
batonglobal.com

### Beaver Creek Golf Course

Entertainment-Recreation/Golf Courses  
Brett Long  
11200 NW Towner Dr.  
Grimes, IA 50111  
(515) 986-3221  
www.beavercreek-golf.com

### Beeline + Blue

Printing/Printers  
Deborah Harp  
2507 Ingersoll Ave.  
Des Moines, IA 50312  
(515) 244-1611  
www.beelineandblue.com

### Bella Love Event Venue

Facilities/Conference Centers & Banquet  
Facilities  
Krystal Marshall  
8801 University Ave., Ste. 29  
Clive, IA 50325  
(515) 518-5072  
bellaloveevents.com

### Bennigan's Grill & Tavern

Restaurants  
Lonnie Payne  
4800 Merle Hay Rd.  
Urbandale, IA 50322-1900  
(515) 276-7777  
www.bennigans.com

### BerganKDV

Finance/Accountants  
Scott Meeker  
12100 Meredith Dr., Ste. 200  
Urbandale, IA 50322  
(515) 727-5700  
www.bergankdv.com



### Berkley Agribusiness

Agribusiness/Insurance

Brad London

11201 Douglas Ave.

Urbandale, IA 50322

(515) 473-3000

www.berkleyag.com

Berkley Agribusiness, a Berkley Company, underwrites property and casualty insurance and provides risk management solutions for our partners in the commercial agribusiness and food industries.

### Berkley Technology Services

Computer/Software Development  
Ryan Ford  
3840 109th St.  
Urbandale, IA 50322  
(515) 564-2300  
berkleytechnologyservices.com

### berniestone.com

Business Services/Consultants  
Bernie Stone  
(515) 717-0343  
www.berniestone.com



**Better Business Bureau Serving Greater Iowa**

Organizations/Non-Profit  
Andy Schryver  
2625 Beaver Ave.  
Des Moines, IA 50310  
(515) 243-5027  
www.iowa.bbb.org

**Beyond Ball**

Organizations/Youth  
John Lamb  
4020 121st St.  
Urbandale, IA 50323  
(515) 282-3000  
www.beyond-ball.com

**Big Al's BBQ & Catering - West Des Moines**

Restaurants  
Al Laudencia  
1960 Grand Ave.  
West Des Moines, IA 50265  
(515) 287-1227  
www.bigalsbbq.net

**Big O Tires**

Automotive/Service  
Tevin Mincy  
3880 NW Urbandale Dr.  
Urbandale, IA 50322  
(515) 278-8565  
www.bigotires.com

**Big Roofing**

Contractors/General  
D. Matt Christiansen  
34557 Southview Dr.  
Cumming, IA 50061  
(515) 577-9567  
www.bigroofing515.com

**Bilbrey Insurance Services/ICAP**

Insurance-Finance/Services  
Kasi Koehler  
12951 University Ave., Ste. 120  
Clive, IA 50325-8270  
(515) 727-1585  
www.icapiowa.com

**Bing Bang**

Advertising/Agencies  
Lori Gelhaar  
2520 SE Encompass Dr., Ste. 110  
Waukee, IA 50263  
(844) 246-4226  
www.itsbingbang.com

**Bishop Engineering Company, Inc.**

Professional-Design Services/Engineers  
Drew Lewis  
3501 104th St.  
Urbandale, IA 50322-3825  
(515) 276-0467  
www.bishopengr.com

**Black Collar Crossfit**

Wellness/Fitness  
Merenciana (Meddy) Paulus  
417 SW 8th St.  
Des Moines, IA 50309  
(515) 474-7794  
www.blackcollarcrossfit.com

**Blessman International**

Organizations/Non-Profit  
Heidi Kramer  
2557 106th St.  
Urbandale, IA 50322  
(515) 343-5920  
www.blessmaninternational.org

**Block Advisors**

Finance/Tax Services  
Alisha Dolsen  
2981 100th St.  
Urbandale, IA 50322  
(515) 270-0003  
www.hrblock.com/block-advisors/  
local-tax-offices/iowa/urbandale/2981-  
100th-st/15821

**Bloom Women's Wellness**

Human Services/Counseling  
Madison Sweet  
405 SE 14th St.  
Grimes, IA 50111  
(515) 499-4959  
www.bloomwomenswellness.org

**Blue Compass**

Advertising/Agencies  
Melissa Sporrer  
1601 48th St., Ste. 200  
West Des Moines, IA 50266-6722  
(515) 868-0010  
www.bluecompass.com

**Blue Ox Spirits**

Distributors/Alcohol  
Rudy Pineda  
1300 SE Little Beaver Ct.  
Grimes, IA 50111  
(515) 650-8079  
blueoxspirits.com

**Blue Shark Ale House**

Restaurants  
Amanda Andrews  
3701 86th St.  
Urbandale, IA 50322  
(515) 630-1345  
bluesharkalehouse.com

**Bluefish Promotional Marketing**

Advertising/Specialties  
Drew Argotsinger  
8525 Douglas Ave., Ste. 39  
Urbandale, IA 50322  
(515) 782-8953  
www.bluefishmkt.com

**Bluestone Engineering**

Professional-Design Services/Engineers  
Jason Zagar  
5518 NW 88th St.  
Johnston, IA 50131  
515-727-0700  
www.bluestonemep.com

**BMW of Des Moines**

Automotive/Dealers  
Tyler Van Weelden  
9631 Hickman Rd.  
Urbandale, IA 50322  
(515) 446-3660  
www.bmwdesmoines.com

**BNI**

Organizations/Breakfast Clubs  
David Elliott  
(515) 865-3862  
www.bniiowa.com

**Bob Brown Chevrolet**

Automotive/Dealers  
Tim Manning  
3600 111th St.  
Urbandale, IA 50322  
(515) 278-7800  
www.bobbrownchevy.com

**Bob's Septic & Premium Privies**

Environmental/Waste Management  
Jason Shepherd  
2785 NE 46th Ave.  
Des Moines, IA 50317  
(515) 262-9174  
www.bobsseptic.com

**BodyRenewal Clinic and MedSpa**

Health & Beauty/Salons-Spas  
Margaret Vitiritto-Khan, D.O.  
1441 29th St., Ste. 216  
West Des Moines, IA 50266  
(515) 644-2074  
www.bodyrenewal.com

**Boesen the Florist**

Retail-Shops-Stores/Florists  
Tom Boesen  
3422 Beaver Ave.  
Des Moines, IA 50310  
(515) 274-4761  
www.boesen.com

**Bonnicksen, Susan**

Individual Membership  
(515) 975-1284

**Bordenaros Pizzeria**

Restaurants  
Chris Bordenaro  
6108 SW 9th St.  
Des Moines, IA 50315  
(515) 287-1607  
www.bordenarospizza.com

**Braun Intertec**

Professional-Design Services/Engineers  
Danielle "Dani" Ellison  
3000 Justin Dr.  
Urbandale, IA 50322  
(515) 706-5584  
www.braunintertec.com

**Breiholz Construction Company**

Construction/Management  
Greg Lettington  
1527 Maine St.  
Des Moines, IA 50314  
(515) 288-6077  
www.breiholz.com

**Brent Isenberger Photography**

Photography/Photographers  
Brent Isenberger  
8060 NE 27th Ave.  
Altoona, IA 50009  
(515) 360-9179  
www.isenbergerphoto.com

**Brighton Consulting Group**

Health Care/Consultants  
Diane McKenzie  
3098 104th St.  
Urbandale, IA 50322  
(515) 252-0795  
www.bcgresearch.net

**Broheim's Indoor Golf and Pub**

Retail-Shops-Stores/Golf  
Justin Goes  
53 NE Carefree Ln.  
Waukee, IA 50263  
(515) 528-9192  
broheimsgolf.com

## Alphabetical List of Chamber Members

Business Member • Gold • Platinum • Elite • Trustee • Community Partner • Chairman's Circle

### Brokers International

Insurance-Finance/Services  
John Vogelaar  
4135 NW Urbandale Dr.  
Urbandale, IA 50322  
(800) 362-1097  
www.bitld.com

### Brownell, Robert

Individual Membership  
111 Court Ave., Ste. 300  
Des Moines, IA 50309  
(515) 286-2228

### Buenzow Insurance Group

Insurance-Finance/Agents  
Ben Buenzow  
3273 100th St.  
Urbandale, IA 50322-3845  
(515) 270-8870  
www.buenzowinsurance.com

### Bunker Labs Des Moines

Business Services/Coaching  
Bernie Stone  
(515) 717-0343  
www.bunkerlabs.org/our-locations/  
des-moines

### Burn Boot Camp - Clive

Wellness/Fitness  
Darci Evans  
8801 University Ave., Ste. C36  
Clive, IA 50325  
(515) 205-9038  
burnbootcamp.com/locations/clive-ia

### Business Publications Corporation

Communications/Publishing  
Chris Conetzkey  
100 4th St.  
Des Moines, IA 50309  
(515) 288-3336  
www.businessrecord.com

### Buttercream Cookie Dreams

Food-Beverage/Bakeries  
Amanda Mulcahy  
150 S. Prairie View Dr.  
West Des Moines, IA 50266  
(563) 543-7902  
buttercream-cookie-dreams.square.site

### Cabinet RX, LLC

Contractors/Kitchen & Bath  
Carl Sanders  
121 SE Shurfine Dr., Ste. 1  
Ankeny, IA 50021  
(515) 250-6092  
www.cabinetrx.net

### Cadence Academy Preschool

Children/Day Care  
Theresa Anderson  
3054 NW 86th St.  
Urbandale, IA 50322-4051  
(515) 989-6846  
www.cadence-academy.com/schools/  
urbandale-ia-preschool

### Cajun Belle

Restaurants  
Zack Hollier  
5460 Merle Hay Rd., Ste. A  
Johnston, IA 50131  
(409) 659-1629  
www.cajunbelleia.com

### Caldwell Parrish Funeral Home & Crematory

Funerals/Services  
Mark Parrish  
8201 Hickman Rd.  
Urbandale, IA 50322-4307  
(515) 276-0551  
www.caldwellparrish.com

### Campbell's Nutrition West

Retail-Shops-Stores/Organic  
Emma Lahodny  
2749 100th St.  
Urbandale, IA 50322  
(515) 331-1390  
www.campbellsnutrition.com

### Cancun Grill and Cantina

Restaurants  
Antonio Hernandez  
3855 121st St.  
Urbandale, IA 50323  
(515) 270-1870  
www.cancungrillandcantina.com

### Car City

Automotive/Dealers  
Tony Martinson  
4550 Merle Hay Rd.  
Des Moines, IA 50310  
(515) 278-4184  
www.carcityinc.com

### Caravel Autism Health

Health Care/Services  
Jessica Crawford  
2439 106th St.  
Urbandale, IA 50322  
(515) 325-4097  
caravelautism.com

### Career Search Associates

Employment/Agencies and Staffing  
Lisa Pringle-Chmelka  
4920 Pleasant St., Ste. 3  
West Des Moines, IA 50266  
(515) 440-1423  
www.careersearchassoc.com

### CarMax

Automotive/Dealers  
Saira Alam  
10315 Hickman Rd.  
Urbandale, IA 50322-5305  
(515) 276-4267  
www.carmax.com

### Carpet One Floor & Home

Retail-Shops-Stores/Flooring  
Jeff Graves  
4444 NW Urbandale Dr.  
Urbandale, IA 50322-7265  
(515) 278-1176  
www.CarpetOneUrbandale.com

### Catch Des Moines! Greater Des Moines Convention & Visitors Bureau

Entertainment-Recreation/Visitor Information  
Greg Edwards  
400 Locust St., Ste. 265  
Des Moines, IA 50309-2350  
(515) 286-4960  
www.catchdesmoines.com

### CEC

Computer/Services  
Angie Worrell  
4617 121st St.  
Urbandale, IA 50323  
(515) 289-3707  
www.cecinfo.com

### Cedar Ridge Esthetic and Family Dentistry

Dental/Dentists  
Ayah Bilbeisi  
7517 Douglas Ave., Ste. 8  
Urbandale, IA 50322-3075  
(515) 270-8301  
cedarridgedentistry.com

### Cellular Advantage

Communications/Cellular  
Romell Brown  
3829 100th St.  
Urbandale, IA 50322  
(515) 331-0000  
celladvantage.com

### Central Bank

Finance/Banks  
Andrew Clausen  
3800 100th St.  
Urbandale, IA 50322-2048  
(515) 254-9000  
www.centralbankonline.com

### Central Bank - 86th St. Branch

Finance/Banks  
Gerene Farrell  
4848 86th St.  
Urbandale, IA 50322-1030  
(515) 309-5102  
www.mycentral.bank

### Central Iowa Coin & Bullion LLC

Retail-Shops-Stores/Antiques-Collectibles  
Jerry Koepp  
8190 Hickman Rd.  
Clive, IA 50325  
(515) 331-4307  
centraliowacoinandbullion.com

### Central Iowa Vapors

Retail-Shops-Stores/Electronic Cigarettes  
Corey Halfhill  
11338 Aurora Ave., Bldg. 10  
Urbandale, IA 50322  
(515) 255-0004  
www.iowaecigs.com

### Central States Mobility, Inc.

Health Care/Supplies  
Nigel Chapman  
5335 Merle Hay Rd., Ste. 2  
Johnston, IA 50131  
(515) 528-2013  
centralstatesmobility.com

### Century 21 Signature Real Estate

Real Estate/Agents  
Megan Bark  
2300 NW 128th St.  
Urbandale, IA 50323  
(515) 224-4002  
www.iowac21.com

### CertaPro Painters of Des Moines

Contractors/Painters  
Karli Mathis  
2771 NW 104th St., Ste. G  
Urbandale, IA 50322  
(515) 255-9717  
desmoines.certapro.com



### CHAMBER DISCOVERIES

Travel/Agencies  
Chris Brough  
6980 N. Port Washington Rd., Ste. 127  
Milwaukee, WI 53217  
(559) 244-6600  
[www.chamberdiscoveries.com](http://www.chamberdiscoveries.com)

### Champions Recovery Room and Physical Therapy

Health Care/Physical Therapists  
Angela Spencer  
3030 100th St.  
Urbandale, IA 50322  
(515) 410-2908  
[www.championsrecoveryroom.com](http://www.championsrecoveryroom.com)

### Changing Places Consignment Shop

Retail-Shops-Stores/Consignment  
Stephanie Martin  
3250 100th St.  
Urbandale, IA 50322  
(515) 727-2117  
[www.changingplacesconsignment.com](http://www.changingplacesconsignment.com)

### Children's Cancer Connection

Organizations/Non-Profit  
Jourdan Reed  
5701 Greendale Rd.  
Johnston, IA 50131  
(515) 243-6239  
[childrenscancerconnection.org](http://childrenscancerconnection.org)

### Christian Photo

Retail-Shops-Stores/Photo Equipment  
Brian Christian  
6721 Douglas Ave.  
Urbandale, IA 50322-3315  
(515) 270-8030  
[www.christianphoto.biz](http://www.christianphoto.biz)

### CIRAS

Government/State  
Jodi Essex  
1840 NW 118th St., Ste. 206  
Clive, IA 50325  
(515) 509-0769  
[www.ciras.iastate.edu](http://www.ciras.iastate.edu)



**City of Urbandale**  
Government/City  
A.J. Johnson  
3600 86th St.  
Urbandale, IA 50322-4057  
(515) 278-3900  
[www.urbandale.org](http://www.urbandale.org)

Urbandale offers location, value and quality services. A top Iowa city for growth and construction, business and residents invest in confidence in Urbandale.

### City State Bank – Grimes

Finance/Banks  
Steve Davis  
100 NE Jacob St.  
Grimes, IA 50111  
(515) 986-2265  
[www.citystatebank.com](http://www.citystatebank.com)

### Civil Design Advantage, LLC

Professional-Design Services/Engineers  
Jeff Nesvik  
4121 NW Urbandale Dr.  
Urbandale, IA 50322  
(515) 369-4400  
[www.cda-eng.com](http://www.cda-eng.com)

### Civil Engineering Consultants, Inc.

Professional-Design Services/Engineers  
Martin Dostalík  
2400 86th St., Ste. 12  
Urbandale, IA 50322  
(515) 276-4884  
[www.civilengineeringconsultantsinc.com](http://www.civilengineeringconsultantsinc.com)

### CKJ Properties

Real Estate/Property Management  
Christy Jones  
9713 Madison Ave.  
Urbandale, IA 50322  
(515) 202-8898

### CLE Productions

Audio-Visual/Equipment  
Allyssa Traver  
4103 E. 16th St.  
Des Moines, IA 50313  
(515) 277-4190  
[www.cleproductions.com](http://www.cleproductions.com)

**BARNUM FLOORS**  
9460 Swanson Blvd | Clive, IA 50325 | [www.barnumfloors.com](http://www.barnumfloors.com) | 515-270-2211

## Alphabetical List of Chamber Members

Business Member • Gold • Platinum • Elite • Trustee • Community Partner • Chairman's Circle

### Clear Mortgage

Finance/Mortgage  
Carrie Hansen  
(712) 249-4311  
[www.clearmortgage.com/carrie-hansen](http://www.clearmortgage.com/carrie-hansen)

### Clegg Consulting Group

Business Services/Coaching  
Tom Clegg  
3906 77th St.  
Urbandale, IA 50322  
(515) 778-7799  
[www.tomclegg.com](http://www.tomclegg.com)

### Clog Busters Drain Cleaning & Repair

Contractors/Plumbing  
Megan Monroe  
3950 Vandalia Rd.  
Des Moines, IA 50317  
(515) 265-2564  
[clogbuster.net](http://clogbuster.net)

### ClubZ! In-Home Tutoring

Education/Cognitive Skills Training  
Marcia Hamby  
(515) 985-2081  
[www.clubztutoring.com/west-des-moines](http://www.clubztutoring.com/west-des-moines)

### CMF Manufacturing

Manufacturing/Retail  
Brandon Jorgensen  
(515) 423-3932  
[www.cmfmanufacturing.com](http://www.cmfmanufacturing.com)

### CMG Financial

Finance/Mortgage  
DeeDee Kalny  
2900 100th St., Ste. 206  
Urbandale, IA 50322  
(515) 348-5302  
[www.deedeekalny.com](http://www.deedeekalny.com)

### Coaches Kolaches

Restaurants  
Brent Curvey  
2777 100th St.  
Urbandale, IA 50322  
(515) 805-6751  
[www.facebook.com/Coacheskolaches](http://www.facebook.com/Coacheskolaches)

### Colby Management Company

Real Estate/Property Management  
Brian Sheriff  
6581 University Ave.  
Windsor Heights, IA 50324  
515-274-3411  
[www.colbyinterests.com](http://www.colbyinterests.com)

### Coldwell Banker Mid-America

Real Estate/Agents  
Ted Grandquist  
9119 Northpark Dr.  
Johnston, IA 50131-3018  
(515) 270-5252  
[www.cbdsdm.com](http://www.cbdsdm.com)

### Collins Community Credit Union

Finance/Credit Unions  
Michael Rettig-Garcia  
1054 73rd St.  
Clive, IA 50324  
(515) 328-8909  
[www.collinscu.org](http://www.collinscu.org)

### Colonial Life

Insurance-Finance/Agents  
Rita Foubert  
102 N. L St., Ste. B  
Oskaloosa, IA 52577  
(515) 418-0668  
[www.coloniallife.com](http://www.coloniallife.com)

### Community Hand Up

Organizations/Non-Profit  
Heidi Kroll  
(515) 402-2242  
[www.communityhandup.org](http://www.communityhandup.org)

### Comparion Insurance Agency, a Liberty Mutual Company

Insurance-Finance/Agents  
Jake Wisel  
5550 Wild Rose Ln., Ste. 400  
West Des Moines, IA 50266  
(781) 697-1231  
[libertymutual.com](http://libertymutual.com)

### Compensation Designs, LLC

Business Services/Consultants  
Tom Clark  
1603 22nd St., Ste. 104  
West Des Moines, IA 50266  
(515) 280-4743  
[www.cdsplans.com](http://www.cdsplans.com)

### Compressor Controls Corporation

Manufacturing/Turbo Machinery  
Process Controls  
Sarah Sabers  
4745 NW 121st St.  
Urbandale, IA 50323-2316  
(515) 270-0857  
[www.cccglobal.com](http://www.cccglobal.com)

### Computer Repair of Des Moines

Computer/Services  
Dave Weis  
5911 Meredith Dr., Ste. C  
Urbandale, IA 50322  
(515) 897-0775  
[www.dsmpcrepair.com](http://www.dsmpcrepair.com)

### Concrete Craft of Des Moines

Contractors/Concrete  
Jared Green  
3775 EP True Pkwy PMB112  
West Des Moines, IA 50265  
(515) 400-1312  
[concretecraft.com/des-moines-ia](http://concretecraft.com/des-moines-ia)

### Connectify HR

Employment/Human Resources  
Ned Flynn  
1840 NW 118th St., Ste. 206  
Des Moines, IA 50315  
(515) 954-4825  
[www.connectifyhr.com](http://www.connectifyhr.com)

### Consolidated Communications

Internet/Services  
Jason Welch  
2859 99th St.  
Urbandale, IA 50322  
(515) 867-5800  
[www.consolidated.com](http://www.consolidated.com)

### Continental Western Group

Insurance-Finance/Services  
Brian Mook  
11201 Douglas Ave.  
PO Box 1594  
Urbandale, IA 50322-3780  
(515) 473-3000  
[www.cwgins.com](http://www.cwgins.com)

### Copycat Prints and Legal Eagles

Printing/Printers  
Dennis Goering  
2415 Ingersoll Ave.  
Des Moines, IA 50312  
(515) 255-9284  
[www.copycatdm.com](http://www.copycatdm.com)

### Copy Systems Inc.

Business Products/Copiers  
Michelle Paterson  
920 E. 21st St.  
Des Moines, IA 50317  
(515) 262-2100  
[www.copysystemsinc.com](http://www.copysystemsinc.com)

### Core Physical Therapy

Health Care/Physical Therapists  
Blake Hardy  
1200 Valley West Dr., Ste. 300  
West Des Moines, IA 50266  
(515) 440-3439  
[www.coreptiowa.com](http://www.coreptiowa.com)

### Cornerstone Caregiving

Senior/Services  
Robin Ashby  
319 SW 5th St., Ste. 205  
Des Moines, IA 50309  
(515) 461-7050  
[cornerstonecaregiving.com/desmoines](http://cornerstonecaregiving.com/desmoines)

### Country Financial

Insurance-Finance/Agents  
Sara Velander  
650 S. Prairie View Dr., Ste. 200  
West Des Moines, IA 50266  
(515) 223-7182  
[representatives.countryfinancial.com/sara.velander](http://representatives.countryfinancial.com/sara.velander)

### Country Financial - Danny Mielneczek

Insurance-Finance/Agents  
Danny Mielneczek  
8525 Douglas Ave., Ste. 37  
Urbandale, IA 50322  
(515) 400-6200  
[representatives.countryfinancial.com/daniel.mielneczek.com](http://representatives.countryfinancial.com/daniel.mielneczek.com)

### Cox, Creighton

Individual Membership  
(515) 778-5516

### Cozy Cafe - Johnston

Restaurants  
Steve Britton  
8385 Birchwood Ct.  
Johnston, IA 50131  
(515) 270-8000  
[www.cozycafejohnston.com](http://www.cozycafejohnston.com)

### Creative DSM | Digital & Social Marketing

Marketing/Internet  
Andi Fagen  
2976 99th St.  
Urbandale, IA 50322  
(515) 999-0473  
[www.creativedsm.com](http://www.creativedsm.com)

### Crescent Electric Supply

Distributors/Electrical  
Baker Reed  
3501 111th St.  
Urbandale, IA 50322  
(515) 283-2331  
[www.cesco.com](http://www.cesco.com)

### CrossRoads Shooting Sports

Entertainment-Recreation/Sports Facilities  
Tom Hudson  
5550 Johnston Dr., Ste. A  
Johnston, IA 50131  
(515) 334-8863  
[crossroadsshooting.com](http://crossroadsshooting.com)



### CTi

Audio-Visual/Equipment  
Meghan Powers-Risdal  
333 SW 9th St., Ste. N  
Des Moines, IA 50309  
(515) 297-8618  
www.conferencetech.com



**Cumulus Media**  
Communications/Radio  
Jack Taddeo  
4143 109th St.  
Urbandale, IA 50322  
(515) 331-9200  
www.cumulusmedia.com

We deliver targeted advertising impact using digital, audio and broadcast media to Iowa and the world, from our home base in the Des Moines metro.

### Cunningham & Kelso, P.L.L.C.

Legal Services/Attorneys  
Jeff Kelso  
2830 100th St., Ste. 106  
Urbandale, IA 50322  
(515) 278-4200  
www.urbandalelaw.com

### Cushman & Wakefield

Real Estate/Commercial  
N. Kurt Mumm  
3737 Woodland Ave., Ste. 100  
West Des Moines, IA 50266  
(515) 309-4002  
www.iowacommercialadvisors.com

### Custom Electrical Services

Contractors/Electrical  
Ron Mealey  
1975 92nd Ct., Ste. 15  
Clive, IA 50325  
(515) 669-3418  
www.customelectricalia.com

### Cyd's Catering

Food-Beverage/Catering  
Cydney Koehn  
5405 NW 78th Ct.  
Johnston, IA 50131  
www.cateringbycyd.online

### D.R. Horton Iowa

Contractors/Home Builders  
Alexys Adam  
1910 SW Plaza Shops Ln.  
Ankeny, IA 50023  
(515) 620-4240  
www.drhorton.com/iowa

### Davidson Family Dentistry

Dental/Dentists  
David Davidson  
8573 Urbandale Ave.  
Urbandale, IA 50322-4108  
(515) 279-3848  
www.davidsonfamilydentistry.com

### Dayton Heating & Air Conditioning, LLC

Contractors/Heating-Cooling  
Nick Van Erem  
3509 104th St.  
Urbandale, IA 50322-3825  
(515) 278-1721  
daytonhvac.com

### DCI Group

Construction/Management  
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Des Moines, IA 50309  
www.dci-group-us.com

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(515) 270-0314  
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*"I have really enjoyed my time in the Urbandale Chamber. I was looking to join a chamber and I ended up meeting a connector for the chamber who encouraged me to join the Urbandale Chamber. The connector coordinated with me to meet me at my first few Urbandale Chamber event to make sure that I knew someone and then helped connect me with other people in my profession or other great referral sources. Over time I became more comfortable, but I'm very thankful that the Urbandale Chamber has connectors for that reason. I feel that I have really found a sense of community and that people know me not just for my business but truly as a person. It has helped get my business out there, clients, and also other trusted professions that I have been able to use for my company — such as an insurance agent and signage for my building. I like being able to use other small businesses where I know and trust the owners — that wouldn't have happened without the Urbandale Chamber. There are many different ways to get plugged in, give back, and get to know others on a more personal level, depending on what you are looking for. The chamber employees are all a great resource if you are looking for someone for a specific service or a specific event. I would highly recommend the Urbandale Chamber of Commerce, especially if you are a new and growing business!"*



**COURTNEY BUHROW**  
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## Alphabetical List of Chamber Members

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Urbandale, IA 50322  
(515) 986-2154  
[www.goldenopenings.com](http://www.goldenopenings.com)

### **Goodhue, Coleman & Owens, P.C.**

Legal Services/Attorneys  
John Goodhue  
12951 University Ave., Ste. 201  
Clive, IA 50325  
(515) 218-7888  
[www.goodhue.com](http://www.goodhue.com)

### **Goodwill of Central Iowa**

Organizations/Non-Profit  
Mary Hunter  
Corporate Headquarters  
5355 NW 86th St.  
Johnston, IA 50131  
(515) 265-5323  
[www.dmgoodwill.org](http://www.dmgoodwill.org)

### **Goosehead Insurance - Leon Fitch Agency**

Insurance-Finance/Agents  
Leon Fitch  
790 SE Willow Cir.  
Waukee, IA 50263  
(515) 339-5875  
[leonfitch.myhomehq.biz](http://leonfitch.myhomehq.biz)

### **Graham Collision**

Automotive/Repair  
Matt Keller  
4730 Merle Hay Rd.  
Urbandale, IA 50322  
(515) 278-1243  
[www.grahamcollision.com](http://www.grahamcollision.com)

### **Great Southern Bank - Clive**

Finance/Banks  
Patti George  
12257 University Ave., Ste. 100  
Clive, IA 50325  
(515) 453-2265  
[www.greatsouthernbank.com](http://www.greatsouthernbank.com)

### **Greater Des Moines Habitat for Humanity, ReStore**

Construction/Lumber-Building Material  
Dana Folkerts  
4033 NW Urbandale Dr.  
Urbandale, IA 50322  
(515) 309-0224  
[www.gdmhabitat.org](http://www.gdmhabitat.org)

### **Greater Des Moines Partnership**

Organizations/Chambers of Commerce  
Jay Byers  
700 Locust St., Ste. 100  
Des Moines, IA 50309-3717  
(515) 286-4950  
[www.dsmpartnership.com](http://www.dsmpartnership.com)

### **Greater Iowa Credit Union**

Finance/Credit Unions  
Julie Willse  
1630 22nd St.  
West Des Moines, IA 50266  
(515) 225-1809  
[www.greateriowacu.org](http://www.greateriowacu.org)

### **GreenState Credit Union**

Finance/Credit Unions  
Susana Garcia  
7031 Douglas Ave.  
Urbandale, IA 50322-3200  
(515) 608-5963  
[www.greenstate.org](http://www.greenstate.org)

### **Groucho's Lounge**

Entertainment-Recreation/Bars-Clubs  
Shawn Stringham  
2761 86th St.  
Urbandale, IA 50322  
(515) 331-2967  
[www.facebook.com/profile.php?id=100063546131701](http://www.facebook.com/profile.php?id=100063546131701)

### **Group Benefits, Ltd.**

Insurance-Finance/Brokerages  
Megan Wood  
12006 Ridgemont Dr.  
Urbandale, IA 50323-2317  
(515) 453-8207  
[www.thegblstory.com](http://www.thegblstory.com)

### **Guardian Real Estate Group Real Estate/Agents**

Lyndsey Lamb  
5003 70th St.  
Urbandale, IA 50322  
(712) 789-1007  
[www.guardianrealestategroupllc.com](http://www.guardianrealestategroupllc.com)

### **GYMGUYZ Des Moines**

Wellness/Fitness  
Kyle Davis  
(515) 305-2557  
[www.gymguyz.com/des-moines](http://www.gymguyz.com/des-moines)

### **Haggerty Windows and Siding**

Contractors/General  
Mike Haggerty  
10202 Douglas Ave.  
Urbandale, IA 50322  
(515) 953-6999  
[www.haggertywindowsandsiding.com](http://www.haggertywindowsandsiding.com)

### **Haley, Brenda**

Individual Membership  
(515) 202-0272

### **Hampton Inn & Suites**

Lodging/Hotels-Motels  
Jennifer Headington  
8811 Plum Dr.  
Urbandale, IA 50322  
(515) 421-0416  
[hamptoninn3.hilton.com/en/hotels/iowa/hampton-inn-and-suites-des-moines-urbandale-DSMUBHX/index.html](http://hamptoninn3.hilton.com/en/hotels/iowa/hampton-inn-and-suites-des-moines-urbandale-DSMUBHX/index.html)

### **Happe Homes**

Contractors/Home Builders  
Jake Happe  
2575 N. Ankeny Blvd., Ste. 211  
Ankeny, IA 50023  
(515) 963-0842  
[www.happehomes.com](http://www.happehomes.com)

### **HartSmart Products LLC**

Printing/Printers  
Brandon Hart  
9850 Douglas Ave., Ste. 200  
Urbandale, IA 50322  
(515) 305-3353  
[www.hartsmartproducts.com](http://www.hartsmartproducts.com)

### **Health Insurance Advisor, LLC**

Insurance-Finance/Agents  
Betheny Wilson  
5870 Merle Hay Rd., Ste. A  
Johnston, IA 50131  
(515) 225-9994  
[health-insadvisor.com](http://health-insadvisor.com)

### **Heartland Business Systems**

Computer/Services  
Denny Armantrout  
11259 NW Aurora Ave.  
Urbandale, IA 50322  
(800) 236-7914  
[www.hbs.net](http://www.hbs.net)

### **Heartland Roofing, Siding and Solar, LLC**

Contractors/Roofing-Gutters  
Adam Olson  
2175 NW 86th St., Ste. 10  
Clive, IA 50325  
(515) 981-3838  
[www.heartlandroofingandsiding.com](http://www.heartlandroofingandsiding.com)

### **Hemphill, Bob**

Individual Membership

### **Hidalgo Mexican Bar and Grill**

Restaurants  
Jose Hernandez  
2675 100th St.  
Urbandale, IA 50322  
(515) 276-4159  
[hidalgomexicanbarandgrilliowa.com](http://hidalgomexicanbarandgrilliowa.com)

### **Higgins Plaza Service Inc.**

Automotive/Service  
Nick Acese  
7425 Douglas Ave.  
Urbandale, IA 50322  
(515) 276-0886  
[www.higginsplazaservice.com](http://www.higginsplazaservice.com)

### **Hire DSM**

Employment/Agencies and Staffing  
Kelsey Prescott  
650 S Prairie View Dr., Ste. 205  
West Des Moines, IA 50266  
(515) 969-1234  
[www.hire-dsm.com](http://www.hire-dsm.com)

### **Holiday Inn Express & Suites Plum Dr.**

Lodging/Hotels-Motels  
Jodi Thompson  
8789 Plum Dr.  
Urbandale, IA 50322  
(515) 278-9000  
[www.ihg.com/holidayinnexpress/hotels/us/en/urbandale/dsmdx/hoteldetail](http://www.ihg.com/holidayinnexpress/hotels/us/en/urbandale/dsmdx/hoteldetail)

### **Holiday Inn Hotel & Suites DM Northwest**

Lodging/Hotels-Motels  
Troy Thompson  
4800 Merle Hay Rd.  
Urbandale, IA 50322-1900  
(515) 278-4755  
[www.holidayinn.com/desmoinesia](http://www.holidayinn.com/desmoinesia)

### **Home Builders Assoc. of Greater DM**

Organizations/Associations  
Jessica Verwers  
6751 Corporate Dr.  
Johnston, IA 50131-1659  
(515) 270-8500  
[www.dsmhba.com](http://www.dsmhba.com)

### **Home Depot #2115 - Urbandale**

Construction/Lumber-Building Material  
Tricia Tedesco  
10850 Plum Dr.  
Urbandale, IA 50322-6336  
(515) 251-5819  
[www.homedepot.com](http://www.homedepot.com)

### **Homemakers Furniture**

Retail-Shops-Stores/Furniture  
Dave Merschman  
10215 Douglas Ave.  
Urbandale, IA 50322-5406  
(515) 276-2772  
[www.homemakers.com](http://www.homemakers.com)

### **HomeWorx**

Contractors/Remodeling  
April Vispanuu  
10052 Justin Dr., Ste. H  
Urbandale, IA 50322  
(515) 850-7501  
[www.homeworxiowa.com](http://www.homeworxiowa.com)

### **Horizon Events Center**

Facilities/Conference Centers & Banquet Facilities  
Gary DeWaard  
2100 NW 100th St.  
Clive, IA 50325  
(641) 590-3640  
[horizoneventscenter.com](http://horizoneventscenter.com)

### **Hotel Renovo**

Lodging/Hotels-Motels  
Jason Nash  
11167 Hickman Rd.  
Urbandale, IA 50322-3741  
(515) 276-1126  
[hotelrenovo.com](http://hotelrenovo.com)

### **Howard Insurance Agency LLC**

Insurance-Finance/Agents  
Aaron Howard  
3912 NW Urbandale Dr.  
Urbandale, IA 50322  
(515) 203-2015  
[agents.farmers.com/ia/urbandale/aaron-howard](http://agents.farmers.com/ia/urbandale/aaron-howard)

### **HR Green, Inc.**

Professional-Design Services/Engineers  
Heidi Whitver  
5525 Merle Hay Rd., Ste. 200  
Johnston, IA 50131-1448  
(515) 278-2913  
[www.hrgreen.com](http://www.hrgreen.com)

### **Hungry Boyz**

Restaurants  
Lisa Stav  
3070 100th St.  
Urbandale, IA 50322-3865  
(515) 254-9474  
[www.thehungryboyz.com](http://www.thehungryboyz.com)

### **HW Premium CBD**

Wellness/Nutrition-Foods-Vitamins  
Rick Wagaman  
1821 22nd St., Ste. 102  
West Des Moines, IA 50266  
(515) 223-2370  
[hwcdbdiowa.com](http://hwcdbdiowa.com)

### **Hy-Vee Fast & Fresh Express**

Retail-Shops-Stores/Convenience  
Rylee Keith  
9915 Douglas Ave.  
Urbandale, IA 50322  
(515) 270-2572  
[www.hy-vee.com](http://www.hy-vee.com)

### **Hy-Vee, Inc.**

Food-Beverage/Grocers  
Jake Heston  
8701 Douglas Ave.  
Urbandale, IA 50322-2299  
(515) 270-2572  
[www.hy-vee.com](http://www.hy-vee.com)

### **IHOP**

Restaurants  
Edie Linnett  
6301 Douglas Ave.  
Urbandale, IA 50322-3311  
(515) 331-0556  
[www.ihop.com](http://www.ihop.com)

### **iJAG**

Education/Cognitive Skills Training  
Carly Harper  
1111 9th St., Ste. 268  
Des Moines, IA 50314  
(515) 216-3140  
[www.ijag.org](http://www.ijag.org)

### **ILC Resources**

Agribusiness/Feed Ingredients  
Frank Goode  
3301 106th Cir.  
Urbandale, IA 50322  
(515) 243-8106  
[www.ilcresources.com](http://www.ilcresources.com)

### **Illahae Hills**

Seniors/Real Estate  
Jessica Johnson  
8308 Colby Pkwy.  
Urbandale, IA 50322  
(515) 251-4604  
[www.holidayseniorliving.com/retirement-communities/holiday-illahee-hills-urbandale-ia](http://www.holidayseniorliving.com/retirement-communities/holiday-illahee-hills-urbandale-ia)

### **Image360**

Signage  
Melissa Monroe  
8445 Hickman Rd.  
Urbandale, IA 50322  
(515) 222-4880  
[www.image360.com/urbandaleia](http://www.image360.com/urbandaleia)

### **IMEG Corp**

Professional-Design Services/Engineers  
Kari Boyens  
2882 106th St.  
Urbandale, IA 50322  
(515) 334-9906  
[www.imegcorp.com](http://www.imegcorp.com)

### **Imperfect Pathways**

Health Care/Mental Health  
Jane Nady  
3030 100th Ave.  
Urbandale, IA 50322  
(515) 250-0998  
[imperfectpathways.com](http://imperfectpathways.com)

### **In the Bag Corporate Cuisine**

Food-Beverage/Catering  
Luke Essing  
79 University Ave., Ste. B  
Des Moines, IA 50314-3119  
(515) 222-9338  
[www.inthebag-lunches.com](http://www.inthebag-lunches.com)

### **In2It Digital**

Marketing/Services  
Wendi Fredregill  
(515) 523-3464  
[www.in2itdigital.com](http://www.in2itdigital.com)

### **Infinity Home Care**

Health Care/Home  
Rachel Reavis  
PO Box 13080  
Des Moines, IA 50310  
(515) 414-8787  
[www.infinityhomecareia.com](http://www.infinityhomecareia.com)

### **Infomax Office Systems, Inc.**

Business Products/Copiers  
Greg Jacobs  
1010 Illinois St.  
Des Moines, IA 50314  
(515) 244-5203  
[www.infomaxoffice.com](http://www.infomaxoffice.com)

### **Innovation Refunds**

Finance/Accountants  
Steve Wallace  
4350 Westown Pkwy., Ste. 300  
West Des Moines, IA 50266  
(949) 416-3527  
[www.innovationrefunds.com](http://www.innovationrefunds.com)

### **Integrative Family Medicine - Ankeny**

Health Care/Clinics  
Kara Dobelis Pohren  
207 NE Delaware Ave., Ste. 20  
Ankeny, IA 50021  
(515) 218-1399  
[integrativemediowa.com](http://integrativemediowa.com)

### **Integrative Family Medicine - West Des Moines**

Health Care/Clinics  
Sarah Lee  
475 S. 50th St., Ste. 600  
West Des Moines, IA 50265  
(515) 218-1399  
[www.integrativemediowa.com](http://www.integrativemediowa.com)

### **Interim Healthcare Of West Des Moines**

Healthcare/Home  
John Hancock  
2455 106th St.  
Urbandale, IA 50322  
(515) 444-4969  
[desmoinesia.interimhealthcare.com](http://desmoinesia.interimhealthcare.com)

### **International Veterinary Supplies Inc.**

Agribusiness/Products  
Alicia Jaime  
11281 Aurora Ave.  
Urbandale, IA 50322  
(515) 331-8903  
[www.myvetsupplies.com](http://www.myvetsupplies.com)



## Alphabetical List of Chamber Members

Business Member • Gold • Platinum • Elite • Trustee • Community Partner • Chairman's Circle

### Interstate All Battery Center - Des Moines

Retail-Shops-Stores/Batteries  
Brian Weber  
1090 73rd St.  
Windsor Heights, IA 50324  
(515) 255-9572  
www.interstatebatteries.com

### Iowa-Des Moines Supply, Inc.

Business Products/Supplies  
Keri Weidmaier  
1680 Guthrie Ave.  
Des Moines, IA 50316  
(515) 263-1200  
www.iowadesmoinessupply.com

### Iowa Association of Business and Industry (ABI)

Organizations/Associations  
Mike Ralston  
400 E. Court Ave., Ste. 100  
Des Moines, IA 50309  
(515) 280-8000  
www.iowaabi.org

### Iowa Association of Electric Cooperatives

Organizations/Associations  
Kevin Condon  
8525 Douglas Ave., Ste. 48  
Urbandale, IA 50322-2992  
(515) 727-8942  
www.iowarec.org

### Iowa Ballet Academy

Entertainment-Recreation/Performing Arts  
Ami Yaro  
3890 NW Urbandale Dr.  
Urbandale, IA 50322  
(515) 334-5510  
www.iowaballetacademy.com

### Iowa Bankers Association

Organizations/Associations  
Tara Deering-Hansen  
8901 Northpark Dr.  
Johnston, IA 50131  
(515) 286-4300  
www.iowabankers.com

### Iowa Catholic Radio Network

Communications/Radio  
Mark Campbell  
1355 50th St., Ste. 500  
West Des Moines, IA 50266  
(515) 223-1150  
iowacatholicradio.com

### Iowa Events Center

Entertainment-Recreation/Sports Facilities  
Adam Stevens  
730 3rd St.  
Des Moines, IA 50309  
(515) 564-8000  
www.iowaeventscenter.com

### Iowa International Center

Organizations/Non-Profit  
Pat Grote  
3839 Merle Hay Rd., Ste. 259  
Des Moines, IA 50322  
(515) 282-8269  
iowainternationalcenter.org

### Iowa Living Magazines

Communications/Publishing  
Jolene Goodman  
8101 Birchwood Ct., Ste. D  
Johnston, IA 50131  
(515) 953-4822  
www.iowalivingmagazines.com

### Iowa Mold Removal

Contractors/Water Removal  
Katie Brown  
2800 University Ave., Ste. 235  
West Des Moines, IA 50322  
(515) 360-5299  
www.iowamoldremoval.com

### Iowa Orchard

Agribusiness/Farming  
Bryan Etchen  
9875 Meredith Dr.  
Urbandale, IA 50322  
(515) 276-0852  
www.iowaorchard.com

### Iowa Public Radio, Inc.

Communications/Radio  
Andrea Hansen  
2111 Grand Ave.  
Des Moines, IA 50312  
(515) 725-1700  
iowapublicradio.org

### Iowa Realty - Aisha R. Syed Real Estate, LLC

Real Estate/Agents  
Aisha R. Syed  
5901 Mills Civic Pkwy., Ste. 4300  
West Des Moines, IA 50266  
(515) 707-4966  
www.ToLiveMore.com

### Iowa Realty - Jon Smith

Real Estate/Agents  
Jon Smith  
3521 Beaver Ave.  
Des Moines, IA 50310  
(515) 240-2692

### Iowa Restaurant Association

Organizations/Associations  
Stacy Kluesner  
1501 42nd St., Ste. 294  
West Des Moines, IA 50266  
(515) 276-1454  
www.restaurantiowa.com

### Iowa Sign Company

Signage  
Matthew Stites  
3520 Merle Hay Rd.  
Des Moines, IA 50310  
(515) 421-4036  
iowasigncompany.com

### Iowa Sound

Audio-Visual/Equipment  
Kim Johnson-Smith  
(515) 446-9665  
iowasound.com

### Iowa State Bank - Banking & Trust Services

Finance/Banks  
Ana Van Werden  
2301 128th St.  
Urbandale, IA 50323  
(515) 246-8240  
www.iowastatebanks.com

### Iowa State University Extension and Outreach Polk County

Government/County  
Paul Gibbins  
1625 Adventureland Dr., Ste. A  
Altoona, IA 50009  
(515) 957-5760  
www.extension.iastate.edu/polk

### Iowa Urban Media

Communications/Publishing  
Dwana Bradley  
PO Box 3092  
Des Moines, IA 50316  
(515) 829-0927  
www.theurbanexp.com

### Iowa Wild

Entertainment-Recreation/Sports Teams  
John Savoia  
730 3rd St.  
Des Moines, IA 50309  
(515) 564-8700  
www.iowawild.com

### Iowa Wolves

Entertainment-Recreation/Sports Teams  
Skyler Hoth  
730 3rd St.  
Des Moines, IA 50309  
(515) 564-8561  
iowa.gleague.nba.com

### Iron Horse Wealth Management, LLC

Finance/Retirement Planning  
Penny Schmidt  
8711 Windsor Pkwy., Ste. 4  
Johnston, IA 50131  
(866) 201-8305  
www.ironhorsewm.com

### J & D Computers & Technology

Computer/Services  
Jason Shiffer  
312 E. 1st St.  
Grimes, IA 50111-2244  
(515) 986-9424  
www.janddcomputers.com

### J. Thompson Builders

Contractors/Home Builders  
Jeremy Thompson  
1200 SW Brookside Cir., Unit G  
Grimes, IA 50111  
(515) 202-1500  
www.jthompsonbuilders.com

### Jacobs Real Estate Partners - EXP Realty

Real Estate/Agents  
Shane Kennedy  
16388 Boston Commons Cir.  
Clive, IA 50325  
(515) 250-3464  
shanekennedyrealestate.com

### Japan America Society of Iowa (JASI)

Organizations/Non-Profit  
Yoko Tanaka  
4801 Franklin Ave.  
Des Moines, IA 50310  
(515) 360-4345  
www.japaniowa.org

**Jennifer Stone Wellness and Life Coaching, LLC**

Wellness/Life Coach  
Jennifer Stone  
2535 106th St.  
Urbandale, IA 50322  
(515) 499-4227  
jenniferjstone.com

**JLL**

Real Estate/Commercial  
Justin Lossner  
801 Grand Ave., Ste. 330  
Des Moines, IA 50309  
(515) 218-7010  
www.jll.com/des-moines/en-us

**JLM Shooters Supply**

Security-Safety/Personal Protection  
Equipment  
Dave Bloom  
6931 Douglas Ave.  
Urbandale, IA 50322  
(515) 331-1577  
www.jlmshooterssupply.com

**John Deere Intelligent Solutions Group**

Agribusiness/Products  
Ali Krogman  
9505 Northpark Dr.  
Urbandale, IA 50131  
(866) 993-3373  
www.deere.com/en/technology-products/precision-ag-technology

**Johnston Urbandale Soccer Club**

Organizations/Youth  
John Sheridan  
4685 Merle Hay Rd., Ste. 202  
Des Moines, IA 50322  
(515) 238-8706  
www.juscsoccer.org

**Journey Mortgage LLC**

Finance/Mortgage  
Cale Carlson  
2500 W. 2nd Ave., Ste. 4  
Indianola, IA 50125  
(515) 230-3949  
calecarlson.journeymortgage.org

**JP Party Rentals LLC**

Entertainment-Recreation/Attractions  
Paul VanCleave  
2401 SE Tones Dr., Ste. 7  
Ankeny, IA 50021  
(515) 444-2302  
www.jppartyrentals.com

**JT's Slap Shot Hockey Shop**

Retail-Shops-Stores/Sporting Goods  
Justin Bottoms  
8020 Douglas Ave.  
Urbandale, IA 50322  
(515) 331-2659  
slapshotonlinestore.com

**K and V Homes, Inc.**

Contractors/Home Builders  
Colin King  
2871 104th. St.  
Urbandale, IA 50322  
(515) 252-9989  
www.kandvhomes.com

**K&G Digital 360**

Advertising/Digital  
Kamsa Thephavong  
(316) 300-3923  
kgdigital360.com

**Kading Properties**

Real Estate/Property Management  
Heather Burns  
7008 Madison Ave.  
Urbandale, IA 50322  
(515) 276-9384  
www.kadingproperties.com

**Kaduce & Company, PC**

Finance/Accountants  
Al Kaduce  
4401 Westown Pkwy., Ste. 206  
West Des Moines, IA 50266  
(515) 223-1040  
www.kaducecpa.com

**Keystone Home Inspections**

Real Estate/Inspections  
Andrew Cowden  
320 NE 51st St.  
Ankeny, IA 50021  
(515) 371-8286  
www.keystone-inspections.com

**Kiddie Academy of Urbandale**

Children/Day Care  
Ashley Eichhorn  
14101 Douglas Pkwy.  
Urbandale, IA 50323  
(515) 850-2900  
kiddieacademy.com/academies/urbandale

**Kidz Corner**

Children/Day Care  
Tina Terrell  
2957 86th St.  
Urbandale, IA 50322  
(515) 276-6728  
www.kidzcornercare.com

**Kinetic Edge Physical Therapy**

Health Care/Physical Therapists  
Kaity Hall  
6000 Grand Ave., Ste. K  
Des Moines, IA 50312  
(515) 309-4706  
www.kineticedgept.com

**Kinman Glass Inc.**

Contractors/Glass  
Doug Kinman  
2660 100th St.  
Urbandale, IA 50322  
(515) 254-2244  
www.kinmanglass.com

**Kirkham, Michael & Associates**

Professional-Design Services/Engineers  
Cindy Sierzant  
4390 114th St.  
Urbandale, IA 50322  
(515) 270-0848  
www.kirkham.com

**Kitchen Refresh by KnoPros**

Contractors/Kitchen & Bath  
Joe Bach  
2805 100th St.  
Urbandale, IA 50322  
(515) 661-0800  
www.kitchenrefreshiowa.com

**Knapp Properties, L.C.**

Real Estate/Developers  
Brian Erickson  
5000 Westown Pkwy., Ste. 400  
West Des Moines, IA 50266  
(515) 223-4000  
knappproperties.com

**Knickerbocker Real Estate Team**

Real Estate/Agents  
Kyle Freeman  
1741 Grand Ave.  
West Des Moines, IA 50265  
(515) 975-7030  
knickerbockerdsm.com

**Knockerball 118**

Entertainment-Recreation/Attractions  
Matthew Rider  
5029 NE Michael Ct.  
Ankeny, IA 50021  
(641) 218-0711  
knockerball118.com

**Knueven, Pat**

Individual Membership  
8509 Prairie Ave.  
Urbandale, IA 50322-2340  
(515) 278-2821

**Kohles & Bach Heating & Cooling - Fireplaces**

Contractors/Heating-Cooling  
Rick Bach  
5185 NW Beaver Dr.  
Johnston, IA 50131  
(515) 278-2900  
www.kohlesandbach.com

**Konica Minolta Business Solutions**

Business Products/Copiers  
Brent Rouse  
2830 100th St., Ste. 100  
Urbandale, IA 50322  
(515) 974-4521  
www.kmb.konicaminolta.us

**KReate Business Brokers**

Business Services/Brokerages  
Ryan Baldwin  
6600 University Ave., Ste. 141  
Des Moines, IA 50324  
(515) 224-0101  
krbb.com

**KSH Design Studio LLC**

Retail-Shops-Stores/Embroidery  
Kris Howard  
(515) 270-2554  
kshdesignstudios.com

**L. A. Fulton & Sons Inc.**

Contractors/Commercial  
Wes Fulton  
3401 104th St.  
Urbandale, IA 50322-3897  
(515) 276-4265

**Lamar Advertising**

Advertising/Outdoor  
David McNelly  
4131 109th St.  
Urbandale, IA 50322  
(515) 282-9661  
LAMAR.com/DesMoines

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Real Estate/Developers  
Bill Spencer  
9550 Hickman Rd., Ste. 100  
Clive, IA 50325  
(515) 986-5994  
www.lmcompanies-inc.com

**Laserwash of Urbandale**

Automotive/Car Wash  
Roy Skoglund  
3969 NW Urbandale Dr.  
Urbandale, IA 50322  
(515) 278-9274  
www.laserwashofiowa.com

## Alphabetical List of Chamber Members

Business Member • Gold • Platinum • Elite • Trustee • Community Partner • Chairman's Circle

### Lashier Graphics & Signs

Printing/Printers  
Thomas Lashier  
1601 SE Gateway Dr., Ste. 130  
Grimes, IA 50111  
(515) 518-6100  
lashier.com



### LaunchIT Corp.

Computer/Software Development  
Chris Huseth  
4430 NW Urbandale Dr.  
Urbandale, IA 50322  
(515) 243-0167  
www.launchitcorp.com

### LaunchIT MSP

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Ben Jensen  
2900 Justin Dr.  
Urbandale, IA 50322  
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launchitmmsp.com

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Jessica Lawson  
4444 NW 128th St.  
Urbandale, IA 50323  
(515) 278-4366  
lawsondentistry.com

### Lease Consultants Corporation

Finance/Leasing Services  
Troy Jaros  
10719 Justin Dr.  
Urbandale, IA 50322  
(515) 255-6321  
www.leaseconsultants.com

### Lee Chamberlin Consultant Engineers

Professional-Design Services/Engineers  
Mark L. Lee  
10430 New York Ave., Ste. C  
Urbandale, IA 50322-3773  
(515) 252-7457  
leechamberlinengineers.com

### Legacy Restoration LLC

Contractors/Roofing-Gutters  
Cody Van Sickle  
2401 SE Tones Dr., Ste. 9  
Ankeny, IA 50021  
(815) 543-6874  
www.legacyrestorationllc.com

### Lenz Heating and Cooling

Contractors/Heating-Cooling  
Jenny Lenz  
7641 Douglas Ave.  
Urbandale, IA 50322  
(515) 225-6446  
lenzmechanical.com

### Liberty National Bank

Finance/Banks  
Shelly Goslar  
5260 NW 86th St.  
Johnston, IA 50131  
(515) 252-3140  
www.libertynationalonline.com

### Life Made Simple, LLC

Business Services/Consultants  
Lori Vande Krol  
16112 Sharon Ct.  
Urbandale, IA 50323  
(515) 360-8347  
www.alifemadesimple.com

### LifeServe Blood Center

Organizations/Non-Profit  
Michele Schatzberg  
10469 Hickman Rd.  
Urbandale, IA 50322  
(515) 309-4968  
www.lifeservebloodcenter.org

### Life Storage Urbandale

Storage/Warehouses  
Nicole Smith  
7501 Hickman Rd., Ste. 310  
Urbandale, IA 50322  
(563) 538-1190  
www.lifestorage.com/storage-units/  
iowa/des-moines/50322/8350-in-  
urbandale

### Lifestyle Logistics, LLC

Moving/Packaging  
Deb Brewer-Cotlar  
(515) 229-5219

### Link Associates

Human Services/Social Services  
Linda Dunshee  
1452 29th St.  
West Des Moines, IA 50266  
(515) 262-8888  
www.linkassociates.org

### Living History Farms

Entertainment-Recreation/Attractions  
Elizabeth Sedrel  
11121 Hickman Rd.  
Urbandale, IA 50322  
(515) 278-5286  
www.livinghistoryfarms.org

### Logan Contractors Supply Inc.

Construction/Materials  
Jeff Logan  
4101 NW 106th St.  
Urbandale, IA 50322-7949  
(515) 253-9048  
www.logancontractors.com

### Lozanotek, Inc.

Computer/Consulting  
Javier Lozano  
(515) 554-4996  
www.lozanotek.com

### Mail Services, LLC

Mailing-Shipping/Services  
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4100 121st St.  
Urbandale, IA 50323-2334  
(515) 727-7700  
www.mailserviceslc.com

### Manchester Leasing Services

Automotive/Rental  
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Urbandale, IA 50322  
(515) 994-7139  
www.manchesterls.com

### ManpowerGroup

Employment/Agencies and Staffing  
Kathy Joblinske  
400 E. Court Ave., Ste. 116  
Des Moines, IA 50309  
(515) 288-6745  
www.manpower.com

### Manuel Touch Massage Therapy

Wellness/Therapeutic Massage  
Ethel Manuel  
2733 86th St.  
Urbandale, IA 50322  
(515) 577-5166  
www.manueltouchtherapy.com

### Many Hands Thrift Market

Organizations/Non-Profit  
Tyler Kameron  
4353 Merle Hay Rd.  
Des Moines, IA 50310  
(515) 276-9817  
www.manyhandsthrift.com

### Marco Technologies

Communications/Telecommunications  
Kevin Dirks  
4677 121st St.  
Urbandale, IA 50323  
(515) 473-7106  
www.marconet.com

### Martin Marietta

Construction/Materials  
Shondra McLaughlin  
11252 Aurora Ave.  
Des Moines, IA 50322  
(515) 254-0030  
www.martinmarietta.com

### Matthew Putney Media

Photography/Photographers  
Matthew Putney  
(515) 480-4310  
www.MatthewPutney.com

### McAlister's Deli

Restaurants  
Denis Mansfield  
5910 Douglas Ave., Ste. 200  
Des Moines, IA 50322  
(515) 331-7804  
mcalistersdeli.com

### McCoy Roofing, LLC

Contractors/Roofing-Gutters  
Darrell Webb  
6611 University Ave., Ste. 103  
Windsor Heights, IA 50324  
(515) 608-6439  
www.mccoyroofing.com

### McDonald Family Dentistry

Dental/Dentists  
Christopher J. McDonald  
2400 NW 128th St.  
Urbandale, IA 50323-1816  
(515) 334-3838  
www.mcdonaldfamilydentistry.com



**McGonegle, Pat**

Individual Membership  
1636 114th St.  
Clive, IA 50325

**McGough Construction**

Contractors/Commercial  
Laura Skogman  
217 E. 2nd St., Ste. 120  
Des Moines, IA 50309  
(515) 639-3853  
www.mcgough.com

**Mediacom Business**

Internet/Services  
Tom Schrandt  
2205 Ingersoll Ave.  
Des Moines, IA 50312  
(515) 776-9820  
mediacombusiness.com

**Medicap Pharmacies, Inc. - Urbandale**

Health Care/Pharmacies  
John Forbes  
8170 Douglas Ave.  
Urbandale, IA 50322-3017  
(515) 276-3471  
www.medicapurbandale.com

**MediGold**

Insurance-Finance/Agents  
Joe Evans  
1449 NW 128th St., Ste 210  
Clive, IA 50325  
(515) 745-0167  
www.medigold.com

**Mentor Iowa**

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Karen Hall  
2332 Rocklyn Dr.  
Urbandale, IA 50322  
(515) 277-9797  
www.mentoriowa.org

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Urbandale, IA 50322  
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www.mercedesbenzdesmoines.com

**Mercer**

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Urbandale, IA 50323  
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Des Moines, IA 50310-1412  
(515) 278-4633  
www.MerleHayFuneralHome.com

**Merle Hay Mall**

Retail-Shops-Stores/Shopping Centers  
Ed Kaizer  
3800 Merle Hay Rd., Ste. 101  
Des Moines, IA 50310-1300  
(515) 276-8551  
www.merlehaymall.com

**Merrifield, Melissa**

Individual Membership  
6001 Westown Pkwy.  
West Des Moines, IA 50266  
(515) 224-1414

**Metro Appliance Repair**

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Debbie Sloan  
4400 Hickman Rd.  
Des Moines, IA 50310  
(515) 271-8870  
www.metro-appliance.com

**Metro Waste Authority**

Environmental/Waste Management  
Michael McCoy  
300 E. Locust St., Ste. 100  
Des Moines, IA 50309-1864  
(515) 244-0021  
www.mwatoday.com

**MetroNet**

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Jeff Kinning  
1311 Buckeye Ave., Ste. A  
Ames, IA 50010  
(515) 815-6386  
www.business.metronetinc.com

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**Audrey Spencer**

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Pleasant Hill, IA 50327  
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**Randy Hass**

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midwestcellphone.repair

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2753 99th St.  
Urbandale, IA 50322-3809  
(515) 252-7107  
www.midwestfamilylending.com

**Midwest Heritage Bank**

Finance/Banks  
Pete Randol  
8701 Douglas Ave.  
Urbandale, IA 50322  
(515) 270-6315  
www.mhbank.com

**Midwest Mattress**

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Michael Prichard  
3128 100th St.  
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(515) 727-5050  
www.midwest-mattress.com

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**Miller, Alex**

Individual Membership  
(515) 306-7125

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Urbandale, IA 50322  
(515) 283-0607  
www.mmitiowa.com

### Modern Heating & Air

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Nick Porter  
675 NE 45th Pl.  
Des Moines, IA 50313  
(515) 635-5525  
www.modernhvacservices.com

### Mokosak Advisory Group, LLC

Finance/Investments  
Frank Mokosak  
2900 100th St., Ste. 102  
Urbandale, IA 50322  
(515) 223-5404  
www.MokosakAdvisoryGroup.com

### Mosaic in Central Iowa

Human Services/Social Services  
Bryanne Lang  
11141 Aurora Ave., Bldg. 3  
Urbandale, IA 50322  
(515) 246-1840  
www.mosaicinfo.org/centraliowa

### Mosaic Shores Travel Co., LLC

Travel/Agencies  
Kim Maurer  
(515) 210-2807  
mosaicshores.com

### Movement Wealth Partners

Finance/Investments  
Scott Adams  
2457 106th St.  
Urbandale, IA 50322  
(515) 644-7541  
www.movementwealth.com

### MS Moments

Organizations/Non-Profit  
Chris Klocke  
7118 Horton Ave.  
Urbandale, IA 50322  
(515) 954-8090  
msmomentsiowa.org

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Contractors/Remodeling  
Derek Mullins  
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Urbandale, IA 50322  
(515) 346-7466  
Mullinsrenovationandconstruction.com

### NAI Iowa Realty Commercial

Real Estate/Commercial  
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West Des Moines, IA 50266  
(319) 331-3191  
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### National Kidney Foundation

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Des Moines, IA 50315  
(563) 357-6927  
www.kidney.org/offices/nkf-serving-iowa-and-nebraska

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Clive, IA 50325  
(515) 447-6534  
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6200 Aurora Ave., Ste. 207E  
Urbandale, IA 50322  
(515) 226-3265  
www.newhorizonsdm.com

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Des Moines, IA 50312  
(808) 315-5945  
wearenorthgate.com

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5700 University Ave., Ste. 100  
West Des Moines, IA 50266-8225  
(515) 327-5102  
www.bank-northwest.com

**Northwestern Mutual - Michael Annarelli**

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Michael Annarelli  
(303) 390-5750  
michaelannarelli.nm.com

**Old School Pinball & Arcade**

Entertainment-Recreation/Gaming  
Jason Shiffer  
209 SE Main St.  
Grimes, IA 50111  
(515) 986-3317  
www.theoldschoolarcade.com

**Olson, Jason**

Individual Membership  
8126 Douglas Ave.  
Urbandale, IA 50322-2201  
(515) 334-3877

**OnMedia**

Communications/Cable TV  
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3737 Westown Pkwy., Ste. A  
West Des Moines, IA 50266  
(515) 697-6785  
www.onmediaadsales.com

**Optimal Health & Wellbeing**

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www.coachlindafranker.com

**Optimum Chiropractic P.C.**

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West Des Moines, IA 50266  
(515) 225-9200  
optimumchiro.com

**OPX International, LLC**

Business Services/Training  
Eric Idehen  
4414 63rd St.  
Urbandale, IA 50322  
(515) 321-2807  
www.opxint.com

**Orangetheory Fitness**

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Julie Bautista  
2181 NW 111th St.  
Clive, IA 50325  
(515) 207-3430  
clive.orangetheoryfitness.com

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Nicole Huntington  
11801 Hickman Rd., Ste. 200  
Urbandale, IA 50323  
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[www.thepalmergroup.com](http://www.thepalmergroup.com)

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West Des Moines, IA 50266  
(402) 319-6471  
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### Payteva

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Urbandale, IA 50322  
(515) 368-8798  
[payteva.com](http://payteva.com)

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Tim Lumadue  
4345 NW Urbandale Dr.  
Urbandale, IA 50322  
(515) 440-2679  
[www.pcprintcenter.com](http://www.pcprintcenter.com)

### Pelham, Randy

Individual Membership  
(515) 707-7514

### Pepsi Beverages Company

Distributors/Food & Beverage  
Dawn Criss  
3825 NW 106th St.  
Urbandale, IA 50322-2043  
(515) 254-3100  
[www.pepsico.com](http://www.pepsico.com)

### Per Mar Security Services

Security-Safety/Systems  
Scott Easter  
3001 99th St.  
Urbandale, IA 50322  
(515) 244-5660  
[permarsecurity.com/location/des-moines-iowa](http://permarsecurity.com/location/des-moines-iowa)

### Performance Realty LLC

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Tom Gayman  
(515) 707-6635

### Perry Bridal

Retail-Shops-Stores/Bridal  
Kerri Heinz  
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Urbandale, IA 50322  
(515) 274-9721  
[www.perrybridalboutique.com](http://www.perrybridalboutique.com)

### Personal Best Massage

Wellness/Therapeutic Massage  
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(515) 491-8721  
[www.personalbestmassage.massagetherapy.com](http://www.personalbestmassage.massagetherapy.com)

### Perspective Consulting Partners, LLC

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Urbandale, IA 50322  
(515) 251-6375  
[www.PerspectiveCP.com](http://www.PerspectiveCP.com)

### Pet Medical Center of Urbandale

Animal/Veterinarians  
Kristin De Vries  
4450 128th St.  
Urbandale, IA 50323  
(515) 331-9035  
[petmedicalcenterofurbandale.com](http://petmedicalcenterofurbandale.com)

### Phillips Stafford Insurance Group

Insurance-Finance/Agents  
Brad Phillips  
2840 104th St.  
Urbandale, IA 50322  
(515) 978-9010  
[www.phillipsstafford.com](http://www.phillipsstafford.com)

### Pittman & Company, LLP

Finance/Accountants  
John Pittman  
8525 Douglas Ave., Ste. 40  
Urbandale, IA 50322  
(515) 276-2727  
[www.pittmancpa.com](http://www.pittmancpa.com)

### Planet Fitness Urbandale

Wellness/Fitness  
Erin Nelson  
3789 86th St.  
Urbandale, IA 50322  
(515) 276-2225  
[www.planetfitness.com](http://www.planetfitness.com)

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Computer/Services  
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Urbandale, IA 50322  
(515) 644-6510  
[www.platinum-corp.com](http://www.platinum-corp.com)

### Plaza Printers

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Cindy Gross  
6762 Douglas Ave.  
Urbandale, IA 50322-3316  
(515) 278-4695  
[www.plazaprinters.net](http://www.plazaprinters.net)

### Pogge, Ron

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(515) 697-4268

### Power/mation Division, Inc.

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Adam Jackson  
4407 121st St.  
Urbandale, IA 50323  
(651) 605-3300  
[www.Powermation.com](http://www.Powermation.com)

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Julie Stewart  
PO Box 1000  
1 Prairie Meadows Dr.  
Altoona, IA 50009  
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[www.prairiemeadows.com](http://www.prairiemeadows.com)

### Preferred Pest Control, Inc.

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Urbandale, IA 50322  
(515) 276-7277  
[www.preferredpest.com](http://www.preferredpest.com)

### Premier Automotive Service

Automotive/Service  
Chad Tigges  
6815 Hickman Rd.  
Urbandale, IA 50322  
(515) 276-3838  
[www.premierautomotiveservice.com](http://www.premierautomotiveservice.com)

### Premier Companies & Paramount Homes

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Urbandale, IA 50322  
(515) 440-1111  
[www.premier-midwest.com](http://www.premier-midwest.com)

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Finance/Credit Unions  
Courtney Hill  
10951 Meredith Dr.  
Urbandale, IA 50322  
(515) 282-1611  
[www.premiercu.org](http://www.premiercu.org)

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Clive, IA 50325  
(515) 257-6588  
[www.premierhealthdsm.com](http://www.premierhealthdsm.com)

### Prentice, Debra

Individual Membership  
(515) 577-9136

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1000 73rd St., Ste. 11a  
West Des Moines, IA 50265  
(515) 770-9039  
[www.primerica.com/karenseidl](http://www.primerica.com/karenseidl)

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[www.primroseschools.com/schools/urbandale](http://www.primroseschools.com/schools/urbandale)

### ProSource Wholesale

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4459 121st St.  
Urbandale, IA 50323  
(515) 608-8877  
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Organizations/Non-Profit  
Maggie Donovan  
3101 104th St., Ste. 2  
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Grimes, IA 50111  
(515) 465-3521  
[raccoonvalleybank.com](https://www.raccoonvalleybank.com)

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(515) 276-5987

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casee-woodley.remax-central.com

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(515) 451-0347  
www.thequartzteam.com

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Des Moines, IA 50312  
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ripplesofchange foundation.org

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rotary6000.org/clubinfo/greater-des-moines

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www.shoproyalflooring.com

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www.rubytuesday.com

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Shawna Pommehn  
2175 NW 86th St., Ste. 6  
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(515) 253-0207  
snjfamily.com

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### Saf, Ron

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(515) 276-9993  
www.salon86.net

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**FDIC** NMLS# 423054



## Alphabetical List of Chamber Members

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### Strauss Security Solutions

Security-Safety/Systems  
Karen Goldsworth  
4663 NW 121st St.  
Urbandale, IA 50323-2311  
(515) 276-7030  
www.strausslock.com

### Sun Tan City - Merle Hay

Health & Beauty/Tanning  
Chris Meyers  
3807 Merle Hay Rd.  
Des Moines, IA 50310  
(515) 276-5057  
www.suntancity.com

### Sundquist, Allison

Individual Membership  
8301 Aurora Ave.  
Urbandale, IA 50322  
(515) 777-3889

### Superior Printing & Promotions

Advertising/Specialties  
Laura Davis  
PO Box 65548  
West Des Moines, IA 50265  
(515) 975-1284  
www.superiorprintingpromo.com

### Superstorm Restoration

Contractors/Roofing-Gutters  
Chandler Steffy  
3300 101st St.  
Urbandale, IA 50322  
(515) 225-4880  
www.superstormrestoration.com

### T&H Financial Coaching, LLC

Finance/Services  
Suzanne Ryan  
(515) 218-9805  
www.tandhfinancialcoaching.com

### Teacher Wealth

Finance/Retirement Planning  
Mike Johnson  
4310 Adams Ave.  
Des Moines, IA 50310  
(515) 985-5500  
www.teacherwealth.com

### TeamLogic IT of Des Moines

Computer/Services  
Eric Summers  
2401 SE Tones Dr., Ste. 8  
Ankeny, IA 50021  
(515) 318-7411  
www.teamlogicit.com/NDesMoinesIA



**Ted's Body Shop**  
Automotive/Repair  
Kyle Lee  
5571 NW 2nd St.  
Des Moines, IA 50313  
(515) 280-6500

1007 8th St. SW  
Altoona, IA 50009  
(515) 967-8332  
www.tedsbodyshop.com

Family owned and operated. Proudly serving the Des Moines metro area since 1981. A full-service auto collision center offering paintless dent repair and auto detailing. We work with all insurance companies.



**R&B Auto Glass**  
Automotive/Glass  
Kyle Lee  
4431 E 50th St., Ste. 400  
Des Moines, IA 50317  
(515) 240-2652

Family owned and locally operated. Mobile service specializing in fleet vehicle and large equipment repair. From rock chip repair to full window/windshield replacement. Certified Auto Glass Technician with more than 20 years of experience.



**Truman's Automotive & ADAS**  
Calibrations  
Automotive/Repair  
Kyle Lee  
4431 E. 50th St., Ste. 300  
Des Moines, IA 50317  
(515) 240-2652

Family owned and locally operated. Full-service auto repair and recalibrating Advanced Driver Assistance Systems (ADAS) after collision repair and windshield replacement. ADAS safety features include Lane Departure Warning System, Blind Spot Detection, Forward Collision Warning and Pedestrian Detection.

### Texas Roadhouse

Restaurants  
Tim Terhune  
8744 Northpark Dr.  
Johnston, IA 50131-3092  
(515) 251-4597  
www.texasroadhouse.com

### The Arbordale

Seniors/Real Estate  
Susan Ray  
2727 82nd Pl.  
Urbandale, IA 50322  
(515) 727-5927  
thearbordale.com

### The Asset Pros

Insurance-Finance/Agents  
Shanequa Montgomery  
(515) 444-1526  
www.assetprosinsurance.com

### The Change Dance, LLC

Dance-Gymnastics  
Anna Moon  
2729 86th St.  
Urbandale, IA 50322  
(515) 707-2100  
www.thechangedance.com

### The Dana Company

Insurance-Finance/Agents  
Cory Holland  
12345 University Ave., Ste. 300  
Des Moines, IA 50325  
(515) 224-4391  
www.thedanaco.com

### The Des Moines Group at Morgan Stanley

Finance/Retirement Planning  
Zach Bouslog  
1080 Jordan Creek Pkwy., Ste 400N  
West Des Moines, IA 50266  
(515) 283-7069  
advisor.morganstanley.com/the-des-moines-group

### The Ducktail Lounge

Entertainment-Recreation/Bars-Clubs  
Bryan Moon  
1809 NW 86th St.  
Clive, IA 50325  
(515) 630-1025  
www.theducktailounge.com

### The Iowa Clinic, P.C. - Urbandale

Health Care/Clinics  
Summer Bondi  
4323 NW Urbandale Dr.  
Urbandale, IA 50322  
(515) 875-9000  
www.iowaclinic.com

### The Learning Post

Retail-Shops-Stores/Educational Supplies  
Kym Howe  
2761 100th St.  
Urbandale, IA 50322-3862  
(515) 331-8008  
www.learningpostltd.com

### The Rookie

Retail-Shops-Stores/Antiques-Collectibles  
Anders Olson  
9992 Swanson Blvd.  
Clive, IA 50325  
(515) 255-4675  
therookiesportscards.com

### The Tree Service

Contractors/Lawn Maintenance  
Brian Green  
3725 Hubbell Ave.  
Des Moines, IA 50317  
(515) 802-1130  
www.thetreeserviceia.com

### The U Bar & Grill

Restaurants  
Mellissa Wynkoop  
7500 Douglas Ave.  
Urbandale, IA 50322  
(515) 278-9575  
www.ubarandgrill.com

**The U Nutrition**

Restaurants  
Kristi Jamison  
3021 100th St.  
Urbandale, IA 50322  
(515) 669-9897  
[www.facebook.com/theurbandale](http://www.facebook.com/theurbandale)

**The Urban Grill**

Restaurants  
Dave Thompson  
3651 NW 86th St.  
Urbandale, IA 50322-4007  
(515) 278-1016  
[theurbangrilldm.com](http://theurbangrilldm.com)

**The Utility Co.**

Marketing/Services  
Blaine Garrett  
2165 NW 149th St.  
Clive, IA 50325  
(515) 783-8901  
[www.theutilityco.com](http://www.theutilityco.com)

**The Vernon Company - Digital Sales Team**

Advertising/Specialties  
Rhonda Mock  
604 NE 5th St.  
Grimes, IA 50111  
(641) 791-8589  
[www.vernonpromotions.com](http://www.vernonpromotions.com)

**Thrive Family Chiropractic**

Health Care/Chiropractors  
Shane Hoffman  
3731 86th St.  
Urbandale, IA 50322  
(515) 635-1161  
[www.ThriveFamilyDSM.com](http://www.ThriveFamilyDSM.com)

**Timmins, Jacobsen & Strawhacker, LLP**

Finance/Accountants  
Darlene Danielson  
10550 New York Ave., Ste. 200  
Urbandale, IA 50322-3744  
(515) 270-8080  
[tjscpas.com](http://tjscpas.com)

**Tint World**

Automotive/Security-Sound  
Jennifer Parker  
3970 NW Urbandale Dr.  
Urbandale, IA 50322  
(515) 216-0871  
[www.tintworld.com/locations/ia/urbandale-086](http://www.tintworld.com/locations/ia/urbandale-086)

**Tito's Lounge**

Restaurants  
Haris Zuljevic  
3916 NW Urbandale Dr.  
Urbandale, IA 50322  
(515) 348-9319  
[titosloungeiowa.com](http://titosloungeiowa.com)

**Tometich Engineering, Inc.**

Professional-Design Services/Engineers  
Jim Tometich  
10501 Buena Vista Ct.  
Urbandale, IA 50322-3783  
(515) 280-8022  
[www.tometichengineering.com](http://www.tometichengineering.com)

**TownePlace Suites by Marriott Des Moines-Urbandale**

Lodging/Hotels-Motels  
Amanda Butler  
8800 Northpark Dr.  
Johnston, IA 50131-3018  
(515) 727-4066  
[www.marriott.com/dsmur](http://www.marriott.com/dsmur)

**Tranquil Touch**

Wellness/Therapeutic Massage  
Connie Helton  
507 8th St. SE  
Altoona, IA 50009  
(515) 770-7399  
[www.chtranquiltouchmassage.com](http://www.chtranquiltouchmassage.com)

**Transitional Life Consulting, LLC**

Health Care/Home  
Kim Walker  
Unpublished address  
(515) 650-0922  
[transitionallifeconsulting.business.site](http://transitionallifeconsulting.business.site)

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### Tri-City Electric Co.

Contractors/Electrical  
John Irving  
1821 Ingersoll Ave.  
Des Moines, IA 50309  
(515) 288-7181  
[www.tricityelectric.com](http://www.tricityelectric.com)

### Triplett Office Solutions

Business Products/Supplies  
Tom Triplett  
3553 109th St.  
Urbandale, IA 50322-8103  
(515) 270-9150  
[www.triplett.com](http://www.triplett.com)

### Trixies Salon & Spa

Health & Beauty/Salons-Spas  
Tricia Rivas  
4118 University Ave.  
Des Moines, IA 50311  
(515) 274-9981  
[www.trixiessalon.com](http://www.trixiessalon.com)

### True Interior Services LLC

Contractors/Remodeling  
Francisco Trujillo  
1955 NE 58th Ave., Ste. 202  
Des Moines, IA 50313  
(515) 771-1377  
[trueinteriorservices.com](http://trueinteriorservices.com)

### Truth Stands LLC

Wellness/Fitness  
Jeff Sandidge  
1412 14th St.  
Des Moines, IA 50314  
(515) 537-7945  
[procoach.app/jeffteamtruthstands](http://procoach.app/jeffteamtruthstands)

### Turner Construction

Construction/Management  
1415 28th St., Ste. 240  
West Des Moines, IA 50266  
(515) 631-5215  
[www.turnerconstruction.com/office-network/des-moines](http://www.turnerconstruction.com/office-network/des-moines)

### Twisted Bean Coffee Company

Coffee Houses  
Lori Salsby  
4504 Merle Hay Rd.  
Des Moines, IA 50310  
(515) 276-6080  
[www.twistedbean.com](http://www.twistedbean.com)

### TWO MEN AND A TRUCK - Des Moines

Moving/Services  
Kara Berhow  
2601 104th St., Ste. 400  
Urbandale, IA 50322  
(515) 276-7170  
[www.twomenandatruckdesmoines.com](http://www.twomenandatruckdesmoines.com)

### Two Rivers Bank & Trust

Finance/Banks  
Sema Didic  
3025 Ingersoll Ave.  
Des Moines, IA 50312  
(515) 331-3304  
[www.tworivers.bank](http://www.tworivers.bank)

### U.S. Bank

Finance/Banks  
Jeff Holladay  
3501 NW 86th St.  
Urbandale, IA 50322-7990  
(515) 248-7720  
[www.usbank.com](http://www.usbank.com)

### U.S. Small Business Administration

Government/Federal  
Jayne Armstrong  
210 Walnut St., Ste. 749  
Des Moines, IA 50309-2186  
(515) 284-4026  
[www.sba.gov](http://www.sba.gov)

### United Services Association

Agribusiness/Products  
Matthew Paul  
11280 Aurora Ave., Bldg. 12  
Urbandale, IA 50322  
(515) 276-6763  
[www.unitedservices.net](http://www.unitedservices.net)

### UNITS of Central Iowa

Moving/Services  
Jim Becker  
200 SE 37th St., Ste. 280  
Grimes, IA 50111  
(515) 452-0220  
[www.unitsofcentraliowa.com](http://www.unitsofcentraliowa.com)

### UnityPoint Clinic in Urbandale

Health Care/Clinics  
Angie Fagervik-Chia  
5200 NW 100th St.  
Urbandale, IA 50322  
(515) 251-3880  
[www.unitypoint.org](http://www.unitypoint.org)

### University of Iowa Health Care

Health Care/Clinics  
Jacqueline Kleppe  
8605 Chambery Blvd.  
Johnston, IA 50131  
(515) 457-2960  
[uihc.org](http://uihc.org)

### University of Iowa Health Care

Infertility Clinic  
Health Care/Clinics  
Jennifer Vermeer  
1225 Jordan Creek Pkwy.  
West Des Moines, IA 50266  
(515) 336-6562  
[www.uiowa.edu](http://www.uiowa.edu)

### Upper Iowa University

Education/Colleges-Universities  
Theresa Rademacker  
5000 Westown Pkwy., Ste. 200  
West Des Moines, IA 50266  
(515) 225-1800  
[www.uiu.edu/desmoines](http://www.uiu.edu/desmoines)

### Urban Nails & Spa

Health & Beauty/Salons-Spas  
Lena Hoang  
2751 86th St.  
Urbandale, IA 50322  
(515) 276-3333  
[www.facebook.com/urbannails3333](http://www.facebook.com/urbannails3333)

### Urban Pet Hospital

Animal/Veterinarians  
Anil Regmi  
3601 NW 104th St.  
Urbandale, IA 50322-3827  
(515) 727-0607  
[www.urbanpethospital.com](http://www.urbanpethospital.com)

### Urbandale Auto Body Service, Inc.

Automotive/Repair  
Ryan Lamberts  
3833 70th St.  
Urbandale, IA 50322-3283  
(515) 276-1501  
[www.urbandaleautobody.com](http://www.urbandaleautobody.com)



### Urbandale Chamber of Commerce Organizations/Chambers of Commerce

Tiffany Menke  
2830 100th St., Ste. 110  
Urbandale, IA 50322  
(515) 331-6855  
[www.uniquelyurbandale.com](http://www.uniquelyurbandale.com)

The Urbandale Chamber serves, protects and promotes its members.

### Urbandale Community School District

Education/Public  
Dena Claire  
11152 Aurora Ave.  
Urbandale, IA 50322-7903  
(515) 457-5000  
[www.urbandaleschools.com](http://www.urbandaleschools.com)

### Urbandale Eye Care

Health Care/Optometrists  
Melissa Kyler, OD  
7030 Douglas Ave.  
Urbandale, IA 50322  
(515) 278-0123  
[www.urbandaleeyecare.com](http://www.urbandaleeyecare.com)

### Urbandale Family Dentistry

Dental/Dentists  
Alex Phan  
3124 104th St.  
Urbandale, IA 50322  
(515) 276-7925  
[www.urbandalefamilydentistry.com](http://www.urbandalefamilydentistry.com)

### Urbandale Food Pantry

Organizations/Non-Profit  
Patty Sneddon-Kisting  
7611 Douglas Ave., Ste. 34 & 35  
Urbandale, IA 50322  
(515) 251-6688  
[www.urbandalefoodpantry.org](http://www.urbandalefoodpantry.org)

### Urbandale Fourth of July Committee

Events/Special Events  
Tim Mueller  
PO Box 3656  
Urbandale, IA 50323  
[www.urbandale4thofjuly.org](http://www.urbandale4thofjuly.org)

### Urbandale Golf & Country Club

Private Clubs  
Bev Atkins  
4000 NW 86th St.  
Urbandale, IA 50322-2358  
(515) 276-5496  
[www.urbandalegolf.com](http://www.urbandalegolf.com)

### Urbandale Happy Joes LLC

Restaurants  
John Reid  
8056 Douglas Ave.  
Urbandale, IA 50322  
(515) 270-0695  
[www.happyjoes.com](http://www.happyjoes.com)

### Urbandale Historical Society

Organizations/Non-Profit  
Susan Bonnicksen  
4010 70th St.  
Urbandale, IA 50322  
(515) 270-2917  
[urbandalehistoricalsociety.org](http://urbandalehistoricalsociety.org)



**Urbandale Lawn Solutions, Inc.**  
Contractors/Lawn Maintenance  
Ryan Jacobs  
PO Box 42511  
Urbandale, IA 50323  
(515) 771-7674  
[www.urbandalelawnsolutions.com](http://www.urbandalelawnsolutions.com)

**Urbandale Public Library**  
Libraries-Museums  
Nicholas Janning  
3520 86th St.  
Urbandale, IA 50322  
(515) 278-3945  
[www.urbandalelibrary.org](http://www.urbandalelibrary.org)

**Urbandale Republicans**  
Organizations/Non-Profit  
Brad Boustead  
(515) 331-2700  
[www.facebook.com/urbandalerepublicans](http://www.facebook.com/urbandalerepublicans)

**Urbandale Schools and Alumni Foundation**  
Organizations/Foundations  
Aaron Young  
(515) 412-4284  
[urbsaf.org](http://urbsaf.org)

**Urbandale Water Utility**  
Utilities/Water  
Dale Acheson  
3720 NW 86th St.  
Urbandale, IA 50322-4099  
(515) 278-3940  
[www.urbandalewater.org](http://www.urbandalewater.org)

**Urology Center of Iowa**  
Health Care/Physicians  
Sarah Jackson  
12129 University Ave.  
Clive, IA 50325  
(515) 400-3550  
[iowauro.com](http://iowauro.com)

**ValorFit**  
Wellness/Fitness  
Troy Peterson  
(512) 586-7724  
[www.valorfit.org](http://www.valorfit.org)

**Valpak of Central Iowa**  
Advertising/Direct Mail  
Matthew Goodman  
1000 73rd St., Ste. 8  
West Des Moines, IA 50265  
(515) 254-1388  
[www.valpak.com/centraliowa](http://www.valpak.com/centraliowa)

**Van Meter, Inc.**  
Distributors/Electrical  
Rob Olney  
4040 121st St.  
Urbandale, IA 50323  
(515) 262-9609  
[www.vanmeterinc.com](http://www.vanmeterinc.com)

**Van Wall Equipment**  
Retail-Shops-Stores/Lawn & Garden  
Mike Schechinger  
10100 Dennis Dr.  
Urbandale, IA 50322-3893  
(515) 253-9005  
[www.vanwall.com](http://www.vanwall.com)

**Vernon, Rick**  
Individual Membership  
1 Promotion Pl., PO Box 600  
Newton, IA 50208-0600  
(515) 238-6500

**Vero Health Center**  
Health Care/Chiropractors  
Jeremy Hamann  
630 S. 50th St.  
West Des Moines, IA 50265  
(515) 422-9552  
[www.verohealthcenter.com](http://www.verohealthcenter.com)

**Vibrant Insurance Group**  
Insurance-Finance/Agents  
Joey Hinke  
2540 SE Encompass Dr.  
Waukee, IA 50263  
(515) 223-6757  
[www.vibrantins.com](http://www.vibrantins.com)

**Virtual Tours of Des Moines**  
Photography/Photo Imaging  
David Riley  
(515) 322-0598  
[www.VirtualToursDSM.com](http://www.VirtualToursDSM.com)

**Vision Park Family Eye Care**  
Health Care/Optometrists  
Angel Welker  
2699 NW 86th St.  
Urbandale, IA 50322-4309  
(515) 270-2490  
[www.vision-park.com](http://www.vision-park.com)

**VisionBank - Waukee**  
Finance/Banks  
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45 N. Warrior Ln.  
Waukee, IA 50263  
(800) 574-8123  
[visionbank.com](http://visionbank.com)



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### Wagoner Roofing and Construction

Contractors/Roofing-Gutters  
Justin Wagoner  
8555 Harbach Blvd., Ste. 202  
Clive, IA 50325  
(515) 225-8147  
www.wrciowa.com

### Walnut Lake Apartments

Real Estate/Apartments  
Alex Schwichtenberg  
4454 NW 142nd St.  
Urbandale, IA 50323  
(515) 253-8853  
makewalnutlakehome.com

### Walnut Ridge Senior Community

Seniors/Real Estate  
Ann-Marie Habhab  
1701 Campus Dr.  
Clive, IA 50325-6621  
(515) 457-1111  
www.preshomes.org/our-communities/  
walnut-ridge

### Waste Connections of Iowa Inc.

Environmental/Waste Management  
Gretchen Husske  
4705 NE 22nd St.  
Des Moines, IA 50313-2513  
(515) 265-7374  
www.wcdesmoines.com

### Water Professionals International

Organizations/Associations  
Paul Bishop  
9400 Plum Dr., Ste. 160  
Urbandale, IA 50322  
(515) 232-3623  
www.gowpi.org

### Waukee Chiropractic Center

Health Care/Chiropractors  
Trent Fugere  
9500 University Ave., Ste. 2106  
West Des Moines, IA 50266  
(515) 987-0299  
waukeechiropracticcenter.com

### Waukee Community Schools Foundation

Organizations/Non-Profit  
Adrianne Towe  
560 SE University Ave.  
Waukee, IA 50263  
(515) 240-6091  
www.waukeeschoolsfoundation.org



### Webspec

Internet/Web Site Design  
Jeremiah Terhark  
5907 Meredith Dr.  
Urbandale, IA 50322-1903  
(515) 334-9544  
www.webspec.com

Webspec Design is a web, software, and marketing team based in Urbandale. We hire the best and brightest to elevate your brand's digital presence.

### Welgaard CPAs & Advisors

Finance/Accountants  
Dale McCleish  
8550 New York Ave.  
Urbandale, IA 50322-4200  
(515) 253-0099  
www.welgaardcpa.com

### Welk & Co.

Health & Beauty/Consultants  
Renee Welk  
1315 41st St.  
Des Moines, IA 50311  
(515) 229-2725  
Reneewelk.arbonne.com

### Wells Fargo Advisors- Johnston

Insurance-Finance/Agents  
Mo Sane  
5880 Merle Hay Rd.  
Johnston, IA 50131  
(515) 237-5389  
home.wellsfargoadvisors.com

### WesleyLife at Home

Health Care/Hospice  
Regina Hoeksma  
4328 114th St.  
Urbandale, IA 50131  
(515) 978-2777  
www.wesleylife.org

### Westpointe Apartments & Townhomes

Real Estate/Apartments  
Sara Mier  
2510 Canterbury Rd.  
Urbandale, IA 50322  
(515) 276-4993  
www.bhmanagement.com



### West Bank

Finance/Banks  
Sara Larson  
1601 22nd St.  
West Des Moines, IA 50266  
(515) 222-2300  
www.westbankstrong.com

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### Westside Appliance Repair

Appliance Repair  
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2877 99th St.  
Urbandale, IA 50322-3858  
(515) 276-8899  
www.westsideappliancerepair.com

### Westside Auto Pros

Automotive/Service  
Joe Jerkins  
1901 NW 92nd Ct.  
Clive, IA 50325  
(515) 225-9090  
www.westsideautopros.com

### Westside Strength & Conditioning

Wellness/Fitness  
Calvin Ridlen  
1917 68th St.  
Windsor Heights, IA 50324-5866  
(515) 664-0401  
www.westsidestrength.com

### Willis Nissan

Automotive/Dealers  
Randy Kirchhoff  
4770 Merle Hay Rd.  
Urbandale, IA 50322-1963  
(515) 253-0719  
www.hummelnissan.com

### Wilson Wealth Management

Finance/Investments  
Matthew Onstot  
2400 NW 86th St., Ste. 32  
Urbandale, IA 50322  
(515) 225-9500  
www.WILONWM.com

### WineStyles

Retail-Shops-Stores/Alcohol  
Allan Graham  
8460 Birchwood Ct., Ste. 500  
Johnston, IA 50131  
(515) 334-9463  
www.winestyles.net/johnston

### Women Lead Change

Organizations/Non-Profit  
Amy Eaton  
3106 Ingersoll Ave.  
Des Moines, IA 50312  
(319) 423-7175  
www.wlcglobal.org

### Woodharbor Kitchen, Bath & Home Remodeling

Contractors/Kitchen & Bath  
Cheryl Arganbright  
10627 Aurora Ave.  
Urbandale, IA 50322-3808  
(515) 278-1531  
www.woodharborm.com

### Xtreme Mobile Detailing LLC

Automotive/Car Wash  
Roberto Duran  
(515) 822-8877  
www.facebook.com/  
xtrememobiledetailingllc

### Xtreme Roofing & Siding

Contractors/Roofing-Gutters  
Jo Nauman  
2913 99th St.  
Urbandale, IA 50322  
(515) 276-9794  
www.xtmerooftingandsiding.com

### Yost Family Chiropractic

Health Care/Chiropractors  
Heather Yost  
3993 100th St.  
Urbandale, IA 50322  
(515) 278-9678  
www.yostfamilychiropractic.com

### Your Private Bar

Events/Rental Services  
Amber Cooper  
1701 25th St.  
West Des Moines, IA 50266  
(515) 599-1205  
yourprivatebar.com

### Zaun, Brad

Individual Membership  
7032 Holcomb Ave.  
Urbandale, IA 50322  
(515) 777-2939

# Resource guide

## MyEntre.net

Center for Business Growth and Innovation  
University of Northern Iowa  
8120 Jennings Dr., Ste. 13, Cedar Falls, IA 50614  
(319) 273-4344 | [www.myentre.net](http://www.myentre.net)  
Part of the University of Northern Iowa's Business and Community Services (BCS) division, MyEntre.net is an entrepreneurship development system consisting of an online social network and free web-based entrepreneurial resources, coupled with collaborative services and capital for entrepreneurs in Iowa. The MyEntre.net team provides customized technical assistance, quality referrals and rapid access to capital for pre-venture and existing small firms statewide. The site has archived its webinars and blogs for access at any time by registered users.

## NAWBO Iowa

National Association of Women Business Owners | [www.nawbo.org](http://www.nawbo.org)  
Iowa Chapters | [nawboiowa.org/satellites](http://nawboiowa.org/satellites)  
The National Association of Women Business Owners (NAWBO) represents the interests of women entrepreneurs in all industries. The association works to strengthen the wealth-creating capacity of its members and promote economic development; create innovative and effective changes in the business culture; build strategic alliances, coalitions and affiliations; and transform public policy and influence opinion makers.

## Des Moines SCORE

6600 University Ave., Room 157  
Des Moines, IA 50324  
(515) 274-8593 | [www.desmoines.score.org](http://www.desmoines.score.org)  
SCORE is a nonprofit organization that provides free business mentoring services to entrepreneurs. The organization also presents business workshops and seminars for a fee. Business mentoring services are provided by both active and retired business executives and entrepreneurs who donate their time and expertise as mentors to assist new and established small businesses. SCORE is a resource partner with the U.S. Small Business Administration.

## IASourceLink

200 E. Grand Ave., Des Moines, IA 50309  
(866) 537-6052 | [www.iasourcelink.com](http://www.iasourcelink.com)  
University of Northern Iowa Business & Community Services  
8120 Jennings Dr., Ste. 13, Cedar Falls, IA 50614  
(319) 273-4344  
IASourceLink is an online resource connecting entrepreneurs and small businesses to more than 360 resource providers across the state. It

is hosted by the Iowa Economic Development Authority (IEDA) in collaboration with the Center for Business Growth and Innovation (CBGI) at the University of Northern Iowa. Services include its business concierge service, in which an information specialist assists small business owners in finding solutions to their most pressing questions, and the Iowa Business License Information Center. The State of Iowa does not have a general business license, but rather regulates the activity of particular businesses or professions. For business licensing assistance, contact Christine Cavil at [blic@iowaeda.com](mailto:blic@iowaeda.com) or toll free at (800) 532-1216.

## Iowa Center for Economic Success

8345 University Blvd., Ste. F, Clive, IA 50325  
(515) 283-0940 | [theiowacenter.org](http://theiowacenter.org)  
Originally founded in 1987, a group of leaders committed to addressing the social and economic issues of Iowans in creative ways formed the Institute of Social & Economic Development. The group runs the only SBA-funded Women's Business Center in Iowa and partners with the Iowa Department of Human Services and the IRS to offer free tax prep and planning programs. In 2014, the group joined forces with Iowa Economic Development Authority to manage its microloan portfolio. Today, the Iowa Center for Economic Success offers education, resources, credit, lending, advocacy and networking programs.

## Iowa Economic Development Authority (IEDA)

200 E. Grand Ave., Des Moines, IA 50309  
(515) 725-3000  
[www.iowaeconomicdevelopment.com](http://www.iowaeconomicdevelopment.com)  
The IEDA works to engender and promote economic development policies and practices which stimulate and sustain Iowa's economic growth, climate and integrate efforts across public and private sectors. Programs for entrepreneurs and business owners include financial assistance, tax incentives, regulatory assistance, export trade advising, consultation and marketing assistance.

## Iowa Small Business Development Centers

400 Locust St., Ste. 160, Des Moines, IA 50309  
(515) 331-8954  
The Small Business Development Centers (SBDC) provide business counseling and training on specific business needs including, but not limited to: new business guidance, loan assistance, market research services, cash flow projections, human resource management, strategic planning,

business continuity planning, accounting and QuickBooks, writing a business plan, business planning and modeling, financing opportunities, export assistance, business succession strategies, business growth strategies, disaster recovery, market planning and strategy and pricing. On the second Wednesday of every month, SBDC has office hours at the Urbandale Chamber. Call the Chamber to set up an appointment.

## Iowa Foundation for Microenterprise and Community Vitality

915 8th St., Ste. 205, Boone, IA 50036  
(515) 212-0182 | [iowamicroloan.org](http://iowamicroloan.org)  
Iowa Foundation for Microenterprise and Community Vitality (IFMCV) is a nonprofit foundation created for the purpose of initiating and operating model programs that assist Iowa's community foundations, other tax-exempt organizations and agencies of government. The foundation created IowaMicroLoan, a program for small businesses that are considered on the fringe of riskbearing capacity for most traditional financial institutions.

## John Pappajohn Entrepreneurial Centers (JPEC)

[www.iowajpec.org](http://www.iowajpec.org)  
In 1996, John Pappajohn, president of Equity Dynamics, Inc. in Des Moines, established five entrepreneurial centers throughout Iowa. Although each center defines its own mission and serves the state in a manner consistent with its particular strengths, each center has the same ultimate purpose — to enhance the effectiveness of Iowa's entrepreneurs. The centers offer many educational opportunities, including Venture School, an intense six-week training program for entrepreneurs. The City of Urbandale and Urbandale Chamber sponsor a team annually to attend Venture School.

## Lift Investments for Tomorrow

LIFT Administration, State Capitol Building, Room 114, Des Moines, IA 50319  
(515) 281-6878 | [lift@iowa.gov](mailto:lift@iowa.gov)  
[www.iowalift.gov](http://www.iowalift.gov)  
Lift Investments for Tomorrow provides capital for small businesses owned and operated by Iowans. Half of its funds are available for businesses that are 51% or more owned, operated and actively managed by one or more women, minority persons or persons with disabilities.



# CATEGORICAL LISTING OF CHAMBER MEMBERS

## Advertising/Agencies

Bing Bang  
Blue Compass

## Advertising/Consultants

Drake Sports Properties

## Advertising/Digital

K&G Digital 360

## Advertising/Direct Mail

Global Direct Mail & Marketing  
Valpak of Central Iowa

## Advertising/Outdoor

Lamar Advertising

## Advertising/Specialties

Bluefish Promotional Marketing  
Fully Promoted Urbandale  
Superior Printing & Promotions  
The Vernon Company - Digital Sales Team

## Agribusiness/Farming

Iowa Orchard

## Agribusiness/Feed Ingredients

ILC Resources

## Agribusiness/Insurance

Berkley Agribusiness

## Agribusiness/Products

International Veterinary Supplies Inc.  
John Deere Intelligent Solutions Group  
United Services Association

## Animal/Training

Dog Training Elite Des Moines  
Sit Means Sit Dog Training

## Animal/Veterinarians

Pet Medical Center of Urbandale  
Urban Pet Hospital

## Appliance Repair

Metro Appliance Repair  
Nebraska Home Appliance  
Westside Appliance Repair

## Archival Products

Archive Iowa

## Audio-Visual/Equipment

AVI Systems  
CLE Productions  
CTi  
Iowa Sound  
Reference Audio Video and Security

## Automotive/Car Wash

Laserwash of Urbandale  
Xtreme Mobile Detailing LLC

## Automotive/Dealers

Acura of Johnston  
Audi Des Moines  
BMW of Des Moines  
Bob Brown Chevrolet  
Car City  
CarMax  
Lithia Volkswagen of Des Moines  
Mercedes-Benz of Des Moines  
Mini of Des Moines  
Ramsey Subaru Mazda of Des Moines  
Stew Hansen Chrysler Dodge Jeep Ram FIAT  
Stivers Ford Lincoln - E. Hickman  
Willis Nissan

## Automotive/Glass

R&B Auto Glass

## Automotive/Rental

Manchester Leasing Services

## Automotive/Repair

Graham Collision  
Ted's Body Shop  
Ted's Body Shop - Altoona  
Truman's Automotive & ADAS Calibrations  
Urbandale Auto Body Service, Inc.

## Automotive/Security-Sound

Fusion Auto Sound  
S&C Automotive, Inc.  
Tint World

## Automotive/Service

Absolute Auto Repair  
Big O Tires  
Freedom Tire  
Higgins Plaza Service Inc.  
Premier Automotive Service  
Protective Solutions LLC  
Shade Tree Auto  
Shade Tree Auto - Urbandale  
Westside Auto Pros

## Awards/Trophies & Plaques

Academy Trophies & Awards

## Business Products/Copiers

Copy Systems Inc.  
Infomax Office Systems, Inc.  
Konica Minolta Business Solutions  
MMIT Business Solutions Group

## Business Products/Supplies

Iowa-Des Moines Supply, Inc.  
Storey Kenworthy - Workspace  
Triplett Office Solutions

## Business Services/Auctioneers

All American Auction Company of Iowa LLC

## Business Services/Brokerages

KReate Business Brokers

## Business Services/Coaching

Accelerate ActionCOACH Business Coaching  
Advanced RLS INC/experts in personality  
assessment & hiring  
AddingZEROS Executive Development  
Bunker Labs Des Moines  
Clegg Consulting Group  
EOS Worldwide Professional Implementer - Jon  
Leonetti  
Simply Motivated  
Simpson Sales Solutions  
SpeakFluence

## Business Services/Consultants

900 Views LLC  
berniestone.com  
Bâton Global  
Compensation Designs, LLC  
Eide Bailly LLP  
EOS Worldwide - David Hickman

### Business Services/Consultants

EOS Worldwide Implementer - Rob Taylor  
Financial Lit Lady  
Fox Growth Strategies  
Life Made Simple, LLC  
Perspective Consulting Partners, LLC  
Schabel Solutions Inc.

### Business Services/Marketing

StoryStruck Marketing

### Business Services/Training

ATW Training Solutions  
OPX International, LLC.

### Children/Day Care

Cadence Academy Preschool  
Kiddie Academy of Urbandale  
Kidz Corner  
Primrose School of Urbandale

### Cleaning-Maintenance/Ductwork

Air Free Duct Cleaning  
Dryer Vent Wizard of West Des Moines

### Cleaning-Maintenance/Janitorial

B&M Cleaners  
Nationwide Office Care  
RODAN Office Cleaning

### Cleaning-Maintenance/Services

Fish Window Cleaning

### Coffee Houses

Friedrichs Coffee  
Twisted Bean Coffee Company

### Communications/Cable TV

OnMedia

### Communications/Cellular

Cellular Advantage

### Communications/Publishing

Business Publications Corporation  
Dream To Author  
Iowa Living Magazines  
Iowa Urban Media

### Communications/Radio

Cumulus Media  
Iowa Catholic Radio Network  
Iowa Public Radio, Inc.

### Communications/Telecommunications

Marco Technologies

### Computer/Consulting

Lozanotek, Inc.

### Computer/Services

CEC  
Computer Repair of Des Moines  
Heartland Business Systems  
J & D Computers & Technology  
Platinum Information Services  
Secure Point Solutions  
TeamLogic IT of Des Moines

### Computer/Software Development

Adobe  
Berkley Technology Services  
LaunchIT Corp.  
LaunchIT MSP

*"As an Urbandale native who spent nearly a decade traveling the country for work, I was thrilled to get back to my roots. Since day one of joining the Urbandale Chamber, I have been warmly welcomed back by each person I've encountered. It has been a wonderful experience thus far and has provided a great opportunity to reconnect with many old friends and build new relationships with other business owners and professionals. The chamber staff, board and Connectors have been greatly instrumental in creating the best chamber in the state! I would highly encourage any business owner or working professional to give the chamber a go — it'll pay dividends, I promise!"*



ZACH BOUSLOG  
Financial Advisor  
The Des Moines Group  
at Morgan Stanley

## Partners in Business & Beyond



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Services may not be available in all areas.

# CATEGORICAL LISTING OF CHAMBER MEMBERS

## Computer/Training

New Horizons Computer Learning Center

## Construction/Lumber-Building Material

Greater Des Moines Habitat for Humanity,  
ReStore  
Home Depot #2115 - Urbandale

## Construction/Management

Breiholz Construction Company  
DCI Group  
GC3, LLC  
Turner Construction

## Construction/Materials

Logan Contractors Supply Inc.  
Martin Marietta

## Contractors/Commercial

Accurate Commercial  
DSM Property Services LLC  
Edge Commercial  
L. A. Fulton & Sons Inc.  
McGough Construction

## Contractors/Concrete

Concrete Craft of Des Moines  
Midwest Polyfoam

## Contractors/Electrical

Baker Electric, Inc.  
Custom Electrical Services  
Tri-City Electric Co.

## Contractors/Flooring

Barnum Floors  
ProSource Wholesale

## Contractors/General

Archadeck of Central Iowa  
Ball Team, LLC  
Big Roofing  
Energy Panel Structures, Inc.  
Haggerty Windows and Siding

## Contractors/Glass

Kinman Glass Inc.

## Contractors/Heating-Cooling

72 Degrees Comfort Company  
Dayton Heating & Air Conditioning, LLC.  
Kohles & Bach Heating & Cooling - Fireplaces  
Lenz Heating and Cooling  
Modern Heating & Air

## Contractors/Home Builders

D.R. Horton Iowa  
Happe Homes  
J. Thompson Builders  
K and V Homes, Inc.

## Contractors/Kitchen & Bath

Cabinet RX, LLC  
Kitchen Refresh by KnoPros  
Showplace Cabinetry Design Center  
Woodharbor Kitchen, Bath & Home  
Remodeling

## Contractors/Lawn Maintenance

The Tree Service  
Urbandale Lawn Solutions, Inc.

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3800 100th St. (515) 254-9000  
[www.mycentral.bank](http://www.mycentral.bank)

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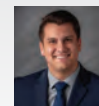
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Tom Meltesen



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### **Contractors/Mechanical**

DPT Group, Inc.

### **Contractors/Painters**

CertaPro Painters of Des Moines

### **Contractors/Plumbing**

AJ Plumbing

Clog Busters Drain Cleaning & Repair

Schlievert Plumbing Inc.

### **Contractors/Remodeling**

Bath Planet of Iowa

Design2Build

HomeWorx

Mullins Renovation & Construction

Remodeling Contractors

True Interior Services LLC

### **Contractors/Roofing-Gutters**

E4 Construction

Heartland Roofing, Siding and Solar, LLC

Legacy Restoration LLC

McCoy Roofing, LLC

R3 Roofing & Exteriors

Ram Roofing and Solar

Right Roofing & Siding, Inc.

Superstorm Restoration

Wagoner Roofing and Construction

Xtreme Roofing & Siding

### **Contractors/Water Removal**

Iowa Mold Removal

ServiceMaster by Rice

### **Dance-Gymnastics**

The Change Dance, LLC

### **Dental/Dentists**

Cedar Ridge Esthetic and Family Dentistry

Davidson Family Dentistry

Lawson Family Dentistry

McDonald Family Dentistry

Solace Dental

Urbandale Family Dentistry

### **Dental/Insurance**

Delta Dental of Iowa

### **Dental/Orthodontists**

Iowa Orthodontic Solutions

### **Distributors/Alcohol**

Blue Ox Spirits

Foundry Distilling Company

### **Distributors/Electrical**

3E (Electrical Engineering & Equipment Co.)

Crescent Electric Supply

Power/mation Division, Inc.

Van Meter, Inc.

### **Distributors/Flags & Flagpoles**

A-D Distributing Co, Inc.

### **Distributors/Food & Beverage**

Pepsi Beverages Company

### **Distributors/Medical Supplies**

First Medical Inc.

### **Distributors/Paper**

Sink Paper and Packaging

### **Education/Cognitive Skills Training**

ClubZ! In-Home Tutoring

iJAG

### **Education/Colleges-Universities**

DMACC Business Resources

Drake College of Business and Public

Administration

Upper Iowa University

### **Education/Driving**

Drive With Cops

### **Education/Public**

Urbandale Community School District

### **Employment/Agencies and Staffing**

Always Balln Vendor Staffing

Aston Carter

Career Search Associates

Hire DSM

ManpowerGroup

Palmer Group

QoreCareers

QPS Employment Group

RC Search Group

Recruit DSM

Remedy Intelligent Staffing

### **Employment/Benefits**

Employee & Family Resources (EFR)

### **Employment/Human Resources**

Connectify HR

Paychex HR

### **Entertainment-Recreation/Attractions**

JP Party Rentals LLC

Knockerball 118

Living History Farms

Prairie Meadows Racetrack & Casino

### **Entertainment-Recreation/Bars-Clubs**

Groucho's Lounge

Stormy's

The Ducktail Lounge

### **Entertainment-Recreation/Disc Jockey**

Riled Up Entertainment

### **Entertainment-Recreation/Gaming**

Old School Pinball & Arcade

Royale Flush Gaming

### **Entertainment-Recreation/Golf Courses**

Beaver Creek Golf Course

### **Entertainment-Recreation/Martial Arts**

Farrell's Martial Arts

### **Entertainment-Recreation/Performing Arts**

Andrew Hoyt Music

Iowa Ballet Academy

### **Entertainment-Recreation/Sports Facilities**

CrossRoads Shooting Sports

Iowa Events Center

### **Entertainment-Recreation/Sports Teams**

Des Moines Buccaneers

Iowa Wild

Iowa Wolves

### **Entertainment-Recreation/Theaters**

Flix Brewhouse

### **Entertainment-Recreation/Visitor Information**

Catch Des Moines! Greater Des Moines

Convention & Visitors Bureau

### **Environmental/Mobile Toilets**

A King's Throne, LLC.

# CATEGORICAL LISTING OF CHAMBER MEMBERS

## Environmental/Pest Control

Miller Pest & Termite  
Preferred Pest Control, Inc.

## Environmental/Waste Management

Ankeny Sanitation  
Bob's Septic & Premium Privies  
Metro Waste Authority  
Waste Connections of Iowa Inc.

## Events/Decoration

Golden Openings, Inc.

## Events/Rental Services

Exhibits/Displays, Inc.  
Your Private Bar

## Events/Special Events

Urbandale Fourth of July Committee

## Facilities/Conference Centers & Banquet Facilities

Bella Love Event Venue  
Horizon Events Center  
Sherwood Forest Event Center

## Finance/Accountants

Ann M. Hartz, CPA & Associates  
BergankKDV  
De Hamer Accounting Services LLP  
Desmond CPA, PLC  
Forge Financial & Management Consulting  
Gardiner + Company CPAs  
Innovation Refunds  
Kaduce & Company, PC  
Pittman & Company, LLP  
Shaul & Associates PLC  
SPW Bookkeeping, LLC  
Timmins, Jacobsen & Strawhacker, LLP  
Welgaard CPAs & Advisors

## Finance/Banks

Bank Iowa - Johnston  
Bank Iowa - West Des Moines  
Bankers Trust Company - North Office  
Central Bank  
Central Bank - 86th St. Branch  
City State Bank – Grimes  
Farmers State Bank  
Fidelity Bank  
First National Bank - West Glen Branch

## Finance/Banks

Great Southern Bank - Clive  
Fidelity Bank  
Iowa State Bank - Banking & Trust Services  
Liberty National Bank  
Midwest Heritage Bank  
MidWestOne Bank  
Northwest Bank  
Raccoon Valley Bank  
Two Rivers Bank & Trust  
U.S. Bank  
VisionBank - Waukee  
West Bank

## Finance/Credit Card Processing

Payteva

## Finance/Credit Unions

Collins Community Credit Union  
Greater Iowa Credit Union  
GreenState Credit Union  
Midland Credit Union - Bondurant  
Midland Credit Union - Pleasant Hill  
Midland Credit Union - Urbandale  
Premier Credit Union  
Serve Credit Union

## Finance/Equipment

Banleaco

## Finance/Investments

AO Wealth Advisory  
Mokosak Advisory Group, LLC  
Movement Wealth Partners  
Northwestern Mutual - Michael Annarelli  
RockWay Wealth Partners  
Wilson Wealth Management

## Finance/Leasing Services

Lease Consultants Corporation

## Finance/Mortgage

Clear Mortgage  
CMG Financial  
Journey Mortgage LLC  
Midwest Family Lending Corp.

## Finance/Retirement Planning

Edward Jones - Daniel Timmons  
Edward Jones - Todd P. Johnson  
Iron Horse Wealth Management, LLC

## Finance/Services

Merkle Retirement Planning  
QPC (Qualified Plan Consultants, LLC)  
Teacher Wealth  
The Des Moines Group at Morgan Stanley  
Financial Architects  
T&H Financial Coaching, LLC

## Finance/Tax Services

Block Advisors

## Fire/Alarm Systems

Protex Central

## Food-Beverage/Bakeries

Buttercream Cookie Dreams  
Euphoria Cakes

## Food-Beverage/Catering

Cyd's Catering  
In the Bag Corporate Cuisine

## Food-Beverage/Grocers

Fareway Stores, Inc.  
Hy-Vee, Inc.

## Funerals/Services

Caldwell Parrish Funeral Home & Crematory  
Merle Hay Funeral Home & Chapel Hill Gardens

## Government/City

City of Urbandale

## Government/County

Iowa State University Extension and Outreach  
Polk County

## Government/Federal

U.S. Small Business Administration

## Government/State

CIRAS

## Health & Beauty/Consultants

Angie Taylor, Independent Sales Director with  
Mary Kay Skin Care and Cosmetics  
Welk & Co.

## Health & Beauty/Salons-Spas

Angelica Day Spa  
Art of Life Salon and Spa

### **Health & Beauty/Salons-Spas**

BodyRenewal Clinic and MedSpa  
Salon 86  
Salon Seven-O  
Sculpted515  
Shayi Beauty Bar  
Signature Nails & Spa  
Trixies Salon & Spa  
Urban Nails & Spa

### **Health & Beauty/Tanning**

Sun Tan City - Merle Hay

### **Health Care/Assisted Living**

Adel Acres  
Edencrest at Beaverdale  
Edencrest at Green Meadows  
Edencrest at The Legacy  
Glen Oaks Alzheimer's Special Care Center  
Senior Suites of Urbandale

### **Health Care/Chiropractors**

Active Wellness  
Optimum Chiropractic P.C.  
Premier Health Clinic  
Thrive Family Chiropractic  
Vero Health Center  
Waukee Chiropractic Center  
Yost Family Chiropractic

### **Health Care/Clinics**

Integrative Family Medicine - Ankeny  
Integrative Family Medicine - West Des Moines  
The Iowa Clinic, P.C. - Urbandale  
UnityPoint Clinic in Urbandale  
University of Iowa Health Care  
University of Iowa Health Care Infertility Clinic

### **Health Care/Consultants**

Brighton Consulting Group

### **Health Care/Home**

Golden Heart Senior Care  
Infinity Home Care  
Interim Healthcare Of West Des Moines  
Senior Helpers  
Transitional Life Consulting, LLC

### **Health Care/Hospice**

WesleyLife at Home

### **Health Care/Mental Health**

10-42 Project  
Imperfect Pathways  
Rooted Insights, PLC

### **Health Care/Nursing Homes**

Arbor Springs

### **Health Care/Oncology**

Mission Cancer + Blood

### **Health Care/Optometrists**

Urbandale Eye Care  
Vision Park Family Eye Care

### **Health Care/Pharmacies**

Medicap Pharmacies, Inc. - Urbandale

### **Health Care/Physical Therapists**

Athletico Physical Therapy  
ATI Physical Therapy  
Champions Recovery Room and Physical Therapy  
Core Physical Therapy  
Fortitude & Freedom  
Kinetic Edge Physical Therapy  
Revive Physical Therapy and Wellness

### **Health Care/Physicians**

Exemplar Care  
Urology Center of Iowa

### **Health Care/Services**

Caravel Autism Health  
OsteoStrong

### **Health Care/Supplies**

Central States Mobility, Inc.  
Fittings Unlimited, Inc.

### **Human Services/Counseling**

Bloom Women's Wellness  
Mind & Spirit Counseling Center  
New Heights Counseling Resources, Inc.  
Real Connections Counseling

### **Human Services/Social Services**

Link Associates  
Mosaic in Central Iowa

### **Individual Membership**

Andeweg, Robert  
Baer Harding, Kirstin  
Bonnicksen, Susan  
Brownell, Robert  
Cox, Creighton  
Dolezal, Monica  
Giovannetti, E.J.

### **Individual Membership**

Haley, Brenda  
Hemphill, Bob  
Knueven, Pat  
McGonegle, Pat  
Merrifield, Melissa  
Miller, Alex  
Moriarity, Angela  
Olson, Jason  
Osterling, McKenzie  
Pelham, Randy  
Pogge, Ron  
Prentice, Debra  
Purkeypile, Brooklyn  
Raecker, Scott  
Raymond, Jacky  
Robinson, Greg  
Saf, Ron  
Smith, Juli  
Sundquist, Allison  
Trentmann, Norm  
Vernon, Rick  
Zaun, Brad

### **Insurance-Finance/Agents**

American Republic Insurance Services  
Buenzow Insurance Group  
Colonial Life  
Comparion Insurance Agency, a Liberty Mutual Company  
Country Financial  
Country Financial - Danny Mielneczek  
Farm Bureau Financial Services - Dan Siegfried  
Globe Life Family Heritage - Scott Benter  
Goosehead Insurance - Leon Fitch Agency  
Health Insurance Advisor, LLC  
Howard Insurance Agency LLC  
MediGold  
Phillips Stafford Insurance Group  
PRIMERICA  
R&A Risk Professionals  
S & J Family Insurance LLC  
Sears Insurance  
Shelter Insurance - Monica Hoover  
State Farm Insurance - James Walford  
State Farm Insurance - Mark Courter  
State Farm Insurance - Ryan Clausen  
The Asset Pros  
The Dana Company  
Vibrant Insurance Group  
Wells Fargo Advisors- Johnston



# CATEGORICAL LISTING OF CHAMBER MEMBERS

## Insurance-Finance/Brokerages

Association Member Benefits Advisors  
Group Benefits, Ltd.

## Insurance-Finance/Services

Aetna  
Bilbrey Insurance Services/ICAP  
Brokers International  
Continental Western Group  
Mercer  
NCMIC Group/Professional Solutions  
The Dana Company

## Internet/Services

Consolidated Communications  
Mediacom Business  
MetroNet

## Internet/Website Design

Applied Art & Technology  
Webspec

## Legal Services/Attorneys

Abendroth Russell Barnett Law Firm  
Cunningham & Kelso, P.L.L.C.  
Gardner Law Firm, P.C.  
Goodhue, Coleman & Owens, P.C.  
Simpson, Jensen, Abels, Fischer & Bouslog P.C.

## Libraries-Museums

Urbandale Public Library

## Lodging/Hotels-Motels

Des Moines Urbandale Hilton Garden Inn  
Fairfield Inn & Suites  
Hampton Inn & Suites  
Holiday Inn Express & Suites Plum Dr.  
Holiday Inn Hotel & Suites DM Northwest  
Hotel Renovo  
Ramada Tropics Resort & Conference Center  
Stoney Creek Hotel & Conference Center  
TownePlace Suites by Marriott Des Moines-  
Urbandale

## Mailing-Shipping/Services

Mail Services, LLC

## Manufacturing/Equipment

Denso Manufacturing

## Manufacturing/Packaging

Assembled Products, Inc.

## Manufacturing/Retail

CMF Manufacturing

## Manufacturing/Turbo Machinery Process Controls

Compressor Controls Corporation

## Marketing/Communications

Des Moines Creative

## Marketing/Internet

Creative DSM | Digital & Social Marketing  
Farmboy

## Marketing/Services

Allegra Marketing, Print, Mail, Signs  
In2It Digital  
Northgate Marketing Inc.  
Silverwings  
The Utility Co.

## Moving/Packaging

Family Inc Moving  
Lifestyle Logistics, LLC

## Moving/Services

Adamantine Spine Moving  
TWO MEN AND A TRUCK - Des Moines  
UNITS of Central Iowa

## Organizations/Associations

Associated Builders and Contractors of Iowa  
Home Builders Assoc. of Greater DM  
Iowa Association of Business and Industry (ABI)  
Iowa Association of Electric Cooperatives  
Iowa Bankers Association  
Iowa Restaurant Association  
SBDC - Mid Iowa Small Business Development  
Center  
Water Professionals International

## Organizations/Breakfast Clubs

BNI

## Organizations/Chambers of Commerce

Greater Des Moines Partnership  
Urbandale Chamber of Commerce

## Organizations/Foundations

Urbandale Schools and Alumni Foundation

## Organizations/Non-Profit

American Legion Post 663 & VFW Post 9668  
Avenue Scholars Des Moines  
Better Business Bureau Serving Greater Iowa  
Blessman International  
Children's Cancer Connection  
Community Hand Up  
Dress for Success Des Moines  
EveryStep  
Goodwill of Central Iowa  
Iowa International Center  
Japan America Society of Iowa (JASI)  
LifeServe Blood Center  
Many Hands Thrift Market  
Mentor Iowa  
MS Moments  
National Kidney Foundation  
Puppy Jake Foundation  
Ripples of Change Foundation  
Urbandale Food Pantry  
Urbandale Historical Society  
Urbandale Republicans  
Waukee Community Schools Foundation  
Women Lead Change

## Organizations / Service Clubs

Rotary Club of Greater Des Moines

## Organizations/Youth

Beyond Ball  
Girl Scouts of Greater Iowa  
Johnston Urbandale Soccer Club

## Photography/Photo Imaging

Virtual Tours of Des Moines

## Photography/Photographers

Brent Isenberger Photography  
Matthew Putney Media  
Pat Ward Photography

## Printing/Printers

ADi Group  
Beeline + Blue  
Copycat Prints and Legal Eagles  
HartSmart Products LLC  
Lashier Graphics & Signs  
PC Print Center

### **Printing/Printers**

Plaza Printers  
Purcell Printing & Signs

### **Private Clubs**

Des Moines Embassy Club West  
EO Iowa  
Urbandale Golf & Country Club

### **Professional-Design Services/Architects**

DLR Group Inc.

### **Professional-Design Services/Engineers**

Allender Butzke Engineers Inc.  
Bishop Engineering Company, Inc.  
Bluestone Engineering  
Braun Intertec  
Civil Design Advantage, LLC  
Civil Engineering Consultants, Inc.  
HR Green, Inc.  
IMEG Corp  
Kirkham, Michael & Associates  
Lee Chamberlin Consultant Engineers  
Short Elliott Hendrickson Inc.  
Tometich Engineering, Inc.

### **Real Estate/Agents**

Century 21 Signature Real Estate  
Coldwell Banker Mid-America  
EXIT Realty Capital City  
Guardian Real Estate Group  
Iowa Realty - Aisha R. Syed Real Estate, LLC  
Iowa Realty - Jon Smith  
Jacobs Real Estate Partners - EXP Realty  
Knickerbocker Real Estate Team  
RE/MAX Concepts - Jamie Lewton Realty  
RE/MAX Concepts - Jennifer Paulsen  
RE/MAX Concepts - Marva McCarty  
RE/MAX Concepts - Shannon Salmon  
RE/MAX Precision  
RE/MAX Precision - Adams Family Realty  
RE/MAX Precision - Rob Mordini  
RE/MAX Precision - Woodley Real Estate  
RE/MAX Real Estate Center – The Quartz Team

### **Real Estate/Apartments**

Attivo Trail 55+ Active Adult Living  
Glen Meadows Retirement Community  
Pyramid Property Solutions  
ReNew Jordan Creek  
Walnut Lake Apartments  
Westpointe Apartments & Townhomes

### **Real Estate/Commercial**

Anderson Properties  
AP Brokerage, LLC  
Cushman & Wakefield  
Developers Realty Group  
Ferguson Commercial Real Estate Services  
First Onsite  
JLL  
NAI Iowa Realty Commercial  
Performance Realty LLC  
Signature Real Estate Services, Inc.

### **Real Estate/Developers**

Knapp Properties, L.C.  
Landmark Companies, Inc.  
R&R Realty Group

### **Real Estate/Inspections**

Keystone Home Inspections

### **Real Estate/Property Management**

CKJ Properties  
Colby Management Company  
Kading Properties  
Premier Companies & Paramount Homes  
Renters Warehouse

### **Real Estate/Services**

First American Home Warranty

### **Restaurants**

100th Street Corner Cafe  
5 Borough Bagels  
Bennigan's Grill & Tavern  
Big Al's BBQ & Catering - West Des Moines  
Blue Shark Ale House  
Bordenaros Pizzeria  
Cajun Belle  
Cancun Grill and Cantina  
Coaches Kolaches  
Cozy Cafe - Johnston  
Douglas Cafe  
Fresh Fit Meals  
GAMEDAY Kitchen, Cocktails, Sports, Fun  
Hidalgo Mexican Bar and Grill  
Hungry Boyz  
IHOP  
McAlister's Deli  
MinGaLaBar Burmese Kitchen  
Pagliai's Pizza  
Ruby Tuesday  
Texas Roadhouse  
The U Bar & Grill  
The U Nutrition

### **Restaurants**

The Urban Grill  
Tito's Lounge  
Urbandale Happy Joes LLC

### **Retail-Shops-Stores/Alcohol**

WineStyles

### **Retail-Shops-Stores/Antiques-Collectibles**

Central Iowa Coin & Bullion LLC  
The Rookie

### **Retail-Shops-Stores/Batteries**

Interstate All Battery Center - Des Moines

### **Retail-Shops-Stores/Bridal**

Perry Bridal

### **Retail-Shops-Stores/Clothing**

2 Harts Boutique LLC  
Enchantasys  
Simply Stella Rose  
Staceys Inc.

### **Retail-Shops-Stores/Consignment**

Changing Places Consignment Shop  
Design Consign  
Do Overz, LLC

### **Retail-Shops-Stores/Convenience**

Hy-Vee Fast & Fresh Express  
QuikTrip Corporation

### **Retail-Shops-Stores/Educational Supplies**

The Learning Post

### **Retail-Shops-Stores/Electronic Cigarettes**

Central Iowa Vapors

### **Retail-Shops-Stores/Electronics**

Midwest Cellphone Repair

### **Retail-Shops-Stores/Embroidery**

KSH Design Studio LLC

### **Retail-Shops-Stores/Fabrics**

Fabrics & Fun

### **Retail-Shops-Stores/Flooring**

Carpet One Floor & Home  
Flooring America  
Royal Flooring

# CATEGORICAL LISTING OF CHAMBER MEMBERS

## Retail-Shops-Stores/Florists

Boesen the Florist

## Retail-Shops-Stores/Furniture

Amish Haus Furniture  
Homemakers Furniture

## Retail-Shops-Stores/Gift Items

2nd Chance Liquidation

## Retail-Shops-Stores/Golf

Broheim's Indoor Golf and Pub

## Retail-Shops-Stores/Lawn & Garden

Van Wall Equipment

## Retail-Shops-Stores/Mattresses

Midwest Mattress

## Retail-Shops-Stores/Meal Preparation

Dinner Dispatch

## Retail-Shops-Stores/Organic

Campbell's Nutrition West

## Retail-Shops-Stores/Outdoor Equipment

AE Outdoor Power

## Retail-Shops-Stores/Photo Equipment

Christian Photo

## Retail-Shops-Stores/Shopping Centers

Merle Hay Mall

## Retail-Shops-Stores/Sporting Goods

Fitness Sports - Johnston  
JT's Slapshot Hockey Shop

## Security-Safety/Personal Protection Equipment

JLM Shooters Supply

## Security-Safety/Systems

A Tech Inc. / Easy Living Store  
Electronic Engineering  
Per Mar Security Services  
Strauss Security Solutions

## Seniors/Real Estate

Deerfield Retirement Community  
Illahee Hills  
The Arbordale  
Walnut Ridge Senior Community

## Seniors/Services

Cornerstone Caregiving  
Senior Transitioning Services

## Signage

Archetype Sign  
Image360  
Iowa Sign Company  
Signarama Urbandale  
Signarama-Ankeny / YESCO Sign & Lighting Service

## Storage/Warehouses

Life Storage Urbandale

## Transportation/Public

Des Moines Area Regional Transit Authority (DART)

## Transportation/Services

PRIA Logistics

## Travel/Agencies

Mosaic Shores Travel Co., LLC  
CHAMBER DISCOVERIES

## Trucking/Motor Freight

Express Logistics Inc.

## Utilities/Utility Companies

MidAmerican Energy Company

## Utilities/Water

Urbandale Water Utility

## Wellness/Fitness

Anytime Fitness  
Black Collar Crossfit  
Burn Boot Camp - Clive  
Farrell's eXtreme Bodyshaping - Jordan Creek  
Farrell's eXtreme Bodyshaping - Urbandale  
Farrell's eXtreme Bodyshaping - Wauke  
GYMGUYZ Des Moines  
Orangetheory Fitness  
Planet Fitness Urbandale  
Truth Stands LLC  
ValorFit  
Westside Strength & Conditioning

## Wellness/Life Coach

Jennifer Stone Wellness and Life Coaching, LLC

## Wellness/Nutrition-Foods-Vitamins

HW Premium CBD

## Wellness/Therapeutic Massage

Abundant Health  
Agape Wellness Center  
Manuel Touch Massage Therapy  
Personal Best Massage  
Serenity Massage  
Tranquil Touch

## Wellness/Weight Loss

Optimal Health & Wellbeing

*"Becoming a member of the Urbandale Chamber of Commerce was one of the best decisions I have made as a business owner. The connections are priceless. The members of the Urbandale Chamber truly care about you and want to see you succeed. It's a support system that continues to give. The encouragement, engagement and wealth of knowledge that makes up the chamber is phenomenal. I have felt lifted and supported the entire time here at the Urbandale Chamber. It amazes me the size of the chamber because it has that small town, supportive feel. You walk into a room and are greeted by multiple people who truly care and are interested in how they can support you. My first piece of advice to any new or seasoned business owner is to join the Urbandale Chamber. The benefits are priceless."*



JANE NADY  
Owner  
Imperfect Pathways





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\*Sales ranking based on car and truck sales report of the Kansas City Region of Ford Motor Company and Lincoln Motor Company for 2022





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