

POLK CITY *Living Weekly*

WWW.IOWALIVINGMAGAZINES.COM



A BIG GREEN UMBRELLA MEDIA PUBLICATION

WE'VE GOT YOU COVERED.

POLK CITY COMMUNITY FOUNDATION *Winter Wonderland*

Gala

Saturday, January 14, 2023

Polk City Community Foundation is holding its Winter Wonderland Gala on Saturday, Jan. 14 at the FFA Enrichment Center in Ankeny. Registrations are due Jan. 12. Individual tickets are \$100 and a table for eight is \$1,000.

Activities begin at 5 p.m. with a cash bar and silent auction, followed at 6:15 p.m. by The Foundation's Address. Dinner begins at 6:30 p.m. and the live auction at 7 p.m. The Foundation's goal is to raise \$100,000 for its partnerships: Polk City Police Officers Association, Polk City Fire Fighters Association, Polk City Women, Polk City Friends of the Park, Polk City Kiwanis, and Polk City Friends of the Library. For more information and for registration link, visit www.gopolkcity.com/foundation. ■

POLK CITY WEATHER FORECAST

FRIDAY HIGH 36 | LOW 18
Mostly cloudy



SATURDAY HIGH 34 | LOW 21
A little snow at times



SUNDAY HIGH 36 | LOW 24
Sunny with a few clouds



MONDAY HIGH 44 | LOW 27
Increasing clouds



TUESDAY HIGH 37 | LOW 24
Mostly cloudy




TORRES TEAM
Helping you find your place!
515-984-0222 TorresTeamIA.com

FROM THE PUBLISHER

ALEXA, PLAY CLASSIC CHRISTMAS MUSIC

Christmas may be over, but the Christmas season continues. And, as such, you may still hear a few Christmas songs playing. That's fine with me, as long as it is classic Christmas music.

Alexa and I don't agree on this. When I ask Amazon's cloud-based voice service to "play Christmas classics," I expect to hear Bing Crosby, Gene Autry, Dean Martin or Frank Sinatra. Alexa gives me Wham, Mariah Carey, Michael Jackson and Kelly Clarkson.

Any Christmas music with a synthesizer is not classic. Period.

I am not sure why I am attracted to this golden era of Christmas music. It just feels, well, Christmassy. I certainly didn't grow up in that timeframe, and my parents didn't play any sort of Christmas music around the house. Meanwhile, Alexa is sending her misguided selection to more than 100 million devices. She should be imprisoned, or at

least fined.

As a society, we seem to be obsessed with lists today, and not the naughty or nice ones that the big guy in the red suit puts together. I am referencing the best and worst lists that are commonplace today and packed with personal opinions.

Opinions are like belly buttons (I am trying to stay on Santa's nice list), as we all have them. As such, in 2021, Rolling Stone magazine compiled the 20 Worst Christmas Songs of All Time. It includes New Kids on the Block with "Funky, Funky, Xmas," Justin Bieber's "Mistletoe," and 'NSync singing "I Never Knew the Meaning of Christmas." Topping their Worst list is Jessica Simpson, featuring Ashlee Simpson, with "The Little Drummer Boy." Rolling Stone nailed it.



It is not that I dislike all contemporary Christmas music. Some artists of today can make it work. Michael Bublé is amazing. And then there is... did I mention Michael Bublé? I am joking. Harry Connick, Jr. is special, too. But the list does pretty much stop there.

OK, I am showing my bias. Give me Elvis and "Blue Christmas." Play "It's Beginning to Look A Lot Like Christmas" by Perry Como. Drop the needle on the record of "The Christmas Song" by Nat King Cole. They all make me smile and sing along.

"Santa Tell Me" by Ariana Grande? Alexa, "STOP!"

Have a great week, and thanks for reading. ■



Shane Goodman

President and Publisher
Big Green Umbrella Media
shane@dmcityview.com
515-953-4822, ext. 305



A publication of Big Green Umbrella Media, Inc.
8101 Birchwood Court, Suite, D, Johnston, IA 50131
www.iowalivingmagazines.com



News contact

Tammy Pearson
515-953-4822, ext. 302
tammy@iowalivingmagazines.com



Advertising contact

Dan Juffer
515-371-2290
dan.juffer@dmcityview.com

WEEKLY ACTIVITIES AT THE POLK CITY COMMUNITY LIBRARY

1500 W. Broadway St. • 515-984-6119 • polkcitylibrary.org

• **Story Time:** Mondays and Tuesdays at 10 a.m. Join us at the library for stories, songs and an activity or craft. Choose the day that works best for you. Every story can be logged in our 1,000 Books Before Kindergarten program, too.

• **Geri-Fit® Strength Training Workouts** Mondays at 9 a.m. Strength training workouts that work for all ages and fitness levels. Geri-Fit is challenging, effective and safe to do. The Geri-Fit® program requires a set of light dumbbell weights, a sturdy chair and water to drink during the workout. Ages 50 and older. Stretch bands and a Zoom link are available upon request. No class Jan. 2.

• **Chair Yoga**, Tuesdays, 9 a.m. Join Rachel via Zoom. We will be broadcasting the class on the big screen in the library, or you can join us from home. Yoga is for everyone and every body. Yoga is not for flexible people but for people who want to become more flexible. This chair yoga practice will include breath work, mindfulness and simple, easy movements to release tension, reduce pain and restore your body to optimum movement. Props needed are an armless chair, like a kitchen chair and a small hand towel or kitchen dish towel. Join the Zoom meeting on our website at polkcitylibrary.org.

• **Ageless Grace Workouts**, Wednesdays, 9 a.m. Ageless Grace is a cutting-edge brain fitness program based on neuroplasticity that activates all five functions of the brain. This exercise program is performed in a chair and is based on everyday movements that are natural, and focus on the healthy longevity of the body and brain. The only material needed is a chair. If you would like to participate from home via Zoom, please call the library ahead of time.

• **Ladies' Wednesday Coffee**, Wednesdays, 10 a.m. to noon. Ladies, join us for coffee and conversation.

• **Open Card Games**, Thursdays, 1-3 p.m. We have the cards and cribbage boards, you pick what game to play each Thursday. Grab a friend and have fun. Ages 17 and older.

• **Sit N Stitch**, Thursdays, 6-8 p.m. Bring your current project and join us for stitching and conversation.

• **Men's Friday Coffee**, 10 a.m. to noon. Gentlemen, drop in for coffee and conversation. Enjoy spending time and having a few laughs or interesting discussions with other men from around the area. ■

NPHS SPORTS SCHEDULES

Friday, January 6, 2023

- 4:30 p.m. **Basketball:** Girls JV1 vs. Bondurant-Farrar
 4:30 p.m. **Basketball:** Boys JV vs. Bondurant-Farrar
 5:45 p.m. **Basketball:** Boys Freshman vs. Bondurant-Farrar
 6 p.m. **Basketball:** Girls Varsity vs. Bondurant-Farrar
 7 p.m. **Basketball:** Girls JV2 vs. Bondurant-Farrar
 7:30 p.m. **Basketball:** Boys Varsity Game vs. Bondurant-Farrar

Saturday, January 7, 2023

- 9 a.m. **Wrestling:** JV Invitational @ Des Moines North
 10 a.m. **Wrestling:** Varsity Duals @ Marshalltown
 2 p.m. **Basketball:** Boys Freshman vs. Mount Vernon
 3 p.m. **Basketball:** Girls Varsity vs. Xavier @ Cedar Rapids Xavier
 3:30 p.m. **Basketball:** Boys JV2 vs. Mount Vernon
 5 p.m. **Basketball:** Boys Varsity vs. Mount Vernon

Tuesday, January 10, 2023

- 5:30 p.m. **Wrestling:** JV/Varsity Quadrangulars @ Nodaway Valley



Raccoon Valley Bank

Just Right FOR YOU

1009 COURT STREET, ADEL • 515-993-4581
 #RIB WWW.RACCOONVALLEYBANK.COM

JOKE OF THE WEEK



Why couldn't the bad sailor learn the alphabet? Because he always got lost at C!



TIRED OF DASHING DOORS?

We are seeking delivery drivers!

- Compensated weekly on a per stop basis
- Must provide proof of insurance, valid driver's license, and a reliable vehicle
- Driver must be able to lift 20 pounds to waist height
- Must be able to communicate clearly and be honest & dependable.



Scan to learn more!



Contact Mike Chiston at
mike@dmcityview.com for more information.

ST. LUKE'S FREE MEDICAL CLINIC

A free medical clinic is held the first and third Wednesdays of the month from 6-8 p.m. at Polk City United Methodist Church, 1421 W. Broadway St., for those in need. Before coming to the clinic, you are asked to read the procedures and restrictions in place by visiting www.polkcityumc.org/free-clinic.html. For more information, call Clinic Manager Tess Young at 515-238-6425. ■

NORTH POLK COMET CUPBOARD FOOD PANTRY

The NP Comet Cupboard Indoor Food Pantry is open on the first and third Wednesdays of the month from 5-6:30 p.m. (no appointment necessary and no eligibility requirements). It is located in the Education Wing of Polk City United Methodist Church, 1421 W. Broadway St., Polk City.

The NP Comet Cupboard in Polk City is doing food rescue at the Polk City Fareway store three days a week.

The Tiny Food Pantry, an Eagle Scout project by Andrew George, sits at the entry drive to the church and is available 24/7. It is restocked regularly.

Those who wish to donate food or personal care items can place them directly inside the tiny pantry or bring them to the big red collection barrel inside the church. If you or someone you know are in need, take what you need.

Donations are welcome. Food items commonly needed are dry soup mixes, canned vegetables, canned fruit, canned tuna/chicken, canned pasta, instant mashed potatoes, dried pasta, pasta sauce, peanut butter, jelly, mac-n-cheese, cereal, pancake mix and syrup, instant oatmeal, cornbread/muffin mix, brownie/cake mix, breakfast bars, granola bars, popcorn, hot tea, cocoa packs, coffee. Donations of personal items such as chapstick, hand cream, Kleenex, hand sanitizer, etc. are also appreciated. For \$25, you can help fill one bag of groceries for a family facing financial hardships. ■

RECIPE

A SWEET, MELTY HOLIDAY SANDWICH

(Family Features) All that holiday hustle and bustle can work up some real hunger. Between decorating, baking and preparing for entertaining, hosts often earn an afternoon snack.

When you and your loved ones need a boost of energy before guests arrive, turn to a fresh ingredient like Envy apples, which provide an easy way to whip up a delicious sandwich due to their sweet taste and availability. The sweet, sophisticated flavor; uplifting, fresh aroma; delightfully satisfying crunch; beautiful appearance; and naturally white flesh all lend themselves to this Apple Cranberry Havarti Melt. As a quick, simple way to reenergize before the big party, it's a perfect snack the whole family can enjoy together. ■

APPLE CRANBERRY HAVARTI MELT

Servings: 4

- 2 tablespoons melted butter
- 8 oat-wheat bread slices
- 1/2 cup cranberry sauce
- 12 ounces Havarti cheese
- 2 Envy apples

Directions

Preheat oven to 450 F.

Lightly butter one side of each bread slice and place on baking sheet butter side down. On side without butter, spread cranberry sauce on half of bread slices.

Slice Havarti cheese about 1/4-inch thick and place over cranberry layer. Thinly slice apples and layer over cheese. Top with remaining bread slices with butter side up.

Bake 5 minutes then carefully flip each sandwich. Bake 3-5 minutes until cheese is melty.



EMPLOYERS: ARE YOU LOOKING FOR AN EASIER WAY TO LIST YOUR CURRENT JOB OPENINGS?

SUBMIT YOUR JOB LISTING ON CITYVIEW'S FREE JOB BOARD!

IowaBusinessJournals.com/job-board



- Find local candidates.
- Easily submit your job listings online.

EVENTS IN THE AREA

EMAIL YOUR EVENT INFORMATION TO
TAMMY@IOWALIVINGMAGAZINES.COM**THEATRE & DANCE****ANKENY COMMUNITY THEATRE**1932 S.W. Third St., Ankeny
ankenycommunitytheatre.com

- Jan. 20-29: "Exit Laughing"
- April 14-23: "Marjorie Prime"

BALLET DES MOINESHoyt Sherman Place, 1501 Woodland Ave., Des Moines
balletdesmoines.org

- Feb. 24-25: "Balanchine+"
- April 27-29: "She"

CAROUSEL THEATRE OF INDIANOLA117 E. Salem Ave., Indianola
carouseltheatre.org

- March 10-12, 17-19: "Rumors"

CLASS ACT PRODUCTIONS201 First Ave. S., Altoona
captheatre.org

- Feb. 17-19, Feb. 24-26, March 3-5: "Singin' in the Rain JR."

DES MOINES PERFORMING ARTSDes Moines Civic Center, Stoner Theater,
221 Walnut St., Des Moines
dmpa.org

- Jan. 3-8: "Cats"
- Feb. 7-19: "Six"
- Feb. 18: "In the Year of the Boar & Jackie Robinson"
- Feb. 24: Gibney Company dancers
- Feb. 25: "The Simon & Garfunkel Story"
- March 14-19: "1776"
- March 30 - April 16: Disney's "The Lion King"
- March 31 - April 9: "Trouble in Mind" by Iowa Stage Theatre Company; iowastage.org
- April 1: "Ugly Duckling"
- May 4: Ronald K Brown's Evidence dance company

DES MOINES PLAYHOUSE831 42nd St., Des Moines
dmplayhouse.com

- Jan. 6-22: "Go, Dog. Go!"
- Feb. 3-19: "The Piano Lesson" with Pyramid Theatre Company

- Feb. 24 - March 12: "The Hundred Dresses"
- March 17 - April 2: "Kinky Boots"

DMACC ANKENY THEATREBlack Box Theatre, Building 5, 2006 S. Ankeny
Blvd., Ankeny
dmacc.edu/theatre/ankenyc

- Feb. 24-26, March 2-5: "No Exit"
- March 31, April 1-2, 5-7: *Title TBD*

DRAKE UNIVERSITYHarmon Fine Arts Center, 1310 25th St., Des Moines
drake.edu/theatre

- March 30 - April 2: "The Bacchae"
- April 27-30: "The Theory of Relativity"

SIMPSON COLLEGE513 N. D St., Indianola
simpson.edu/academics/departments/department-theatre-arts

- Feb. 17-19: "Cabildo" and "Cendrillon"
- March 24-26: "Twilight Bowl"
- April 20-22: "Festival of Short Plays 2023: Commedia dell'arte and Molière"

STEPHENS AUDITORIUM1900 Center Drive, Ames
center.iastate.edu/events

- Jan. 15: "On Your Feet"
- Feb. 3: "Hairspray"
- Feb. 3-4: "Barjché 23: Piece of Mind" by Orchesis I Dance Company at Fisher Theater
- Feb. 13: "My Fair Lady"
- March 30 - April 2: "She Kills Monsters" at Fisher Theater
- April 8: "Snow White" by the School of Classical Ballet & Dance; myscbd.com
- April 17: "Annie"

TALLGRASS THEATRE COMPANY2019 Grand Ave., Suite 100, West Des Moines
tallgrasstheatre.org

- Jan. 7: "Broadway Karaoke"
- Feb. 3-19: "God of Carnage"
- April 21 - May 7: "Wonder of the Word" ■

CITYVIEW'S WINTER EVENT IS BACK!

FIRE & ICE

A WINTER PUB CRAWL IN VALLEY JUNCTION

WEST DES MOINES

SATURDAY, JAN. 21 • 1-4 P.M.

PARTICIPATING ESTABLISHMENTS:

**THE HALL • FOUNDRY DISTILLING CO. • G MIG'S 5TH STREET PUB • FOX BREWING
THE TAVERN • THE WINCHESTER PUBLIC HOUSE • CHAMPIONS HIDEAWAY**

**FOR \$20 TICKET PRICE*, YOU GET 10 TICKETS
TO SAMPLE WINTER SPECIALTY DRINKS!**

*\$30 AT THE DOOR



TICKETS AT FIRE-AND-ICE.DMCITYVIEW.COM

STUDENT ART ON DISPLAY

The Ankeny Art Center's annual K-12 art exhibits have been part of an extended outreach program for more than two decades. With the goal of introducing students to the gallery setting, the program aims to bring about individual self-worth within the community, increase community involvement, and promote culture and diversity. It also aims to bring insight to the students about becoming exhibiting artists in the future by seeing their art on a real gallery wall.

North Polk students' works will be on display Feb. 21 - March 15, and a reception for them is set for March 2, 5-7 p.m. at the Art Center, 1520 S.W. Ordinance Road, Ankeny. ■

POLK CITY COMMUNITY LIBRARY NEWS

1500 W. Broadway St. • 515-984-6119 polkcitlibrary.org

- **NEW: Play Lab**, Saturday, Jan. 7, 10 a.m. to 2 p.m. Bring the kids for some extra special self-guided library play time. The program room will be set up with different centers designed to stimulate learning through play. Activities may include games, crafts, sensory activities and more. Ages 3-10. Parental supervision is required at all times.

- **Adult Crafternoon**, Personalized Coasters, Monday Jan. 9 at 1 p.m. Join us for a fun afternoon making individualized coasters. All materials provided. Ages 17 and older. Register online at polkcitlibrary.org.

- **Friends of the Library Meeting**, Wednesday, Jan. 11, 6:30 p.m. The Friends of the Polk City Community Library have four scheduled meetings per year. All meetings are open to members and the public. Anyone interested in supporting the library is welcome and encouraged to attend.

- **Music and Movement**, Thursday, Jan. 12, 10 a.m. Come shimmy and shake with your child. Dance and sing while building pre-reading skills with rhythm and rhyme.

- **Tea: The Basics and Beyond with Red Dragon Tea**, Thursday, Jan. 12, 6 p.m. Are you curious about the differences between types of tea? Wondering if you can ever find a cup of tea that tastes really good? Ryan and Mary from Red Dragon Herbs and Teas will be presenting an entertaining and informative session that covers not only herbs (including the ones you may have in your own garden), but how to make herbal blends and teas. You'll learn about their own story and how they developed their family-owned business, teach attendees about herbs and tea blends, and share some stories along the way. Attendees will have the opportunity to enjoy a delicious cup of tea during the program.

- **Library Closed** for Staff Training, Monday, Jan. 16

CLASSIFIED ADS

FOR SALE: Hunter Ceiling Fan. Big League Sports Series (Baseball). Used but still works great. Daughter decided she did not want baseball ceiling fan anymore. \$25. Call 515-238-3198.

NON-RUNNING PUSH MOWERS: If anyone wants non-running mowers I have 5 of them. Call 515-238-3198. Located 4 Miles from Grimes.

BUNK BEDS FOR SALE: Nice bunk beds. Solid built. \$175. Call or text 515-238-3198 and I can send photos.

BICYCLES WANTED: Any condition is ok. For parts or repair. Will pick them up. Phone 515-238-3343.

WANTED: Non-working lawn mowers & tillers, mopeds, etc. Will pick them up. Phone 515-445-6023.

LOOKING TO BUY: Vinyl Records. Will pay cash for your 60s, 70s and 80s rock as well as jazz and blues. Please call Brian at 515-326-5033.

SEND IN YOUR FREE CLASSIFIED AD BY WEDNESDAY AT 10 A.M. TO BECKHAM@DMCITYVIEW.COM

LIST 50 WORDS OR LESS FOR FREE.

FLOORING SPECIALISTS

MENTION THIS AD FOR 10% OFF MATERIALS

Family-owned, local business operating since 1999.



THE FLOORING GUYS

VISIT OUR SHOWROOM AT 3296 NW PRAIRIE LANE, DES MOINES

515-508-0024 ★ www.theflooringguysdsm.com