

# RELIABLE AUTO BODY SERVICES

### **SINCE 1980**

Auto Collision Repair Services

**Auto Paint Services** 

**Auto Body Work** 

When your car must be repaired, the last thing you need is to be stranded for several days without transportation. We offer timely services that accommodate your schedule and we can arrange for a rental vehicle.

Contact us for timely services that keep you on the road.



555 W Hickman Rd, Waukee

Call today for a FREE ESTIMATE 515-987-1735



**42 YEARS OF SERVICE** 





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
New Year's Day	2	3	4	5	6	7
8	9	10	11	12	13	14
15	MARTIN LUTHER KING, JR. DAY	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

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Chocolates ♥ Jewelry
Swan Creek Candles
Gifts ♥ Home Decor



### WWW.ADELHM.COM

Newly improved with you in mind.

113 N 9th Street, Adel • 515-993-3644



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		LUNAR NEW YEAR	1	2	3	4
5	6	7	8	9	10	11
12	13	Valentine's Day	15	16	17	18
19	PRESIDENT'S DAY	21	Ash Wednesday	23	24	25
26	27	28				



Scouts will place a flag in your yard during 5 holidays:

Join more than 2,400 of your Adel neighbors by reserving your flag for 2023 at adellionsclub.org/

MORE THAN \$45,000 GIVEN BACK TO ADEL LAST YEAR!

For information on joining the Adel Lions Club, contact: Josh Shull at 515-577-5642 | adellionsclub.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
DAYLIGHT SAVINGS TIME BEGINS	13	14	15	16	St. Patrick's Day	18
19	FIRST DAY OF SPRING	21	22	23	24	25
26	27	28	29	30	31	

## ENROLL YOUR CHILD TODAY! PROFESSIONAL YOUTH ATHLETIC TRAINING

OFFERING TAILORED PROGRAMS FOR YOUTH BEGINNERS (5TH GRADE), MIDDLE SCHOOL, HIGH SCHOOL & COLLEGE ATHLETES. SAFE AND SUPERVISED TRAINING IN A STATE-OF-THE-ART FACILITY. TEACHING PROPER TECHNIQUES TO IMPROVE POWER, AGILITY, STRENGTH AND SPEED.

TRAINING THAT GIVES RESULTS





WWW.FOREVERSTRONGTRAININGCENTER.COM

CALL TODAY FOR A TOUR 515-490-7282 | 27871 FAIRGROUND ROAD, ADEL 🕕 🎯



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
Palm Sunday	3	4	Passover begins at sunset	6	GOOD FRIDAY	8
EASTER	10	11	12	13	14	15
16	17	18	19	20	21	EARTH DAY
23 30	24	25	26	27	28	29



### SHOP ANY DAY, ANY TIME

### PICKUP TOMORROW

You can shop 24/7 from any device and expect the same quality products, unmatched customer experience, and to-your-car service that Fareway is known for.







SHOP. PICK UP. GO.

SHOP.FAREWAY.COM





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
MOTHER'S DAY	15	16	17	18	19	20
21	22	23	24	25	26	27
28	20 MEMORIAL DAY	30	31			



Proudly serving Adel and the surrounding area for over 50 years
Family owned and operated for 3 generations

### **FARM - CONSTRUCTION - FLEET**

Fast and friendly fuel delivery • Competitive pricing • Kerosene available at pump • Gas and diesel – road use and off-road



CALL US FOR ALL OF YOUR BULK FUEL NEEDS AT 515-240-5812

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
11	12	13	FLAG DAY	15	16	17
FATHER'S DAY	JUNETEENTH	20	FIRST DAY OF SUMMER	22	23	24
25	26	27	28	29	30	

# 

m	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
202	New Mont's Day	2	3	4	5	6	7
JARY	8	9	10	11	12	13	14
JANUARY 2023	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	31				

m	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
202			SUMME NOW WEAK	1	2	3	4
JARY	5	6	7	8	9	10	11
FEBRUARY 2023	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28				

~	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
202				1	2	3	4
MARCH 2023	5	6	7	8	9	10	11
MA	12	13	14	15	16	St. Prosoci Dar	18
	19	20	21	22	23	24	25
	26	27	28	29	30	31	

m	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
202							1
<b>APRIL 2023</b>	2	3	4	5	6	Coco Facur	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	$\frac{23}{30}$	24	25	26	27	28	29
	9	10 17 24	11 18 25	12	13 20 27	14 21	22

m	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
202		1	2	3	4	5	6
MAY 2023	7	8	9	10	11	12	13
	14.	15	16	17	18	19	20
	21	22	23	24	25	26	27
	28	29	30	31			

m	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
202					1	2	3
JUNE 2023	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21 Fact Day or Scane	22	23	24
	25	26	27	28	29	30	

m	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	m	SL
202							1	202	
JULY 2023	2	3	A.	5	6	7	8	AUGUST 2023	
j	9	10	11	12	13	14	15	AUG	
	16	17	18	19	20	21	22		2
	23/ 30	24/ /31	25	26	27	28	29		2

m	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
202			1	2	3	4	5
<b>AUGUST 2023</b>	6	7	8	9	10	11	12
AUG	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30	31		

m	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
202						1	2
SEPTEMBER 2023	3	4	5	6	7	8	9
PTEN	10	Rosert Der	12	13	14	15	16
SE	17	18	19	20	21	22	23
	24	25	26	27	28	29	30

m	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
202	1	2	3	4	5	6	7
OCTOBER 2023	8	Consens Day	10	11	12	13	14
CTC	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	31				

$\sim$	SUNDAY	MUNDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
202				1	2	3	4
NOVEMBER 2023	Descript Source trade (mile)	6	7	8	9	10	11
OVEN	12	13	14	15	16	17	18
ž	19	20	21	22	23	24	25
	26	27	28	29	30		

က	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
202						1	2
DECEMBER 2023	3	4	5	6	Montane and an extension	8	9
ECEN	10	11	12	13	14	15	16
۵	17	18	19	20	21	22	23
	24/	25 German Day	26 Kanstan Milan	27	28	29	30



your needs!

Skid Steers & Attachments

- Mini Excavators
- Aerial Work Platforms
- Concrete Tools & Equipment
- Lawn and Garden Tools & Equipment
- Home Improvement **Tools & Equipment**
- And Much More!

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For a complete list of rental equipment: www.raccoonriverrental.com

Name	Date	Age



# 

Names	Date



### Full service animal hospital offering:

- Wellness Exams
- Vaccinations
- Dentistry
- Radiology
- Ultrasonography
- Canine Reproduction
- · Laboratory Diagnostics

- Surgical Procedures
- Dermatology
- Nutritional Counseling
- Weight Management
- Behavioral Counseling
- Micro-chipping
- On-site Pharmacy



**Dr. Jennifer Hoffelmeyer**Veterinarian/Owner

1126 Greene Street, Adel • (515) 993-3410l • www.animalhospitaladel.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	Independence Day	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/30	24 31	25	26	27	28	29



Not too big. Not too small. Raccoon Valley
Bank is just right for you with a helpful and
knowledgeable staff to assist you, a full range of
services to meet your financial needs,
the technology to make life easier, convenient
locations in your community and a commitment
to make those communities stronger every day.



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### GRIMES

1051 NE Gateway Drive 515-452-0812

#### **PERRY**

1202 2nd Street 515-465-3521



raccoonvalleybank.com

FDIC

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		









### **GOOD LUCK THIS SEASON, TIGERS!**



surrounding area since 2004!



Alicia Fisher, PT, DPT • Justin Scherff, PT, DPT • Jodi Hook, PT, MS • Mike Burggraaf, PT, DPT, LAT • Robin Forster, PT, DPT

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	LABOR DAY	5	6	7	8	9
GRANDPARENT'S DAY	PATRIOT DAY	12	13	14	ROSH HASHANAH BEGINS AT SUNSET	16
17	18	19	20	21	22	FIRST DAY OF AUTUMN
YOM KIPPUR BEGINS AT SUNSET	25	26	27	28	29	30



### YOUR FUTURE IS OUR FOCUS.

**INVESTMENT • LIFE & HEALTH • SERVICES** 

Our first priority is helping you take care of yourself and your family.

**CALL TODAY** to secure your future.



www.rsiowa.com

**515-215-7114**105 W Salem Avenue, Indianola



Andrei Murphy President

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	COLUMBUS DAY INDIGENOUS PEOPLES' DAY	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	B 1				



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
DAYLIGHT SAVINGS TIME ENDS	6	ELECTION DAY	8	9	10	Veterans Day
12	13	14	15	16	17	18
19	20	21	22	THANKSGIVING DAY	24	25
26	27	28	29	30		

Things are a bit different at Patrick's this year, but please know our Christmas spirit is still here.

We can still hear Lisa singing Christmas songs and the excessive snapping of Pat's tongs.

Between the hustle and bustle of all of my staff if you listen real closely you'll hear us all laugh.

Angie's still greeting Lonnie, Bill, Doug and Kenny right at 7 and you'll probably hear Hanna and Stu humming to the "Jingle Bell Rock" around 11.

Elisabeth and Pip are shouting "Hey Michael" because we're so busy, and watch out for Lydia, Madi, Katie, Ethan and Elle dancing to rockin' around the Christmas tree; it might make you dizzy.

Adam, Dean and Lucas are playing their own songs, but they won't be able to avoid the Christmas spirit for too long.

We are so thankful for our customers who come through the door everyday,

the first timers, the out-of-towners, the ones who stop to just say hey.

To each and every business here in our small town, for lending a hand during this year when things were down.

We appreciate you all from the bottom of our hearts, for each and every one of you right from the start.

Merry Christmas and thank you from Elisabeth and all of our staff for always keeping us full and never at half.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	Hanukkah begins at sunset	8	9
10	11	12	13	14	15	16
17	18	19	20	FIRST DAY OF WINTER	22	23
NEW YEAR'S EVE	CHRISTMAS DAY	26 Kwanzaa begins	27	28	29	30



### Your healthcare team... What a pharmacy should be.

"Great caring staff ready to help and make your experience extraordinary." - Michelle

"These people have ALWAYS gone the extra mile for me & my family! I HIGHLY recommend them!" - Nicole

"Absolutely wonderful pharmacy! Nice professional folks always willing to go the extra mile." - Robert

628 Nile Kinnick Drive South, Adel 515-993-1119 • sumpterpharmacy.com

Monday–Friday 9am–6pm Saturday 9am–1pm

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- Great Location
- Convenient Hours
- Free delivery
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- Immunization

