# THE URBANDALE CHAMBER OF COMMERCE CENTRAL IOWA'S BUSINESS CHAMBER<sup>M</sup>

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# CONNECTIONS EDUCATION



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# ..... **URBANDALE CHAMBER OF COMMERCE**

# Central Iowa's Business Chamber

# VALUES

## Excellence

We provide the highest guality programs and services, challenging ourselves to achieve stronger results for our members and community.

## Service

We are strongly committed to our mission and vision to serve our members and the community. Family

We respect and support each other in an environment that embraces a work-life balance.

## Connectedness

We are connectors, strategically connecting the business community, city and schools.

## Character

We conduct ourselves with character every day.

## Inclusion

Everyone is equal and welcome at the Urbandale Chamber, regardless of age, gender, race, religion, ethnicity or sexual orientation.

# WHY

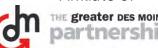
- We believe businesses of all sizes have a voice.
- We believe businesses thrive when connected to the right people, and we know the right people.
- We live our vision, mission and values every day.
- Serving and elevating members and the community drives us. It is our passion.
- We value a diverse community and embrace inclusion because we are stronger together.

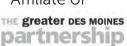
## There are six specific organizational pillars that drive the Chamber's Annual Program of work.

- Advocate for a strong Urbandale business climate for member businesses
- Create opportunities for business connectedness and member visibility
- Recruit, retain and strengthen a talented workforce needed for the future
- Deliver relevant and high-quality programming, services and information
- Live the Uniquely Urbandale brand and image
- Operate with excellence
- Foster a culture of respect interwoven throughout all we do

# MISSION: Serve, Protect & Promote our Members









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# **CHAMBER LEADERSHIP-OUR BOARD OF DIRECTORS**



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### **URBANDALE CHAMBER OF COMMERCE 2830 100TH STREET SUITE #110 URBANDALE, IA 50322** P 515-331-6855 / F 515-331-2987 INFO@URBANDALECHAMBER.COM

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# WHY URBANDALE CHAMBER?



We believe businesses of all sizes have a voice.



We believe businesses thrive when connected to the right people, and we know the right people.



We live our values; we serve, protect, and promote our members. Serving and elevating

members and the community drives us. It is our passion.



We value a diverse community and embrace inclusion because we are stronger together.

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# 2022 URBANDALE CHAMBER OF COMMERCE INVESTORS

# CHAIRMAN'S CIRCLE INVESTOR

# **COMMUNITY PARTNER**



ATW Training Solutions Bob Brown Chevrolet Buenzow Insurance Group Compressor Controls Corporation CST Holding Company, LLC Guardian Real Estate Group Homemakers Furniture Integrative Family Medicine Iowa Bankers Association John Deere Intelligent Solutions Group Kwik Star McCoy Roofing, LLC Mercer MidAmerican Energy Company Oasis, a Paychex® Company Pepsi Beverages Company Quality Manufacturing Corporation Stivers Ford Lincoln University of Iowa Health Care Urbandale Community School District

# NOT A MEMBER OF THE URBANDALE CHAMBER YET?

# We would love to have you!

The Urbandale Chamber of Commerce is a membership-based business organization designed to serve, protect and promote its members and the community. Membership in the Chamber is not bound by community boundaries, even though Urbandale is in our name! We know business doesn't stop at our community boundary, so membership shouldn't either. As one of the largest Chambers in the metro, the Urbandale Chamber is large in size but has a strong community culture where everyone feels welcome.

# What does a Chamber do?



# The Urbandale Chamber focuses on five pillars

CONNECTIONS
 EDUCATION
 EDUCATION
 MARKETING
 MARKETING
 ADVOCACY
 SWORKFORCE

A Chamber of Commerce has a strong focus on strengthening connections because people do business with those they know, like and trust. We provide a plethora of opportunities to get to know others and strengthen connections. In addition, we should be life-long learners because so much can change in the blink of an eye. If a business isn't keeping up, it can fall behind. The Chamber provides access to a number of educational opportunities for personal and professional development. Marketing is a fantastic benefit offered, and many of our benefits operate 24/7. We have strong SEO built into our database, which helps all members climb in Google rankings. In addition, all new members receive a 30-second radio commercial custom-recorded by Cumulus Radio and aired over two consecutive weekends. This is a great way for new members to introduce themselves to the community, advertise open positions or maybe an event. Workforce is an area the Chamber focuses on to help members find quality employees. We do this through free job postings pushed out on our website and social media, free resume distribution for resumes sent to us and through our youth job and apprenticeship fair and our KEY in Des Moines program designed to Keep Educated Youth in Des Moines.

If you are interested in learning more, contact the Urbandale Chamber office at **515-331-6855** or visit us online at **www.uniquelyurbandale.com.** 



HOSTED BY: THE URBANDALE CHAMBER OF COMMERCE

# WWW.CENTRALIOWABUSINESSCONFERENCE.COM

MAY 24, 2022 Prairie Meadows Event Center • 8:00AM

# **Our Speakers**



# Justin Patton

Justin's high-energy style will keep you engaged and his message will challenge you to communicate and lead more effectively in every part of your life.



# Jack Stack

As a pioneer of a model called open-book management, Jack Stack has been called one of the 'Top 10 Minds in Small Business' by Fortune Magazine.



# Henry Winkler

Through humorous anecdotes and inspirational life lessons about overcoming adversity, groups of all ages can learn from Henry's speeches. Join us for cutting-edge topics, and fantastic opportunities to connect with other leaders from across Central Iowa.

## Why Attend



Surround yourself with and meet like-minded business professionals.



Participate in a mixedagenda format conducive to connecting, creating, learning, and sharing.

Listen to experienced leaders share their successes and struggles.

# CENTRAL IOWA

# **Our Mission**

This Conference is the premier event for CEOs and executive teams, managers, business owners, investors, community leaders, and entrepreneurs to attend and experience a full day of inspiration and education to take your business and personal success to a new level.

The conference boasts top-level speakers, cutting-edge topics, and fantastic opportunities to connect with other leaders from across Central Iowa.

This conference brings together the brightest minds across multiple disciplines for an inspiring and meaningful experience.

WWW.CENTRALIOWABUSINESSCONFERENCE.COM

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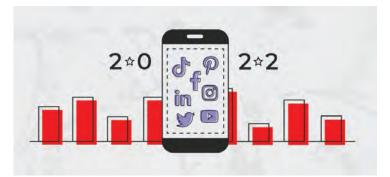
# Top 5 social media trends of 2022 for small businesses

By Joie Probst | Digital Marketing Strategist

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In the two years since the onset of the pandemic, the use of social media has soared. Total social media users increased by almost 10% in 2021, hitting 4.55 billion people worldwide. As most of us continue to live a large chunk of our lives through screens, brands are taking note and shifting the way they promote themselves on these networks.

Whatever the industry or audience, businesses of all sizes can benefit from leveraging this growth to connect with their customers and improve their digital footprint. But social media moves fast. Keeping up with the latest trends and updates can be exhausting. Although we can never be certain what the next year will hold, we've put together a list of larger social media trends we are watching to serve as a guide as you build your 2022 strategy.



# **1**. Short-form video reigns supreme

If the exponential rise of TikTok during the pandemic wasn't enough, just pop open any social app today and you'll see the impact video content has. With Meta (Facebook/Instagram's parent company) announcing "unprecedented competition" and prioritizing their version of short-form videos called Reels, it's time to face the facts — videos are here to stay.

Around 50% of people say they prefer video over other types of content, yet it only makes up 14% of the content on Facebook and 11% on Instagram. This creates a massive opportunity for brands to grow their video presence in 2022.

#### How can I use video for my small business?

Video is all about telling your story and building trust with your audience. Start by introducing who you are and what you do. Give a behind-the-scenes look at the day-to-day of your operations. Introduce your team or create educational content to engage potential customers. Try incorporating popular songs or sounds as it will increase your reach and likelihood to show up organically. Make sure to add closed captioning to all your videos for accessibility and to further engagement from those who don't keep their volume up!

The key is to use video strategically, as creating content can be a full-time job! Our tip: repurpose old videos, stories, or images to create new, engaging content without having to start from scratch.

# 2. More paid social advertising

More than 40% of respondents of Hootsuite's Social Trend survey indicated that the decline in organic reach and the need to spend more on paid advertising were their biggest challenges in 2022. Paid social advertising is one of the best ways for small businesses to break through the algorithm and directly target their ideal customers. Whether you are looking to increase engagement on your posts, create brand awareness, generate leads, or drive traffic to your website, paid social ads can help you stand out from the crowd.

But a one-size-fits-all approach won't work. Consumers are getting smarter when it comes to ads, and they don't want their experience to feel inauthentic as they are scrolling through their feeds. To be effective, marketers and businesses will need to work to create ads that are unique to each platform they are on. For example, what works on TikTok probably won't work on Facebook or LinkedIn. This is where getting creative and thinking outside the box will serve you well. Get clear on who your intended audience is and what platform they use. Create content that feels organic to that platform, then target them via paid social ads. Make sure to test and refine your ads to get the most out of your budget!



Webspec Design was founded in 2001 with a focus on service and quality. Jeremiah Terhark, our owner, began Webspec Design on his own as a young entrepreneur and has grown the company to a team of 30 employees located in Urbandale. The Webspec team works with businesses around Des Moines and throughout Iowa and has been named "Best Web Developer" in Des Moines five times. Webspec currently has 200 active clients that include small businesses and nonprofit organizations as well as larger clients, like Samsung and the State of Iowa.

# 3. Continued e-commerce growth

Out of sheer necessity during lockdown, many businesses both big and small were forced to pivot to creating online storefronts. Although people are beginning to shop in person again, this move to e-commerce shows no signs of slowing down.

As platforms like Facebook and Instagram prioritize online shopping, they've made adding storefronts to your business' profile easy through Commerce Manager. Here you can easily upload and keep track of your products manually, through a data feed/ spreadsheet, or use a Facebook pixel to import items from your website or Shopify account. You can then decide whether you want customers to be directed to your site to complete the purchase or checkout through the app.

Although Facebook and Instagram still rank as the most effective platforms for e-commerce, in 2022, expect to see Snapchat, Pinterest, and TikTok start pushing more shopping functionality. You may want to consider adding your products to these platforms, especially for businesses targeting those under 30 years old.

## 4. Push to improve customer service

More shopping online means more reviews and customer interactions via social networks. According to Hootsuite's Social Trend Survey, nearly 60% of marketers say social customer care has increased in value for their organization over the past year. Customers are learning that response time via messaging on social media or leaving a review will sometimes elicit a faster response. Businesses that respond promptly and personally can help build trustworthy relationships with customers. However, it can turn ugly if public complaints aren't taken seriously or aren't dealt with in a timely manner. Stay on top of customer messages, reviews, and comments by organizing a streamlined plan so you aren't overwhelmed by inquiries.

## 5. Rise of (micro)influencer marketing

In 2022, influencer marketing isn't just for massive brands and celebrities. Small businesses can work with local or microinfluencers to promote their services and products. Often this small-scale approach has better results as these influencers generally serve a more niche and engaged audience. Partner with influencers to create organic-looking content on platforms like Instagram, Facebook, or TikTok. This can combat ads feeling fake and can reach new audiences that traditional social advertising might not.

Consider leveraging your employees as "influencers" for your brand; after all, they are your most trusted ambassadors. Encouraging employees to share their authentic experiences with your company or brand to their unique networks can be extremely beneficial. This can be especially helpful on platforms like LinkedIn to help recruit new employees or show off your company culture.

# HOW TO CAPITALIZE ON SOCIAL TRENDS OF 2022

The beauty of social media is its customizability. What is successful for one brand might not work for another. In order to capitalize and stay ahead of your competition, you'll want to ask yourself, how can these trends help me reach my business goals?

# Quality over quantity

Long gone are the days of needing to post 3-5 times a day on each platform to stay relevant. Sometimes less really is better. Creating never-ending streams of "meh" content is a waste of your and your followers' time. Getting clear which platforms are worth your energy and can help you meet your business goals is imperative.

You'll also want to invest in high-quality photos, graphics, and videos that help you stand out from other lackluster brands. This content can then be tweaked and refurbished across many different platforms to save you time. But be mindful of your audience's attention span (or lack thereof). As often as you can, deliver your content in shorter, more "snackable" pieces to not overload them in an already info-packed world.

# Try something new

Part of the fun with social media is the short life cycle of posts, trends, and even platforms! Don't be afraid to step out of your comfort zone and jump on a trend or experiment with what you share. Try adding a short-form video with trending sounds to Facebook or Instagram or posting a quiz or poll to LinkedIn. Nobody knows your customers better than you — see what they respond to and run with it!

# Let Webspec's digital marketing team help strategize

Nobody expects you to run your small business AND keep up with every new social media trend. Leave that to the experts. From social media audits and paid advertising to content creation and management, Webspec's digital marketing experts will help strategize a unique marketing plan that fits your business' audience and goals. Connect with our team to get started today!

# Four ways to maximize your networking



The Urbandale Chamber has a wide variety of fantastic networking events, but, with so many great opportunities, it's not just about attending the networking events, but also what you do after each event, that will help your business. With a proper approach, networking can be a systematized way to expand your network in a healthy way.

You may know how to network, meet people, and start great conversations, but what do you do with all those business cards after a networking event? In order to optimize your results, follow these four rules for networking success!

Before you leave the event, take notes on the back of each business card you received in order to track the conversations you had and note the truly memorable individuals you met. 2.

When you get back to the office, connect with the people you met on LinkedIn. Send a message reminding them of your conversation at the event.

# genYP

**3** Before the end of the week, send an email out to the individuals ve

an email out to the individuals you felt were memorable and follow up about the conversation you had and the items that made them stand out to you.

# 4.

Ask someone out for coffee! Choose the most memorable individuals you met and offer to meet them for a coffee chat to get to know them better and expand on your conversation. Be cautious that you're not too pushy or sending them a sales pitch during this time. Remember, people work with people they know, like and trust, so be helpful and likable during the first stages of relationship development.

These four things will help you grow your network and get your name — and your business name — out into the community!

# 2021 BUSINESS OF THE YEAR Express Logistics

In October 2020, Express Logistics remodeled 22,000 square feet of commercial space using many local vendors to move to Urbandale. They are listed on the Inc. 5000 list for 2021 of the fastest growing private companies in America. This is the fifth time making the list and the only Urbandale company to make the list in 2021. Company culture is one of Express Logistics' top priorities and has earned the company the Top Workplace of Iowa award for seven consecutive years. Part of that culture is the priority of giving back. They celebrate their employees often by catering breakfast or lunch from Urbandale area, locally owned restaurants. The culture of giving



expands into area nonprofits they support as well such as Meals from the Heartland, Urbandale Food Pantry, UCAN, Grimes Giving Tree and high school and college students through their internship program.

# **2021 CITIZEN OF THE YEAR** Richard (Dick) Christian

Dick Christian has quietly helped hundreds of people behind the scenes for a number of years. He never seeks recognition for any of his good deeds. In fact, most of the time he specifically asks he not receive any recognition.

Dick, the former



owner of Christian Photo in Urbandale, is actively involved in Kiwanis, Masons, and Shriners. He has served on the Planning and Zoning Commission for the City of Des Moines and has been a long-time active member of the Urbandale Chamber of Commerce.

# 2021 CONNECTOR OF THE YEAR Sandee Cook

The Connectors is the organization's welcoming arm. These volunteers assist in connecting members to one another and help new members learn about all of the benefits of being an Urbandale Chamber member. This group is instrumental in the success of the Chamber. Each year, a Connector who went above and beyond to create connections and assist with the success of the Chamber is selected. This year's award was given to long-time Urbandale resident and Connector Sandee Cook, Career Search Associates. Sandee has been a head hunter since 2015 and loves every moment. Previous to her career



with Career Search Associates, she has 25+ years of human resources management experience. Sandee is a great resource for the Urbandale Chamber, and we are so thankful for her.

# TWO HALL OF FAME RECIPIENTS NAMEDMiriam ClineIyleen

Miriam passed away in 2015 at the age of 94. She worked as a Director of Christian Education for 20 years. As a citizen of Urbandale, she became city hostess for the Urbandale Women's Club and called on newcomers to the community. She served on the City Council for 12 years. Accepting for Miriam was her daughter, Jeanne White.



Congratulations to Miriam Cline and Iyleen Lemon, the Urbandale Chamber's Hall of Fame Recipients for 2021.

# Iyleen Lemon

Iyleen Lemon has been a resident of Urbandale for 66 years. For 40 of those years, she volunteered her time to make Urbandale a better place to live. In 1959, she became the first woman to be elected to the Urbandale City Council. Her dedication didn't end there. She also worked with a committee to plan the first Urbandale Library. She was named to the very first library board and spent 12 years serving there.







The Central Iowa Shop Where I Live platform is a local online marketplace that is hyper-focused on selling the products & services of Central Iowa area businesses.

The platform is FREE to chamber members, and is easy to set up and receive online sales through the platform.



Online sales exposure to locallyminded consumers



Selling support from a live team assisting with your shop, products, and orders



Sync Shopify web stores to allow products to import and sync inventory



Diversity of sales channels to increase overall sales



Benefit from 'marketplace effect' with shared promotion from multiple local businesses & partners



Qualifying shops\* can sync products and inventory into the statewide Shop Iowa platform



Allow customers to choose local pickup, delivery, or shipping



Sell products, services, events, virtual or customizable products through the site



Scan here to register your business on Central Iowa Shop Where I Live

\*Qualifying businesses that register on the Central Iowa platform can have their products automatically sync into the statewide Shop Iowa platform, helping you gain exposure through two marketplaces with the ease of one! Businesses must meet <u>current criteria</u> of the Shop Iowa platform.

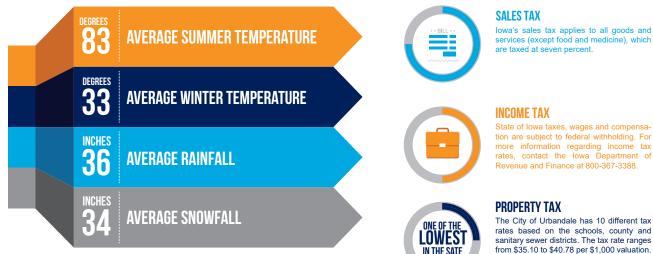


# Learn More:

centraliowa.shopwhereilive.com or reach out to the <u>Urbandale Chamber</u> about membership

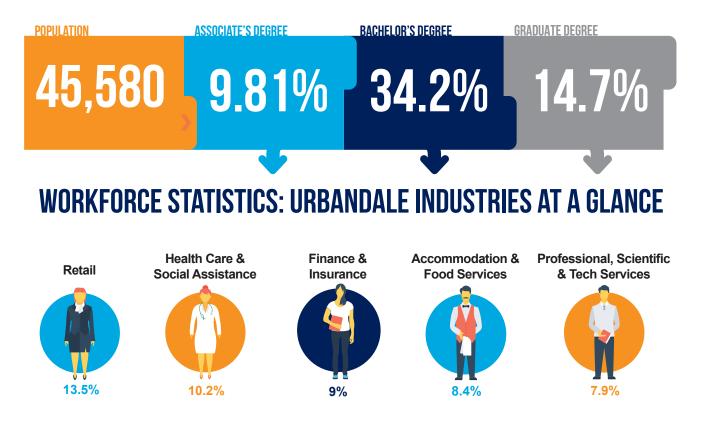


# **URBANDALE, IOWA AT A GLANCE**



#### ZIP CODES: 50322 50323 50131

from \$35.10 to \$40.78 per \$1,000 valuation. Urbandale continues to maintain one of the lowest city tax rates in lowa with a population of 15,000 or more.



**17.244 HOUSING UNITS** 

78% OWNER-OCCUPIED HOUSING UNITS

**\$93.167 MEDIAN HOUSEHOLD INCOME** 

\$

# **2022 URBANDALE CHAMBER OF COMMERCE BUSINESS EVENTS**

## **APRIL**

- 1 No-Foolin' genYP Social at The Beerhouse
- 5 Maximize Your Membership

- 6 MOXIE Business Owner Roundtable
- 7 B.A.S.H. | Where Members Meet, Hosted by HW CBD
- 8 genYP Contacts & Contracts, Presented by Midland Credit Union
- 13 Contacts & Contracts Wednesday AM Group, Presented by Jon Smith - Iowa Realty
- 14 genYPM, Hosted by Midland Credit Union
- 20 IMPACT Breakfast
- 21 Urbandale Youth Job & Apprenticeship Fair
- 25 Contacts & Contracts Monday Group, Presented by Edward Jones | Todd Johnson
- 26 AM Exchange, Presented by Allegra Marketing Print Mail
- 27 Contacts & Contracts Wednesday PM Group, Presented by Mark Courter State Farm Insurance
- 28 Contacts & Contracts Thursday Group, Presented by Buenzow Insurance Group
- 28 genYP CEO Panel
- 30 April Talk with Officials, Presented by Jon Smith with Iowa Realty

## MAY

- 3 Maximize Your Membership
- 4 CIBC Academy Strength's Discovery with Angela Ihry, Presented by Trixies Salon & Spa
- 4 MOXIE Business Owner Roundtable
- 10 genYP Branding Yourself as a Professional, How YPs Succeed at Money, Presented by Midland Credit Union
- 11 Contacts & Contracts Wednesday AM Group, Presented by Jon Smith - Iowa Realty
- 11 Key in Des Moines
- 12 genYPM, Hosted by Sara Velander Country Financial
- 13 genYP Contacts & Contracts, Presented by Midland Credit Union
- 23 Contacts & Contracts Monday Group, Presented by Edward Jones | Todd Johnson
- 24 Central Iowa Business Conference
- 25 Contacts & Contracts Wednesday PM Group, Presented by Mark Courter State Farm Insurance
- 26 Contacts & Contracts Thursday Group, Presented by Buenzow Insurance Group
- 31 AM Exchange, Presented by Allegra Marketing Print Mail

## JUNE

- 1 MOXIE Business Owner Roundtable
- 2 B.A.S.H. | Where Members Meet, Hosted by Edencrest at Beaverdale
- 7 Maximize Your Membership
- 8 Contacts & Contracts Wednesday AM Group, Presented by Jon Smith - Iowa Realty
- 9 genYPM, Hosted by Country Financial Danny Mielneczek Agency
- 10 genYP Contacts & Contracts, Presented by Midland Credit Union
- 15 CIBC Academy, Communicating like a Leader with Norm Boaz, Presented by Trixies Salon & Spa
- 21 Urbandale Chamber of Commerce 60th Anniversary Party
- 27 Contacts & Contracts Monday Group, Presented by Edward Jones | Todd Johnson
- 28 AM Exchange, Presented by Allegra Marketing Print Mail
- 29 Contacts & Contracts Wednesday PM Group, Presented by Mark Courter State Farm Insurance
- 30 Contacts & Contracts Thursday Group, Presented by Buenzow Insurance Group

## JULY

- 5 Maximize Your Membership
- 6 MOXIE Business Owner Roundtable
- 8 genYP Contacts & Contracts, Presented by Midland Credit Union
- 13 Contacts & Contracts Wednesday AM Group, Presented by Jon Smith - Iowa Realty
- 14 genYPM, Hosted by Showplace Cabinetry Design Center
- 15 Communicating Like a Leader | Branding Yourself as a Professional, Presented by Midland Credit Union
- 20 IMPACT Breakfast
- 25 Contacts & Contracts Monday Group, Presented by Edward Jones | Todd Johnson
- 26 AM Exchange, Presented by Allegra Marketing Print Mail
- 27 Contacts & Contracts Wednesday PM Group, Presented by Mark Courter State Farm Insurance
- 28 Contacts & Contracts Thursday Group, Presented by Buenzow Insurance Group
- 28 genYP Branding Yourself as a Professional, Communicating Like a Leader, Presented by Midland Credit Union

# AUGUST

- 2 Maximize Your Membership
- 3 MOXIE Business Owner Roundtable
- 4 B.A.S.H. | Where Members Meet, Hosted by Ted's Body Shop/R&B Auto Glass
- 10 Contacts & Contracts Wednesday AM Group, Presented by Jon Smith - Iowa Realty



### **AUGUST**

- 11 genYPM, Hosted by Webspec Design
- 12 genYP Contacts & Contracts, Presented by Midland Credit Union
- 17 CIBC Academy The Art of Negotiation with Jennifer Simpson, Presented by Trixies Salon & Spa
- 25 Contacts & Contracts Thursday Group, Presented by Buenzow Insurance Group
- 25 West Metro Golf Tournament
- 29 Contacts & Contracts Monday Group, Presented by Edward Jones | Todd Johnson
- 30 AM Exchange, Presented by Allegra Marketing Print Mail
- 31 Contacts & Contracts Wednesday PM Group, Presented by Mark Courter State Farm Insurance

## **SEPTEMBER**

- 6 Maximize Your Membership
- 7 MOXIE Business Owner Roundtable
- 8 B.A.S.H. | Where Members Meet, Hosted by Clear Mortgage
- 9 genYP Contacts & Contracts, Presented by Midland Credit Union
- 14 Contacts & Contracts Wednesday AM Group, Presented by Jon Smith - Iowa Realty
- 14 KEY In Des Moines
- 15 genYPM Hosted by Urbandale Eye Care
- 21 IMPACT Breakfast, Sponsored by Webspec
- 22 genYPM Social
- 26 Contacts & Contracts Monday Group, Presented by Edward Jones | Todd Johnson
- 27 AM Exchange, Presented by Allegra Marketing Print Mail
- 28 Contacts & Contracts Wednesday PM Group, Presented by Mark Courter State Farm Insurance
- 29 genYP Branding Yourself as a Professional, Mastering Your Beliefs, Shifting to a Growth Mindset, Presented by Midland Credit Union
- 29 Contacts & Contracts Thursday Group, Presented by Buenzow Insurance Group

## **OCTOBER**

- 4 Maximize Your Membership
- 5 MOXIE Business Owner Roundtable
- 12 Contacts & Contracts Wednesday AM Group, Presented by Jon Smith - Iowa Realty
- 13 Candidate Forum
- 13 genYPM, Hosted by Two Rivers Bank and Trust
- 14 genYP Contacts & Contracts, Presented by Midland Credit Union
- 19 CIBC Academy XYZ: Leading Across the Generational Divides with Dr. Bill Withers, Presented by Trixies Salon & Spa
- 20 Regional Morning Networking Event
- 25 AM Exchange, Presented by Allegra Marketing Print Mail
- 26 Contacts & Contracts Wednesday PM Group, Presented by Mark Courter State Farm Insurance
- 27 Contacts & Contracts Thursday Group, Presented by Buenzow Insurance Group
- 31 Contacts & Contracts Monday Group, Presented by Edward Jones | Todd Johnson

## **NOVEMBER**

- 1 Maximize Your Membership
- 2 MOXIE Business Owner Roundtable
- 3 genYPM, Hosted by the Urbandale Library
- 9 Contacts & Contracts Wednesday AM Group, Presented by Jon Smith - Iowa Realty
- 9 KEY In Des Moines
- 10 Sample Urbandale, A Celebration of Business
- 11 genYP Contacts & Contracts, Presented by Midland Credit Union
- 16 IMPACT Breakfast
- 17 Contacts & Contracts Thursday Group, Presented by Buenzow Insurance Group
- 28 Contacts & Contracts Monday Group, Presented by Edward Jones | Todd Johnson
- 29 AM Exchange, Presented by Allegra Marketing Print Mail
- 30 Contacts & Contracts Wednesday PM Group, Presented by Mark Courter State Farm Insurance

# **2022 URBANDALE CHAMBER OF COMMERCE BUSINESS EVENTS**

## DECEMBER

- 1 B.A.S.H. | Where Members Meet, Hosted by Two Rivers Bank
- 3 Pajama Poker Run, Presented by Royale Flush Gaming & 2nd Chance Liquidation
- 6 Maximize Your Membership

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- 7 MOXIE Business Owner Roundtable
- 8 genYPM, Hosted by Core Physical Therapy
- 9 genYP Contacts & Contracts, Presented by Midland Credit Union
- 12 genYP Wrapping Party
- 14 Contacts & Contracts Wednesday AM Group, Presented by Jon Smith - Iowa Realty
- 16 gen YP Branding Yourself as a Professional, Goal Setting, Presented by Midland Credit Union
- 21 CIBC Academy, Time Management in 5 Steps with Lori VandeKrol, Presented by Trixies Salon & Spa
- 26 Contacts & Contracts Monday Group, Presented by Edward Jones | Todd Johnson



- 27 AM Exchange, Presented by Allegra Marketing Print Mail
- 28 Contacts & Contracts Wednesday PM Group, Presented by Mark Courter State Farm Insurance
- 29 Contacts & Contracts Thursday Group, Presented by Buenzow Insurance Group

# discover & explore

## DEPARTING September 13, 2022

For more information, please contact Tiffany Menke at (515) 331-6855 x6251



## WITH THE URBANDALE CHAMBER OF COMMERCE



# HIGHLIGHTS:

- Round trip scheduled airfare
- Round trip transfers
  between airports and hotels
- Personal airport VIP greeting and check-in service
- Pre-departure orientation and travel documents
- 6 nights at the first class Savoy Hotel (or similar)
- 1 dinner at the Savoy Hotel
- Breakfast provided each morning
- Discovery Program Guide
- Cliffs of Moher
- Rock of Cashel
- Kilkenny Castle
- Excursion to Dingle Peninsula
- Excursion to Galway

# **ADVOCATE FOR BUSINESS**

The Urbandale Chamber of Commerce engages in advocacy at the local, state and federal level. Our role is to educate and advocate on issues impacting the business community. We are affiliates of the Greater Des Moines Partnership and participate in policy discussions. The Partnership's Government Policy Council develops priorities every year and works to gain support for those priorities from our state legislators and governor. Throughout the session, the GPC hosts monthly briefings at the Statehouse to keep members up to date on the progress of our legislative priorities.

At the local level, the Chamber's Board of Directors attend City Council meetings to keep abreast on City issues impacting the business community. The Chamber works with the City to ensure Urbandale remains a great place to do business.



# **Advocacy Events**

Annual Trip to Washington, D.C. May 11-13, 2022

Candidate Forum Oct. 13, 2022

- **Joint Legislative Luncheon** Nov. 16, 2022
- **Opening Night Legislative Reception** January 2023
- Talk with Officials Open to the Public March 26, 2022 April 30, 2022 Jan. 28, 2023 Feb. 25, 2023

# **ELECTED OFFICIALS Urbandale City Council Members**



Mayor Robert Andeweg



Adam Obrecht



Bridget Carberry Montgomery



Amy Croll



Matt Blake



Larry McBurney

City of Urbandale | (515) 278-3900 | www.urbandale.org | 3600 86th St., Urbandale, IA 50322

# State and County Representatives



Senator Brad Zaun brad.zaun@legis.iowa.gov



Representative John Forbes john.forbes@legis.iowa.gov



Supervisor Robert Brownell robert.brownell@polkcountyiowa.gov eddie.andrews@legis.iowa.gov carter.nordman@legis.iowa.gov jake.chapman@legis.iowa.gov



Representative **Eddie Andrews** 



Representative Carter Nordman



Senator Jake Chapman

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# **ALPHABETICAL LIST OF CHAMBER MEMBERS**

Business Member • Gold Level • Platinum Level • Elite Level • Trustee Level • Community Partner • Chairman's Circle Investor

#### 100th Street Corner Cafe

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Restaurants Jacki Cotter 3017 100th St. Urbandale, IA 50322 (515) 331-2343 www.100thstcornercafe.com

#### **2nd Chance Liquidation**

Retail-Shops-Stores/Gift Items Rebecca Van Dorpe 2679 100th St. Urbandale, IA 50322 (515) 782-0307 www.facebook.com/ 2ndChanceLiquidation/

# 3E (Electrical Engineering & Equipment Co.)

Distributors/Electrical Steve VanBrocklin 953 73rd St. Windsor Heights, IA 50312 (515) 273-0100 www.3e-co.com

#### 72 Degrees Comfort Company

Contractors/Heating-Cooling Kendel Richlen 811 SW Ordnance Rd. Ankeny, IA 50023 (515) 965-7272 www.72degrees.com

#### 900 Views LLC

Business Services/Consultants Patricia Boddy (515) 669-1099

#### A King's Throne, LLC

Environmental/Mobile Toilets Rich Stricklett 2701 6th Ave. Des Moines, IA 50313 (515) 288-5464 www.akingsthrone.com

#### A Tech Inc. / Easy Living Store

Security-Safety/Systems Mark Bishop 10401 Hickman Rd. Urbandale, IA 50322-3727 (515) 276-5040 www.atechels.com

#### Abendroth Russell Barnett Law Firm Legal Services/Attorneys

Ross Barnett 2560 73rd St. Urbandale, IA 50322 (515) 278-0623 www.abendrothandrussell.com

#### **Absolute Auto Repair**

Automotive/Service Travis White 8305 Hickman Rd. Urbandale, IA 50322 (515) 276-0137 http://autorepairurbandale.com

#### Abundant Health

Wellness/Therapeutic Massage Sharon Yin 1287 University Ave., Ste. 180 Clive, IA 50325 (515) 499-0099 www.abundanthealthdsm.com

#### Academy Trophies & Awards

Awards/Trophies & Plaques Jim Eaton 3101 104th St., Ste. 6 Urbandale, IA 50322-3884 (515) 270-2704

Audi Des Moines

#### Accelerate ActionCOACH Business Coaching

Business Coaching Business Services/Coaching Greg Thompson 2965 100th St. Urbandale, IA 50322 (515) 988-0743 www.accelerateactioncoach.com

#### A-D Distributing Co, Inc.

Distributors/Flags & Flagpoles Jane Carberry 612 E. Grand Ave. Des Moines, IA 50309 (515) 288-3365 www.adflags.com

#### **Adamantine Spine Moving**

Moving/Services Emily Wallace (515) 207-2727 www.spinemoving.com

#### **Adel Acres**

Health Care/Assisted Living Grace Kelly 1919 Greene St. Adel, IA 50003 (515) 993-4511 https://mgmhealthcare.com/facility/ adel-acres/



Acura of Johnston

ACURA

Acura of Johnston Automotive/Dealers Melissa Nalley 5138 Merle Hay Rd. Johnston, IA 50131 (515) 446-3581 www.acuraofJohnston.com

Audi Des Moines Automotive/Dealers Brent Schettler 5190 Merle Hay Rd. Johnston, IA 50131 (515) 251-5400 www.audiofdesmoines.com

## Lithia Volkswagen of Des Moines Automotive/Dealers 5200 Merle Hay Rd. Johnston, IA 50131

(515) 253-0333 www.volkswagenofdesmoines.com

Lithia VW of Des Moines is a customer-focused auto dealership specializing in sales, service and parts for new Volkswagen and a multitude of pre-owned car/trucks and SUVs.

#### ADi Group

Printing/Printers Heather Haley 4049 120th St. Urbandale, IA 50323 (515) 254-0080 www.theadigroup.net

#### **ADIO Chiropractic**

Health Care/Chiropractors Sawyer Anderson 2925 Ingersoll Ave., Ste. 2 Des Moines, IA 50312 (515) 255-3021 www.adiochiropracticclinic.com

#### **AE Outdoor Power**

Retail-Shops-Stores/Outdoor Equipment Wyatt Jans 4063 121st St. Urbandale, IA 50323 (515) 214-2130 https://aeoutdoorpower.com

#### Agape Wellness Center

Wellness/Therapeutic Massage Della Shelgren 3015 Merle Hay Rd., Ste. 1B Des Moines, IA 50310 (515) 278-6007 www.agapetm.com

#### Air Free Duct Cleaning

Cleaning-Maintenance/Ductwork B.J. Windhorst 10301 Dennis Dr. Urbandale, IA 50322 (515) 986-3424 www.airfreeductcleaning.com

#### Allegra Marketing, Print, Mail, Signs

Marketing/Services Kevin McGuire 4400 NW Urbandale Dr. Urbandale, IA 50322 (515) 645-6060 www.allegradsm.com

#### Allender Butzke Engineers Inc.

Professional-Design Services/Engineers Matt Drummond 3660 109th St. Urbandale, IA 50322 (515) 238-3970 www.abengineers.com



#### Allstate Insurance - Tony Griffin

Insurance-Finance/Agents Tony Griffin 2955 100th St. Urbandale, IA 50322 (515) 259-1186 http://agents.allstate.com/matt-raineyurbandale-ia.html

#### American Family Insurance -Bannister & Associates

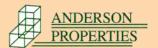
Insurance-Finance/Agents Emily Bannister 15920 Hickman Rd., Ste. 500 Clive, IA 50325 (515) 978-6600 www.amfam.com/agents/iowa/clive/ emily-bannister

#### American Republic Insurance Services

Insurance-Finance/Agents Alan Hansen 950 Office Park Rd., Ste. 114 West Des Moines, IA 50265 (515) 223-5447 www.aris-secure.com/alanhansen

#### **Amish Haus Furniture**

Retail-Shops-Stores/Furniture Tim Clark 3201 100th St. Urbandale, IA 50322-3882 (515) 270-1133 www.amishhausfurniture.com



Anderson Properties Real Estate/Commercial Mark Anderson 3041 Justin Dr. Urbandale, IA 50322-3802 (515) 270-6104 www.theandersoncompanies.com

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#### Andeweg, Robert

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Entertainment-Recreation/Performing Arts Andrew Hoyt https://andrewhoytmusic.com

#### Angels Care Home Health

Health Care/Home Janean Powell 7020 Douglas Ave., Ste. J Urbandale, IA 50322 (515) 252-2847 www.angelscarehealth.com

#### Angie Taylor, Independent Sales Director with Mary Kay Skin Care and Cosmetics

Health & Beauty/Consultants Angie Taylor (641) 840-0685 www.marykay.com/angiebtaylor

#### Ankeny Sanitation

Environmental/Waste Management Michelle Bowden 7002 SE Delaware Ave. Ankeny, IA 50021 (515) 422-6674 www.ankenysanitation.com

#### Ann M. Hartz, CPA & Associates

Finance/Accountants Ann Hartz 7109 Hickman Rd. West Des Moines, IA 50265 (515) 259-7779 https://cpadesmoines.com

#### Anytime Fitness

Wellness/Fitness Wade Thompson 8405 Hickman Rd. Urbandale, IA 50322 (515) 331-3600 www.AnytimeFitness.com

#### **AO Wealth Advisory**

Finance/Investments Adam Obrecht 2570 106th St., Ste. A Urbandale, IA 50322 (515) 224-7849 www.aowealthadvisory.com

#### **AP Brokerage**, LLC

Real Estate/Commercial R. Kim Dreher 3041 Justin Dr. Urbandale, IA 50322 (515) 270-6104 www.theandersoncompanies.com

#### Apple Roofing LLC

Contractors/Roofing-Gutters David Kluender 3934 NW Urbandale Ave. Urbandale, IA 50322 (515) 689-5024 www.appleroofingllc.com

#### Applebee's Grill & Bar #1007

Restaurants Jeremiah Hamilton 3900 Merle Hay Rd. Des Moines, IA 50310 (515) 254-9330 http://applebees.com

#### Applied Art & Technology

Internet/Website Design Shannon Quinn 2430 106th St. Urbandale, IA 50322 (515) 331-7400 www.appliedart.com

#### **Arbor Springs**

Health Care/Nursing Homes Chuck Wurth 7951 EP True Pkwy. West Des Moines, IA 50266 (515) 223-1135 www.arborsprings.org

#### Archadeck

Contractors/General Harold Cross 2925 99th St. Urbandale, IA 50322 (515) 266-8844 http://central-iowa.archadeck.com

#### Archetype Sign

Signage Thomas Wheeler 2771 104th St., Ste. C Urbandale, IA 50322 (515) 971-5946 www.archetypesign.com

#### Archive lowa

Archival Products Sam Pace-Tuomi 6781 Hickman Rd. Urbandale, IA 50322 (515) 276-1090 http://archiveiowa.com

#### Art of Life Salon and Spa

Health & Beauty/Salons-Spas Shelley Bettis 3270 100th St. Urbandale, IA 50322-3879 (515) 252-8825 www.artoflifesalonspa.com

#### **ASI Commercial Construction**

Contractors/Commercial Jeremie Nagle 2900 Justin Dr., Ste. G Urbandale, IA 50322 (515) 381-0855 www.asicommercialconstruction.com

#### Assembled Products, Inc.

Manufacturing/Packaging Matt Ulrich 4651 NW Urbandale Dr. Urbandale, IA 50322 (515) 278-7030 http://assembledproducts.net

#### Association of Boards of Certification

Organizations/Associations Paul Bishop 9400 Plum Dr., Ste. 160 Urbandale, IA 50322 (515) 232-3623 www.abccert.org

#### **Aston Carter**

Employment/Agencies and Staffing Chris Smith 7545 Ashworth Rd., Ste. 200 West Des Moines, IA 50266 (515) 657-5458 www.astoncarter.com

#### Athletico Physical Therapy

Health Care/Physical Therapists Janelle Bailey 8000 Douglas Ave. Urbandale, IA 50322-3223 (515) 251-3700 www.athletico.com

#### **ATI Physical Therapy**

Health Care/Physical Therapists John Brandt 11895 Hickman Rd., Stes. 300 & 400 Urbandale, IA 50323 (515) 309-1316 http://locations.atipt.com/urbandale-ia

#### Atomic Number 26 ®

Wellness/Fitness Robert Dickerson 8104 Douglas Ave. Colby Woods Center Urbandale, IA 50322 (515) 727-0600 www.atomicnumber26.com

#### **ATW Training Solutions**

Business Services/Training Todd McDonald 4414 114th St. Urbandale, IA 50322 (515) 727-0731 www.atwtraining.com

#### Aura, LLC

Business Services/Consultants Tiffany Tokarz 4560 Fleur Dr. Des Moines, IA 50321 (913) 634-7425

#### **Aviv Distributing**

Distributors/Alcohol Rudy Pineda 1300 SE Little Beaver Ct. Grimes, IA 50111 (515) 650-8079 http://avivdistributing.com

#### **AVI Systems**

Audio-Visual/Equipment Ariel Minervini 3001 104th St. Urbandale, IA 50322 (515) 323-7301 www.avisystems.com

#### **B&M Cleaners**

Cleaning-Maintenance/Janitorial Beau Briles (515) 720-9799 https://bandmcleaners.com

#### Baer Harding, Kirstin Individual Member

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Contractors/Electrical Lisa Baker 111 Jackson Ave. Des Moines, IA 50315-1200 (515) 288-6774 www.bakerelectric.com

#### Ball Team, LLC

Contractors/General Rick Ball 10550 New York Ave., Ste. 100 Urbandale, IA 50322 (515) 440-4544 www.buildwithball.com

#### Bank Iowa - Johnston

Finance/Banks Jenni Buchanan 5525 Merle Hay Rd., Ste. 195 Johnston, IA 50131 (515) 727-4484 www.bankiowa.bank

#### **Bank Iowa - West Des Moines**

Finance/Banks Bill Fry 1150 Jordan Creek Pkwy. West Des Moines, IA 50266 (515) 225-0710 www.bankiowa.bank

#### Bankers Trust Company -

North Office Finance/Banks Saundra Miller 3905 Merle Hay Rd. Des Moines, IA 50310-1309 (515) 245-2440 www.bankerstrust.com

#### Banleaco

Finance/Equipment Dave Selden 11017 Aurora Ave. Urbandale, IA 50322 (515) 471-1028 http://banleaco.com

#### Barnum Floors

Contractors/Flooring Kathy Barnum 9460 Swanson Blvd. Clive, IA 50325 (515) 270-2211 www.barnumfloors.com

#### **Bath Planet of Iowa**

Contractors/Remodeling Jerry Martin 10052 Justin Dr., Ste. I Urbandale, IA 50322 (515) 251-5940 www.bathplanet.com

#### Baton Global

Business Services/Consultants Molly Lopez 317 6th Ave., Ste. 1100 Des Moines, IA 50309 (515) 205-0911 http://batonglobal.com

#### Beaver Creek Golf Course

Entertainment-Recreation/Golf Courses Brett Long 11200 NW Towner Dr. Grimes, IA 50111 (515) 986-3221 www.beavercreek-golf.com

#### Beeline + Blue

Printing/Printers Debborah Harp 2507 Ingersoll Ave. Des Moines, IA 50312 (515) 244-1611 www.beelineandblue.com

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Facilities/Conference Centers & Banquet Facilities Krystal Marshall 8801 University Ave., Ste. 29 Clive, IA 50325 (515) 443-3163 http://bellaloveevents.com

#### **Benefits Plus**

Insurance-Finance/Agents Joshua Terrell 4401 Westown Pkwy., Ste. 350 West Des Moines, IA 50266 (515) 480-3724 www.benefits-plus.co

#### Bennigan's Grill & Tavern

Restaurants Lonnie Payne 4800 Merle Hay Rd. Urbandale, IA 50322-1900 (515) 276-7777 www.bennigans.com

#### BerganKDV

Finance/Accountants Scott Meeker 12100 Meredith Dr., Ste. 200 Urbandale, IA 50322 (515) 727-5700 www.bergankdv.com



#### Berkley Agribusiness Agribusiness/Insurance Brad London 11201 Douglas Ave. Urbandale, IA 50322 (515) 473-3000 www.berkleyag.com

Berkley Agribusiness, a Berkley Company, underwrites property and casualty insurance and provides risk management solutions for our partners in the commercial agribusiness and food industries.

#### Berkley Technology Services

Computer/Software Development Ryan Ford 3840 109th St. Urbandale, IA 50322 (515) 564-2300 https://berkleytechnologyservices.com

#### berniestone.com

Business Services/Consultants Bernie Stone (515) 717-0343 www.berniestone.com

#### Better Business Bureau Serving Greater Iowa

Organizations/Non-Profit Andy Schryver 2625 Beaver Ave. Des Moines, IA 50310 (515) 243-5027 www.iowa.bbb.org

#### **Beyond - Ron Boughton**

Finance/Credit Card Processing Ron Boughton 14961 Woodcreek Ln. Clive, IA 50325 (515) 210-6750 www.getbeyond.com

#### **Beyond Ball**

Organizations/Youth Audrey Cord 4020 121st St. Urbandale, IA 50323 (515) 282-3000 www.beyond-ball.com

#### Big Al's BBQ & Catering -West Des Moines

Restaurants Al Laudencia 1960 Grand Ave. West Des Moines, IA 50265 (515) 287-1227 www.bigalsbbg.net

#### **Big O Tires**

Automotive/Service Tevin Mincy 3880 NW Urbandale Dr. Urbandale, IA 50322 (515) 278-8565 www.bigotires.com

#### **Big Roofing**

Contractors/General Steve Bieghler 34557 Southview Dr. Cumming, IA 50061 (515) 577-9567 www.bigroofing515.com

#### **Bilbrey Insurance Services/ICAP**

Insurance-Finance/Services Kasi Koehler 5701 Greendale Rd. Johnston, IA 50131 (515) 727-1585 www.icapiowa.com

#### **Bing Bang**

Advertising/Agencies Lori Gelhaar 2520 SE Encompass Dr., Ste. 110 Waukee, IA 50263 (844) 246-4226 www.itsbingbang.com

#### **Bishop Engineering Company, Inc.**

Professional-Design Services/ Engineers Drew Lewis 3501 104th St. Urbandale, IA 50322-3825 (515) 276-0467 www.bishopengr.com

#### **Blessman International**

Organizations/Non-Profit Heidi Kramer 2557 106th St. Urbandale, IA 50322 (515) 343-5920 www.blessmaninternational.org

#### **Block Advisors**

Finance/Tax Services Alisha Dolsen 2981 100th St. Urbandale, IA 50322 (515) 270-0003 www.hrblock.com/blockadvisors/local-tax-offices/iowa/ urbandale/2981-100th-st/15821

#### **Blue Compass**

Advertising/Agencies Melissa Sporrer 1601 48th St., Ste. 200 West Des Moines, IA 50266-6722 (515) 868-0010 www.bluecompass.com

#### **Blue Shark Ale House**

Restaurants Amanda Andrews 3701 86th St. Urbandale, IA 50322 (515) 630-1345 https://bluesharkalehouse.com

#### **Bluefish Promotional Marketing**

Advertising/Specialties Drew Argotsinger 8525 Douglas Ave., Ste. 39 Urbandale, IA 50322 (515) 782-8953 www.bluefishmkt.com

#### Bluestone Engineering

Professional-Design Services/ Engineers Jason Zagar 5518 NW 88th St. Johnston, IA 50131 (515) 727-0700 www.bluestonemep.com

#### **BMW of Des Moines**

Automotive/Dealers Tyler Van Weelden 9631 Hickman Rd. Urbandale, IA 50322 (515) 446-3660 www.bmwdesmoines.com

#### Bob Brown Chevrolet

Automotive/Dealers Tim Manning 3600 111th St. Urbandale, IA 50322 (515) 278-7800 www.bobbrownchevy.com

#### **Bob's Septic & Premium Privies**

Environmental/Waste Management Jason Shepherd 2785 NE 46th Ave. Des Moines, IA 50317 (515) 262-9174 www.bobsseptic.com

#### **Bordenaros Pizzeria**

Restaurants Chris Bordenaro 6108 SW 9th St. Des Moines, IA 50315 (515) 287-1607 www.bordenarospizza.com

#### Braun Intertec

Professional-Design Services/ Engineers Danielle (Dani) Ellison 10576 Justin Dr. Urbandale, IA 50322 (515) 706-5584 www.braunintertec.com

#### **Breathe Easy Insurance**

Insurance-Finance/Brokerages Amanda Sedars 3590 109th St. Urbandale, IA 50322 www.breatheeasyins.com

#### **Breiholz Construction Company**

Construction/Management Greg Lettington 1527 Maine St. Des Moines, IA 50314 (515) 288-6077 www.breiholz.com

#### **Brent Isenberger Photography**

Photography/Photographers Brent Isenberger 8060 NE 27th Ave. Altoona, IA 50009 (515) 360-9179 www.isenbergerphoto.com

#### **Brighton Consulting Group**

Health Care/Consultants Diane McKenzie 2600 72nd St., Ste. F Urbandale, IA 50322 (515) 252-0795 www.bcgresearch.net

#### Broheim's Indoor Golf and Pub

Retail-Shops-Stores/Golf Justin Goes 53 NE Carefree Ln. Waukee, IA 50263 (515) 528-9192 https://broheimsgolf.com

#### Brokers International

Insurance-Finance/Services Tonja Clark 4135 NW Urbandale Dr. Urbandale, IA 50322 (800) 362-1097 www.biltd.com

#### Brownell, Robert

Individual Membership 111 Court Ave., Ste. 300 Des Moines, IA 50309 (515) 286-2228

#### Buenzow Insurance Group

Insurance-Finance/Agents Ben Buenzow 3273 100th St. Urbandale, IA 50322-3845 (515) 270-8870 www.buenzowinsurance.com

#### **Bunker Labs Des Moines**

Business Services/Coaching Bernie Stone (515) 717-0343 www.bunkerlabs.org/our-locations/ des-moines/

#### **Business Publications Corporation**

Communications/Publishing Chris Conetzkey 100 4th St. Des Moines, IA 50309 (515) 288-3336 www.businessrecord.com

#### **Cadence Academy Preschool**

Children/Day Care Theresa Anderson 3054 NW 86th St. Urbandale, IA 50322-4051 (515) 989-6846 www.cadence-academy.com/schools/ urbandale-ia-preschool/

#### Caldwell Parrish Funeral Home & Crematory

Funerals/Services Mark Parrish 8201 Hickman Rd. Urbandale, IA 50322-4307 (515) 276-0551 www.caldwellparrish.com

#### **Cancun Mexican Restaurant**

Restaurants Antonio Hernandez 3855 121st St. Urbandale, IA 50323 (515) 270-1870 www.cancungrillandcantina.com

#### **Car City**

Automotive/Dealers Tony Martinson 4550 Merle Hay Rd. Des Moines, IA 50310 (515) 278-4184 www.carcityinc.com

#### **Career Search Associates**

Employment/Agencies and Staffing Lisa Pringle-Chmelka 4920 Pleasant St., Ste. 3 West Des Moines, IA 50266 (515) 440-1423 www.careersearchassoc.com

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UnityPoint Clinic Urgent Care - Urbandale 5200 NW 100th St, Urbandale, IA | 515-695-7500

unitypoint.org



## Alphabetical List of Chamber Members

Business Member • Gold • Platinum • Elite • Trustee Community Partner • Chairman's Circle

#### Carpet One Floor & Home

Retail-Shops-Stores/Flooring Jeff Graves 4444 NW Urbandale Dr. Urbandale, IA 50322-7265 (515) 278-1176 www.CarpetOneUrbandale.com

#### CarQuest

Automotive/Parts Phil Rowland 10121 Hickman Rd. Urbandale, IA 50322 (515) 334-5188 http://advanceautoparts.com

## Catch Des Moines! Greater Des

Moines Convention & Visitors Bureau Entertainment-Recreation/Visitor Information Greg Edwards 400 Locust St., Ste. 265 Des Moines, IA 50309-2350 (515) 286-4960 www.catchdesmoines.com

#### CEC

Computer/Services Angie Worrell 4617 121st St. Urbandale, IA 50323 (515) 289-3707 www.cecinfo.com

#### Cedar Ridge Esthetic and Family Dentistry

Dental/Dentists Ayah Bilbeisi 7517 Douglas Ave., Ste. 8 Urbandale, IA 50322-3075 (515) 270-8301 http://cedarridgedentistry.com

#### Cellular Advantage

Communications/Cellular Romell Brown 3829 100th St. Urbandale, IA 50322 (515) 331-0000 http://celladvantage.com

#### **Central Bank**

Finance/Banks Andrew Clausen 3800 100th St. Urbandale, IA 50322-2048 (515) 254-9000 www.centralbankonline.com

#### Central Bank - 86th St. Branch

Finance/Banks Gerene Farrell 4848 86th St. Urbandale, IA 50322-1030 (515) 309-5102 www.centralbankonline.com

#### Central Iowa Coin & Bullion LLC

Retail-Shops-Stores/Antiques-Collectibles Jerry Koepp 8190 Hickman Rd. Clive, IA 50325 (515) 331-4307 https://centraliowacoinandbullion.com

#### **Central Iowa Vapors**

Retail-Shops-Stores/Electronic Cigarettes Corey Halfhill 11338 Aurora Ave., Bldg. 10 Urbandale, IA 50322 (515) 255-0004 www.iowaecigs.com

#### Century 21 Signature Real Estate

Real Estate/Agents Megan Bark 2300 NW 128th St. Urbandale, IA 50323 (515) 224-4002 www.iowac21.com

#### **CertaPro Painters of Des Moines**

Contractors/Painters Karli Mathis 2771 NW 104th St., Ste. G Urbandale, IA 50322 (515) 255-9717 https://desmoines.certapro.com

#### **Chamber Discoveries**

Travel/Incentive Programs Craig Howard 6980 N. Port Washington Rd., Ste. 127 Milwaukee, Wisconsin 53217 (559) 244-6600 www.chamberdiscoveries.com

# Champions Recovery Room and Physical Therapy

Health Care/Physical Therapists Angela Spencer 3030 100th St. Urbandale, IA 50322 (515) 410-2908 www.championsrecoveryroom.com

UnityPoint Clinic

#### **Changing Places Consignment Shop**

Retail-Shops-Stores/Consignment Stephanie Martin 3250 100th St. Urbandale, IA 50322 (515) 727-2117 www.changingplacesconsignment.com

#### **Children's Cancer Connection**

Organizations/Non-Profit Jennifer Hines 5701 Greendale Rd. Johnston, IA 50131 (515) 243-6239 http://childrenscancerconnection.org

#### **Christian Photo**

Retail-Shops-Stores/Photo Equipment Dick Christian 6721 Douglas Ave. Urbandale, IA 50322-3315 (515) 270-8030 www.christianphoto.biz

# Christiansen & Storey Healthcare Solutions

Insurance-Finance/Agents D. Matt Christiansen 114 SW 58th Dr. Des Moines, IA 50312 (515) 865-9234

#### CIRAS

Government/State Jodi Essex 1840 NW 118th St., Ste. 206 Clive, IA 50325 (515) 509-0769 www.ciras.iastate.edu



City of Urbandale Government/City A.J. Johnson 3600 NW 86th St. Urbandale, IA 50322-4057 (515) 278-3900 www.urbandale.org

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#### Civil Design Advantage LLC

Professional-Design Services/ Engineers Gary Reed 4121 NW Urbandale Dr. Urbandale, IA 50322 (515) 369-4400 www.cda-eng.com

#### Civil Engineering Consultants, Inc.

Professional-Design Services/ Engineers Martin Dostalik 2400 86th St., Ste. 12 Urbandale, IA 50322 (515) 276-4884 www.civilengineeringconsultantsinc.com

#### **CJs Window Cleaning Services**

Cleaning-Maintenance/Services Joshua Weaver (515) 689-4508 https://cjswindowscleaning.com

#### **CKJ Properties**

Real Estate/Property Management Christy Jones 9713 Madison Ave. Urbandale, IA 50322 (515) 202-8898

#### **Clarity Chiropractic**

Health Care/Chiropractors Walker Porterfield 5525 Merle Hay Rd., Ste. 165 Johnston, IA 50131 (515) 212-5715 www.claritychirotrt.com

#### **CLE Productions**

Audio-Visual/Equipment Haley Helverson 4103 E. 16th St. Des Moines, IA 50313 (515) 277-4190 www.cleproductions.com

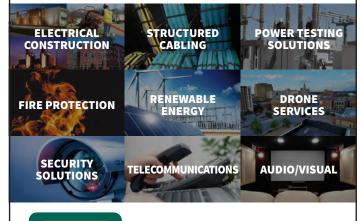
#### Clear Mortgage

Finance/Mortgage Jason Parkin (712) 249-4311 www.clearmortgage.com/carrie-hansen

#### **Clegg Consulting Group**

Business Services/Coaching Tom Clegg 3906 77th St. Urbandale, IA 50322 (515) 778-7799 www.tomclegg.com

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Finance/Credit Unions Jason Joynes 7031 Douglas Ave. Urbandale, IA 50322-3200 (515) 608-5963 www.greenstate.org

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Libraries-Museums Cheryl Heid 200 N. James St. Grimes, IA 50111 (515) 986-3551 http://grimes.lib.ia.us

#### **Grizzly Clean**

Automotive/Car Wash Elijah Savala 4178 NW Urbandale Dr. Urbandale, IA 50322 (515) 393-9778 www.grizzlyclean.com

#### Group Benefits, Ltd.

Insurance-Finance/Brokerages Megan Atkins 12006 Ridgemont Dr. Urbandale, IA 50323-2317 (515) 453-8207 www.thegblstory.com

#### **Guardian Real Estate Group**

Real Estate/Agents Lyndsey Lamb 6165 NW 86th St., Ste. 111 Johnston, IA 50131 (712) 789-1007 www.guardianrealestategroupllc.com

#### **Haggerty Windows and Siding**

Contractors/General Mike Haggerty 2771 104th St., Ste. A Urbandale, IA 50322 (515) 953-6999 www.haggertywindowsandsiding.com

#### Hampton Inn & Suites

Lodging/Hotels-Motels Jennifer Headington 8811 Plum Dr. Urbandale, IA 50322 (515) 421-0416 http://hamptoninn3.hilton.com

#### Happe Homes

Contractors/Home Builders Jake Happe 2575 N. Ankeny Blvd., Ste. 211 Ankeny, IA 50023 (515) 963-0842 www.happehomes.com

#### Harvest Point Wealth Management

Finance/Investments Robert Sayer, CFP®, MBA 4201 Westown Pkwy., Ste. 330 West Des Moines, IA 50266 (515) 957-2141 www.harvestpointwm.com

#### **HD Sports**

Events/Rental Services Travis Deaver 1405 SE 28th St., Ste. 210 Grimes, IA 50111 (515) 207-0252 www.hdsportsiowa.com

#### Health Insurance Advisor, LLC

Insurance-Finance/Agents Betheny Wilson 5870 Merle Hay Rd., Ste. A Johnston, IA 50131 (515) 225-9994 http://health-insadvisor.com

#### HealthMarkets, Inc.

Insurance-Finance/Agents Lonnie Davison 4150 Westown Pkwy., Ste. 304 West Des Moines, IA 50266 (515) 205-9052 www.healthmarkets.com

#### **Heartland Payroll**

Finance/Payroll Services Angela Ihry 255 S. 41st St., Unit 182 West Des Moines, IA 50265 (605) 940-9861 www.facebook.com/ angelalhryheartland

#### Heritage Interiors Floors to Go

Retail-Shops-Stores/Flooring Rhiannon Baker 4105 120th St. Urbandale, IA 50323 (515) 266-2811 https://desmoines.floorstogo.com

#### Hidalgo Mexican Bar and Grill

Restaurants Jose Hernandez 2675 100th St. Urbandale, IA 50322 (515) 276-4159 hidalgomexicanbarandgrilliowa.com

#### Higgins Plaza Service Inc.

Automotive/Service Nick Acese 7425 Douglas Ave. Urbandale, IA 50322 (515) 276-0886 www.higginsplazaservice.com

#### Holiday Inn Express & Suites Plum Dr.

Lodging/Hotels-Motels Jodi Thompson 8789 Plum Dr. Urbandale, IA 50322 (515) 278-9000 www.ihg.com/holidayinnexpress

#### Holiday Inn Hotel & Suites DM Northwest

Lodging/Hotels-Motels Troy Thompson 4800 Merle Hay Rd. Urbandale, IA 50322-1900 (515) 278-4755 www.holidayinn.com/desmoinesia

#### Home Builders Assoc. of Greater DM

Organizations/Associations Jessica Verwers 6751 Corporate Dr. Johnston, IA 50131-1659 (515) 270-8500 www.dsmhba.com

#### Home Depot #2115 - Urbandale

Construction/Lumber-Building Material Tricia Tedesco 10850 Plum Dr. Urbandale, IA 50322-6336 (515) 251-5819 www.homedepot.com

#### HomeWorx

Contractors/Remodeling April Visnapuu 10052 Justin Dr., Ste. H Urbandale, IA 50322 (515) 850-7501 www.homeworxiowa.com

#### **Homemakers Furniture**

Retail-Shops-Stores/Furniture Dave Merschman 10215 Douglas Ave. Urbandale, IA 50322-5406 (515) 276-2772 www.homemakers.com

#### **Horizon Events Center**

Facilities/Conference Centers & Banquet Facilities Gary DeWaard 2100 NW 100th St. Clive, IA 50325 (641) 590-3640 http://horizoneventscenter.com

#### Hotel Renovo

Lodging/Hotels-Motels Jason Nash 11167 Hickman Rd. Urbandale, IA 50322-3741 (515) 276-1126 http://hotelrenovo.com

#### HR Green, Inc.

Professional-Design Services/Engineers Heidi Whitver 5525 Merle Hay Rd., Ste. 200 Johnston, IA 50131-1448 (515) 278-2913 www.hrgreen.com

#### Humana

Seniors/Health Care Brittni Mann 3100 100th St. Urbandale, IA 50322 (515) 400-8464 www.humana.com

#### Hummel's Nissan

Automotive/Dealers Mark Hummel 4770 Merle Hay Rd. Urbandale, IA 50322-1963 (515) 253-0719 www.hummelsnissan.com

#### Hungry Boyz

Restaurants Lisa Stav 3070 100th St. Urbandale, IA 50322-3865 (515) 254-9474 www.thehungryboyz.com

#### Hussmann Corporation

Distributors/Refrigeration Equipment Jim McCrum 4360 NW 112th St., Ste. 102 Urbandale, IA 50322-2013 (515) 262-8221 www.hussmann.com

#### **HW Premium CBD**

Wellness/Nutrition-Foods-Vitamins Rick Wagaman 1821 22nd St., Ste. 102 West Des Moines, IA 50266 (515) 223-2370 https://hwcbdiowa.com

#### Hy-Vee Fast & Fresh Express

Retail-Shops-Stores/Convenience Rylee Keith 9915 Douglas Ave. Urbandale, IA 50322 (515) 270-2572 www.hy-vee.com

#### Hy-Vee, Inc.

Food-Beverage/Grocers Derek Sparks 8701 Douglas Ave. Urbandale, IA 50322-2299 (515) 270-2572 www.hy-vee.com

#### IHOP

Restaurants Edie Linnett 6301 Douglas Ave. Urbandale, IA 50322-3311 (515) 331-0556 www.ihop.com

#### ILC Resources

Agribusiness/Feed Ingredients Frank Goode 3301 106th Cir. Urbandale, IA 50322 (515) 243-8106 www.ilcresources.com

#### Image 360

Signage Melissa Monroe 8445 Hickman Rd. Urbandale, IA 50322 (515) 222-4880 www.image360.com/urbandaleia

#### **IMEG Corp**

Professional-Design Services/Engineers Andy Thielen 2882 106th St. Urbandale, IA 50322 (515) 334-9906 www.imegcorp.com

#### IN the BAG Corporate Cuisine

Food-Beverage/Catering Luke Essing 79 University Ave., Ste. B Des Moines, IA 50314-3119 (515) 222-9338 www.inthebag-lunches.com

#### Infomax Office Systems, Inc.

Business Products/Copiers Greg Jacobs 1010 Illinois St. Des Moines, IA 50314 (515) 244-5203 www.infomaxoffice.com

#### **Insight CPA**

Finance/Accountants Scott Manhart, CPA 911 Main St. Adel, IA 50003 (515) 993-4640 http://blueoakcpa.com

#### **Integrative Family Medicine - Ankeny**

Health Care/Clinics Kara Dobelis Pohren 207 NE Delaware Ave., Ste. 20 Ankeny, IA 50021 (515) 218-1399 http://integrativemediowa.com

#### Integrative Family Medicine -West Des Moines

Health Care/Clinics Sarah Lee 475 S 50th St., Ste. 600 West Des Moines, IA 50265 (515) 218-1399 www.integrativemediowa.com

#### International Veterinary Supplies Inc.

Agribusiness/Products Alicia Jaime 11281 Aurora Ave. Urbandale, IA 50322 (515) 331-8903 www.intervetsupplies.com

#### Interstate All Battery Center -

Des Moines

Retail-Shops-Stores/Batteries Brian Weber 1090 73rd St. Windsor Heights, IA 50324 (515) 255-9572 www.interstatebatteries.com

#### Intoxalock

Automotive/Breathalyzer-Ignition Device Amanda Sedars 11035 Aurora Ave. Urbandale, IA 50322 (844) 887-8768 http://intoxalock.com

#### Iowa - Des Moines Supply, Inc.

Business Products/Supplies Keri Weidmaier 1680 Guthrie Ave. Des Moines, IA 50316 (515) 263-1200 www.iowadesmoinessupply.com

# Iowa Association of Business and

Industry (ABI) Organizations/Associations Mike Ralston 400 E. Court Ave., Ste. 100 Des Moines, IA 50309 (515) 280-8000 www.iowaabi.org

#### Iowa Association of Electric Cooperatives

Organizations/Associations Haley Moon 8525 Douglas Ave., Ste. 48 Urbandale, IA 50322-2992 (515) 727-8942 www.iowarec.org

#### **Iowa Ballet Academy**

Entertainment-Recreation/Performing Arts Ami Yaro 3890 NW Urbandale Dr. Urbandale, IA 50322 (515) 334-5510 www.iowaballetacademy.com

#### **Iowa Bankers Association**

Organizations/Associations John Sorensen 8901 Northpark Dr. Johnston, IA 50131 (515) 286-4300 www.iowabankers.com

#### Iowa Events Center

Entertainment-Recreation/Sports Facilities Janelle Menz 730 3rd St. Des Moines, IA 50309 (515) 418-2622 www.iowaeventscenter.com

#### **Iowa International Center**

Organizations/Non-Profit Pat Grote 3839 Merle Hay Rd., Ste. 259 Des Moines, IA 50322 (515) 282-8269 http://iowainternationalcenter.org

#### **Iowa Living Magazines**

Communications/Publishing Jolene Goodman 8101 Birchwood Ct., Ste. D Johnston, IA 50131 (515) 953-4822 www.iowalivingmagazines.com

#### Iowa Orchard

Agribusiness/Farming Bryan Etchen 9875 Meredith Dr. Urbandale, IA 50322 (515) 276-0852 www.iowaorchard.com

#### Iowa Orthodontic Solutions

Dental/Orthodontists Kristi Hamaker 7180 Hickman Rd. Windsor Heights, IA 50324 (515) 278-1110 www.iowasmile.com

#### Iowa Public Radio, Inc.

Communications/Radio Andrea Hansen 2111 Grand Ave. Des Moines, IA 50312 (515) 725-1700 http://iowapublicradio.org

#### Business Member • Gold • Platinum • Elite • Trustee • Community Partner • Chairman's Circle

#### **Iowa Realty - Jon Smith**

Real Estate/Agents Jon Smith 3521 Beaver Ave. Des Moines, IA 50310 (515) 240-2692 www.desmoineshomesource.com

#### Iowa Restaurant Association

Organizations/Associations Stacy Kluesner 1501 42nd St., Ste. 294 West Des Moines, IA 50266 (515) 276-1454 www.restaurantiowa.com

#### **Iowa Sign Company**

Signage Matthew Stites 3520 Merle Hay Rd. Des Moines, IA 50310 (515) 421-4036 https://iowasigncompany.com

#### Iowa State Bank - Banking & Trust Services

Finance/Banks McKenzie Hunkele 2301 128th St. Urbandale, IA 50323 (515) 246-8240 www.iowastatebanks.com

#### Iowa State University Extension and Outreach Polk County

Government/County Paul Gibbins 1625 Adventureland Dr., Ste. A Altoona, IA 50009 (515) 957-5760 www.extension.iastate.edu/polk

#### Iowa Urban Media

Communications/Publishing Dwana Bradley PO Box 3092 Des Moines, IA 50316 (515) 829-0927 www.theurbanexp.com

#### Iowa Wild

Entertainment-Recreation/Sports Teams John Savoia 730 3rd St. Des Moines, IA 50309 (515) 564-8700 www.iowawild.com

#### Iowa Wolves

Entertainment-Recreation/Sports Teams Skyler Hoth 730 3rd St. Des Moines, IA 50309 (515) 564-8561 https://iowa.gleague.nba.com

#### IP Pathways, LLC

Computer/Consulting Amy Lindberg 12026 Ridgemont Dr. Urbandale, IA 50322-4700 (515) 422-9300 www.ippathways.com

#### Iron Horse Wealth Management, LLC

Finance/Retirement Planning Penny Schmidt 8711 Windsor Pkwy., Ste. 4 Johnston, IA 50131 (866) 201-8305 www.ironhorsewm.com

#### iTech Gurus

Computer/Services Nick Steinbeck 8475 Hickman Rd. Urbandale, IA 50322 (515) 897-0006 http://itechgurus.com



#### J&D Computers & Technology Computer/Services Jason Shiffer 312 E. 1st St. Grimes, IA 50111-2244 (515) 986-9424

www.janddcomputers.com

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#### J. Thompson Builders

Contractors/Home Builders Jeremy Thompson 1200 SW Brookside Cir., Unit G Grimes, IA 50111 (515) 202-1500 www.jthompsonbuilders.com

#### Jade Li Weddings & Events LLC

Events/Planning Jasmin Devitt PO Box 398 Boone, IA 50036 (515) 505-3404 www.jade-li.com

#### Japan America Society of Iowa (JASI)

Organizations/Non-Profit Yoko Tanaka 4801 Franklin Ave. Des Moines, IA 50310 (515) 360-4345 www.japaniowa.org

#### JLL

Real Estate/Commercial Justin Lossner 801 Grand Ave., Ste. 330 Des Moines, IA 50309 (515) 218-7010 www.jll.com/des-moines/en-us

#### JLM Shooters Supply

Security-Safety/Personal Protection Equipment Dave Bloom 6931 Douglas Ave. Urbandale, IA 50322 (515) 331-1577 www.jlmshooterssupply.com

#### John Deere Intelligent Solutions Group

Agribusiness/Products Olivia Barnes 9505 Northpark Dr. Urbandale, IA 50131 (866) 993-3373 www.deere.com/en/technologyproducts/precision-ag-technology

#### Johnston Urbandale Soccer Club

Organizations/Youth John Sheridan 4685 Merle Hay Rd., Ste. 202 Des Moines, Iowa 50322 (515) 238-8706 www.juscsoccer.org

#### Jon Leonetti - EOS Worldwide Professional Implementer

Business Services/Coaching Jon Leonetti (515) 778-9532 www.eosworldwide.com/jon-leonetti

#### Journey Mortgage LLC

Finance/Mortgage Cale Carlson 2500 W. 2nd Ave., Ste. 4 Indianola, IA 50125 (515) 230-3949 calecarlson.journeymortgage.org

#### JP Party Rentals LLC

Entertainment-Recreation/Attractions Paul VanCleave 2401 SE Tones Dr., Ste. 7 Ankeny, IA 50021 (515) 444-2302 www.jppartyrentals.com

#### K and V Homes, Inc.

Contractors/Home Builders Colin King 2871 104th St. Urbandale, IA 50322 (515) 252-9989 www.kandvhomes.com

#### Kaduce & Company, PC

Finance/Accountants Al Kaduce 4401 Westown Pkwy., Ste. 206 West Des Moines, IA 50266 (515) 223-1040 www.kaducecpa.com

#### Keller Williams Greater Des Moines

Real Estate/Agents Erin Rundall 4001 Westown Pkwy. West Des Moines, IA 50266 (515) 334-4900 http://kwdsm.com

#### Key Mortgage Group

Finance/Mortgage Brian Houk 2370 NW 128th St. Urbandale, IA 50323 (515) 421-0259 http://bhouk.gohomeside.com

#### Kiddie Academy of Urbandale

Children/Day Care Randi Schmitz 14101 Douglas Pkwy. Urbandale, IA 50323 (515) 850-2900 https://kiddieacademy.com/ academies/urbandale

#### Kidz Corner

Children/Day Care Tina Terrell 2957 86th St. Urbandale, IA 50322 (515) 276-6728 www.kidzcornercare.com

#### Kinman Glass Inc.

Contractors/Glass Doug Kinman 2660 100th St. Urbandale, IA 50322 (515) 254-2244 www.kinmanglass.com

#### Kinship Brewing Company

Food-Beverage/Breweries Megan Rush 255 NW Sunrise Dr. Waukee, IA 50263 www.kinshipbeer.com

#### Kirkham, Michael & Associates

Professional-Design Services/ Engineers Cindy Sierzant 4390 114th St. Urbandale, IA 50322 (515) 270-0848 www.kirkham.com

#### **Knapp Properties, LC**

Real Estate/Developers Brian Erickson 5000 Westown Pkwy., Ste. 400 West Des Moines, IA 50266 (515) 223-4000 http://knappproperties.com

#### **Kness Signs**

Signage Bill Kness 10445 Hickman Rd. Urbandale, IA 50322 (515) 253-0012 www.knesssigns.com

#### **Knickerbocker Real Estate Team**

Real Estate/Agents Kyle Freeman 1741 Grand Ave. West Des Moines, IA 50265 (515) 975-7030 http://knickerbockerdsm.com

#### Knueven, Pat

Individual Membership 8509 Prairie Ave. Urbandale, IA 50322-2340 (515) 278-2821

#### Koch Office Group

Business Products/Furniture Tom Nyren 301 E. Locust St. Des Moines, IA 50309 (515) 244-4900 www.kochofficegroup.com

#### Kohles & Bach Heating & Cooling -Fireplaces

Contractors/Heating-Cooling Rick Bach 5185 NW Beaver Dr. Johnston, IA 50131 (515) 278-2900 www.kohlesandbach.com

#### **Konica Minolta Business Solutions**

Business Products/Copiers Brent Rouse 2830 100th St., Ste. 100 Urbandale, IA 50322 (515) 974-4521 www.kmbs.konicaminolta.us

#### **KSH Design Studio LLC**

Retail-Shops-Stores/Embroidery Kris Howard (515) 270-2554 https://kshdesignstudios.com

#### **Kwik Star - Douglas**

Retail-Shops-Stores/Convenience Mitch Schneider 10912 Douglas Ave. Urbandale, IA 50322 (515) 276-9889 www.kwiktrip.com

#### Kwik Star - Plum

Retail-Shops-Stores/Convenience Mitch Schneider 10101 Plum Dr. Urbandale, IA 50322 (515) 645-0601 www.kwiktrip.com

#### L. A. Fulton & Sons Inc.

Contractors/Commercial Wes Fulton 3401 104th St. Urbandale, IA 50322-3897 (515) 276-4265

#### Lamar Advertising

Advertising/Outdoor David McNelly 4131 109th St. Urbandale, IA 50322 (515) 282-9661 http://LAMAR.com/DesMoines

#### Landmark Companies, Inc.

Real Estate/Developers Bill Spencer 9550 Hickman Rd., Ste. 100 Clive, IA 50325 (515) 986-5994 www.Imcompanies-inc.com

#### Laserwash of Urbandale

Automotive/Car Wash Roy Skoglund 3969 NW Urbandale Dr. Urbandale, IA 50322 (515) 278-9274 www.laserwashofiowa.com

#### Lashier Graphics & Signs

Printing/Printers Thomas Lashier 1601 SE Gateway Dr., Ste. 130 Grimes, IA 50111 (515) 518-6100 http://lashier.com

#### LaunchIT Corp.

Computer/Software Development Hiram Houghton 4430 NW Urbandale Dr. Urbandale, IA 50322 (515) 243-0167 www.launchitcorp.com

#### **Lawson Family Dentistry**

Dental/Dentists Jessica Lawson 4444 NW 128th St. Urbandale, IA 50323 (515) 278-4366 https://lawsondentistry.com

#### Lease Consultants Corporation

Finance/Leasing Services Troy Jaros 10719 Justin Dr. Urbandale, IA 50322 (515) 255-6321 www.leaseconsultants.com

#### Lee Chamberlin Consultant Engineers

Professional-Design Services/Engineers Mark L Lee 10430 New York Ave., Ste. C Urbandale, IA 50322-3773 (515) 252-7457 https://leechamberlinengineers.com

#### Lenz Heating and Cooling

Contractors/Heating-Cooling Jenny Lenz 7641 Douglas Ave. Urbandale, IA 50322 (515) 225-6446 https://lenzmechanical.com

#### Liberty Mutual Insurance - Jake Wisel

Insurance-Finance/Agents Jake Wisel 5550 Wild Rose Ln., Ste. 400 West Des Moines, IA 50266 (781) 697-1231 http://libertymutual.com

#### **Liberty National Bank**

Finance/Banks Ben Hildebrandt 5260 NW 86th St. Johnston, IA 50131 (515) 252 3140 www.libertynationalonline.com

#### Life Made Simple, LLC

Business Services/Consultants Lori Vande Krol 16112 Sharon Ct. Urbandale, IA 50323 (515) 360-8347 www.alifemadesimple.com

#### LifeServe Blood Center

Organizations/Non-Profit Danielle West 10469 Hickman Rd. Urbandale, IA 50322 (515) 309-4968 www.lifeservebloodcenter.org

#### LINC at Gray's Station

Real Estate/Apartments Bree Hunwardsen 210 SW 11th St. Des Moines, IA 50309 (515) 221-6212 http://lincatgraysstation.com

#### Living History Farms

Entertainment-Recreation/Attractions Elizabeth Sedrel 11121 Hickman Rd. Urbandale, IA 50322 (515) 278-5286 www.livinghistoryfarms.org

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#### LLAB Electric

Contractors/Electrical Raquel Ball (515) 210-5110 www.llabelectric.com

#### LOCALiQ

Advertising/Digital Thomas Rue 400 Locust St., Ste. 500 Des Moines, IA 50309 (515) 443-5254 https://localiq.com/markets/Iowa

#### Locknet Managed IT

Security-Safety/Services Jordan Shanks 129 Plaza Cir. Waterloo, IA 50701 (844) 365-4968 www.locknetmanagedit.com

#### Logan Contractors Supply Inc.

Construction/Materials Jeff Logan 4101 NW 106th St. Urbandale, IA 50322-7949 (515) 253-9048 www.logancontractors.com

#### Lozanotek, Inc.

Computer/Consulting Javier Lozano (515) 554-4996 www.lozanotek.com

#### Mail Services, LLC

Mailing-Shipping/Services Pam Deacon 4100 121st St. Urbandale, IA 50323-2334 (515) 727-7700 www.mailserviceslc.com

#### ManpowerGroup

Employment/Agencies and Staffing Kathy Joblinske 400 E. Court Ave., Ste. 116 Des Moines, IA 50309 (515) 288-6745 www.manpower.com

#### Manuel Touch Massage Therapy

Wellness/Therapeutic Massage Ethel Manuel 2733 86th St. Urbandale, IA 50322 (515) 577-5166 www.manueltouchtherapy.com

#### **Many Hands Thrift Market**

Organizations/Non-Profit Emily VanGent 4353 Merle Hay Rd. Des Moines, IA 50310 (515) 276-9817 www.manyhandsthrift.com

#### Marco

Communications/Telecommunications Kevin Dirks 4709 121st St. Urbandale, IA 50323 (515) 473-7106 www.marconet.com

#### **Martin Marietta**

Construction/Materials Shondra Mclaughlin 11252 Aurora Ave. Des Moines, IA 50322 (515) 254-0030 www.martinmarietta.com

#### Mary's Cleaning Care, Inc.

Cleaning-Maintenance/Janitorial Ana Karen Valencia 7921 Douglas Ave. Urbandale, IA 50322 (515) 270-1612 www.maryscleaningcare.com

#### Massage Heights - Merle Hay Rd.

Wellness/Therapeutic Massage Amy Dollison 3800 Merle Hay Rd., Ste. 403 Merle Hay Mall Des Moines, IA 50310 (515) 276-7529 www.massageheights.com

#### **McAlister's Deli**

Restaurants Sean Speakman 5910 Douglas Ave., Ste. 200 Des Moines, IA 50322 (515) 331-7804 http://mcalistersdeli.com

#### **McCoy Roofing, LLC**

Contractors/Roofing-Gutters Darrell Webb 6611 University Ave., Ste. 103 Windsor Heights, IA 50324 (515) 608-6439 www.mccoyroofing.com

#### **McDonald Family Dentistry**

Dental/Dentists Christopher J. McDonald 2400 NW 128th St. Urbandale, IA 50323-1816 (515) 334-3838 www.mcdonaldfamilydentistry.com

#### McGonegle, Pat

Individual Membership 1636 114th St. Clive, IA 50325

#### **McGough Construction**

Contractors/Commercial Annette Renaud 217 E. 2nd St., Ste. 120 Des Moines, IA 50309 (515) 639-3853 www.mcgough.com

#### **Mediacom Business**

Internet/Services Tom Schrandt 2205 Ingersoll Ave. Des Moines, IA 50312 (515) 318-2213 http://mediacombusiness.com

#### Medicap Pharmacies, Inc. -Urbandale

Health Care/Pharmacies John Forbes 8170 Douglas Ave. Urbandale, IA 50322-3017 (515) 276-3471 www.medicapurbandale.com

#### MediGold

Insurance-Finance/Agents Joe Evans 1449 NW 128th St., Ste. 210 Clive, IA 50325 (515) 745-0167 www.medigold.com

#### Mercedes-Benz of Des Moines

Automotive/Dealers Anthony Gladney 9993 Hickman Rd. Urbandale, IA 50322 (515) 278-4808 www.mercedesbenzdesmoines.com

#### Mercer

Insurance-Finance/Services Anne Dirkx 12421 Meredith Dr. Urbandale, IA 50323 (515) 308-6603 www.mercer.com

#### **Merkle Retirement Planning**

Finance/Retirement Planning Loren Merkle 1860 SE Princeton Dr. Grimes, IA 50111 (515) 278-1006 https://merkleretirementplanning.com

#### Merle Hay Funeral Home & Chapel Hill Gardens

Funerals/Services Blair Overton 4400 Merle Hay Rd. Des Moines, IA 50310-1412 (515) 278-4633 www.MerleHayFuneralHome.com

#### Merle Hay Mall

Retail-Shops-Stores/Shopping Centers Donna Stapleton 3800 Merle Hay Rd., Ste. 101 Des Moines, IA 50310-1300 (515) 276-8551 www.merlehaymall.com

#### Merrifield, Melissa Individual Membership

904 NE Main St. Grimes, IA 50111 (319) 651-6459

#### **Metro Appliance Repair**

Appliance Repair Debbie Sloan 4400 Hickman Rd. Des Moines, IA 50310 (515) 271-8870 www.metro-appliance.com

#### Metro Ice Sports Facility

Entertainment-Recreation/Ice Skating Tony Morehouse 5100 NW 72nd St. Urbandale, IA 50322-6922 (515) 276-7200 http://metroicesports.com

#### Metro Waste Authority

Environmental/Waste Management Michael McCoy 300 E. Locust St., Ste. 100 Des Moines, IA 50309-1864 (515) 244-0021 www.mwatoday.com

#### MetroNet

Internet/Services Jeff Kinning 1311 Buckeye Ave., Ste. A Ames, IA 50010 (515) 815-6386 www.business.metronetinc.com

#### MHCS

Finance/Accountants Erin Bramble 1601 West Lakes Pkwy., Ste. 300 West Des Moines, IA 50266-8230 (515) 288-3279 www.mhcscpa.com

#### **MidAmerican Energy Company**

Utilities/Utility Companies John Clark 10510 Douglas Ave. Urbandale, IA 50322 (515) 242-3902 www.midamericanenergy.com



Midland Credit Union -Pleasant Hill Finance/Credit Unions Randy Hass 1225 Copper Creek Dr., Ste. M Pleasant Hill, IA 50327 (515) 278-5333 www.midlandcu.org

Midland Credit Union - Urbandale Finance/Credit Unions Randy Hass 2891 106th St. Urbandale, IA 50322-3772 (515) 278-1994 www.midlandcu.org

Midland Credit Union - Bondurant Finance/Credit Unions Randy Hass 3007 Oxbow Ct. SW Bondurant, IA 50035

Midland Credit Union is invested in our community's success.

#### Midwest Family Lending Corp.

www.midlandcu.org

Finance/Mortgage Chuck West 2753 99th St. Urbandale, IA 50322-3809 (515) 252-7107 www.midwestfamilylending.com

#### **Midwest Heritage Bank**

Finance/Banks Pete Randol 8701 Douglas Ave. Urbandale, IA 50322 (515) 270-6315 www.mhbank.com

#### **Midwest Mattress**

Retail-Shops-Stores/Mattresses Michael Prichard 3128 100th St. Urbandale, IA 50322-3869 (515) 727-5050 www.midwest-mattress.com

#### **Midwest Polyfoam**

Contractors/Concrete Mark Jorgensen (515) 249-8270 www.midwestpolyfoam.com

#### **Midwest Professional Staffing**

Employment/Agencies and Staffing Melissa Gray 13375 University Ave., Ste. 303 Clive, IA 50325 (515) 453-9575 www.midwestprofessionalstaffing.com

#### **MidWestOne Bank**

Finance/Banks Dan Clute 9350 University Ave., Ste. 138 West Des Moines, IA 50266 (515) 706-5546 www.midwestone.com

#### Miller Pest & Termite

Environmental/Pest Control Joel Miller 1904 NW 92nd Ct. Clive, IA 50325 (515) 518-8864 www.millerthekiller.com/pest-controlurbandale

#### Miller, Alex

Individual Membership (515) 306-7125

#### Miller, Fidler & Hinke Insurance Agency

Insurance-Finance/Agents Joey Hinke 2540 SE Encompass Dr. Waukee, IA 50263 (515) 223-6757 www.millerfidlerandhinke.com

#### **Mini of Des Moines**

Automotive/Dealers James Edmunds 9900 Hickman Rd. Clive, IA 50325 (515) 505-3049 www.miniofdesmoines.com

#### **Mischief Soap Co LLC**

Health & Beauty/Supplies Donna Sloan (918) 698-1400 www.mischiefsoap.com

#### **Mission Cancer + Blood**

Health Care/Oncology Phil Stover 100 E. Grand Ave., Ste. 200 Des Moines, IA 50309 (515) 282-2921 www.missioncancer.com

#### **MMIT Business Solutions Group**

Business Products/Copiers Pat Pithan 4201 NW Urbandale Dr. Urbandale, IA 50322 (515) 283-0607 www.mmitiowa.com

#### Mock, Rhonda

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Photography/Photographers Terry Snyder 940 4th St. Waukee, IA 50263 (515) 229-5308 http://terrysnyderphotography. photoreflect.com

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#### **TDT CPAs and Advisors**

Finance/Accountants Caitlin Tiemeyer 1245 Jordan Creek Pkwy., Ste. 100 West Des Moines, IA 50266 (515) 657-5800 http://tdtpc.com

#### **Teacher Wealth**

Finance/Retirement Planning Mike Johnson 4310 Adams Ave. Des Moines, IA 50310 (515) 985-5500 www.teacherwealth.com

#### TeamLogic IT of Des Moines

Computer/Services Eric Summers 102 SE 30th St., Ste. 2 Ankeny, IA 50021 (515) 318-7411 www.teamlogicit.com/NDesMoinesIA



Ted's Body Shop Automotive/Repair Kyle Lee 5571 NW 2nd St. Des Moines, IA 50313 (515) 280-6500

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#### Tees Custom Apparel

Printing/Screen Printers Tausha Shiffer 312 E. 1st St. Grimes, IA 50111 (515) 253-8055 https://teescustomapparel.com

#### **Texas Roadhouse**

Restaurants Tim Terhune 8744 Northpark Dr. Johnston, IA 50131-3092 (515) 251-4597 www.texasroadhouse.com

#### TGGFire

Fire/Alarm Systems Allan Wright 1659 E. Euclid Ave. Des Moines, IA 50313 (515) 729-8579 www.TGGFire.com

#### The Beerhouse

Restaurants Scout Agnew 4810 NW 86th St. Urbandale, IA 50322 (515) 278-1821 http://beerhouseia.com

#### The Dana Company

Insurance-Finance/Agents Cory Holland 12345 University Ave., Ste. 300 Des Moines, IA 50325 (515) 224-4391 www.thedanaco.com

#### The Hall

Restaurants Scout Agnew 111 S. 11th St. West Des Moines, IA 50265 (515) 608-4100 www.thehalldsm.com

#### The Iowa Clinic Family Medicine -Johnston

Health Care/Clinics Melissa Walker 5501 NW 86th St., Ste. 300 Johnston, IA 50131-1810 (515) 875-9035 www.iowaclinic.com

#### The Iowa Clinic, P.C. - Urbandale

Health Care/Clinics Heather Plum 4323 NW Urbandale Dr. Urbandale, IA 50322 (515) 875-9000 www.iowaclinic.com

#### The Learning Post

Retail-Shops-Stores/Educational Supplies Kym Howe 2761 NW 100th St. Urbandale, IA 50322-3862 (515) 331-8008 www.learningpostltd.com

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Restaurants Dave Thompson 3651 NW 86th St. Urbandale, IA 50322-4007 (515) 278-1016 http://theurbangrilldm.com

#### The Utility Co.

Marketing/Services Blaine Garrett 2165 NW 149th St. Clive, IA 50325 (515) 783-8901 www.theutilityco.com

#### The Zone of Comfort, LLC

Wellness/Therapeutic Massage LaTonya Shook 3829 71st St., Ste. B1 Urbandale, IA 50322 (515) 779-3231 www.zoneofcomfort.com

#### **Thrive Family Chiropractic**

Health Care/Chiropractors Shane Hoffman 3731 86th St. Urbandale, IA 50322 (515) 635-1161 www.ThriveFamilyDSM.com

## Timmins, Jacobsen & Strawhacker, LLP

Finance/Accountants Darlene Danielson 10550 New York Ave., Ste. 200 Urbandale, IA 50322-3744 (515) 270-8080 https://tjscpas.com

#### **Tint World**

Automotive/Security-Sound Shirley MacLeod 3970 NW Urbandale Dr. Urbandale, IA 50322 (515) 216-0871 www.tintworld.com/locations/ia/ urbandale-086

#### Tometich Engineering, Inc.

Professional-Design Services/ Engineers Jim Tometich 10501 Buena Vista Ct. Urbandale, IA 50322-3783 (515) 280-8022 www.tometichengineering.com

#### TownePlace Suites by Marriott

Des Moines-Urbandale Lodging/Hotels-Motels Amanda Butler 8800 Northpark Dr. Johnston, IA 50131-3018 (515) 727-4066 www.marriott.com/dsmur

#### **Trainers Edge**

Wellness/Fitness Tyler Phelps 3845 100th St. Urbandale, IA 50322 (515) 421-9963 https://trainersedge.health

#### Tranquil Touch

Wellness/Therapeutic Massage Connie Helton 8401 Douglas Ave., Ste. 3G Urbandale, IA 50322 (515) 770-7399 www.chtranguiltouchmassage.com

#### Trentmann, Norm

Individual Membership (515) 276-3383

#### Tri-City Electric Co.

Contractors/Electrical John Irving 1821 Ingersoll Ave. Des Moines, IA 50309 (515) 288-7181 www.tricityelectric.com

#### **Trinity Logistics**

Trucking/Motor Freight Jared Auten 4320 114th St. Urbandale, IA 50322 (515) 207-1401 https://trinitylogistics.com

#### **Triplett Office Solutions**

Business Products/Supplies Tom Triplett 3553 109th St. Urbandale, IA 50322-8103 (515) 270-9150 www.tripletts.com

#### **Trixies Salon**

Health & Beauty/Salons-Spas Tricia Rivas 4118 University Ave. Des Moines, IA 50311 (515) 274-9981 www.trixiessalon.com

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#### **Truth Stands LLC**

Wellness/Fitness Jeff Sandidge 1412 14th St. Des Moines, IA 50314 (515) 537-7945 http://procoach.app\ jeffteamtruthstands

#### **Turner Construction**

Construction/Management Creighton Cox 1415 28th St., Ste. 240 West Des Moines, IA 50266 (515) 631-5215 www.turnerconstruction.com/officenetwork/des-moines

#### **Twisted Bean Coffee Company**

Coffee Houses Lori Salsby 4504 Merle Hay Rd. Des Moines, IA 50310 (515) 276-6080 www.twistedbean.com

#### **TWO MEN AND A TRUCK - Des Moines**

Moving/Services Kara Berhow 2601 104th St., Ste. 400 Urbandale, IA 50322 (515) 276-7170 www.twomenandatruckdesmoines.com

#### Two Rivers Bank & Trust

Finance/Banks Semsa Didic 3025 Ingersoll Ave. Des Moines, IA 50312 (515) 331-3304 www.tworivers.bank

#### **U.S. Army Medical Recruiting Station**

Military Matthew Patterson 2900 100th St., Ste. 105 Urbandale, IA 50322 (515) 253-9637 https://recruiting.army.mil/mrb

#### U.S. Bank

Finance/Banks Nicholas Hullermann 3501 NW 86th St. Urbandale, IA 50322-7990 (515) 248-7720 www.usbank.com

#### U.S. Small Business Administration

Government/Federal Jayne Armstrong 210 Walnut St., Ste. 749 Des Moines, IA 50309-2186 (515) 284-4026 www.sba.gov

#### **United Services Association**

Agribusiness/Products Matthew Paul 11280 Aurora Ave., Bldg. 12 Urbandale, IA 50322 (515) 276-6763 www.unitedservices.net

#### **UNITS of Central Iowa**

Moving/Services Jim Becker 200 SE 37th St., Ste. 280 Grimes , IA 50111 (515) 452-0220 www.unitsofcentraliowa.com

#### UnityPoint Clinic in Urbandale

Health Care/Clinics Angie Fagervik-Chia 5200 NW 100th St. Urbandale, IA 50322 (515) 251-3880 www.unitypoint.org

#### **University of Iowa Health Care**

Health Care/Clinics Kristen Smart Buenzow 8605 Chambery Blvd. Johnston, IA 50131 (515) 419-9881 http://uihc.org

#### University of Iowa Health Care Infertility Clinic

Health Care/Clinics Kristen Smart 1225 Jordan Creek Pkwy. West Des Moines, IA 50266 (515) 336-6562 www.uiowa.edu

#### Upper Iowa University

Education/Colleges-Universities Theresa Rademacker 5000 Westown Pkwy., Ste. 200 West Des Moines, IA 50266 (515) 225-1800 www.uiu.edu/desmoines

## Racing to grow your business?



## Grow it by joining the Urbandale Chamber of Commerce!

I had the pleasure of serving as President of the Urbandale Chamber this last year. It was a great experience that provided me a solid understanding of the how the Urbandale Chamber works. And, it is working for you, the business! Here are some of the many awesome comments I heard through the year:

As a small business I struggled to find people of like-mind that I could talk to about my challenges. **Now I have a network of "peers"** that I rely on to help me. Thanks!

I just joined this year and I have to say, I know that my business is appreciated here in Urbandale!

I appreciate the in-formal networking groups like the AM Exchange. When I attend, I connect with my business neighbors and get a feel for what is going on in the community.

The Chamber has made me feel like I am not alone.

I found a network of contacts that I call my business family. Not only are they smart, they have a lot of fun!

What I appreciate the most about the Urbandale Chamber is they keep good programming and **evolve new, relevant** programming that helps me.

Wow. I recommend continuing your membership or signing up today. Then, let me know how we are doing! - *Clint Dudley, Owner* 



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#### Urban Nails & Spa

Health & Beauty/Salons-Spas Lena Hoang 2751 86th St. Urbandale, IA 50322 (515) 276-3333 www.facebook.com/urbannails3333

#### **Urban Pet Hospital**

Animal/Veterinarians Anil Regmi 3601 NW 104th St. Urbandale, IA 50322-3827 (515) 727-0607 www.urbanpethospital.com

#### Urbandale Auto Body Service, Inc.

Automotive/Repair Ryan Lamberts 3833 70th St. Urbandale, IA 50322-3283 (515) 276-1501 www.urbandaleautobody.com



Urbandale Chamber of Commerce Organizations/Chambers of Commerce Tiffany Menke 2830 100th St., Ste. 110 Urbandale, IA 50322 (515) 331-6855 www.uniguelyurbandale.com

The Urbandale Chamber serves, protects and promotes its members.

#### Urbandale Community School District

Education/Public Dena Claire 11152 Aurora Ave. Urbandale, IA 50322-7903 (515) 457-5000 www.urbandaleschools.com

#### **Urbandale Education Foundation**

Organizations/Foundations Adam Obrecht 11152 Aurora Ave. Urbandale, IA 50322 (515) 457-5025 www.urbandaleeducationfoundation.com

#### Urbandale Eye Care

Health Care/Optometrists Melissa Kyler, OD 7030 Douglas Ave. Urbandale, IA 50322 (515) 278-0123 www.urbandaleeyecare.com

#### **Urbandale Family Dentistry**

Dental/Dentists Alex Phan 3124 104th St. Urbandale, IA 50322 (515) 276-7925 http://urbandaledentists.com

#### **Urbandale Food Pantry**

Organizations/Non-Profit Patty Sneddon-Kisting 7611 Douglas Ave., Ste. 34 & 35 Urbandale, IA 50322 (515) 251-6688 www.urbandalefoodpantry.org

#### Urbandale Fourth of July Committee

Events/Special Events PO Box 3656 Urbandale, IA 50323 www.urbandale4thofjuly.org

#### **Urbandale Golf & Country Club**

Private Clubs Bev Atkins 4000 NW 86th St. Urbandale, IA 50322-2358 (515) 276-5496 www.urbandalegolf.com

#### **Urbandale Historical Society**

Organizations/Non-Profit Susan Bonnicksen 4010 70th St. Urbandale, IA 50322 (515) 270-2917 http://urbandalehistoricalsociety.org

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#### Urbandale Lawn Solutions, Inc.

Contractors/Lawn Maintenance Ryan Jacobs PO Box 42511 Urbandale, IA 50323 (515) 771-7674 www.urbandalelawnsolutions.com

#### **Urbandale Public Library**

Libraries-Museums Nicholas Janning 3520 86th St. Urbandale, IA 50322 (515) 278-3945 www.urbandalelibrary.org

#### **Urbandale Republicans**

Organizations/Non-Profit Brad Boustead Urbandale, IA 50322 (515) 331-2700 www.facebook.com/ urbandalerepublicans

#### **Urbandale Water Utility**

Utilities/Water Dale Acheson 3720 NW 86th St. Urbandale, IA 50322-4099 (515) 278-3940 www.urbandalewater.org

#### **Urology Center of Iowa**

Health Care/Physicians Sarah Jackson 12129 University Ave. Clive, IA 50325 (515) 400-3550 http://iowauro.com

#### USA Mortgage - Heather Janssen

Finance/Mortgage Heather Janssen 699 Walnut St. Des Moines, IA 50309 (515) 865-6422 www.usamortgage.com/mortgageloan-originator/heather-sue-janssen

#### Valpak of Central Iowa

Advertising/Direct Mail Matthew Goodman 1000 73rd St., Ste. 8 West Des Moines, IA 50265 (515) 254-1388 www.valpak.com/centraliowa

#### Van Meter, Inc.

Distributors/Electrical Rob Olney 4040 121st St. Urbandale, IA 50323 (515) 262-9609 www.vanmeterinc.com

#### Van Wall Equipment

Retail-Shops-Stores/Lawn & Garden Mike Schechinger 10100 Dennis Dr. Urbandale, IA 50322-3893 (515) 253-9005 www.vanwall.com

#### Vernon, Rick

Individual Membership 1 Promotion Pl., PO Box 600 Newton, IA 50208-0600 (515) 238-6500

#### **Vero Chiropractic**

Health Care/Chiropractors Josiah Fitzsimmons 5525 Mills Civic Pkwy., Ste. 120 West Des Moines, IA 50266 (515) 422-9552 www.verochiropractic.com

#### **Virtual Tours of Des Moines**

Photography/Photo Imaging David Riley (515) 322-0598 www.VirtualToursDSM.com

#### Vision Park Family Eye Care

Health Care/Optometrists Sheila Twaroski 2699 NW 86th St. Urbandale, IA 50322-4309 (515) 270-2490 www.vision-park.com

#### VisionBank

Finance/Banks Cyle Taylor 925 SE Gateway Dr. Grimes, IA 50111 (515) 986-5746 www.visionbank.com

#### Walnut Lake Apartments

Real Estate/Apartments Alex Schwichtenberg 4454 NW 142nd St. Urbandale, IA 50323 (515) 253-8853 http://makewalnutlakehome.com



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#### Walnut Ridge Senior Community

Seniors/Real Estate Ann-Marie Habhab 1701 Campus Dr. Clive, IA 50325-6621 (515) 457-1111 www.preshomes.org/ourcommunities/walnut-ridge

#### Waste Connections of Iowa Inc.

Environmental/Waste Management Gretchen Husske 4705 NE 22nd St. Des Moines, IA 50313-2513 (515) 265-7374 www.wcdesmoines.com

#### Waukee Community Schools Foundation

Organizations/Non-Profit Adrianne Towe 560 SE University Ave. Waukee, IA 50263 (515) 240-6091 www.waukeeschoolsfoundation.org

#### Waukee's Best After School &

Summer Camp Children/Day Care Mustafa Jahic 120 SE Laurel St. Waukee, IA 50263 (515) 318-0187 www.waukeeafterschool.com



#### Webspec

Internet/Website Design Jeremiah Terhark 5907 Meredith Dr. Urbandale, IA 50322-1903 (515) 334-9544 www.webspec.com

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#### Wells Fargo - Urbandale

Finance/Mortgage Brian Ahlers 8301 Douglas Ave. Urbandale, IA 50323 (515) 237-5951 www.wfhm.com/loans/brian-ahlers/ index.page

#### Wells Fargo Advisors

Finance/Retirement Planning Mo Sane 5880 Merle Hay Rd. Johnston, IA 50131 (515) 237-5389 https://home.wellsfargoadvisors.com

#### WesleyLife at Home

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Health Care/Hospice Zach Detweiler 4328 114th St. Urbandale, IA 50131 (515) 978-2777 www.wesleylife.org

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#### Westside Appliance Repair

Appliance Repair Misty Boots 2877 99th St. Urbandale, IA 50322-3858 (515) 276-8899 www.westsideappliancerepair.com

#### Westside Auto Pros

Automotive/Service Joe Jerkins 1901 NW 92nd Ct. Clive, IA 50325 (515) 225-9090 www.westsideautopros.com

#### Westside Strength & Conditioning

Wellness/Fitness Calvin Ridlen 1917 68th St. Windsor Heights, IA 50324-5866 (515) 664-0401 www.westsidestrength.com

#### Wilon Wealth Management

Finance/Investments Matthew Onstot 2400 NW 86th St., Ste. 32 Urbandale, IA 50322 (515) 225-9500 www.WILONWM.com

#### WineStyles

Retail-Shops-Stores/Alcohol Allan Graham 8460 Birchwood Ct., Ste. 500 Johnston, IA 50131 (515) 334-9463 www.winestyles.net/johnston

#### Women Lead Change

Organizations/Non-Profit Amy Eaton 3106 Ingersoll Ave. Des Moines, IA 50312 (319) 423-7175 www.wlcglobal.org

#### Woodharbor Kitchen, Bath & Home Remodeling

Contractors/Kitchen & Bath Cheryl Arganbright 10627 Aurora Ave. Urbandale, IA 50322-3808 (515) 278-1531 www.woodharbordm.com

#### **Xtra Innings**

Entertainment-Recreation/Batting Cages Craig Dueker 3946 NW Urbandale Dr. Urbandale, IA 50322 (515) 528-2294 www.xtrainningsiowa.com

#### **Yost Family Chiropractic**

Health Care/Chiropractors Heather Yost 3993 100th St. Urbandale, IA 50322 (515) 278-9678 www.yostfamilychiropractic.com

#### **Your Private Bar**

Events/Rental Services Amber Cooper 1701 25th St. West Des Moines, IA 50266 (515) 599-1205 http://yourprivatebar.com

#### Zaun, Brad

Individual Membership 7032 Holcomb Ave. Urbandale, IA 50322 (515) 777-2939

#### **Supporting Our Schools**

The Urbandale Education Foundation (UEF) is a 501(c)(3) non-profit organization committed to enhancing the educational experience of students in the Urbandale Community School District. Urbandale Dollars for Scholars® and the Urbandale Alumni Association are part of the UEF.

It's through your support that UEF is able to provide classroom grants, student scholarships, alumni connections and enhanced educational programming for Urbandale students.

UrbandaleEducationFoundation.com



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## Resource guide

#### MyEntre.net

Center for Business Growth and Innovation University of Northern Iowa 8120 Jennings Dr., Ste. 13, Cedar Falls, IA 50614 (319) 273-4344 | www.myentre.net Part of the University of Northern Iowa's Business and Community Services (BCS) division, MyEntre.net is an entrepreneurship development system consisting of an online social network and free web-based entrepreneurial resources, coupled with collaborative services and capital for entrepreneurs in Iowa. The MyEntre.net team provides customized technical assistance, quality referrals and rapid access to capital for pre-venture and existing small firms statewide. The site has archived its webinars and blogs for access at any time by registered users.

#### **NAWBO** lowa

National Association of Women Business Owners | www.nawbo.org lowa Chapters | nawboiowa.org/satellites The National Association of Women Business Owners (NAWBO) represents the interests of women entrepreneurs in all industries. The association works to strengthen the wealth-creating capacity of its members and promote economic development; create innovative and effective changes in the business culture; build strategic alliances, coalitions and affiliations; and transform public policy and influence opinion makers.

#### **Des Moines SCORE**

6600 University Ave., Room 157 Des Moines, IA 50324

(515) 274-8593 | www.desmoines.score.org SCORE is a nonprofit organization that provides free business mentoring services to entrepreneurs. The organization also presents business workshops and seminars for a fee. Business mentoring services are provided by both active and retired business executives and entrepreneurs who donate their time and expertise as mentors to assist new and established small businesses. SCORE is a resource partner with the U.S. Small Business Administration.

#### IASourceLink

200 E. Grand Ave., Des Moines, IA 50309 (866) 537-6052 | www.iasourcelink.com University of Northern Iowa Business & Community Services

8120 Jennings Dr., Ste. 13, Cedar Falls, IA 50614 (319) 273-4344

IASourceLink is an online resource connecting entrepreneurs and small businesses to more than 360 resource providers across the state. It is hosted by the Iowa Economic Development Authority (IEDA) in collaboration with the Center for Business Growth and Innovation (CBGI) at the University of Northern Iowa. Services include its business concierge service, in which an information specialist assists small business owners in finding solutions to their most pressing questions, and the Iowa Business License Information Center. The State of Iowa does not have a general business license, but rather regulates the activity of particular businesses or professions. For business licensing assistance, contact Christine Cavil at blic@iowaeda.com or toll free at (800) 532-1216.

#### Iowa Center for Economic Success

8345 University Blvd., Ste. F, Clive, IA 50325 (515) 283-0940 | theiowacenter.org Originally founded in 1987, a group of leaders committed to addressing the social and economic issues of Iowans in creative ways formed the Institute of Social & Economic Development. The group runs the only SBA-funded Women's Business Center in Iowa and partners with the Iowa Department of Human Services and the IRS to offer free tax prep and planning programs. In 2014, the group joined forces with Iowa Economic Development Authority to manage its microloan portfolio. Today, the Iowa Center for Economic Success offers education, resources, credit, lending, advocacy and networking programs.

#### Iowa Economic Development Authority (IEDA)

200 E. Grand Ave., Des Moines, IA 50309 (515) 725-3000

www.iowaeconomicdevelopment.com The IEDA works to engender and promote economic development policies and practices which stimulate and sustain Iowa's economic growth, climate and integrate efforts across public and private sectors. Programs for entrepreneurs and business owners include financial assistance, tax incentives, regulatory assistance, export trade advising, consultation and marketing assistance.

#### Iowa Small Business Development Centers

400 Locust St., Ste. 160, Des Moines, IA 50309 (515) 331-8954

The Small Business Development Centers (SBDC) provide business counseling and training on specific business needs including, but not limited to: new business guidance, loan assistance, market research services, cash flow projections, human resource management, strategic planning, business continuity planning, accounting and QuickBooks, writing a business plan, business planning and modeling, financing opportunities, export assistance, business succession strategies, business growth strategies, disaster recovery, market planning and strategy and pricing. On the second Wednesday of every month, SBDC has office hours at the Urbandale Chamber. Call the Chamber to set up an appointment.

#### Iowa Foundation for Microenterprise and Community Vitality

915 8th St., Ste. 205, Boone, IA 50036 (515) 212-0182 | iowamicroloan.org Iowa Foundation for Microenterprise and Community Vitality (IFMCV) is a nonprofit foundation created for the purpose of initiating and operating model programs that assist Iowa's community foundations, other tax exempt organizations and agencies of government. The foundation created IowaMicroLoan, a program for small businesses that are considered on the fringe of riskbearing capacity for most traditional financial institutions.

#### John Pappajohn Entrepreneurial Centers (JPEC)

www.iowajpec.org

In 1996, John Pappajohn, President of Equity Dynamics, Inc. in Des Moines, established five entrepreneurial centers throughout Iowa. Although each center defines its own mission and serves the state in a manner consistent with its particular strengths, each center has the same ultimate purpose — to enhance the effectiveness of Iowa's entrepreneurs. The centers offer many educational opportunities, including Venture School, an intense six-week training program for entrepreneurs. The City of Urbandale and Urbandale Chamber sponsor a team annually to attend Venture School.

#### Lift Investments for Tomorrow

LIFT Administration, State Capitol Building, Room 114, Des Moines, IA 50319 (515) 281-6878 | lift@iowa.gov www.iowalift.gov

Lift Investments for Tomorrow provides capital for small businesses owned and operated by Iowans. Half of its funds are available for businesses that are 51 percent or more owned, operated and actively managed by one or more women, minority persons or persons with disabilities.

## CATEGORICAL LISTING OF CHAMBER MEMBERS

Advertising/Agencies Bing Bang Blue Compass

Advertising/Consultants Drake Sports Properties

Advertising/Digital LOCALiQ

Advertising/Direct Mail Global Direct Mail & Marketing Valpak of Central Iowa

Advertising/Outdoor Lamar Advertising

Advertising/Specialties Bluefish Promotional Marketing Superior Printing & Promotions

Agribusiness/Farming lowa Orchard

Agribusiness/Feed Ingredients ILC Resources

Agribusiness/Insurance Berkley Agribusiness

#### Agribusiness/Products

International Veterinary Supplies Inc. John Deere Intelligent Solutions Group United Services Association

Animal/Training Sit Means Sit Dog Training

Animal/Veterinarians Pet Medical Center of Urbandale Urban Pet Hospital

Appliance Repair Metro Appliance Repair Westside Appliance Repair

Archival Products Archive Iowa

#### Audio-Visual/Equipment

AVI Systems CLE Productions Conference Technologies Inc. Fusion Technologies Reference Audio Video and Security

#### Audio-Visual/Video-Film Production

Red Rooster Creative Studio Process

Automotive/Breathalyzer-Ignition Device Intoxalock

#### Automotive/Car Wash

Foam Carwash Express Grizzly Clean Laserwash of Urbandale

#### Automotive/Dealers

Acura of Johnston Audi Des Moines BMW of Des Moines Bob Brown Chevrolet Car City CarMax Hummel's Nissan Lithia Volkswagen of Des Moines Mercedes-Benz of Des Moines Mini of Des Moines Ramsey Subaru Mazda of Des Moines Stew Hansen Chrysler Dodge Jeep Ram Stivers Ford Lincoln - E. Hickman

#### Automotive/Glass

R&B Auto Glass

#### Automotive/Parts

CarQuest

#### Automotive/Repair

Graham Collision Ted's Body Shop Ted's Body Shop - Altoona Truman's Automotive & ADAS Calibrations Urbandale Auto Body Service, Inc.

#### Automotive/Security-Sound

Fusion Auto Sound S & C Automotive, Inc. Tint World

#### Automotive/Service

Absolute Auto Repair Big O Tires Freedom Tire Higgins Plaza Service Inc. Premier Automotive Service Shade Tree Auto Westside Auto Pros

#### **Awards/Trophies & Plaques**

Academy Trophies & Awards

#### **Business Products/Copiers**

Copy Systems Inc. Infomax Office Systems, Inc. Konica Minolta Business Solutions MMIT Business Solutions Group

#### **Business Products/Furniture**

Koch Office Group Storey Kenworthy - Office Interiors

#### **Business Products/Supplies**

Iowa - Des Moines Supply, Inc. Triplett Office Solutions

#### **Business Services/Coaching**

Accelerate ActionCOACH Business Coaching Bunker Labs Des Moines Clegg Consulting Group Jon Leonetti - EOS Worldwide Professional Implementer Simpson Sales Solutions SpeakFluence

"As a new member, I've found the Chamber to be an excellent organization that continues to do great work connecting people in central Iowa. The members are friendly, knowledgeable and always welcoming to new members."



Lyndsey Lamb Realtor Guardian Real Estate Group LLC

#### **Categorical List of Chamber Members**

#### **Business Services/Consultants**

900 Views LLC Aura, LLC Baton Global berniestone.com Compensation Designs, LLC Eide Bailly LLP EOS Implementer Rob Taylor at EOS Worldwide Fox Growth Strategies Life Made Simple, LLC Perspective Consulting Partners, LLC Schabel Solutions Inc.

Business Services/Organizing Services RLS INC.

#### **Business Services/Training**

ATW Training Solutions Culture and Manners Institute OPX International, LLC.

#### Children/Day Care

Cadence Academy Preschool Kiddie Academy of Urbandale Kidz Corner Primrose School of Urbandale Waukee's Best After School & Summer Camp

#### Cleaning-Maintenance/Carpet

Dream Steam Cleaning and Restoration

#### **Cleaning-Maintenance/Ductwork**

Air Free Duct Cleaning Dryer Vent Wizard of West Des Moines

#### **Cleaning-Maintenance/Janitorial**

B&M Cleaners Mary's Cleaning Care, Inc. Rag Mop Cleaning Reliable Maintenance Company RODAN Office Cleaning Stratus Building Solutions

#### **Cleaning-Maintenance/Services**

CJs Window Cleaning Services Emory Industrial Services Fibrenew West Des Moines Fish Window Cleaning

#### **Coffee Houses**

Friedrichs Coffee Twisted Bean Coffee Company

Communications/Cable TV OnMedia

**Communications/Cellular** Cellular Advantage

#### **Communications/Publishing**

Business Publications Corporation Iowa Living Magazines Iowa Urban Media

#### **Communications/Radio**

Cumulus Media Inc. Iowa Public Radio, Inc.

Communications/Telecommunications Marco

**Computer/Consulting** IP Pathways, LLC Lozanotek, Inc.

#### **Computer/Services**

CEC Computer Repair of Des Moines Dymin Systems, Inc. iTech Gurus J&D Computers & Technology Platinum Information Services Secure Point Solutions TeamLogic IT of Des Moines

"I'm very happy I decided to join the Urbandale Chamber of Commerce last year. It was actually my first year in Des Moines after moving from Chicago. Being part of this amazing community helped me put my business name out there, meet great people, learn about the other businesses in the area and they have provided a lot of opportunities for me!"



Carolina Hudman Owner - Euphoria Cakes Computer/Software Development

Berkley Technology Services LaunchIT Corp.

**Computer/Training** New Horizons Computer Learning Center

#### **Construction/Lumber-Building Material**

Greater Des Moines Habitat for Humanity, ReStore Home Depot #2115 - Urbandale

#### Construction/Management

Breiholz Construction Company DCI Group Turner Construction

#### **Construction/Materials**

Logan Contractors Supply Inc. Martin Marietta

#### **Contractors/Commercial**

ASI Commercial Construction DSM Property Services LLC Edge Commercial L. A. Fulton & Sons Inc. McGough Construction Stahl Construction

Contractors/Concrete

Midwest Polyfoam

Contractors/Countertops

Fox Countertops, Inc.

#### **Contractors/Electrical**

Baker Electric, Inc. Custom Electrical Services LLAB Electric Tri-City Electric Co.

#### Contractors/Flooring

Barnum Floors

#### **Contractors/General**

Archadeck Ball Team, LLC Big Roofing Haggerty Windows and Siding

#### **Contractors/Glass**

Kinman Glass Inc.

#### **Contractors/Heating-Cooling**

72 Degrees Comfort Company Dayton Heating & Air Conditioning, LLC Kohles & Bach Heating & Cooling - Fireplaces Lenz Heating and Cooling Modern Heating & Air

**Contractors/Home Builders** 

Happe Homes J. Thompson Builders K and V Homes, Inc.

#### **Contractors/Kitchen & Bath**

Showplace Cabinetry Design Center Woodharbor Kitchen, Bath & Home Remodeling

#### **Contractors/Lawn Maintenance**

Mr. Mow It All The Tree Service Urbandale Lawn Solutions, Inc.

#### Contractors/Mechanical

DPT Group, Inc.

#### **Contractors/Painters** CertaPro Painters of Des Moines

CertaPro Painters of Des Moines

#### **Contractors/Plumbing**

Schlievert Plumbing Inc.

#### **Contractors/Remodeling**

Bath Planet of Iowa Design2Build HomeWorx Mullins Renovation & Construction Remodeling Contractors

#### **Contractors/Roofing-Gutters**

Apple Roofing LLC Genesis Roofing McCoy Roofing, LLC R3 Construction Ram Roofing and Solar Right Roofing & Siding, Inc. Superstorm Restoration

#### **Contractors/Siding**

Superior Exteriors

**Contractors/Water Removal** ServiceMaster by Rice

#### **Dental/Dentists**

Cedar Ridge Esthetic and Family Dentistry Davidson Family Dentistry Lawson Family Dentistry McDonald Family Dentistry Solace Dental Urbandale Family Dentistry

#### Dental/Insurance

Delta Dental of Iowa

#### Dental/Orthodontists

Iowa Orthodontic Solutions

#### Distributors/Alcohol

Aviv Distributing Foundry Distilling Company

#### **Distributors/Electrical**

3E (Electrical Engineering & Equipment Co.) Crescent Electric Supply Van Meter, Inc.



### DART: Getting central Iowans to work, supporting economy vitality

The number one reason people ride DART is to get to work, and we're providing more ways than ever to get people to their jobs and wherever else they need to go.

A strong public transit system contributes to regional economic vitality by ensuring everyone has access to job opportunities and that employers have more workforce options.







#### **Categorical List of Chamber Members**

**Distributors/Flags & Flagpoles** A-D Distributing Co, Inc.

Distributors/Food & Beverage Pepsi Beverages Company

**Distributors/Medical Supplies** First Medical Inc.

**Distributors/Paper** Sink Paper and Packaging

**Distributors/Refrigeration Equipment** Hussmann Corporation

Education/Cognitive Skills Training ClubZ! In Home Tutoring

#### **Education/Colleges-Universities**

DMACC Business Resources Drake College of Business and Public Administration Upper Iowa University Education/Driving Drive With Cops

Education/Public Urbandale Community School District

#### Employment/Agencies and Staffing Aston Carter

Career Search Associates Garman Partners ManpowerGroup Midwest Professional Staffing Palmer Group QPS Employment Group RC Search Group Remedy Intelligent Staffing

Employment/Human Resources Connectify HR

Oasis, a Paychex® Company

Entertainment-Recreation/Attractions JP Party Rentals LLC Living History Farms

Prairie Meadows Racetrack & Casino

Entertainment-Recreation/Batting Cages Xtra Innings

Entertainment-Recreation/Disc Jockey Spotlight Entertainment DJ Service

**Entertainment-Recreation/Gaming** Old School Pinball & Arcade Royale Flush Gaming

Entertainment-Recreation/Golf Courses Beaver Creek Golf Course

Entertainment-Recreation/Ice Skating Metro Ice Sports Facility

Entertainment-Recreation/Martial Arts Farrell's Martial Arts

#### Entertainment-Recreation/Performing Arts

Andrew Hoyt Music Iowa Ballet Academy



#### Entertainment-Recreation/Sports Facilities

CrossRoads Shooting Sports Iowa Events Center

#### **Entertainment-Recreation/Sports Teams**

Des Moines Buccaneers Iowa Wild Iowa Wolves

Entertainment-Recreation/Theaters Flix Brewhouse

Entertainment-Recreation/Visitor Information Catch Des Moines! Greater Des Moines Convention & Visitors Bureau

**Environmental/Mobile Toilets** A King's Throne, LLC.

**Environmental/Pest Control** Miller Pest & Termite

#### Environmental/Services Purelight Power

#### Environmental/Waste Management

Ankeny Sanitation Bob's Septic & Premium Privies Metro Waste Authority Waste Connections of Iowa Inc.

#### **Events/Decoration**

Golden Openings, Inc.

#### Events/Planning

Jade Li Weddings & Events LLC Privacy, LLC & Ladie Lex Scented Candles

#### **Events/Rental Services**

Exhibits/Displays, Inc. HD Sports Your Private Bar

#### Events/Special Events

Urbandale Fourth of July Committee

#### Facilities/Conference Centers & Banquet Facilities

Bella Love Event Venue Horizon Events Center

#### **Finance/Accountants**

Ann M. Hartz, CPA & Associates BerganKDV De Hamer Accounting Services LLP Desmond CPA, PLC Gardiner + Company CPAs Insight CPA Kaduce & Company, PC MHCS Pittman & Company, LLP Shaul & Associates PLC SPW Bookkeeping, LLC TDT CPAs and Advisors Timmins, Jacobsen & Strawhacker, LLP Welgaard CPAs & Advisors

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#### **Categorical List of Chamber Members**

#### **Finance/Banks**

Bank Iowa - Johnston Bank Iowa - West Des Moines Bankers Trust Company - North Office Central Bank Central Bank - 86th St. Branch First National Bank - Johnston Branch Great Southern Bank - Clive Iowa State Bank - Banking & Trust Services Liberty National Bank Midwest Heritage Bank MidWestOne Bank Northwest Bank Two Rivers Bank & Trust U.S. Bank VisionBank West Bank

#### **Finance/Credit Card Processing**

Beyond - Ron Boughton Payteva SpotOn LLC

#### **Finance/Credit Unions**

Collins Community Credit Union Greater Iowa Credit Union GreenState Credit Union Midland Credit Union - Pleasant Hill Midland Credit Union - Urbandale Serve Credit Union

#### Finance/Equipment Banleaco

#### Finance/Investments

AO Wealth Advisory Harvest Point Wealth Management Mokosak Advisory Group, LLC RockWay Wealth Partners Wilon Wealth Management

#### Finance/Leasing Services

Lease Consultants Corporation

#### Finance/Mortgage

Clear Mortgage CMG Financial Gershman Mortgage - Urbandale Journey Mortgage LLC Key Mortgage Group Midwest Family Lending Corp. Mortgage Right USA Mortgage - Heather Janssen Wells Fargo - Urbandale

#### **Finance/Payroll Services**

Heartland Payroll

#### **Finance/Retirement Planning**

Creative Transition Strategies Edward Jones - Daniel Timmons Edward Jones - Todd P. Johnson Iron Horse Wealth Management, LLC Merkle Retirement Planning QPC (Qualified Plan Consultants, LLC) Teacher Wealth Wells Fargo Advisors



## CHANGING THE PERSPECTIVE OF EMPLOYEE BENEFITS

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> Perspective Consulting Partners, L

2650 106th Street, Suite 220 | Urbandale, IA 50322

**Finance/Services** Financial Architects T&H Financial Coaching, LLC

Finance/Tax Services Block Advisors

**Fire/Alarm Systems** Protex Central TGGFire

Food-Beverage/Bakeries Cookies By Design Echo's Cookies Shop Euphoria Cakes

Food-Beverage/Breweries Kinship Brewing Company

Food-Beverage/Catering

Cooking By J Country Club Market IN the BAG Corporate Cuisine

Food-Beverage/Grocers Fareway Stores, Inc. Hy-Vee, Inc.

#### **Funerals/Services**

Caldwell Parrish Funeral Home & Crematory Merle Hay Funeral Home & Chapel Hill Gardens

Government/City City of Urbandale

**Government/County** Iowa State University Extension and Outreach Polk County

**Government/Federal** U.S. Small Business Administration

Government/State CIRAS

#### Health & Beauty/Consultants

Angie Taylor, Independent Sales Director with Mary Kay Skin Care and Cosmetics

#### Health & Beauty/Salons-Spas

Art of Life Salon and Spa On Point Salon Salon 86 Trixies Salon Urban Nails & Spa

Health & Beauty/Supplies Mischief Soap Co LLC

Health & Beauty/Tanning

Sun Tan City - Merle Hay

#### Health Care/Assisted Living

Adel Acres Edencrest at Beaverdale Edencrest at Green Meadows Edencrest at The Legacy Glen Oaks Alzheimer's Special Care Center Pine Acres Rehabilitation and Care Center Senior Suites of Urbandale

#### **Health Care/Chiropractors**

ADIO Chiropractic Clarity Chiropractic Optimum Chiropractic P.C. Thrive Family Chiropractic Vero Chiropractic Yost Family Chiropractic

#### **Health Care/Clinics**

Integrative Family Medicine - Ankeny Integrative Family Medicine - West Des Moines The Iowa Clinic Family Medicine - Johnston The Iowa Clinic, P.C.- Urbandale UnityPoint Clinic in Urbandale University of Iowa Health Care University of Iowa Health Care Infertility Clinic Health Care/Consultants Brighton Consulting Group

**Health Care/Home** 

Angels Care Home Health Golden Heart Senior Care Senior Helpers

Health Care/Hospice WesleyLife at Home

Health Care/Hypnosis Redesigned Mind

Health Care/Nursing Homes Arbor Springs

Health Care/Oncology Mission Cancer + Blood

Health Care/Optometrists Urbandale Eye Care Vision Park Family Eye Care

Health Care/Pharmacies Medicap Pharmacies, Inc. - Urbandale

#### Health Care/Physical Therapists

Athletico Physical Therapy ATI Physical Therapy Champions Recovery Room and Physical Therapy Core Physical Therapy Revive Physical Therapy and Wellness

**Health Care/Physicians** 

Exemplar Care Urology Center of Iowa

"A business owner once asked me what I liked about the Urbandale Chamber, and without hesitation I told him it was the endless relationships I have acquired over the past five years. I can even call a few of those relationships really good friends now. There's no way I can quantify how much value I have received from my membership, and I couldn't imagine ever not being a member. With that, I will always be a member of the Urbandale Chamber."



Jay Mathes Community Relations Coordinator Edencrest at Green Meadows

#### **Categorical List of Chamber Members**

**Health Care/Services** 

OsteoStrong

#### **Health Care/Supplies**

Fittings Unlimited, Inc.

#### Human Services/Counseling

Compass Clinical Associates, PLLC Des Moines Pastoral Counseling Center New Heights Counseling Resources, Inc. Real Connections Counseling

#### **Human Services/Social Services**

Mosaic in Central Iowa

#### **Individual Membership**

Andeweg, Robert Baer Harding, Kirstin Brownell, Robert Dolezal, Monica Giovannetti, E.J. Goedken, Beth Knueven, Pat McGonegle, Pat Merrifield, Melissa Miller, Alex Mock, Rhonda Olson, Jason Pelham, Randy Pogge, Ron Prentice, Debra Raecker, Scott Raymond, Jacky Robinson, Greg Rodgers, John Saf, Ron Steinke, Terri Trentmann, Norm Vernon, Rick Zaun, Brad

#### Insurance-Finance/Agents

Allstate Insurance - Tony Griffin American Family Insurance - Bannister & Associates American Republic Insurance Services Benefits Plus Buenzow Insurance Group Christiansen & Storey Healthcare Solutions Colonial Life Colonial Life - Brandon Jorgensen Copper Creek Financial Group Country Financial - Danny Mielneczek

#### Insurance-Finance/Agents

Country Financial - Sara Velander Farm Bureau Financial Services - Dan Siegfried Farmers Insurance - Karla Rendall Globe Life Family Heritage – Emilie Ball Globe Life Family Heritage – Scott Benter Health Insurance Advisor, LLC HealthMarkets, Inc. Liberty Mutual Insurance - Jake Wisel MediGold Miller, Fidler & Hinke Insurance Agency Phillips Stafford Insurance Group PRIMERICA **R&A Risk Professionals** Sears Insurance Shelter Insurance - Dillon Kimberley Shelter Insurance - Monica Hoover State Farm Insurance - James Walford State Farm Insurance - Mark Courter State Farm Insurance - Ryan Clausen The Dana Company

#### Insurance-Finance/Brokerages

Breathe Easy Insurance Group Benefits, Ltd. Reynolds & Reynolds, Inc.

#### Insurance-Finance/Services

Bilbrey Insurance Services/ICAP Brokers International Continental Western Group Mercer NCMIC Group/Professional Solutions

#### Internet/Services

Consolidated Communications Mediacom Business MetroNet

#### Internet/Website Design

Applied Art & Technology Webspec

#### Legal Services/Attorneys

Abendroth Russell Barnett Law Firm Connolly Law Firm Cunningham & Kelso, PLLC Gardner Law Firm, P.C. Simpson, Jensen, Abels, Fischer & Bouslog P.C.

#### Libraries-Museums

Grimes Public Library Urbandale Public Library

#### Lodging/Hotels-Motels

Des Moines Urbandale Hilton Garden Inn Fairfield Inn & Suites Hampton Inn & Suites Holiday Inn Express & Suites Plum Dr. Holiday Inn Hotel & Suites DM Northwest Hotel Renovo Ramada Tropics Resort & Conference Center Stoney Creek Hotel & Conference Center TownePlace Suites by Marriott Des Moines-Urbandale

#### Mailing-Shipping/Services

Mail Services, LLC

#### Manufacturing/Contract

CST Holding Company, LLC Quality Manufacturing Corporation

#### Manufacturing/Equipment

Denso Manufacturing Sacmi USA LTD

#### Manufacturing/Food

Sarah's Delectables, LLC

Manufacturing/Packaging Assembled Products, Inc.

#### Manufacturing/Turbo Machinery Process Controls Compressor Controls Corporation

Marketing/Communications Des Moines Creative

#### Marketing/Internet Creative DSM | Digital & Social Marketing Farmboy

Marketing/Public Relations StoryStruck Marketing

#### **Marketing/Services**

Allegra Marketing, Print, Mail, Signs Nexus 6 Marketing Northgate Marketing Inc. Silverwings The Utility Co.

#### Military

U.S. Army Medical Recruiting Station

#### **Moving/Services**

Adamantine Spine Moving TWO MEN AND A TRUCK - Des Moines UNITS of Central Iowa

#### **Organizations/Associations**

Association of Boards of Certification Home Builders Assoc. of Greater DM Iowa Association of Business and Industry (ABI) Iowa Association of Electric Cooperatives Iowa Bankers Association Iowa Restaurant Association SBDC - Mid Iowa Small Business Development Center

#### **Organizations/Chambers of Commerce**

Greater Des Moines Partnership Urbandale Chamber of Commerce

#### **Organizations/Foundations**

Urbandale Education Foundation

#### **Organizations/Non-Profit**

Better Business Bureau Serving Greater Iowa **Blessman International** Children's Cancer Connection Community Hand Up CultureALL Dress for Success Des Moines Easterseals Iowa Endow Urbandale EveryStep Giving Tree Thrift Store Goodwill of Central Iowa Iowa International Center Japan America Society of Iowa (JASI) LifeServe Blood Center Many Hands Thrift Market **MS Moments Puppy Jake Foundation Urbandale Food Pantry** Urbandale Historical Society Urbandale Republicans Waukee Community Schools Foundation Women Lead Change

#### **Organizations/Youth**

Beyond Ball Girl Scouts of Greater Iowa Johnston Urbandale Soccer Club

#### Photography/Photo Imaging

Virtual Tours of Des Moines

#### Photography/Photographers

Brent Isenberger Photography Tas Creations/Terry Snyder Photography

#### **Printing/Printers**

ADi Group Beeline + Blue Copy Cat Prints and Legal Eagles Lashier Graphics & Signs PC Print Center Plaza Printers Speedpro Imaging

#### **Printing/Screen Printers**

Tees Custom Apparel

#### Private Clubs

Des Moines Embassy Club West Urbandale Golf & Country Club

#### Professional-Design Services/Architects

DLR Group Inc. Shive-Hattery

#### Professional-Design Services/Engineers

Allender Butzke Engineers Inc. Bishop Engineering Company, Inc. Bluestone Engineering Braun Intertec Civil Design Advantage LLC Civil Engineering Consultants, Inc. HR Green, Inc. IMEG Corp Kirkham, Michael & Associates Lee Chamberlin Consultant Engineers Short Elliott Hendrickson Inc. Tometich Engineering, Inc.

#### **Real Estate/Agents**

Century 21 Signature Real Estate Coldwell Banker Mid-America EXIT Realty Capital City Guardian Real Estate Group Iowa Realty - Jon Smith Keller Williams Greater Des Moines Knickerbocker Real Estate Team RE/MAX Concepts - Doug Stonehocker RE/MAX Concepts - Jennifer Paulsen RE/MAX Concepts - Marva McCarty RE/MAX Concepts - Shannon Salmon RE/MAX Precision RE/MAX Precision - Adams Family Realty

#### **Real Estate/Agents**

RE/MAX Precision - Rob Mordini RE/MAX Precision - Woodley Real Estate

#### **Real Estate/Apartments**

Glen Meadows Retirement Community LINC at Gray's Station ReNew Jordan Creek Rocket Transfer Lofts Walnut Lake Apartments Westpointe Apartments & Townhomes

#### **Real Estate/Commercial**

Anderson Properties AP Brokerage, LLC Cushman & Wakefield Developers Realty Group Ferguson Commercial Real Estate Services First Onsite JLL Performance Realty LLC Signature Real Estate Services, Inc.

#### **Real Estate/Developers**

Knapp Properties, L.C. Landmark Companies, Inc. R&R Realty Group

#### **Real Estate/Property Management**

CKJ Properties Colby Management Company Premier Companies & Paramount Homes Renters Warehouse

#### **Real Estate/Services**

First American Home Warranty

#### Restaurants

100th Street Corner Cafe Applebee's Grill & Bar #1007 Bennigan's Grill & Tavern Big Al's BBQ & Catering - West Des Moines Blue Shark Ale House Bordenaros Pizzeria Cancun Mexican Restaurant Cozy Cafe - Johnston Douglas Cafe Fresh Fit Meals GAMEDAY Kitchen, Cocktails, Sports, Fun Hidalgo Mexican Bar and Grill Hungry Boyz IHOP

#### **Categorical List of Chamber Members**

#### **Restaurants**

McAlister's Deli Range Restaurant + Cocktail Bar Ruby Tuesday Sivid Stormy's Texas Roadhouse The Beerhouse The Hall The Stuffed Olive The U Bar & Grill The Urban Grill

Retail-Shops-Stores/Alcohol WineStyles

**Retail-Shops-Stores/Antiques-Collectibles** Central Iowa Coin & Bullion LLC

Retail-Shops-Stores/Batteries Interstate All Battery Center - Des Moines

**Retail-Shops-Stores/Bridal** Perry Bridal

Retail-Shops-Stores/Clothing Sassy Ensembles

**Retail-Shops-Stores/Consignment** Changing Places Consignment Shop Design Consign Do Overz, LLC

#### **Retail-Shops-Stores/Convenience** Hy-Vee Fast & Fresh Express Kwik Star - Douglas

Kwik Star - Plum QuikTrip Corporation

Retail-Shops-Stores/Educational Supplies The Learning Post

Retail-Shops-Stores/Electronic Cigarettes Central Iowa Vapors

Retail-Shops-Stores/Embroidery KSH Design Studio LLC

#### **Retail-Shops-Stores/Flooring**

Carpet One Floor & Home Floor & Decor Flooring America Heritage Interiors Floors to Go Royal Flooring Retail-Shops-Stores/Florists Plaza Florist & Gifts

Retail-Shops-Stores/Furniture Amish Haus Furniture Homemakers Furniture

**Retail-Shops-Stores/Gift Items** 2nd Chance Liquidation Edible Arrangements

**Retail-Shops-Stores/Golf** Broheim's Indoor Golf and Pub

Retail-Shops-Stores/Lawn & Garden Van Wall Equipment

Retail-Shops-Stores/Mattresses Midwest Mattress

Retail-Shops-Stores/Meal Preparation Dinner Dispatch

Retail-Shops-Stores/Outdoor Equipment AE Outdoor Power

Retail-Shops-Stores/Photo Equipment Christian Photo

Retail-Shops-Stores/Shopping Centers Merle Hay Mall

**Retail-Shops-Stores/Sporting Goods** Elitevision Athletics Fitness Sports - Johnston

Security-Safety/Personal Protection Equipment JLM Shooters Supply

Security-Safety/Services Locknet Managed IT A Tech Inc. / Easy Living Store Electronic Engineering Per Mar Security Services Strauss Security Solutions

Seniors/Health Care Humana

Seniors/Real Estate Deerfield Retirement Community Walnut Ridge Senior Community

**Seniors/Services** Senior Transitioning Services Signage

Archetype Sign Image 360 Iowa Sign Company Kness Signs Signarama Urbandale Signarama-Ankeny/YESCO Sign & Lighting Service

Transportation/Public Des Moines Area Regional Transit Authority (DART)

Transportation/Services PRIA Logistics

Travel/Incentive Programs Chamber Discoveries

Trucking/Motor Freight Express Logistics Inc. Trinity Logistics

Utilities/Utility Companies MidAmerican Energy Company

Utilities/Water Urbandale Water Utility

#### Wellness/Fitness

Anytime Fitness Atomic Number 26 ® Farrell's eXtreme Bodyshaping - Urbandale Farrell's eXtreme Bodyshaping - Waukee Fitness Nomad Fuerza Orangetheory Fitness Planet Fitness Urbandale Trainers Edge Truth Stands LLC Westside Strength & Conditioning

#### Wellness/Nutrition-Foods-Vitamins

HW Premium CBD Plexus Supplements

#### Wellness/Therapeutic Massage

Abundant Health Agape Wellness Center Manuel Touch Massage Therapy Massage Heights - Merle Hay Rd. Personal Best Massage Serenity Massage The Zone of Comfort, LLC Tranguil Touch

#### Wellness/Weight Loss

Optimal Health & Wellbeing

#### Stivers 2022 F-150 Lightning

(a)

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