

URBANDALE *Living Weekly*

WWW.IOWALIVINGMAGAZINES.COM

 A BIG GREEN UMBRELLA MEDIA PUBLICATION

WE'VE GOT YOU COVERED!

RIBBON CUTTING HELD



The Urbandale Chamber of Commerce held a ribbon cutting for R3 Construction LLC, 3921 121st St., Urbandale, on March 10.

URBANDALE WEATHER FORECAST

FRIDAY HIGH 52 | LOW 36
Mostly sunny and warmer



SATURDAY HIGH 55 | LOW 31
Times of clouds and sun



SUNDAY HIGH 53 | LOW 40
Rather cloudy



MONDAY HIGH 57 | LOW 38
Partly sunny, showers around



TUESDAY HIGH 56 | LOW 36
Mostly cloudy with a shower



Start your morning off right with an update from
theDailyumbrella

Free local news, weather, events, career opportunities and the morning chuckle.
Subscribe at theDailyUmbrella.com

FROM THE PUBLISHER

I'M GONNA BUY ME ALL KINDS OF CANDY

“My name is Michael, I got a nickel. I got a nickel, shiny and new. I’m gonna buy me all kinds of candy. That’s what I’m gonna do.”

Those are the words that Clint Holmes sang in 1972 with his catchy song about the memories of childhood entitled, “Playground in my Mind.” Today, a nickel won’t buy all kinds of candy. It won’t buy much at all. But, according to a wonderful story published March 18 in the Atlantic, it is worth more than 5 cents.

The story states that, although the nickel’s actual monetary value is 5 cents, the metal it contains is worth more than that. It says the “melt value” of a single nickel is currently 8 cents. In recent weeks, it has been up to 16 cents.

But, before you get any great ideas, you should know that melting down nickels for a profit is a crime. Even so, the article

states, “That hasn’t stopped opportunistic investors from zigzagging between banks and credit unions to gather nickels, with the hopes of one day selling them off for more than 5 cents.”

So what has caused the increase in value? In short, it has been the Ukraine crisis. The article states, “Russia supplies more than 20 percent of the world’s high-quality nickel, which is a crucial component in everything from stainless steel to pipes to the batteries that power electric cars. But with Ukraine under siege, companies in the West have been wary of buying Russian nickel. This has increased demand for nickel from everywhere else, which, in turn, has bumped up its price on the London Metal Exchange.”



That’s complicated stuff that most of us don’t want to deal with, but here is the silver lining: The attraction to hoarding nickels is, apparently, that there is no downside, as the nickel will never be worth less than 5 cents. The upside, though, could be huge if the composition of the metal in the coins changes — or if the coin is discontinued — as the ban on melting down nickels would then likely go away.

Meanwhile, I prefer to keep things simple. I’m gonna buy me all kinds of candy. That’s what I’m gonna do.

Have a great week, and thanks for reading.

Shane Goodman

President and
Publisher

Big Green Umbrella Media
shane@dmcityview.com
515-953-4822, ext. 305



URBANDALE
Living Weekly

A publication of Big Green Umbrella Media, Inc.
8101 Birchwood Court, Suite, D, Johnston, IA 50131
www.iowalivingmagazines.com



News contact

Tammy Pearson
515-953-4822, ext. 302
tammy@iowalivingmagazines.com



Advertising contact

Jolene Goodman
515-326-0082
jolene@iowalivingmagazines

RED CROSS HONORS THREE FOR LIFESAVING EFFORT

The Central Iowa Chapter and Northwest Iowa-Northeast Nebraska Chapter of the American Red Cross held the annual Heroes of the Heartland Breakfast March 29. The event recognized ordinary Iowans who performed impressive acts of service, as well as four local elementary school students who wrote winning essays about their personal heroes. Nationwide was the presenting sponsor for the breakfast. Emmy-award-winning reporter Andy Fales from WHO-TV acted as emcee.

Urbandale residents Kimberly and Rusty Lawrence and John Wilson were honored for saving the life of Jake Heiss on Feb. 18, 2020, at Maffitt Lake Reservoir. Hess fell through the ice while ice fishing. They dragged him out of the hole using a rope and pulled him more than 600 feet to a boat ramp on a sled. They helped warm him until emergency personnel arrived. ■

URBANDALE MOVES FORWARD ON NEW COMMUNITY RECREATION COMPLEX

At a recent meeting, the Urbandale City Council directed staff to prepare preliminary plans for a Community Recreation Complex at Walnut Creek Regional Park near 152nd Street and Meredith Drive.

“Constructing a new recreation amenity at 152nd and Meredith is something that has been identified in our master plans for more than 16 years,” said Director of Parks & Recreation Jan Herke. “The Recreation Complex will be a unique community hub providing wellness, recreation, educational and leisure opportunities for current and future generations.”

Earlier this year, a survey of Urbandale residents showed that 77% were in favor of constructing a new complex. Urbandale will be conducting a second survey to narrow down community preferences for the types of amenities this complex will offer. This survey will be completed in April, and further community forums and public input will follow. Urbandale is planning to hold a bond referendum for the complex in March 2023. More information on the project can be found at www.urbandale.org/1072/Community-Recreation-Complex.

Urbandale Parks & Recreation manages 57 parks, more than 50 miles of paved trails, and offers more than 300 athletic, instructional, recreational, and wellness programs during the year. Indoor and outdoor programs are provided throughout the year and can be found online at www.urbandale.org/Spring or call the Parks & Recreation Office at 515-278-3963. ■

UHS SPORTS SCHEDULES

Saturday, April 2

- 10 a.m. **Soccer:** Boys Varsity Invitational @ Iowa City West
- 10:30 a.m. **Soccer:** Girls Varsity Invitational @ Urbandale

Monday, April 4

- 12 p.m. **Tennis:** Boys JV/Boys Varsity @ Walker-Johnston Park
- 1 p.m. **Golf:** Girls JV/Girls Varsity vs. Des Moines Roosevelt @ Grand View Golf Club
- 2 p.m. **Tennis:** Girls JV/Girls Varsity @ Indianola
- 6 p.m. **Soccer:** Boys JV2 vs. WDM Valley
- 7:15 p.m. **Soccer:** Boys JV1 vs. WDM Valley

Tuesday, April 5

- 3:30 p.m. **Golf:** Girls JV/Girls Varsity vs. Waukee @ Sugar Creek Golf Course
- 5:30 p.m. **Soccer:** Girls JV1 vs. Ankeny Centennial
- 7:00 p.m. **Soccer:** Girls Varsity vs. Ankeny Centennial

THIS SPOT IS AVAILABLE.

Contact Jolene Goodman at jolene@iowalivingmagazines.com

FUNERAL NOTICES

Funeral notices can be emailed to tammy@iowalivingmagazines.com and run for free.

RICHARD WAYNE SEMLER

Richard Wayne Semler, 91, died March 22, 2022. He was married to Jean Mary Bowers on Aug. 17, 1951. He was an active member of the United Methodist Church in McAllen, Texas, Independence and Cedar Falls. He was in the Army Reserves, a member of the Rotary Club in Independence and became a Paul Harris Fellow.

Richard attended Northwestern College in Minneapolis, Minnesota, for a year then Iowa State Teachers College in Cedar Falls. After graduation, he taught English and social studies in Dunkerton, Tripoli and Waterloo for about 10 years. Most of that time they lived in Cedar Falls. He then worked as a consultant for Area Education Agency 7 for 20 years before he retired in 1994. They lived in Independence for those 20 years. He received a master's degree from the University of Northern Iowa during that time.

Shortly after retirement, Richard and Jean moved to McAllen, where they lived for 22 years. In 2018 they moved back to Iowa to Woodlands Creek Independent Living and then Silvercrest Assisted Living. He was living at Glen Oak's Alzheimer's Special Care Center at the time of his death.

Richard is survived by his children, Duane (Diane) Semler and Bonnie Bowers, and other relatives and friends. He was preceded in death by his wife, Jean Semler, on Jan. 9, 2021. A service will be held at a later date. ■



LEE JUNIOR ROY

Lee Junior Roy, 97, died Monday, March 21, 2022, at home. Services were held March 29 at Iles Westover Chapel. Burial was at Iowa Veterans Cemetery near Van Meter. Lee served in the U.S. Army during World War II from 1943-1946 and was a Purple Heart recipient.

Lee was a revenue auditor for the State of Iowa. He was a member of the American Legion, a lifelong member of VFW and an avid ham radio operator.

Lee is survived by his wife, Bonnie Roy; son Jeffrey (Linda) Roy; two daughters, Cynthia Boeckmann and Leslie (John McPhail) Nelson; and other relatives and friends. Online condolences can be shared at IlesCares.com. Iles Westover Chapel was in charge of arrangements. ■



MARCELLA JOYCE YOCHUM

Marcella Joyce Yochum, 94, of Urbandale died Thursday, March 10, 2022. She attended school in Colfax and graduated from Colfax High School in 1945. While in school, she was active in school plays and was a member of the girls basketball team that went to the Girls State Tournament three years in a row. She married John Yochum and moved to Newton in 1952, where they raised their three children, Jaci, Jolene and Scott. For 21 years, Marcella was the Welcome Wagon hostess in Newton, until she was promoted to regional field manager for Iowa and part of Illinois. In 1975, she was named the National Field Manager of the Year. She retired after more than 41 years with Welcome Wagon.

Upon retiring, Marcella moved to Urbandale, where she enjoyed several activities including playing bridge at the Bridge House, exercising with the Silver Sneakers, Red Hat Club, and being a greeter at St. Pius X Catholic Church.

Marcella is survived by daughter Jolene (Harold Davis) and son Scott (Debbie); son-in-law Sid Gordon; and other relatives. She was preceded in death by her daughter Jaci Gordon.

A memorial service will be held at St. Pius X Catholic Church at a later date. Condolences may be left online at www.beardenfuneralhome.com. ■

FUNERAL NOTICE

Funeral notices can be emailed to tammy@iowalivingmagazines.com and run for free.

RUSSELL LUNDY

Russell Lundy of Urbandale died Monday, March 21, 2022, at Iowa Methodist in Des Moines. A memorial service was held Saturday, March 26, at Covenant Christian Church in Urbandale. ■



TALK WITH OFFICIALS

Talk with Officials is a forum for the business community to connect with elected officials representing Urbandale at the State, County, City and School District levels. The events are open to the general public and held on the last Saturday of each month. The next event is Saturday, April 30, 10:30 a.m. to noon. Registration is required. Check for updates on whether or not the event will be virtual.

Invited elected officials include: Urbandale Mayor Robert Andeweg, Sen. Brad Zaun (R), Rep. John Forbes (D), Rep. Eddie Andrews (R), Polk County Supervisor Robert Brownell (R) and Katherine Howsare, Urbandale School Board president.

For more information and registration, visit www.uniquelyurbandale.com or email Tiffany Menke, tmenke@urbandalechamber.com. ■

TWO MORE LENTEN FISH FRIES

The Knights of Columbus Council 11643 is hosting two more Friday Night Lenten Fish Fries, April 1 and April 8, 4:30-6:30 p.m., at St. Mary of Nazareth Catholic Church, 4600 Meredith Drive, in the parish hall. Note the change in the serving time. Dine-in and limited carry out will be available. Menu includes fish, baked potato, mashed potato, french fries, green beans, corn, coleslaw, mac and cheese, coffee, water and lemonade. Cost is, adults \$13, children under 12 \$5. The Women's Association will have desserts to choose from for a freewill donation. ■



THE GREAT EGG HUNT UPCOMING

The GREAT egg hunt for ages 10 and younger is on Saturday, April 16, at 10 a.m. in Walker Johnston Regional Park. Don't be late, eggs and prizes are found quickly. No registration is necessary. ■

SPRING CLEANUP INFORMATION

The annual no-charge curbside cleanup will be held on various dates in May. The event allows residents to dispose of almost anything, and it's hard to know what crews will encounter curbside. The city normally rents large trucks and equipment and employs temporary workers to help collect all the items — but due to supply chain issues, the City is making some changes to the event. For information about dates and times, as well as what can and cannot be put on the curb, visit www.urbandale.org/942/Spring-Clean-Up. ■

TRIDUUM AND EASTER SUNDAY SERVICES

St. Mary of Nazareth Catholic Church, 4600 Meredith Drive, offers Triduum and Easter Sunday services: Holy Thursday Mass, 7 p.m.; Holy Thursday Adoration, 8-10 p.m.; Good Friday Service, 8 p.m.; and Easter Sunday Masses at 9 a.m. and 11 a.m. ■

REGISTRATION OPEN FOR SPRING AND SUMMER PROGRAMS

Indoor and outdoor programs are provided by the Parks & Recreation Department throughout the spring and summer and can be found online at www.urbandale.org/spring or call the Parks & Recreation Office at 515-278-3963. ■

EVENTS IN THE AREA

EMAIL YOUR EVENT INFORMATION TO
TAMMY@IOWALIVINGMAGAZINES.COM**'SINGIN' IN THE RAIN'**

Through April 10

Des Moines Community Playhouse
831 42nd St., Des Moines

Hollywood, California, 1927. Silent movies are becoming a thing of the past, and “talkies” are all the rage. Leading ladies now must have voices as endearing as their physical form, but the vocals of Monumental Studios’ biggest star, Lina Lamont, are found lacking, so something must be done. www.dmplayhouse.com

'SWEAT'

Through April 3

Stoner Theater, 221 Walnut St., Des Moines

Iowa Stage Theatre Company’s production of “Sweat” takes a look at the tensions of factory workers as they struggle with labor strife, race and boiling frustrations. www.iowastage.org

**MONSTER JAM**

April 9-10

Wells Fargo Arena, 730 Third St., Des Moines

Head down to Wells Fargo Arena for Monster Jam, the world’s biggest monster truck tour. You’ll see elite athletes competing in speed and skill as they maneuver some of the biggest names in monster trucks, including Monster Mutt, El Toro Loco, Grave Digger and Earth Shaker. If the adrenaline rush just isn’t enough for you, join the Monster Jam Pit Party before the show on Sunday, April 10. Get up close and personal with the monster trucks, meet the drivers and enjoy fun for the whole family. Find tickets and additional information at iowaeventscenter.com.

IOWA WILD HOCKEY

Wells Fargo Arena in downtown

Des Moines

www.iowawild.com**Home schedule:**

Wednesday, April 13 vs. Milwaukee Admirals at 7 p.m.

Tuesday, April 19 vs. Grand Rapids Griffins at 7 p.m.

Friday, April 22 vs. Texas Stars at 7 p.m.

Saturday, April 23 vs. Texas Stars at 6 p.m.

**'BEETHOVEN'S NINTH'**

April 9-10

Des Moines Civic Center**221 Walnut St, Des Moines**

Enjoy Beethoven’s “Ninth Symphony” in its full glory, presented by the Des Moines Symphony. Groundbreaking at its first performance in 1824, Beethoven’s “Ninth Symphony” was more complex and lengthier than any other pieces at the time. Most people will recognize the triumphant chorus singing “Ode to Joy” joining the orchestra in the symphony’s final movement. The DM Symphony’s April concert will open with Beethoven’s “Leonor Overture,” Pärt’s “Fratres” and Wagner’s “Liebestod” from “Tristan and Isolde,” sung by internationally recognized soprano Janice Chandler-Eteme. Purchase tickets or streaming access at www.dmpa.org. ■

RECIPE

A CELEBRATORY PASSOVER DESSERT



(Culinary.net) When celebrating with family, there is nearly nothing better than passing a light and sweet dessert around the table. These Simple Macaroons are crisp, dipped in decadent chocolate and a completely scrumptious option for celebrating Passover.

Simple to make and easy to eat, this sweet dessert is a crowd favorite. With a fresh kick of lemon zest and crunch of shredded coconut, they are a bite-sized, delicious way to end your meal.

They take little to no time to make, only baking 10-12 minutes for a tray full of tasty dessert bites ready to devour.

With sweet honey and vanilla, the flavors come together to create something sweet but not overpowering. It's a small, crumbly bite that's perfect for sharing during Passover. ■

SIMPLE MACAROONS

Recipe adapted from marthastewart.com

Yield: 15 macaroons

1 large egg
2 1/4 tablespoons honey
1/4 teaspoon vanilla extract
grated lemon zest
1/4 teaspoon salt
1 1/4 cups shredded coconut
5 ounces dark chocolate, melted

Directions

Preheat oven to 375 F.

In bowl, whisk egg. Add honey, vanilla, lemon zest and salt; whisk. Stir in coconut until completely coated with egg mixture.

Using 1 1/2-inch ice cream scoop, make 15 balls, transferring each to parchment-lined baking sheet, spacing about 2 inches apart.

Bake macaroons 10-12 minutes, rotating halfway through, until coconut starts to brown on edges.

Transfer sheet to wire rack and let cool.

Before serving, drizzle with melted chocolate or dip bottom sides of macaroons in melted chocolate to cover bases. Refrigerate 15 minutes to set. ■

URBANDALE CITY COUNCIL RECAP

Two new Urbandale police officers, Karli Schaefer and Kyla Duckworth, were sworn in at the Urbandale City Council meeting March 22.

The Council also approved the final plat for a development with 47 single-family residential lots in the area generally north of the intersection of Meredith Drive and 164th Street. A site plan was approved for a new location for Premier Credit Union just west of Meredith Drive and N.W. Urbandale Drive in the Urban Loop development area.

The City Council took several actions related to the Parks & Recreation Department. The low bid for a half-mile pedestrian loop trail in Walnut Creek Regional Park was approved, and the project is expected to be completed in the fall. Second, the Council took another step forward with an Urbandale Dog Park by approving the site plan for the park, which is expected to open in the spring of 2023. Next, the Council directed staff to conduct a survey and prepare preliminary plans for a Community Recreation Complex at Walnut Creek Regional Park near 152nd Street and Meredith Drive. The Council approved a firm to create design and construction plans to repurpose a maintenance building on the south side of the City campus at 86th Street and Douglas Avenue. Finally, the purchase of an electric-powered van was approved to support mobile programming in the City's public areas.

In public safety items, the Council approved a contract for automatic license plate detection services, the purchase of two new ambulances to replace existing units, and a contract for software that will help the Fire Department create, edit, organize and distribute content from a secure, cloud-based site.

The City Council will meet again on Tuesday, April 5 for a regular meeting. ■

BUY IT, FIX IT, LOVE IT: HOME IMPROVEMENT LOAN PROGRAM OFFERED

Neighborhood Finance Corporation, a local nonprofit organization that provides unique home loans to facilitate neighborhood revitalization, is now providing lending in specific areas of Urbandale. A forgivable loan of up to \$10,000 can be used to help pay for property repairs and improvements on the home you purchase or on a current home. The loan is forgivable if you stay in the home for five years, and it is paired with a repayable loan. The loans have no income restrictions but the home must be located in one of the lending areas. Eligible homebuyers may also receive a Neighborhood Reinvest deferred loan of \$10,500 and subsidy (forgivable loan) of up to \$2,500 to assist with down payment and/or closing costs on a purchase transaction. For more information, visit <https://neighborhoodfinance.org>. ■

CLASSIFIED ADS

FOR SALE: Heavyweight Ashley dining table: Dark distressed wood and bronze, seats 8, 4 matching chairs and 2 bench seats. **London brand queen-size sleeper sofa:** Upholstered fabric. **Jacoby lawn furniture:** 2 chairs, 2 side tables, purchased from Home Depot, powder-coated steel, slatted back and seat w/ red, white and blue pattern on beige cushions. Call 515-478-4594. Please leave a message.

LOOKING TO BUY: Vinyl Records. Will pay cash for your 60s, 70s and 80s rock as well as jazz and blues. Please call Brian at 515-326-5033.

FOR SALE: Three wheel double baby/toddler Stroller. \$35. Call or text for photos. 515-238-3198.

FOR SALE: 2005 Saturn Relay FWD. Gold with Gold leather interior. Fully loaded/Quad seating/Multi Disk CD player/DVD. 213,000 miles. Asking \$750. Call 515-238-3198. Located 5 miles from Grimes.

BABY BED FOR SALE: Has changing table on one end, 5 drawers for storage. Well Built. Needs a home to put it to use. Call 515-238-3198.

BUNK BEDS FOR SALE: Twin bottom/single top. Really nice. \$200 takes them away to a usable home. Text or call 515-238-3198 and I can return photos for viewing.

WANTED: Broken appliances & A.C.'s, 10 years old & under, repair hopefuls. Call 515-238-3343.

SEND IN YOUR FREE CLASSIFIED AD BY THURSDAY AT 10 A.M. TO BECKHAM@DMCITYVIEW.COM

LIST 50 WORDS OR LESS FOR FREE.

JOKE OF THE WEEK



You think gas prices are expensive... Have you seen chimneys?!?! They're through the roof!!!