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LIONS CLUB NEWS

LIONS CLUB HOLDS FUNDRAISERS

• **Johnston Lions Book Sale:**

The Johnston Lions are hosting a book sale Thursday, Friday and Saturday, April 7-9, at N.W. 64th Place and Merle Hay Road in Johnston. Thursday hours are 4-8 p.m. with a \$3 admission charge for adults. Admission is free Friday and Saturday. The book sale is open 8 a.m. to 7 p.m. on Friday and 8-11 a.m. on Saturday. The sale features new and used books, both hardback and paperback; CDs, DVDs and VHS; records; magazines; puzzles, games and toys. Donations are not being accepted because of lack of storage space. Proceeds go to Johnston Public Library and Johnston Lions Service projects.

• **Pancake Breakfast:** On Saturday, April 23, the Johnston Lions Club is hosting its annual

Pancake Breakfast at the Johnston Middle School cafeteria at 6501 N.W. 62nd Ave. in Johnston. Hours are 7-11 a.m., and the breakfast features pancakes (including gluten-free pancakes), sausage, scrambled eggs, juice and coffee. Tickets are \$7 at the door and kids 5 and younger are free. Proceeds will benefit the Lions Club Service Projects. ■



Tom Leffler, Johnston Lions Club treasurer, with a check from members for Madison County tornado disaster relief. Members of the club personally donated \$400 to Madison County for help with disaster relief from the tornadoes that hit recently.

JOHNSTON WEATHER FORECAST

TUESDAY HIGH 53 | LOW 34
Cooler with periods of rain



WEDNESDAY HIGH 42 | LOW 33
A bit of rain and snow



THURSDAY HIGH 40 | LOW 30
Morning flurries, some sun



FRIDAY HIGH 52 | LOW 31
Partly sunny, warmer



SATURDAY HIGH 46 | LOW 31
Plenty of sunshine



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FROM THE PUBLISHER

THE SUNDAY DRIVE

Whatever happened to the Sunday drive? Do you remember those days? Packing up the family for a leisurely spin around town on a Sunday afternoon?

My three siblings and I are all four years apart, so it was rare when we did something together, especially in a car. My Sunday drives were usually just my dad and me, and it often involved ice cream. We would drive around in his Oldsmobile with a couple of vanilla cones, and he would point out what's new and what's old and what life was like in his youth. I enjoyed that time with my dad, until my teenage years when doing anything with your parents was no longer cool.

I tried to implement the Sunday drive with my wife and kids, but to no avail — not even with ice cream. The only exception was driving to look at Christmas lights with a round of hot chocolate for everyone.

So what changed?

Well, the cost of gasoline in



decades prior was miniscule compared to today. Driving around was cheap entertainment then.

Like many people during the time, my parents and grandparents didn't drive very often. As such, getting in the car and going for the Sunday drive was a treat rather than the tedious taxi-cab service so many parents feel like they are providing today.

We also seem to be in a big hurry now, rushing from one event or activity to another. That wasn't the case just a few decades ago. The pace was much slower on the weekends, even peaceful. Going 5 mph less than the speed limit now often prompts honking horns, dirty looks and offensive sign language.

A few years ago, I heard a

pastor address his thoughts on why fewer people are attending church services today. The primary factor, in his opinion, was that youth sports activities are scheduled on Sundays. He may be right. Scheduling anything on Sundays — other than going to church, having your cousins over for dinner, and watching "Mutual of Omaha's Wild Kingdom" on TV — was considered taboo in years past. Sunday was a time to be spent with faith and family, and that was it.

So with all this in mind, I challenge you to take a page out of the past and venture out on a peaceful Sunday drive. And don't forget the ice cream.

Have a great week, and thanks for reading.

Shane Goodman

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Living Weekly

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SPRING CLEANUP

The spring cleanup event will be held on Monday, April 18 (west of 86th Street) and Tuesday, April 19 (east of 86th Street). Place your items on the curb by 6 a.m. on your designated trash collection day.

The Spring Cleanup Event allows residents to dispose of large household items on their regular trash collection day at no additional charge. All smaller items must be placed in bags or boxes. The average Johnston household pays around \$6 per year (included in your monthly utility bill) for this Spring Cleanup event, so take advantage of it. If you live in an apartment, condo, or townhome with private trash collection, you may not be a part of the cleanup. Contact your association or management to find out.

For guidance on what items can go at the curb, visit www.WhereItShouldGo.com/springcleanup or call Metro Waste Authority at 515-244-0021. ■

METEOROLOGIST TO SPEAK AT KIWANIS MEETING

Megan Salois, meteorologist for WHO-TV will be the guest speaker at the Kiwanis lunch meeting April 5, 11:30 a.m., at Trostel's Greenbriar. She will provide an inside look at what goes on during a broadcast meteorologist's day. It's a lot more than just presenting the weather during a newscast. She'll also share her thoughts on how the news and weather business is changing and where it could be headed beyond the newscast you see on TV.



Megan Salois

Salois joined the Channel 13 First Alert Storm Team in April 2006. She has been granted her AMS Seal of Approval from the American Meteorological Society and is a member of the National Weather Association. You can see her on Channel 13 on "Today in Iowa" Saturday and Sunday programs as well as Channel 13 News at Noon.

RSVP to Barb Allen, 515-577-2194 or bjallen713@gmail.com, if you plan to attend. Nonmembers are always welcome. ■

JORDAN SPEAKS TO ROTARY CLUB

Maria Jordan, Brio of Johnston, spoke to the Johnston Rotary Club at its March 15 meeting. She has been with the WesleyLife organization for more than 20 years, spending time in residential care and then in administration. She spoke about the history of WesleyLife, which is celebrating its 75th year. WesleyLife now has 12 different campuses in Iowa and is looking to expand outside of Iowa.

Brio has adopted many of the points mentioned in the book "The Blue Zones: Lessons for Living Longer." Such things as walking more, a good diet, family and spirituality, as well as staying connected, are important in one's overall well-being. Brio's health and well-being focus is based on the belief that there is more to being "well" than being physically fit. ■

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CURBSIDE YARD WASTE COLLECTION STARTS APRIL 4

Those eager to start cleaning their yards should know that curbside yard waste collection of twigs and branches, weeds and lawn clippings resumes on April 4. For collection, you should place yard waste at the curb with stickers or in bags or carts on your regular collection day. Make sure you have it out before 6 a.m., as some haulers get started before the sun rises. There are a variety of ways to easily get your yard waste collected curbside.

Option 1: Bags and stickers: Yard waste can be placed in Compost It! bags or store-brand bags with a green Compost It! sticker attached. Bags and stickers are sold at many local grocery, home improvement and convenience stores.

Option 2: Cart service: If you are setting out several Compost It! bags each week, you might find a Compost It! cart to be a better option. The 96-gallon cart can hold the equivalent of three yard-waste bags. The Compost It! cart is run as a subscription service. If you're a new customer, you pay a one-time fee for the cart itself plus the annual sticker. Once you have a Compost It! cart, you just pay to renew your sticker each year. To request a cart or renew your sticker, visit www.WhereItShouldGo.com/CompostCart. New carts with the sticker are delivered within 10 business days, and renewed stickers are mailed by early March so you can replace them on the lid of your existing cart before yard waste season officially begins.

Learn more about the Compost It! program and what is accepted by visiting www.WhereItShouldGo.com/YardWaste, or call (515) 244-0021. ■

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EASTER EGG HUNT

The Johnston Town Center will be hosting an Easter Egg Hunt on Sunday, April 10. The Easter Egg Hunt will begin at 1 p.m. sharp. It goes quickly, so be on time or you might miss out. Bring your own Easter basket for your little ones to put their eggs in. Age groups will be 0-1, 3-5 and 6-10. The start times will be staggered by a few minutes, with the 0-2 group going first. To learn more about upcoming events at the Johnston Town Center, visit www.johnstontowncenter.com. ■

FUNERAL NOTICE

Funeral notices can be emailed to tammy@iowalivingmagazines.com and run for free.

RAYMOND 'RAY' LEE SEXTON

Raymond "Ray" Lee Sexton, 84, died March 17, 2022. He was born in Des Moines. He graduated from Bondurant High School where he played football and basketball. He attended Drake University and was a member of the Iowa National Guard. He married Phyllis Schaffer on April 27, 1957. He had a long career as the vice president of Town Financial for more than 40 years. He attended mass at St. Mary's Catholic Church.

Ray is survived by his daughter, Shari (Sean); sons, Mark (Jane) and David (Giovanna); and other relatives and friends. He was preceded in death by his wife, Phyllis, and daughter Debra.

Visitation was March 21, 9 a.m. at St Mary of Nazareth Catholic Church in Des Moines with Mass following. He was laid to rest in Glendale Cemetery. ■



JOHN ARL FINE

John Arl Fine, 72, of Johnston, died March 14, 2022, in Lantana, Florida, from complications of ALS. John grew up in Bloomfield and lived in rural Moulton until 1997. In retirement, John wintered in Florida and spent his summers in Johnston. A Celebration of Life will be held at the Bloomfield Country Club on Aug. 6. ■



JUNO, ARABELLA AND HARPER CLEMENTS

On Saturday, March 12, 2022, Juno 12, Arabella 10, and Harper 7, died in a car accident in Kansas while traveling to visit family down south.

Juno Keenan Clements was a sixth grader at Summit Middle School in Johnston. Juno loved going to school, especially to see her friends. She was a straight-A student and the perfect role model to her younger sisters. She loved to read and recently became interested in anime. She will be most remembered for her selflessness and putting others first.

Arabella Jeannette Clements was a fourth grader at Timber Ridge Elementary School. Arabella had a sensitive and tender heart. She also had a big imagination and was determined. She enjoyed writing stories and cooking. Her competitiveness was the highest in the family and she would try her best at nearly everything she did because she liked to accomplish her goals.

Harper Effie Clements was in second grade at Timber Ridge Elementary School. Even though Harper was the youngest, she was fiercely independent. She wouldn't let anything keep her down and she always persevered. She loved all things rainbow. She loved anything mythical. Disney movies were her greatest creative inspiration.

A visitation to celebrate their lives will be on Wednesday, March 23, 5-8 p.m. at Hamilton's on Westown Parkway. A full obituary is online at www.Hamiltonsfuneralhome.com. ■



JOHNSTON TREE SALE BEGINS APRIL 12

The City of Johnston is selling trees to residents at a reduced price of \$30 per tree. The sale of trees begins online at 8 a.m. on Tuesday, April 12 at www.cityofjohnston.com/FormCenter/Parks-9/2022-Johnston-Residential-Tree-Sale-54. This link will become active at that time. Property owners are allowed to purchase one tree.

Trees will be available for pick-up at Crown Point Community Center, 6300 Pioneer Parkway, on Saturday, May 7, 9-11 a.m. Residents who have pre-ordered a tree will be required to show their receipt as proof of payment. Any trees not picked up during the allotted time will be considered a donation to the City's tree-planting program. The tree sale is made possible by the Johnston Lions Club and Johnston Farmers Market. ■

EVENTS IN THE AREA

EMAIL YOUR EVENT INFORMATION TO
TAMMY@IOWALIVINGMAGAZINES.COM

DSM BOOK FESTIVAL

Saturday, March 26

Capital Square, 400 Locust St., downtown Des Moines

The DSM Book Festival lineup will include writers' workshops, interactive hands-on workshops and kids' programming. Festival attendees will get a chance to stretch their artistic skills and creativity and grow their knowledge through a series of fun and interactive activities and workshops built for book lovers and creatives of all ages led by fellow Greater Des Moines (DSM) artists and creatives. Hands-on workshop topics include activities like watercoloring, pie-making and more. All workshops are free for participants. Registration is not required to attend unless otherwise noted. In addition to the acclaimed headlining author series, workshop events and kids' activities, the DSM Book Festival will feature food, drink, live music performances and more. For more details, visit <https://www.dsmpartnership.com/dsmbookfestival/>.

CELEBRATE OLMSTED 200 WEEK

March 26 - April 1

The Des Moines Founders Garden Club (member, Garden Club of America) has organized a weeklong series of events in Des Moines celebrating the bicentennial of the birth of Frederick Law Olmsted. Acclaimed designer of New York City's Central Park and hundreds of other urban parks throughout the country, Olmsted believed all citizens should have access to public green spaces — "parks for all people" — a novel concept in mid-19th century America.

Des Moines Parks & Recreation, Greater Des Moines Botanical Garden, Des Moines Public Library, and Des Moines Water Works Park Foundation are all participating in events that include lectures, film showings, theatrical performance and walking tours in



selected city parks. To see the complete schedule, visit www.dmfoundersgc.org.

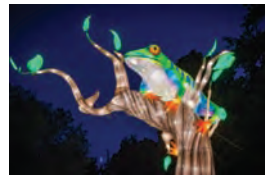
All events are open to the public. Registration at www.dmfoundersgc.org is requested as seating is limited in certain locations. For phone registration, call 515-238-4326.

WILD LIGHTS FESTIVAL

April 1 - May 30, nightly Wednesday-Sunday plus Memorial Day, 7:30-10 p.m.

Blank Park Zoo

Blank Park Zoo's Wild Lights Festival presented by MidAmerican Energy Company will feature more than 40 handcrafted, larger-than-life, illuminated animal-shaped Asian lanterns. This year's festival features Asian mythical creatures, prehistoric dinosaurs and endangered animals, in partnership with Tianyu Arts & Culture. Cost if ordered in advance is \$24.95 per person or \$19.95 for Zoo members (ages one and younger are free). Purchase tickets at www.blankparkzoo.com/wildlights. Capacity is limited.



'AMONGST THE STARS'

April 2, 5-7 p.m.

Metro Ice Sport Facility, 5100 N.W. 72nd St., Urbandale

The Iowa Figure Skating Academy presents its spring show, "Amongst the Stars." Enjoy the talents of local ice skaters.

GREATER DES MOINES COMMUNITY BAND CONCERT

April 3, 2 p.m.

Stilwell Junior High, 1601 Vine St., West Des Moines

Enjoy this free concert by the Greater Des Moines Community Band. ■

RECIPE

A COMFORTING CASSEROLE

(Culinary.net) Almost nothing says comfort food quite like a freshly baked casserole. Next time your family asks for a warm, comforting meal, try this Rotisserie Chicken-Biscuit Casserole with just a handful of ingredients and less than 15 minutes of cook time. ■



ROTISSERIE CHICKEN-BISCUIT CASSEROLE

- 1 whole rotisserie chicken
- 8 refrigerated biscuits
- 1 can (10 3/4 ounces) cream of mushroom soup
- 1/2 cup milk
- 1/4 cup sour cream
- 2 cups frozen vegetables
- 1/2 teaspoon dried basil
- 1/8 teaspoon pepper

Directions

Heat oven to 450 F.

Remove meat from rotisserie chicken and shred; set aside.

Discard bones.

Cut biscuits into quarters; set aside.

In saucepan, stir soup, milk, sour cream, chicken, vegetables, basil and pepper. Cook until boiling.

Spoon chicken mixture into baking dish. Arrange quartered biscuits over filling.

Bake 10-12 minutes, or until biscuits are golden brown. ■



GREEK CHICKEN BOWLS

Recipe courtesy of Healthy Family Project's Mission for Nutrition

- 1 cup cooked white or brown rice
- 1 grilled chicken breast, sliced
- 1 RealSweet onion, sliced
- 1 cup cherry tomatoes
- 1 cucumber, cut into quarters
- 1/2 cup black olives
- 1 tablespoon feta cheese
- 2 tablespoons tzatziki sauce

Directions

Place cooked rice and chicken in bowls.

Top each bowl with sweet onions, tomatoes, cucumbers and black olives. Sprinkle each with feta cheese. Drizzle each with tzatziki sauce. ■

LENTEN FISH FRIES AT ST. MARY OF NAZARETH

The Knights of Columbus invite all to their Lenten Fish Fries. Serving will be in person on March 25 and April 1, 5-6:30 p.m. Carry-out only will be on April 8, 5-6:30 p.m. Come to the parish hall, 4600 Meredith Drive in Des Moines, for dine-in and carry-out. Cost for adults is \$13. Cost for children younger than 12 is \$5. For more information, call 515-276-4042. ■

FREE DROP-IN JOB HELP

Drop in for free job help with a job coach from Goodwill of Central Iowa. Mike Johnston will be at Johnston Public Library every Wednesday, 10 a.m. to noon, to assist with job searches, filling out job applications, writing or updating resumes and cover letters, and interview coaching. Job help is free and does not require an appointment. ■

KIWANIS OF JOHNSTON SPRING PANCAKE BREAKFAST

The public is invited to enjoy the Kiwanis of Johnston Spring Pancake Breakfast on Saturday, March 26, 7:30 to 11 a.m. at Johnston Middle School. All you can eat pancakes are served with sausage, eggs, juice, milk and coffee. Tickets are \$6 in advance and \$7 at the door. Children younger than 5 eat for free. For advance tickets, email JohnstonKiwanis@gmail.com or contact on Facebook @Kiwanis Club of Johnston. ■

KITE-MAKING WORKSHOP

Join the City of Johnston and the Johnston Public Library for a free kite-making workshop on Saturday, April 23, 2-4 p.m. at the Johnston Public Library, 6700 Merle Hay Road. Get ready for the annual Kites on the Green with this free event and create your own kite. ■

CLASSIFIED ADS

HOUSE CLEANER WANTED: Needed ASAP. Small townhome in Johnston. Needed 1 to 2 times a week for 2 hours each. Will pay \$50/2hrs. Call Joe at 515-278-2296.

GARAGE SALE: The Green Meadows West annual neighborhood garage sale will be May 13 and 14 this year.

LOOKING TO BUY: Vinyl Records. Will pay cash for your 60s, 70s and 80s rock as well as jazz and blues. Please call Brian at 515-326-5033.

FOR SALE: Three wheel double baby/toddler Stroller. \$35. Call or text for photos. 515-238-3198.

FOR SALE: 2005 Saturn Relay FWD. Gold with Gold leather interior. Fully loaded/Quad seating/Multi Disk CD player/DVD. 213,000 miles. Asking \$750. Call 515-238-3198. Located 5 miles from Grimes.

BABY BED FOR SALE: Has changing table on one end, 5 drawers for storage. Well Built. Needs a home to put it to use. Call 515-238-3198.

BUNK BEDS FOR SALE: Twin bottom/single top. Really nice. \$200 takes them away to a usable home. Text or call 515-238-3198 and I can return photos for viewing.

WANTED: Broken appliances & A.C.'s, 10 years old & under, repair hopefuls. Call 515-238-3343.

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JOKE OF THE WEEK



A ham sandwich walks into a bar and orders a drink. The bartender says, "Sorry we don't serve food."