

# WAUKEE Living Weekly

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 A BIG GREEN UMBRELLA MEDIA PUBLICATION

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## WINTER SERVICES AT THE LIBRARY

BY SAM BEDFORD

Frigid temperatures continue well through February here in central Iowa, which means the fewer trips outside and out of your car, the better. Avoid the cold by taking advantage of winter-friendly services that the Waukee Public Library offers.

**Book bundles:** Looking for your new favorite book but don't want to browse in the building? Try the Library's Book Bundle Service! Fill out a short form and staff will pick out several books to put on hold for you. Once your bundle is ready, head to the Library and use their Curbside Service. This services is for all ages. Learn more and fill out the form at [waukeepubliclibrary.org/book-bundles](http://waukeepubliclibrary.org/book-bundles).

**Curbside appointments:** When the weather outside is frightful, sign up for a Curbside appointment! This service provides you a warm and safe option to pick up your



Library items. Simply make an appointment once your holds are ready, head to the Library, and a staff member will bring your items out to your car for you. To learn more, visit [waukeepubliclibrary.org/curbside](http://waukeepubliclibrary.org/curbside).

**Dial-a-Story:** Need a break from reading the same ten stories to your little ones? Give Dial-a-Story a try! Every month, Library staff record several fun stories centered on a

theme. Call (515) 981-7800 to listen at any time.

**Home delivery:** If you're homebound due to temporary or long-term illness, disability, or special circumstances, the Library is proud to offer home delivery services to library card-holding residents within the Waukee city limits. You can learn more at [waukeepubliclibrary.org/home-delivery](http://waukeepubliclibrary.org/home-delivery). ■

### WAUKEE WEATHER FORECAST

**FRIDAY HIGH 45 | LOW 6**  
A morning rain or snow shower



**SATURDAY HIGH 22 | LOW 13**  
Mostly sunny, much colder



**SUNDAY HIGH 35 | LOW 14**  
Rather cloudy, not as cold



**MONDAY HIGH 33 | LOW 18**  
Mostly sunny



**TUESDAY HIGH 50 | LOW 31**  
Mostly cloudy and mild



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FROM THE PUBLISHER

# HERE WE GO AGAIN

The more we do something, the better we get at it, or so the saying goes. If we are being honest, the whole “practice makes perfect” theory really isn’t true. If we continue to do something incorrectly, it will never become perfect. The better saying is “perfect practice makes perfect.” Meanwhile, we keep doing things. Repetition. And it adds up.

My mother had me making my bed every morning at an early age. By 5 years old, this was a daily habit. With me now at age 53, I estimate that I have made my bed more than 17,500 times. Sleep on that.

I take a shower or bath every day, whether I need to or not. (That’s a joke.) When I am in a cycle of exercising, that number increases. Based on once per day since my birth, I have showered or bathed more than 19,500 times. That’s a lot of soap and water.

I have been brushing my

teeth on my own since I was about 5. Doing so twice per day, I have used a toothbrush somewhere in the neighborhood of 35,000 times. Floss? Not so much.

Like most of you, I have been driving a vehicle since I was 16 years old. On average, I would guess that I start and drive a car about five times per day — maybe more. Even at five times, I have operated a vehicle at least 67,500 times.

According to one poll, about 40 percent of us check our email between six and 20 times per day. If you are reading this via newsletter email, you can relate. I am on the higher end of the range, but let’s go with an average of 10 times per day. I’ve been using email regularly since about 1995, which is 27 years. When I do the math, I



learn that I have checked my email more than 98,500 times — and I discovered that I won a lottery in about one-third of those instances!

The good news is, I think I am getting better at these and the other tasks I continue to repeat — but still not perfect. When Mom visits, she continues to find a wrinkle in my bedspread, and my dentist seems to locate an occasional cavity. And even with all my driving practice, I have still garnered a few traffic violations. Meanwhile, the practicing for perfection continues.

Here we go again.

Have a great week, and thanks for reading. ■

## Shane Goodman

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## FUNERAL NOTICES

*Funeral notices can be emailed to [tammy@iowalivingmagazines.com](mailto:tammy@iowalivingmagazines.com).*

### BEVERLY JEAN BERGER

Beverly Jean Berger, 86, of Waukee, died Feb. 5, 2022. She is survived by her two sons, Kevin and his wife, Janel, and Kurt and his wife, Pamella, and many other relatives and friends. She was preceded in death by her husband, Marvin, of 61 years just 18 days prior.

Beverly graduated from North High School in 1954. She remained a loyal supporter of her alma mater throughout the years. She played semi-pro women's fast-pitch softball for Greenwood Electric, as well as spent a lot of her adult life traveling across the country to compete in bowling tournaments. She held numerous board positions with the Des Moines Women's Bowling Association and was inducted into the Greater Des Moines Bowling Association Hall of Fame in 2003. She was also an avid, life-long golfer.

She spent much of her working career in the insurance industry, later retiring from Farm Bureau. She volunteered at her church, Westchester Evangelical Free Church. ■



### GLENNICE JOYCE BRELSFORD

Glennice Joyce Brelsford, 94, formerly of Waukee, died at Cariad at North Brook Assisted Living in McKinney, Texas, on Feb. 8, 2022. Visitation will be held Saturday, Feb. 19 from 9:30-11 a.m., followed by a funeral service at 11 a.m., both at Immanuel Lutheran Church in Waukee. Luncheon to follow service with interment following at Sunny Hill Cemetery in Grimes. Ernst Funeral & Cremation Services of Waukee is in charge of arrangements. ■

### WASP FOR SENIORS RETURNS IN MARCH

After a long hiatus, the Waukee Police Department's WASP (Waukee Area Seniors & Police) program will resume on Wednesday, March 30 at 9 a.m. Officers encourage seniors to stop by the Community Center for coffee and breakfast. The program will continue to take place on the last Wednesday of every month at 9 a.m. This program is designed to help reduce criminal victimization of the elderly. Call the PD at 515-978-7979 with any questions. This is a free program. ■

**WE WILL RUN YOUR WAUKEE NEWS ITEMS FOR FREE.**

Email your news by Wednesday at 5 p.m. to: [tammy@iowalivingmagazines.com](mailto:tammy@iowalivingmagazines.com) or call 515-953-4822, ext. 302

## SPORTS SCHEDULES

### WAUKEE:

#### Friday, Feb. 11

- 6:15 p.m. **Basketball:** Girls Varsity vs. Southeast Polk  
7:45 p.m. **Basketball:** Boys Varsity vs. Southeast Polk

#### Saturday, Feb. 12

- 1:30 p.m. **Basketball:** Boys 10th vs. Indianola  
3 p.m. **Basketball:** Boys Varsity vs. Indianola

#### Monday, Feb. 14

- 8:15 p.m. **Basketball:** Boys 9th @ Dallas Center-Grimes

#### Tuesday, Feb. 15

- 4:45 p.m. **Basketball:** Boys 10th @ Des Moines East  
6:15 p.m. **Basketball:** Boys 9th @ Des Moines East  
7:45 p.m. **Basketball:** Boys Varsity @ Des Moines East

### WAUKEE NORTHWEST:

#### Friday, Feb. 11

- 6:15 p.m. **Basketball:** Girls Varsity @ Marshalltown  
7:45 p.m. **Basketball:** Boys Varsity @ Marshalltown

#### Saturday, Feb. 12

- 3 p.m. **Basketball:** Girls JV1 vs. Iowa City  
4:30 p.m. **Basketball:** Girls Varsity vs. Iowa City

#### Monday, Feb. 14

- 7:45 p.m. **Basketball:** Boys Varsity vs. Ames

#### Tuesday, Feb. 15

- 4:45 p.m. **Basketball:** Boys 9th @ Mason City  
6:15 p.m. **Basketball:** Boys 10th @ Mason City  
7:45 p.m. **Basketball:** Boys Varsity @ Mason City

# LIBRARY ACTIVITIES

• **Teen Career Fair**, Saturday, Feb. 19, 10 a.m. Teens are invited to drop in during the Teen Career Fair to meet individuals representing a wide variety of careers. They can visit with the guests to discover valuable classes, trainings, and certifications to pursue. Some companies may also have information about internship or volunteer opportunities. Registration is requested. Visit <https://www.waukeepubliclibrary.org/upcoming-events>, click on the event for which you want to register then click on the registration link.

• **Elementary Early Out**, Wednesday, Feb. 23, 2:30 p.m. Youth in grades K-5 are invited to explore a variety of Winter Olympic-themed STEAM (science, technology, engineering, art and math) hands-on activities. Registration is required.

• **Beginner's Knitting**, Sunday, Feb. 27, 1:30 p.m. Amy Sawyers from Heartland Fiber Co. will teach you how to cast on, knit, and bind off in this in-person class at the Library. Cost for supplies is \$10 per person and includes knitting needles and a full skein of yarn. Registration is required. ■

# FAMILY FUN BOWLING

Special family-friendly glow-in-the-dark bowling with concert lights and black lights are offered at an alcohol-free event with family-friendly music on Sunday a month, noon to 2 p.m. at Warrior Lanes. Deadline for registration for each Sunday event is the Friday prior by 6 p.m. Cost is \$64.95 per lane, up to five bowlers, and includes a large one-topping pizza and pitcher of soda. Dates are Sundays, Feb. 13, March 20, April 10, May 15, June 12, July 10, Aug. 14, Sept. 11, Oct. 16, Nov. 13, Dec. 11. ■

# LIBRARY PROVIDES OPPORTUNITY TO GIVE BACK

Looking for ways to give back to your community, enhance the Library, and make a big impact in just a few hours per month? Consider joining the Waukee Public Library Friends Foundation Board of Directors. You'll work with other service-oriented members of the community to find ways to fund and enrich the Waukee Public Library and its mission to provide beneficial resources and services to the Waukee community and surrounding areas. Make a positive impact in 2022 and join the Friends Foundation Board today. Email [waukeepfoundation@gmail.com](mailto:waukeepfoundation@gmail.com) for more information on how to apply. Meetings are the first Tuesday of each month at 6 p.m. To find out more about the Waukee Public Library Friends Foundation, go to [waukeepubliclibrary.org](http://waukeepubliclibrary.org). ■

# STATE OF THE CITY ADDRESS

Join Waukee Mayor Courtney Clarke on Thursday, March 10, 5:30-7 p.m. for the State of the City Address. She will recap recent Waukee successes and share details regarding future City priorities, projects and partnerships. Appetizers and refreshments will be provided. The event will be held at the Waukee Innovation & Learning Center, 295 S.E. Ashworth Road. Doors open at 5:30 p.m. and the presentation begins at 6 p.m. Admission is free. RSVPs are appreciated online at <https://waukeeservices.app.transform.civicplus.com/forms/24928>. ■

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**EVENTS IN THE AREA**EMAIL YOUR EVENT INFORMATION TO  
TAMMY@IOWALIVINGMAGAZINES.COM**'AGATHA CHRISTIE'S MURDER ON THE ORIENT EXPRESS'**

Through Feb. 20

Des Moines Community Playhouse, 831 42nd St.,  
Des Moines

It's winter 1934, and, when the Orient Express luxury train is stopped in the snow, a passenger is found dead in his locked compartment. Fortunately, the famous detective Hercule Poirot is also aboard to solve the case before the killer strikes again. [www.dmplayhouse.com](http://www.dmplayhouse.com)

**WINTER BLUES FEST: THE REVEREND PEYTON'S BIG DAMN BAND**

Friday, Feb. 11

Marriott, 700 Grand Ave. in downtown Des Moines

Said to possess a “burly, commanding voice” and to boast “eloquent original material” with “catchy tracks that have the zing of classic pop music, only greasier.” The Reverend Peyton’s Big Damn Band will play at Winter Bluesfest this month. The two-time Blues Music Awards nominees are said to be “the greatest front-porch blues band in the world led by Reverend Peyton, who is considered to be the premier finger picker playing today.” For more information, visit [www.cibs.org/2021/11/2022-winter-blues-fest](http://www.cibs.org/2021/11/2022-winter-blues-fest).

**CHAD ELLIOTT**

Friday, Feb. 11, 8 p.m.

xBk, 1159 24th St., Des Moines

Singer-songwriter Chad Elliott brings his folk roots blended with swampy blues and soulful writing to produce one-of-a-kind live performances. With 17 full-length albums to his credit, Elliot has been lauded as “Iowa’s Renaissance man” by Culture Buzz Magazine. For more information, visit [www.xbklive.com](http://www.xbklive.com).

**RIBBON BACON FESTIVAL**

Saturday, Feb. 26

Horizon Events Center in Clive

After a year off, the bacon fellowship will resume, according to the Blue Ribbon Bacon Festival’s website. The \$50 general admission ticket includes live entertainment, 12 bacon-inspired dishes, one beverage and all the bacon you can eat. The theme will be “Bacon Gras” and feature bacon-infused Cajun dishes along with: Bacon Bourbon Street – Mardi Gras Beads, street performers, local musical acts, pro wrestling, Iowa’s top pop-punk group The Eugene Levy Band, Silent Club Sizzle, main-stage music from Tyler Richton & The High Bank Boys, Not Quite Brothers and BYOBrass, and you won’t want to miss the popular bacon-eating contest at 3 p.m. Tickets for the event will be limited to 5,000. For more information, visit [blueribbonbaconfestival.com](http://blueribbonbaconfestival.com).

**CITYVIEW CHOCOLATE WALK**

Friday, Feb. 25, 5-9 p.m.

West Glen Town Center, 5465 Mills Civic Parkway,  
West Des Moines

Like chocolate? Like chocolate drinks? They you’ll love this event. CITYVIEW and West Glen Town Center once again present the Chocolate Walk. For a ticket price of \$20 (\$30 at the door), attendees will receive 10 drink tickets that can be redeemed for sample cocktails at participating venues. Attendees will also be provided tickets for chocolate dessert samples at participating retail stores. Find the registration link at <https://chocolatewalk.dmcityview.com>. ■

RECIPE

# MADE WITH LOVE

## SET THE TABLE FOR ROMANCE WITH A DELICIOUS DATE NIGHT AT HOME



*(Family Features)* Planning a delicious, romantic date night doesn't have to take you any further than your own kitchen. You don't have to be an accomplished chef to set the table for romance, but you can take inspiration from simple, quality Italian dishes to celebrate the link between food and love.

As this recipe shows, a romantic meal can be ready in minutes or, like a great love story, simmered to perfection. To plan the ultimate date night at home, start by trying this dreamy main dish made with mouthwatering sauce.

Flavorful sauces make a great Italian meal, but the sauce doesn't need to be made from scratch (at least, not completely). For example, Bertolli d'Italia sauces are made in Italy for authentically delicious flavor. They are crafted with tomatoes vine-ripened under the Italian sun, finely aged Italian cheeses, fresh cream and Mediterranean olive oil. The result is a sauce that's perfect for your date-night meal.

Once you select your main course, prepare a simple salad of greens with a drizzle of Italian vinaigrette or Caesar dressing. Pop a loaf of bakery-fresh Italian or focaccia bread into the oven to warm through and serve with butter or olive oil for dipping. If you're so inclined, cap off the meal with a classic Italian dessert from your local bakery, like tiramisu, cannoli or a creamy panna cotta topped with fresh fruit.

Find more romantic dishes perfect for sharing at [Bertolli.com](http://Bertolli.com). ■

### ITALIAN SAUSAGE SPINACH AND TOMATO RIGATONI

**Prep time:** 10 minutes

**Cook time:** 20 minutes

#### Ingredients

Water

1/2 box rigatoni pasta

1 tablespoon olive oil

1/2 cup onions, chopped

4 cloves garlic, minced

1/2 cup mushrooms, sliced

16 ounces sweet Italian sausage

1 jar Bertolli d'Italia Marinara Sauce

2 cups fresh baby spinach

salt, to taste

pepper, to taste

Parmesan cheese, for garnish

#### Directions

Bring large stockpot of water to boil. Boil rigatoni pasta until al dente. Drain and set aside.

In saute pan over medium heat, add olive oil. Add onions, garlic and mushrooms. Saute until vegetables start to brown. Add Italian sausage and cook until done, breaking into small pieces. Add sauce and bring to low boil.

Add baby spinach. Cook until spinach is mostly wilted. Season with salt and pepper, to taste.

Add drained pasta to pan with sausage and sauce. Toss and divide between plates. Garnish with Parmesan cheese.

## DALLAS COUNTY BOARD OF CONSERVATION PROGRAMS

### CONSERVATION WITH AN OWL

Meet Strix, a rehabilitated barred owl, during a naturalist-led conversation examining the owl species common to Dallas County. The evening version of the program includes an Owl Prowl hike. The program is held various dates January through March at Hanging Rock shelter house, Redfield. Register and check online for specific dates at [www.dallascountyiowa.gov/conservation](http://www.dallascountyiowa.gov/conservation) (click on Environmental Education then Virtual Nature Exploration Hub, then class of choice) or call 515-465-3577.



### BIRD-WATCHING BASICS

Learn the basics of identifying birds from a naturalist on various dates January through early March at Kuehn Conservation Area, Earlham. Follow a path of lawn signs that will describe shape, size and field marks of birds and finish with a visit to the bird blind to test your skills. Binoculars and field guides will be provided. Register and check online for specific dates at [www.dallascountyiowa.gov/conservation](http://www.dallascountyiowa.gov/conservation) (click on Environmental Education then Virtual Nature Exploration Hub, then class of choice) or call 515-465-3577. ■



# THANK YOU

I am honored to be voted favorite insurance agent in Dallas County for the Iowa Living 2022 Residents' Choice Reader Poll. I will continue my commitment to building positive and supportive relationships and am grateful for a community that allows me to do so.



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## WAUKEE RESIDENTS RECYCLED MORE IN 2021

At Monday's Waukeee City Council meeting, Dave Massey from Ankeny Sanitation (ASI) reported that Waukeee solid waste customers are great recyclers. Through the weekly curbside recycling program, residents put out 41 more tons of material in 2021 than in 2020, for a total of 1,764 tons. As commodity pricing turned around in the last half of 2021, ASI issued a recycling rebate check to the City for \$9,820.95 as well. As recycling numbers went up, trash numbers dropped slightly in 2021. ASI collected 6,690 tons of trash from City customers in 2021. ■

## 2022 ANNUAL AUCTION - IMAGINE THE POSSIBILITIES

The public is invited to an innovation-filled evening at the Waukeee Community Schools Foundation 2022 Annual Auction Saturday, Feb. 26, at the Waukeee Innovation & Learning Center. This event raises money for grants, scholarships, professional development experiences and more. The event will be in-person; however, those who can't attend the event can still participate in the silent auction. Register for auction updates and to attend at <https://e.givesmart.com/events/p0h/>. The silent auction goes live Feb. 19 and runs through the event on the 26th. ■

## BENEFIT FOR MIKE ENOS

A benefit auction will be held for Mike Enos on Friday, Feb. 25, starting at 5:30 p.m. when doors open for the silent auction opens, and concluding with a live auction that starts at 7 p.m. Food will be available for a freewill donation, including loose meat hamburgers, pulled pork, chili and more. The event will be at Country Lane Lodge, 29300 Prospect Circle. ■

## REGISTRATION OPEN FOR GIRLS SPRING SOFTBALL

Registration for the Waukeee Parks & Recreation Department's Girls Softball League is now open. The season will run from mid-April through early June. Online registration ends Feb. 17. Register participants for the grade they are in for the 2021-2022 school year. The cost is \$70 for grades K-2, and the cost is \$92 for grades 3-7. Grades K-1 will play with both a tee and coach pitching. Tees will not be used for grades 2-7. Players are required to provide their own helmets and ball gloves. Register at [https://waukeee.activityreg.com/ClientPage\\_t2.wcs](https://waukeee.activityreg.com/ClientPage_t2.wcs), under the Youth Sports category. ■

## CLASSIFIED ADS

**HELP WANTED:** Patrick's Restaurant is Now Hiring a Line Cook, Tuesday-Saturday 9am-2pm, experience preferred but will train the right person. Please come in to 211 S. 7th Street, Ste. C in Adel to apply, ask for Elisabeth.

**LOOKING TO BUY:** Vinyl Records. Will pay cash for your 60s, 70s and 80s rock as well as jazz and blues. Please call Brian at 515-326-5033.

**FOR SALE:** Three wheel double baby/toddler Stroller. \$35. Call or text for photos. 515-238-3198.

**FOR SALE:** 2005 Saturn Relay FWD. Gold with Gold leather interior. Fully loaded/Quad seating/Multi Disk CD player/DVD. 213,000 miles. Asking \$750.00. Call 515-238-3198. Located 5 miles from Grimes.

**BABY BED FOR SALE:** Has changing table on one end, 5 drawers for storage. Well Built. Needs a home to put it to use. Call 515-238-3198.

**BUNK BEDS FOR SALE:** Twin bottom/single top. Really nice. \$200.00 takes them away to a usable home. Text or call 515-238-3198 and I can return photos for viewing.

**WANTED:** Broken appliances & A.C.'s, 10 years old & under, repair hopefuls. Call 515-238-3343.

**SEND IN YOUR FREE CLASSIFIED AD BY THURSDAY AT 10 A.M. TO [BECKHAM@DMCITYVIEW.COM](mailto:BECKHAM@DMCITYVIEW.COM)**

LIST 50 WORDS OR LESS FOR FREE.

## JOKE OF THE WEEK



*What did Yoda say when he saw himself in 4K?*

**HDMI!!!**