

# ADEL *Living Weekly*



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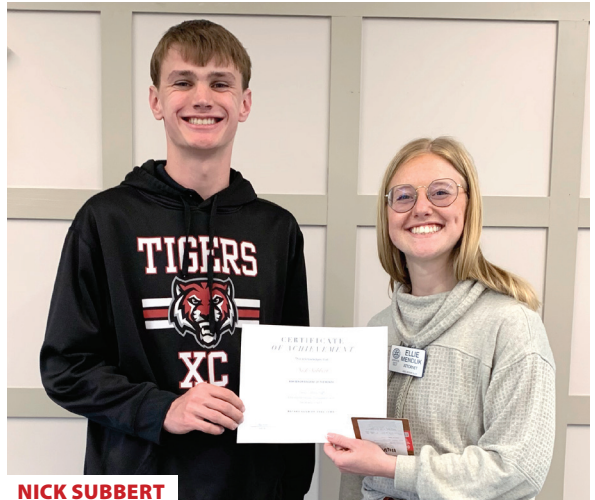
 A BIG GREEN UMBRELLA MEDIA PUBLICATION

WE'VE GOT YOU COVERED!

## ADEL ROTARY CLUB RECOGNIZES STUDENTS



**MILLER BANSE**



**NICK SUBBERT**

Both Miller Banse and Nick Subbert were awarded the Adel Rotary Club ADM Senior Recognition Student of the Month for May, receiving certificates of achievement and \$25 gift cards from President-Elect Ellie Mendlik. Their selection citations noted their support of younger students by mentoring, leading and being positive role models. Helping younger students feel welcome and helping them find a place at ADM has provided important benefits.

The Adel Rotary Club ADM Student Recognition Program honors students who demonstrate consistent kindness, a helpful spirit and a commitment to making a positive difference both at school and within the greater community, exemplifying Rotary's ideal of "Service Above Self." ■

### ADEL WEATHER FORECAST

**FRIDAY HIGH 89 | LOW 60**

Warm and partly cloudy



**SATURDAY HIGH 87 | LOW 62**

Cloudy with a thunderstorm



**SUNDAY HIGH 88 | LOW 68**

Cloudy; windy with a thunderstorm



**MONDAY HIGH 81 | LOW 51**

Cloudy; windy with a thunderstorm



**TUESDAY HIGH 68 | LOW 47**

Cloudy, breezy and cooler



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FROM THE PUBLISHER

**FLING OPEN A DOOR AND SEE WHAT'S OUT THERE**

My toddler grandson, Cal, recently discovered he can open doors. This is adorable for about 12 seconds. I watched him do it repeatedly this past weekend at our house. Opening interior doors? Harmless. Even cute. Opening the front door? That is concerning.

Not for Cal, though. He swings the door open and freezes in amazement at the great outdoors, his eyes the size of golf balls. He gives me a quick glance, and then he is gone. Full sprint. Olympic trials. I am behind him like a much older, much less qualified competitor.

After about the 12th jailbreak, I realized he can't reach the deadbolt. Ladies and gentlemen, I discovered a security system, at least for another year or so.

But really, can you blame him? Imagine being that age and suddenly discovering an entirely new world. Trees. Birds. Wind. Sun. Fresh air. It is basically a live-action nature documentary, and Cal is the star. Of course, Cal is running outside. Meanwhile, the rest of us are like, "Nah, I'll

just stay in and scroll."

Watching Cal got me thinking, what if we approached life like that? Same curiosity. Same urgency. Same willingness to fling open a door and just see what is out there. Not literal doors but new skills, hobbies, interests. New people. New places. New experiences. Because, if we are being honest, most of us are creatures of habit. We wake up at the same time, eat the same foods, talk to the same people. We love our routines. "Don't move my cheese," as the book says.

But what if we did open a few new doors? What if I learned to play guitar? Took a trip to Ireland? Tried Thai food? OK, let's not get reckless. Two out of three feels responsible.

Look, I like my routines. They help me function. Better sleep. More productivity. Predictable everything. There is comfort in knowing how my day — and my digestive system — is going to go. But if a toddler can charge



into the unknown with zero hesitation, what is stopping me?

The answer is fear. Obviously. Cal doesn't have it, at least not for the first 30 seconds. The rest of us have years of life experience whispering, "This could go poorly." And, sometimes, it is right. But, sometimes, it just keeps us stuck.

So, this week, I'm taking a page from Cal's playbook. I'm going to open some new doors. Not the front door. We have covered that. But somewhere out there are a few unopened opportunities with my name on them. And when I find them, I hope I have just enough of Cal's courage. I hope he inspires you to open a few doors of your own, too.

You may want to consider a personal deadbolt, though. Just in case.

Have a great week, and thanks for reading. ■

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## IOWA FARM AND FOOD CONFERENCE

Iowa State Extension presents the Iowa Farm and Food Conference June 11-12 at the Waterloo Center for the Arts, 225 Commercial St., Waterloo. This biennial event — previously known as the Community Food Systems + Farm to School and Early Care Conference — engages, supports and inspires professionals across all sectors of the food system. The conference theme, “Futuring Our Food System,” is about imagining bold, transformative possibilities for the future and the systematic, creative and connective measures that get us there. For more information and to register, visit [www.extension.iastate.edu/ffed/cfs-annual-event](http://www.extension.iastate.edu/ffed/cfs-annual-event). ■



## PERSONAL ITEMS NEEDED BY VETERANS AT THE VA HOSPITAL AND VA CRRC

The needs list includes military ball caps (new), slip-on tennis shoes (men’s sizes 9.5-13), boxer shorts (L, XL, XXL), duffel bags, backpacks, sweatpants (M-3XL), sweatshirts (M-SXL), personal care items, individually-wrapped snacks and coffee. See the Adel American Legion Facebook page for the detailed list. Contributions may be dropped off at 1305 S. 15th St., Adel, or call Shirley McAdon at 515-993-4862 for pick up. ■

## PROGRESS ON LIGHTED BRIDGE APPROACH

Dallas County Conservation and the project team continue to make progress on the lighted bridge approach, with completion currently targeted for August 2026. This timeline remains subject to weather and other construction-related factors. Officials appreciate the community’s patience and cooperation as this important project moves forward. An additional update is anticipated in mid-July as we continue to monitor progress and scheduling. ■

## ADM SPORTS SCHEDULE

### Friday, May 15

- 4:30 p.m. **Soccer:** Boys JV2 Game vs. Waukee Northwest
- 5:30 p.m. **Soccer:** Girls JV Match @ Carlisle
- 6 p.m. **Soccer:** Boys Varsity Match vs. Carlisle
- 7 p.m. **Soccer:** Girls Varsity Match @ Carlisle
- 7:30 p.m. **Soccer:** Boys JV Match vs. Carlisle

### Monday, May 18

- 5 p.m. **Baseball:** Varsity Double Header vs. Southeast Polk
- 6 p.m. **Soccer:** Boys Varsity Substate vs. TBA

### Tuesday, May 19

- 5:30 p.m. **Baseball:** JV Game @ Saydel
- 5:30 p.m. **Soccer:** Girls JV Match vs. Norwalk
- 7 p.m. **Soccer:** Girls Varsity Match vs. Norwalk
- 7:30 p.m. **Baseball:** Varsity Game @ Saydel



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## ALL-WHEEL CAR SHOW

The 17th Annual Dallas County Sheriff's All-Wheel Car Show, benefitting Iowa Special Olympics, will be held Saturday June 6, at Eighth and Court Street on the square in Adel. Registration is 10 a.m. to 1 p.m. with judging from 1-2 p.m. and awards presented at 2:30 p.m. Awards include Best of Show, Special Olympics Choice, Most Likely to be Stopped by a Cop, Longest Distance, Best Off Road and Top 20 Awards. Pre-register online by May 30 for \$25 for the first car and \$10 for every additional car (per owner). Includes free T-shirt. Register day of the show for \$25, T-shirt not included. Complete your online registration at <https://dallascounty.forms.govos.com/ng/fa/AllWheelShow>. ■



## DALCO CUP

Mark your calendars for the fifth annual DalCo Cup on June 18, 8 a.m. at River Valley Golf Course, 22927 Valley View Trail, Adel. Register at <https://events.humanitix.com/dalco-cup-26>. ■



## JOB FAIR EVENT JUNE 4

A job fair is being held to find people interested in working with people with disabilities. The event is Thursday, June 4, 5-6:30 p.m., at the Adel Public Library Community Room, 303 S. 10th St. High school and college students, retirees, and those looking to change careers are encouraged to attend.

There is a significant shortage of workers to support the needs of persons with disabilities. Hear a short presentation by several local agencies and then visit at their tables as they share information about their services for persons with disability as well as employment and volunteer opportunities currently open.

If you are looking for a part-time or full-time job and hoping to make a difference in someone's life, or if you are trying to navigate local care and transportation services for someone you know with a disability, you are invited to check these agencies out. Take the opportunity to make a difference in someone's life. The event is sponsored by the Parish Advocates for Persons with Disability Committee, St. John's Catholic Church. For more information, contact Gloria Frolek Clark at [grolekclark@gmail.com](mailto:grolekclark@gmail.com). ■

## WEDNESDAY NIGHT MEAL

Adel United Methodist Church, 115 S. 10th St., serves a meal Wednesdays, 5-6:30 p.m. in the fellowship hall downstairs. This is a freewill donation meal. All are welcome. ■

## ADEL AMERICAN LEGION AUXILIARY DISTRIBUTES POPPIES

Visit the Adel Fareway Store, 804 Nile Kinnick Drive S., on Friday, May 22, and on Saturday, May 23, to receive your poppy in honor of military veterans, the military and military families. Inspired by the poem "In Flanders Fields" by Col. John McCrea, the custom of wearing the poppy can be traced back to World War I.

"In Flanders field the poppies blow, Between the crosses row on row, That mark our places; And in the sky the larks, Still bravely singing, fly, Scarce heard amid the guns below."

With more than 100 years of rich tradition, National Poppy Day on May 22 this year stands as a powerful reminder of the cost of our freedom. ■

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## HISTORY

# STRAIGHT ENGINEERING

**BY MIKE FLINN**

For many years, Adel was home to a rather unique industry. Located on the north side of Greene Street west of the bowling alley, Straight Engineering was where boxcar unloaders were built. The business was started by Haliver Straight.

H.R. (Haliver) Straight moved to Adel in 1907. Together with his brother, Merton, he acquired Dallas County Brick & Tile, subsequently renaming it Adel Clay Products. H.R. Straight took on the roles of president and general manager. One of his notable early initiatives was encouraging the construction of brick homes for employees of the brick business. He offered these homes to employees on favorable terms, and by 1958, the company still owned 23 of these homes when Sioux City Brick and Tile acquired the plant.

In 1926, H.R. and Merton sold their Adel plant to United Clay Products Company but retained the name Adel Clay Products Company. Relocating to Redfield, they built another brick plant and continued operations.

Merton managed the Redfield facility until its purchase by the Goodwin family following H.R. Straight's passing. H.R. Straight also established and operated a significant soybean plant in Redfield, which was later owned by Cargill. Amid these ventures, he set up the Straight Engineering plant back in Adel.

Straight Engineering began in Redfield by manufacturing knives for pug mills used in brick manufacturing as well as many other parts for clay working plants. While operating the soybean plant, Straight saw the need for some sort of a mechanical device to aid in the unloading of grain from box cars. Time and labor could be conserved by such a device. Experimenting began. A box car unloader was constructed at the soybean plant, but this unloader still needed improvement. By 1953, after much planning, experimenting and hard work on the part of H. R. and many others, changes and improvements to the unloader had been made, and a working scale model was constructed (now on display at the Adel Historical Museum).

The boxcar unloader company was incorporated in 1953. Officers of the new company were H. R. Straight as president; C. J. Bristol, of Des Moines, vice president; Lee H. Straight of Centerville, secretary; and Don Allen Sr. of Adel, treasurer. The physical plant was built in 1953 on ground purchased from the Allen family. In 1956, after the death of H. R. Straight, the operation of the plant was taken over by Haliver's son, Lee.

Many improvements were made at the plant and on the box car unloader after Lee took over. By the 1960s, the plant employed 23 men and had installed unloaders in 12 different states. With the aid of a box car unloader, the average box car carrying grain, or any free-flowing material, could be unloaded in five minutes or less.

The business was discontinued sometime in the 1970s, and the building stood empty for many years, a reminder of Adel's industrial past. The railroad tracks running by it were, long ago, converted to a bike trail, and the old building was recently demolished. ■

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## EVENTS IN THE AREA

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### DES MOINES DOWNTOWN FARMERS MARKET

Saturdays through Oct. 31, 7 a.m. to noon  
Historic Court District, Downtown Des Moines

The 2026 season will feature 305 vendors, including 43 new participants, with 75 produce and agriculture vendors highlighting the region's strong farming community. Vendors represent 74 cities across 42 Iowa counties, spanning 12 city blocks from Water Street to Fifth Street. For more information, visit [www.dsmpartnership.com/desmoinesfarmersmarket](http://www.dsmpartnership.com/desmoinesfarmersmarket).

### NAMI IOWA'S BEAUTIFUL MINDS

Thursday, May 21, 6-8:30 p.m.  
The Tea Room, 713 Walnut St., Unit 600, Des Moines

In honor of Mental Health Awareness Month, NAMI Iowa will host a dinner and live entertainment fundraiser dedicated to breaking the stigma surrounding mental illness. This inspiring evening features powerful storytelling and performances that highlight the lived experiences of individuals navigating mental health challenges. Proceeds from this event directly support NAMI Iowa's education, advocacy and support programs serving communities across the state.



### CITYVIEW MIDDAY MIXER

Saturday, May 30, 1-4 p.m.  
The District at Prairie Trail  
S.W. District Drive, Ankeny

Enjoy summer cocktails to kick off the season. Check in is at El Presidenté, 1465 S.W. Park Square Drive Suite 102, Ankeny. Cost is \$25 for advance tickets, \$35 at the door.



### HOOVER ON THE ROAD EXHIBIT

Through May 31  
Living History Farms  
11121 Hickman Road, Urbandale

Designed to introduce audiences across Iowa to the life and legacy of President Herbert Hoover, the exhibit highlights Hoover's remarkable journey from his humble beginnings in Iowa to the presidency, along with his lasting humanitarian impact around the world.

### IOWA CRAFT BREW FESTIVAL

Saturday, June 6, noon to 4 p.m.  
Water Works Park  
2201 George Flagg Parkway, Des Moines

The Iowa Brewers Guild Iowa Craft Brew Festival encourages attendees to log off, raise a glass and enjoy an afternoon together in a relaxed outdoor setting. Each festival ticket includes unlimited samples, a commemorative tasting glass and access to the festival grounds featuring shade tents, vendors, yard games and a variety of Iowa-based food trucks. The festival highlights the best in Iowa craft beer while also featuring Iowa craft cideries, wineries, distilleries and a growing selection of Iowa-produced non-alcoholic beverages. One hundred percent of festival revenue supports Iowa's craft beverage industry and the Iowa Brewers Guild Brewed in Iowa campaign, which raises awareness about the economic and community impact of local breweries across the state. Tickets available at [www.iowacraftbrewfestival.com](http://www.iowacraftbrewfestival.com). ■

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## RECIPE

# POWER SUMMER ADVENTURES WITH A SPECTACULAR BAGEL BRUNCH SPREAD

*(Feature Impact)* Enjoying meals al fresco this summer starts with one simple trick: Head outside before the sun reaches its peak to beat the heat. A summer brunch offers a special way to fuel up before all the adventures and activities a bright, sunny day may bring.

For a light, refreshing bite, Summer Berry Panzanella Salad combines bagel “croutons” and a bushel of berries for a nutritious dose of deliciousness.

This brunch favorite is powered by limited-edition Dave’s Killer Bread Summer Berry Bagels, which deliver sweet, summery organic goodness with raspberry, blueberry, cranberry and strawberry. Every bite can delight your taste buds, and, with 10 grams of protein and 3 grams of fiber in each serving, your body will thank you, too. Available nationwide through July, now’s the time to enjoy them before summer passes by. ■

## SUMMER BERRY PANZANELLA SALAD

Prep time: 25 minutes

Servings: 4-6

### Bagel “croutons:”

- 3 Dave’s Killer Bread Summer Berry Bagels
- 3 tablespoons unsalted butter
- 2 tablespoons brown sugar
- 1 pinch salt

### Berry salad:

- 1 pint strawberries, hulled and sliced (reserve 1/2 cup for dressing)
- 1/2 cup blueberries
- 1/2 cup raspberries (optional)
- 1/2 teaspoon lemon zest
- 1 tablespoon lemon juice

### Berry dressing:

- 1/2 cup strawberries
- 1 tablespoon brown sugar
- 1 pinch salt

### Serving:

- 3/4 cup plain Greek yogurt or vanilla yogurt
- 1 tablespoon poppy seeds
- fresh mint (optional)

### Directions:

- Heat oven to 350 F.
- **To make bagel croutons:** Cut bagels into 3/4-inch cubes. In bowl, melt butter; stir in brown sugar and salt. Toss bagel cubes in butter mixture. Spread on baking sheet and bake 15-18 minutes, flipping once, until golden and crisp. Let cool.



- **To make berry salad:** In large bowl, combine sliced strawberries; blueberries; raspberries, if desired; lemon zest; and lemon juice. Toss gently.
- **To make berry dressing:** Place reserved strawberries in bowl. Add brown sugar and salt. Using fork or potato masher, mash until juicy and chunky.
- **To assemble panzanella salad:** Add cooled bagel cubes to berry salad. Pour in mashed strawberry dressing. Toss slightly so bread absorbs juice. Let sit 5-10 minutes so bagel pieces soften while staying textured. Serve in bowls with yogurt, poppy seeds and mint leaves, if desired.
- Transfer to work surface and cut each bean into thirds on bias.
- Strain oil from tuna can into small bowl and whisk vinegar into oil. Season with salt and pepper, to taste.
- Sprinkle slightly cooled pizza with arugula, tuna, tomatoes, olives, green beans and red onion. Drizzle with vinegar dressing then slice and serve warm.

# SAFETY BIKE RODEO

The Seventh Annual Safety Bike Rodeo will be held on Saturday, May 16, 9-11 a.m. at the Adel City Hall parking lot, 301 S. 10th St., Adel. It includes free bike and helmet inspections and a bike rodeo course for kids ages 5-12. This is a come-and-go event. Free giveaways and a drawing for bikes, helmets and other prizes will be held. Kids must register but need not be present to win.

The event is sponsored by the Rotary Club of Adel and the Adel Police Department. If the child does not have a bike helmet, a loaner helmet will be available. Adults may also bring their bikes and helmets for inspection. Children completing the safety course will receive a certificate, bike safety information, a Rotary flyer, an Icee and DARE giveaways. Other activities at the Safety Bike Rodeo include tours of a police car and fire engine and the opportunity to visit with an Adel police officer and Adel firefighters. In addition, the Raccoon River Valley Trail is nearby for riding or walking. For more information, contact ShirleyMcAdon at 515-993-4862. ■

# FREE A1C SCREENINGS

Hy-Vee and Adel Lions Club are bringing the Hy-Vee Healthy You Trailer to Adel to offer free A1c screenings on Saturday, June 6, 8:30-11:30 a.m. at 801 Court St., Adel, across from the courthouse on the east side of the square. Hemoglobin A1c is a blood test that helps provide information about an individual's average levels of blood glucose over a two- to three-month period. This screening is not a diagnosis. Scan the QR code to sign up for a time slot. Walk-ins will be taken but may have to wait for availability. Must be 18 years or older. No fasting required, and results will be provided immediately. ■



# ALZHEIMER'S EDUCATION SERIES

Edencrest at Adel announces its 2026 Alzheimer's Education Series of informative conversations intended to help members of the greater-Adel community understand and recognize the signs of Alzheimer's and how to best care for loved ones living with it. Each presentation in the series takes place at 621 302nd Place, Adel, on the last Tuesday of each month from 6-7 p.m. between February and September. This series is free and open to the public. The series lineup includes:

- **May 26:** 10 Warning Signs of Alzheimer's
- **June 30:** Building Foundations of Caregiving
- **July 28:** Supporting Independence
- **Aug. 25:** Managing Money
- **Sept. 29:** Exploring Care and Support Services ■

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