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## ADEL LIONS CLUB ASSISTS WITH HAZARDOUS MATERIALS COLLECTION



For 28 years, the Adel Lions Club has assisted the Metro Waste Authority in collecting household hazardous materials from area residents. The HHM event has been hosted by the South Dallas County Landfill, but volunteers from the Adel Lions Club have helped the event run smoothly by checking in participants, unloading the materials and sorting the materials into collection bins. Many Adel Lions have volunteered for these events since the beginning and are valued for their knowledge and efficiency. On April 18 at Kinnick Feller Park, a collection of more than 4,000 pounds of chemicals, waste oil and other materials was received from 114 participants. Organizers want to thank the Adel Lions for their much-appreciated help. ■

### ADEL WEATHER FORECAST

**FRIDAY HIGH 54 | LOW 36**

Cool with sun and some clouds



**SATURDAY HIGH 66 | LOW 46**

More sunshine than clouds



**SUNDAY HIGH 73 | LOW 47**

Cloudy; chance of a.m. showers



**MONDAY HIGH 74 | LOW 44**

Mostly cloudy and breezy



**TUESDAY HIGH 72 | LOW 47**

Cloudy; chance of p.m. showers



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FROM THE PUBLISHER

## THAT NOISY LITTLE CLOCK WITH BELLS

I received my first alarm clock as a kid in the 1970s. I am quite sure it came from Mom, as did most gifts, regardless of whose name was on the tag.

It was the classic model: round face, two bells on top and a metal hammer that sounded like it was trying to escape. When it went off, it didn't wake me up so much as accuse me of something. Of course, this only worked if I remembered to wind it, which was a big "if" for a 5-year-old.

This raises a fair question: Why did a 5-year-old even need an alarm clock? I had nowhere to be. And on the rare occasion I did, Mom handled the wake-up call just fine — no bells required. The only real accomplishment of that clock was jolting everyone else in the house while I played with it and giggled.

It also ticked loudly. Not a gentle, soothing tick. More like the kind of ticking you hear right before something explodes in an old TV show. Eventually, it spent most of its life unwound and buried in my toy box where it could do no harm.

A few years later, I inherited an electric clock. This one had a buzzer — because apparently bells weren't

irritating enough — and a dim glow that made it feel futuristic. It also had a snooze button, which seemed like a great idea in theory and a terrible idea in practice. Let's be honest. The snooze button is not there to help you wake up. It is there to help you negotiate with reality.

Later, I went all-in with technology and bought an alarm clock with a radio. I could wake up to music instead of mechanical panic. Civilization had arrived. I still have one of those clocks today. The radio never comes on, and the alarm rarely goes off. These days, my internal clock wakes me up well before I need it to. No snooze button. No negotiation. No mercy. I do still use it, though. Mostly to check how many hours of sleep I'm not getting.

Ever wonder who started all this? You could give some credit to the rooster, of course. But the Seth Thomas Clock Co. received an official patent for a bedside alarm clock in 1876, and things escalated from there. By 1931, Westclox introduced the chime alarm with



the comforting slogan, "First he whispers, then he shouts." Because what everyone wants at 6 a.m. is a device that eases into yelling. In 1949 came the Moonbeam, which flashed a light before buzzing, like a tiny sunrise followed immediately by regret. Then in 1956, General Electric rolled out the snooze alarm, giving humanity a whole new way to be late.

Today, of course, many of us use our phones as alarm clocks. They work great — right up until when the battery dies overnight, and suddenly it is 10 a.m. and we are inventing excuses.

So, yes, I've come a long way from that noisy little clock with the bells. But, in the end, I rely on my built-in alarm that doesn't need batteries, doesn't have a snooze button and apparently thinks sleep is optional.

Have a great week, and thanks for reading. ■

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## STORYTIMES

- **Move and Groove Storytime:** Every Tuesday at 9:30 a.m.
- **My First Storytime:** Every Wednesday at 9:30 a.m.
- **Preschool Storytime:** Every Thursday at 9:30 a.m.

## ADULTS

- **Exercise Group:** Meets every Monday through Thursday at 9 a.m.
- **Yoga:** every Wednesday at 6 p.m.
- **50-plus Senior Group:** Tuesdays, April 7 and 21, from 10 a.m. to 1 p.m. ■

# BOSOMWORTH 50TH ANNIVERSARY



A card shower is being held for Dallas and Martha Bosomworth to help them celebrate their 50th anniversary on Friday, May 15. Cards will reach them at: 31249 Houston Ave., Adel, IA 50003-5555. ■

## WE WILL RUN YOUR ADEL NEWS ITEMS FOR FREE.

Email your news by Wednesday at 5 p.m. to: [tammy@iowalivingmagazines.com](mailto:tammy@iowalivingmagazines.com)

# ADM SPORTS SCHEDULE

## Monday, May 4

- 4 p.m. **Golf:** Boys Varsity Meet vs. Bondurant-Farrar @ River Valley Golf Course
- 5:45 p.m. **Soccer:** Girls JV Match vs. Bondurant-Farrar
- 7 p.m. **Soccer:** Boys Varsity Match @ Bondurant-Farrar
- 7:15 p.m. **Soccer:** Girls Varsity Match vs. Bondurant-Farrar

## Tuesday, May 5

- 10 a.m. **Golf:** Girls Varsity Invitational @ Atlantic Golf and Country Club
- 10 a.m. **Golf:** Boys Varsity Invitational @ Atlantic Golf and Country Club
- 3:30 p.m. **Golf:** Girls Varsity Meet @ Jester Park Golf Course
- 4 p.m. **Esports:** Varsity Match vs. Washington



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## DALCO CUP

Mark your calendars for the fifth annual DalCo Cup on June 18, 8 a.m. at River Valley Golf Course, 22927 Valley View Trail, Adel. Register at <https://events.humanitix.com/dalco-cup-26>. ■



## TEA-OFF FOR WOMEN'S HEALTH

Join the Dallas County Hospital Foundation at a Tea-Off for Women's Health on Friday, May 8, 11 a.m. to 1:30 p.m. at the Dallas County Hospital Wellness Center, 610 10th St., Perry. This fundraiser supports women's health at Dallas County Hospital. Proceeds will benefit the Dexa Scanner, which can assist with osteoporosis management during menopause and a cancer diagnosis. More information available at [www.facebook.com/events/804300729381280](http://www.facebook.com/events/804300729381280). ■



## MOBILE FOOD BANK

Adel Mobile Food Bank is the fourth Wednesday of the month at New Hope Church, 25712 Highway 6, Adel, from 5-6:30 p.m. or until the food is gone. This is a drive-thru pickup for free groceries. ■

# GARY'S RIDE

On Saturday, May 16, 10 a.m. to 2 p.m., Gary's Ride will be held, starting at the Waukee Raccoon River Valley Trailhead and ending in Dallas Center downtown Main Street. The event will be held to increase awareness of glioblastoma and support Richard Deming Cancer Center's terminal brain cancer patients through their integrative medicine program, Iowa Oncology Research Association for Glioblastoma Clinical Trials, MercyOne Des Moines Foundation for gift cards for terminal brain cancer patients and their families, and Gary's Compassion Fund for financial assistance for terminal brain cancer patients and their families. Help to "pedal" forward in reaching the funding goal and be the difference for these loved ones and their families afflicted by terminal brain cancer/glioblastoma. Registration and information are available at [garysrideiowa.org](http://garysrideiowa.org). ■

## IOWA FARM AND FOOD CONFERENCE

Iowa State Extension presents the Iowa Farm and Food Conference June 11-12 at the Waterloo Center for the Arts, 225 Commercial St., Waterloo. This biennial event — previously known as the Community Food Systems + Farm to School and Early Care Conference — engages, supports and inspires professionals across all sectors of the food system. The conference theme, "Futuring Our Food System," is about imagining bold, transformative possibilities for the future and the systematic, creative and connective measures that get us there. For more information and to register, visit [www.extension.iastate.edu/ffed/cfs-annual-event](http://www.extension.iastate.edu/ffed/cfs-annual-event). ■



## PERSONAL ITEMS NEEDED BY VETERANS AT THE VA HOSPITAL AND VA CRRC

The needs list includes military ball caps (new), slip-on tennis shoes (men's sizes 9.5-13), boxer shorts (L, XL, XXL), duffel bags, backpacks, sweatpants (M-3XL), sweatshirts (M-SXL), personal care items, individually-wrapped snacks and coffee. See the Adel American Legion Facebook page for the detailed list. Contributions may be dropped off at 1305 S. 15th St., Adel, or call Shirley McAdon at 515-993-4862 for pick up. ■

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## HISTORY

# IKE COMES TO ADEL

BY MIKE FLINN

It was a sunny fall day when Adel was visited by a president. Actually, it wasn't really a visit. President Dwight D. Eisenhower did pass through our town, however.

September 1956 was an exciting time. Elvis Presley, whose song "Don't Be Cruel" was the No. 1 song on the charts, had just appeared on "The Ed Sullivan Show" for the first time. The civil rights movement was in its infancy, the New York Yankees and Brooklyn Dodgers were headed to the World Series, the interstate highway system had been approved but was yet to be built, and Ike would go on to win reelection in a landslide in November.

Ike was beginning his reelection campaign tour through the Midwest with a stop at Boone, the birthplace and hometown of his wife, First Lady Mamie Doud Eisenhower. They planned to stay the night at Boone and then travel to Ames the next day for some campaign events. The first couple had flown into the Des Moines Airport on Air Force One, a Lockheed VC-121E Columbine

III. Had it been a shorter trip, they might have flown a smaller Aero Commander L-26, which Ike often piloted himself.

After leaving the airport, the motorcade travelled on gravel through the town of Commerce then west on Highway 90 through Booneville and south of Van Meter. At De Soto, they turned north onto Highway 169.

Ike was using the massive Lincoln convertible that was built for President Harry S. Truman in 1950. It was a heavy, armored vehicle with gold-plated fixtures, a sunroof, flashing lights and a radio. Eisenhower added the distinctive plastic "bubble top," which was not bulletproof.

Due to short notice, there had been no real organization and few plans for greeting the president. The news that they were coming came too late to even publish in The Dallas County News. Several hundred Adelites were on hand,



President  
Dwight D.  
Eisenhower

however, for the big moment. Adel High School bandmaster Lloyd Settle had the band in full uniform. All downtown stores were closed from 4:15 to 5:15 p.m.

They arrived about 4:45 p.m. Ike stood in his bubble top car and waved to the crowd as they passed by. He also saluted the American flag presented by the Adel Legion Color Guard. And then they were gone. Ike didn't even stop long enough for Adel band sweetheart Sue Jacobson to present Mamie with a bouquet of roses. Mamie did, however, stand behind a large bouquet of roses that had been presented to her earlier.

The motorcade travelled on through Minburn, then near Perry at the junction of 169 and 141 and turned on Highway 30 at Ogden. They were greeted by cheers and "Reelect Eisenhower and Nixon" signs all along the way.

A few days after the visit, the H. B. Jacobson family received a signed personal letter from President Eisenhower apologizing on behalf of himself and the first lady for not stopping to receive the flowers and expressing grateful thanks for the kind thoughts. ■

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**EVENTS IN THE AREA**EMAIL YOUR EVENT INFORMATION TO  
TAMMY@IOWALIVINGMAGAZINES.COM**DES MOINES DOWNTOWN FARMERS MARKET****Saturday, May 2 to Oct. 31, 7 a.m. to noon, 8 a.m. to noon in October****Historic Court District, Downtown Des Moines**

The 2026 season will feature 305 vendors, including 43 new participants, with 75 produce and agriculture vendors highlighting the region's strong farming community. Vendors represent 74 cities across 42 Iowa counties, spanning 12 city blocks from Water Street to Fifth Street. For more information visit [www.dsmpartnership.com/desmoinesfarmersmarket](http://www.dsmpartnership.com/desmoinesfarmersmarket).

**GIVE LIFE 5K****Saturday, May 2, 8:30 a.m.****Raccoon River Park, West Des Moines**

Iowa Donor Network honors those who have given the gift of life, celebrates the lives of organ and tissue recipients, and recognizes those who continue to wait for a life-saving transplant at the annual Give Life 5K. This is a family-friendly event so, no matter your skill level, the event is open to everyone. Join in to honor and support those who have been impacted by organ and tissue donation and celebrate the gift of life by registering for the Give Life 5K today. Visit [GiveLife5K.com](http://GiveLife5K.com).

**SPRING EPHEMERAL WILDFLOWER WALK****Saturday, May 2, 9 a.m.****Neal Smith National Wildlife Refuge**

Enjoy a guided walk along the half-mile Oak Savanna loop trail and search for some of the earliest

blooming wildflowers of the season. Breathe in the fresh spring air, enjoy vibrant blossoms, and keep an eye out for local wildlife along the way. It's the perfect opportunity to reconnect with nature and welcome the new season. Meet at the Oak Savanna Trail parking lot, located approximately a quarter mile east of the refuge visitor center along Pacific Street. Wear closed-toe, sturdy shoes, dress in pants and bring insect repellent and drinking water. Contact [nancy\\_corona@fws.gov](mailto:nancy_corona@fws.gov) or call 515-994-3400 for information and to register.

**MIDDLE RIVER ARTS FESTIVAL****Saturday, May 2****Madison County Conservation Center, 2508****Pammel Park Trail, Winterset**

The Middle River Arts Festival will take place at the Madison County Conservation Center in Pammel Park, hosted by the Winterset Art Center. This event is scheduled for one day and is free of charge.

**MOTHER'S DAY BREAKFAST BUFFET AND BAKE SALE****Sunday, May 10, 8 a.m. until noon****West Des Moines Elks Lodge****2060 N.W. 94th St., Clive**

Enjoy a delicious Mother's Day breakfast, which includes biscuits and gravy, French toast, scrambled eggs, bacon, sausage patties, cheesy potatoes, and all-you-can-eat pancakes (including blueberry and chocolate chip pancakes), orange juice, milk and coffee. Cost is \$11, \$5 for children younger than 10. Enjoy a bloody mary or mimosa for \$3.50. Proceeds support the Elks Hoop Shoot Program, other youth activities and veteran activities. ■



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## RECIPE

## A SWEET BEVERAGE OF PICNICS AND MORE

*(Feature Impact)* Salty snacks and savory sandwiches may fill you up at your next springtime picnic, but no family trip to the park is complete without a sweet, refreshing drink to wash it all down. Stay cool and keep the fun going with a light sip that showcases the taste of the season.

This Picnic Cherry Limeade is easy to make from the comfort of home before being transported (in a non-spill container, of course) to the picnic table or blanket. Just don't forget the cups and ice.

Find more refreshing beverage ideas by visiting Culinary.net. ■



### PICNIC CHERRY LIMEADE

*Recipe adapted from "Southern Living"*

*Total time: 5 minutes*

*Servings: 10*

#### Ingredients:

- 1 jar (10 ounces) whole red maraschino cherries, chilled
- 6 limes, divided
- 1 bottle (2 liters) lemon-lime soda, chilled
- 1/2 cup tart cherry juice, chilled

#### Directions:

- Drain maraschino cherries, reserving syrup. Set whole cherries aside.
- Juice four limes to yield 1/2 cup juice; thinly slice remaining limes.
- In large pitcher, stir cherry syrup, lime juice, soda and tart cherry juice. Add lime slices.
- Transfer to container with tight-fitting lid for transport. Serve over ice and garnish with reserved whole cherries.



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