

# ADEL *Living Weekly*

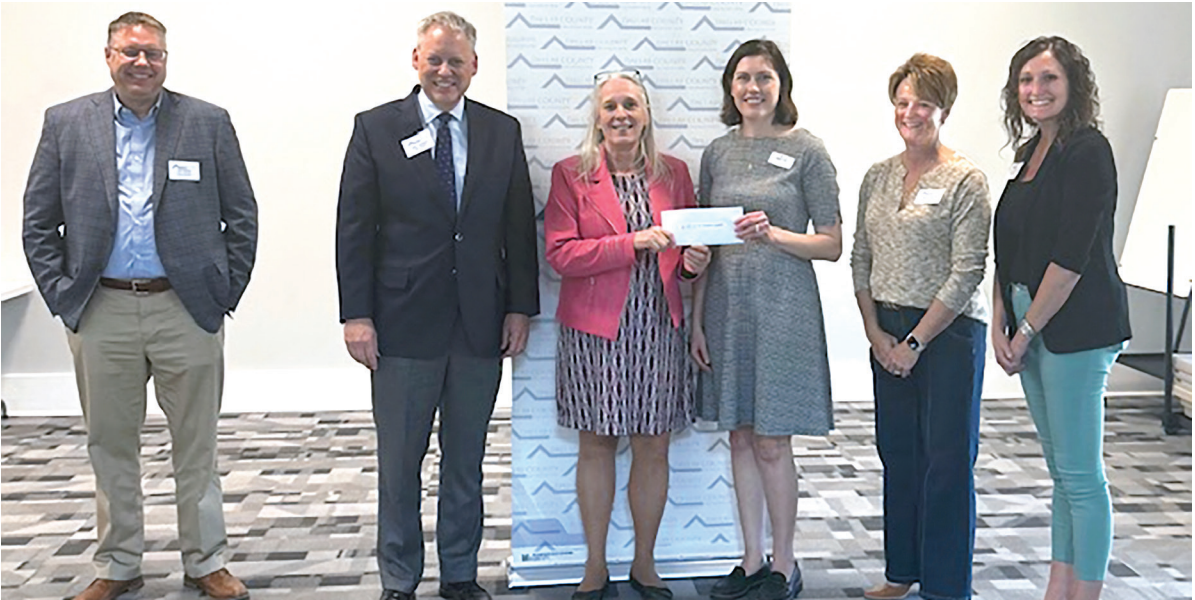
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## GRANT AWARDED FOR CROSSWALK LIGHT





Adel Partners Arts and Trail Committee Chair Rebecca Hillmer and Chamber President Erin Milroy attended the Dallas County Foundation's grant event on Thursday, April 16. The Chamber received \$10,000 for a flashing beacon crosswalk light to be placed at the intersection of the RRVT and Highway 169. The project is expected to be completed in 2027. ■


**ADEL WEATHER FORECAST**

**FRIDAY HIGH 69 | LOW 43**  
Clouds turning to sun; breezy 

**SATURDAY HIGH 70 | LOW 50**  
Cloudy; chance for showers 

**SUNDAY HIGH 72 | LOW 58**  
Cloudy and breezy 

**MONDAY HIGH 69 | LOW 41**  
Windy with rain and a thunderstorm 

**TUESDAY HIGH 63 | LOW 43**  
Windy in the a.m.; mostly cloudy 

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FROM THE PUBLISHER

# HOW DO YOU DO YOUR LAUNDRY?

If you want to understand a person, skip the personality tests. Just ask a simple question: How do you do your laundry?

According to an April 3 article at realsimple.com by Anjana Pawa, our laundry habits are less about detergent and more about destiny. Or at least, about how we cope with stress, chaos and the occasional missing sock. Whether you sort colors with surgical precision or treat your washing machine like a Vegas buffet — pile it high and hope for the best — your laundry routine is spilling your secrets.

She says to first consider the Laundry Expert. This person reads care labels the way sommeliers read wine lists. “Tumble dry low” isn’t a suggestion but a lifestyle. These people own multiple detergents. On purpose. Therapists say this is not just about clean clothes. It is about control. The Laundry Expert finds peace in separating delicates from denim. It is not obsessive — until it is. If your emotional well-being hinges on the correct folding of fitted sheets, it might be time to loosen the spin cycle.

Next, she says there is the Sunday Settler. This person has turned laundry into a weekly religious experience. Come Sunday, the machines hum, the hampers empty and balance is restored to the universe. Therapists say this routine can be grounding. A predictable ritual in an unpredictable world. But if skipping laundry day sends your entire week into a tailspin, you are not doing laundry — your laundry is doing you.

Then, she explains the Pile Goblin, perhaps the most relatable of the bunch. The clothes are clean. Technically. They are just living their best life on a chair, a bed or a mysterious corner of the floor. The Pile Goblin believes the job is done. And in a way, it is — just not all the way. Experts say this isn’t laziness but rather is a follow-through issue. In other words, you used all your energy being a functional adult elsewhere, and now your T-shirts are paying



the price.

Finally, Pawa describes the YOLO Washer. No sorting. No special settings. Just vibes. When the laundry pile reaches critical mass, everything goes in together on the hottest setting. Towels, jeans, that one sweater you definitely should not wash that way — it is all invited. On one hand, this is efficiency. On the other, it raises questions. Are you truly carefree, or have you simply given up on the concept of “care” altogether?

In the end, your laundry personality does not define you, but it does say something. So the next time you are staring at that overflowing basket, ask yourself: Am I washing clothes, or am I revealing my entire psychological profile? Either way, maybe separate the reds. Just in case.

Have a great week, and thanks for reading. ■

Shane Goodman  
President and Publisher  
Big Green Umbrella Media  
shane@dmcityview.com  
515-953-4822, ext. 305



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www.iowalivingmagazines.com



**News contact**  
Tammy Pearson  
515-953-4822, ext. 302  
tammy@iowalivingmagazines.com



**Advertising contact**  
Dan Juffer  
515-371-2290  
dan.juffer@dmcityview.com

## APRIL STUDENTS OF THE MONTH

The ADM High School staff and coaches recognize students each month who exemplify the hard work, dedication and leadership that make them "Tigers." The following students have been selected to receive these honors for April. Businesses and groups in the district make donations to the ADM Scholarship Foundation in recognition of the students' achievements.

- **Student of the Month** — Rhyan Miller, sponsored by Raccoon Valley Bank
- **Fine Arts Student of the Month (Spring Play)** — Julia Logue (onstage), Sylvia Logue (backstage), sponsored by Lincoln Savings Bank
- **Boys Golf Student of the Month** — Roen Lenz, sponsored by Cullen Howe Real Estate-RE/MAX Precision
- **Girls Golf Student of the Month** — Madison Gelhaar, sponsored by People's Savings Bank
- **Boys Soccer Student of the Month** — Payton Giles, sponsored by Adel Family Dentistry
- **Girls Soccer Student of the Month** — Bella Hulsher, sponsored by Iowa Spring Manufacturing
- **Girls Soccer Student of the Month** — Camden Wilson, sponsored by People's Savings Bank
- **Girls Track Student of the Month** — Haley Nelson, sponsored by CORE Physical Therapy
- **Boys Track Student of the Month** — Reid Kluesner, sponsored by Adel TV and Appliance
- Another award, **Student Citizen of the Month**, is presented by the Adel Police Department and Blue Kindness (not associated with the ADM Scholarship Foundation). The April Student Citizen of the Month is Kinsey Shaw.

Congratulations to all of the Students of the Month. ■

## ADM SPORTS SCHEDULE

### Saturday, April 25

- 8:30 a.m. **Golf:** Boys Varsity Invitational @ Perry Golf & Country Club
- 9 a.m. **Soccer:** Boys Varsity Invitational @ Pella
- 9 a.m. **Track:** Girls JV/Varsity Drake Relays @ Drake Stadium
- 9 a.m. **Track:** Boys JV/Varsity Drake Relays @ Drake Stadium

### Monday, April 27

- 4 p.m. **Golf:** Girls Varsity Meet @ Terrace Hills Golf Course
- 6 p.m. **Soccer:** Girls JV Match vs. Des Moines Roosevelt @ Mediacom Stadium
- 7:30 p.m. **Soccer:** Girls Varsity Game @ Des Moines Roosevelt



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## OBITUARIES

*Funeral notices can be emailed to [tammy@iowalivingmagazines.com](mailto:tammy@iowalivingmagazines.com)*

### ROBERT 'BOB' E. WRIGHT

Robert "Bob" E. Wright, 86, of Adel, died Thursday, April 16, 2026, at UnityPoint Methodist West Hospital in West Des Moines.

A memorial service was held Monday, April 20, at Caldwell Parrish Funeral Home – Adel Chapel. Burial followed at Earlham Cemetery. Memorials may be directed to the American Heart Association. Online condolences may be shared with the family at [www.caldwellparrish.com](http://www.caldwellparrish.com).

Bob was born on June 18, 1939, in Dallas County. He graduated from De Soto High School in 1959.

On Nov. 28, 1959, Bob married Diane Kay Slater at the United Methodist Church in Earlham. Together, they built a life in Adel and had two children, Scott and Sheryl.

Bob dedicated 34 years of service to the Iowa Department of Transportation, retiring in 2001. In his free time, he enjoyed attending auctions, vegetable gardening, mowing, birdwatching and feeding birds, and woodworking. He especially enjoyed spending time with his family and watching his grandchildren's games and activities, which brought him great pride and joy.

He is survived by his wife of 66 years, Diane Wright; his daughter, Sheryl (Dennis) Brown; his son, Scott (Misty) Wright; and his grandchildren: Christopher (Cassie) Ham and their daughter, Cora, Eric Wright and his son, Joseph, and Amy (Missy) Wright and their children, Payten and Lucas; and many nieces, nephews, extended family members and friends.

Bob was preceded in death by his parents, Claude and Edna Wright; five sisters; and one brother. ■



### JOHN LEROY PITSENBARGER

John Leroy Pitsenbarger, 77, of Adel, died at his home. Visitation will be held from 5-7 p.m. on Friday, April 24, at Caldwell Parrish Funeral Home, Adel Chapel. A funeral service will be held at 10 a.m. on Saturday, April 25, also at the funeral home. Burial will follow at East Linn Cemetery in Redfield. Memorials may be directed to the family, with a later designation to be made in John's name. Online condolences may be left at [www.caldwellparrish.com](http://www.caldwellparrish.com).

John was born on July 14, 1948. He graduated from Dexfield High School in 1966. Following graduation, he served in the United States Army National Guard.

He married Cheryl Clayton and together they had three children: Stacey, Justin and Amanda. The couple divorced in 1992.

John worked as a truck driver and farmer throughout his life, retiring in 2019. On Sept. 27, 2025, he married Kelly Duncan at their farm in Adel. He enjoyed having coffee with the guys, may have had a small "hoarding" habit, and, most of all, loved his family more than anything. He was incredibly proud of them.

He is survived by his wife, Kelly Pitsenbarger; children: Stacey Pitsenbarger (Deana), Justin Pitsenbarger (Tonja) and Amanda Doherty (Felix); grandchildren: Rebecca (Dusty), Anthony, Riley, Raelynn, Justice (Jarrett), Jasmine (Keegan), Hunter (Kourtney) and Kelcie (Wesley); great-grandchildren: Jersey, Desi, Evelyn, Bryce, Brock and Briar; sister, Kay Vanags; and many other relatives and friends.

He was preceded in death by his parents, Harold and Darlene Pitsenbarger; parents-in-law, Art and Sandy Duncan; granddaughter, Tyra; and brother-in-law, Louie Clayton. ■



## OBITUARIES

Funeral notices can be emailed to [tammy@iowalivingmagazines.com](mailto:tammy@iowalivingmagazines.com)

### RANDY SCOTT MANDAL

Randy Scott Mandal, 68, of Adel, died April 19 of cancer. He never let it slow him down, even in his final days. Randy was born on May 17, 1957 in Bowman, North Dakota. Following school, Randy enlisted in the U.S. Army during which he served a tour in Germany. After his discharge, Randy worked most of his career on oil rigs throughout the Midwest region and shared fond memories of laying bricks in Des Moines.

Randy's true passion was geology and archeology, amassing an impressive collection of fossils, stones and Native American artifacts, some of which are now on display in a museum. Randy was a strong and intelligent man who wanted nothing more than to be outdoors in nature, kayaking, tending a garden or building structures from the land's resources. He held his family's Norwegian heritage in high regard and, as part of his final wishes, was able to see his grandparents' immigration cards from Ellis Island.

Randy was an adventure seeker anywhere it could be found, from underground exploring caves, up to solid ground hiking foot hills, out deep-sea fishing in ocean waters, kayaking river waters, and finally 10,000 feet up in the air fulfilling his dream of sky diving.

He is survived by his daughter, Shellie Rae (Jeremiah) Peters; grandchildren, Andrew and Addilee Peters; brother, Rick Mandal; sister, Pam Mandal Shaw; and nieces and nephews. Randy was blessed with many friends at the end of his life who went to great lengths to bring him comfort and peace, special thanks to the Nichols family.

Randy was preceded in death by his father, Einar Mandal; mother, Gail Mandal; sister, Peggy Gruba; aunt, Corrine Hummel; and his beloved four-legged companion, Maggie.

A celebration of life will be held among his close family and friends.

In lieu of flowers, donations may be made in memory of Randy Mandal to the Fossil & Prairie Conservation Foundation in Floyd County, Iowa. ■



## TEA-OFF FOR WOMEN'S HEALTH

Join the Dallas County Hospital Foundation at a Tea-Off for Women's Health on Friday, May 8, 11 a.m. to 1:30 p.m. at the Dallas County Hospital Wellness Center, 610 10th St., Perry. This fundraiser supports women's health at Dallas County Hospital. Proceeds will benefit the Dexa Scanner, which can assist with osteoporosis management during menopause and a cancer diagnosis. More information available at [www.facebook.com/events/804300729381280](http://www.facebook.com/events/804300729381280). ■



## DALCO CUP

Mark your calendars for the fifth annual DalCo Cup on June 18, 8 a.m. at River Valley Golf Course, 22927 Valley View Trail, Adel. Register at <https://events.humanitix.com/dalco-cup-26>. ■



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TAMMY@IOWALIVINGMAGAZINES.COM**MOTHERS DAY BREAKFAST  
BUFFET AND BAKE SALE**

Sunday, May 10, 8 a.m. until noon

West Des Moines Elks Lodge

2060 N.W. 94th St., Clive

Enjoy a delicious Mother's Day breakfast, which includes biscuits and gravy, French toast, scrambled eggs, bacon, sausage patties, cheesy potatoes, and all-you-can-eat pancakes (including blueberry and chocolate chip pancakes), orange juice, milk and coffee. Cost is \$11, \$5 for children younger than 10. Enjoy a bloody mary or mimosa for \$3.50. Proceeds support the Elks Hoop Shoot Program, other youth activities and veteran activities.

**THE EVENING AFRICAN  
VIOLET CLUB SALE AND SHOW**

Friday and Saturday, April 24-25

Plumbers &amp; Steamfitters Local Union 33

2501 Bell Ave., Des Moines

The Evening African Violet Club of Des Moines invites the public to its 2026 African Violet Show and Sale, "Music in Bloom." Members of area garden clubs and plant societies are especially welcome as club members share so many interests in indoor and outdoor gardening with them. This is a nationally sanctioned show and sale that will have judges from the African Violet Society of America. Hours are Friday, April 24, noon to 6 p.m., and Saturday, April 25, 10 a.m. to 5 p.m. The judging of violets, gesneriads and floral design will take place on Saturday from 10 a.m. to noon. Hours follow from noon to 5 p.m. for sales. Only members of EAVC are

eligible to enter plants and designs in the show.

**MADE IN THE MIDWEST:  
THE LUBBEN BROTHERS**

Saturday, April 25, 7 p.m.

Temple Theater, 1011 Locust St., Des Moines

Des Moines Performing Arts announces the return of Made in the Midwest at the Temple Theater for an exciting new season. The Lubben Brothers perform traditional/contemporary folk music. Opener is Courtney Krause. To purchase tickets, visit DMPA.org, call 515-246-2300, or stop by the Civic Center Ticket Office at 221 Walnut St. Night-of tickets will be available for purchase at the Temple Theater Ticket Office two hours before the performance.

**FAUNA 10K**

Through April 30

Reagan Maher, a Des Moines kidney transplant recipient, is launching the Fauna 10K — a powerful initiative throughout the month of April aimed at registering 10,000 new organ, tissue and eye donors across Iowa and beyond. This is not a race. There is no finish line. There is no competition. This is a movement.

Held during Donate Life Month in April, the Fauna 10K invites everyone who is not registered as an organ donor to take part from anywhere, making this a statewide and nationwide movement, not confined to a single location. Through April, you can register on Fauna Transplant Support's Facebook Page or through Iowa Donor Network at [www.iowadonornetwork.org/register](http://www.iowadonornetwork.org/register). ■



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## RECIPE

**SERVE A PLATE OF PASTA SALAD TO ROUND OUT SPRING PICNICS**

*(Feature Impact)* If clear skies and bright sunshine have you dreaming of a fresh meal outdoors, a picnic may be just the solution. Rounding out your spread of sandwiches and cold refreshments doesn't have to be a trick. Instead, treat yourself to a light, simple side like this Picnic Pasta Salad.

Cooked rotini is mixed with fresh veggies, tossed with Italian dressing and topped with crumbled feta cheese for a zesty complement to your favorite al fresco meals.

Visit [Culinary.net](http://Culinary.net) to find more ways to round out a perfect picnic lunch. ■

**PICNIC PASTA SALAD**

*Recipe adapted from "Budget Bytes"*

*Prep time: 10 minutes*

*Cook time: 8 minutes*

*Servings: 10*

**Ingredients:**

- 1 pound rotini pasta
- 1 English cucumber
- 2 bell peppers
- 10 ounces grape tomatoes
- 1/2 red onion
- 2 tablespoons fresh chopped parsley
- 1/4 cup crumbled feta cheese
- 1 bottle (16 ounces) Italian dressing
- 1/4 teaspoon salt
- 1/4 teaspoon freshly cracked black pepper

**Directions:**

- Cook pasta according to package instructions. Drain in colander and rinse with cool water; drain well.
- Slice cucumber into half-moons, chop bell peppers, halve tomatoes, thinly slice red onion and chop parsley. Set vegetables and parsley aside.
- Transfer drained pasta to large bowl. Add chopped vegetables, parsley and feta cheese.
- Pour dressing over pasta salad and toss until evenly coated. Add salt and pepper then refrigerate until ready to eat.



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# ADEL ROTARY CLUB RECOGNIZES BELLA HULSCHER



Bella Hulscher was awarded the Adel Rotary Club ADM Senior Recognition Student of the Month for April, receiving a certificate of achievement and a \$25 gift card from President Rylan Vos. Bella’s selection read: “Bella is the best! She is kind and always makes an effort to include everyone on the team!” Bella is a leader on the ADM girls soccer team and plans to play soccer in college, as well.

The Adel Rotary ADM Student Recognition Program honors students who demonstrate consistent kindness, a helpful spirit and a commitment to making a positive difference both at school and within the greater community, exemplifying Rotary’s ideal of “Service Above Self.” ■

## IOWA FARM AND FOOD CONFERENCE

Iowa State Extension presents the Iowa Farm and Food Conference June 11-12 at the Waterloo Center for the Arts, 225 Commercial St., Waterloo. This biennial event — previously known as the Community Food Systems + Farm to School and Early Care Conference — engages, supports and inspires professionals across all sectors of the food system. The conference theme, “Futuring Our Food System,” is about imagining bold, transformative possibilities for the future and the systematic, creative and connective measures that get us there. For more information and to register, visit [www.extension.iastate.edu/ffed/cfs-annual-event](http://www.extension.iastate.edu/ffed/cfs-annual-event). ■

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**HELP WANTED:** River Valley Golf Course is hiring for ProShop. Must be over 21 to be considered, 25-40 hours available per week, combination of weekday & weekend shifts, competitive pay based on experience and FREE GOLF! We’d love to have you be a part of our family! Call 515-993-4029 for more details.

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