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DALLAS COUNTY CONSERVATION SPRING PUBLIC PROGRAMS

The Dallas County Conservation Board offers a variety of programs that are free to the public. They are open to all ages. Visit www.dallascountyiowa.gov/501/Conservation and click on "Public Programs" for more information and registration links.

- **Spring Ephemeral Wildflower Hike:** Sunday, April 26, 2-3 p.m., Voas Nature Area, 19286 Lexington Road, Minburn.
- **Intro to Snake Board Monitoring:** Friday, May 29, 10-11 a.m., Voas Nature Area, 19286 Lexington Road, Minburn.
- **Full Moon Float:** Friday, May 29, 8:30-10 p.m., North Raccoon River Wildlife Area - Snyder Tract, 21468 Minburn Road, Minburn.
- **Paddle Camp:** Monday, June 2 to Tuesday, June 3, 9 a.m. to noon, Glissman Conservation



The Full Moon Float is Friday, May 29, 8:30-10 p.m. Dallas County Conservation Board photo

- Area, 32185 Panther Creek Road, Adel.
- **Creek Walk:** Wednesday, June 3, 10-11 a.m., Kuehn Conservation Area, 32828

Houston Trail, Earlham.


- **Free Fishing Weekend:** Saturday, June 6, 2-5 p.m.,

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PROGRAMS, CONTINUED ON BACK

ADEL WEATHER FORECAST

FRIDAY HIGH 60 | LOW 35
Cloudy; afternoon thunderstorms 

SATURDAY HIGH 47 | LOW 28
Cloudy, windy and cooler 

SUNDAY HIGH 61 | LOW 32
Mostly sunny and breezy 

MONDAY HIGH 52 | LOW 26
Breezy with decreasing clouds 

TUESDAY HIGH 47 | LOW 40
Partly sunny and chilly 



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FROM THE PUBLISHER

THE OVERLOOKED HEROES OF THE BREAD AISLE

Some inventions are so simple we take them for granted, assuming they have always been part of everyday life. As simple as sliced bread, you might say. And, if you eat sliced bread, you know this one well — the bread twist tie.

Charles E. Burford, a farmer and inventor from Maysville, Oklahoma, came up with the twist tie in 1961 after watching his wife struggle to keep bread fresh in paper bags. His solution was elegantly simple: a thin wire encased in paper that could twist and hold its shape. It worked. It stuck. It became standard.

Today, twist ties — often wrapped in plastic — seal everything from bread bags to garbage sacks. Billions are used each year in a range of sizes, colors, strengths and materials, quietly helping reduce food waste by keeping products fresh. Even the colors serve a purpose, signaling the day bread was baked

so shoppers can grab the freshest loaf.

Some people even re-use these twist ties for other functions, like bundling electrical cords, labeling spare keys or securing young plants to stakes or trellises. I have even seen them wrapped around earbuds to prevent tangling when not in use.

And yet, for all their usefulness, twist ties and I are not on good terms.

I untwist them off the bread wrapper, set them down for just a second and — gone. Vanished. It's as if there's a tiny portal on my countertop dedicated solely to swallowing twist ties. I could switch to silicone bands or plastic clips or even a clothespin. But no. I grab the bag, give it a tight spin and tuck the end underneath, hoping for the best.

What I really prefer are



those small plastic bread tags, invented by Floyd G. Paxton in the early 1950s. Legend has it he fashioned the first one from an expired credit card on a flight — proof that necessity, and maybe boredom, really is the mother of invention. His idea led to Kwik Lok Corporation, now the world's leading producer of those handy little clips.

So here's to the overlooked heroes of the bread aisle — the twist ties we lose and the plastic tags that somehow stick around. They may not be glamorous, but they keep our bread fresh, our kitchens functioning and our small daily frustrations alive and well.

Have a great week, and thanks for reading. ■



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WEDNESDAY NIGHT MEAL

Adel United Methodist Church, 115 S. 10th St., serves a meal Wednesdays, 5-6:30 p.m. in the fellowship hall downstairs. This is a freewill donation meal. All are welcome. ■

ALL THINGS KIDS RUMMAGE SALE

It's the perfect time for spring cleaning. As you sort through your kids' clothes, toys, books and gear, consider donating them to help make our All Things Kids Rummage Sale a success.

Donation drop-off is Thursday, April 9 and Friday, April 10, 3-6 p.m. at 602 S. 14th St., Adel. Then come back to shop on Saturday, April 11, 8 a.m. to noon.

You'll find great deals on kids clothing, toys and books, baby gear, games, puzzles and more. Clean out those closets, bless another family and support Faith's Flock Preschool at the same time. We appreciate our amazing community. ■

ALZHEIMER'S EDUCATION SERIES

Edencrest at Adel announces its 2026 Alzheimer's Education Series of informative conversations intended to help members of the greater-Adel community understand and recognize the signs of Alzheimer's and how to best care for loved ones living with it. Each presentation in the series takes place at 621 302nd Place, Adel, on the last Tuesday of each month from 6-7 p.m. between February and September. This series is free and open to the public. The series lineup includes:

- **April 28:** Healthy Living for your Brain and Body
- **May 26:** 10 Warning Signs of Alzheimer's
- **June 30:** Building Foundations of Caregiving
- **July 28:** Supporting Independence
- **Aug. 25:** Managing Money ■

ADM SPORTS SCHEDULE

Friday, April 3

4:30 p.m. **Track:** Boys JV/Varsity @ Winterset

Monday, April 6

1 p.m. **Golf:** Boys Varsity vs. Gilbert @ Ames Golf and Country Club

4 p.m. **Golf:** Girls Varsity vs. Gilbert @ Ames Golf and Country Club

5:30 p.m. **Soccer:** Girls JV vs. Perry

7 p.m. **Soccer:** Girls Varsity vs. Perry

Tuesday, April 7

4 p.m. **Esports:** Varsity vs. Center Point-Urbana

4:15 p.m. **Track:** Boys JV/Varsity Hugh Norman Coed Relays vs. Multiple Schools.

4:30 p.m. **Track:** Girls JV/Varsity Hugh Norman Coed Relays vs. Multiple Schools

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DALCO CUP

Mark your calendars for the fifth annual DalCo Cup on June 18, 8 a.m. at River Valley Golf Course, 22927 Valley View Trail, Adel. Register at <https://events.humanitix.com/dalco-cup-26>. ■



TEA-OFF FOR WOMEN'S HEALTH

Join the Dallas County Hospital Foundation at a Tea-Off for Women's Health on Friday, May 8, 11 a.m. to 1:30 p.m. at the Dallas County Hospital Wellness Center, 610 10th St., Perry. This fundraiser supports women's health at Dallas County Hospital. Proceeds will benefit the Dexa Scanner, which can assist with osteoporosis management during menopause and a cancer diagnosis. More information available at www.facebook.com/events/804300729381280. ■



MOBILE FOOD BANK

Adel Mobile Food Bank is the fourth Wednesday of the month at New Hope Church, 25712 Highway 6, Adel, from 5-6:30 p.m. or until the food is gone. This is a drive-thru pickup for free groceries. ■



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OBITUARY

Funeral notices can be emailed to tammy@iowalivingmagazines.com

BEATRICE 'KAY' BOSTON

Beatrice "Kay" Boston, 80, of Adel, died Friday, March 27, 2026, at UnityPoint Health - Iowa Methodist Medical Center in Des Moines. A visitation with a Rosary was held Sunday, March 29, at Caldwell Parrish Funeral Home in Adel. A Mass of Christian Burial was Monday, March 30, at St. John's Catholic Church in Adel. Interment will be held at the Waukee Cemetery in Waukee. Online condolences may be sent to the family at www.caldwellparrish.com.



Kay was born on July 6, 1945. In February of 1965, she married Dean Boston. Together they raised four children: Brett Boston, Brenda (Matt) Dryer, Shane (Lori) Boston and Holly (Kevin) Killmer. Her grandchildren, Brittany (Jaymes) Bral, Brody Boston, Ella Dryer, Betsy Dryer, Molly Dryer, Kade Killmer, Macy Killmer (Tanner Burgin) and Kain Killmer, were the light of her life, along with her three great-grandchildren who brought her so much pride and joy.

Kay found peace with her hands in the dirt, tending her flowers, shaping her yard into something beautiful and welcoming — just like she did with her home. She showed up for her family at games, activities and everyday moments. Her presence was steady, her love unmistakable. You could count on her to be there, often with a smile, encouragement, or a simple "hey big boy" that made everything feel right. Some of her most treasured memories were made at the Perry Sales Pavilion, where friendships were formed and laughter came easy. Kay had a way of making people feel at home. Not in big, loud ways, but in the quiet, lasting ones that stay with you long after. ■

REDFIELD COMMUNITY MEAL APRIL 6

The public is invited to the monthly Community Meal on Monday, April 6, 4:30-6:30 p.m. at Redfield Legion, 1116 Thomas St., Redfield, where you can enjoy a mouthwatering meal while supporting a local volunteer group. Bring your family, friends and appetite for a fun-filled evening of food, community and giving back. Proceeds will help fund 2026 Old Settlers activities. On the menu: Pancakes, toast, eggs, fried taters, biscuits and gravy, bacon and sausage. ■

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OBITUARIES

Funeral notices can be emailed to tammy@iowalivingmagazines.com

TERESA LYNN CHAPMAN

Teresa Lynn Chapman, 68, of Adel died on March 24, 2026, at Mercy Hospital.

Teresa was born on March 7, 1958, in Winterset, to Dave and Juanita Ross. She was preceded in death by her father, Dave Ross, and her sisters, Marcia, Shelly and Jean. She is survived by her mother, Juanita Ross, and her sister, Jane. Growing up, Teresa and her sisters were affectionately known as “the girls” in Winterset.

Teresa is survived by her husband, Terry Chapman; her son, Michael Chapman (Sabrina Chapman), and her grandson, Miles; her daughter, Mattie Chapman (Tony Gensler), and her granddaughter, Lily; She also leaves behind her beloved dog, Hazel.

Teresa worked in administration and will be remembered for her warm, radiant smile and her genuine gift for sparking up conversation with not only family and friends but also strangers she just met. She found joy in life’s simple pleasures such as rock hunting, hiking, gardening and mushroom hunting, even though she would avoid eating mushrooms at all costs. Teresa spent countless hours in a car, whether it was for Mike’s sporting events throughout the years or family vacations making special memories. She enjoyed spending time with Mattie, traveling and countless trips to Minnesota over the years. Most importantly, nothing meant more to her than time spent with her husband Terry, her children and her grandchildren.

The family will communicate plans to hold a Celebration of Life for Teresa in the near future. In lieu of flowers, donations may be made to AHeinz57 Pet Rescue. ■



MELISSA COOPER OSKVIK

Melissa Cooper Oskvig died March 16, 2026, at home. She is survived by her husband of 54 years, Roger; her children, Bryant (Devon), Cameron (Kelly), and Daven (Lianne); her grandchildren, Ella, Kari, Ari, Henry, Arik, Hayden and Elis; her twin sister, Melinda Cooper (David) Brandenburg; her brothers, Leroy (Nancy) Cooper and Burton (Glenda) Cooper; and many in-laws and nieces and nephews.

Melissa was born on May 31, 1951, in Omaha and grew up on farms in Iowa, eventually marrying a boy from the neighboring farm whom she met at 4H. She graduated from Iowa Methodist Hospital School of Nursing and began her career as a neonatal intensive care nurse. The family relocated to Texas, and Melissa became involved in their community and their Methodist Church. She helped costume design for theater groups, sang with choirs, rang with bell choirs, directed children’s church programs, joined community organizations, and served on countless committees. Following a move to Rochester, New York, Melissa continued in those endeavors including more costuming for the local theater groups, establishing a book club in her church, and leadership in the University of Rochester Women’s Club. Her last creative endeavors were completing the quilts left by her mother and passing them to her family. Melissa lived a lifetime in her faith, and she liked music, reading, baking and creating with fabric.

Melissa adored her family, and she was adored by them. She will be sorely missed. Honor Melissa by giving your time, talents, and/or your gifts to your choice of church or charity.

A funeral service was held at Caldwell Parrish Funeral Home in Adel on March 27. A memorial service will be held at her home church of Asbury First United Methodist Church in Rochester, New York, on April 25. ■



EVENTS IN THE AREA

EMAIL YOUR EVENT INFORMATION TO
TAMMY@IOWALIVINGMAGAZINES.COM

DES MOINES ART CENTER MUSEUM HIGHLIGHTS TOUR

Saturdays, 1-2 p.m.

Des Moines Art Center

4700 Grand Ave, Des Moines

Discover the vast variety of the Des Moines Art Center's permanent collections during the Museum Highlights Tour. This tour offers a unique journey through the galleries, featuring a selection of timeless paintings, sculptures and more. Join knowledgeable guides to uncover the stories, techniques and inspirations behind the art on view, and experience the highlights of the Art Center in a fresh and engaging way. This guided tour is perfect for art enthusiasts of all ages. Free to all, no registration required.

BILL OWENS: WORK AND LEISURE

Through April 19

John Brady Print Gallery, Des Moines Art Center

4700 Grand Avenue, Des Moines

Bill Owens documented the suburbs in the 1970s, capturing the lives of prosperous, predominantly white Americans at a moment after the cultural shifts of the 1960s but before the dawn of the digital age of computers and video games in the 1980s. His photographs were compiled in the best-selling coffee table books "Leisure" (1972), "Our Kind of People" (1975), and "Working: I Do It For the Money" (1977). The images in this exhibition, taken from all three of these series and shot mainly in California and the Midwest, reveal Owens' unique comedic eye as he seems to lightly poke fun at his subjects while clearly enjoying their company, finding both the genuine and the absurd in everyday life.

THE IOWA FILES: A HISTORY SERIES

Various dates, 3 p.m.

Online and in-person at the Community Room of the West Des Moines Public Library, 4000 Mills Civic Parkway

This joint West Des Moines Historical Society

and West Des Moines Public Library program is free and open to the public, thanks to the generosity of West Des Moines Historical Society members, Bravo Greater Des Moines and the Friends Foundation of the West Des Moines Library. All programs are streamed on the WDMHS Facebook page and YouTube channel.

- **April 12: Colfax, the Spring City:** In the 1870s, underground mineral water, which was a cure-all health craze at the time, was discovered in Colfax. The water sparked health resort and bottling industries which made Colfax a world famous destination at the turn of the 20th Century. Kevin Williams, Cofax Historical Society's board president, will share information and pictures about this little-known boom in Colfax.

THE INGERSOLL SHOWS

The Ingersoll, 3711 Ingersoll Ave., Des Moines

The Ingersoll announces some exciting additions to its spring performance lineup. Spanning world-class traditional music and beloved musical theater, these new shows promise unforgettable moments of live entertainment in the heart of the community.

- **"Church Basement Ladies":** April 2-5 and April 9-12. Matinee performances will have dining at 11 a.m., and the show beginning at 1 p.m. Evening performances will have dining at 5:30 p.m., and the show beginning at 7:30 p.m.

SCAM PREVENTION SEMINAR

Thursday, April 16, 10 a.m.

Ramsey Village Continuing Care

1611 27th St., Des Moines

Every day someone becomes a victim of fraud. Don't let it be you. Learn common scam tactics, prevention tips, and how to report scams. Presenter is The Iowa Department of Insurance and Financial Services. Refreshments and pastries will be served. RSVP to Kelly, 515-802-0822, or Kelly.Baughman@ramseyvillage.org. ■

RECIPE

GO GREEN WITH A FRESH SPRING SALAD

(Family Impact) While most people think of dirty kitchens, cramped closets and grimy garages when they hear “spring cleaning,” the popular phrase can apply to your menu, too. Refresh your family’s regular dining routines with fresh ingredients that call to mind the flavors of the season.

When it’s time to put the slow cooker away, consider this spring greens salad with mozzarella. Paired with an easy homemade lemon vinaigrette, it’s a delicious way to swap out heavier meals for a lighter lunch.

To find more springtime solutions, visit Culinary.net. ■

SPRING GREENS SALAD WITH MOZZARELLA

Recipe adapted from Organic Authority
Servings: 4

Ingredients:

- 4 cups baby arugula or spring mix
- 1/2 cup cubed mozzarella cheese
- 1 tablespoon lemon zest
- 2 tablespoons extra-virgin olive oil
- 1 tablespoon fresh lemon juice
- sea salt, to taste
- freshly ground black pepper, to taste
- halved cherry tomatoes (optional)

Directions:

- In large mixing bowl, combine arugula or spring mix, mozzarella and lemon zest; set aside.
- In small bowl, whisk olive oil and lemon juice vigorously with fork until smooth. Season with salt and pepper, to taste.
- Pour vinaigrette over greens; toss gently to coat. Top with halved cherry tomatoes, if desired.



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ADMHS RECOGNIZES MARCH STUDENTS OF THE MONTH

The ADMHS staff and coaches recognize students each month who exemplify the hard work, dedication and leadership that make them “Tigers.” The following students have been selected to receive these honors for March. Businesses and groups in the district make donations to the ADM Scholarship Foundation in recognition of the students’ achievements.

Student of the Month: Haley Nelson, sponsored by Raccoon Valley Bank

Fine Arts Students of the Month (Speech): Nic Subbert, Caleb Klassen, sponsored by Lincoln Savings Bank

Boys Golf Student of the Month: Shadd Livingston, sponsored by Adel Rotary Club

Girls Golf Student of the Month: Camden Wilson, sponsored by Adel Family Dentistry

Boys Soccer Student of the Month: Reed Anderson, sponsored by River Valley Insurance

Boys Track Student of the Month: Zane Johnson, sponsored by Adel Lions Club

Girls Track Student of the Month: Isabelle Book, sponsored by Iowa Spring Manufacturing

Another award, **Student Citizen of the Month**, is presented by the Adel Police Department and Blue Kindness (not associated with the ADM Scholarship Foundation). The March Student Citizen of the Month is Cade Duffy.

Congratulations to all of the ADMHS Students of the Month. ■

PROGRAMS, FROM FRONT

- Glissman Conservation Area, 32185 Panther Creek Road, Adel.
- **Family Fun with Bees:** Friday, June 12, 10-11 a.m., Voas Nature Area, 19286 Lexington Road, Minburn.
- **Iowa Critters:** Thursday, June 18, 9 a.m. to noon, Kuehn Conservation Area, 32828 Houston Trail, Earlham.
- **Healing of the Mounds Story and Visit:** Sunday, June 21, 5:30-7 p.m., Kuehn Conservation Area, 32828 Houston Trail, Earlham.
- **Summer Solstice:** Sunday, June 21, 8:30-9:30 p.m., Hanging Rock, 416 Redfield St., Redfield.
- **Bee Survey Field Day:** Friday, June 26, 10-11:30 a.m., Voas Nature Area, 19286 Lexington Road, Minburn. ■

WE WILL RUN YOUR ADEL NEWS ITEMS FOR FREE.

Email your news by Wednesday at 5 p.m. to: tammy@iowalivingmagazines.com

CLASSIFIED ADS

GARAGE SALE: Saturday April 11, 8 a.m. to 4 p.m., 617 Timberview Dr., Adel. Home/holiday/office supplies/oodles of sewing and quilting notions, two gun cabinets/gas masks/outdoors/John Wayne memorabilia/miscellaneous guy stuff. Some unique and vintage items. Lots of items priced 25¢, 50¢, \$1.

WANTED: Stereo and electronic radio stuff, receivers, speakers, guitar amp, etc. Any age or condition is OK. Call 515-238-3343.

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