

# ADEL *Living Weekly*

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## ADEL ROTARY CLUB RECOGNIZES PAIGE KRANTZ



Paige Krantz was selected to receive the Adel Rotary ADM Senior Recognition Student of the Month for March, receiving a certificate of achievement and a \$25 gift card from President Rylan Vos. Paige's selection read: "Paige always quietly gets her work done in class and is very respectful to her teachers and friendly to her classmates. She is one of the top students at ADM, always working diligently. In addition to being an outstanding student, Paige is always a role model in all of her activities, including FCA and volleyball, and we appreciate her positive influence."

The Adel Rotary ADM Student Recognition Program honors students who demonstrate consistent kindness, a helpful spirit and a commitment to making a positive difference both at school and within the greater community, exemplifying Rotary's ideal of "Service Above Self." ■

### ADEL WEATHER FORECAST

**FRIDAY HIGH 46 | LOW 32**

Cloudy, windy and cooler



**SATURDAY HIGH 46 | LOW 36**

Breezy with variable cloudiness



**SUNDAY HIGH 42 | LOW 13**

A mix of snow and rain in the a.m.



**MONDAY HIGH 27 | LOW 12**

Breezy, sunny and cold



**TUESDAY HIGH 40 | LOW 26**

Mostly cloudy and not as cold



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FROM THE PUBLISHER

# SUMMARIZING LIVES IN WORDS

I have written, edited or proofed thousands of obituaries in my lifetime. And, in what some of you may find strange, I enjoy it. I certainly don't relish in the deaths of those whose lives are summarized in words, but I do find myself smiling as I join others in strolling and scrolling down these memory lanes.

I don't personally know most of the people featured in the obituaries I read, but I am surprised how that is changing as my own years add up. I now find myself saying, "She was Bob's mother" or "He was Nancy's cousin" or "I think I went to high school with his son."

Years ago, when I published paid subscription newspapers in Nebraska, a good friend and advertising customer told me the main reason he subscribed to the paper was to see if any of his customers died. He wasn't alone. The local radio station read the funeral announcements, but it wasn't the same as reading printed obituaries.

Obituaries are the best short stories with the beginning,

middle and end all neatly wrapped up in just a few paragraphs. Usually accompanied with one carefully chosen photo, they are not only news items but are keepsakes for family members today and for generations to come.

Many of you who attend funerals leave with a program that includes the obituary. I often struggle on what to do with that piece of paper when I get home. Many times, I find it still in the suit jacket pocket the next time I wear it — which is often at the next funeral I attend. I will set it on the kitchen counter and look at it multiple times. I just don't feel right throwing it away, but I eventually do. A final closure, you might say.

I am fascinated with a website called [www.findagrave.com](http://www.findagrave.com), the largest compilation of gravesites in the world. It started in 1995 when founder Jim Tipton built it to share his hobby of visiting the graves of famous people. He found that many others shared this interest,



and he opened the site for all with a mission to find, record and present burial and final disposition information worldwide. Since then, millions of volunteers like me have entered memorials, photos, biographies and obituaries to this free site. I have read the obituaries of many of my ancestors here, and it reinforces to me how important these words — which were often written in a matter of minutes — are for future generations.

I hope you think about all this the next time you read an obituary, whether that be in one of our publications, other newspapers, online or in a funeral program. Those tributes are written not only to honor the people who died, but to help the rest of us reflect, shed a tear and, hopefully, smile for a moment, too.

Have a great week, and thanks for reading. ■

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# GARY'S RIDE

On Saturday, May 16, 10 a.m. to 2 p.m., Gary's Ride will be held, starting at the Waukee Raccoon River Valley Trailhead and ending in Dallas Center downtown Main Street. The event will be held to increase awareness of glioblastoma and support Richard Deming Cancer Center's terminal brain cancer patients through their integrative medicine program, Iowa Oncology Research Association for Glioblastoma Clinical Trials, MercyOne Des Moines Foundation for gift cards for terminal brain cancer patients and their families, and Gary's Compassion Fund for financial assistance for terminal brain cancer patients and their families. Help to "pedal" forward in reaching the funding goal and be the difference for these loved ones and their families afflicted by terminal brain cancer/glioblastoma. Registration and information are available at [garysrideiowa.org](http://garysrideiowa.org). ■

## WEDNESDAY NIGHT MEAL

Adel United Methodist Church, 115 S. 10th St., serves a meal Wednesdays, 5-6:30 p.m. in the fellowship hall downstairs. This is a freewill donation meal. All are welcome. ■

## ADEL VOLUNTEER FIRE AND RESCUE FIREMAN'S DANCE

Adel Volunteer Fire and Rescue will host its Fourth Annual Fireman's Dance on Saturday, March 28, at Country Lane Lodge, 29300 Prospect Circle, Adel. The event is a fundraiser to purchase needed equipment for the department. Tickets for the dinner and dance are \$25 and can be purchased at City Hall or from any volunteer firefighter. Doors open at 5 p.m. with dinner at 6 p.m. and dance, with Suede performing, from 7:30-11 p.m. ■

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## ST. JOHN'S COMMUNITY FISH FRIES

St. John's, 24043 302nd Place, Adel, is hosting Fish Fries for Lent on Fridays, March 13, 20 and 27, 5-7 p.m. They will be serving fried pollock, french fries or baked potato, cheese sandwich, coleslaw, and homemade tartar sauce. Assorted desserts will also be available. March 20: Children 5 and younger eat free, children 6-12 are \$7. March 13 and March 27: Children younger than 12 eat free. All days: \$15 for adults, family maximum of \$50. ■

## EASTER EGG HUNT

Mark your calendars for the annual Adel Kiwanis Club Easter Egg Hunt on Sunday, March 29 at Kinnick Feller Park in Adel. Don't forget to bring a non-perishable donation for the Adel Good Samaritan Food Pantry. ■

## MOBILE FOOD BANK

Adel Mobile Food Bank is the fourth Wednesday of the month at New Hope Church, 25712 Highway 6, Adel, from 5-6:30 p.m. or until the food is gone. This is a drive-thru pickup for free groceries. ■

## ADEL CHAMBER LUNCH



Adel Chamber Lunch was held at Country Lane Lodge in Adel on Feb. 19. Pictured are Natalie Del Vecchio, Jade Weber and Leslie Herron. ■

## ALZHEIMER'S EDUCATION SERIES

Edencrest at Adel announces its 2026 Alzheimer's Education Series of informative conversations intended to help members of the greater-Adel community understand and recognize the signs of Alzheimer's and how to best care for loved ones living with it. Each presentation in the series takes place at 621 302nd Place, Adel, on the last Tuesday of each month from 6:30-7:30 p.m. between February and September. This series is free and open to the public. The series lineup includes:

- **March 31:** Communicating Effectively
- **April 28:** Healthy Living for your Brain and Body
- **May 26:** 10 Warning Signs of Alzheimer's
- **June 30:** Building Foundations of Caregiving
- **July 28:** Supporting Independence
- **Aug. 25:** Managing Money ■

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## HISTORY

# THE WESTERN AUTO STORE

Western Auto was a major U.S. retail chain, started in Kansas City in 1909 by George Pepperdine, who later found Pepperdine University, and Don Abnor Davis. It originally was a mail order business and was known for selling auto parts, tools, bikes and scooters, appliances, housewares and sporting goods.

Adel's Western Auto store was on the west side of the square in the building that was formerly the Adel State Bank. It was established in 1939 by C. H. Tickamyer of Overland Park Kansas. To assist him, Mr. Tickamyer enlisted James Scott, son of Dr. W. E. Scott of Adel. Previously, Mr. Scott had run his father's restaurant in the Scott hospital building (now Fiesta Restaurant). The new business offered the full Western Auto line including Wizard appliances and lawn mowers, Western Flyer bicycles, Davis tires, appliances and batteries, and three quality levels of tools: Wizard (best), Westcraft and Westline (cheapest).

After two years, James Scott left for the Army in 1942, leaving the store shorthanded, like so many other stores during WWII. Soon after, C. H. Tickamyer also left for service as an officer in the Navy, leaving Gabe Scott to manage through the war years.

By September of 1945, however, the store had a new owner, Mr. R.

W. Lowe of Des Moines, the first of several two-year owners. Lowe operated the store until January of 1948 then sold the entire operation to Ramon Ohm of Guthrie Center. Ohm did his two years and then announced a closing-out sale on June 28, 1950. Mr. W. C. McIntyre began his two years the following month, July 1950. During that time, the store was managed by Mr. and Mrs. Marvin Knudson. The next owner was Burton Bell of Albuquerque, New Mexico. Bell purchased the store in February of 1952 and ran it for the next four years...breaking the two-year trend. In May of 1956, Bell hired Bob Helton to do the managing, and he returned to working for the Atomic Energy Commission in New Mexico. Helton had a short stint as manager as Bell sold the store to Charley Crippen of Nebraska in February 1957. Crippen

fell short of the customary two years by declaring bankruptcy on May 21, 1958. And that was the end of Western Auto in Adel. The Western Auto Corporation continued until it was acquired by Beneficial Corp. in 1961 and then sold to Sears in 1988. Sears later sold much of Western Auto to Advance Auto Parts.

Browsing a Western Auto ad from the 1940s, you would find such items as Davis tires for \$14.80 each, automobile seat covers for \$8.45 (coups and front seats only), brake lining for 30 cents per foot, brake shoes for 85 cents each, and a True Tone deluxe car radio for \$32.95 installed. They also sold affordable and reliable Wizard brand home products, such as a six-cup coffee percolator for \$1.09, a deluxe electric iron for \$2.79, and a reel-type push mower for \$3.95. ■

## NEEDS FOR VETERANS AT THE VA

Current new items needed are long sleeved shirts, XL boxers/briefs, duffle bags, sweatpants/sweatshirts (M-2XL), and pullover and zip-up sweatshirts (M-XL); personal care items; and coffee and snacks. Please refer to the Adel American Legion Facebook page for a detailed list. Of note is that Branch-of-Service clothing, blankets, hats and insulated mugs are residents' favorite items.

Contributions may be dropped off at 1305 S. 15th St., Adel, or call Shirley McAdon at 515-993-4862 for pick up. ■



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## EVENTS IN THE AREA

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TAMMY@IOWALIVINGMAGAZINES.COM**BRIGHT NIGHTS AND GREEN SIGHTS**

Various dates

**Greater Des Moines Botanical Garden****909 Robert D. Ray Drive, Des Moines**

Explore ways to “find your true nature” at the Greater Des Moines Botanical Garden. For tickets visit <https://dmbotanicalgarden.com>.

- **Dome After Dark:** Friday evenings through March 27, 6-10 p.m. Extra evenings Saturday, March 14, and Tuesday through Thursday, March 17-19. Experience the Botanical Garden in a whole new light. Explore the warm tropical conservatory and renovated Gardeners Show House, illuminated for a magical after-hours escape.
- **NEW to Dome After Dark: Igloo Experience:** Cozy up with up to five guests for an enchanting igloo experience, complete with admission to the event and Flora concessions. Perfect for friends, family or date night. Visit <https://dmbotanicalgarden.com> to reserve an igloo.
- **Friday Dinner at Flora:** Fridays, 6-7:30 p.m. Reserve your spot now for a delicious three-course dinner at Flora, including admission to Dome After Dark. Each week a new, enticing menu showcases a variety of cuisines. Reserve a table online, <https://dmbotanicalgarden.com>.
- **Botanical Blues:** Sundays through March 29, noon to 4 p.m. Performances begin at 1 p.m. and 3 p.m. Your favorite Sunday Blues in Des Moines is here to keep away your winter blues every week. Each set lasts one hour, with a one-hour intermission in between. Settle in, grab a drink, and soak up the sound in Iowa’s only tropical music venue. Flora serves Sunday brunch beginning at 10 a.m. — perfect before the music starts. Concerts are held live in the conservatory, and guests are welcome to wander the indoor gardens during the show. Ticket info and lineups available at <https://dmbotanicalgarden.com>.

**“CHURCH BASEMENT LADIES”****March 26-29, April 2-5 and April 9-12****The Ingersoll, 3711 Ingersoll Ave., Des Moines**

Matinee performances will have dining at 11 a.m., and the show beginning at 1 p.m. Evening performances will have dining at 5:30 p.m., and the show beginning at 7:30 p.m.

**IOWA HOME EXPO****Friday, March 13, to Sunday, March 15****Iowa State Fairgrounds Jacobson Center  
3000 E. Grand Ave., Des Moines**

Whether you’re planning on upgrading your home or need a reliable contractor to fix your leaking roof, the Iowa Home Expo is the spot to find local remodeling experts. The Iowa Home Expo hosts local and national exhibitors offering exclusive deals and discounts. You’ll save both time and money attending the Iowa Home Expo. Hours are: Friday, March 13, noon to 6 p.m.; Saturday, March 14, 10 a.m. to 5 p.m.; and Sunday, March 15, 11 a.m. to 4 p.m. More information available at <https://iowahomeexpo.com/>.

**FRIENDLY SONS OF ST. PATRICK PRE-PARTY AND PARADE****March 14 and March 17**

The Friendly Sons of St. Patrick is back with its St. Patrick’s Day celebrations. Join them on Saturday, March 14, from 2-6 p.m. at The Shop DSM, 901 Cherry St., Des Moines, for a Pre-Paddy Party, featuring live music from Fat Tuesday, a live auction, food trucks and cash bar for an at-will donation. The parade is on Tuesday, March 17, and begins at noon. Participants will proceed from E. First Street, west on Grand Avenue to Eighth Street, with the parade officially ending at Eighth and Grand Avenue. The after party will be in the Des Moines Marriott Downtown Hotel. Visit [www.friendlysonsiowa.com](http://www.friendlysonsiowa.com) for more information. ■

## RECIPE

# A DELIGHTFUL BITE FOR A BIT O' LUCK

*(Family Impact)* Going green for St. Patrick's Day can stretch beyond beer, clothes and decor — it can even make its way to the dessert table. With a classic recipe and a dash of green food coloring, these Luck O' the Irish Cupcakes offer a sweet-tooth-satisfying bite as you gather friends and family for the festivities.

Find more holiday-worthy nibbles and noshes throughout the year at [Culinary.net](http://Culinary.net). ■

## LUCK O' THE IRISH CUPCAKES

*Recipe adapted from Delish*

*Prep time: 30 minutes*

*Cook time: 1 hour*

*Yield: 12 cupcakes*

### Ingredients:

#### Cupcakes:

- 1 2/3 cups all-purpose flour
- 1 1/2 teaspoons baking powder
- 1/4 teaspoon baking soda
- 1/4 teaspoon kosher salt
- 1 cup granulated sugar
- 3/4 cup (1 1/2 sticks) unsalted butter, softened
- 3 large egg whites, at room temperature
- 1 tablespoon pure vanilla extract
- 1/2 cup full-fat sour cream, at room temperature
- 1/2 cup whole milk, at room temperature

#### Frosting:

- 1 cup (2 sticks)

unsalted butter, softened

- 4 cups powdered sugar
- 3 tablespoons heavy cream
- 2 teaspoons pure vanilla extract
- 1/8 teaspoon kosher salt
- green food coloring

### Directions:

- **To make cupcakes:** Preheat oven to 350 F and arrange rack in center of oven. Line 12-cup muffin tin with paper liners. In medium bowl, whisk flour, baking powder, baking soda and salt.
- In large bowl, using handheld mixer on medium-high speed, beat granulated sugar and butter until light and fluffy, 3-4 minutes. Add egg whites and vanilla; beat until smooth, about 2 minutes. Add sour



cream and beat until combined.

- Add half of dry ingredients to wet ingredients. Beat on low until incorporated. Add milk and beat to combine. Add remaining dry ingredients and beat until combined.
- Add batter to liners until three-quarters full. Bake 19-22 minutes, until slightly golden on top.
- Remove cupcakes

from pan and cool completely.

- **To make frosting:** In large bowl, using handheld mixer on medium-high speed, beat butter until fluffy. Add powdered sugar and beat until combined. Add heavy cream, vanilla and salt; beat until combined. Mix in green food coloring.
- Transfer frosting to piping bag and pipe frosting onto cupcakes.

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### SPRING BREAK PROGRAMS HAPPENING THIS MONTH

- **Jonathon May Magic Show:** Monday, March 16 at 1 p.m.
- **Pout Pout Fish Party:** Wednesday, March 18 at 10 a.m.
- **Blank Park Zoo:** Thursday, March 19 at 10 a.m.

### STORYTIMES

- **Miss Paula's St. Patrick's Day Storytime:** Tuesday, March 17 at 9:30 a.m.\*
- **Move and Groove Storytime:** Every Tuesday at 9:30 a.m.
- **My First Storytime:** Every Wednesday at 9:30 a.m.
- **Preschool Storytime:** Every Thursday at 9:30 a.m.

### ELEMENTARY

- **Meet a Live Owl with Dallas County Conservation:** Friday, March 13 at 10 a.m.\*
- **Game On!:** Tuesday, March 24 at 4 p.m.
- **Elementary Maker Lab - 3D Printed Shoelace Tag:** Tuesday, March 31 from 4-5:30 p.m.\*

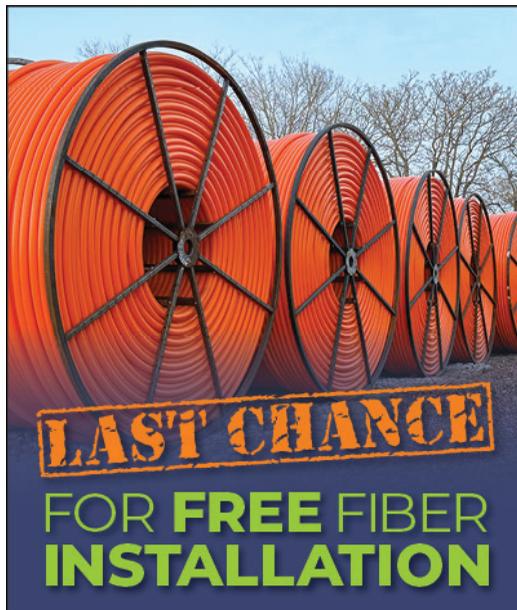
### TEEN

- **Library D&D:** Friday, March 13 from 1-3:30 p.m.\*
- **Teen Maker Lab - 3D Printed Cord Clips:** Wednesday, March 25 at 4 p.m.
- **Nerf Battle:** Grades 6-12, Friday, March 27 from 2-4 p.m.

### ADULTS

- **Exercise Group:** Meets every Monday through Thursday at 9 a.m.
- **Yoga:** every Wednesday at 6 p.m.\*
- **Adult Craft - Yarn Birds:** Monday, March 16 at 5:30 p.m.\*
- **50s Plus Senior Group:** Tuesday, March 17 from 10 a.m. to 1 p.m.
- **Evening Book Club:** Thursday, March 26 at 5:30 p.m.

\*Registered event, register at [www.adelpl.org](http://www.adelpl.org). ■



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