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## EVANS RECOGNIZED BY ADEL ROTARY CLUB



Noah Evans was awarded the Adel Rotary ADM Senior Recognition Student of the Month for February from Adel Rotary President Rylan Vos, receiving a certificate of achievement and a \$25 gift card. Noah's selection read: "Noah has stepped into a new role this semester as a student director for eighth-graders involved in the middle school drama program. He has shown a great deal of energy and dedication to this role, sharing his enthusiasm with younger students even while learning new and challenging things himself. He always leads them with encouragement and positively, even when making corrections or giving feedback. Through this service work, Noah is opening doors for younger students, helping them find new ways to express themselves and unlock their talents."

The Adel Rotary ADM Student Recognition Program honors students who demonstrate consistent kindness, a helpful spirit, and a commitment to making a positive difference both at school and with the greater community, exemplifying Rotary's ideal of "Service Above Self." ■

### ADEL WEATHER FORECAST

**FRIDAY HIGH 72 | LOW 31**  
Mostly cloudy; thunderstorms



**SATURDAY HIGH 53 | LOW 35**  
Clouds turning to sun; windy



**SUNDAY HIGH 69 | LOW 44**  
Sunny and windy



**MONDAY HIGH 70 | LOW 48**  
Warm with plenty of sunshine



**TUESDAY HIGH 67 | LOW 33**  
Mostly cloudy; thunderstorms



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FROM THE PUBLISHER

# WHO NEEDS 19 CUPHOLDERS IN A CAR?

When my wife and I go for a drive in my truck, it all starts with a race for the cupholders. It works out fine if we each have one cup, but for a reason I still don't understand, Jolene sometimes brings multiples. Then, it becomes a musical chairs of sorts to see who gets their cup(s) in the holders. The odd cup out usually ends up in the pop-out cupholder in the back seat. Sure, there are cupholders in the lower storage areas in the doors, but that's just asking for trouble when the doors open and shut. After all, who wants hot coffee on their pant legs?

I do appreciate the cupholders, and I can't imagine vehicles without them now. Operating a vehicle used to be much more complicated, and sipping a latte while focusing on the road wasn't on the minds of the early engineers — and for good reason.

Today, I have at least six cupholders in my truck, maybe more. That seems like overkill. Meanwhile, vehicles with the most cupholders are the Subaru Ascent with 19,

the 2020 Hyundai Palisade with 18, and the Volkswagen Atlas with 17. Seriously.

Do you remember the first vehicle with a cupholder?

If you guessed the Dodge Caravan of the 1980s like I did, you would be wrong. The correct answer may surprise you. It was the 1977 Chevrolet Blazer and Pickup. Both offered an optional plastic center console with molded cupholders — and not those flimsy plastic ones with slipped in the window crevice. These were built into the original design.

If you did guess the minivan, you weren't totally wrong. The 1983 Dodge Caravan and Plymouth Voyager had cupholders that became more widely recognized in mass-produced cars.

And, if you pointed out that cars in the 1930s-1940s had factory-installed cupholders as shallow indents in the glove compartments,



you would be correct, too. But, you didn't want to drive down the road with your glass bottle of Pepsi balancing on one of these.

When we were in high school in the 1980s, my friend Johnny and I used to drive around in his dad's old pickup, which had a red and yellow plastic coffee cup from Casey's General Store stuck to the dash. It had a removable top for refills and a flat bottom that would slide into the piece that was glued to the dash. His dad used it every day, as was apparent by the coffee-stained yellow plastic. Rinsed out on occasion but never washed, that nasty cup was a futuristic look at how we would be storing our drinks in our vehicles in years to come — all 19 of them.

Have a great week, and thanks for reading. ■

Shane Goodman  
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# GARY'S RIDE

On Saturday, May 16, 10 a.m. to 2 p.m., Gary's Ride will be held, starting at the Waukee Raccoon River Valley Trailhead and ending in Dallas Center downtown Main Street. The event will be held to increase awareness of glioblastoma and support Richard Deming Cancer Center's terminal brain cancer patients through their integrative medicine program, Iowa Oncology Research Association for Glioblastoma Clinical Trials, MercyOne Des Moines Foundation for gift cards for terminal brain cancer patients and their families, and Gary's Compassion Fund for financial assistance for terminal brain cancer patients and their families. Help to "pedal" forward in reaching the funding goal and be the difference for these loved ones and their families afflicted by terminal brain cancer/glioblastoma. Registration and information are available at [garysrideiowa.org](http://garysrideiowa.org). ■

## WEDNESDAY NIGHT MEAL

Adel United Methodist Church, 115 S. 10th St., serves a meal Wednesdays, 5-6:30 p.m. in the fellowship hall downstairs. This is a freewill donation meal. All are welcome. ■

## ADEL VOLUNTEER FIRE AND RESCUE FIREMAN'S DANCE

Adel Volunteer Fire and Rescue will host its Fourth Annual Fireman's Dance on Saturday, March 28, at Country Lane Lodge, 29300 Prospect Circle, Adel. The event is a fundraiser to purchase needed equipment for the department. Tickets for the dinner and dance are \$25 and can be purchased at City Hall or from any volunteer firefighter. Doors open at 5 p.m. with dinner at 6 p.m. and dance, with Suede performing, from 7:30-11 p.m. ■

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**ADM SPORTS SCHEDULE**  
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## ST. JOHN'S FISH FRIES

St. John's, 24043 302nd Place, Adel, is hosting Fish Fries for Lent on Fridays, March 13, 20 and 27, 5-7 p.m. They will be serving fried pollock, french fries or baked potato, cheese sandwich, coleslaw, and homemade tartar sauce. Assorted desserts will also be available. March 20: Children 5 and younger eat free, children 6-12 are \$7. March 13 and March 27: Children younger than 12 eat free. All days: \$15 for adults, family maximum of \$50. ■

## CELEBRATE ADEL NOMINATIONS OPEN

Cast your nominations for 2025 Citizen of the Year and Business of the Year. Nominations are due by March 10 and winners will be recognized at the Adel Partners Chamber of Commerce Celebrate Adel event. ■

### CITIZEN OF THE YEAR:



### BUSINESS OF THE YEAR:



## INFORMATIONAL SESSION ON TUSCANY GETAWAY

An information session will be held March 10 about the Adel Partners Chamber's Tuscan Getaway happening Oct. 25-Nov. 2. This trip includes airfare, 10 meals, hotel accommodations, excursions and memories to last a lifetime. Early bird pricing starts at \$3,849 per person and ends on March 29. Contact Casey at [chamber@adelpartners.org](mailto:chamber@adelpartners.org) for information or to reserve your spot. Hurry, this trip will sell out quickly. ■

## NEEDS FOR VETERANS AT THE VA

Current new items needed are long sleeved shirts, XL boxers/briefs, duffle bags, sweatpants/sweatshirts (M-2XL), and pullover and zip-up sweatshirts (M-XL); personal care items; and coffee and snacks. Please refer to the Adel American Legion Facebook page for a detailed list. Of note is that Branch-of-Service clothing, blankets, hats and insulated mugs are residents' favorite items.

Contributions may be dropped off at 1305 S. 15th St., Adel, or call Shirley McAdon at 515-993-4862 for pick up. ■

## ALZHEIMER'S EDUCATION SERIES

Edencrest at Adel announces its 2026 Alzheimer's Education Series of informative conversations intended to help members of the greater-Adel community understand and recognize the signs of Alzheimer's and how to best care for loved ones living with it. Each presentation in the series takes place at 621 302nd Place, Adel, on the last Tuesday of each month from 6:30-7:30 p.m. between February and September. This series is free and open to the public. The series lineup includes:

- **March 31:** Communicating Effectively
- **April 28:** Healthy Living for your Brain and Body
- **May 26:** 10 Warning Signs of Alzheimer's
- **June 30:** Building Foundations of Caregiving
- **July 28:** Supporting Independence
- **Aug. 25:** Managing Money ■

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## OBITUARY

*Funeral notices can be emailed to [tammy@iowalivingmagazines.com](mailto:tammy@iowalivingmagazines.com)*

### FREDA MINA RIX

Freda Mina Rix, 95, died Feb. 25, 2026, at the Kennybrook Village in Grimes. She was born on Feb. 5, 1931, in Starkweather, North Dakota, and graduated from LeRoy High School in 1948. After graduation, she moved to Minneapolis to live with her sister, Gloria, and worked at the Carpenter Paper Company. She received a call from the First State Bank of LeRoy asking if she would come work for them, since the high school had given them her name because she was so good with numbers and bookkeeping. During high school, she had met the love of her life, Arden Daniel Rix, and they married on Nov. 1, 1952, in Chester. When they returned from their honeymoon, there was Arden's draft notice, and he was sent to serve in the Korean War. Freda continued working at the bank until Arden returned from the war in 1954.



She loved raising her seven children. She also provided nurturing and love to many children whom she babysat in her home. Once her kids were in school, she returned to working at Raccoon Valley State Bank in Adel.

Freda was a woman of strong faith, attending Faith Lutheran Church in Adel, where she was a pillar member, a servant and a generous giver. Both she and Arden loved their respective churches, Faith Lutheran and St. John's Catholic Church. Arden would raise their sons in the Catholic church, and Freda would raise their daughters in the Lutheran church. In the final years, she and Arden loved playing cards, as evidenced by their involvement in the 500 Club, JOY's (Just Older Youth) Club, and daily cribbage games. But her favorite pastime was undoubtedly spending time with family. The family enjoyed many vacations and travels over the years.

In their early retirement years, they would winter at a Senior Park in Apache Junction, Arizona. In 2018, Freda and Arden moved to Kennybrook Village Assisted Living.

Freda is preceded in death by her parents; husband; sisters, Gloria Heinrich, June Granowski and Darla Majjala; and brother, Allen Timm.

She is survived by her children: Rhonda (Dave) Pasutti, Dan (Nazee) Rix, Patti (David) Delger, Brian (Beth) Rix, Karen (Joe) Ghormley, Todd (Gail) Rix and Traci (Jon) Fredricks; grandchildren: April (Ryan), Jenny (Nate), Bill (Lauren), Kayla (Matt), Tyler, David (Alex), Matt (Lindsay), Stephen (Melissa), Joshua (Crystal), Katie (Kris), Michael, Joe (Melissa), Nick (Shandie), Emily, Amber, Bethany (Anton), Alexandria (Kyle), Austin (Allison), Mark (Taylor), Jacob, William, Mary Karen, Hudson, Maggie (John), and Charlie (Maddie); 27 great grandchildren (two on the way); sister, Yvonne Rix and brother-in-law Reino Majjala; as well as many nieces and nephews, relatives and friends.

The funeral was Monday, March 2, at Faith Lutheran Church in Adel with interment at Oakdale Cemetery in Adel. A luncheon was held at the church. Memorials are suggested to Faith Lutheran Church of Adel or Mainstream Living Knapp House, where their granddaughter Emily resides. Online condolences may be shared with the family at [www.caldwellparrish.com](http://www.caldwellparrish.com). ■

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## EVENTS IN THE AREA

EMAIL YOUR EVENT INFORMATION TO  
TAMMY@IOWALIVINGMAGAZINES.COM**FRIENDLY SONS OF ST. PATRICK PRE-PARTY AND PARADE****March 14 and March 17**

The Friendly Sons of St. Patrick is back with its St. Patrick's Day celebrations. Join them on Saturday, March 14, from 2-6 p.m. at The Shop DSM, 901 Cherry St., Des Moines, for a Pre-

Paddy Party, featuring live music from Fat Tuesday, a live auction, food trucks and cash bar for an at-will donation. The parade is on Tuesday, March 17, and begins at noon. Participants will proceed from E. First Street, west on Grand Avenue to Eighth Street, with the parade officially ending at Eighth and Grand Avenue.

The after party will be in the Des Moines Marriott Downtown Hotel. Visit [www.friendlysonsiowa.com](http://www.friendlysonsiowa.com) for more information.

**ST. PADDY'S MARATHON, HALF MARATHON, AND 5K****Saturday, March 14****Iowa State Capitol, East Locust Street and Pennsylvania Avenue, Des Moines**

Celebrate 10 years of the Des Moines St. Paddy's Race. A new 2026 finisher pint glass will be waiting at the finish line. Finisher medal provided for all marathon and half marathon runners. More information: <https://iowaruns.com/desmoinesstpaddys5k#acc-rqya205-0>.

**ELKS ANNUAL ST. PATRICK'S DAY CELEBRATION****Saturday, March 14, 5:30 p.m.****West Des Moines Elks #2752, 2060 N.W. 94th St., Clive**

The Elks St. Patrick's Day Celebration will begin

with the Foy School of Irish Dancers performing at 5:30 p.m. They will perform for about 20 minutes, followed by the Elks' famous St. Paddy's Day corn beef and cabbage with Irish potatoes, \$12 per serving.

**THE INGERSOLL SHOWS****The Ingersoll, 3711 Ingersoll Ave., Des Moines**[www.theingersoll.com](http://www.theingersoll.com)

- **Church Basement Ladies:** March 26–29, April 2–5 and April 9–12. Matinee performances will have dining at 11 a.m., and the show beginning at 1 p.m. Evening performances will have dining at 5:30 p.m., and the show beginning at 7:30 p.m.
- **The Classic Stones Live:** Wednesday, April 15, and Thursday, April 16. Widely recognized as the most premier Rolling Stones tribute in the world, this eight-piece band recreates the raw energy, swagger and sound of The Stones in their legendary prime. From iconic saxophone lines to unforgettable backing vocals, every detail is meticulously performed in original tunings. Dining begins at 5:30 p.m. with the show at 7:30 p.m. both nights.
- **"Isn't She Lovely," a Mother's Day Music Show starring Patricia Holly:** May 8 and May 10, offering both an evening and matinee option for families celebrating together. On May 8, dining will be at 5:30 p.m. and show at 7:30 p.m. On May 10, Dining is at 11 a.m. and show is at 1 p.m.
- **Shaun Johnson Big Band Experience - 90's Country:** Two performances June 6. Matinee: Dining at 11 a.m. Show at 1 p.m. Evening: Dining at 5:30 p.m., Show at 7:30 p.m.

Tickets are available at [www.theingersoll.com/events](http://www.theingersoll.com/events) or at [Ticketmaster.com/TheIngersoll](https://www.ticketmaster.com/TheIngersoll). ■



## RECIPE

# A HEARTY STEW TO CELEBRATE ST. PAT'S

*(Family Impact)* Green beer and decor may get all the attention, but for hosts looking to wow their St. Patrick's Day guests or astound their loved ones, a traditional Irish recipe can become an annual tradition. Celebrate the luck o' the Irish with this St. Patrick's Day Stew, a hearty, beefy meal loaded with chuck stew meat, potatoes, carrots, onions and, of course, stout beer.

To find more recipes that put tradition center stage, visit [Culinary.net](http://Culinary.net). ■

## ST. PATRICK'S DAY STEW

*Recipe adapted from Simply*

*Recipes*

*Prep time: 30 minutes*

*Cook time: 1 hour, 40 minutes*

*Servings: 6*

### Ingredients:

- 1 1/4 pounds marbled chuck beef stew meat, cut into 1 1/2-inch chunks
- 1 teaspoon salt, plus additional to taste, divided
- 1/4 cup extra-virgin olive oil
- 6 garlic cloves, minced
- 4 cups beef stock
- 2 cups water
- 1 cup extra stout beer
- 1 cup red wine
- 2 tablespoons tomato paste
- 1 tablespoon sugar
- 1 tablespoon dried thyme
- 1 tablespoon Worcestershire sauce

- 2 bay leaves
- 2 tablespoons butter
- 1 large onion, chopped
- 4 carrots, cut into 1/2-inch pieces
- 3 pounds russet potatoes, peeled and cut into 1/2-inch pieces
- freshly ground black pepper, to taste
- 2 tablespoons chopped fresh parsley

### Directions:

- Sprinkle beef chunks with 1 teaspoon salt. In large pot over medium-high heat, heat olive oil.
- Pat beef dry with paper towels and add to pot, working in batches to avoid crowding pot. Cook until browned on one side then flip and brown.
- Add garlic cloves to pot with beef and



- saute 30 seconds, or until fragrant. Add beef stock, water, beer, wine, tomato paste, sugar, thyme, Worcestershire sauce and bay leaves. Stir.
- Bring mixture to simmer then reduce heat to low. Cover and simmer 1 hour, stirring occasionally.
- In separate pot over medium heat, melt butter. Add onions and carrots; saute

- until golden, about 15 minutes.
- After beef mixture simmers 1 hour, add onions, carrots and potatoes. Season with salt and pepper, to taste. Simmer uncovered until beef and vegetables are tender, about 40 minutes. Discard bay leaves and spoon excess fat.
- Sprinkle with parsley and serve.

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**New Hours:** Monday-Thursday from 9 a.m. to 7 p.m.

## SPRING BREAK PROGRAMS HAPPENING THIS MONTH

- **Jonathon May Magic Show:** Monday, March 16 at 1 p.m.
- **Pout Pout Fish Party:** Wednesday, March 18 at 10 a.m.
- **Blank Park Zoo:** Thursday, March 19 at 10 a.m.

## STORYTIMES

- **Miss Paula's St. Patrick's Day Storytime:** Tuesday, March 17 at 9:30 a.m.\*
- **Move and Groove Storytime:** Every Tuesday at 9:30 a.m.
- **My First Storytime:** Every Wednesday at 9:30 a.m.
- **Preschool Storytime:** Every Thursday at 9:30 a.m.

## ELEMENTARY

- **Pokémon - Squishes:** Tuesday, March 10 at 4 p.m.
- **Meet a Live Owl with Dallas County Conservation:** Friday, March 13 at 10 a.m.\*
- **Game On!:** Tuesday, March 24 at 4 p.m.
- **Elementary Maker Lab - 3D Printed Shoelace Tag:** Tuesday, March 31 from 4-5:30 p.m.\*

## TEEN

- **Teen Chef - (People) Puppy Chow:** Wednesday, March 11 at 4 p.m.
- **Library D&D:** Friday, March 13 from 1-3:30 p.m.\*
- **Teen Maker Lab - 3D Printed Cord Clips:** Wednesday, March 25 at 4 p.m.
- **Nerf Battle:** Grades 6-12, Friday, March 27 from 2-4 p.m.

## ADULTS

- **Exercise Group:** Meets every Monday through Thursday at 9 a.m.
- **Yoga:** every Wednesday at 6 p.m.\*
- **50s Plus Senior Group:** Tuesday, March 17 from 10 a.m. to 1 p.m.
- **Beth Hoffman - Bet the Farm: The Dollars and Sense of Growing Food in America:** Saturday, March 7 at 10 a.m.
- **Adult Craft - Yarn Birds:** Monday, March 16 at 5:30 p.m.\*
- **Evening Book Club:** Thursday, March 26 at 5:30 p.m.

\*Registered event, register at [adelpl.org](http://adelpl.org). ■

## CHILI COOK-OFF

Get ready for the Second Annual Great White Buffalo Adel Police versus Fire Department Chili Cook-off. Saturday, March 7, at 1 p.m. at 815 Main St., Adel. The Adel Police Department will be defending their title. Help support our local heroes and warm up with a delicious bowl of chili. Happy hour drink prices, no charge to eat but donations encouraged to help raise some money for these hard working men and women. All ages are welcome to attend until 4 p.m. ■

## MOBILE FOOD BANK

Adel Mobile Food Bank is the fourth Wednesday of the month at New Hope Church, 25712 Highway 6, Adel, from 5-6:30 p.m. or until the food is gone. This is a drive-thru pickup for free groceries. ■

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