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MAGAZINE

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WELCOME

TO THE rescue

Some of you have spent a great deal of money on your cat or dog, and you have a wonderful pet. Some of you spent the same or more, and you have a lousy pet. I am convinced that getting a good pet is often the luck of the draw. Much like with children, genetics and upbringing are important, but they don't help explain how one from the same litter can be so drastically different from the next one.



Jolene and I have had six pets during our time together — two cats and four dogs. We reluctantly inherited the first cat, D.C., from Jolene's parents who went south for the winter. The other cat, Reggie, was adopted from the Animal Rescue League. Both were good cats, as far as cats go.

Our first dog, Roxy, was from a rescue league specific to the breed. It was delivered to us from Missouri, and the dog that showed up didn't look anything like the one on the website. But, that was OK, as we loved that little, chubby, tail-less dog anyway.

We adopted the next dog, Max, from a neighbor's friend who was moving out of the country. It was a purebred that he wrote a big check for. Our third and fourth dogs, Kobie and Layla, came from rescue leagues again.

These were all adult dogs when we got them, and all but one have since died. Jolene called them "short-term investments." Her words, not mine. The lone survivor is not fond of babies, so it was shipped off to Jolene's brother in Washington state for a simpler life once our grandson was born.

We didn't pay more than \$40 for any pet we had, including adoption fees. We may have paid more for the right pet, but we simply didn't see the need to do so, and we were happy to adopt rescue animals that needed a home. They certainly all had their quirks. In my experience, every pet does. For that matter, every human does, too.

Meanwhile, rescue animals have warmed the hearts of many pet-owners, and they continue to do so. We share a few of their stories in this issue in hopes that you may be inspired to open your home to a rescue pet as well.

Have a great month and thanks for reading. ■

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A 'fur-ever' HOME

Residents share stories about
the animals they rescued.

By Rachel Harrington

Abandoned. Abused. Neglected. The world is full of animals — big and small — that don't know the comfort of a full belly, a warm place to sleep, and the love of a caring owner. Some people seek out these needy animals when looking to add a pet to their family. Others come across them unexpectedly and are moved to rescue them. Whatever the case, rescued pets often give their humans as much love as they receive.

Nancy Clemenson with Katie and Bree. Katie was used for breeding before she was rescued and remains skittish around people. Bree is the lap dog of the pair.

Rescued from life of breeding

Carole Schlapkohl has a heart for animals, and she has rescued and adopted dogs more than once. She worked in the ADM school district for many years. When she retired, she wanted to do something useful with her time, so she decided to volunteer at AHeinz57 Pet Rescue and Transport in De Soto.

“The time I spent there is why I love rescue animals so much,” she says.

During her time as a volunteer, she fostered pets often. One was a larger breed that stayed with her for a long while, but Schlapkohl decided that larger breeds were not what she wanted for herself considering the activities she wanted to do in her retirement.

Eventually, Schlapkohl adopted her own fur-baby, a dog named Mulligan.

“Mulligan was a cock-a-poo and only weighed 17 pounds,” Schlapkohl shares. “She came from a breeder who said Mulligan had tried to nip at her daughter. Though they wanted to put her down, the veterinarian turned her in to AHeinz57, and I was able to take her in and adopt her from them.”

When Mulligan met the end of her life, Schlapkohl began searching for another rescue dog to add to her family. Mulligan had developed a mass on her kidneys and eventually succumbed to her health struggles. Schlapkohl made it about three months before she got another pup.

“I looked for a while because I wanted to find a small dog that did not shed so I could take her with me to my rental in Arizona,” she says.

She found a small, 13-pound miniature poodle named Kia at Fluffy



Carole Schlapkohl and Kia on adoption day at a city park in Hill.

Butts Rescue in Iowa City. Kia had a similar story to Mulligan in that she came from a breeder. She had been kept by her previous owners in a kennel with very little socialization and had mass-produced puppies.

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“When she arrived at the rescue, she had been kept in the kennels for so long that her hair was matted and disgusting from her living conditions. The rescue staff had to shave her down to the bone to clean her up,” Schlapkohl recalls.

She fell in love with Kia, called the rental she has frequented for the past five years in Arizona to make sure that Kia would be able to accompany her, and took her home for good.

Schlapkohl says she does not feel she could adopt a new puppy, but that she loves giving second chances to older dogs.

“I would do it again in a heartbeat. Kia is very active and goes on 3-mile walks with me every day,” she says. “I’m 68, and some people might wonder why someone would adopt a dog out to people my age, but one of the staff members at Fluffy Butts Rescue recognized my last name. She had graduated when my dad was superintendent, and my dad had signed her diploma.”

Kia had never been housebroken or leash-trained before coming to Schlapkohl, but she is now sociable and enjoys traveling to Arizona for a few months each year. She has regrown

her hair and is covered in curls. She travels everywhere with Schlapkohl and enjoys her walks and dressing up for events like Halloween costume parties.

Adjusting to a loving home

After losing one of her American Eskimo dogs that she adopted 11 years ago, Nancy Clemenson decided she wanted to fill the empty void her furry friend had left in her life. She had rescued a dog she called Pixie several years before, so she was acquainted with shelters from a personal perspective and liked the idea of adopting a dog from one. She also knew about them as a volunteer.

“I have volunteered at AHeinz57 for eight years, so I checked there first. They didn’t have any small dogs at the time,” she says. “I found another shelter near Indianola called Secondhand Dog Rescue. They had a small dog that was a breeder release and had been a puppy mill mama. I took her home, adopted her, and named her Katie.”

Katie had never been socialized, petted or trained on a leash. The first day Clemenson took her home and into her yard, Katie

struggled out of her collar.

“I wondered what I would do because I couldn’t catch her,” Clemenson states. “I went into my house, left the door open and waited for her to come in, which she eventually did. For a month after that, I kept her on a leash 24/7.”

Clemenson has had Katie for two years, and Katie has made great strides in that time. She still cowers to the ground a bit when Clemenson comes near her, but not nearly as flat to the ground as she did in the beginning. Though only 9 to 10 pounds and small enough to be a lap dog, Katie prefers to rest in her own spaces.

“When I try to put her in my lap, it’s like she wakes up and realizes what is happening and hops down quickly. She likes to get comfortable on my couch, and she sleeps with me in my bed,” Clemenson says.

In May 2025, Clemenson lost her other American Eskimo, so she started looking for another dog to fill the emptiness. This time, she wanted a lap dog, so she looked around for another rescue dog. She found a small dog in June last year that she named Bree, a 2-year-

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FEATURE

old, owner-surrendered dog weighing about 11 pounds. In contrast to Katie, Bree loves lap time and relishes it anytime Clemenson offers it to her. Clemenson and her dogs walk a mile together each day, and she says they are the best of friends.

“There are so many dogs in shelters and rescues,” Clemenson says. “Some of them are there for years. They need homes and comforting environments. Shelters tend to be loud, so some of the animals rescued have a hard time adjusting when they are adopted. It helps if the animals can stay in foster homes prior to adoption. If they get that chance, they are totally different dogs in personality.”

Clemenson says adopting a pet from an animal rescue facility or shelter is simple. She encourages all who seek to add an animal friend to their family to consider looking in local animal shelters first. She also says there is an ever-present need for animal foster families and volunteers at shelters. She has spent time in various roles at AHeinz57, and she encourages others to find the same joy she does in spending time with animals who need love.



Emmie Osborn says her dog, Sunny, is a rescue from Oklahoma and took some time to adjust to her new home.

Happy at home

Sunshine Josephine Osborn, lovingly called either Sunshine or Sunny Jo, joined Jeannie Osborn’s family in September 2018. Though Jeannie’s husband grew up on a farm and

did not think dogs should be inside a house, Osborn convinced him into getting a dog that would be loved indoors.

“It took me a whole summer to convince my husband to get an indoor dog,” she recalls.

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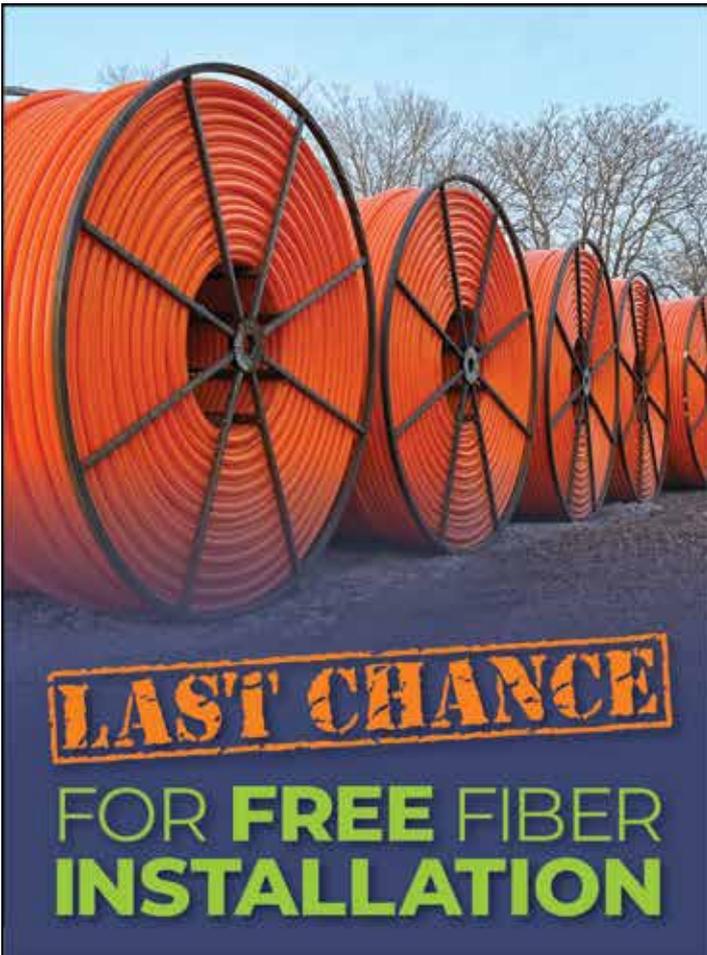
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“AHeinz57 directed us to a foster home with dogs. Sunny was at that house, and she captured our hearts, but she was already spoken for. Later, the foster family called us and said that the people who had spoken for Sunny had decided not to take her. So, we said we would take her.”

Not much is known about Sunny's backstory. AHeinz57 rescued her from Oklahoma.

“We went to the vet the day Sunny was spayed, and we were there when she woke up,” Osborn says. “I feel like that helped us bond with her.”

Sunny was approximately 1.5 years old. When Sunny was first brought home, her behavior was different than at her foster home. Her foster home had been full of other dogs, and she seemed at home there. Once at the Osborn house, she acted nervous.

“After a few days, she got used to us but not many visitors or other dogs,” she says.

Over the eight years the Osborn family has loved and cared for Sunny, she has grown into a medium-sized dog. She remains leery of strangers. She does not like strangers to pet her when out on walks, and she is not a fan of car rides.

“She just likes being in her own space at home, but it works out well for us,” Osborn shares.

Many people have asked the Osborns if Sunny is a pit bull.

“She isn't a pit bull even though her coloring is similar to one,” she explains. “She is taller. The rescue staff told us she is probably a boxer mix, but her tail curls. I researched a little bit and found a breed called an African Basenji whose looks and mannerisms seem to be like Sunny. However, we really don't know as we haven't done a DNA test on her. The Basenji isn't a common breed, so I don't know if that is right either.”

Osborn says that the adoption process through AHeinz57 was very thorough. They filled out paperwork, then they had conversations with the foster mom about who lived in their house, whether there was a fenced yard, and if the dog would live indoors or outdoors. From start to finish, the process took a couple of weeks.

“Though it took a little bit, I appreciate the fact that they want to put dogs in good homes,” Osborn says. “We rescued instead of getting a dog from a breeder because we didn't have a particular breed of dog in mind, so it just seemed like what we should do. I will say that I didn't think about not knowing the dog's background. It is important to be aware that you may get an animal that has a traumatic past and needs a lot of patience. It wasn't easy with her at first, and we really had to work at it. Now, she is an easy dog to have around. She uses the doggy door and rings her bell when she wants something.” ■



Sunshine Josephine Osborn — “Sunny” for short — is now content in her new home.

RESTAURANTS and the Roaring Twenties

As the decade of the 1920s began, Bonns Restaurant still dominated Adel's café trade, but other establishments, such as the White Way Café on Main Street and Elliot's, gave Bonns plenty of competition.

In 1925, Adel's first all-night restaurant was begun by S.J. Howell of the White Way. He rented a small building next door to his café and named the new enterprise "Howell's Owl." A newspaper editorial noted that it was a needed business. "It matters not what time of night it is, there is usually a car going up or down the street."

By late 1925, Mr. Bonnell was in a selling mood again. This time he sold his Bonns restaurant business to W.H. Steinbrenner, who wasted no time in making improvements. He doubled the size of the refrigerant system and was then able to carry 12 packers of ice cream, or a total of 60 gallons. Steinbrenner also opened a new tearoom over his restaurant for private dances and similar parties. Early 1929,

however, saw the closing and sale of all the fixtures of Bonns Restaurant and the equipment used in the Blue Lantern Tea Room upstairs. On May 1, 1929, Harley Harper leased the former Bonns Café and moved his pool hall equipment there. Harper (but not necessarily his pool hall) would be there for many years.

The Coney Island Restaurant, on the east side of Main, opened in 1928 and featured "a nice cool place where good meals are served." Ice cream and cold drinks, along with 50 cent chicken fried steaks, were the specialties. Everett "Mack" McCleary was proprietor. Coney Island, and its successors, would also be there for many years.

Perhaps it was a warning of times to come as the Elliot Restaurant fell on hard times. The district court offered the building and all of the assets for sale by public auction. Kenneth Wright, or "Nig" as he was commonly called, was the purchaser. He paid \$1,000 for all the equipment and planned to redecorate the

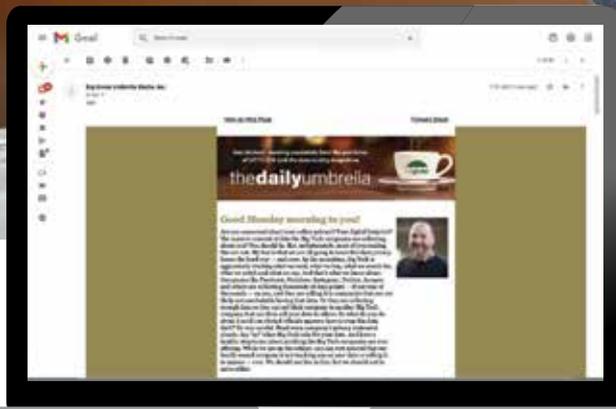
interior. Wright had worked for C.S. Bonnell for several years so he was no stranger to the restaurant business.

There was sometimes music while you dined. Two of Adel's restaurant owners found modern ways to supply the jazz, blues, swing and ragtime that was popular then. The Coney Island Restaurant installed an orthophonic machine, and the Wright Coffee Shop treated its customers to a new Spartan Ensemble machine.

Further evidence that the country was headed toward hard times came in August of 1929 when the owners of the Junction Café, located in the Scott Building, departed with numerous unpaid bills. Mr. and Mrs. Haller, who had opened their business only a few months previous, neglected to leave any address or forwarding orders. "It is understood that several Adel people would like to know where they went and when they intend to pay their bills." Mrs. Wright, of Wright's Coffee Shop, assumed the lease and continued the business. ■

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CRAMERS find small-town living suits them

Building their dream home

Robert Cramer’s bridge construction company, Cramer and Associates, Inc., began developing land in 2016 with the purchase of 80 acres, followed by an additional 300 acres in Adel. When 3- to 5-acre lots were added in Southbridge, Cramer and his wife decided to move to town from Johnston.



That move happened in October 2021. After living in Johnston for two decades, the couple was surprised to receive an acceptable offer on their home quickly and suddenly needed to find a new place to live.

Because the larger lots in South Forty Estates were not yet available, Genesis Homes built the couple a house in Southbridge Plat 2 in just 80 days.

“We then took our time to build our dream home with Teal Creek Homes,” Cramer explains. “Our favorite thing about our new home is the view out the back windows.”

The home overlooks Twin Oaks Pond, a 5.7-acre body of water stocked with fish and frequented by wildlife, including deer, occasional eagles and even a bobcat.

“We also spent a lot of time on getting the interior just the way we want it,” Cramer shares. “My wife, Lori, did a great job with the details. It’s very nice looking but also is a very usable space for us.”

The couple has also enjoyed getting to know their neighbors.

“Even though we’re empty nesters, we enjoy all the kids in the neighborhood,” Cramer says. “Everyone wants to help each other out.”

Over the past few years, the Cramers have discovered they enjoy small-town living.

“We’re close enough to Des Moines for all its amenities, but we enjoy the quieter life of Adel,” he says.

In addition to developing Southbridge, the couple owns the Southbridge Superwash and recently completed Adel Commons, a retail center located next to the car wash where tenants can purchase or lease space. Cramer has also enjoyed working with the Adel City Council on development projects and with the Adel Partners Chamber of Commerce to help bring businesses to town.

“There are a lot of things happening in Adel, and I’m proud to live here and be a part of it,” Cramer says. ■



Bob and Lori Cramer made a quick move to Adel, then took their time building their dream home.



The Cramers enjoy the scenery behind their home and often see wildlife.



BORED with or bummed out about God?

Can we have a moment of honesty? Do you ever feel apathy about God or spiritual questions? The famous answer is often “I don’t know, and I don’t care!”



Over the years, and in my own life, I’ve seen two primary reasons a person can experience apathy about the Lord. Let’s see if you can relate.

For some, apathy comes from familiarity. Church? Boring. Bible? Super boring. Prayer? Super hard and super boring. It is easy to fall into an “I don’t care” attitude because living in awe of God doesn’t happen accidentally. It must be fostered and pursued. How? Be intentional to pursue the Lord... even when you don’t feel like it. Pay attention to how you feel, but don’t let your feelings be in the driver’s seat of your life. The truth is, there is nothing boring about

God or following Him, and we learn this best as we get to know God and follow Him.

For others, apathy comes from discouragement. When a person feels discouraged or depressed, it’s hard to care, and, when we do, it can be too painful. It is easier to turn off the heart, put up the wall and separate yourself. The problem with this approach is that it often leads to turning to places we shouldn’t to get comfort, distraction or results. I’ve been there. Many years ago, we lost our daughter at birth. I tried to stay strong, push through, lead my family, but, after about two months I hit burnout. I was frozen with deep discouragement, and with that came a deep “I don’t care” attitude for God, ministry and even life.

If you can relate, allow me to offer a gentle reminder that we do not always understand the Lord and His ways. A passage I find helpful is Isaiah 55:8-9, “For my thoughts are not your thoughts, neither are your ways my ways,”

declares the Lord. ‘As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts.’”

These verses give us a reason to trust God even when we don’t understand His ways. In other words, it’s saying, “I don’t get it, but I get you. Your ways are different and better. I’ll move forward trusting you.”

If you are in a place where you feel boredom or discouragement toward the Lord, recognize where you’re at and choose to take a step. This may mean finding a local church to connect to. It may mean gathering a few friends to pray with and explore the Bible. It may mean being intentional to notice God’s fingerprints all around you and practice gratitude for this. Whatever step you take, take that step. ■

Information provided by Dr. Ryan Whitson, Lead Pastor, New Hope Church, 25712 U.S. Highway 6, Adel, 515-993-5325, www.newhopeadel.org.

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HISTORY at your fingertips

New website makes local history accessible from home.



Connie Cooper, Aubrey Dunbar, Anna Phelps, Rich Hughes and Shirley McAdon are active members of the Adel community and have contributed to creating Adel's new history website.

Most residents of Adel probably know that Nile Kinnick Jr., the only University of Iowa football player to win a Heisman trophy, was born and raised in Adel. But do they know that kite flying, hoop rolling and the use of firecrackers were once against the law and punishable by either a fine or imprisonment? Or that a scene from "The Bridges of Madison County" was actually filmed at the old Bernadine's Fashions in Adel's Historic District?

Adel has a robust history that many residents, past and present, don't know about. To change that, a year and a half ago, the Adel Historic Preservation Commission and Adel Historical Museum partnered to create a website, adelhistory.org, that digitizes the city's history and information that was previously scattered across the community in books, computers and memories.

The website will be "one digital source for accurate historical information about Adel. There's lots of stuff, it's just hard to find, and I think, as time progresses, it will become harder and harder to find," Anna Phelps, assistant chair of the Adel Historic Preservation Commission, says.

The website will also serve as a marketing and communications tool for Adel Historical Museum. According to museum volunteer board member Connie Cooper, a lot of residents don't know the museum exists. The museum has its own page on the website where people can learn about the museum's history and improvements. It also includes information on visiting and events.

The Adel Historic Preservation Commission and Historical Museum have worked on projects together before; the website, however, will truly unify the two individual volunteer organizations' partnership.

Adel's downtown is a "historic district," a designation that is not easily earned. The Adel Historic Preservation Commission wants the



Shirley McAdon, Vonadale "Vonz" Odem, Anna Phelps, Rich Hughes and Michael Flinn meet as members of the Historic Preservation Commission.

community to know about the buildings so they are preserved and appreciated.

The website will house in-depth narratives about each building in the district, accompanied by photographs and a self-guided walking tour.

Additionally, the website will have a design guideline page where property owners can apply for grants to help with preservation projects.

"These are older buildings, and to remodel them and bring them up to date, it's very expensive," Rich Hughes, chair of the Adel Historic Preservation Commission, says. "In order to keep them economically feasible, they usually need some financial assistance via the city, otherwise they become functionally obsolete."

Residents of Adel are proud of their community, people and places, City Council Member Shirley McAdon says. "There are many reasons to come to Adel. We want to share our history because we're proud of it. Our history shows that we fought to keep our community vibrant and that we want our community to grow. We support our businesses, and we support the government of our city as well as Dallas County."

Adel has grown substantially over the years. Between 2010 and 2020, the population increased by 67%. The town welcomes newcomers, and the Adel Historic Preservation Commission and museum want to share with them how the town has evolved.

"I think that our history demonstrates our growth and how we've welcomed new people to our community. In the long run, that's what we care about," McAdon says.

The community of Adel has a future worth seeing, and a history worth knowing. To learn more, visit Adel's new history website at adelhistory.org. ■



RECIPE

STOP the sniffles with Sick Day Soup

(Feature Impact) Coughs and sniffles don't have to derail you for long – not with a fresh, homemade stockpot full of Sick Day Chicken Noodle Soup.

Loaded with rotisserie chicken, celery and carrots, it's sure to warm you from the inside-out as a warm, comforting meal. Plus, with eight servings, this dish can help solve dinnertime dilemmas throughout the week by storing leftovers in the refrigerator and reheating on the stove.

Warm up your winter meals with more comforting ideas available at Culinary.net. ■

Sick Day Chicken Noodle Soup

Recipe adapted from Tastes Better from Scratch

Prep time: 20 minutes

Cook time: 20 minutes

Servings: 8

INGREDIENTS

- 1/2 tablespoon butter
- 2 ribs celery, diced
- 3-4 large carrots, diced
- 1 clove garlic, minced
- 10 cups chicken stock or broth
- 1/8 teaspoon dried rosemary
- 1/8 teaspoon dried thyme
- 1/8 teaspoon crushed red pepper flakes
- salt, to taste
- pepper, to taste
- chicken bouillon cubes (optional)
- 4 cups dry egg noodles
- 3 cups cooked rotisserie chicken

DIRECTIONS

- In large stockpot over medium-high heat, saute butter, celery and carrots 3 minutes. Add garlic and cook 30 seconds.



Photo courtesy of Shutterstock

- Add chicken stock or broth and season with rosemary, thyme and crushed red pepper. Add salt and pepper, to taste. Taste and add chicken bouillon cubes, if desired, for flavor.
- Bring to boil. Add noodles and cook until al dente. Remove from heat once noodles are tender.
- Add chicken. Taste and adjust seasoning as desired.

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EVENTS IN THE AREA

To submit calendar items for consideration, send to tammy@iowalivingmagazines.com

Be sure to check for cancelations

Upcoming in Adel Living magazine:

Celebrating heritage: What have you learned about your family or community's heritage? How do you celebrate or honor your heritage? Let us know by emailing tammy@iowalivingmagazines.com.

Farmers market vendors: Do you enjoy selling your products at local farmers market. Tell us how you benefit from farmers markets and what tips you can share with others wanting to get involved. Email tammy@iowalivingmagazines.com.

Wednesday Night Meal

Wednesdays, 5-6:30 p.m.
Adel United Methodist Church, 115 S. 10th St.

The Adel United Methodist Church is hosting a weekly meal in the fellowship hall downstairs. Serving is 5-6:30 p.m. This is a freewill donation meal. All are welcome.

Adel Volunteer Fire & Rescue Fireman's Dance

Saturday, March 28
Country Lane Lodge, 29300 Prospect Circle, Adel

Adel Volunteer Fire & Rescue will host their Fourth Annual Fireman's Dance is a fundraiser to purchase needed equipment for the department. Tickets for the dinner and dance are \$25 and can be purchased at City Hall or from any volunteer firefighter. Doors open at 5 p.m. with dinner at 6 p.m. and dance, with Suede performing, from 7:30-11 p.m.

Good Samaritan Food Pantry hours

The Good Samaritan Food Pantry is open the first and third Saturdays of the month from noon to 2 p.m. in addition to every Monday and Tuesday from noon to 2 p.m.

St. John's Community Fish Fries

Fridays, March 6, 13, 20, and 27, 5-7 p.m.
St. John's Catholic Church, 24043 302nd Place, Adel

Pop on down for some delicious lenten dishes and dining with the St. John's community. They will be serving fried pollock, french fries or baked potato, cheese sandwich, coleslaw and homemade tartar sauce.



Assorted desserts will also be available. March 6 and March 20: Children 5 and younger eat free, children 6-12 are \$7. March 13, and March 27: Children under 12 eat free. All days: \$15 for adults, family maximum of \$50.

Celebrate Adel nominations open

Cast your nominations for 2025 Citizen of the Year and Business of the Year. Nominations are due by March 10 and winners will be recognized at the Adel Partners Chamber of Commerce Celebrate Adel event.

Citizen of the Year link:



Business of the year link:



50s Plus meetings and events

First and third Tuesdays of the month, 10 a.m. to 1 p.m.

Adel Public Library, 303 S. 10th St.

Enjoy board games, conversation, coffee and food at the 50s Plus gatherings. They invite anyone in Adel and the surrounding area to join. If you have just moved to the area and would like to meet new people, this is a great way to do it. The group now has programs included in its activities. Programs are open to anyone, not just seniors.



Raccoon River Preschool Trivia Night Fundraiser

Saturday, March 7, 5 p.m.
Country Lane Lodge, 29300 Prospect Ave., Adel

Raccoon River Preschool's Trivia Night Fundraiser will be at Country Lane Lodge. The event features dinner, cash bar, game night and a live auction. Doors open at 5 p.m. and trivia, hosted by DJ Trivia, starts at 6 p.m. A live auction follows. Registration is \$30 per person or purchase a table for up to eight people. Sign up online at www.raccoonriverpreschool.com under the fundraising tab.

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Gary's Ride

Saturday, May 16, 10 a.m. to 2 p.m.
Starting at Waukee Raccoon River Valley Trailhead, Waukee

This ride is a fundraiser to increase awareness of glioblastoma, support Richard Deming Cancer Center's terminal brain cancer patients through their Integrative Medicine program, Iowa Oncology Research Association for Glioblastoma Clinical Trials, MercyOne Des Moines Foundation for gift cards for terminal brain cancer patients and their families, and Gary's Compassion Fund for financial assistance for terminal brain cancer patients and their families. Help us to "pedal" forward in reaching our funding goal of \$65,00 and be the difference for these loved ones and their families afflicted by terminal brain cancer/glioblastoma. The ride starts at the Waukee Raccoon River Valley Trailhead, Waukee, and ends at Dallas Center downtown Main Street. For registration/information, visit garysrideiowa.org.

The Iowa Files: A History Series

Various dates, 3 p.m.
Online and in-person at the Community Room of the West Des Moines Public Library, 4000 Mills Civic Parkway

This joint West Des Moines Historical Society and West Des Moines Public Library program is free and open to the public, thanks to the generosity of West Des Moines Historical Society members, Bravo Greater Des Moines and the Friends Foundation of the West Des Moines Library. All programs are streamed on the WDMHS Facebook page and YouTube channel.

• **March 15: The Monuments Men and the Saving of Culture.** The Monuments Men (and Women) had a seemingly impossible job: save some of the world's most precious cultural artifacts and art from the Nazis, who treated Europe as their private looting grounds. Presenter Ruth Ehler's grandfather, Ralph Hammett, was one of the men. Ruth will recount stories of the amazing and frantic work that saved and returned treasures to their rightful owners and institutions.

Tuscany Getaway

Oct. 25-Nov. 2, Informational Session March 10

An information session will be held March 10 about the Adel Partners Chamber's Tuscan Getaway happening Oct. 25-Nov. 2. This trip includes airfare, 10 meals, hotel accommodations, excursions and memories to last a lifetime. Early bird pricing starts at \$3,849 per person and ends on March 29. Contact Casey at chamber@adelpartners.org for information or to reserve your spot. Hurry, this trip will sell out quickly.



Wine, Food, and Beer Showcase

Friday, March 6, 6-9 p.m.

Des Moines Marriott Downtown, 700 Grand Ave., Des Moines

Sample the night away. The Wine, Food & Beer Showcase is one of the oldest food and beverage events in the area and has become a yearly favorite for foodies, wine lovers and beer enthusiasts alike. Featuring 30-40 of the finest restaurants, caterers, wineries, breweries and distilleries in the area, the event is the Des Moines Metro Opera's signature fundraiser. All proceeds raised throughout the evening support Des Moines Metro Opera's award-winning education and community engagement programs. Learn more at <https://desmoinesmetroopera.org/showcase/>.

Bright Nights and Green Sights

Various dates

Greater Des Moines Botanical Garden, 909 Robert D. Ray Drive, Des Moines

Explore ways to "find your true nature" at the Greater Des Moines Botanical Garden. For tickets visit <https://dmbotanicalgarden.com>.

- **Dome After Dark:** Friday evenings through March 27, 6-10 p.m. Extra evening Saturday, March 14, and Tuesday through Thursday, March 17-19. Experience the Botanical Garden in a whole new light. Explore the warm tropical conservatory and renovated Gardeners Show House, illuminated for a magical after-hours escape.
- **NEW to Dome After Dark: Igloo Experience:** Cozy up with up to five guests for an enchanting igloo experience, complete with admission to the event and Flora concessions. Perfect for friends, family or date night. Visit <https://dmbotanicalgarden.com> to reserve an igloo.
- **Friday Dinner at Flora:** Fridays, 6-7:30 p.m. Reserve your spot now for a delicious three-course dinner at Flora, including admission to Dome After Dark. Each week a new, enticing menu showcases a variety of cuisines. Reserve a table online, <https://dmbotanicalgarden.com>.
- **Botanical Blues:** Sundays through March 29, noon to 4 p.m. Performances begin at 1 p.m. and 3 p.m. Your favorite Sunday Blues in Des Moines is here to keep away your winter blues every week. Each set lasts one hour, with a one-hour intermission in between. Settle in, grab a drink, and soak up the sound in Iowa's only tropical music venue. Flora serves Sunday brunch beginning at 10 a.m. — perfect before the music starts. Concerts are held live in the conservatory, and guests are welcome to wander the indoor gardens during the show. Ticket info and lineups available at <https://dmbotanicalgarden.com>. ■

Friendly Sons of St. Patrick Pre-Party and Parade

March 14 and March 17

The Friendly Sons of St. Patrick is back with its St. Patrick's Day celebrations. Join them on Saturday, March 14, from 2-6 p.m. at The Shop DSM, 901 Cherry St., Des Moines, for a Pre-Paddy Party, featuring live music from Fat Tuesday, a live auction, food trucks and cash bar for an at-will donation. The parade is on Tuesday, March 17, and begins at noon. Participants will proceed from E. First Street, west on Grand Avenue to Eighth Street, with the parade officially ending at Eighth and Grand Avenue. The after party will be in the Des Moines Marriott Downtown Hotel. Visit www.friendlysonsiowa.com for more information.



DINING during the Great Depression early years

During the early years of the Great Depression, 1930 to 1933, there was no shortage of restaurants in Adel. Everett McCleary's Coney Island, on the north side of Main Street, had recently been doubled in size and was then just Mack's Café. The Wright Coffee Shop, started by Kenneth Wright, was purchased by the Wright Brothers, Dave and John, who continued it as the Wright Cafe. The brothers soon discovered, however, that running a restaurant required more time than they were able to devote, as they both had other jobs. After a few months, they sold the café to C.S. Guy, who then changed the name to The Dixie Café. Guy operated The Dixie until March of 1932 when he sold it to H.L. Good and L.H. Ahrnken. Meanwhile, the Wright brothers had found other pursuits more to their liking. Both started successful tree trimming businesses.

Other downtown restaurants included The Whiteway, The Junction, The East Side, Fortune's Café, Howell's Café, Don's Sandwich Shop, The Club Café, Reynolds Cafe and the Just Right Café. There was no lack of choice.

Highway 6 was a main throughway in the early 1930s, and at least two entrepreneurs took advantage of that. On April 6, 1932, Herb Edwards announced that he would open a new café on his property at Ninth and Greene (Highway 6). He had also remodeled the big house on the property and converted it into a tourist hotel. The name of this new enterprise would be Elm Park Hotel and Café.

Another man who saw the possibilities of a Highway 6 location was William McGinnis. On May 24, 1932, he announced that he was erecting a new café building on the west end of town along Highway 6. In addition to the café, he was also building a service station and cabin camp. This business survived into the 1970s.

With the end of prohibition, café owners rushed to procure the necessary city license so they could provide their patrons with a cold brew along with their meal. Mack's and The Junction Café were the first and were then able to serve "refreshing 3.2 beer in large mugs."

Don Williams announced that he had leased the building on Main Street just west of Skinner Hardware and planned to open a new café to be known as the City Club Café and Beer Garden (not to be confused with the Club Café which burned down in 1932). Free beer was served for an hour at the grand opening on Aug. 12, 1933. It was 10 cents after that.

Mack's Café continued to dominate the downtown eatery trade, but a new establishment threatened to confuse customers when Mr. and Mrs. V.E. McCleary (Mack's cousin) purchased the Eastside Café and renamed it Dick and Mac's Café.

Another interesting name change occurred when Mrs. L. Rapp purchased the equipment and fixtures of Ray's Place in the Scott building and renamed the café "Betty Lou's Sandwich Shop." ■

ADEL FIRE & RESCUE



Fireman's Dance

SATURDAY MARCH 28TH

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CAFES during the Depression, 1934 to 1937

With the end of prohibition, beer gardens and dance floors became popular. City Club Café announced its new garden in back of the café would seat 30 people. Mack’s enlarged its dance floor and renamed the place “The Silver Moon,” featuring weekly dances and live music.

The Junction Café, in Dr. Scott’s building, was now under new management.

Another new enterprise was the Adel Community Playhouse next door to the Scott building. It advertised roller skating, bowling and dances with live music and a first-class restaurant.

In April of 1935, the Leo Belgarde family of Linden moved to Adel and began operating a café just east of Dick and Mack’s. It would be known as the Just Right Café.

The city council decided to limit the number of beer licenses to just four, as recommended by the state (one for every 500 citizens). After an exciting and contentious council meeting, this idea was dropped, and six applications were initially approved.

Dox Junction Café advertised Hamms and Budweiser beer on tap, big chicken dinners and “our café basement is the coolest place in town.”

As harvest time approached, Mack’s Cafe and Dick and Mack’s competed for the threshing crew business. Mack’s had an advantage — air conditioning.

S.C. Clancy purchased the former McGinnis restaurant and service station and turned it into one of the finest cabin resorts between Des Moines and Omaha. With six modern cabins, an up-to-date DX service station and a splendid café, it was a popular place for tourists.

Don Devore, owner of Don’s Sandwich Shop on Highway 6, opened his ice cream bungalow with 24-hour service.

In August of 1935, the Adel Community Playhouse offered its first athletic show of the season featuring wrestling and boxing. By May of 1936, Dr. Scott took over the Community Playhouse and announced he would “run it in conjunction with his Dox Junction Café.” Dances were to be held every Saturday night.

A September 1936 article announced that Mr. Buckner of Buckner Hardware would have a new eating house behind his store. Mr. and Mrs. Ed Parrish would manage the place, and it would be called “Wimpy’s.” By December, however, Wimpy’s was bought by Ray Emerson of De Soto, who promised to continue it under the same name.

March 24, 1937, “the east side of the square is booming with Dick and Mack’s building a new café, Leo Belgarde improving his Just Right Café, a new Diamond X gas station and R. L. Conard’s new garage.”

F.L. Jones was awarded a \$5 prize on June 16, 1937, for naming the new café in the Whitcomb building the Kozy Corner.

More changes were in store for the Scott building. The basement annex to Dox Junction Café was named the “Dancellar” and was “fitted up for dancing as well as for serving parties and larger crowds.” Polly and Erv’s, another sandwich shop, also opened in the Scott building.

And the Great Depression continued. ■

PLANNING a kitchen remodel: where to start

Your kitchen is one of the most used rooms in your home — a space for cooking, homework, entertaining and everyday life. Remodeling it comes with many decisions, so starting with a clear plan is key.



Layout: The layout sets the tone for the entire project. Are you updating surfaces like countertops and backsplash, or removing walls and relocating appliances? Changes to walls, plumbing, or electrical can significantly impact both budget and timeline. Prioritize what matters most, like better flow, more seating or added storage.

Cabinetry: Maple cabinetry is often one of the best values, offering durability and a clean, versatile look at a mid-range price point. When selecting cabinets, pay attention to construction details such as soft-close doors and drawers, dovetail drawer boxes, and the difference between standard and full-overlay styles, which affect the overall appearance. Storage upgrades like pull-out shelves, tray dividers, and deep drawer storage are also important considerations to improve how your kitchen functions day-to-day.

Countertops and sink: Granite and quartz remain popular choices for their durability and wide range of colors. Pricing varies by selection, but both offer long-lasting performance. And don’t forget about the kitchen sink. Granite composite sinks continue to receive high marks for durability and ease of maintenance. ■

Information provided by Trish Radke, Owner, RCI Builders, 28059 Fairgrounds Road, Adel, 515-490-3791, www.RCIBuildersInc.com.

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HEALTH

By Alicia Fisher, PT, DPT

WHAT IS spinal stenosis?

Spinal stenosis is a narrowing of the space around the spinal cord in either the lumbar (low back), thoracic (mid back) or cervical (neck) regions that can cause nerve pinching. This narrowing can lead to pain that can develop into chronic neck or back pain if not addressed. Stenosis symptoms could include persistent pain in the buttocks, arms, lack of feeling in the legs or arms, and decreased physical activity or function. Along with spinal stenosis, people will commonly develop muscles that are tight and muscles that are weak and need strengthening.



There are two different types of spinal stenosis. The most common is acquired spinal stenosis, which is a narrowing of the spinal canal that occurs as we age. Congenital spinal stenosis is less common and is when the spinal canal is narrower from birth.

Spinal stenosis is usually diagnosed by an MRI or other imaging tests. Treatment may include medication for pain and/or inflammation, injections for pain relief, restriction of activity and physical therapy. Physical therapists can help relieve some of the symptoms caused by spinal stenosis through the use of soft tissue mobilization and exercise. If these conservative treatments do not help relieve symptoms, your doctor may recommend surgery. ■

Information provided by Alicia Fisher, PT, DPT, Core Physical Therapy Inc., 803 Cottage St., Adel, 515-993-5599.

HEALTH

By Leslie Herron

IOWA'S NEW standard of care model expands access to pharmacy care

Iowa's updated Pharmacy Practice Act has ushered in one of the most meaningful advancements in patient care in decades. By shifting to a standard of care model, the state now allows pharmacists to provide clinical services based on their education, training and professional judgment — similar to other licensed healthcare providers. This modernized framework removes outdated taskbased restrictions and replaces them with a flexible, patientcentered approach.



Under the new model, pharmacists can more easily offer services such as pointofcare testing, preventive therapies, chronic disease support, and other clinical interventions that fall within accepted professional standards. Instead of waiting for specific legislative approval for each new service, pharmacists can now adapt more quickly to community needs and emerging healthcare trends.

For patients, this means faster access to care, fewer barriers, and the ability to receive timely guidance from a trusted local provider. Whether someone needs testing, education or help determining the next step in their care, pharmacists are now better positioned to respond.

Iowa's standard of care model strengthens the role of community pharmacies as accessible healthcare destinations — improving convenience, expanding services and supporting healthier outcomes across the state. ■

Information provided by Leslie Herron, Sumpter Pharmacy, 628 Nile Kinnick Drive, Suite 1, Adel, 515-993-1119.

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HOW CAN nutrition impact your prescription medications?

Good nutrition and healthy living go hand in hand with medication safety. The foods you eat can support your health, improve energy and help manage chronic conditions, but they can also interact with



certain medications in ways many people don't expect. Understanding these connections is an important part of whole person's wellness.

According to the Academy of Nutrition and Dietetics, a balanced eating pattern should include fruits, vegetables, whole grains, lean proteins and healthy fats. This type of diet helps regulate blood sugar, supports heart health and provides essential vitamins and minerals that your body needs to function properly. Healthy eating also works together with medications used to treat conditions like high blood pressure, diabetes and high cholesterol. However, some foods can change

how medications work in the body. These are called drug-food interactions, and they can reduce effectiveness or increase side effects.

One of the most well-known examples is grapefruit. Grapefruit and grapefruit juice can interfere with enzymes that break down certain medications, including some cholesterol-lowering drugs, heart medications and anti-anxiety medicines. This interaction can cause too much medication to stay in the bloodstream, increasing the risk of side effects.

Leafy green vegetables such as spinach, kale and broccoli are extremely healthy, but they are high in vitamin K, which helps blood clot. People taking warfarin or other vitamin K-sensitive blood thinners don't need to avoid these foods, but they should keep intake consistent from week to week, so medication levels remain stable.

Dairy products can also affect medication absorption. Calcium in milk, yogurt and cheese can bind to certain antibiotics and thyroid medications, making them harder for the body

to absorb. Spacing these medications at least a few hours away from dairy can help.

Even common beverages matter. Alcohol may intensify drowsiness when combined with certain pain relievers, sleep aids or anxiety medications. Caffeine can increase heart rate or jitteriness when paired with stimulant medications.

Healthy living isn't just about choosing nutritious foods — it's also about using medications safely. Always read medication labels, follow timing instructions, and ask your pharmacist if any foods or supplements should be limited or spaced apart. By combining balanced nutrition with smart medication habits, you can support better health outcomes and get the most benefit from both your diet and your prescriptions. If you're unsure about a possible interaction, your pharmacist is a valuable and accessible resource for guidance. ■

Information provided by Jane Clausen, Adel HealthMart, 113 N. Ninth St., Adel, 515-993-3644.

Why Adel Health Mart?

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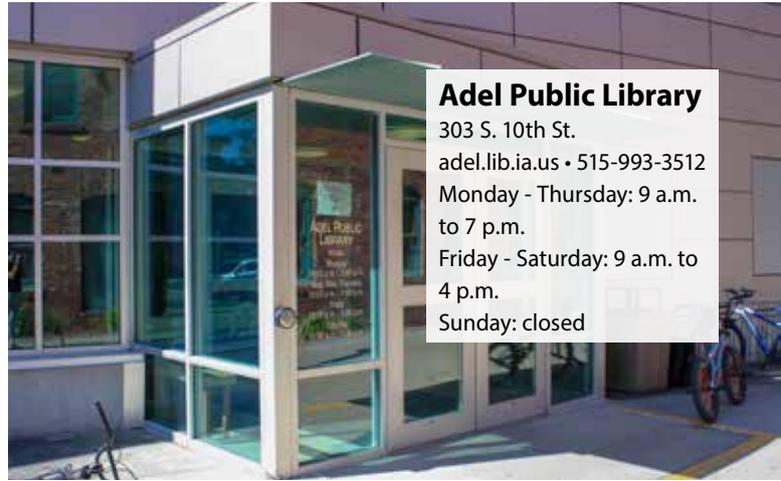
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 Monday - Thursday: 9 a.m. to 7 p.m.
 Friday - Saturday: 9 a.m. to 4 p.m.
 Sunday: closed

We have some special Spring Break programs happening this month.

- Jonathon May Magic Show, Monday, March 16 at 1 p.m.
- Pout Pout Fish Party, Wednesday, March 18 at 10 a.m.
- Blank Park Zoo, Thursday, March 19 at 10 a.m.

STORYTIMES

- *Miss Paula's St. Patrick's Day Storytime, Tuesday, March 17 at 9:30 a.m.
- Move and Groove Storytime, every Tuesday at 9:30 a.m.
- My First Storytime, every Wednesday at 9:30 a.m.
- Preschool Storytime, every Thursday at 9:30 a.m.

ELEMENTARY

- Tail Wagging Readers, Thursday, March 5 at 4:30 p.m.
- Pokémon: Squishes, Tuesday, March 10 at 4 p.m.
- *Meet a Live Owl with Dallas County Conservation, Friday, March 13 at 10 a.m.
- Game On! Tuesday, March 24 at 4 p.m.
- *Elementary Maker Lab: 3D Printed Shoelace Tag, Tuesday, March 31 from 4-5:30 p.m.

TEEN

- Teen Chef: (People) Puppy Chow, Wednesday, March 11 at 4 p.m.
- *Library D&D, Friday, March 13 from 1-3:30 p.m.
- Teen Maker Lab: 3D Printed Cord Clips, Wednesday, March 25 at 4 p.m.
- Nerf Battle: Grades 6-12, Friday, March 27 from 2-4 p.m.

ADULTS

- Exercise Group – Meets every Monday through Thursday at 9 a.m.
- *Yoga, every Wednesday at 6 p.m.
- 50s Plus Senior Group – Tuesday, March 17 from 10 a.m. to 1 p.m.
- Beth Hoffman - Bet the Farm: The Dollars and Sense of Growing Food in America, Saturday, March 7 at 10 a.m.
- *Adult Craft: Yarn Birds, Monday, March 16 at 5:30 p.m.
- Evening Book Club, Thursday, March 26 at 5:30 p.m.

*Registered event, register at adel.lib.ia.us. ■

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IOWA
Living MAGAZINES
 CITYVIEW

DUAL perspectives

Norton finds joy in education as a teacher and a parent.

Sarah Norton's reason for teaching is simple: She enjoys working with children and wants to make a positive impact on them.

"Growing up, I had so many wonderful teachers that supported my academic journey, and I am so thankful I get to do the same with the students that walk into my room every day," she says.

Norton earned her teaching degree from Iowa State in 2012 and later completed her master's degree at Morningside College in 2019. She has taught kindergarten at Adel Elementary for four years and is now in her 11th year teaching kindergarten overall.

"I love teaching kindergarten because the students are so excited to learn and come to school each day, and watching their faces as they discover that they can read is amazing," she says. "Getting to be a small part of their journey is so special."

One of Norton's favorite teaching memories came last year when she experienced kindergarten at ADM from both a teacher's and a parent's perspective.

"I loved getting to hear what my daughter remembered about her day, while also getting to connect with her through her academics," she says. "I am so excited to do the same in a few years when my son starts."

Before joining the ADM school district, Norton taught kindergarten in West Des Moines. Eight years ago, she and her family moved to the Adel community, and four years ago she accepted a position in the district so she could work closer to home and in the same district as her two children.

"I love it more and more as our two children grow up and become more involved in the district," Norton says of ADM.

Her husband is also involved in the community as an assistant football coach for ADM and recently completed his eighth year with the program. In her limited free time, Norton owns and operates a small business, Pink Poppy Designs, where she sews and makes children's clothing and accessories, along with ADM-themed gear.

For Norton, her connection to Adel and the ADM district continues to grow.

"Now that I have a child going through the district, I am so thankful for the amazing colleagues that I get to work with. It really does feel like a team working toward a goal of all students succeeding, and I am so thankful to be a part of it," she says. "Go Tigers!" ■



Sarah Norton appreciates the colleagues who have and will teach her children.

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WHAT IS an LLC?

Limited liability companies (LLCs) are a business structure many people use because of the unique benefits they offer. LLCs are fairly simple to create. They help to maximize liability protections for owners, offer flexible management, provide contractual freedom and permit partnership tax treatment for the business without the requirements of an S corporation.



Chapter 489 of the Iowa Code authorizes and governs LLCs. Unlike a corporation that is owned by shareholders, the owners of an LLC are called members. LLCs can either be managed by their members, or the members can delegate the management powers to a manager. Typically, when the members delegate management to a manager, the LLC manager is one of the members. In Iowa, LLCs are permitted to be a single-member LLC (one member), or a multi-member LLC (two or more members).

The documents required to create an LLC in Iowa are fairly simple. These consist of a certificate of organization, an operating agreement, minutes of organizational meeting, and an EIN, which is the tax number for the LLC. An LLC is formed once the certificate of organization is filed with the Iowa Secretary of State. The operating agreement is an

important organizational document. This document sets forth members' duties, rights and obligations. If an LLC does not create an operating agreement, then the statutory rules of Iowa Code Chapter 489 will govern, which may lead to unwanted outcomes.

An LLC's prominent feature is that its members and managers have the same liability protections as shareholders, officers and directors of corporations. Generally, the limit on liability an LLC provides will shield members' personal assets from lawsuits or claims directed at the business.

LLCs also prevent the double taxation that can occur with corporations. Double taxation is when the organizer chooses to create a C corporation business structure. This allows the corporation and the owner to both be taxed separately. However, an LLC circumvents this, as it is taxed similarly to a sole proprietorship. Income is passed to the LLC's owners who, in turn, bear the tax liability for the activities of the business. This avoids the double taxation that can occur in a C corporation.

If you are considering starting an LLC, it is important to speak with an attorney about the benefits and disadvantages of the LLC business structure. ■

Information provided by Dawnelle R. Schlagel, Hopkins & Huebner P.C., 1009 Main St., Adel, 515-993-4545

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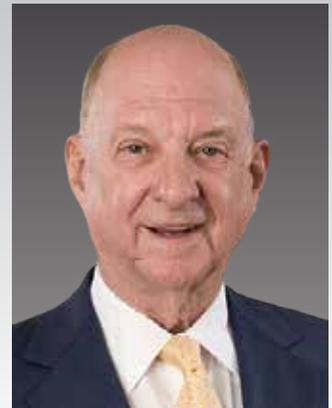
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INBOUND Design Partners

Connects with ADM Fine Arts Boosters

Josh Markus with Inbound Design Partners joined the Adel Partners Chamber of Commerce as a way to connect with other business owners. Working from home frequently, he desired more face-to-face time with like-minded local business owners.



Josh Markus with Inbound Design Partners created a new website for the ADM Fine Arts Boosters.

Markus' kids attend ADM schools. He donated to the ADM Fine Arts Boosters during a special business donation drive to assist with their fine arts funding.

Boosters President Heidi Freidhof says the group was grateful for the donation. As the club was looking to update their website, she turned to Markus. "We needed someone to revamp our site, and, since Josh had donated, we reached out to him. Josh was eager to get on board, and he gave us a good deal on it," she explains.

The website had been "bare bones," with concerns related to updating and maintaining pages. Markus worked with the group to create modern images and designs. "Images can make or break a website. Too much text can look boring, and we wanted people to engage in the website," he explains.

Friedhof reached out to a fellow parent who had taken pictures at fine arts events and who agreed to have them posted on the website. Markus says, "The professional-looking photos took the site to the next level."

Friedhof says the current website offers a better presence, and it is easier to understand the club's mission. The ADM Fine Arts Boosters supports all the fine arts in ADM schools, from kindergarten through 12th grade. It provides for extracurricular supplies the school and teachers may need for fine arts, including various supplies for the band, choir, speech, plays and other fine arts activities.

Friedhof has three children in ADM schools and joined the club in 2021, becoming president two years ago. The ADM Fine Arts Boosters joined the Adel Chamber as a way to help promote ADM events. "We've had access to chamber members. I reached out to see what businesses might help with our website. The chamber played a major role in making the partnership exist," she explains.

Markus is happy to give assistance to the organization. "My kids are benefiting from the fine arts. It's a great way for me to lend my skillset. It makes me feel good to give back," he reflects.

In addition, he recommends membership in the chamber. "You never know what connections can be made. Organic connections pop up through the chamber. You can meet like-minded people, crowd source problems and come up with solutions," he reflects. "It's great when you see fellow chamber members out and about and have that connection."

For more information about supporting the ADM Fine Arts Boosters, visit www.admfinearts.org. ■

Information provided by Adel Partners Chamber of Commerce, 301 S. 10th St., Adel, 515-993-5472.

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OUT & ABOUT



Doug Clayton, Erin Reyes and Scott Harford at the Adel Chamber Lunch held at Country Lane Lodge in Adel on Feb. 19.



Natalie Del Vecchio, Jade Weber and Leslie Herron at the Adel Chamber Lunch held at Country Lane Lodge in Adel on Feb. 19.



Stacey Gaidies, Jazmine Martin and Courtney Puls at the Adel Chamber Lunch held at Country Lane Lodge in Adel on Feb. 19.



Jillian Newhard, Erin Milroy and Leslie Herron at the Adel Chamber Lunch held at Country Lane Lodge in Adel on Feb. 19.



Julianna Cullen and Casey Wheeler at the Adel Chamber Lunch held at Country Lane Lodge in Adel on Feb. 19.



Wade Laughridge and Josh Markus at the Adel Chamber Lunch held at Country Lane Lodge in Adel on Feb. 19.



Jane Clausen and Julie Priestly of Adel HealthMart Pharmacy attended CITYVIEW's Best of Des Moines event at the Val Air Ballroom on Feb. 3. Adel HealthMart was one of three finalists in the Best Local Pharmacy in Central Iowa category.



Alaina Nelson and Rhyan Miller were named the Adel Kiwanis Students of the Month at the Feb. 17 meeting at Patrick's Restaurant in Adel.



Caitlin Broeker, Dr. Jennifer Hoffelmeyer and Misty Leeper, Animal Hospital of Adel, accept the business' Residents' Choice certificate.



Jim Book, Alley Auto Sales, accepts the business' Residents' Choice certificate.

RESIDENTS' Choice

Businesses receive their Dallas County Residents' Choice certificates.



Jane Clausen, Adel HealthMart Pharmacy, accepts the business' Residents' Choice certificate.



Jodie Kuhse, Luellen Chiropractic, accepts her Residents' Choice certificate.



Julianna Cullen, RE/MAX Precision Realty, accepts her Residents' Choice certificate.



Adel Public Library staff accept the Residents' Choice certificate.



Cory Johnson and Jeff Whipple, Adel Fareway, accept the business' Residents' Choice certificate.



Amber Broecker and Miranda Broecker, Ambro's Roadhouse, accept the business' Residents' Choice certificates.



Carley Button, Adel Hardware and Handyman, accepts the business' Residents' Choice certificates.



Keaton Holland, Peyton Herrick and Madelyn Stevens accept the Residents' Choice certificate for ADM High School.



Mindy and Bryce Smith, Adel Family Fun Center, accept the Residents' Choice certificates for the business.



Judy Schwenneker, Ashley Meacham and Marie Hansen, Adel Flowers and Gifts, accept the business' Residents' Choice certificate.



Kristi Fuller and Tim Canney, Lincoln Savings Bank, accept the business' Residents' Choice certificate.

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