

# ADEL Living Weekly

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## NELSON RECEIVES ADEL ROTARY RECOGNITION

Alaina Nelson was awarded the Adel Rotary ADM Senior Recognition Student of the Month for January from Adel Rotary President Rylan Vos, receiving a certificate of accomplishment and a \$25 gift card. Alaina's selection read, "Not a lot of students will go out of their way to say hi to all students and or shake their hands. Alaina goes out of her way to make everyone feel seen and heard. Other students in the advisory have noticed this and started to follow the example set by Alaina."

The Adel Rotary ADM Senior Recognition Program honors students who demonstrate consistent kindness, a helpful spirit, and a commitment to making a positive difference both at school and within the greater community, exemplifying Rotary's ideal of "Service Above Self." ■

### ADEL WEATHER FORECAST

**FRIDAY HIGH -1 | LOW -12**  
Breezy; mostly cloudy and frigid



**SATURDAY HIGH 4 | LOW -2**  
Cold with intermittent flurries



**SUNDAY HIGH 11 | LOW -6**

Mostly cloudy and cold



**MONDAY HIGH 14 | LOW 8**

Cold with more sun than clouds



**TUESDAY HIGH 27 | LOW 6**

Mostly cloudy and not as cold



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FROM THE PUBLISHER

# 'I'VE GOT A NAME'

Jim Croce penned that beautiful song listed above in 1973, and it continues to deliver a powerful message today. We have all got a name, and not just a first name like prior to the 11th century when folks were simply known by that along with the town they were from. (You may have heard of Jesus of Nazareth.) Those single identifiers were sufficient in small communities where people knew each other. And, first names continue to work today in smaller settings like in "Cheers," where everybody knows your name.

But, in the larger world, change was needed to distinguish between people with the same first name. Our last names — or surnames — began to emerge in Europe during the Middle Ages when populations grew and a need to distinguish individuals with the same first names did, too.

With all of us having last names today, do you ever wonder what the first one was? There is some debate, but the earliest recorded surname is believed to be "O Cleirigh" in

Ireland, documented in 916 AD.

Meanwhile, some Chinese cultures have used family names dating back to as early as 2852 BC, according to historyfacts.com. Interestingly, these names were initially matrilineal (mom's side) and later became patrilineal (dad's side).

In English cultures, many surnames were derived from the father's name where suffixes like "-son" were used (Johnson, Peterson, Stevenson). Other times, surnames were created to reflect a person's occupation (Smith) or geographical origin (Hill).

When writing about names, one can't leave out the impact of Native Americans with such unique names as Red Cloud, Sitting Bull and Crazy Horse that are derived from nature and often represented by an animal symbolizing desirable characteristics or a certain trait. A Native American name gives us an insight into the personality of the



one who possesses it. And, although those names have been used again in passing generations, it is not common.

Meanwhile, also according to historyfacts.com, there are 6.3 million different surnames in the U.S. with millions more worldwide. More than 106 million people have the last name Wang (a Mandarin term for "prince" or "king"), making it the most common in the world. In the U.S., the five most common surnames are Smith, Johnson, Williams, Brown and Jones.

I've got a name, too. It is Old English, combining "gōd," meaning "good," and "mann," meaning "man." Goodman was originally used as a polite term of address and referred to a virtuous or respectable man. I am good with that. "And I carry it with me like my daddy did."

Have a great week, and thanks for reading. ■



Shane Goodman  
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# ADEL *Living Weekly*

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# GARY'S RIDE

On Saturday, May 16, 10 a.m. to 2 p.m., Gary's Ride will be held, starting at the Waukee Raccoon River Valley Trailhead and ending in Dallas Center downtown Main Street. The event will be held to increase awareness of glioblastoma and support Richard Deming Cancer Center's terminal brain cancer patients through their integrative medicine program, Iowa Oncology Research Association for Glioblastoma Clinical Trials, MercyOne Des Moines Foundation for gift cards for terminal brain cancer patients and their families, and Gary's Compassion Fund for financial assistance for terminal brain cancer patients and their families. Help to "pedal" forward in reaching the funding goal and be the difference for these loved ones and their families afflicted by terminal brain cancer/glioblastoma. Registration and information is available at [garysrideiowa.org](http://garysrideiowa.org). ■

## REDFIELD COMMUNITY MEAL

The public is invited to the monthly Community Meal on Monday, Feb. 2, 4:30-6:30 p.m. at American Legion Post 261, 1116 Thomas St., Redfield. Enjoy a mouthwatering meal while supporting a local volunteer group. Bring your family, friends and appetite for a fun-filled evening of food, community and giving back. On the menu is sloppy joes, cheesy hash brown casserole, green beans with bacon and dessert. Free will donation. Proceeds go to the church's Outreach Fund. ■

## SOUP SUPPER AT PEACE LUTHERAN CHURCH

Enjoy the Peace Lutheran Church's soup supper on Saturday, Feb. 7, 4-6 p.m. at the Peace Lutheran Church, 34128 L. Ave., Adel. Free will donation. ■

## TAKING NEW PATIENTS Adel Vision Clinic

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## ADM SPORTS SCHEDULE

### Friday, Jan. 23

4:30 p.m. **Basketball:** Girls JV @ Winterset  
4:30 p.m. **Basketball:** Boys JV @ Winterset  
5:45 p.m. **Basketball:** Boys Freshman @ Winterset  
6 p.m. **Basketball:** Girls Varsity @ Winterset  
7 p.m. **Basketball:** Girls JV2 @ Winterset  
7:30 p.m. **Basketball:** Boys Varsity @ Winterset

### Saturday, Jan. 24

9 a.m. **Wrestling:** JV Invitational @ Marshalltown  
9:30 a.m. **Wrestling:** Varsity Tournament @ Interstate 35

### Monday, Jan. 26

10 a.m. **Bowling:** JV/Varsity vs. Gilbert @ Perfect Games, Ames

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## RACCOON RIVER PRESCHOOL'S TRIVIA NIGHT FUNDRAISER

Raccoon River Preschool is hosting its Trivia Night on Saturday, March 7, at Country Lane Lodge, 29300 Prospect Ave., Adel. The event features dinner, cash bar, game night and a live auction. Doors open at 5 p.m. and trivia, hosted by DJ Trivia, starts at 6 p.m. A live auction follows. Registration is \$30 per person or purchase a table for up to eight people. Sign up online at [reccoonriverpreschool.com](http://reccoonriverpreschool.com) under the Fundraising tab. ■

## MOBILE FOOD BANK

Adel Mobile Food Bank is the fourth Wednesday of the month at New Hope Church, 25712 Highway 6, Adel, from 5-6:30 p.m. or until the food is gone. This is a drive-thru pickup for free groceries. ■

## THIRD MONDAY BINGO

Enjoy 16 games of bingo (\$5/card for the night) plus a 17th Progressive Blackout (\$1/card) on Monday, Feb. 16, 6-8 p.m. at Masonic Lodge, 411 S. 12th St., Adel. Packaged snacks and nonalcoholic drinks will be available. ■

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## DC FOUNDATION GRANT APPLICATIONS DUE FEB. 2

The Dallas County Foundation makes grants to IRS 501(c) (3), (5) or (6) federal income, tax-exempt organizations and 170(b) units of government organizations. Religious or political organizations are not eligible unless their project benefits the entire community. Areas of emphasis are: art, culture, humanities, education, health, human services, public/society benefits, environment/animals. Visit the Dallas County Foundation's website, [www.dallascountyfoundation.org](http://www.dallascountyfoundation.org), for FAQs, grant writing tips, and for the application. Deadline is Feb. 2. ■



## NEEDS FOR VETERANS AT THE VA

Veterans need our help when they are hospitalized or homeless. Federal funds cannot be used at the Des Moines VA Hospital or Community Resource and Referral Center for personal items. That's when the Adel American Legion Auxiliary and other groups step up to collect contributions from the community as well as provide funds from Poppy Day donations.

Current new items needed are long sleeved shirts, XL boxers/briefs, duffle bags, sweatpants/sweatshirts (M-2XL), and pullover and zip-up sweatshirts (M-XL); personal care items; and coffee and snacks. Please refer to the Adel American Legion Facebook page for a detailed list. Of note is that Branch-of-Service clothing, blankets, hats and insulated mugs are residents' favorite items.

Contributions may be dropped off at 1305 S. 15th St., Adel, or call Shirley McAdon at 515-993-4862 for pick up. ■

## 50s PLUS MEETINGS AND EVENTS

Enjoy board games, conversation, coffee and good food at the 50s Plus meetings. They invite anyone in Adel and the surrounding area to join them the first and third Tuesdays of the month, 10 a.m. to 1 p.m. at the Adel Public Library, 303 S. 10th St. If you have just moved to the area and would like to meet new people, this is a great way to do it. The group now has programs included in its activities. Programs are open to anyone, not just seniors. ■



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## OBITUARIES

*Funeral notices can be emailed to tammy@iowalivingmagazines.com*

### DANA RAY MCGEE

Dana Ray McGee, 65, died at home on Jan. 15, 2026. He was born Aug. 9, 1960, in Iowa City. His parents, Francis Glenn McGee and Joanne Marvel (Powers) McGee, preceded him in death.

He attended Adel Elementary and Adel Junior High School and lived with his parents until their deaths. He was interested in cameras, taking pictures and playing his xbox, especially his favorite game, Minecraft, in which he liked to design buildings and was very good at it.

He is survived by a sister, Glenice (McGee) Purscell and her husband, Lenard; two nieces, Heather (Purscell) Weicht and Cheri (Purscell) Rice and her husband, Andrew; a nephew, Travis Purcell and his wife, DeAngela; several great nieces, nephews and great great nieces and nephews.

Services will be held at the Caldwell Funeral home in Adel Feb. 7 at 11:30 a.m. with visitation one hour prior. Interment will be at the Fairview Cemetery south of De Soto next to his parents. In lieu of flowers, memorial contributions may be made out to his family for future designations. ■



### GEOFFREY CHADWICK WHITLOW

Geoffrey Chadwick Whitlow, 64, died Tuesday, Jan. 13, 2026, at his home in Granger. A memorial service was held at Immanuel United Methodist Church in Des Moines on Jan. 19. Geoff was born on Dec. 30, 1961 in Santa Ana, California. He was a graduate of Adel High School in Adel and the University of Iowa, where he received his degree in business and finance. After college, he settled in Des Moines. He had a varied career working in retail grocery, sales, parking, and as a certified financial planner, auto mechanic and school bus driver. He had high aspirations, took tremendous pride in the achievements of his two children, and adored his two grandsons.

He is survived by his parents, Lorna and Carson Whitlow of Adel; two children, Nathan Whitlow and Jackie Whitlow and their mother, Becky Whitlow; two brothers, Mark Whitlow and Elliott Whitlow; and two grandsons, Lochlann Whitlow and Niall Whitlow. He was preceded in death by his life-partner, Judy Hartz-Schmitz, and biological father, Bobby Wiseman.

He donated his body to the University of Iowa Carver College of Medicine to further medical education. Memorial contributions may be made to The Broadlawns Medical Center Foundation. ■



## WEDNESDAY NIGHT MEAL

Adel United Methodist Church, 115 S. 10th St., serves a meal Wednesdays, 5-6:30 p.m. in the fellowship hall downstairs. Serving is 5-6:30 p.m. This is a freewill donation meal. All are welcome. ■



**SATURDAY, JAN. 24**

1-4 P.M. IN VALLEY JUNCTION

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**EVENTS IN THE AREA**EMAIL YOUR EVENT INFORMATION TO  
[TAMMY@IOWALIVINGMAGAZINES.COM](mailto:TAMMY@IOWALIVINGMAGAZINES.COM)**CITYVIEW'S FIRE AND ICE****Saturday, Jan. 24, 1-4 p.m.****Valley Junction**

CITYVIEW brings back its legendary Valley Junction area pub crawl. Fire and Ice is a hockey-themed liquor sampling event that will be sure to warm up your winter blues. With your event ticket, you will receive 10 individual drink tickets to sample some of the best winter cocktails from establishments in the Valley Junction area. Bring your friends, try new drinks and shop local in Valley Junction. Tickets are \$25 in advance and \$35 at the door. Follow the QR code for tickets.

**STAGE AND THEATER****DES MOINES PERFORMING ARTS**

Des Moines Civic Center, Cowles Commons, Stoner Theater, Temple Theatre, 221 Walnut St., Des Moines, [www.dmpa.org](http://www.dmpa.org)

- **Feb. 3-8:** “Kimberly Akimbo.”
- **Feb. 24 to March 1:** “The Outsiders.”
- **March 20-22:** Meredith Willson’s “The Music Man.”
- **March 28:** “The Wizard of Oz in Concert” with the Des Moines Symphony.

**DES MOINES COMMUNITY PLAYHOUSE****831 42nd St., Des Moines**[www.dmpplayhouse.com](http://www.dmpplayhouse.com)

- **Feb. 6 to March 1:** “The Mousetrap”
- **March 6-22:** “The Lightning Thief”

**ACTORS, INC. - AMES COMMUNITY THEATER****120 Abraham Drive, Ames**[www.actorsinc.org](http://www.actorsinc.org)

- **Jan. 29-31, Feb. 6-8:** “Making God Laugh”

**CLASS ACT PRODUCTIONS****201 First Ave. S., Altoona**[www.captheatre.org](http://www.captheatre.org)

- **Feb. 20-22, 27-28, March 1, 6-8:** “Oliver! Jr.”

**DMACC ANKENY CAMPUS THEATRE****2006 S. Ankeny Boulevard., Ankeny**[www.dmacc.edu/theatre/ankeny/Pages/welcome.aspx](http://www.dmacc.edu/theatre/ankeny/Pages/welcome.aspx)

- **March 6-8, 26-29:** “Macbeth”

**IOWA STAGE THEATRE COMPANY****Stoner Theatre, 221 Walnut St., Des Moines**[www.iowastage.org](http://www.iowastage.org)

- **March 13-22:** “The Seagull”

**TALLGRASS THEATRE COMPANY****2019 Grand Ave., Suite 100, West Des Moines**[www.tallgrasstheatre.org](http://www.tallgrasstheatre.org)

- **Feb. 13 to March 1:** “Disenchanted!”

**DES MOINES YOUNG ARTISTS' THEATRE**

Munro Building, Des Moines University Campus, 3380 Grand Ave., Des Moines

[www.dmyat.org](http://www.dmyat.org)

- **Feb. 20 to March 1:** “Winnie the Pooh”

**ANKENY COMMUNITY THEATRE****1932 S.W. Third St., Ankeny**<https://ankenycommunitytheatre.com/>

- **Feb. 13-22:** “Pride @ Prejudice,” Thursdays, Fridays and Saturdays at 7:30 p.m., Sundays at 2 p.m.

**WINTERFEST MARKET****Saturday, Jan. 24, 8 a.m.****EMC Expo Center, Iowa Events Center****730 Third St., Des Moines**

Escape the post-holiday blues and treat yourself to something special at Winterfest Market — a cozy indoor shopping event featuring your favorite local makers, artisans and small businesses. Unique handmade goods and one-of-a-kind finds. Winter deals and new year treasures.

More information: <https://www.iowaeventscenter.com/events/detail/winterfest-market> ■



## RECIPE

# PUT THE GRILL TO WORK IN 2026

**(Family Features)** Transitioning from high-yield meals that serve a crowd to easy, homemade dinners can be a bit of a shock after the festivities are over. Save yourself the time and hassle of cooking after a season of gifts and gatherings with this grilled chicken bundt recipe that lets the grill do the work for you. For more time-saving family dinner ideas, visit [Culinary.net](http://Culinary.net). ■

## GRILLED CHICKEN BUNDT

Recipe courtesy of "Cookin' Savvy"

Servings: 4-6

### Ingredients:

- 4 potatoes
- 2 carrots
- 8 Brussel's sprouts
- oil
- 2 tablespoons garlic powder, divided
- 2 tablespoons onion powder, divided
- 2 teaspoons salt, divided
- 1 whole chicken (4-5 pounds)
- 1/2 stick butter, softened

### Directions:

- Heat grill to 350 degrees F with one burner off for indirect heat.
- Cut potatoes, carrots and Brussel's sprouts into bite-sized pieces. Drizzle with oil and mix in 1 tablespoon garlic powder, 1 tablespoon onion powder



- and 1 teaspoon salt; set aside.
- Rub chicken with softened butter, remaining garlic powder, remaining onion powder and remaining salt.
- Place some veggies in bottom of bundt pan. Place chicken

- on top of chimney or tube of bundt pan. Fill pan with remaining veggies.
- Place pan over indirect heat and grill 1 hour, 30 minutes, or until chicken reaches internal temperature of 165 F.

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### STORYTIMES

- **Move and Groove Storytime:** Every Tuesday at 9:30 a.m.
- **My First Storytime:** Every Wednesday at 9:30 a.m.
- **Preschool Storytime:** Every Thursday at 9:30 a.m.

### ELEMENTARY

- **Elementary Maker Lab - 3D Printed Marble Maze\*:** Tuesday, Jan. 27 from 4-5:30 p.m.

### TEEN

- **Teen Maker - 3D Printed Marble Run:** Wednesday, Jan. 28 at 4 p.m.

### ADULTS

- **Exercise Group:** Meets every Monday through Thursday at 9 a.m.
- **Yoga\*:** Every Wednesday at 6 p.m.
- **Evening Book Club:** Thursday, Jan. 29 at 5:30 p.m.

\*Registered event; register at [adelpl.org](http://adelpl.org). ■

## DALLAS COUNTY CONSERVATION EVENTS

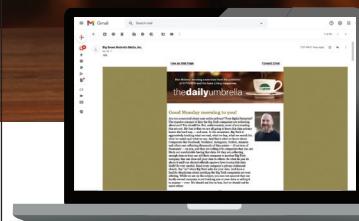
[www.dallascountyiowa.gov/conservation](http://www.dallascountyiowa.gov/conservation) | All programs are free and open to all ages.

- **Full Moon Evening Hike,** Friday, Jan. 30, 6-7:30 p.m., Voas Nature Area, 19286 Lexington Road, Minburn ■

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## CLASSIFIED ADS

**FOR SALE:** Farm fresh eggs from free range chickens. \$4/dozen. Call 515-250-9730.

**FOR SALE:** Homemade caramel corn for \$8.00 in gallon size bag. I also knit too. Call Sandy at 515-710-7844.

**WALK-INS WELCOME:** Kinnicks Barbershop is taking walk-ins Monday-Friday. 119 N. 9th St., Adel.

**FOR SALE:** Jigsaw puzzles 550 pieces. Little Farm Girl, Holiday scene, Christmas scene, Christmas Cottage, Covered bridge in fall. Sparkle Shine northern lights has never been opened \$10. The other puzzles are \$7 each. Call 5153210301.

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