

### WE HAVE EXPANDED OUR OFFICE SO THAT WE CAN OFFER MORE SERVICES FOR YOUR FUR BABIES.

#### **FEAR FREE METHODS**

Keeping your pet comfortable is our top priority with team members that are certified in Fear Free practices.

#### **CLIENT EDUCATION**

Simplifying veterinary medicine with effective communication allows us to empower you on your pet's health journey.

#### **EXPERT DOCTORS**

Our team of Passionate veterinarians combine over 47 years of experience to ensure that your pet is receiving the highest level of care.

#### **ADVANCED DENTISTRY**

Our owner, Dr. Jennifer Mathis, has a deep passion for dental care offering services such as 3D imaging, dental x-rays, crowns and orthodontics for both dogs and cats. RE ADDITION (PHASE 2)

#### **Providing your pet with**

#### **VALUABLE + QUALITY CARE FOR LIFE**

**Family Pet Veterinary Centers** strive to provide your pet a Fear Free experience.

A Fear Free Certified veterinarian is present at each of our locations.

- + Preventative Care + Laser Therapy
- + Surgery
- + 3D Imaging
- + Acupuncture
- + Advanced Dentistry

I can't say enough about Dr. Jen and her entire staff. This is the best experience in veterinary care that we have ever received. Our dog became paralyzed through a back injury and Dr. Jen convinced us to treat her with acupuncture and laser treatments. She recovered from this injury and is able to lead a normal life with the full use of her legs. During this entire process I feel Dr. Jen and her staff care for our dog like she was their own pet. Larry A.



Dr. Jennifer Mathis, DVM Dr. Ryan Southard, DVM



Dr. Kate Siller, DVM

PREVENTATIVE **CARE PLANS AVAILABLE!** Adult cats, adult dogs, puppies and kittens





## January 2026

OTHICITI						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
December  S M T W T F S  1 2 3 4 5 6  7 8 9 10 11 12 13  14 15 16 17 18 19 20  21 22 23 24 25 26 27  28 29 30 31	February S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28			1  NEW YEAR'S DAY	2	3
4	5	6	7	Look for Norwalk Living magazine in your mailbox!	9	10
11	12	13	14	15	16	17
18	19  MARTIN LUTHER KING, JR. DAY	20	21	22	23	24
25	26	27	28	29	30	31

# HOTWORX<sub>®</sub>

## **EARN THE BURN**

WITH THE FIRST EVER FUSION OF HEAT, INFRARED ENERGY, AND EXERCISE

24 HOUR INFRARED FITNESS STUDIO

# Why Join HOTWORX?

- 12+ ISOMETRIC & HIIT WORKOUTS
- VIRTUALLY INSTRUCTED
  TO KEEP YOU MOTIVATED
- INFRARED ENERGY TO
  BOOST RESULTS & RECOVERY
- 24/7 ACCESS
- **SAND SO MUCH MORE**



Scan to Claim A Free Workout!

# VIP ACCESS - One Free Workout!

(Offer valid for first time, local guests only. Ad must be redeemed during staffed hours)

Regular Staffed Hours: Monday-Thursday 11am -8pm • Friday 9am-6pm • Saturday 9am-2pm

### February 2026

I LDICO						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 2	3	4	5	6	7
	8 9	10	11	Look for Norwalk Living 12 magazine in your mailbox!	13	14  VALENTINE'S DAY
	5 16	5 17	ASH WEDNESDAY <	19	20	21
	22 23	3 24	25	26	27	28
					January  S M T W T F S  1 2 3  4 5 6 7 8 9 10  11 12 13 14 15 16 17  18 19 20 21 22 23 24  25 26 27 28 29 30 31	March S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

# SELF STORAGE THE WURLDHAW WAY!



LIMITED NUMBER!



Contact us for more information today!



#### LARGEST SELECTION OF SIZES

#### **INDOOR AND PULL UP UNITS** - ALL GROUND FLOOR

#### 24/7 GATE ACCESS!

- Standard Units
- Unit sizes ranging from 5'x10' to 14'x50'
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- · On-site management
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- Security Cameras
- 24 Hour Video Recording
- · Clean & Well Lit

#### We also sell:

Locks. mattress covers, dust covers, moving and storage supplies, packing tape, and tape dispensers.

#### 515-981-0044

150 W. Wright Road, Norwalk
Next to the Norwalk McAninch Sports Complex

www.Wright-Storage.com Locally owned & operated

### March 2026

	111011						
SU	JNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6	7
DAYLIGHT SAV	8 VINGS TIME BEGINS	9	10	11	Look for Norwalk Living magazine in your mailbox!	13	14
	15	16	17 ST. PATRICK'S DAY	18		20 FIRST DAY OF SPRING	21
	22	23	24	25	26	27	28
PALM SUNDA	29 × <	30	31			February S M T W T F S  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	April S M T W T F S  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30



### APRIL 2026

TAI ICIL	<u> </u>					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
March S M T W T F S  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	May S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		PASSOVER BEGINS AT SUNSET	2	GOOD FRIDAY	4
EASTER (	6	7	8	Look for Norwalk Living 9 magazine in your mailbox!	10	11
12	13	14	15	16	17	18
19	20		22 EARTH DAY	23	24	25
26	27	28	29	30		

#### May is Mental Health Awareness Month!

# Mental Health







Visit our website and complete the intake form to get started.



MAGNOLIA CONNECTION where hope blossoms

- 1300 Turnberry Dr, STE 4, Norwalk, IA
- 515-994-8255
- www.magnoliaconnection.com

### May 2026

WHITE LO	<u> </u>					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
April S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	June S M T W T F S  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30		Warren County Residents' Choice voting open!		1	2
3	4	5	6	7	8	9
MOTHER'S DAY	11	12	13	Look for Norwalk Living 14 magazine in your mailbox!	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	MEMORIAL DAY					

# GREGG YOUNG



THEVROLET NORWALK

WE GO THE EXTRA MILE FOR YOU!

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- AWARD WINNING CUSTOMER SERVICE
- **ALWAYS HERE COMMUNITY CARE**
- THOUSANDS OF VEHICLES IN INVENTORY
- TRADE IN GUARANTEE



2026 CHEVY SILVERADO

2026 CHEVY TAHOE

2026 CHEVY TRAX

# **GREGG YOUNG**



CHEVROLET NORWALK



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## June 2026

O CITIE L	<u> </u>					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Warren County Residents' Choice voting open!	1	2	3	4	5	6
7	8	9	10	Look for Norwalk Living 11 magazine in your mailbox!	12	13
14	15	16	17	18	19	20
FATHER'S DAY FIRST DAY OF SUMMER	22	23	24	25	26	27
28	29	30			May S M T W T F S  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	July  S M T W T F S  1 2 3 4  5 6 7 8 9 10 11  12 13 14 15 16 17 18  19 20 21 22 23 24 25  26 27 28 29 30 31



NEW PARMESAN STUFFED CRUST FOR \$4 MORE PER PIZZA





### 2026



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# ATTENTION

# NORWALK BUSINESSES!

Exciting things are happening this year in Norwalk Living magazine that we don't want you to miss out on.

Voting starts in May for residents to vote for their favorite businesses in more than 70 categories.

Advertise with us to promote your business!



#### **POLL OPENS MAY 2026!**

www.iowalivingmagazines.com/residents-choice-awards

Advertise with Norwalk Living Magazine!

#### **CONTACT MARTHA MUNRO!**

martha@iowalivingmagazines.com



# AYS RTH

Name	Date	Age

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# thedailyumbrella

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# S SA ANNIVE

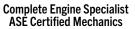
Names	Date



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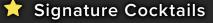


## JULY 2026

OCLI LO	<i>,</i>					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
June S M T W T F S  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	August  S M T W T F S  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		1	2	3	INDEPENDENCE DAY
5	6	7	8	Lookfor NorwalkLiving 9 magazine in your mailbox!	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

# LET'S MEET AT MULLETS NORWALK, WHERE THE CITY COMES TO DINE

- Game Room with Family Friendly Vibes
- Fresh, Local Ingredients







#### **FOLLOW US!**

AND STAY UP TO DATE WITH THE LATEST SPECIALS!



#### **AMERICAN BREAKFAST, LUNCH AND DINNER**

**CALL FOR INQUIRES ON LARGE PARTIES** 



**HAVE A GOOD TIME? LEAVE US A REVIEW!** 

HOURS: MONDAY-CLOSED TUE-THUR: 7AM-9PM FRI-SAT: 7AM- 10PM

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### AUGUST 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
July S M T W T F S  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	September  S M T W T F S  1 2 3 4 5  6 7 8 9 10 11 12  13 14 15 16 17 18 19  20 21 22 23 24 25 26  27 28 29 30					1
2	3	4	5	6	7	8
9	10	11	12	Lookfor Norwalk Living magazine in your mailbox! 13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					



**5K • 10K • KIDS RUN** 

**OCTOBER 24 • 8:00 AM** 

MCANINCH SPORTS COMPLEX





- PROCEEDS BENEFIT THE NORWALK EASTER PUBLIC LIBRARY
- EVENT PARTICIPANT SHIRT (REGISTER BY OCTOBER 11)
- PRIZES FOR OVERALL WINNERS
- NEW CERTIFIED 5K & 10K ROUTES
- CHIP-TIMED 5K & 10K RACES
- NEW 2 MILE WALK

#### 2026 MAIN EVENT SPONSORS

















REGISTER NOW RUNORWALKIOWA.COM

### SEPTEMBER 2026

	DEIX LOL	<u> </u>				
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
August S M T W T F S  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	October  S M T W T F S  1 2 3  4 5 6 7 8 9 10  11 12 13 14 15 16 17  18 19 20 21 22 23 24  25 26 27 28 29 30 31	1	2	3	4	5
6	7  LABOR DAY	8	9	Look for Norwalk Living 10 magazine in your mailbox!	PATRIOT DAY ROSH HASHANAH BEGINS AT SUNSET	12
GRANDPARENT'S DAY	14	15	16	17	18	19
20  YOM KIPPUR BEGINS AT SUNSET ✓		FIRST DAY OF AUTUMN	23	24	25	26
27	28	29	30			

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Dr. Branden Miller

### OCTOBER 2026

COTOBE						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
September S M T W T F S  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	November  S M T W T F S  1 2 3 4 5 6 7  8 9 10 11 12 13 14  15 16 17 18 19 20 21  22 23 24 25 26 27 28  29 30			1	2	3
4	5	6	7	Look for Norwalk Living 8 magazine in your mailbox!	9	10
11	COLUMBUS DAY INDIGENOUS PEOPLES' DAY	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	HALLOWEEN

# WIE KAVIE YOU GOVIERED FOR ALLEYOUR PARKY NIEEDS



- Meat & Cheese
   Veggies
   Fruit
- **Desserts** (cookie or specialty trays)
- Kings Hawaiian Sandwich tray

#### **SCANTHEOR CODE**

for pricing, details, and festive party platter tips, ideas or order online for curbside pickup.





OPEN 7AM - 9PM • MONDAY-SATURDAY • CLOSED SUNDAYS

**2200 SUNSET DRIVE • NORWALK** 

(515) 981-4420

Grocery Manager: Craig Choate • Market Manager: Todd Hanson

## November 2026

2 (O VENIDER 2020									
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
1	2	3	4	5	6	7			
DAYLIGHT SAVINGS TIME ENDS		ELECTION DAY							
8	9	10	11	Lookfor Norwalk Living magazine in your mailbox! 12	13	14			
			VETERANS DAY						
15	16	17	18	19	20	21			
22	23	24	25	26 THANKSGIVING DAY	27	28			
29	30				October  S M T W T F S  1 2 3  4 5 6 7 8 9 10  11 12 13 14 15 16 17  18 19 20 21 22 23 24  25 26 27 28 29 30 31	December  S M T W T F S  1 2 3 4 5  6 7 8 9 10 11 12  13 14 15 16 17 18 19  20 21 22 23 24 25 26  27 28 29 30 31			

# Proud to be supporting the Norwalk community since 1895!

801 Main Street, Norwalk • 1225 Colonial Parkway, Norwalk

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\*Trust & Investments: Not FDIC insured. Not deposits or other obligations of bank and are not guaranteed by bank. Are subject to investment risk, including possible loss of principal. \*\* Insurance: Not a deposit. Not FDIC insured. Not insured by any federal government agency. Not guaranteed by the bank. May go down in value.

#### DECEMBER 2026

	DEIT LULU					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
November  S M T W T F S  1 2 3 4 5 6 7  8 9 10 11 12 13 14  15 16 17 18 19 20 21  22 23 24 25 26 27 28  29 30	S M T W T F S  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1	2	3	HANUKKAH BEGINS AT SUNSET	5
6	7	8	9	Look for Norwalk Living 10 magazine in your mailbox!	11	12
1.	3 14	15	16	17	18	19
2	FIRST DAY OF WINTER	22	23		CHRISTMAS DAY	26  KWANZAA BEGINS ◀
2	7 28	29	30	NEW YEAR'S EVE		

Don't wait to schedule your spring work!



**CALL OUR TEAM TODAY (515) 689-3700!**