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DECEMBER 2025

Living

MAGAZINE

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WELCOME

MADE by hand

There was a time in my life when I may have viewed a homemade Christmas gift as a cheap way out for the giver. If I am being honest, I didn't truly appreciate the time and work that a person would put into creating such a gift. Today, I view it differently.

Now, don't get me wrong. I don't need another horse painting from Aunt Velma or a CD of self-recorded polka music from my neighbor Bill. In fact, I have a few to offer, if you are interested.

When my brother Steve and I were young, Mom made us each a homemade quilt, created with fabric from various pieces of clothing we no longer used. They were warm and fuzzy scrapbooks of sorts. We used them so much, we wore them out. Years later, to our surprise, Mom repaired and recrafted them. Decades later, mine is showing its age again, but it still warms me up on those cold winter evenings. In fact, I laugh because I sometimes find a needle tucked away in it. I guess that is Mom's way of still poking me from time to time. That quilt brings more smiles than any store-bought present ever could.

I also smile each year when we put the ornaments on our Christmas tree, as we recount the times when we bought or received each one. I have known our editor, Tammy Pearson, for many years, and she has been kind enough to give us handmade ornaments many times. Most are ones she created with her kids, and that makes them even more special. Some years, she didn't give any. I am not sure what that means.

Of course, some of the best homemade gifts are the edible ones. You simply can't go wrong with candies and cookies. My favorite is the chocolate fudge, and I can go through a tray of it faster than I want to admit. One year, my 16-year-old daughter, Sara, thought it would be nice to take a plate of cookies and candies out to some of the folks who were working on Christmas day. So, she loaded up several boxes and drove around to stores, dropping off the goodies and wishing them a merry Christmas. She said she got some strange looks, which was unfortunate. Even so, I bet — after a bit of testing — they eventually ate them. Especially the fudge.

In this issue of your Living magazine, we share the stories of homemade gifts and the smiles they put on the givers and the receivers. Merry Christmas to you all, and thanks for reading. ■



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Handmade FOR THE *holidays*

Residents share
the joy of gifts
from the heart.

By Rachel Harrington

The quilt from a beloved aunt. Knitted sweaters from Grandma. A child's table and chairs crafted in a relative's workshop. A personalized ornament. Handmade gifts are unique, but, more than that, they are gifts of time spent in the crafting, imagination in their design and love in their giving.

Suzanne Talley gifted memory bears made out of her mother's shirts to her nieces and nephews, including this one to Hailey Barrett.

The joy of giving

Jenny Glasgow's family moved to Adel from Washington state. When they moved, her cousin John, lovingly called JJ, moved with them. JJ brought with him a talent for sewing, which he had been developing for several years. He has enjoyed crafting and gifting Christmas gifts no matter where he was located. Two years ago, around the first part of December, JJ gave Glasgow's family homemade Christmas stockings.

"He made Santa hats and Christmas stockings for each of us — a total of six sets," Glasgow recalls. "Each person's stocking and hat matched with the same print of fabric. Mine was a blue, snowy Christmas scene. My daughter's hat and stocking were a red cheetah print because she loves cheetahs. Another of the sets included a Seattle Seahawks sports theme for his dad."

Some of the stockings were Christmas themed, and some were not. JJ tailored and custom-made each set to the likes and interests of its recipient. The stockings are all hand sewn and are approximately 12 inches in length from tip to top. Both the stockings and the hats were fur-lined.

"JJ definitely has a sewing talent," Glasgow relates. "Most people don't usually think of gentlemen with that talent."

The hats and stockings were so well received that JJ made more stockings for them last year.

Glasgow says they use the Christmas stockings each year, and they like to hang them on their mantle in the living room.

"It has a homey feel to it even though we have an electric fireplace," she says. "We love to put them out the day after Thanksgiving and leave them up until the New Year. We love to fill them up to the brim as much as the stocking hangers can hold. Because they are larger, sometimes they can get heavy. One year, we had to put them on the floor below because they were too heavy."

JJ has already started making some Christmas stockings as Christmas gifts for other individuals this year. Glasgow says their family regularly enjoys making and giving handmade gifts.

"I love that JJ made and thought these Christmas stockings out for us. It makes them special," she shares. "Knowing that a person took time to put something together specifically for you is always very special. They took the time to make something versus



Jenny Glasgow's cousin, JJ, puts a lot of thought and effort into the personalized stockings and caps that he makes for loved ones for the holidays.

just buying something from a store. Because of the time investment, it means more that he made something beautiful for us."

JJ has given the stockings to his family before Christmas so they can use them that year.

"He has a big, goofy grin on his face when he gives them, loving the appreciation he sees on our faces, especially if we didn't know they were coming," Glasgow shares.

Preserving memories

Two years ago in December, Suzanne Talley's mom passed away. While spending time with her dad soon afterward, he mentioned that he wasn't sure what to do with all her mom's glasses. As a lifelong crafter is prone to do, Talley had been browsing online for ideas on how to use her mom's belongings to create cherished gifts for her family.

"There were enough pairs to make a Christmas snowman with the glasses for each of my three siblings, myself and my dad," she recalls. "Also, my mom was a canner, so I took one of her flannel shirts and a canning ring and made an ornament."

Talley did not take long to accomplish her task, completing the gifts in one day. She made each snowman's face different so each would be unique. She gifted them on Christmas day. Talley's gift crafting went beyond ornaments. She also gathered some



Suzanne Talley makes personalized ornaments to gift during the holidays.



of her mom's old clothes and made memory bears for her nieces and nephews.

Last year, Talley once again made and gave ornament gifts.

"Last year was a year of ornaments. One of my friends had lost their dog of more than 12 years," she says. "I made ornaments with his picture on it for her. Another friend read 133 books that year. I used an app called Goodreads to put together the list of book titles she had read. Through the app, I downloaded the book images it generates, put them in a file that has all the squares for a sheet of sticker paper, printed them, and put each of them on a small piece of foam. Then I placed those squares into a clear 6-inch ball

and decorated it with the year and a ribbon on the outside. That project took a little longer because of how many books she'd read."

The book title ornament was also a Pinterest find, which is also where she discovered the Goodreads app and how to use it. After posting a picture of her crafted gift on her business page, a local book club called the Literary Ladies Book Club loved the idea and gathered to make their "Year of Books" ornaments — and they plan to do it again in January. Afterward, Talley joined their book club.

Talley says she has always enjoyed making gifts for others.

"To me, it is more special to give what I've put my heart and soul into," she explains. "I'd much rather make something than buy something from a store. A lot of times, if I see something I like, I try to figure out how to make it myself. First, I want to see if I can do it, and second, because it will have more meaning if it is handmade. My dad's parents would make all the grandkids Christmas ornaments each year. My grandpa would cut the wood, and my grandma would paint them. The apple didn't fall far from the tree."

Growing the gift of giving

Ten years ago, Amber Rowley and her family moved to their first farm. There, she had a garden, chickens and eggs. She began using the abundance of the harvest that year to make gift baskets for others.

"I'm a big fan of homemade gifts because people have done that for me," she explains. "Our neighbor would bring over a plate of a delicious variety of cookies, a picture of their family, and a gallon of fresh-pressed cider."

Now, Rowley puts together baskets full of jams, jellies, pickles, relish, eggs, dry soup mixes, drink mixes and dehydrated fruits and vegetables. Jars are craftily decorated with fabrics edged with pinking shears and string or twine.

This year, the Rowley apple tree had a bumper crop, and she has dehydrated a lot of apples.

"I plan to include the apples in the baskets because they are tasty and versatile," she says.

She also has a sourdough starter that is part of a 130-year-old chain of sourdough. She has dehydrated some of that sourdough starter and includes it in her gift baskets. When she has eggs, she will put them in the baskets, too.

Rowley spends about six months infusing



While it doesn't take Amber Rowley long to create one of her gift baskets, she spends the year growing, harvesting and preparing the ingredients that go into it.

extracts of vanilla, lemon and mint to include in the baskets as well. For future gift baskets, Rowley is learning the art of cheesemaking, and she hopes to grow grapes this coming spring so she can make and include wine in her baskets. One of her favorite items to include is Christmas jam. It is made of cranberries, cherries and strawberries.

"Christmas jam is a beautiful ruby color, and it is such a versatile jam," she shares. "It can be used in oatmeal, on toast and biscuits, or to make dessert bars. It is delicious."

Gift basket recipients usually include Rowley's family and friends.

"I also give to neighbors, co-workers and people I am close to," she says. "Sometimes I hear about someone in need of pantry staples, and I'll put together a basket for him or her.

Giving the fruit of my labor away makes me feel good."

Rowley is a fan of simpler times. She spends the summer canning and putting things away until winter. Because she is a private chef who enjoys giving and nourishing others' bodies and soul, she expresses her love language in the gift baskets she puts together. Everything she does is a result of growing it with her own hands in her garden or from the farm animals she raises. Her grandma taught her the skills of foraging, growing and preserving, and her love for giving to others is the catalyst for blending the two together. One basket takes just 15 to 20 minutes to put together, but it is a result of a whole year's worth of time and labor of love, and for her that makes it mean more. ■

ANTICIPATING Christmas

Are you excited for Christmas? Ask any child, and it will be a resounding "Yes!" In fact, here are a few actual letters written by kids to Santa:



Dear Santa: When you come to my house, there will be cookies for you. But if you are real hungry you can use our phone and order a pizza to go.

Dear Santa: I'm not going to ask for a lot. Here's my list: The Etch-A-Sketch animator, 2 packs of #2 pencils, Crayola fat markers & the big gift... my own flat-screen TV! Well, maybe you could drop the pencils; I don't want to be selfish.

This time of year is filled with anticipation... and a lot of insanity. Black Friday, Cyber Monday, extended shopping hours, wrapping

gifts, standing in lines, work parties and more. It makes extreme your current life situation. It often pushes your financial and emotional limits and can bring to the surface hurt in relationships. For many, it can bring tension between commercial Christmas and the real point of the season. Christmas can consume an entire month of our lives, and, if we allow, not in a good way.

But we still have good reasons to anticipate and celebrate Christmas with great joy. Allow me to share with you two reasons why...

First, this Christmas, you can anticipate a gift from God. I'm not talking about anything gift wrapped and placed under a tree, but rather the most important gift that was wrapped and placed in a manger in Bethlehem more than 2,000 years ago. God has given you the greatest gift, His Son, Jesus. This is a gift you didn't earn and don't deserve (after all, we are all on the naughty list). But God loves you, and, by grace, extends to you the gift of His Son (see

John 3:16).

Second, this Christmas, you can anticipate a fresh start with God. I don't know about you, but I've needed a lot of do-overs in my life and have been thankful when others have offered this to me. It can be easy to forget all my offenses (sin) are first and foremost against God. But Jesus came into the world at Christmas so we could have a second chance (or third chance...) do-over. That's good news.

If you are looking for a place to celebrate Christmas, I would like to invite you to one of our special candlelight services at New Hope, which are happening on Dec. 23 at 6 p.m. and Dec. 24 at 3, 4:30 and 6 p.m. It will be a meaningful evening of inspiring music and special moments for the entire family. ■

Information provided by Dr. Ryan Whitson, Lead Pastor, New Hope Church, 25712 U.S. Highway 6, Adel, 515-993-5325, www.newhopeadel.org.

NEWHOPECHURCH CHRISTMAS CANDLELIGHT SERVICES

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DEC 24 | 4:30PM*
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ADM school counselors are committed to all.

Many families have a general sense of what a school counselor does, but the full scope of the role is often far broader — and more nuanced — than people realize.

Counselors in the ADM Community School District hope to shed some light on what they do to help all students in the district.

Much of any misunderstanding of the role stems from the confidential nature of the work. Counselors are often the keepers of sensitive information, which can make their role feel a bit mysterious from the outside.

Another common misconception involves the difference between school-based counseling and licensed mental health therapy. ADM's counselors focus on short-term, skill-based support, usually six to eight weeks, to help students navigate social, emotional or academic challenges. When longer-term or specialized care is needed, they connect families with the right outside providers and walk alongside them as they find that support.

Throughout the school year, ADM counselors meet students where they are developmentally and emotionally. Their work spans every grade level, but the emphasis naturally shifts as students grow. In the elementary buildings, lessons center around recognizing emotions, understanding how the brain works and learning healthy ways to manage big feelings. Students also practice kindness, friendship skills and healthy relationship building.

At the middle school, the focus turns to maintaining friendships, choosing supportive peer groups and resolving conflicts. High schoolers receive ongoing support in those same areas, but counselors also help them prepare for life after graduation, whether that means college, a trade or something different.

Every ADM student receives intentional support along the way. Younger learners benefit from monthly counseling lessons, while middle school students participate in sessions during Tiger Time. The district



The ADM counseling team supports students in a number of ways.



Hanna Sanders enjoys lunch with a group of students.

also partners with Family Connections, a school-based therapy program that places mental health providers in ADM buildings throughout the week.

In today's world, the challenges students face are increasingly complex. Easy access to technology and social media can make it harder for kids to develop strong interpersonal skills or emotional awareness. ADM counselors see firsthand how this constant connection can affect students and work intentionally to overcome the hurdles.

Even with the challenges, the work is deeply rewarding. Counselors in ADM schools witness growth in moments both big and small. They are honored to walk with families through some of life's hardest seasons, offering stability during grief, financial strain, deployments, separation or mental health struggles.

Above all, the ADM counseling team is committed to helping every student develop the skills they need to succeed, both now and beyond their time in school. ■

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FRIEND'S apples create a perfect fall treat

When Cheryl Castile shared a bag of freshly picked apples with me, I knew exactly what to do — turn them into something warm, comforting and perfect for sharing. I love to bake, and these apple cinnamon muffins are the result: soft, fragrant and filled with cozy autumn flavor in every bite. There is something special about baking with fruit that comes straight from someone's tree.



As they bake, the kitchen fills with the irresistible scent of cinnamon and caramelizing apples, promising a treat that is both nostalgic and homemade. These muffins strike the right balance — tender on the inside with just a hint of golden crispness on top. They are wonderful for breakfast, a mid-morning snack or an afternoon pick-me-up with coffee or tea.

Simple to make and even better to share, these muffins are a sweet way to say thank you or to celebrate the small gestures of kindness that brighten an ordinary day. So, if you have a handful of apples and a little time, this recipe transforms them into something truly special — a batch of warm, cinnamon-kissed gratitude. ■

Information provided by Jolene Goodman, vice president of Big Green Umbrella Media.

Apple cinnamon muffins

Ingredients:

- 1 1/2 teaspoons cinnamon
- 1/2 cup brown sugar, packed
- 1 large apple, Granny Smith works well
- 2/3 cup sugar
- 1/2 cup butter
- 2 eggs
- 2 teaspoons vanilla
- 1 1/2 cups flour
- 1 1/2 teaspoons baking powder
- 1 pinch salt
- 1/2 cup milk (can use soy, almond or other varieties)

Directions

- Combine cinnamon and brown sugar and set aside. Peel apple, dice into small pieces and set aside.
- Mix flour, baking powder and salt and set aside. Cream together sugar and butter using a mixer.
- Add eggs and vanilla and mix well. Stir in flour mixture. Slowly stir in



milk until combined.

- Grease a 12-muffin pan. Divide dough, diced apples and cinnamon/brown sugar mixture in half. Place one half of the dough among the 12 muffin cups. Follow with one half of the apples and then the cinnamon/brown sugar mixture. Repeat.
- Bake at 350 degrees for 25-30 minutes. These can be frozen up to three months or enjoy warm.

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Coming up in Adel Living magazine:

Super Bowl parties: Do you have a tradition of holding a Super Bowl party? Share your party plans, recipes and other ideas. Email tammy@iowalivingmagazines.com to share your story.



Holiday Spirit Concert Saturday, Dec. 6, 5:30 p.m. Adel United Methodist Church Fellowship Hall, 115 S. 10th St.

Adel UMC will hold its Holiday Spirit Concert in the Fellowship Hall. Enjoy the sounds of the holidays. A freewill donation will be accepted for Tori's Angels.

Charlie's Free Market Dec. 6, 10 a.m. to 2 p.m. Adel Faith Lutheran Church, 602 S. 14th St.

Charlie's Free Market is an opportunity for families to pick out toys for their children free of charge.

Christmas in Minburn Dec. 6 Minburn Public Library, skating rink and Minburn Methodist Church

The Jingle Bell Store will take place from 10 a.m. to noon, where children can shop for family members and friends free of charge. Volunteers will be on hand to help wrap gifts. At 5 p.m., a one-of-a-kind nativity will be lit up at the skating rink, and everyone is invited to come sing Christmas carols together. Following the lighting of the nativity scene, the Friends of Minburn Library invite everyone to come to Minburn Methodist Church for a freewill donation soup supper from 5:30-7 p.m., crafts for children and a Santa visit.

Adel Hometown Holiday Celebration Friday, Dec. 5, and Saturday, Dec. 6

Friday activities include balloon animals with Mrs. Claus, a visit from Santa and holiday crafts and cookies with hot chocolate from 1:30-3 p.m. at the Adel Public Library. For the evening, there will be live reindeer on the square, Sip and Sample starting at 5 p.m., a lighted parade and caroling. A Festival of Trees will be open at First Christian Church from 5-7 p.m. on Friday night as well.

Saturday, shoppers are encouraged to shop local and enjoy carriage rides around Kinnick-Feller Riverside Park from 10 a.m. to 1 p.m.

Keep an eye on the Adel Partners Chamber social media page for updates on the weekend's events.

Light Up Adel

Dec. 14, 4:30 p.m.
Raccoon Valley Bank Adel Community House,
1016 Main St., Adel

The Adel Women's Club is selling luminary kits for the second annual Light Up Adel event. Kits are \$10 and include five plastic-coated, reusable weather resistant bags, five LED candles, and five baggies for adding material of your choice for weight in the bags. Memorials are \$5 each. Names are recorded in a permanent record and will be read aloud at the Dec. 14 Holiday Celebration and Community Display.

Starting at 4:30 p.m., The Adel Women's Club will be serving holiday refreshments at the Raccoon Valley Bank Adel Community House, 1016 Main St., Adel. They will sing carols and read the memorial luminary names at the Adel Pavilion. Luminaries will be displayed in the area. The Adel Community is asked to display their luminaries in front of their homes on Dec. 14 as well.

Luminary kits and memorials can be purchased Dec. 5 at the Adel Sip and Sample on the Courthouse Square; by emailing adelwomensclub@gmail.com; or at Adel Flower and Gifts, 801 Main St., Adel.



Soup Dinner with Fancy Desserts

Sunday, Dec. 14, 11 a.m. to 1:30 p.m.
Adel First Christian Church, 218 N. Ninth St., Adel

Adel First Christian Church invites you to a Soup Dinner with Fancy Desserts. Come dine in the magic of the Festival of Trees. Freewill offering accepted.



Live Nativity

Friday, Dec. 5, 5-7 p.m.
Adel United Methodist Church,
115 S. 10th St.

Adel UMC will host a Live Nativity during Adel's Sips & Samples from 5-7 p.m. on Dec. 5. Meet Reba the goat, Helen the lamb and Ozzy the cow. Live animals provided by Barnyard Buddies.

Dallas County Conservation Events

All programs are free to the public and open to all ages.

• Wilderness Trail Tales.

Thursday, Dec. 11, 5:30-7 p.m.,
Dallas County ISU Extension Office,
28061 Fairground Road, Adel

• Winter Solstice.

Sunday,
Dec. 21, 7-8 a.m., Hanging Rock
Conservation Area, 416 Redfield St.,
Redfield

• Critter Crafts.

Monday,
Dec. 29, 10-11:30 a.m., Forest Park
Museum, 14581 K Ave., Perry

• Voas Owl Prowl.

Monday,
Dec. 29, 1-3 p.m., Voas Nature Area,
19286 Lexington Road, Minburn

• Winter Survival.

Monday,
Dec. 29, 1-4 p.m., Kuehn
Conservation Area, 32828 Houston
Trail, Earlham

Good Samaritan Food Pantry hours

The Good Samaritan Food Pantry added more Saturday hours. It is now open the first and third Saturdays of the month from noon to 2 p.m. in addition to every Monday and Tuesday from noon to 2 p.m. For more information, visit <https://adelfoodpantry.com/now-open-1st-and-3rd-saturdays-every-month/>.

EVENTS IN THE AREA

Be sure to check for cancellations

Wednesday Night Meal

Wednesdays, 5-6:30 p.m.

Adel United Methodist Church, 115 S. 10th St.

The Adel United Methodist Church is hosting a weekly meal in the fellowship hall downstairs. Serving is 5-6:30 p.m. This is a freewill donation meal. All are welcome.

50s Plus meetings and events

First and third Tuesdays of the month, 10 a.m. to 1 p.m.

Adel Public Library, 303 S. 10th St.

Enjoy board games, conversation, coffee and food at the 50s Plus gatherings. They invite anyone in Adel and the surrounding area to join. If you have just moved to the area and would like to meet new people, this is a great way to do it. The group now has programs included in its activities. Programs are open to anyone, not just seniors.

Breakfast with Santa and Mrs. Claus

Sunday, Dec. 14, 8 a.m. to noon

West Des Moines Elks Lodge, 2060 N.W. 94th St., Clive

Santa Claus and Mrs. Claus will be giving out goody bags, talking with children and providing photo opportunities. The breakfast buffet includes biscuits and gravy, French toast, scrambled eggs, bacon, sausage patties, cheesy potatoes, and, of course all-you-can-eat pancakes (including blueberry and chocolate chip pancakes), orange juice, milk and coffee. Enjoy a Bloody Mary or mimosa for \$3.50. Serving is from 8 a.m. till noon. Cost is \$11 for adults and \$5 for children 10 and younger. There will also be a Christmas bake sale. The Elks hold a breakfast the second Sunday of the month. Proceeds support the Elks' Hoop Shoot Program, other youth activities, veterans and community charities.



Stage and theater

Ankeny Community Theater

1932 S.W. Third St., Ankeny, www.ankenycommunitytheatre.com

- Dec. 5-14: "Miracle on 34th Street, the play"

Des Moines Performing Arts

Des Moines Civic Center, Cowles Commons, Stoner Theater, Temple Theatre, 221 Walnut St., Des Moines, www.dmpa.org

- Dec. 2-7: "The Notebook"
- Dec. 16-21: "Dr. Seuss' How the Grinch Stole Christmas! The Musical"

Des Moines Community Playhouse

831 42nd St., Des Moines, www.dmpayhouse.com

- Dec. 5-27: "Frozen"

Iowa Stage Theatre Company


Stoner Theatre, 221 Walnut St., Des Moines, www.iowastage.org

- Dec. 5-21: "A Christmas Carol"

Tallgrass Theatre Company

2019 Grand Ave., Suite 100, West Des Moines, www.tallgrasstheatre.org

- Dec. 19-21: "The A Sisters & Friends at The Velvet Lounge" ■




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SPORTS SCHEDULE

WINTER 2025-26

V BOYS BASKETBALL

DATE	TIME	OPPONENT	LOCATION
12-02-25	7:30PM	Dallas Center-Grimes	DCG-Meadows Gym
12-05-25	7:30PM	North Polk	North Polk High School
12-09-25	7:30PM	Carroll	ADM High School
12-12-25	7:30PM	Winterset	ADM High School
12-16-25	7:30PM	Bondurant-Farrar	Bondurant-Farrar High School
12-19-25	7:30PM	Ballard	Ballard High School
01-03-26	4:00PM	Van Meter	ADM High School
01-06-26	7:30PM	Gilbert	ADM High School
01-09-26	7:30PM	Boone	Boone High School
01-13-26	7:30PM	Carlisle	ADM High School
01-16-26	7:30PM	North Polk	ADM High School
01-19-26	10:30AM	Sergeant Bluff-Luton	Abraham Lincoln High School
01-20-26	7:30PM	Carroll	Carroll High School
01-23-26	7:30PM	Winterset	Winterset High School.
01-27-26	7:30PM	Bondurant-Farrar	ADM High School
01-30-26	7:30PM	Ballard	ADM High School
02-03-26	7:30PM	Indianola	ADM High School
02-06-26	7:30PM	Gilbert	Gilbert High School
02-10-26	7:30PM	Boone	ADM High School
02-13-26	7:30PM	Carlisle	Carlisle High School
02-17-26	7:15PM	Norwalk	ADM High School
02-19-26	7:30PM	Newton	Newton High School

V GIRLS BASKETBALL

DATE	TIME	OPPONENT	LOCATION
11-24-25	7:00PM	Norwalk	Norwalk High School
11-25-25	7:30PM	Des Moines Christian	Des Moines Christian School
12-02-25	6:00PM	Dallas Center-Grimes	DCG-Meadows Gym
12-05-25	6:00PM	North Polk	North Polk High School
12-09-25	6:00PM	Carroll	ADM High School
12-12-25	6:00PM	Winterset	ADM High School
12-16-25	6:00PM	Bondurant-Farrar	Bondurant-Farrar High School
12-19-25	6:00PM	Ballard	Ballard High School
01-03-26	2:30PM	Van Meter	ADM High School
01-06-26	6:00PM	Gilbert	ADM High School
01-09-26	6:00PM	Boone	Boone High School
01-13-26	6:00PM	Carlisle	ADM High School
01-16-26	6:00PM	North Polk	ADM High School
01-20-26	6:00PM	Carroll	Carroll High School
01-23-26	6:00PM	Winterset	Winterset High School.
01-27-26	6:00PM	Bondurant-Farrar	ADM High School
01-30-26	6:00PM	Ballard	ADM High School
02-03-26	6:00PM	Indianola	ADM High School
02-06-26	6:00PM	Gilbert	Gilbert High School
02-10-26	6:00PM	Boone	ADM High School
02-13-26	6:00PM	Carlisle	Carlisle High School



LET'S GO TIGERS!



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TIGERS

ATHLETICS

V BOYS WRESTLING

DATE	TIME	OPPONENT	LOCATION
12-04-25	5:30PM	Multiple Schools	Carlisle High School
12-06-25	10:00AM	Multiple Schools	DCG-Meadows Gym
12-11-25	5:30PM	Multiple Schools	North Polk High School
12-12-25	5:30PM	South Winneshiek	Luther College
12-18-25	5:30PM	Multiple Schools	ADM High School
12-20-25	10:00AM	Multiple Schools	Glenwood High School
01-03-26	10:00AM	Multiple Schools	Lewis Central High School
01-08-26	5:30PM	Multiple Schools	Ballard High School
01-10-26	9:30AM	Multiple Schools	Winterset High School.
01-15-26	5:30PM	Multiple Schools	ADM High School
01-17-26	9:00AM	Multiple Schools	ADM High School
01-22-26	5:30PM	Multiple Schools	ADM High School
01-24-26	9:30AM	Interstate 35	Interstate 35 High School, Truro
01-29-26	5:30PM	Van Meter	Van Meter High School

V BOWLING

DATE	TIME	OPPONENT	LOCATION
11-24-25	4:00PM	Greene County	Adel Family Fun Center
12-01-25	2:30PM	Gilbert	Perfect Games, Ames
12-08-25	3:30PM	Waukee	Warrior Lanes
12-11-25	3:00PM	Bondurant-Farrar	Adel Family Fun Center
12-15-25	3:30PM	Valley	Warrior Lanes
12-18-25	4:00PM	Nevada	Nevada Sports Bowl
01-05-26	3:00PM	Johnston	Gameday Lanes
01-08-26	3:00PM	Multiple Schools	Adel Family Fun Center
01-13-26	3:30PM	Carroll	Adel Family Fun Center
01-15-26	3:00PM	Norwalk	Adel Family Fun Center
01-19-26	2:30PM	Ballard	Perfect Games, Ames
01-20-26	3:00PM	Valley	Adel Family Fun Center
01-26-26	10:00AM	Gilbert	Perfect Games, Ames



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AFFORDABLE tips for finishing your basement

Finishing your basement is one of the most cost-effective ways to add space and value to your home. With thoughtful planning, you can create a functional, inviting lower level without overspending. Here are a few tips to get started.



1. Get clear on your priorities for the space.

Do you need more room for the kids and their friends to hang out or a guest room for visitors? Prioritizing your wants and needs will keep you focused on the end goal and overall budget.

2. Keep the floor plan simple. Open floor plans will help keep costs down. Every wall you add requires framing, drywall, electrical work and finishing — costs that add up quickly. You may consider finishing a smaller square footage to cut down on overall costs.

3. Select materials wisely. Luxury finishes are great, but you don't need them everywhere to make your basement feel warm and welcoming. If you want to add a touch of character or flare, add a focal point like an accent wall, a unique light fixture or a custom built-in.

4. Invest where it counts. A quality basement remodel should address water or structural issues that, left unattended, can cost you more in the long run. ■

Information provided by Trish Radke, Owner, RCI Builders, 28059 Fairgrounds Road, Adel, 515-490-3791, www.RCIBuildersInc.com.



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NOVEMBER Students of the Month

The ADM High School staff and coaches recognize students each month who exemplify the hard work, dedication and leadership that make them "Tigers." The following students have been selected to receive this honor for November.

Businesses and groups in the district make donations to the ADM Scholarship Foundation in recognition of the students' achievements.

• **Student of the Month** — Brenna Seidl, Racoon Valley Bank

• **Fine Arts Student of the Month** (drama onstage, offstage) — Noah Evans and Ilus Carlson, Lincoln Savings Bank

• **Football Players of the Week**, Fuller Petroleum Service, Inc. Week 6 vs. Council Bluffs Jefferson — Andre Taborga and Reed Obstarczyk. Week 7 vs. Glenwood — Hudson Shull and Travis Jacoby. Week 8 vs. Lewis Central — Hudson Schull and Tyler Kneip. Week 9 vs. Denison-Schleswig — Reed Obstarczyk and Jaxon Pitzen.

• **Volleyball Student of the Month** — Elise Cogan, Cullen Howe Real Estate-RE/MAX Precision

• **Cheer Student of the Month** — Sophia Novelli, Adel Family Dentistry

• **Boys Cross Country Student of the Month** — Max Marple, Iowa Spring Manufacturing

• **Girls Cross Country Student of the Month** — Allie Eggleston, Adel HealthMart

• **ESports (Fall Season) Student of the Month** — Darrah McHugh, Adel Rotary

• A new award, **Student Citizen of the Month**, is presented by the Adel Police Department and Blue Kindness (not associated with the ADM Scholarship Foundation). The November Student Citizen of the Month is Sarah Williams.

Congratulations to all of the November Students of the Month. ■



Happy Holidays

Living MAGAZINES

www.iowalivingmagazines.com

THE BASICS of Iowa deeds

In Iowa, real estate is transferred by legal documents known as deeds. Each type of deed offers different levels of protection to the buyer and different levels of responsibility from the seller. Understanding the different types of deeds is important for anyone dealing with real estate.

The most common deed is a General Warranty Deed. This deed provides the strongest protection for a buyer as the seller guarantees that the title is clear of any defects, whether they occurred during or before the seller's period of ownership. The seller is typically legally responsible for resolving any title issues that may arise. General Warranty Deeds are the norm when a buyer purchases a residential real estate property from a seller.

Another commonly used document is a Special Warranty Deed. This deed limits a seller's guarantee to the time the seller owned the property. This means the seller promises the title to the property remained clear only during the time of the seller's ownership, but not beforehand. It offers less protection than a General Warranty Deed.



A Quitclaim Deed provides the least protection for the buyer. With this deed, a seller conveys whatever interest the seller may have in the property, if any, without making any assurances about the title's quality. Quitclaim deeds are often used between family members, transfers to revocable trusts, and to clear up title issues. A Quitclaim deed to the Brooklyn Bridge is often used as an example of the dangers and risks of a Quitclaim deed. The seller is not stating that they own any interest in the Brooklyn Bridge. Caveat emptor ("Let the buyer beware") applies here.

Iowa also has Court Officer Deeds, such as a Sheriff's Deed or Executor's Deed. These deeds are used when property is transferred through legal proceedings, such as foreclosures or estate proceedings. Iowa also has Trustee Deeds which are used when a property is held in trust and transferred by a trustee.

Buyers and sellers should understand these deed types when buying and selling real estate. A licensed Iowa attorney can advise you further regarding these matters. ■

Information provided by Adam Doll, Hopkins & Huebner P.C., 1009 Main St., Adel, 515-993-4545.

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HEALTH

By Alicia Fisher, PT, DPT

WHAT IS the best way to stretch?

Stretching improves flexibility and helps to minimize the risk of injury. There are three groups of stretching exercises. The first group is called static. The muscle is stretched slowly to tolerance and held in position of maximal stretch for a defined period of time. Static routines are the more traditional type of stretches and are commonly used in most training regimens. The static stretch has been proven to improve flexibility.

The second group is called dynamic. This type of stretching has been shown to improve agility, speed and strength. The muscle is stretched by moving from resting position to maximal stretch and returned to resting position; motion continues for a defined period of time. Static stretching combined with dynamic stretching may provide the optimal balance of both improved performance and flexibility. The third and final group is called proprioceptive. Proprioceptive stretching is done when the muscle is contracted directly prior to static stretch of the same muscle. The proprioceptive stretch requires expertise to perform correctly.

Lasting improvements in flexibility are related to duration of the stretch. Static stretches should be held for a minimum of 30 seconds, preferably 90 seconds. The number of repetitions and days necessary to produce lasting improvements in flexibility are controversial. Benefits usually fade once stretching regimens are discontinued. ■

Information provided by Alicia Fisher, PT, DPT, Core Physical Therapy Inc., 803 Cottage St., Adel, 515-993-5599.



HEALTH

By Leslie Herron

SIGNS an aging loved one needs help

Recognizing when an aging loved one needs help can be challenging, especially when changes are gradual or masked by pride and independence. However, early detection is key to ensuring their safety, health and quality of life.

Start by observing daily routines. Missed medications, neglected hygiene or spoiled food in the fridge may signal difficulty managing basic tasks. Unpaid bills, confusion with appointments, or repeated memory lapses could indicate cognitive decline. Physical signs like unexplained bruises, weight loss or mobility issues may point to increased fall risk or health concerns.

Emotional and social shifts are also telling. Withdrawal from hobbies, friends or family, mood changes, or signs of depression may reflect loneliness or underlying medical issues. Trust your instincts — if something feels “off,” it is worth exploring.

Approach the topic gently. Express concern with empathy, not judgment, and invite open dialogue. Involve healthcare professionals for assessments and consider support options like home care, community programs or assisted living.

Ultimately, noticing when help is needed isn't about taking control — it's about offering support that honors their dignity and independence. ■



Information provided by Leslie Herron, Sumpter Pharmacy, 628 Nile Kinnick Drive, Suite 1, Adel, 515-993-1119.

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REDUCING stress during the holidays

The holiday season can be a joyful time, but it often brings increased stress due to packed schedules, financial pressures and high expectations. From a pharmacy perspective, managing stress is crucial for both mental and physical health. Stress can exacerbate conditions like hypertension, diabetes and anxiety, making it essential to adopt proactive strategies to stay well during the holidays.



Medication management

One key aspect is proper medication adherence. During the holidays, routines often shift, leading to missed doses or incorrect use of prescriptions. We recommend setting daily alarms or using pill organizers to stay consistent. For those traveling, ensure an adequate supply of medications and carry them in original labeled containers. Many pharmacies, like ours, offer refill reminders and synchronization services to avoid running out.

Immune support

Stress can weaken the immune system, increasing vulnerability to seasonal illnesses. We advise maintaining a balanced diet, staying hydrated and supplementing with vitamins like C and D if dietary intake is insufficient. Other over-the-counter stress-reducing herbal supplements, such as ashwagandha or valerian root, are sometimes recommended, although these should always be discussed with a healthcare provider to avoid interactions with existing medications.

Lifestyle recommendations

Certain lifestyle modifications can also help to manage stress. Regular physical activity, even a 15-minute walk, helps reduce stress hormones like cortisol. Mindfulness practices, such as meditation or deep breathing, also help regulate mood. For those overwhelmed by holiday demands, setting boundaries and learning to say no can reduce feelings of burnout.

Sleep support

Poor sleep exacerbates stress, and the excitement or anxiety of the holidays can disrupt sleep

patterns. There are over-the-counter options like melatonin or antihistamines for short-term relief, but, more importantly, we emphasize good sleep hygiene — consistent bedtimes, limiting caffeine, and reducing screen time before bed.

When to seek help

If stress feels unmanageable, it is important to consult a healthcare provider. We can help identify symptoms of chronic stress or anxiety that may require medical intervention and direct you to mental health resources and support groups.

This holiday season, remember that managing stress is essential for enjoying the festivities. Your pharmacist is your trusted partner in promoting health and wellbeing, ready to guide you through the holidays with expert advice and care. We wish you all the best this holiday season and good health in the new year. ■

Information provided by Jane Clausen, Adel HealthMart, 113 N. Ninth St., Adel, 515-993-3644.

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LIBRARY

By Lily Schwarz, Programming Specialist

HAPPY HOLIDAYS from the Adel Public Library



We will be closing at 2 p.m. on Christmas Eve and Closed all day Dec. 25-26 and Dec. 31.

Adel Public Library

303 S. 10th St.
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Monday - Thursday: 9 a.m. to 6 p.m.
Friday - Saturday: 9 a.m. to 4 p.m.
Sunday: closed

Storytimes

- Dallas County Conservation Storytime, Monday, Dec. 18 at 9:30 a.m.
- Preschool Storytime, Thursday, Dec. 4 at 9:30 a.m.
- Miss Paula's Christmas Storytime, Saturday, Dec. 13 at 10 a.m.

Elementary

- Tail Wagging Readers – Thursday, Dec. 4 at 4:30 p.m.
- *Maker Lab: 3D Printed Keychains (for grades 4-12) – Tuesday, Dec. 30 from 1-3 p.m.

Teens

- Nerf Battle: (grades 6-12) – Friday, Dec. 12 at 2 p.m.
- *Maker Lab: 3D Printed Keychains (grades 4-12) – Tuesday, Dec. 30 from 1-3 p.m.

Adults

- 50s Plus Senior Group – Tuesday, Dec. 16 from 10 a.m. to 1 p.m.
- Thriving During the Holidays with ISU Extension – Tuesday, Dec. 16 at 10 a.m.
- *Adult Craft: Giant Paper Snowflakes – Monday, Dec. 15 at 5:30 p.m.

All ages

- Hometown Holiday Celebration – Friday, Dec. 5 from 1:30-3:30 p.m.
- Drop In Gingerbread Houses – Tuesday, Dec. 9 from 5-7 p.m.
- "How the Grinch Stole Christmas" Interactive Movie – Monday, Dec. 22 at 10 a.m.

*Registered event, register at adelpl.org. ■

The **ONLY** poll mailed to residential households. **VOTE NOW!**



IT'S BACK!

Who will be voted favorite in Dallas County?

We all have our favorite local people, places and things. And now it's time to share your choices and honor those who deserve the recognition.

Make your voice be heard and cast your votes in the 2025 Dallas County Residents' Choice Poll. This contest is being hosted by Iowa Living magazines, and the results will publish January in Waukee, and February in Adel and West Des Moines - Jordan Creek editions. You can vote in one or every category, or anywhere in between.

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See rules and vote at www.iowalivingmagazines.com/residentspoll.
One vote per resident, please.

FOOD AND DRINK

- Restaurant
- Restaurant for Breakfast
- Restaurant for Lunch
- Restaurant for Dinner
- Restaurant for Dessert
- Place for Ice Cream
- Pizza Establishment
- Bar
- Coffee Shop
- Catering Company
- Server/Bartender

AUTOMOTIVE

- Auto Service
- Auto Body Shop
- Car Dealership

COMMUNITY

- Preschool/Daycare
- Nonprofit
- School (name of building)
- Park
- Community Festival or Event
- Church
- Pastor
- Chamber of Commerce
- Library
- Camping Spot

SHOPPING

- Grocery Store
- Boutique
- Retail Store
- Thrift Store
- Home Improvement Retail Store
- Liquor Store
- Nursery or Garden Center
- Place to Purchase a Gift for a Man
- Place to Purchase a Gift for a Woman
- Bakery
- Florist

ENTERTAINMENT

- Dad/Child Date Spot
- Mom/Child Date Spot
- Place to Take Your Mom and Dad
- Place to Take Your Kids or Grandkids
- Place for Child's Birthday Party
- Golf Course
- Bowling Alley

HEALTH/BEAUTY

- Hair Salon
- Physicians Clinic
- Dental Office
- Orthodontist Office
- Mental Health Service
- Chiropractic Office
- Audiologist/Hearing Clinic
- Vision Care

HEALTH/BEAUTY

- Health Club or Gym
- CBD Store
- Pharmacy
- Cosmetic Service
- Physical Therapy
- Dance Studio
- Gymnastics/Tumbling Studio

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- Heating and Cooling Business
- Electrical Business
- Plumbing Company
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- Photographer
- Place for Guests to Stay
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- Outdoor Lawn Equipment Store
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CHAMBER NEWS

By Jackie Wilson

HAY DAY, bike ride support Bridge Us Back

Community spirit shines as fundraising goal met.



When a fire damaged Adel's beloved RRVT lighted bridge in May 2025, it was a tremendous blow to the community. Leaders scrambled to repair the bridge, yet lacked funds. That's when the Adel Partners Chamber of Commerce stepped up to establish a fundraising campaign for the project.

The Chamber launched the Bridge Us Back Campaign in conjunction with Dallas County Conservation to raise money needed to restore the lighted bridge.

Because of the community's incredible support, the Bridge Us Back Campaign officially reached its \$100,000 fundraising goal ahead of its Oct. 31 deadline.

Events that boosted the fundraising included Adel Hay Day, which took place on Oct. 3 at various stations along the trail. Participants purchased tickets, which included hayrack rides, pumpkin painting, live entertainment and other activities. The Raccoon River Valley Trail bike ride took place Sept. 20, with bike riders paying registration fees.

Chamber President Erin Milroy declares the event a success.

"From early-morning riders to families enjoying fall festivities on the square, it was two days full of smiles, sunshine and hometown pride," she says. "The events along the RRVT brought together the best of small-town charm, outdoor adventure and community spirit."

Milroy is grateful for the community's support and those who helped with the event.

"I'd liked to extend a heartfelt thank you to every sponsor, visitor and volunteer who helped make our fundraising events a success," she reflects. "Your energy and generosity filled Adel with warmth and excitement — proof that, when our community comes together, amazing things happen."

Milroy is pleased the community stepped up to help meet the fundraising goal.

"This achievement moves us one step closer to restoring and reopening Adel's beloved lighted bridge, which is a treasured connection for trail users and residents alike," she says.

Officials say their goal is to have the bridge reopened by May 2026. For updates, visit the Dallas County Conservation's website for a detailed timeline of projected completion.

Milroy says the event not only celebrated the season but the spirit of Adel.

"Adel is a place where small-town kindness and big-hearted effort lights the way forward," she says, "Thank you, Adel, for making Hay Day and the RRVT Ride a shining success." ■



Information provided by Adel Partners Chamber of Commerce, 301 S. 10th St., Adel, 515-993-5472.

OUT & ABOUT

FOOTBALL Cheer

ADM Cheerleaders cheer at the Oct. 17 varsity football game in Adel.



Madden Doll, Ella Campbell, Makenna Champlin, Claire Roorda, Sophia Noveli, Natalie Brose and Ali Obstarczyk



Annika Hillmer



Brinn Kreifels



Ella Campbell



Claire Goodrich



Karlee Christianson



Melody Koons



Lexi Cleghorn



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MARCHING band

ADM Marching Band performs at the Oct. 17 football game in Adel.



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Lillie Westendorf



Andrew Nelson



Eden Sedars



Hailey Lensch



Austin Ireland



Kayla Van



Chloe Holloway



Alina Kadic



Christian McAdon



Charlotte Reynolds



Aubree Timmer



Natalie Lensch



Danielle Georgick



Liz Dirksen



Devin Morey

VARSITY Football

ADM Varsity Football played against Lewis Central in Adel on Oct. 17.



Reed Obstarczyk



Reid Kluesner



Colby Simons



Hudson Shull



Alex Jensen



Tyler Kneip



Ethan Smith



Tate Troster



Cade Duffy



Cael Stanford



Devin Gelhaar

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FOR SALE

NEW, (2 BR-2 BA), 14x66, Gas Range, 2-Door Refrigerator, Dishwasher, Walk-In Master Shower. Tub/Shower in 2nd Bath, \$99,900. Delivered, Set, On Your Prepared Lot in Iowa. Coachlight Homes. 1-319-239-1920. (mcn)

WANT TO BUY

WANT TO BUY your manufactured or mobile home 1990 and newer CENTURY HOMES of OSKALOOSA 641-672-2344 (mcn)

AUTOMOBILES

GOT AN UNWANTED CAR??? DONATE IT TO PATRIOTIC HEARTS. Fast free pick up. Patriotic Hearts' programs help veterans find work or start their own business. Call 24/7: 1-833-485-1046. (mcn)

Get a break on your taxes! Donate your car, truck, or SUV to assist the blind and visually impaired. Arrange a swift, no-cost vehicle pickup and secure a generous tax credit for 2025. Call Heritage for the Blind Today at 1-855-977-7030 today! (mcn)

Donate your car, truck, boat, RV and more to support our veterans! Schedule a FAST, FREE vehicle pickup and receive a top tax deduction! Call Veteran Car Donations at 1-888-429-2331 today! (mcn)

Transform Your Bathroom and Change Your Life.

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*Free toilet with purchase and installation of a walk-in tub or walk-in shower only. Offer available while supplies last. No cash value. Must present offer at time of purchase. Cannot be combined with any other offer. Model restrictions may apply. Offer available in select markets only. CILB 1082165 NDCB 0082099 008445 13091109000

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FREE REPORT REVEALS New, Tested, Proven extra income method that makes you money. Guaranteed. Call Toll Free for this 100% Free Ground Breaking Report. (888) 734-9292 Code MSAC1. (mcn)

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AFFORDABLE TV & INTERNET. If you are overpaying for your service, call now for a free quote and see how much you can save! 1-833-472-7954. (mcn)

DIRECTV- All your entertainment. Nothing on your roof! Sign up for Directv and get your first three months of Max, Paramount+, Showtime, Starz, MGM+ and Cinemax included. Choice package \$84.99/mo. Some restrictions apply. Call DIRECTV 1-866-296-1409. (mcn)

FINANCIAL

Inflation is at 40-year highs. Interest rates are way up. Credit Cards. Medical Bills. Car Loans. Do you have \$10k or more in debt? Call NATIONAL DEBT RELIEF and find out how to pay off your debt for significantly less than what you owe! FREE quote: Call 1-866-552-0649. (mcn)

HEALTH & MEDICAL

DENTAL INSURANCE from Physicians Mutual Insurance Company. Coverage for 400 plus procedures. Real dental insurance -NOT just a discount plan. Do not wait! Call now! Get your FREE Dental Information Kit with all the details! 1-855-973-9175 www.dental50plus.com/mid-west #6258 (mcn)

PORTABLE OXYGEN CONCENTRATOR May Be Covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free information kit! Call 844-716-2411. (mcn)

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struggle to pay for health coverage. Let us show you how much you can save. Call Now for a no-obligation quote: 1-888-772-8454. You will need to have your zip code to connect to the right provider. (mcn)

ATTENTION OXYGEN THERAPY USERS! Discover Oxygen Therapy That Moves with You with Inogen Portable Oxygen Concentrators. FREE information kit. Call 1-833-650-5916. (mcn)

HOME SERVICES

Don't Pay for Covered Home Repairs Again! Our home warranty covers ALL MAJOR SYSTEMS AND APPLIANCES. We stand by our service and if we can't fix it, we'll replace it! Pick the plan that fits your budget! Call: 1-833-816-2128. (mcn)

WATER & FIRE DAMAGE RESTORATION. Our trusted professionals will restore your home to protect your family and your home's value! Call 24/7: 1-833-879-1480. Mold Remediation services are also available! (mcn)

MISCELLANEOUS

EXPLORE THE TOY Lair in Cedar Rapids! Buy, sell, and trade amazing collectibles, figures, and toys. Visit www.crtoylair.com or find us on Facebook @toylaircr for treasure hunts! (mcn)

Reach over 1.4 million homes for just \$249! Advertise your business or item with a classified ad in the Midwest Free Community Papers. Simple, cost-effective, and powerful. One call, and you're done! Boost your visibility now! 888-899-6327. (mcn)

NEED NEW FLOORING? Call today to schedule a FREE in-home estimate on Carpeting & Flooring. Call Today! 1-833-641-6323. (mcn)

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Replace your roof with the best looking and longest lasting material steel from Erie Metal Roofs! Three styles and multiple colors available. Guaranteed to last a lifetime! Limited Time Offer- up to 50% off installation + Additional 10% off install (for military, health workers & 1st responders.) Call Erie Metal Roofs: 1-844-907-2386. (mcn)

REAL ESTATE

WE BUY HOUSES for Cash AS-IS! No repairs. No fuss. Any condition. Easy process: Call, get cash offer and get paid. Call today for your fair cash offer: 1-888-715-0513. (mcn)

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CASH PAID FOR HIGH-END MEN'S SPORT WATCHES! Rolex, Breitling, Omega, Patek Philippe, Heuer, Daytona, GMT, Submariner and Speedmaster. Call 1-833-641-6646. (mcn)

WE BUY VINTAGE GUITARS! Looking for 1920-1980 Gibson, Martin, Fender, Gretsch, Epiphone, Guild, Mosrite, Rickenbacker, Prairie State, D'Angelico, Stromberg. And Gibson Mandolins / Banjos. 1-833-641-7028. (mcn)

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DEC 2025

UPCOMING CITY COUNCIL MEETINGS:

- Monday, December 9th, 2025 at 6:00pm

For additional meeting dates/times, or meeting information; please visit our website www.adeliowa.org. *please note meeting location is subject to change as needed*

REMINDERS & CLOSURES:

- THURSDAY DEC. 25TH AND FRIDAY DEC. 26TH, 2025:** All City facilities will be closed in observance of Christmas. Garbage and recycling services WILL be delayed the week of Dec. 22nd.
- WEDNESDAY DEC. 31ST AND THURSDAY JAN. 1ST, 2026:** All City facilities will be closed in observance of New Year's Day. Garbage and recycling services WILL be delayed the week of Dec. 29th.
- TUESDAY JAN. 6TH AND TUESDAY JAN. 13TH, 2026:** Christmas Tree Collection - Please remember to remove everything from your tree before setting it out at the curb. Wreaths and garland should be thrown away.

ADEL POLICE NEWS:

Please welcome Officer Brady Shay to the Adel Police Department. He took his Oath of Office during the November 10th City Council Meeting. Congratulations to Officer Brady Shay and thank you for your service to the City of Adel!



PARKS & RECREATION ACTIVITIES:

For more information and to register, visit adel.activityreg.com

ADULT COED INDOOR VOLLEYBALL LEAGUE:

Deadline: Friday, Dec. 12th, 2025

Fee: \$210 per team

Season Begins: Jan. 11th, 2026.

Games will be played on Sunday nights between 4 p.m. and 9 p.m. in the south gym at ADM High School. Teams must have equal number of men and women.

**Please Note: Children are welcome and babysitting services are available for \$1 per child while you play your games.*

NOTES FROM THE NORTH POLE:

Deadline: Friday, December 5th, 2025

Fee: \$6.00 (Maximum fee of \$18.00 per family)

Sign up to receive a letter from Santa! A unique idea for your children, nieces, nephews, or grandchildren no matter where they live. It will come in an envelope with Santa's name and return address in the corner. Place your orders with the Adel Parks & Recreation through December 5th, 2025, to ensure your child receives their letter before Christmas.



SNOW AND ICE CONTROL – SNOW REMOVAL POLICY:

Here's the "snowdown" on some helpful tips to remember in the coming months.

(For more information please visit the City of Adel website at https://www.adeliowa.gov/departments/public_works.php to view a FAQ flyer)

- Snow parking:** It is unlawful to park any vehicle on any street or alley during a snow removal period. The ban continues from the beginning of snowfall until 24 hours after the snowfall ends. Residents should be aware of weather conditions and not park on City streets if there is a possibility of overnight snow.
- Sidewalks:** Snow removal from sidewalks is the responsibility of the property owner. You have 24 hours after the snowfall to clear your sidewalk. Please pile the snow on your yard and not in the City street. (A helpful hint for residents: clear your sidewalks after the snowplows have finished plowing to the curb. If you fail to clear your sidewalk, the City may do so and bill you.)
- Snowmobiles:** From November through March, snowmobiles may be operated on the Raccoon River Valley Trail between 7:00 a.m. and 10:30 p.m. The speed limit is 10 mph.
- Mailboxes/Fire Hydrants:** Residents are responsible for clearing snow around their mailbox to assure delivery of mail and that their mailbox is properly installed behind the curb line. The Fire Department requests property owners who have a hydrant to clear snow away for easier access.

CITY OF ADEL'S CODE PERTAINING TO HOLIDAY FIREWORKS:

As a reminder, the use of consumer fireworks and novelties within Adel's city limits is prohibited by ordinance. For more details, please visit our website and enter "fireworks" in the search bar.

2026 GOLF CART REGISTRATIONS:

Golf Cart Registrations are effective for the current calendar year and will be open on January 1st, 2026. Forms are available online at <https://adela.rja.revize.com/forms/9929>.

- Cost:** Golf Cart Registrations are \$50.
- Receiving Registration Stickers:** Golf Cart Registration stickers will not be mailed out until payment is received.

CITY HALL

Administration
Public Works
Compliance Officer
Parks & Recreation

301 S. 10th St.

P.O. Box 248

515-993-4525

M-Th 7:30 a.m. – 4:30 p.m.

F 7:30 a.m. – noon

www.adeliowa.gov

PUBLIC SAFETY
Police & Fire Depts.

102 S. 10th St.

P.O. Box 127

515-993-6723

M-Th: 7:30 a.m.–noon;

12:30–4:30 p.m.

Fri: 7:30 a.m.–noon

EMERGENCY – DIAL 911

LIBRARY

303 S. 10th St.

515-993-3512

M-Th: 9 a.m. – 7 p.m.

F-Sat: 9 a.m. – 4 p.m.

Sun: Closed

www.adelpl.org

UTILITY PHONE PAYMENTS

866-229-7831

OTHER NUMBERS

Aquatic Center

515-993-5246

Ankeny Sanitation

515-964-5229

S. Dallas Co. Landfill

515-993-3148

ADEL CITY COUNCIL

Mayor James F. Peters

515-993-4436

Mayor Pro Tem

Shirley McAdon

515-993-4862

Bob Ockerman

515-238-9835

Jodi Selby

515-657-1315

Eric Trout

515-410-7800

James West

515-402-9378

www.adeliowa.gov





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IN MEMORY OF KENNY & JACK CHAPMAN.

IN MEMORY OF TAMMY HOWE.



Merry Christmas to All!

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