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OCTOBER 2025

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Costume CREATIONS

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add their own touches to
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RECIPE

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WELCOME

HALLOWEEN is not just for kids

If you have not yet decided on a Halloween costume, you might want to hurry up. You can't wear that Elvis costume every year.

Yes, Halloween is near, and it's not just for kids. Most all of us have great memories of trick-or-treating with our siblings and friends, amassing a bag of candy we would struggle to carry.

Choosing a costume as a kid was not high pressure, as I simply wore whatever Mom had for me, which was usually a hand-me-down from my siblings. I really didn't care. As an adult, though, the pressure in choosing a Halloween costume intensified. I could no longer strap on a plastic mask and call it good.

Through the years, Jolene and I had some costume hits and some costume misses. The biggest miss was in our younger years when we dressed as mummies, wearing white long underwear tops and bottoms and covering each other with strips of white bed sheets. It seemed like a great idea — until we had to go to the bathroom.

Another year, we went with a group and dressed as the Gilligan's Island crew. Jolene and I were Mr. and Mrs. Howell. And, yes, I carried the teddy bear.

Speaking of bears, a few years later, we tried Goldilocks and the three bears with another couple. It didn't work. We looked like a little girl and three giant mice.

Jolene and I also did stints as the farmer and the cow, the hunter and the deer, the Lone Ranger and Tonto, and Farrah Fawcett and Michael Jackson.

The best costumes we ever had, though, were when we dressed as the couple that was throwing the party. We pulled that one off twice, to the dismay of the hosts.

I encourage you to get into the Halloween spirit this year. Attend a costume party or event, or just dress up and entertain the kids who are trick-or-treating. And, if you struggle to come up with a costume, well, there is always Elvis.

Happy Halloween, and thanks for reading. ■



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Costume CREATIONS

Residents share how they add their own touches to Halloween garbs.

By Rachel Harrington

When it comes to Halloween, some people like to pull out all the stops. They turn their yards into haunted or cartoon landscapes. They carve pumpkins, bob for apples, and offer the best treats to their trick-or-treaters. And, they put their energy and holiday spirit into making sure their costumes — or their kids' — make others “ooh” and “aah” ... and perhaps shudder.

The spookier the better

Not all costumes are created equally, and sometimes the convenient option of a costume off a rack is considered subpar by potential customers. Scotlyn Greene is of this mindset. The 16-year-old began making her own costumes in 2019, right before the COVID-19 pandemic.

"I've always been into spooky Halloween stuff," she says. "I was always picky about my costumes, and the ones in the store were not up to my standards. Storebought costumes always seemed basic, cheap and did not give dimension to the costume. I used to complain about how cheap they were and their lack of scare quality. When I got old enough, I realized that, if I made my own costumes, I could make them how I wanted them and give them the scare quality I wanted them to have."

Greene's first costume creation was a possessed doll inspired by some of her favorite YouTubers who did a Halloween series. She found a dress that she liked as well as a doll from Menards. She used the doll to guide her costume. The following years, she created a spooky version of Little Red Riding Hood, the female character from the opening scene of the first "Scream" movie, and a clown.

"The girl from the 'Scream' movie was probably by far my favorite," Greene shares.

Sometimes her friends have joined her in the theme she selects, but not always.

"One friend did Ghost face the year that I did the girl from 'Scream,'" she recalls. "This year, my friend and I will have matching costumes."

Greene says that this year's costume will be more basic because a family vacation will limit the time available to devote to assembling a more elaborate costume. She plans to dress as Dean Winchester from the television show "Supernatural," and her friend is dressing as Sam Winchester from the same show. She says, when her costume is more basic, she ups the ante with more elaborate makeup.

Planning for the next year's costume begins right after Halloween for Greene.

"I start planning and looking for new ideas right after Halloween is over," she says. "By April or May, I decide what I'm going to do. I look around all year for supplies to make my idea happen. Some things are bought from Amazon, some come from Halloween stores, and I thrift a lot of stuff. Around August, I begin making the costume. I also start practicing my makeup around then."

Greene makes the costumes herself without any help, except for one year when her mom helped her with liquid latex. She doesn't



One of Scotlyn Greene's favorite costumes was the girl from "Scream."

keep the costume a surprise, and both her friends and her family get to know what she is planning. She says they often go all in with her and ask about updates throughout the year. Greene says that making the costumes herself helps her enjoy Halloween more fully.

Ease and cost the key

Sometimes finding the right costume for Halloween can be difficult, and it can be discouraging if a particular themed costume cannot be found.

"When we go shopping, there aren't really any costumes that I would want to be for Halloween, none that really catch my eye," Bradley Parrow, 14, says. "Two years ago, I figured that, if I can't find one in the store, I would make one."

Parrow began his creative costume making two years ago with a favorite anime character named Tomura Shigaraki — one of the main villains from "My Hero Academia" — that has hands attached to its body. The costume was constructed from old gloves and origami paper fingers.

"When I was in second grade, I got into Pokémon," Parrow remembers. "I realized that I really like anime at that time, and I have liked it ever since."

Last year, Parrow kept with an anime theme and created a "Chainsaw Man" costume from the anime show after the same name. This time, the costume was more elaborate in design and took more time to put together.

"I made both costumes by myself and only



Bradley Parrow gets the inspiration for costumes from anime characters.

had help on the first one attaching the strings to the outfit. The second one I did all by myself," Parrow shares. "The Shigaraki costume took me a couple of weeks to make and was easy. I started working on Chainsaw Man a couple of months before Halloween. I mostly used cardboard, paint and paper towel tubes to make it."

Parrow says, when choosing his costumes, he thought of characters in his favorite anime



Though her children are older now, Jamie Thomas remembers fondly all the years and Halloweens she spent creating costumes for them.

shows that would be easy to make as well as not require the purchase of many extra supplies to go with them.

"There were some other characters that I might have rather gone as, but it came down to how easy it would be and how much it would cost," Parrow explains. "The challenging part of Chainsaw Man was cutting the cardboard into the right shapes and taping it together so that it would stay using mostly painter's tape with some clear packing tape."

Out of the two costumes he has made, Chainsaw Man was his favorite.

Heidi Parrow, his mom, says she and his dad were impressed with the result last year.

"My husband and I were surprised when other kids recognized his costume because we didn't know who the character was," she says. "We were really impressed that he did it all himself, was motivated and finished it. It was fun to see his creativity, for sure, and it was cool that he was recognizable. I think he liked it when people recognized who he was."

Parrow says he liked that his costume was different from what costumes his friends were dressed in and that none of his friends went as the same kind of anime character. He is taking a break from costume making this year to sport a hat his character, Luffy from "One Piece," wears that he received for Christmas last year, along with denim shorts and a red shirt.

Standing out

Though her children are older now, Jamie Thomas remembers fondly all the years and Halloweens she spent creating costumes for them.

"My oldest son is 23 now, and my youngest is 14. He's not quite as willing to dress up for Halloween anymore," she shares.

However, she has been a costume designer for her kids for the last two decades.

Designing and creating costumes was born from Thomas' desire for her children to stand out and be different.

"You don't see homemade costumes as much anymore," she shares. "I didn't want my kids to just be superheroes all the time. I tried to make costumes based on what my boys were into at the time. Each year, I usually gave my kids some options, saying things like, 'What do you think about this or that,' and letting them choose from what I offered. They would usually go along with my antics because they liked winning Halloween contests."

The first costume Thomas came up with for her oldest was when he was 3 years old. He was into music, so she came up with a costume that fit his young passion and decided on an Elvis look.

"I pieced together an outfit and got him some Elvis hair and some sunglasses," she recalls. "Even after Halloween, he'd occasionally wear the Elvis hair and sunglasses around our house."

Some of the costumes she made over the years include the plastic Army guy she created for her oldest, a turkey in the roasting pan when her son was a baby, and an Iowa State football field. Her favorite costume, though, was a dumpster fire she made for her youngest son in 2020 during the COVID-19 pandemic, stating that life felt like a dumpster fire during that time.

"The dumpster fire costume took the cake," she says, "and it went viral on the internet. He loved it because of all the attention he got."

The Thomas/Young family is a member at the Pleasant Hill Elks Lodge and would often participate in the annual Halloween costume contests there, coming home as contest winners several times. A few years ago, they also participated in the Bass Pro costume contests, and her youngest also took part in the Bondu Spooktacular contest and walked away as a winner. The dumpster fire costume also won the 2020 online costume contest put on by Fong's Pizza.

Thomas says her costume making typically involved lots of spray paint and hot glue, and she does not claim many costume-making skills beyond that. Sometimes the costumes were mainly just cardboard, such as the dumpster fire, and sometimes they required a few extra supplies such as threads and fringe for the Elvis costume. The nature of the supplies needed depended entirely on the costume.

Thomas still has the Iowa State Football field costume, and she has occasionally had others request to borrow costumes she has made throughout the years, but many did not stand the test of time, especially those made of cardboard.

When considering homemade versus storebought costumes, Thomas says making them yourself is worth it.

"I think it's fun to be more creative and think outside the box," she says. "You can involve your kids in deciding on something to do. I liked my kids being different than everyone else." ■



Bondurant News

October 2025



**Bondurant
Emergency
Services**

Peshtigo Fire Table

Bring to life a handcrafted table for the new Emergency Services Building, made from 150-year-old wood recovered from Wisconsin's Peshtigo River. These timbers were charred in the Great Peshtigo Fire of 1871. Today, they rise again as a symbol of resilience, service, and community.

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INFORMATION**

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Engage with Us



You can find upcoming City Council meeting dates, agendas, and past meeting minutes by scanning the QR code. We're making it easier than ever to stay informed and engaged.

FLU shots potentially lifesaving

Yes, I'm talking about the flu shot again, I know. Every year around this time, I (along with many others in healthcare) start sounding like a broken record: "Have you gotten your flu shot yet?" But before you roll your eyes and mutter, "Here we go again," hear me out, because this isn't just a seasonal nag. It's a serious health reminder, especially for senior citizens.

As we age, our immune systems naturally weaken, making us more vulnerable to infections like influenza. The flu isn't just a few sniffles and a couple of days in bed; it can lead to severe complications such as pneumonia, hospitalization and even death. In fact, people aged 65 and older account for the majority of flu-related hospitalizations and deaths each



year. That's why getting your flu shot isn't just a good idea, it's potentially a lifesaving one.

The flu virus changes every year, which is why the vaccine is updated annually to match the most common strains. Seniors are often recommended to get a high-dose flu vaccine, which is specifically designed to create a stronger immune response. These vaccines are more effective in older adults, helping to reduce the risk of serious illness.

Even if you're generally healthy and active, the flu can hit hard. If you have underlying conditions like diabetes, heart disease, or respiratory issues, the risks multiply. The flu can exacerbate these conditions, leading to complications that are far more dangerous than the flu itself.

Getting vaccinated doesn't just protect you; it helps protect your family, friends and community. Seniors often spend time with grandchildren, attend social gatherings, or live

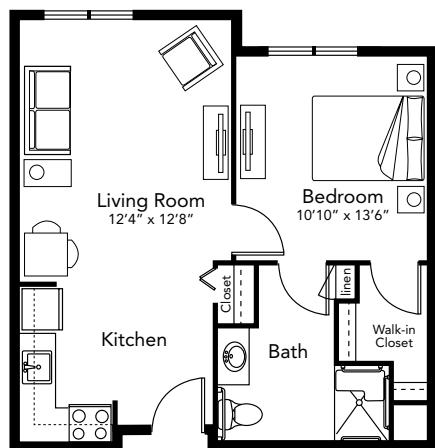
in communal settings, such as 55+ communities and assisted living buildings, where viruses can spread quickly. By getting your flu shot, you're helping to create a safer environment for everyone.

Now, let's clear up a few misconceptions: "The flu shot gives you the flu." Nope. The vaccine contains inactivated virus or pieces of the virus that can't cause illness. "It doesn't work anyway." While no vaccine is 100% effective, the flu shot significantly reduces your risk of severe illness and hospitalization.

Getting your flu shot is easier than ever. Pharmacies, clinics and even some grocery stores offer walk-in appointments. Let's make this flu season a safe one. Roll up your sleeve and get vaccinated. ■

Information provided by Stephanie Proper, executive director, Valley View Village, 2571 Guthrie Ave., Des Moines, 515-265-2571.

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CREAMY tomato soup is rich with sun-ripened flavor

There is something special about cooking with ingredients grown from your own backyard. Recently, I was watching our grandson at my daughter and son-in-law's house. He and I ventured outside to check on their garden and discovered a bumper crop of tomatoes.



Since the weather was cool, I decided that a batch of tomato soup for dinner would serve the harvest well. Our grandson, just 8 months old, is already a curious observer in the kitchen. He keeps me company from his high chair, happily armed with a dozen measuring cups to toss and a few snacks to keep him content. This creamy tomato soup, made with an abundance of fresh-picked tomatoes and a blend of herbs, is rich with sun-ripened flavor. Paired with a golden, melty grilled cheese on homemade sourdough, it was the perfect fall dinner — simple, cozy and made even sweeter by sharing it together with my grandson. ■

Information provided by Jolene Goodman, vice president of Big Green Umbrella Media.

Creamy tomato soup

Total time: 45 minutes

Servings: 4

Ingredients:

- 1 medium onion, chopped
- 3-4 garlic cloves, minced
- 2 tablespoons olive or avocado oil
- 2 pounds fresh tomatoes (about 6 large), blanched, skins off and chopped
- 2 cups chicken broth (low sodium preferred)
- 1/3 cup Parmesan cheese, grated
- 1/2 -3/4 cup heavy (whipping) cream
- 2 tablespoons honey
- Salt and pepper, basil, oregano — more of everything than you think
- Pinch of rosemary
- Fresh basil or parsley (optional, for garnish)

Directions

- Heat oil over medium heat. Add onion and sauté for about 5 minutes until soft.
- Add garlic and cook all for 2 more minutes.
- Add tomatoes and cook for 10 minutes.



- Add chicken broth and bring to a boil. Reduce heat and simmer for 20 minutes, uncovered. Stir occasionally.
- Blend until smooth by using an immersion blender and scooping the mixture into a traditional blender. Return soup to the pan.
- Add whipping cream and honey and stir. Season with salt, pepper, basil, oregano and other herbs of choice.
- Simmer for 5 more minutes.
- Serve immediately. Garnish with fresh basil or parsley. This pairs well with a grilled cheese sandwich on sourdough bread. Enjoy!

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HAVE the conversation

"We want to talk to the kids first..."

As we meet with folks to address their funeral prearrangements, they often mention that a conversation with their children is something they want to have first, before making any final decisions. That is certainly understandable and something that we encourage. Sometimes finding that "right time" or finding that opportunity when everyone is together can be a challenge.

With-that-said, the holidays are a time that bring families together, and that can be the ideal setting to have that important conversation with everyone. That doesn't mean you are going to bring up this topic as you sit down to the holiday meal, but there can be times around the holidays when people are together that can provide the right moment and setting to broach this topic.

You are doing this because you love your family and because you care about what will be important to them. You ultimately want to make things easier for them. As we head into that time of year, make it a priority to have this important conversation. You will be glad you did. ■

Information provided by Sarah Masteller, Advanced Planning Counselor, Hamilton's Southtown Funeral Home, 5400 S.W. Ninth St., Des Moines, 515-697-3679.



GETTING your home ready for winter

As the seasons change, one of the most important things you can do as a homeowner is prepare your property for winter. Cold weather brings unique challenges, but a little preparation now can save you from major headaches and costly repairs later.

One of the simplest but most overlooked tasks is disconnecting outdoor hoses. It only takes a few minutes, but leaving a hose attached can cause water to freeze in your pipes, leading to damage at the worst possible time. Protecting your plumbing now helps avoid those icy surprises.

Your HVAC system should also be at the top of your checklist. Schedule a service appointment before the temperatures really drop. It is easier to get on a technician's schedule before the busy season begins. Having your furnace inspected and replacing your air filter ensures your system runs efficiently and can prevent expensive repairs down the road.

Outside, pay attention to areas that could cause problems once snow and ice arrive. Clean your gutters of fallen leaves so water can drain properly, reducing the risk of ice dams that damage roofs and siding. Check egress windows and clear out any debris that might block drainage. If you have large tree branches hanging over your home, consider trimming them back since heavy snow and ice can weigh them down and cause serious damage.

Do not forget about drafts either. Walk through your home and feel for cold air sneaking in around windows and doors. Sealing these gaps can make your home more comfortable while also saving you money on heating bills throughout the winter.

Winter is also the season when we spend the most time indoors, so making your space cozy and efficient is worth the effort. Reverse the direction of ceiling fans to push warm air downward, add heavier curtains to help hold heat inside, and consider placing rugs on hardwood floors for extra comfort. Simple touches like these not only improve warmth and efficiency but also make your home a more enjoyable place to spend time during the long winter months.

Finally, get your snow gear ready before the first storm hits. Stock up on ice melt, dust off the shovel, and make sure your snow blower is working properly. Having these things ready in advance means you will not be scrambling once the snow starts to fall. ■



Information provided by Austin Sullivan, Re/Max Concepts, 3880 Prairie Fire N.W., Altoona, 515-943-9797, austin@soldwithsullivan.com.

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PLAY time at the library

We are super excited to tell the community about the new play kitchen the library has in our Story Time area. Thanks to a grant from Polk County and a generous donation of time and talent by Sean Metzger of Metzger Woodworks, the children have a beautiful and fun play kitchen. Bring your children to the library so they can "cook" up something special for you.

And did you know the library has many other toys to keep your children occupied while you look for your next great read? We have toy cars and trains, waffle blocks, Legos and Duplos, puppets, and much more. Just ask at the circulation desk, and we are happy to get them. If your child is interested in technology, we have two computers just for kids. They do not connect to the internet and are loaded with many fun and educational games.

The library offers so many fun and unique programs for your children. Story Times are Tuesdays, Wednesdays and Fridays at 10:30 a.m. If that does not work for your family, try our new Saturday Stories on the third Saturday of the month at 10:30 a.m. Baby Story Times are Thursdays at 9:30 a.m.

We have not forgotten those older children either. Look at our calendar of events on our website, stop by for a paper calendar, or take a look below for our events in November. We would love to see the entire family. We have something for everyone.

November events

- Story Times: Tuesday, Wednesday and Friday at 10:30 a.m.
- Baby Story Time: Thursday at 9:30 a.m.
- Fit For Life: Monday and Thursday at 8:30 a.m.
- Nov. 3: After School Clay Pot Turkeys at 2:30 p.m.
- Nov. 4: Reading Dragons & Friends (grades 3-5) at 6 p.m.
- Nov. 5: Pokémon Club at 4:15 p.m.
- Nov. 6: Adult Craft Night, Fall Gnome Decoration at 6 p.m.
- Nov. 8: Messy Munchkins at 10:30 a.m.
- Nov. 10: After School Open Play at 2:30 p.m.
- Nov. 10: Book Discussion for Adults, "Black Cake," at 6 p.m.
- Nov. 12: Curious & Creative Kids Club at 4:15 p.m.
- Nov. 13: Sourdough 101 at 6 p.m.
- Nov. 15: Saturday Stories at 10:30 a.m.
- Nov. 17: After School BINGO at 2:30 p.m.
- Nov. 18: In the Middle Book Club (grades 6-8) at 6 p.m.
- Nov. 20: Anime Club at 4 p.m.
- Nov. 20: Family Game Night at 5 p.m.
- Nov. 24: After School Movie at 2:30 p.m.
- Nov. 24: Teen Café (ages 12+) at 4:30 p.m.
- Nov. 25: Adult Crafternoon at 1 p.m.
- Library closed Nov. 11 for Veterans Day
- Library closed Nov. 27-28 for Thanksgiving ■

Bondurant Community Library

104 Second St. N.E., P.O. Box 160
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www.bondurant.lib.ia.us
Monday - Thursday, 9 a.m. to 7 p.m.
Friday and Saturday, 9 a.m. to 5 p.m.
Sunday, noon to 5 p.m.

CITY and school board elections upcoming

City and school board elections are Tuesday, Nov. 4. Polls are open 7 a.m. to 8 p.m.

The city council is responsible for establishing city ordinances, the city budget and city policies. It decides the laws for the community and how its tax dollars are spent. The mayor acts as the chief executive officer of the city and presides over the city council meetings. Communities with city administrators assign some of the mayor's executive duties to administrators.

School boards set the policies and budget for the school district within the parameters set by the state.

To find your polling location, visit: <https://apps.sos.iowa.gov/elections/voterreg/pollingplace/search.aspx>.



Bondurant city candidates

Mayor

Doug Elrod

City Council member at large (two seats)

Chris Johnsen
Dennis Lyman
Matt Sillanpaa

Bondurant-Farrar Community School Board

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Garry Lenhart
Patrick Meyer
Jill Padgett ■

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MEET Hillary Hilbert

Finds joy in everyday moments

Hillary Hilbert can't remember a time when she didn't want to become a teacher.

"As a little girl, I used to get home from school and immediately go to my playroom and 'play teacher,' reliving my day at school," she shares.

As she grew older, Hilbert's love for teaching only deepened. She volunteered for opportunities within her community to work with children, took on many babysitting jobs and eventually became a lifeguard, where she also taught swimming lessons.

"All of these positive experiences working with children just solidified my desire to pursue a career in education," Hilbert says.

Hilbert earned her bachelor's degree in education in December 2015 from the University of Northern Iowa. She later earned her master's degree in education with an emphasis in instructional coaching and teacher leadership in June 2023 from Viterbo University.

Since August 2019, Hilbert has shared her passions at Morris Elementary. She was a second-grade teacher for three years before transitioning to kindergarten, where she is now in her third year.

Initially attracted to the Bondurant-Farrar Community School District by its welcoming atmosphere and manageable size, Hilbert has enjoyed every moment.

"My favorite part of teaching is working with kids each day," she says. "I love to see the world through their eyes and watch them discover things for the first time. As a kindergarten teacher, it is very rewarding to watch students become readers and writers right before my eyes as the year progresses and to know I was a part of helping that happen."

As she always knew, children bring Hilbert tremendous joy, and she feels blessed to spend her days teaching them and helping them learn new things.

A favorite memory of Hilbert's is hatching chicken eggs each spring in kindergarten.

"Hatch day" is always a day of true joy, and it is always extra special when a few of the chicks hatch during the day so students can actually watch them come out of their shells," she shares. "The joy and excitement the students have as they see the chicks for the first time and then get to hold them is absolutely priceless and memories I will treasure for years to come." ■



Hillary Hilbert says chick hatching is one of the highlights of the school year.

Happy Halloween



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Out of School Time Program

Felicia Collison and Jill Sullivan, owners and Lindsay Bailey, director

Our discovery center program offers a series of activities devoted to the physical, emotional and social development of children!

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www.thebondurantbirdsnest.com

News from the **BONDURANT-FARRAR** COMMUNITY SCHOOL DISTRICT

October 2025

School Board Elections: Polls open on Tuesday, November 4 from 7am-8pm

This year, four candidates are running for two open seats on the Bondurant-Farrar Board of Education.

School board members play an important role in the success of our district. They help guide the vision, set priorities, and make decisions that impact students, staff, and the community as a whole.

Voters are encouraged to learn more about the individuals running for office. Candidate profiles are available online, listed in alphabetical order. Each response was submitted directly by the candidate and reflects their own words, with only minor edits for clarity or format.

www.bfschools.org/2025candidates

Scan to view board
candidate profiles!



New Weight Room Equipment Arrives

Since August, high school students have enjoyed the new weight room—but they've been eagerly awaiting the arrival of brand-new equipment. As of October 7, it has arrived and is already in use!

Thanks in part to a generous \$100,000 donation from the Bondurant-Farrar Athletic Booster Club, this is an exciting upgrade for Bluejay athletics and a big win for our students!



Baseball & Softball Fields Taking Shape

As of early October, the softball field turf is down, and crews are hard at work prepping the baseball field. Progress is moving nicely—our new athletic fields are taking shape!



Order Your Bluejay Gear Online Anytime

Show your school spirit and support Bondurant-Farrar students by shopping our two online apparel stores—both run by parent volunteer organizations and open 24/7! Orders typically ship within a week.

Athletic Booster Club Store: Proceeds support Bluejay athletic programs and student activities.

www.bfschools.org/jayshop

Elementary PTO Store: Funds benefit PK-6 students and school projects.

www.bfschools.org/ptoshop



Contact Us:

Bondurant-Farrar District Office
300 Garfield Street SW, Bondurant
Phone: 515-967-7819
Online: www.bfschools.org/contactus

Stay Connected:

Facebook: @BFDistrict
X: @BF_District
YouTube: @Bondurant-FarrarCSD
Flickr: www.flickr.com/photos/bfcsd/albums

'King Sorrow'

This is a big book — an epic doorstopper with multiple narrators, a winding timeline, and a torrent of emotion that's rarely uplifting. In other words, it is not for the faint-hearted. And, yet, if you're brave enough to crack it open, you will find a mesmerizing tale of bad ideas, beautifully flawed characters, and a bountiful mix of horror and fantasy that absolutely shines.

College student Arthur Oakes has found himself in a bind, but, luckily, he has an eclectic mix of friends ready to help him solve the problem. Their solution is to summon a dragon. This isn't a fairy tale, though, and the six friends soon find themselves tangled in a cycle of debt and sacrifice they couldn't have foreseen. And, it only gets worse from there.

Literary horror may sound like an oxymoron, but Hill consistently proves to be a master of both. Despite the massive page count, the story feels brisk and the dialogue is brilliant and snappy. I love a found family tale, and there is a lot of heart here — underneath the horror. My only complaint is that this novel may have ruined dragons for me forever. ■ — *Review by Julie Goodrich*



By Joe Hill
10/21/25
896 pages
\$40
William Morrow

'The Everlasting'

I keep telling myself that Alix Harrow can't possibly write anything more beautiful or poignant each time a new book comes out. And, yet, every time she outdoes herself and sweeps me even more deeply into her thrall. Maybe that makes me biased, but the heart wants what it wants.

I have to be cautious with my synopsis. This is very much a book that thrives in its secrets. At its heart, it is an epic story of love lost and found, and then lost again. It is a story about stories, myths and finding the truth even when it hurts more than the lie. Una is a legendary heroine trapped in time, and Owen is a historian tangled in the web that is her story. Their story replays and resonates across time, and the impacts of their love will change everything.

I want a story that breaks the mold, something that doesn't shy away from the hard parts — a story with something real to say. I found all of that and more intertwined with some of the most achingly beautiful writing I have ever encountered. This book is a masterpiece and is easily my favorite of the year. ■ — *Review by Julie Goodrich*



By Alix Harrow
10/28/25
320 pages
\$29.99
Tor Books

HONOR OUR VETERANS

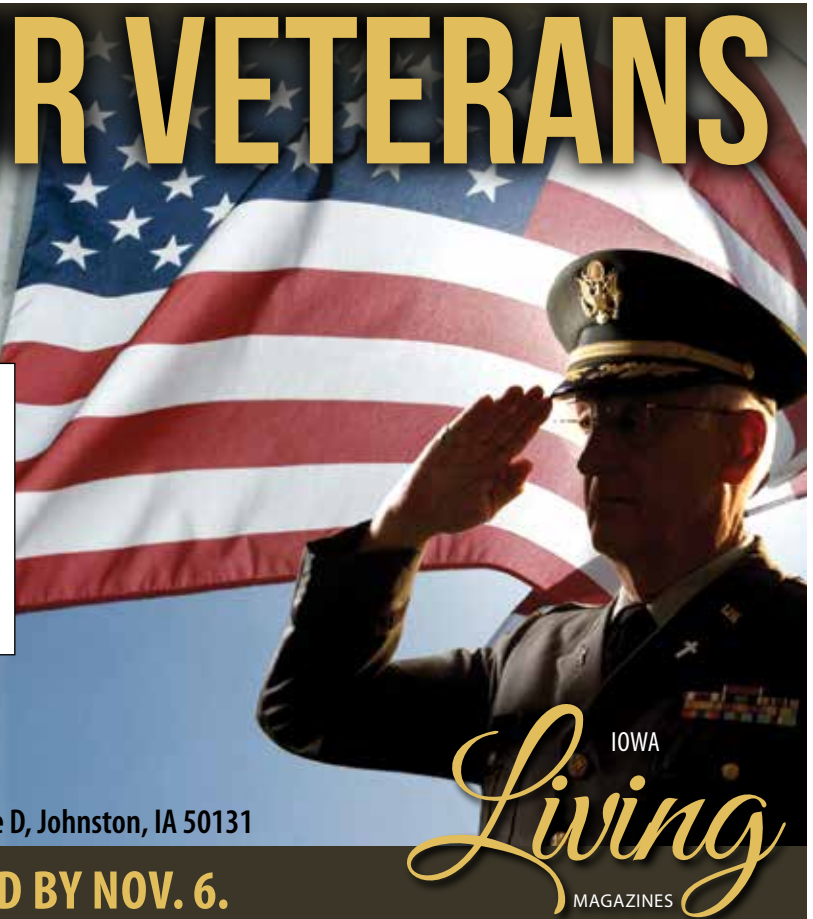
Iowa Living magazines will be saluting veterans in November issues. If you are a veteran who would like to be included, please send a photo (military or current) and the following information:

NAME:
CURRENT TOWN:
MILITARY BRANCH:
RANK:
ENLISTMENT DATES::
QUOTE: "What would you like others to know about serving your country?"

Family members submitting on behalf of veterans should include the veteran's answer to the above question.

Email to tammy@iowalivingmagazines.com or mail to:
Big Green Umbrella Media, 8101 Birchwood Court Suite D, Johnston, IA 50131

SUBMISSIONS MUST BE RECEIVED BY NOV. 6.



THE IMPORTANCE of seeking tutoring when grades begin to slip

As students navigate the often-challenging landscape of academics, it is not uncommon for grades to fluctuate. However, when you notice a significant decline in performance, it is crucial to address it early. Seeking tutoring as soon as a drop in grades is detected can make a world of difference in turning things around. Here's why prompt action is vital.



Preventing further struggles: Grades don't exist in a vacuum. A small dip in one area often leads to cascading challenges in others. For instance, struggling with a foundational concept in math could impact your understanding of more advanced material later on. By seeking tutoring early, you address gaps before they become insurmountable barriers. The longer you wait, the harder it becomes to catch up.

Personalized attention: In a classroom, teachers often have to divide their time among

many students, which can leave some struggling with concepts unnoticed. A tutor, on the other hand, can focus solely on your needs. This one-on-one attention allows them to identify the exact areas where you are struggling, providing personalized strategies and explanations to help you grasp difficult concepts.

Building confidence and reducing stress: Falling behind in school can be demoralizing and stressful. Students often experience a lack of confidence in their abilities when grades drop, which can create a vicious cycle of self-doubt. Tutoring offers a safe, supportive space to address academic challenges, helping students regain their confidence. As understanding improves, stress levels decrease, which in turn leads to better academic performance.

Developing effective study skills: Tutors don't just help students understand the material — they also teach valuable study habits and skills. Often, poor performance is linked to ineffective study techniques. A tutor can introduce time management strategies, note-taking methods, and problem-solving

approaches that make learning more efficient. These skills not only help in the immediate term but also benefit students throughout their academic careers.

Positive academic habits for the future: Addressing slipping grades early sets a proactive precedent for future academic challenges. It instills a mindset of seeking help when needed, rather than letting problems spiral. The experience of working through difficulties with a tutor teaches resilience and problem-solving, which are crucial life skills.

When grades begin to slip, the sooner you act, the better. Seeking tutoring not only helps prevent further academic decline but also provides valuable support, boosts confidence and equips students with skills for ongoing success. Don't wait until the problem is overwhelming — take control of your learning journey early on. ■

Information provided by Angela Jones, Owner and Center Director of Sylvan Learning of Altoona, 301 Center Place, Suite C-1, Altoona, 515-957-2923, Angela.Jones@sylvanlearning.com.




ACE THE NEXT REPORT CARD WITH SYLVAN!

If your child's grades have you worried, tutoring with Sylvan will get them on track and address any concerns. We'll not only work on the exact areas your child needs to master in order to bring grades back up, but also ensure they've got the skills to be where they should be for long-term academic success!

Sylvan Learning of Altoona

515-304-5280

angela.jones@sylvanlearning.com

READING MATH WRITING STUDY SKILLS HOMEWORK SUPPORT TEST PREP

CALL US TODAY FOR THE BEST IN K-12 TUTORING!

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IT'S BACK!

Who will be voted favorite in Eastern Polk County?

We all have our favorite local people, places and things. And now it's time to share your choices and honor those who deserve the recognition.



Make your voice be heard and cast your votes in the 2025 Eastern Polk County Residents' Choice Poll. This contest is being hosted by Iowa Living magazines, and the results will publish January Altoona and Bondurant editions. You can vote in one or every category, or anywhere in between.

HURRY! POLL CLOSES DEC. 5, 2025

See rules and vote at www.iowalivingmagazines.com/residentspoll. One vote per resident, please.

SCAN HERE TO
VOTE TODAY!



FOOD AND DRINK

- Restaurant
- Restaurant for Breakfast
- Restaurant for Lunch
- Restaurant for Dinner
- Restaurant for Dessert
- Place for Ice Cream
- Pizza Establishment
- Bar
- Coffee Shop
- Catering Company
- Server/Bartender

AUTOMOTIVE

- Auto Service
- Auto Body Shop
- Car Dealership

COMMUNITY

- Preschool/Daycare
- Nonprofit
- School (name of building)
- Park
- Community Festival or Event
- Church
- Pastor
- Chamber of Commerce
- Library
- Camping Spot

SHOPPING

- Grocery Store
- Boutique
- Retail Store
- Thrift Store
- Home Improvement Retail Store
- Nursery or Garden Center
- Place to Purchase a Gift for a Man
- Place to Purchase a Gift for a Woman
- Consignment Store
- CBD Store

ENTERTAINMENT

- Dad/Child Date Spot
- Mom/Child Date Spot
- Place to Take Your Mom and Dad
- Place to Take Your Kids or Grandkids
- Place for Child's Birthday Party
- Golf Course

HEALTH/BEAUTY

- Hair Salon
- Physicians Clinic
- Dental Office
- Orthodontist Office
- Mental Health Service
- Chiropractic Office
- Audiologist/Hearing Clinic
- Vision Care
- Health Club or Gym
- Alternative Health Care

HEALTH/BEAUTY

- Pharmacy
- Physical Therapy
- Dance Studio
- Gymnastics/Tumbling Studio

OTHER PROFESSIONAL SERVICES

- Financial Planner
- Law Firm
- Accounting Firm
- Veterinarian
- Dog Groomer
- Lawn Care Business
- Nursery or Landscaping Company
- Heating and Cooling Business
- Electrical Business
- Plumbing Company
- Senior Living Establishment
- Insurance Agency
- Realtor
- Bank/Credit Union
- Photographer
- Place for Guests to Stay
- Home Builder
- Outdoor Lawn Equipment Store
- Pest Control
- General Contractor/Remodeling

LOVE that tells the truth

Have you ever hesitated to tell someone the truth because it might hurt their feelings? Our culture often confuses love with approval, making us think loving someone means agreeing with everything they do. Of course, there are times when love means encouragement, such as reminding a friend they'll get through a tough day. But sometimes real love means saying something hard, confronting someone with the truth about the path they are on.



One example is the story of actress Drew Barrymore. Her parents adored her and supported her career from the time she was a toddler. But their love lacked one crucial ingredient, which was boundaries. They wanted her to be free, not restricted. As a child, Drew was brought into adult parties, exposed to drugs and alcohol, and celebrated for her independence.

By age 9, she was drinking alcohol. By her early teens, she was addicted to cocaine, in and out of rehab, and even attempted suicide at 14. Later in life, Drew reflected that her parents' permissiveness was not real love. It was avoidance, and it nearly cost her everything.

It is a sobering reminder that love without truth can actually destroy.

In the Gospel of Mark, Jesus gives us a very different example. A rich young man ran up to Him, eager to know how to inherit eternal life. On the outside, he had it all, with wealth, status and good behavior. But Jesus looked deeper. Mark 10:21 says, "And Jesus, looking at him, loved him, and said to him, 'You lack one thing. Go, sell all that you have and give to the poor, and you will have treasure in heaven, and come, follow me.'"

Did Jesus hate the rich young man? No, Jesus loved him by telling him something hard. He did not flatter him or soften the truth to keep him comfortable. He lovingly exposed the man's heart and showed that his money had become his god.

Sometimes the most loving thing you can do for someone is to tell them what they do not want to hear. Not to wound them, but to wake them up. Real love does not ignore danger or sin. But instead, it courageously speaks truth for the sake of someone's soul.

Maybe God is calling you to love someone like that. Maybe you are the only one who will have a hard conversation, challenge a friend, or set boundaries. It is risky, yes. The rich young ruler walked away sad. But Jesus still spoke truth in love, because love that never confronts is not love at all. It is comfort.

Real love tells the truth even when it hurts. Healing starts where honesty begins. ■

Information provided by Mark Spencer, lead pastor, First Family Church Bondurant, mspencer@ffclife.com, 515-587-5930.

hosted by:

FEDERATED CHURCH
GATHER & BE FED

Fall Fest

OCTOBER 25TH | 5:00-7:00pm

The Depot
2 Main St SE, Bondurant, IA 50035

Inflatables, Popcorn, Hot Cocoa, Music, Photo Booth, + more!

Free event open to the Bondurant community!

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THEN YOU WILL KNOW THE TRUTH
AND THE TRUTH WILL SET YOU FREE.

JOHN 8:32

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Connecting with God's Word through community, worship and learning.

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SUNDAY WORSHIP, 10 A.M.
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Be sure to check for cancellations.

Note about calendar events: This magazine is delivered the fourth Thursday of each month. Calendar items included are events happening after the delivery date and extend into the following month. If you receive and read your magazine upon delivery, you will not miss out on any calendar items.

Coming up in Bondurant Living magazine

Veterans Salute: Help us salute local veterans in our November issue. Send us a photo of your veteran along with name, town of residence, rank, military branch, enlistment dates and what they would like others to know about serving their country. Please email to: Tammy@iowalivingmagazines.com.



Trick-or-Treat

Oct. 25, 6-8 p.m.

Trick-or-Treat in Bondurant will take place on the last Saturday of October every year, as set by the City Council. This year's date is Oct. 25.

Monsters and Masterpieces Party

Thursday, Oct. 30, 5-7 p.m.

Edencrest at Tuscany, 1600 Eighth St. S.E., Altoona

Calling all little ghosts and goblins. You are invited to a spooktacular evening of trick-or-treating throughout the Edencrest community. Families are invited to wander the halls, collect sweet treats, and enjoy the festive fun. After filling your candy bags, stick around for pumpkin painting — a perfect way to add a personal touch to your Halloween décor. With costumes, candy and creativity, it's sure to be a frightfully fun time for residents, families and friends alike.



Business Safe Trick or Treat

Wednesday, Oct. 29

Celebrate the last Bondurant Farmers Market night and grab some sweet treats on Oct. 29. Chamber members will be set up handing out treats in exchange for jokes in Downtown Bondurant. More information can be found at <https://bondurantchamber.com/events/>.

CAP Theatre Presents "Beetlejuice JR."

Weekends from Oct. 24 through Nov. 9

CAP Theatre, 201 First Ave., Altoona

It's showtime. CAP Theatre in Altoona invites you to step into the strange and unusual world of "Beetlejuice JR." With songs, laughs and a whole lot of ghostly charm, "Beetlejuice JR" promises to be a frightfully fun night at the theatre. CAP Theatre serves ages 7-17 and strives to give all children, regardless of experience, the opportunity to be a part of, and experience, live theatre. Tickets range from \$12-\$18. For more information or to purchase tickets, visit www.captheatre.org.

ZaGaZig Shrine Ladies Auxilliary Fall Craft and Vendor Show

Saturday, Nov. 8, 9 a.m. to 3 p.m.
1100 Shriners Parkway, Altoona

More than 45 crafters and vendors, free admission and bake sale by the Ladies Auxiliary. Lunch will be available from the Ladies Auxiliary. Visit their Facebook Event Page: Showcasing our Crafters ZaGaZig Shrine Ladies Auxiliary Fall Craft & Vendor Show.



Sister's Christmas to Remember Craft and Vendor Event

Saturday, Nov. 8, 9 a.m. to 3 p.m.

3200 Adventureland Drive, Altoona

More than 75 crafters and vendors, free admission.

Indoor Market & Vendor Fair

Sunday, Dec. 7, 10 a.m. to 3 p.m.

Bondurant-Farrar Junior High School, 1201 Grant St. N., Bondurant

This annual event by the Bondurant Farmers Market will host more than 100 local vendors with gifts and decor, food and more.

Edencrest at The Tuscany's Monthly Movement and Wellness Series

Nov. 20, Dec. 18, 1:30 p.m.

Edencrest at The Tuscany, 1690 Eighth St. S.E., Altoona, lower east entrance at bottom of the hill

Join this Monthly Movement & Wellness Series with Dr. Jonah Knous — Elevation Chiropractic where you'll explore ways to move better, feel better and live better — one month at a time. Each month brings a new topic, practical tips and a little inspiration to keep you moving all year long. RSVP at 515-850-6119.

Chili and Oyster Bazaar

Saturday, Nov. 15, 4:30-6:30 p.m.

Centennial United Methodist Church, 9150 N.E. University Ave., Altoona

Centennial United Methodist Church is hosting its annual Chili and Oyster Bazaar. Free will donations. Profits are being split between a missions project for a school in Peru, La Casa de Esperanza, and Caring Hands in Altoona.



EVENTS IN THE AREA

Be sure to check for cancellations.



Cocoa, Carols and Cookies

Wednesday, Dec. 17, 2-4 p.m.
Edencrest at Tuscany, 1600 Eighth St. S.E., Altoona

Celebrate the holiday season with Edencrest at their Cocoa, Carols & Cookies Party — a cozy evening full of sweet treats and festive fun. Enjoy a delicious hot cocoa bar with all your favorite toppings. Sing along during festive caroling for all ages. Get creative at a DIY cookie decorating station. Share in the laughter, joy and holiday cheer with friends, family and neighbors. It's the perfect way to warm your heart, lift your spirits and celebrate the most wonderful time of the year together.



Festival of Trees and Lights

Monday, Dec. 1, 1-3 p.m.
Edencrest at Tuscany, 1600 Eighth St. S.E., Altoona

Enjoy this annual Festival of Trees and Lights. Bring your family and friends to stroll through the displays, snap photos by your favorite trees, and share in the festive cheer with the Edencrest residents and team. It's the perfect way to kick off the holiday season — cozy, community-centered, and brimming with holiday joy. Trees will be displayed throughout the month of December.



Des Moines Community Orchestra Concerts

• **Fall Concert: Sunday, Oct. 26, 2 p.m.**, Drake University Sheslow Auditorium, 2507 University Ave., Des Moines. Guest conductor: Dr. Jonathan Sturm, featured soloist: Logan TeKolste, French horn.

• **Sing Messiah!: Sunday, Dec. 7, 2 p.m.**, Grace United Methodist Church, 3700 Cottage Grove Ave., Des Moines. Guest conductor: Dr. Marion Scott.

• **Winter Concert: Sunday, Feb. 22, 2 p.m.**, Staplin Performing Arts Center, 3650 Woodland Ave., West Des Moines. Guest conductor: Joshua Barlage, Featured soloist: Curtis Barr, cello.

• **Spring Concert: Sunday, May 10, 2 p.m.**, Drake University Sheslow Auditorium, 2507 University Ave., Des Moines. Guest conductor: Kara Mather, Des Moines Community Orchestra, featured soloist: Dr. Kevin Allemagne, clarinet. ■

BUSINESSES: CLAIM YOUR MONTH!

2026 IOWA LIVING COMMUNITY CALENDARS



Publishing in the December Bondurant Living magazine

LIMITED SPOTS AVAILABLE!

Reach every household in Bondurant, inserted into the December issue of Bondurant Living magazine. This 8.5" x 5.5" glossy piece will be a keeper all year long!

Scan to view all 2025 calendars



HURRY! Reserve
your month by Dec. 1!

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- Releases endorphins & enkephalins as if you were not running.
- Increases ATP production (cell growth).
- Brings blood flow to the area.
- Reduces scar tissue.
- Stimulates the body's own healing process by 40%-50%.

Laura Mooney, DC, DCCP / Specializing in Pediatrics and Pregnancy

JANUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Teacher Training Registration for your business!	2	3
4	5	6 NEW YEARS DAY	7	8	9
10	11	12	13	14	15
16	17	18	19	20	21
22	23	24	25 MARTIN LUTHER KING, JR. DAY	26	27
28	29	30	31		

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WELLNESS

By Tricia Heberer

BOO-TOX: Smooth away fine lines

October is the perfect time to refresh your look, and “Boo-Tox” is more treat than trick. Botulinum toxin, (commonly known name brands such as Botox, Jeuveau, Xeomin) is one of the most popular aesthetic treatments for softening facial lines and restoring a youthful, refreshed appearance.

How it works: Botulinum toxin is a purified protein that temporarily relaxes the muscles responsible for dynamic wrinkles — the lines that form from repeated facial expressions like frowning, squinting or raising the eyebrows. By gently reducing this muscle activity, skin appears smoother and more rested.

Benefits:

- Smooths forehead lines, crow's feet and frown lines
- Helps prevent deeper wrinkles from forming over time
- Provides natural-looking results when performed by trained professionals

Safety matters: When administered by qualified providers, botulinum toxin is considered safe and well tolerated. Some clients may experience minor redness or bruising at the injection site, which resolves quickly.

This October, let “Boo-Tox” be your secret weapon for glowing confidence. A subtle refresh now means looking your best for the holidays ahead. Locate a trained medical professional to see if this treatment would be beneficial for you. ■



Information provided by Tricia Heberer, Owner/LE, Luxe Medical Spa and Aesthetics, 88 Paine Circle, Suite 7, Bondurant, theberer@luxemedicalspa.net, 515-630-8637.

HEALTH

By Dr. Steven Neville

HEALTHY Halloween habits

4 tips for healthier snacking this spooky season

• **Skip sticky and sour candies.** Gummy and sour candies typically contain more sugar and acid. The stickier the candy, the more likely it is to get stuck in the teeth. The sugar and acid are harmful to the enamel, or outside protective layer, of the tooth. These characteristics combined create the perfect environment for cavities to form.

• **Avoid eating candy right before bed.** When candy is consumed right before bed, the sugars and acids coat the gums, teeth and tongue. The acid then attacks these areas and can cause tooth decay, tooth and gum sensitivity, and erosion of the enamel of the tooth.

• **Avoid snacking on candy frequently throughout the day.** The longer the sugar is in contact with your teeth, the higher the risk for cavities. If you are going to enjoy candy, we recommend you have your fix all at once then rinse with water or brush your teeth afterward to remove any residual sugar from the teeth.

• **Chew sugar-free gum.** Chewing sugar-free gum following consumption of candy will help produce saliva. Saliva helps remove leftover food as well as neutralize the cavity-causing acids that remain after the candy is gone. ■



Information provided by Dr. Steven Neville, Kimball & Beecher, 108 Main St. N.E., Bondurant, IA 50035, 515-967-4002.



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HEALTHY habits for a strong immune system

The weather is changing, and fall is finally here. With the change of season, we hear about cold and flu season. Staying healthy and keeping your immune system strong is not the result of avoiding germs but of building healthy habits like:

- Choosing whole foods and making water your default drink.
- Avoid keeping sugary snacks, sodas and candy in the house.
- Establishing healthy sleep patterns and reducing stress.
- Prioritizing chiropractic care. A healthy functioning nervous system is self-healing, self-regulating, and adapts to stressors in its environment.

The fall leaves don't bring the cold and flu, but they do bring a barrage of holidays with sugary sweets. When you are regularly practicing healthy habits, you can have a treat and return to healthy habits the next day. Incorporate these tips to mitigate the effects of sugar:

- Pair sugary foods with protein, fat or fiber to slow absorption and reduce blood sugar spikes.
- Encourage water instead of sugary drinks.
- Time treats after meals rather than on an empty stomach.
- Make sure to get regular physical activity and good sleep.
- Swap out candy for a non-food prizes like books, toys or art supplies.
- Get adjusted to help the nervous system regulate and boost immune system function. ■

Information provided by Dr. Kari Swain and Dr. Elizabeth Ellrich, Swain Chiropractic, 410 Center Place S.W., Altoona, 515-967-9300.

LASER tattoo removal: a fresh start for your skin

We all have stories behind our tattoo. Some of those we cherish, and some we would rather leave behind. Whether it is an old design that doesn't fit your style anymore or a spur-of-the-moment decision you'd like to reverse, pico laser technology makes saying goodbye to unwanted ink easier than ever.

How pico laser works: Pico lasers use ultra-fast bursts of energy measured in picoseconds (a trillionth of a second) to break down tattoo ink into tiny fragments. Your body then naturally clears away those particles over time. Because the pulses are so quick, there's less heat buildup, which means the treatment is generally more comfortable and carries a lower risk of complications compared to older laser methods.

How many sessions will you need? Most tattoos require six to 10 sessions, spaced about eight weeks apart. The exact number depends on the size, location, ink colors and depth of your tattoo. Black ink typically responds fastest, while brighter colors like blue and green may take a few extra treatments to fully fade.

Who is a good candidate? If you're in good health, have realistic expectations, and your skin isn't overly tanned, Pico laser could be a great option. It is safe for most skin tones and effective on a wide range of ink colors, whether you're looking for significant fading or complete removal.

With pico laser technology, a fresh canvas is within reach. ■



Information provided by Nikki Morgan, DNP, ARNP, SkinFusion, 200 Second St. S.E., Altoona, 515-967-0587, www.skinfusionfx.com, nikki.skinfusionfx@gmail.com

THE LASTING value of family photos

In today's fast-moving world, it's easy to let years slip by without pausing to capture the people we love most. Yet family photos hold a unique and lasting power — they preserve not just how we look, but who we are together.

Think about your own childhood. Chances are, some of your fondest memories are tied to photos tucked away in albums or hanging on walls. Those images become anchors, connecting us to our past and reminding us of the love and laughter that shaped us. For children, especially, seeing themselves in family portraits builds a sense of belonging. They can literally see that they are part of something bigger than themselves.

Family photos also serve as time capsules. Children grow, families expand, and life changes in ways both big and small. A simple portrait taken today becomes tomorrow's treasure, allowing you to look back on a season of life you might have otherwise forgotten. Years from now, your family will be grateful for the opportunity to revisit these moments, not through vague recollection, but through vivid, tangible reminders.

In a digital age where most of our snapshots live on phones or social media, professional family photography takes on even greater importance. A printed image, thoughtfully composed and beautifully finished, stands apart. It's something you can hold, frame and pass down through generations. Unlike fleeting digital files, printed photographs become heirlooms that tell your family's story long after social media posts have been forgotten.

Beyond their personal meaning, family photos also create opportunities to slow down and connect. The act of coming together for a session is an experience in itself — a reminder to pause, smile and be present with one another. Those moments often spark laughter, closeness and genuine connection that shine through in the final images.

Life moves quickly. Someday, the toys will be packed away, the house will feel quieter, and the children who once clung to your hand will be out on their own. Family photos help you hold onto those fleeting stages. They remind us that, while time changes everything, love endures — and that's worth capturing.

So, whether it's your first family portrait or your tenth, don't wait for the "perfect" moment. The truth is, every stage is worth remembering. Investing in family photos today is really investing in the legacy of your family's story — a gift you give yourself and the generations to come. ■

Ben Fuller is a Premier Member of the Bondurant Chamber of Commerce and owns Photos By Ben serving Bondurant and the Des Moines metro. He may be reached at 515-957-6772 or Ben@PhotosByBen.net



BONDURANT

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FREE CANDY

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OCT 29TH DOWNTOWN BONDURANT
5:00 – 6:30 PM

Business Safe

TRICK-OR-TREAT

Stop by for FOOD, DRINKS & Candy!

at Bondurant Christian Church

WEDNESDAY, OCTOBER 29TH
5:00PM - 6:30PM

While you're out enjoying Business Safe Trick-or-Treat, stop by the church for a free supper! We will be giving out hot dogs, chips, water and candy for the community. *We can't wait to see you!*

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304 Grant St S, Bondurant
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FARMERS Market

Bondurant Farmers
Market was held
Oct. 8.



Donny and Sami Novachich and family



Susan Hobart-Elerick and Sarah Holmes



Liz Raper and Jenny Simmons



Mikayla and Donna Stott



Kerry and Abby Olson



Alex Carlson and Libbie Pavon



Kurt and Hannah Witte



Darlene and Tim Lubinus



Roger and Holly Karnes



Danika and Shyanne Clark



Heather Steward, Kevin Ragan, Jared
Anthony and Fiona Anthony

OUT & ABOUT



Bondurant Dermatology, 88 Pain Circle S.E., Bondurant, celebrated its One-Year Anniversary with a ribbon cutting on Sept. 9.



Jeff and Susie Peden, Tammy Ranfeld and Karrie Gearhart at the Bondurant Dermatology One-Year Anniversary celebration Sept. 9.



Rick Kroeger, Josh Bryant and Kyle Lee at the Bondurant Dermatology One-Year Anniversary celebration Sept. 9.



Breanne Allison and Bryce Deo at the Bondurant Dermatology One-Year Anniversary celebration Sept. 9.



Katie Hentges, Jeff and Susie Peden and Kyle Lee at the Bondurant Dermatology One-Year Anniversary celebration Sept. 9.



Susie Peden and Cindy Lundeen at the Bondurant Dermatology One-Year Anniversary celebration Sept. 9.



Katie Hentges and Emily Zailac at the Bondurant Dermatology One-Year Anniversary celebration Sept. 9.



Jay Mathes and Ben Fuller at the Bondurant Dermatology One-Year Anniversary celebration Sept. 9.



Nicole Winebrenner at the Bondurant Farmers Market Oct. 8.



Tammy Smith at the Bondurant Farmers Market Oct. 8.



Eric Greiving at the Bondurant Farmers Market Oct. 8.



Dave Peterson at the Bondurant Farmers Market Oct. 8.

CLASSIFIEDS

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AUCTIONS

WATERLOO LARGEST FLEAMARKET and garage sale held at the National Cattle Congress in Estel Hall, Saturday, October 25, 8am-5pm and Sunday, October 26, 9am to 3pm. Spaces still available. 515-298-3968. (mcn)

FOR SALE

NEW, (2 BR-2 BA), 14x66, Gas Range, 2-Door Refrigerator, Dishwasher, Walk-In Master Shower. Tub/Shower in 2nd Bath, \$99,900. Delivered, Set, On Your Prepared Lot in Iowa. Coachlight Homes. 1-319-239-1920. (mcn)

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WANT TO BUY your manufactured or mobile home 1990 and newer **CENTURY HOMES OF OSKALOOSA** 641-672-2344 (mcn)

AUTOMOBILES

GOT AN UNWANTED CAR??? DONATE IT TO PATRIOTIC HEARTS. Fast free pick up. Patriotic Hearts' programs help veterans find work or start their own business. Call 24/7: 1-833-485-1046. (mcn)

Get a break on your taxes! Donate your car, truck, or SUV to assist the blind and visually impaired. Arrange a swift, no-cost vehicle pickup and secure a generous tax credit for 2025. Call Heritage for the Blind Today at 1-855 977-7030

today! (mcn)

Donate your car, truck, boat, RV and more to support our veterans! Schedule a FAST, FREE vehicle pickup and receive a top tax deduction! Call Veteran Car Donations at 1-888-429-2331 today! (mcn)

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FINANCIAL

Inflation is at 40 year highs. Interest rates are way up. Credit Cards. Medical Bills. Car Loans. Do you have \$10k or more in debt? Call NATIONAL DEBT RELIEF and find out how to pay off your debt for significantly less than what you owe! FREE quote: Call 1-866-552-0649. (mcn)

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