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# LIONS CLUB MAKES MAJOR DONATION



The Adel Lions Club donated \$70,000 to the city of Adel for the construction of pickleball courts in Evans Park. The ceremonial check presentation was Sept. 24. ■

### ADEL WEATHER FORECAST

**FRIDAY HIGH 91 | LOW 65** Hot with plenty of sun

**SATURDAY HIGH 89 | LOW 63** Very warm with plenty of sun

**SUNDAY HIGH 85 | LOW 56** Very warm and partly cloudy

**MONDAY HIGH 66 | LOW 52** Cloudy with a couple of showers

**TUESDAY HIGH 63 | LOW 39** Cloudy with a.m. showers

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FROM THE PUBLISHER

# WET YOUR WHISTLE

Whistle while you work. Or play. Or whatever you do. But you need something to whistle along to. Fortunately, we have had a number of popular songs through the years that implemented a whistle or two to lead us along. Any come to mind?

How about **“Jungle Love”** by The Steve Miller Band? This 1977 song was featured on the album “Book of Dreams,” and “it’s making me crazy.” I will take two crates of papayas.

**“Patience”** by Guns N’ Roses from 1988 also features some classic whistling. Ironically, patience also describes what the band’s fans had to have while waiting for Axl Rose to show up for concerts.

**“(Sittin’ on) The Dock of the Bay”** by Otis Reding. This iconic ballad was released in 1968, just weeks after Reding’s death in a plane crash. Watchin’ the ships roll in? Yes. Wastin’ time? Certainly

not.

**“Don’t Worry, Be Happy”** is a 1988 song by Bobby McFerrin from his album “Simple Pleasures.” It was the first a cappella song to reach No. 1 on the Billboard Hot 100 chart. Whether you like the song or not, you have likely whistled along — just like you are doing right now.

**“Moves Like Jagger”** by Maroon 5 features Christina Aguilera and is from the band’s third studio album “Hands All Over.” It was released in 2011. This electropop song with modern disco elements was released in 2011 and refers to a man’s ability to impress his love interest with his dance moves, which he compares to Mick Jagger of the Rolling Stones.

You metalheads will certainly recall the whistling in **“Wind Of**



**Change”** by the German rock band Scorpions. This 1990 ballad is from the band’s 11th studio album and was written after a visit to the Soviet Union.

And, of course, there is **“The Good, The Bad And The Ugly – Main Title”** by Ennio Morricone. This whistling is iconic, but Morricone also used the sounds of coyote howls, gunshots, galloping horses, whip lashes, train whistles, military bugles, cannon fire, church bells and rattlesnakes in the theme song to this 1966 spaghetti western movie starring Clint Eastwood.

What whistling tunes did I miss? Send me a note and let me know.

Have a great week, and thanks for reading. ■

Shane Goodman  
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## WE WILL RUN YOUR ADEL NEWS ITEMS FOR FREE.

Email your news by Wednesday at 5 p.m. to: [tammy@iowalivingmagazines.com](mailto:tammy@iowalivingmagazines.com) or call 515-953-4822, ext. 302

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## SEPTEMBER STUDENTS OF THE MONTH

The ADM High School staff and coaches recognize students each month who exemplify the hard work, dedication and leadership that make them "Tigers." The following students have been selected to receive this honor for September. Businesses and groups in the district make donations to the ADM Scholarship Foundation in recognition of the students' achievements.

**Student of the Month** — Henry Krug, Raccoon Valley Bank

**Fine Arts Student of the Month (marching band)** — Aubree Timmer, Haley Lensch, Lincoln Savings Bank

### Football Players of the Week

- **Week 1 vs. Winterset:** Tyler Kneip, Rhett Boston, Fuller Petroleum Service, Inc.
- **Week 2 vs. Ballard:** Ethan Uglum, Eli Wiebers, Fuller Petroleum Service, Inc.
- **Week 3 vs. North Polk:** Hudson Schull, Jaxson Pitzen, Fuller Petroleum Service, Inc.
- **Week 4 vs. Bondurant-Farrar:** Alex Jensen, Ethan Smith, Fuller Petroleum Service, Inc.
- **Week 5 vs. Boone:** Tyler Kneip, Alex Jensen, Fuller Petroleum Service, Inc.

**Volleyball Student of the Month** — Anna Holloway, Peoples Savings Bank

**Cheer Student of the Month** — Karlee Christianson, Adel Rotary Club

**Boys Cross Country Student of the Month** — Ty Miller, Fareway

**Girls Cross Country Student of the Month** — Lydia Georgick, Adel TV and Appliance

A new award, Student Citizen of the Month, is presented by the Adel Police Department and Blue Kindness (not associated with the ADM Scholarship Foundation). The September Student Citizen of the Month is Isaiah Pierce.

Congratulations to all of the September Students of the Month. ■

## ADM SPORTS SCHEDULE

### Friday, October 3

7 p.m. **Football:** Varsity vs. Council Bluffs Thomas Jefferson @ Gale Wickersham Athletic Complex

### Saturday, October 4

8 a.m. **Volleyball:** Varsity Invitational @ Urbandale

### Monday, October 6

5 p.m. **Football:** Freshman vs. Urbandale

5 p.m. **Volleyball:** Freshman Triangular @ Boone High School

5 p.m. **Volleyball:** JV Triangular @ Boone

6:30 p.m. **Football:** JV vs. Urbandale




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## ADEL HAY DAY FESTIVAL

The first Adel Hay Day fall festival will be held on Friday, Oct. 3, 2-7 p.m. Adel Hay Day is full of fall fun and activities for families and will take place at four different stations along the Raccoon River Valley Trail throughout Adel. Participants will walk from station to station and take part in the activities along the way.

### • Station 1 - Burned Bridge:

Kids fall games, fishing for apples, entertainment, goodie bag pickup.

### • Station 2 - Rotary Plaza: Chalk

the walk, face painter, Pulse 101.7 radio, photo booth, candy for goodie bag. Adel Police officers will be on site for traffic control to ensure that families cross Highway 169 safely.

### • Station 3 - City Hall's parking

lot: Decorate bikes and strollers, pie battleship, Iowa Beverage alcohol truck, non-alcoholic beverages and refreshments, entertainment, candy for goodie bag.

### • Station 4 - 18th Street

Trailhead: Bounce house, hayrack rides down Brickyard Road, pumpkin decorations, s'mores bag, live music at Brickyard Burgers & Brews, candy for goodie bag. ■

## GOOD SAMARITAN FOOD PANTRY ADDS HOURS

The Good Samaritan Food Pantry has added more Saturday hours. The pantry is now open the first and third Saturdays of the month from noon to 2 p.m. in addition to every Monday and Tuesday from noon to 2 p.m. ■

## DALLAS COUNTY FOUNDATION PARTNERS TO OBTAIN SAFETY BARRICADES

Thanks to a grant from the Dallas County Foundation, new safety barricades were purchased in partnership with the City of Adel and the Adel Partners Chamber of Commerce. The barricades were first used at the Adel Sweet Corn Festival, which thousands of visitors attended in August. Because the barricades are lighter and footed, they are safer for staff to move and for people to navigate, particularly for traffic and crowd control.

The barricades can also be used for other events, like block parties and for street repairs to section off the areas being used. Replacing the old wooden barricades and adding more metal barricades will allow for large events to be held in Adel and provide improved safety for all types of gatherings and public works projects. Thanks to this partnership, the barricades are a welcome addition to the city's equipment. ■



## BLESSING OF THE ANIMALS

Bring your dogs, cats, parrots, gerbils, snakes and other pets to the Adel United Methodist Church courtyard, 115 S. 10th St., on Sunday, Oct. 5 at 2 p.m. for a short service to bless all God's creatures with a special blessing for your pet. Please make sure your pet is safely contained or on a leash. We also ask that you consider bringing a donation item for the animal shelter. ■

## BRICK STREET MERRY MARKET

Sunday, Nov. 23, noon to 5 p.m., Adel Community House, 1016 Main St., Adel. Come shop local, handmade vendors. ■

## ADM FINE ARTS BOOSTERS CRAFT SHOW

Calling all vendors for the annual ADM Fine Arts Craft Show on Saturday, Nov. 8, at Meadow View Elementary, 1300 S. 15th St., Adel. To register and for more information, visit [www.admcraftshow.com](http://www.admcraftshow.com). ■

## OBITUARIES

*Funeral notices can be emailed to [tammy@iowalivingmagazines.com](mailto:tammy@iowalivingmagazines.com)*

### JOSEPHINE MARY (BYRNES) BALDON

Josephine Mary (Byrnes) Baldon, 90, of Adel, died Sept. 29, 2025, at Spurgeon Manor in Dallas Center. A graveside service for Jo will be held at 11 a.m. on Monday, Oct. 6, at Oakdale Cemetery in Adel with Pastor Tim Johnson officiating. Following the burial, the family invites everyone to a luncheon at the Raccoon Valley Community House (1016 Main St., Adel). Memorial contributions can be made to the First Christian Church in Adel or AHeinz57 Pet Rescue and Transport in De Soto. Online condolences can be made to the family at [www.caldwellparrish.com](http://www.caldwellparrish.com).



Jo was born on Dec. 25, 1934, to Darwin and Marian (Wright) Byrnes. She graduated from Lincoln High School in 1952 and then attended Iowa Methodist School of Nursing. On Dec. 14, 1954, she married William Fred Baldon. Fred and Jo had two sons, William and Timothy. Jo was a homemaker while her sons were growing up. Fred and Jo owned Baldon and Son Plumbing Heating and Cooling for many decades and, in 1981, bought the hardware store in Adel. Jo worked at Baldon Hardware and did the bookkeeping.

Fred and Jo enjoyed traveling, especially to Yellowstone National Park and Nashville, Tennessee, to the Grand Ole Opry, as well as camping in Roaring River State Park in the Ozarks in Missouri. They enjoyed wintering in Mission, Texas, and attending Drake basketball games. She was an amazing cook and enjoyed playing cards with friends and family. Jo was preceded in death by her parents; her husband of 69 years; her brother, Jim Byrnes; her sister, Sally Robinson; her grandson, Chris Baldon; and daughter-in-law, Julie Baldon.

She is survived by her sons, Bill (Cindy) and Tim (Karen) Baldon, both of Adel; granddaughters Katie (Matt) and Jenny (Rick) Baldon; three step-grandchildren, Morgan, Jacob and Lexi Owen; six great-grandchildren, Connor Baldon, Will and Evelyn Bootier, and Westen, Sawyer, and Charlotte Baldon; one step-great grandchild, Olivia Owen; her sister, Sharon Jefferson; and numerous nieces and nephews. ■

### GRACE LUTHERAN VENDOR AND CRAFT FAIR

Crafts, gifts, bake sale and more, don't miss the Vendor & Craft Fair to be held at Grace Lutheran Church, 23932 Meadow Road, Adel, on Saturday, Nov. 1, from 9 a.m. to 1 p.m. Handmade items, home décor, candles, jewelry, gifts and more will be featured. A bake sale will benefit the Good Samaritan Food Pantry. Admission is free. Visit [www.gracelutheranadel.org](http://www.gracelutheranadel.org) for more information. ■

## CLASSIFIED ADS

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**SEND IN YOUR FREE CLASSIFIED AD BY WEDNESDAY AT 10 A.M. TO [BECKHAM@DMCITYVIEW.COM](mailto:BECKHAM@DMCITYVIEW.COM)**

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Recurring daily through Nov. 2

Center Grove Orchard, 32835 610th Ave., Cambridge  
[www.centergroveorchard.com](http://www.centergroveorchard.com)

A farm-wide celebration filled with colorful displays, playful scarecrows, and the warm spirit of the season. Weekend admission is \$25.95 at the gate and \$21.95 online. Weekdays admission is \$17.95 at the gate and \$15.95 online Monday, Thursday and Friday, with Wednesdays costing \$13.95.

**PHANTOM FALL FESTIVAL**

Every weekend through the Oct. 26

3200 Adventureland Drive, Altoona  
[www.adventurelandresort.com/discover-adventureland-resort/Phantom-Fall-Fest](http://www.adventurelandresort.com/discover-adventureland-resort/Phantom-Fall-Fest)

Adventureland hosts its fall festival with several haunted houses, ghosts, ghouls, goblins, and more. Admission \$34.99 online, which is half-price.

**DES MOINES ART CENTER  
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Saturdays, 1-2 p.m.

Des Moines Art Center, 4700 Grand Ave, Des Moines

Discover the vast variety of the Des Moines Art Center's permanent collections during the Museum Highlights Tour. This tour offers a unique journey through the galleries, featuring a selection of timeless paintings, sculptures and more. Join knowledgeable guides to uncover the stories, techniques and inspirations behind the art on view, and experience the highlights of the Art Center in a fresh and engaging way. This guided tour is perfect for art enthusiasts of all ages. Free to all, no registration required.

**APPLE AND PUMPKIN FESTIVAL**

Oct. 4-5, 11-12, 18-19, 25-26

Wills Family Orchard, 33130 Panther Creek Road, Adel

[www.willsfamilyorchard.com](http://www.willsfamilyorchard.com)

Enjoy wagon rides, corn maze and corn pool and, of course, apple and pumpkin picking. From 9 a.m. to 6 p.m. on Saturday and noon to 6 p.m. on Sundays. Activity passes are \$11, children 2 and younger free.

**BANNED BOOKS FESTIVAL  
AT FRANKLIN EVENT CENTER**

Saturday, Oct. 11 from noon to 5 p.m.

Franklin Event Center, 4801 Franklin Avenue, Des Moines

All ages are invited to this free event hosted by Beaverdale Books, celebrating the Freedom to Read. This is a great chance to join with like-minded folks who share their thoughts on the subject of book bans, censorship and the future. Bring the family and enjoy a story time, author talks, poetry readings and more. Visit with nonprofit organizations and enjoy learning more about the current lawsuit and Senate File 491. There will be a pop-up shop as well.

**FAMILY HALLOWEEN AT  
LIVING HISTORY FARMS**

Oct. 17-19 and Oct. 24-26

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[www.lhf.org/event/halloween](http://www.lhf.org/event/halloween)

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## RECIPE

**BACK TO SCHOOL, BACK TO STRUCTURE**

*(Family Features)* Packed with protein and natural sweetness, this chocolate cherry cheesecake smoothie bowl is a perfect complement for a back-to-structure fall schedule. Enjoy this creamy, nutritious smoothie bowl as a satisfying breakfast to start to the day or filling afternoon snack during a jam-packed day of activities. For those days that are even busier, add milk to make it a refreshing on-the-go drinkable smoothie. ■

### CHOCOLATE CHERRY CHEESECAKE SMOOTHIE BOWL

Recipe courtesy of Real California Milk  
Servings: 1

#### Ingredients:

- 1 cup Real California cottage cheese
- 1 cup frozen cherries, plus 2 cherries for garnish (optional)
- 1/4 cup unsweetened cocoa powder
- 2-4 chopped prunes, to taste
- 1 tablespoon ground flaxseed
- 1 tablespoon raw cacao nibs, plus extra for garnish (optional)
- 1 pinch salt
- graham cracker crumbs, for garnish (optional)
- 1/2 cup Real California milk (optional)

#### Directions:

- In blender jar, pulse cottage cheese, 1 cup cherries, cocoa powder, prunes, flaxseed, 1 tablespoon cacao nibs and salt on low.
- Remove lid and scrape down sides of jar with silicone spatula.
- Return lid to blender jar and



blend on high about 30 seconds until smooth, creamy texture is achieved.

- If necessary, scrape down sides of jar again and pulse until smooth.

- Garnish with remaining cherries, cacao nibs and ground graham crackers, if desired.

- Tip: To make drinkable smoothie instead of smoothie bowl, add milk.

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