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SUMMER CONCERT

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PHOTOS
INSIDE



Brian Allen and Olaf Peterson perform Aug. 20 at the Summer Concert Series at Country Lane Lodge on Aug. 20. ■

ADEL WEATHER FORECAST

FRIDAY HIGH 90 | LOW 66

Hot and sunny; turning cloudy



SATURDAY HIGH 95 | LOW 67

Partly cloudy and hot



SUNDAY HIGH 92 | LOW 66

Partly cloudy; humid and hot



MONDAY HIGH 89 | LOW 63

Partly sunny and very warm



TUESDAY HIGH 89 | LOW 62

Mostly cloudy and very warm



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FROM THE PUBLISHER

'SOME PEOPLE ARE SIMPLY ALLERGIC TO OTHER PEOPLE'

The words in the above headline are the most simple yet most insightful advice I have ever received. They came to me several years ago from the director of an industry association I belonged to when I was struggling to work with a publisher in another market on a planning committee.

The association director was trying to help me understand that the world isn't black and white, and that just because a person isn't a lot like me doesn't mean that person is right or wrong. Just different. Those differences, though, can make both people irritated, annoyed and even sick. Yes, people allergies. Who would have guessed?

But, much like the allergies we may have to dust or pollen or onions, these people allergies can change over our lifetimes, too. Many of us seem to develop allergies as we age, and we wonder why we didn't have them when we were younger. Our people allergies are much the same.

In our younger years, we may

have been able to better tolerate people who fixated on politics or faith or money or family or diet or sports or travel or whatever else they want to continually talk to others about. We were more open to learning... and listening.

As the years went by, though, we lost our ability — or our willingness — to deal with these things. Instead, we now migrate to others we are similar to, whether we realize it or not. Our core principles and values come into play. Our upbringings become apparent. Our interests narrow. We can change this, of course, but it takes work and, often times, an exposure to those difficult and challenging people allergies.

The people who we seem allergic to today change as well. We may have once had much in common with them and got along so well, and now we do all we can to avoid each other. Or, we may have found that those



who used to make us sick are now people we choose to spend time with. Weird. But true.

So, how do we deal with these allergies we have to other people, especially when they are friends or neighbors or even family? The answer is simple: take lots of medications. OK, that was a joke, although it is an unfortunate solution many seek as the answer. We have better choices that the association director taught me: We either totally avoid the people we are allergic to, or we take them in small doses, or we simply deal with the ill feelings they give us. And, we should also remember that one person does not have to be wrong for another person to be right.

Have a great week, and thanks for reading. ■



Shane Goodman
President and Publisher
Big Green Umbrella Media
shane@dmcityview.com
515-953-4822, ext. 305

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A publication of Big Green Umbrella Media, Inc.
8101 Birchwood Court, Suite, D, Johnston, IA 50131
www.iowalivingmagazines.com



News contact
Tammy Pearson
515-953-4822, ext. 302
tammy@iowalivingmagazines.com



Advertising contact
Dan Juffer
515-371-2290
dan.juffer@dmcityview.com

VINTAGE AND MADE FAIR

Vintage and Made Fair is inspired by indie craft and all things vintage. This indoor/outdoor market features vintage home décor, jewelry, handcrafted goods and everything you need to create a vintage and handmade lifestyle. The fair is a one-day event on Saturday, Sept. 20, from 9 a.m. to 3 p.m. where shoppers and more than 150 vendors from all over the Midwest can share a love for vintage and indie craft at the Dallas County Fairgrounds, 28057 Fairgrounds Road, Adel. Admission is \$10 per person; 12 and younger are free. ■

SPECTACULAR TEA AND STYLE SHOW

Saturday, Sept. 27, the Adel Historical Museum board will be holding a delightful tea and style show at the Raccoon Valley Bank Community House, 1016 Main St., from 2-4 p.m. The style show will be presented by three local boutiques: Azalea Lane, Real Deals and Valtera Boutique. The community house will be decorated, with tables being designed with china tea cups, plates and silver and an arrangement, all to bring your pampered afternoon to life! Tea sandwiches and desserts, as well as beverages, will be served during the style show and a quilt drawing will be held. Tickets are \$25, with a limited number available, due to space.

Following the style show, guests are encouraged to take the short trip up the block to the museum at 1129 Main St., where more intriguing activities await. Guests may participate in a scavenger hunt throughout the museum with silent auction items available to be sold to the highest bidder. As a thank you for supporting this museum fundraiser, guests will be given a commemorative plate or Christmas ornament.

Be sure to reserve your tickets soon. They will be available at the museum on upcoming Thursday evenings, from 4-7 p.m., and on Saturdays, from noon to 3 p.m. Cash or check accepted. You may also reserve your tickets by calling 515-993-4488 or 515-201-4201. ■

ADM SPORTS SCHEDULE

Friday, September 12

7 p.m. **Football:** Varsity @ North Polk High School

Saturday, September 13

8 a.m. **Volleyball:** Varsity Invitational @ Southeast Polk

Monday, September 15

4:30 p.m. **Cross Country:** Girls @ Ballard Golf & Country Club, Huxley

4:30 p.m. **Cross Country:** Boys @ Ballard Golf & Country Club, Huxley

5 p.m. **Football:** Freshman vs. North Polk

6:30 p.m. **Football:** JV vs. North Polk


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SUMMER CONCERT

A GROUP GATHERED TO ENJOY THE SUMMER CONCERT SERIES AT COUNTRY LANE LODGE ON AUG. 20.



David and Julie McAdon



Mike and Tami Hoyt



Addison Koch, Oliver Koch and Cathy Schwarzkopf



Dan Jones, Chuck Schwarzkopf and Dan Garrity



Avery Garrity, Dan Garrity, Tracy Sundquist, Jason Sundquist, Melissa Lensch and Mike Lensch



Dick, Lucy and Jan Allen ■

DE SOTO FUN DAYS

Enjoy Fun Days in De Soto on Saturday, Sept. 20 starting at 11:30 a.m. at Little Bridge Park, Adair Street and Elm Street. Lineup begins at 11:30 a.m. There will be a parade at noon and other activities such as bounce houses, zoomers, stage entertainment, balloon artists, face painting, water games and fights, Bingo at 2 p.m., food trucks, car show and bags tournament. All activities are free. ■

ADEL WOMEN'S CLUB INTERNATIONAL DAY OF SERVICE

Adel Women's Club invites the public to participate in its International Day of Service on Saturday, Sept. 27, from 9-10:30 a.m., at the Adel Public Library, 303 S. 10th St. This is a come and go event. The day's focus is to help end domestic and sexual violence across the United States and internationally. The group is collecting personal care products and grocery store gift cards to donate to Crisis Intervention. A speaker will share remarks at 9:15 a.m. and there will be a station set up for creating cards of encouragement and teddy bear washcloths. If you have items to donate but can't attend or have questions, contact adelwomensclub@gmail.com or Paula Joiner at 515-339-5529. ■

BUILDING BRAVE TEAMS PEDIATRIC CANCER AWARENESS EVENT

On Friday, Sept. 26, the Adel DeSoto Minburn Tiger football team is hosting the Boone Toreadors for their Pediatric Cancer Awareness event. The month of September is Pediatric Cancer Awareness Month. At the entrance of the game, Building Brave Teams will have a booth set up where entrants can donate a small toy, comfort item or travel-sized toiletry to be placed in a goody basket for families with a child currently hospitalized following a pediatric cancer diagnosis. ■

ADM FINE ARTS BOOSTERS CRAFT SHOW

Calling all vendors for the annual ADM Fine Arts Craft Show on Saturday, Nov. 8 at Meadow View Elementary, 1300 S. 15th St., Adel. To register and for more information, visit www.admcraftshow.com. ■

BOWLING LEAGUE SHORT SEASON OFFERED

The Adel Family Fun Center is rolling out a brand new "short season" bowling league. Sunday Micros League kicks off Sunday, Sept. 28 at 6 p.m. Teams of four, no experience necessary, great for beginners, and only eight weeks long. Sign up at www.affcbowl.com/leagues. ■

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EVENTS IN THE AREA

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TAMMY@IOWALIVINGMAGAZINES.COM**MARTINI FEST****Friday, Sept. 19, 5-9 p.m.****West Glen Town Center**

CITYVIEW is bringing Martini Fest back to West Glen Town Center. For a ticket price of \$25 (tickets will be \$35 at the event), attendees will receive 10 tickets that can be redeemed at each participating martini stop for a sample-size martini. Locations include nightclubs and restaurants at West Glen Town Center. Reserve your tickets at www.eventbrite.com/e/cityview-martini-fest-2025-tickets-1291852588869 now so you can avoid registration lines at the event.

**DES MOINES OKTOBERFEST****Friday, Sept. 19, to Sunday, Sept. 21****Des Moines Biergarten, Des Moines Water Works Park, 2251 George Flagg Parkway, Des Moines**

The new Des Moines Oktoberfest will take place within the existing Biergarten footprint and stage area, transforming the space into a lively, three-day celebration featuring live music, expanded food and beverage options, and a full lineup of traditional games and competitions. A portion of the proceeds benefits the Foundation. Learn more at www.oktoberfest-dsm.com.

OKTOBERFEST IN THE DISTRICT**Friday, Sept. 26, and Saturday, Sept. 27****The District at Prairie Trail****S.W. District Drive, Ankeny**

Raise your steins and don your lederhosen for two unforgettable days of festive fun at the 21st Annual Oktoberfest, now at The District at Prairie Trail in Ankeny. Experience the heart of Bavarian tradition

with authentic German food, lively polka music, traditional beer hall games, and, of course, plenty of beer to go around. This two-day celebration offers something for everyone, from classic stein-holding contests and live music to delicious bratwursts and pretzels straight from the grill. For tickets, visit www.eventbrite.com/e/21st-annual-des-moines-oktoberfest-tickets-1488793063129?aff=oddtcreator.

ARMED FORCES 250TH BIRTHDAY CELEBRATION**Sept. 20, 4-7 p.m.****Iowa Gold Star Military Museum, Camp Dodge Freedom Center, 7105 N.W. 70th Ave., Johnston**

On behalf of the Iowa Gold Star Military Museum on Camp Dodge, Iowa Department of Veterans Affairs (IDVA) extends their invitation to attend the Armed Forces 250th Birthday Celebration. All members of the public are invited to attend. Visitors can expect refreshments, historic military vehicles, reenactors and displays of period uniforms, museum experts, the Iowa Military Veterans Band, and more.

15TH ANNUAL HEALTHIEST STATE WALK**Wednesday, Oct. 1, 5:30 p.m.**

Making a healthier future for Iowa will take all of us from Sioux City to Dubuque to Des Moines. #StartSomewhere with us and thousands of Iowans across the state by walking at your workplace, school, child care site, or in your community any time on Oct. 1 for the 15th Annual Healthiest State Walk presented by Delta Dental of Iowa. More information and register at www.iowahealthieststate.com/events/annual-walk. ■

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RECIPE

SUMMER VEGGIES MEET FALL FLAVOR

(Family Features) When September arrives, it's finally time to dust off those fall recipes. This zucchini chicken bake is a perfect blend of summer veggies and warm, fall flavor, ideal for those hot days that turn into chilly evenings. Visit Culinary.net to find more family recipe inspiration. ■

ZUCCHINI CHICKEN BAKE

Recipe courtesy of "Cookin' Savvy"

Servings: 4-6

Ingredients:

- 2 medium zucchinis
- 2-3 tomatoes
- 2 chicken breasts
- 1 tablespoon minced onion
- 2 teaspoons Italian seasoning
- 2 teaspoons smoked paprika
- avocado oil
- 1 1/2 cups shredded mozzarella cheese
- 1 cup shredded Parmesan cheese

Directions:

- Heat oven to 375 F.
- Cut zucchinis, tomatoes and chicken into bite-sized pieces. Place in 9-by-13-inch baking dish.
- Sprinkle with minced onion, Italian seasoning and



paprika then drizzle with avocado oil. Mix well with spoon.

- Cover with mozzarella and Parmesan cheese. Cover with foil and bake 40 minutes.

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