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C.H.O.W.

**ADEL CHAMBER OF
COMMERCE C.H.O.W. LUNCH
WAS HELD AT COUNTRY
LANE LODGE AUG. 21**

**MORE
PHOTOS
INSIDE**



Erin Milroy and Melissa Stimple ■

ADEL WEATHER FORECAST

FRIDAY HIGH 79 | LOW 60

Partly cloudy; passing showers



SATURDAY HIGH 80 | LOW 57

Intervals of clouds and sun



SUNDAY HIGH 75 | LOW 55

Mostly cloudy



MONDAY HIGH 79 | LOW 58

Partly cloudy; passing showers



TUESDAY HIGH 73 | LOW 52

Partly cloudy; passing showers



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WEEKLY NEWSLETTER,
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FROM THE PUBLISHER

'TH-TH-TH-THAT'S ALL, FOLKS'

The first fully electronic television system was developed by Philo Farnsworth in 1927 — nearly 100 years ago. The television became mainstream in American homes in the 1950s — about 75 years ago. About that same time, “Crusader Rabbit” was the first animated cartoon series produced for television. “Rocky and His Friends,” later known as “The Adventures of Rocky and Bullwinkle and Friends,” soon followed.

In 1960, “The Flintstones” became the first prime-time cartoon series on TV, and that’s when the cartoon world exploded. “The Flintstones” creators William Hanna and Joseph Barbera capitalized on the show’s success, launching other cartoon shows including “The Jetsons” and “Jonny Quest.” When the prime time viewership began to fizzle, Hanna-Barbera decided to focus on Saturday morning cartoons aimed at children, creating a lasting impact on generations of kids, including this one.

“HERE I COME TO SAVE THE DAY”

Some of you vividly remember

“Mighty Mouse” and “Atom Ant.” Others recall “The Heckle and Jeckle Cartoon Show,” “The Ruff and Reddy Show” and “The Woody Woodpecker Show.”

By the 1960s, kids were becoming hooked on cartoons. “The Huckleberry Hound Show.” “The Yogi Bear Show.” “The Magilla Gorilla Show.”

And, by the 1970s, watching Saturday morning cartoons was a weekly ritual for most every American kid. “Scooby Doo, Where Are You!” “Super Friends.” “Speed Buggy.” “Fat Albert.” “Hong Kong Phooey.” “Inch High Private Eye.” “Jabberjaw.” If you grew up in that era and were plopped down in front of the family TV eating sugary cereal like I was, you could certainly name dozens more.

“EXIT, STAGE LEFT”

In the 1980s, cartoons including “Teenage Mutant Ninja Turtles,” “The Smurfs” and “Transformers” were popular, but the trend was



obvious. Faster than a speeding bullet, Saturday morning cartoons died off, and don’t blame it on those meddling kids. Well-intended government regulations and educational programming requirements were the culprits. By 1992, morning TV news shows began to replace cartoons, and that was the death knell. Despicable.

“TH-TH-TH-THAT’S ALL, FOLKS”

The CW network was the last station to air Saturday morning cartoons in America, and that ended on Sept. 27, 2014. Now, all we have are the memories of our favorite cartoon shows, but if you are smarter than the average bear, you can still find many of them on YouTube. Have some memories of some of your favorites? Send me a note and let me know.

Have a great week, and thanks for reading. ■



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JOURNEY THROUGH GRIEF FALL 2025

A fall session of Journey Through Grief is being offered by UnityPoint Hospice. The free program provides education and support for those coping with the loss of a loved one. The program includes six sessions covering grieving and coping tools. Sessions are Sept. 16 through Nov. 18, with two a month, at 6 p.m. Dates are Sept. 16 and 30, Oct. 7 and 21, and Nov. 4 and 18. Light refreshments will be provided. The sessions are held at St. John's Catholic Church, 24043 302nd Place, Adel. For registration and questions, contact Olivia Collins-Jones at 515-414-9115 or Olivia.collins@unitypoint.org. ■

DALLAS COUNTY COAT GIVEAWAY

The Dallas County Coat Giveaway will be held Saturday, Oct. 11, 9-11 a.m. at Adel First Christian Church, 218 N. Ninth St., Adel. More than 300 new coats and 100 gently used coats, in sizes infant through adult, will be available. In addition, the Clothes Closet will be open. The Coat Giveaway focuses on coats for residents of Dallas County and rural surrounding communities, though everyone is welcome. It is sponsored by the Adel Rotary, the Adel Women's Club, the Knights of Columbus from St. John's Church, and the Adel Christian Church. Everything is free. ■

PUBLIC INVITED TO PRAISE HOUR

The public is invited to join Praise Hour on Saturday nights at 5:30 p.m. beginning Oct. 4 at Adel United Methodist Church, 115 S. 10th St., Adel. Adel UMC's Praise Band, Chosen Family, is excited for the opportunity to share the Good News of the Lord. ■

ADM SPORTS SCHEDULE

Friday, September 5

7 p.m. **Football:** Varsity vs. Ballard

Saturday, September 6

9 a.m. **Cross Country:** Girls @ Central College

9:40 a.m. **Cross Country:** Boys @ Central College

Monday, September 8

5:30 p.m. **Volleyball:** Freshman Quadrangular

5:30 p.m. **Volleyball:** JV Quadrangular

6:30 p.m. **Football:** JV @ Ballard

Tuesday, September 9

5:30 p.m. **Volleyball:** Freshman @ Carroll

5:30 p.m. **Volleyball:** JV @ Carroll

7:15 p.m. **Volleyball:** Varsity @ Carroll


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Courtney Puls and Doug Clayton



Gloria and Gene Arnold



Jesse Woerdehoff and Stacey Gaidies



Julianna Cullen and Tim Gootee



Scott Harford and Erin Reyes ■

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EVENTS IN THE AREA

EMAIL YOUR EVENT INFORMATION TO
TAMMY@IOWALIVINGMAGAZINES.COM**MARTINI FEST****Friday, Sept. 19, 5-9 p.m.****West Glen Town Center**

CITYVIEW is bringing Martini Fest back to West Glen Town Center. For a ticket price of \$25 (tickets will be \$35 at the event), attendees will receive 10 tickets that can be redeemed at each participating martini stop for a sample-size martini. Locations include nightclubs and restaurants at West Glen Town Center. Reserve your tickets at www.eventbrite.com/e/cityview-martini-fest-2025-tickets-1291852588869 now so you can avoid registration lines at the event.

**CONFLUENCE BREWING
SUMMER CONCERT SERIES****Thursdays and Fridays through September
6-8:30 p.m.****1235 Thomas Beck Road, Des Moines**

Enjoy live music every Thursday and Friday. Performances are held outside, weather permitting, and moved inside in case of poor weather. A food truck is also available. Entertainment includes: Patresa Hartmen Sept. 11, Black Dirt Ramblers Sept. 12, Kris Karr Sept. 18, Velvet Trio, Sept. 19, Chris Falcon Sept. 25, and TBD Sept. 26.

**2025 DES MOINES
CONCOURS D'ELEGANCE****Sept. 7, 10 a.m. to 4 p.m.****Downtown Des Moines**

The Des Moines Concours d'Elegance, a premier

exhibition of vintage, classic and special-interest vehicles, will celebrate its 25th anniversary.

Attendees can enjoy a free, family-friendly day exploring more than 150 extraordinary vehicles, live programming, and hands-on activities designed for all ages. On Sept. 6, a Charity Gala will be held from 5:30-8:30 p.m. at Stine Barn in West Des Moines. For more information: <https://desmoinesconcours.com/>

**VINTAGE, THRIFTED AND
HANDMADE FAIR****Sunday, Sept. 7, 10 a.m. to 5 p.m.****100-200 blocks of Fifth St., West Des Moines**

Antiques and vintage shops, along with antique and art vendor fairs, have a long history in Valley Junction. The Historic Valley Junction Foundation brings Valley Junction's new vendor fair following in the district's antique and vintage tradition. Valley Junction Vintage, Thrifted and Handmade is a new vendor show highlighting vintage home decor and clothing, unique thrifted finds, and local handmade items from Iowa business owners. This show includes 50-plus vendors and food trucks.

LAKE STREET DIVE TOUR**Wednesday, Sept. 10, 8 p.m.****Water Works Park, 2201 George Flagg Parkway,
Des Moines**

The Lake Street Dive tour, supporting the band's new album, "Good Together," stops in Des Moines, featuring an opening act by Lawrence. Tickets are available at www.ass.com/artists/1217/lake-street-dive-tickets?skin=lauridsen. ■

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RECIPE

ENJOY AN EASY, TASTY TACO SALAD

(Family Features) Hearty or light, spicy or mild, this Taco Salad is all imagination. Make it to your loved ones' content and top with favorites like chopped lettuce, sour cream and shredded cheese to keep weeknights simple yet flavorful, regardless of how crazy your calendar may get. ■

TACO SALAD

Recipe courtesy of "Cookin' Savvy"

Total time: 30 minutes

Servings: 6

Ingredients:

- 1 pound ground beef
- 1 can (15 ounces) black beans
- 1 can (15 ounces) corn
- 2 cans (14 ounces each) diced tomatoes with chilies
- 1/2 cup half-and-half or milk
- 2 tablespoons onion powder
- 2 tablespoons garlic powder
- 2 tablespoons mesquite seasoning
- 1 tablespoon black pepper
- salt, to taste
- 1 lime, juice only
- 1 cup chopped cilantro
- romaine lettuce
- 2-3 cups shredded cheese
- 1 tub (16 ounces) sour cream
- crushed tortilla chips



Directions:

- In pan over medium heat, brown beef until cooked through; drain. Add black beans and corn. Stir in tomatoes with juices and half-and-half. Add onion powder, garlic powder, mesquite seasoning and pepper. Season with salt, to taste. Bring to simmer.
- Add lime juice; stir. Sprinkle with cilantro.
- Wash and chop lettuce. Place cheese and sour cream in bowls for toppings.
- On plates, top crushed tortilla chips with meat sauce, lettuce, cheese and sour cream, as desired.

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