

Home is where your story begins



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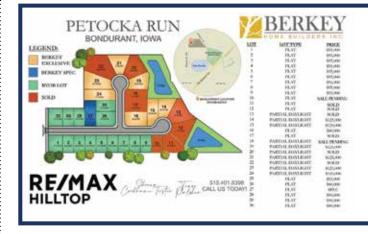
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3	FLAT	\$95,000
4	FLAT	\$95,000
5	FLAT	\$95,000
6	FLAT	\$95,000
7	FLAT	\$95,000
8	FLAT	\$95,000
9	FLAT	\$95,000
10	FLAT	\$95,000
11	FLAT	SOLD
12	FLAT	SOLD
13 PA	RTIAL DAYLIGHT	SOLD
14 PA	RTIAL DAYLIGHT	\$125,000
15 PA	RTIAL DAYLIGHT	\$120,000

LOT	LOT TYPE	PRICE
16	FLAT	\$80,000
17	FLAT	SOLD
18 PA	RTIAL DAYLIGHT	\$110,000
19 PA	RTIAL DAYLIGHT	\$125,000
20 PA	RTIAL DAYLIGHT	SOLD
21 PA	RTIAL DAYLIGHT	\$125,000
22 PA	RTIAL DAYLIGHT	SOLD
23 PA	RTIAL DAYLIGHT	\$125,000
24 PA	RTIAL DAYLIGHT	\$110,000
25	FLAT	\$95,000
26	FLAT	\$80,000
27	FLAT	SPEC
28	FLAT	\$90,000
29	FLAT	\$90,000
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WELCOME

ADVENTURES in camping

"Sorry, folks. Park's closed. The moose out front should have told you."

Those lines from actor John Candy in the 1983 hit movie "National Lampoon's Vacation" were echoing in my brain as we pulled away from Mahoney State Park in Nebraska a few decades ago. Jolene and I drove about an hour to this campsite with our three young daughters, all packed in a minivan with a large tent, sleeping bags and more camping gear than any family could ever need.



But, I didn't make reservations, and the campsite was full. It was after 7 p.m. on a Friday night, and, one way or another, we were going camping. I asked the friendly guard at the gate if he could recommended another campground. He suggested one just down the road, and we immediately trucked the minivan to it.

We were in luck, as this campground had a few open spots. We all smiled as we pulled up to our site, only to open the doors and hear the deafening roar of stock car engines coming from a nearby race track. It wasn't the peaceful evening around the campfire we envisioned, but we made the best of it and pitched our tent, filled our air mattresses and rolled out the sleeping bags.

Eventually, the races ended — just in time for the rain to start. We huddled together as the wind whipped our tent around and the rain seeped inside. In time, we fell asleep, only to be awakened by the cold rain that flowed over our now-deflated air mattresses and into our sleeping bags. So, at midnight, I hastily packed up the family and our soaking-wet belongings and took the drive back home.

That was the end of our tent-camping adventures. Not too much later, we bought a pop-up camper. Then, we sold that and upgraded to a travel trailer. Then, we sold that and purchased a different travel trailer. Then, we sold that and dished out for a class C motorhome, which we still have today — along with that same aforementioned tent. With all the kids out of the house today, neither one gets used much now, but we still have many wonderful memories of RV camping and one not-so-wonderful memory in a tent.

In this month's magazine, we share the stories of local residents who are enjoying life in their RVs and creating camping adventures. You can bet that they make campground reservations in advance.

Thanks for reading. ■



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FEATURE

Experiencing the country

Denise Cathlina-Wildman and her husband, Greg, experienced RV camping for the first time in 2008 when they went for a weekend visit with their son to his camper at Lake Rathbun.

"We so enjoyed it that we decided we needed the same kind of relaxing weekends, too, and we bought one for ourselves," Wildman says. Upon retirement in 2016, they camped full-time for about four years until the COVID pandemic hit. Then they bought a house in Bondurant and took a year off. In 2021, they resumed their beloved weekend pastime.

Wildman says they found their first RV camper, a Hornet with double slides, after an online search, a visit to an RV dealer, and a few RV shows.

"Greg is 6-foot 4-inches tall, so



Denise Cathlina-Wildman and her husband, Greg, visit a variety of landscapes in their travels with their RV.





FEATURE

we bought a larger camper, about 32 feet long," she explains. Their current one is about 38 feet long, and it has a washer, dryer and on-demand water heat.

"Our first camper only had a 6-gallon water heater," she recalls.

The Wildmans have camped in a vast variety of landscapes and communities.

"We have RV'd together twice in Alaska where Greg enjoyed halibut fishing," Wildman says. "My top favorite camping spots include camping in and near 22 national parks such as Denali National Park in Alaska, Zion National Park in Utah, Acadia National Park in Maine, and Glacier National Park and Mt. Rainier and Mt. St. Helen's in Washington. When you RV travel and camp, you get to see parts of nature up close unlike when you travel by plane. I enjoy the landscapes and the communities."

She says the Maine and Vermont areas were like a carpet of trees, an aspect of nature she enjoys. Wildman says they have had a seasonal spot in Minnesota that they frequent in the warmer months of the year, but their most recent RV camping has been spent in Nova Scotia near Peggy's Cove and Cape Breton Island.

Over the past five or six years, hiking has become a staple form of enjoyment during their

"We like to do local hikes near where we are camping, ones that are around 1-3 miles long," she explains.

They also like to visit historical museums near their camping spots, one example being the Titanic Museum in Halifax, which she says was a sobering experience.

While regular and frequent RV camping has an array of joys and benefits, there are some trade-offs that RV campers must come to terms with.

"We don't have a dishwasher in our RV," Wildman shares. "Since we camp about six months out of the year, I can't really plant a garden. We also don't get to see or visit with our family all the time. Our grandkids are older and busy now, though. We have taken our grandkids on some of our trips to spend more time with them."

Not all the trade-offs are negative.

"Greg had to give up his Iowa steaks, but he likes the seafood everywhere we go," Wildman chuckles. "He also likes not having to do our lawn. Our grandson helps us care for it when we're away."

The Wildmans recommend RV camping

to everyone because of the chance to see the country up close, carry your belongings with you comfortably in a place that feels like home, and the opportunity to meet people from all over the world.

"It is a more diverse way of learning about the world," she says.

Family fun

For Liza Shoning-Young, enjoying the outdoors via camping has been an evolving experience. Before she and her husband had children, they used to tent camp. Once they had children, they decided to switch gears and bought a 1975 Scamper pop-up.

"It was a neat pop-up," she says. "The guy who owned it before us was a pilot and kept it in a Morton building. He took it to air shows."

After they had the pop-up for a while, it began to come apart at the seams, so they got another. Soon they realized that one wouldn't work for their growing family, so they bought an Aspen Trail travel trailer in 2019.

"We went to the RV show at the fairgrounds and found it," Young remembers. "It was for sale in Indianola, so we bought it. We still have the same one, though we will probably upgrade to a fifth wheel in a year or two."

The trailer is 30 feet long, and it has a bunkhouse in it for their two kids and a queen bed for her and her husband. It also boasts an outdoor kitchen, as well as a living area.

Young's family loves to RV camp as a family, and quite often they camp with a group of friends. A few of their friends also have boats, and the group enjoys going out on the water together. During the nice weather months, they RV camp about twice a month.

"We start in May and stop around October. We like Cherry Glenn at Saylorville, and we like the KOA in Adel," Young says. "At Cherry Glenn, we have to book a spot six months out, so we start booking around November or December. We typically camp from Friday to Sunday, though, occasionally, we set up on a Thursday night at our Saylorville spot since it is close. We usually camp at Cutty's by Grimes about once a year. It's right off of I-80. We've travelled out of state some. We went to South Dakota in 2021, and we did Mt. Rushmore and Vermillion."

To set up the trailer, it must first be parked and stabilized with blocks. It must then be leveled out. Once that is done, the slides can be extended, and it can be hooked up to electricity and water.

"There's really not much else to it," she says.

Young appreciates the amenities that come with RV camping. For example, with young kids who need to visit the restroom in the middle of the night, it is simpler and dependable to visit the one in an RV than to find the way to the campground facilities in the dark. She also enjoys having air conditioning to cool off when the weather gets toasty.

"I think RV camping is a great family experience to unwind and center yourself, and to enjoy nature," Young shares. "My parents didn't do a lot with us growing up, and I decided I wanted to do things with my own kids."

Young says that, when they retire, they'll probably get a class A camper and travel.

"I would like to go to the northwest, places like Washington, Utah and Oregon. I think camping there would be really great. I'd also like to go south to Tennessee and Arkansas."

Upgrading to more space

Mikayla Stott's family bought their first RV about four years ago. Justin, her husband, grew up camping with his family and great grandmother. As a couple, they started off enjoying camping outdoors with tent camping. When their family began growing, they decided they needed an RV.

"On a whim, we decided to drive through a local RV sales lot to look at them, and we ended up coming home with one," Stott recalls.

The Stotts have now upgraded to a new RV this past year, a Transcend, but that was only due to their first one being totaled last fall due to a hailstorm.

"It ended up being a blessing in disguise," she says. "The last one didn't have a slide out, and this one does. We started out RV camping with one kid and one dog, and now we have two kids and two dogs. We needed more space."

Besides a much-appreciated slide out, their Transcend RV has two air conditioners, a feature that Stott says excited Justin. It is also brighter and lets in more light on the inside than their first one.

"The way the bunks are laid out makes it really spacious for our family," Stott says.

The campgrounds that the Stotts visit and camp at most are local.

"Our favorite spots include Prairie Flower in Ankeny, the KOA in Adel and Howell Station in Pella," Stott shares. "The dream is that, when we get older, Justin and I will travel the world in an RV, but right now we just do local

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FEATURE

camping with our kids."

This fall, their family is looking forward to 10 weekends in a row of camping. They go as often as they can in the fall season. Summer camping is fair-weather based and happens only if it isn't too hot. They typically sit down on a weekend and book out campsites as far as they can, though, occasionally, they will plan a spur-ofthe-moment trip.

"We usually have good luck finding a spot," Stott says. When they are at their chosen campground for the weekend, the Stotts like to spend time as a family and relax.

"My kids love the parks," Stott remarks. "We love to sit around the campfire. Sometimes a group of friends go camping with us, and we like to play cards inside the camper or around the fire. For me, RV camping is a time when I can truly relax. At home, I'm always thinking of the next thing that needs to be done. When I'm camping, I can sit around the fire and just enjoy time with my family."

Though there aren't many memories that shine brightly above the rest regarding their family camping trips, Stott says they like to visit the Adel KOA every Halloween.

"The KOA has lots of activities for kids that my daughter loves," she says. "At Halloween, they have trickor-treating, and my kids love that."

Most of the time, the family simply enjoys taking it easy and spending time with each other.



Mikayla and Justin Stott like taking their family on weekend getaways. With their RV, they can get away from home without going too far.

TYPES OF RVS

Class A motorhomes: Largest drivable RVs, often associated with luxury and comfort. Their large bus frames are built on a truck chassis, providing RV manufacturers with the flexibility to make heavier and more spacious RVs.

Class B motorhomes: Smallest drivable RVs on the market. Also called campervans, they are nimble enough to fit in standard parking spaces yet big enough to have small kitchens, a flexible living and sleeping area, and sometimes even toilets and showers.

Class C motorhomes: Built on a van chassis with the living space constructed around the cab. Usually, the signature cabover bed serves as a secondary sleeping space. These small motorhomes transform into comfortable living spaces when parked at the campground — especially those that come with one or more slide outs.

Fifth wheels: The largest towable RVs. A fifth wheel connects a pin-box from the front of the trailer to a u-shaped coupling mounted in a truck bed. Amenities like multiple slide outs, an outdoor kitchen, extendable patio, reclining chairs, office space and a kitchen island help make fifth wheels some of the most comfortable and luxurious trailers.

Toy haulers: An RV type all their own because of their garages. Toy haulers have living areas and a multi-purpose utility space designed to carry motorcycles, off-road utility vehicles,

kayaks, dirt bikes, or other toys inside of the RV.

Travel trailers: The most popular RVs on the market because they are versatile and come in many different lengths and weights. Larger travel trailers may have slide outs and separate living and sleeping guarters and amenities like a bunkhouse or outdoor kitchen. To tow a travel trailer, you must have a tow vehicle with a sufficient tow rating and a hitch installed to connect the trailer.

Pop-up campers: Hybrid RV tents. When the pop-up camper is in camping mode, the tent section of the trailer extends to provide more headroom, sleeping space and zippable sides and windows. People often choose pop-up campers because they are lightweight and easy to tow.

Tiny travel trailers: Sometimes called micro trailers, these have small and flexible living spaces. Tiny travel trailers include teardrop, fiberglass, clamshell and some smaller pop-ups. They are lightweight, and smaller SUVs and trucks can tow them.

Truck campers: Sit in the bed of a pickup truck, and, because of weight, they almost always require a one-ton or a dually (dual rear-wheel) truck. They range from lightweight with pop-up roof to more luxurious models with slide outs.

Find additional information at www.rvezy.com/blog/ rv-types.

THE IMPORTANCE of nutritious food

As we age, our bodies naturally go through changes that affect how we digest food, absorb nutrients and maintain muscle and bone health. For seniors, and those who care for them, paying close attention to



nutrition becomes more than just helpful; it's essential. Eating nutrient-dense foods plays a key role in supporting vitality, independence and overall well-being in older adulthood.

So, what exactly are nutrient-dense foods? These are foods packed with vitamins, minerals, fiber and other essential nutrients, but relatively low in calories. They provide a big nutritional benefit in a small package. Examples include colorful fruits and vegetables, whole grains, lean proteins, legumes, nuts and seeds. These foods can support immune function, boost cognitive health, and help maintain consistent energy

levels, all important factors in aging well.

Protein is especially important for aging adults. As we get older, we naturally lose muscle mass, which can lead to decreased strength, greater risk of falls, and slower recovery from illness or injury. Consuming adequate protein helps preserve muscle strength and supports healing. Seniors should aim to include highquality protein sources in each meal. Good choices include eggs, poultry, fish, Greek yogurt, cottage cheese, beans and lentils. Even small portions spread throughout the day can make a meaningful impact.

Fiber is another crucial component of a senior's diet. It promotes regular digestion, helps regulate blood sugar levels and supports heart health. Fiber-rich foods include whole grains like oats and brown rice; fruits such as apples, berries and pears; vegetables like broccoli, carrots and leafy greens; and legumes such as black beans and chickpeas. It's also essential to stay well-hydrated (especially when increasing fiber intake) to help the digestive system function properly.

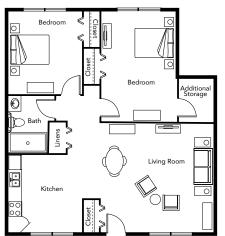
Caregivers play a critical role in encouraging healthy eating habits. Here are a few practical tips: keep balanced meals and snacks prepped and easy to access, make meals visually appealing and easy to chew, encourage shared mealtimes to improve appetite and mood, and consider working with a registered dietitian for individualized guidance.

Healthy eating doesn't have to be complicated. With an emphasis on nutrientdense foods rich in protein and fiber, seniors can enjoy more energy, improved physical health, and a higher quality of life. It's never too late to nourish both body and spirit through thoughtful, wholesome meals.

"Healthy food is the only investment guaranteed to pay dividends for a lifetime."

Information provided by Stephanie Proper, executive director, Valley View Village, 2571 Guthrie Ave., Des Moines, 515-265-2571.

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MOM'S Chicken Salad

Lately, I've been hooked on chicken salad making a fresh batch every week for quick, satisfying lunches and the occasional no-fuss dinner. It is incredibly convenient to have a flavorful, ready-to-eat meal waiting in the fridge. I love its versatility, too, as it is perfect to pile on toast, toss over greens, or simply enjoy by the spoonful.



This version (I can't really call it a recipe) is more of a method passed down from my mother. She never measured anything, but just added a bit of this and a scoop of that, adjusting as she tasted. I have kept that spirit but added a few of my own touches along the way. I sometimes swap out the mayo for Greek yogurt, skip the onions (some family members are not fans), and change up the nuts depending on what I have on hand. I also ditched the sugar in favor of honey or a splash of lemon juice for brightness. Personally, I leave out mustard — but if you love that tangy kick, try stirring in a tablespoon of Dijon for a bold, earthy note.

It's a flexible formula that can be adjusted to your tastes and your family's. Enjoy! ■

Information provided by Jolene Goodman, vice president of Big Green Umbrella Media.

Lois' Chicken Salad

Ingredients:

- · 3 cups chicken, diced
- ½-1 cup celery, diced
- 1/4-1/2 cup onion, minced (optional)
- ½-1 cup of red grapes, cut in half (or use mandarin oranges)
- 1/4-3/4 cup pecans, chopped (or use walnuts or almonds)
- 2 tablespoons honey (or a splash of lemon juice)
- 1-1/4 cup mayonnaise (or lowfat Greek yogurt), add more if
- ¼ teaspoon garlic powder
- 1/4 teaspoon pepper
- ½ teaspoon salt



Directions

· Add first five ingredients to a medium-sized bowl. In a smaller bowl, combine the last 5 ingredients and add to the first bowl. Mix. Chill for one to two hours so flavors blend. Enjoy on bread, toast, bed of greens or on its own. Makes six to eight servings.



ANTICIPATORY grief

Anticipatory grief is the kind of grief that occurs before a death. While this is our body's way of preparing for the loss, it does not necessarily mean that the grief experienced when the death does occur will be easier. For some, it might still feel surreal or even shocking when the death finally occurs because it has been long-anticipated. That long period of anticipation may lead to heightened anxiety for some. For others, the time to prepare makes the death feel less impactful when it does occur.



It is important to remember that grief reactions are highly individual and vary for each loss experienced. Feelings that may be more pronounced include anxiety and guilt. There may be additional layers added to grief, like the emotional toll of being a caretaker. And there are many secondary losses grieved along the way, like changes in abilities and cognition.

A few tips for coping with anticipatory grief: Give yourself permission to feel whatever you are feeling, especially contradictory feelings. Take care of yourself and find adaptive coping strategies that work for you. Seek out support and respite when you need it. Be as present as possible with the person who is dying and utilize this time for memory making and

It is easy to forget that dying is actually very hard work. Being present to someone doing the hard work of dying can be a powerful experience.

Information provided by Buffy Peters, Director of Hamilton's Academy of Grief & Loss, 3601 Westown Parkway, West Des Moines, IA 50266, 515-697-3666. For $more\ information, resources\ or\ support\ visit: www. Hamiltons Funeral Home.$ com/academy-of-grief-and-loss.



WHAT HAPPENS if a home doesn't appraise?

When buying a home, one of the common contingencies in your contract will be the appraisal. An appraisal is when a licensed appraiser visits the property and gives an independent, expert opinion on its value. The appraiser is typically hired by the buyer's lender, whether that's a bank, credit union or mortgage company, and their job is to protect the lender from loaning more money than the home is worth. They determine this by reviewing recent comparable sales, evaluating current market trends, and assessing the home's overall condition.

There are several reasons a home might appraise for less than expected. Shifting market conditions can cause prices to move faster than recent sales data reflects, which may result in a lower valuation. Overpricing at the time of listing is one of the most common causes in today's market. Unique property features, such as unusual layouts or upgrades that are hard to measure against other homes, can also make it difficult for an appraiser to assign full value. Additionally, if the home has condition issues or needed repairs, the appraiser may reduce the valuation accordingly.

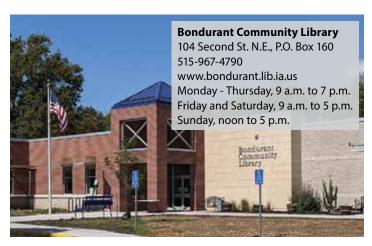
If an appraisal comes in low, there are a few ways to handle it. In many cases, the buyer and seller will renegotiate the price so it matches the appraised value, since the lender will not finance more than that amount. Another option is for the buyer to bring additional cash to closing to cover the difference between the purchase price and the appraised value. In some situations, the parties may challenge the appraisal by submitting better comparable sales or evidence of value, though these challenges can be difficult to win.

While you can't guarantee a perfect outcome, there are steps you can take to reduce the risk of a low appraisal. Pricing the home strategically from the start is critical. Making necessary repairs and value-boosting improvements before listing can help as well. Working with an experienced real estate agent who understands local pricing trends is key, and it can also be helpful to provide the appraiser with a list of recent comparable sales and documented upgrades to the home.

The bottom line is that a low appraisal isn't the end of the road, but it does mean you will need to make quick, informed decisions to keep the transaction moving forward. With the right preparation and guidance, you can still reach the closing table successfully. ■

Information provided by Austin Sullivan, Re/Max Concepts, 3880 Prairie Fire N.W., Altoona, 515-943-9797. austin@soldwithsullivan.com

THE THINGS you can borrow



We have been working very hard to get all the "things" ready for you all to borrow. Are you wondering what you can check out as of right now?

Here you go: several silicone cake pans in many different shapes; bird watching kit that includes binoculars; shark kite, butterfly kite, pickle ball set; two Tonie boxes and several Tonie characters; two Yoto players with several Yoto cards; car diagnostic scanner; laser level; furniture-moving discs; stud finder; blood pressure monitors; light therapy lamp; radon detector; video convertor; Wi-Fi hotspots.

We have more items coming soon. Keep checking our website for updates. The Library of Things is available to residents of Bondurant and Douglas, Clay and Franklin townships only.

Here is what is happening at the library in September:

- The library is closed Aug. 31 and Sept. 1 for Labor Day.
- Story Time Break: Aug. 25 through Sept. 5
- Story Times: Tuesday, Wednesday and Friday at 10:30 a.m.
- Fit for Life exercise class: Monday and Thursday at 8:30 a.m.
- Sept. 2: Book Club Grades 3-5 at 6 p.m.
- Sept. 3: Pokémom Club at 4:15 p.m.
- Sept. 4: Adult Craft Night, registration required at 6 p.m.
- Sept. 8: After School tissue paper painting at 2:30 p.m.
- Sept. 9: Book Discussion for Adults at 6 p.m.
- Sept. 10: Curious & Creative Kids Club at 4:15 p.m.
- Sept. 11: Paint Night for Adults, registration required at 6 p.m.
- Sept. 13: Messy Munchkins at 10:30 a.m.
- Sept. 15: After School BINGO at 2:30 p.m.
- Sept. 16: Book Club Grades 6-8 at 6 p.m.
- Sept. 18: Anime Club at 4 p.m.
- Sept. 18: Family Game Night at 5:30 p.m.
- Sept. 19: Coffee Social at 1 p.m.
- Sept. 20: Saturday Stories at 10:30 a.m.
- Sept. 22: After School Movie & Popcorn at 2:30 p.m.
- Sept. 22: Teen Café at 4:30 p.m.
- Sept. 25: Welcome to Medicare at 6 p.m.
- Sept. 29: After School Open Play at 2:30 p.m.
- Sept. 30: Adult Crafternoon at 1 p.m. ■





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FROM classroom to leadership

Curtis named assistant principal at BFHS.

Growing up, people often told Lindsay Curtis she should become a teacher. But she wanted something different.

"My mom is a teacher, and, as a teenage girl determined to carve my own path, following in her footsteps was the last thing I imagined for myself, let alone becoming a principal one day," Curtis shares.

During her senior year of high school, however, an experience shifted her perspective.



Lindsay Curtis is the new assistant principal at the Bondurant-Farrar High School.

"In that moment, I saw what everyone else had seen all along: My heart and my skills were meant for education," Curtis says. "From that point forward, I've embraced this calling wholeheartedly, and I can truly say I've loved every single step of the journey. I've always loved the energy and possibility that comes with working with young people."

Curtis holds a bachelor's degree in elementary education from Grand View University and a master's degree in educational leadership from the University of Iowa.

Now, after nine years in education — including six years at Bondurant's Intermediate School — she's expanding her impact as the new assistant principal at Bondurant-Farrar High School.

"I was drawn to the assistant principal role because I'm passionate about supporting both students and staff, and I'm excited to help our high school community grow and thrive," she says.

Over the years, Curtis has made many great memories as a Bluejay, from spirited dress-up days to friendly competitions.

"My sixth-grade classes were known for their competitive streak," she explains. "One year, my homeroom took home the Dodgeball Tournament championship, and, last year, my class won 'Fastest Class' all three times. I even joined in the running twice. That same group capped off the year by winning Field Day in May."

For Curtis, the best part of working in education is the people.

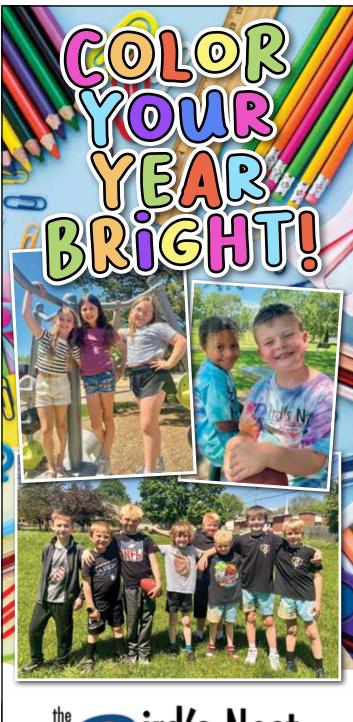
"I love connecting with students, collaborating with staff, and working with families to create an environment where every student feels safe, valued and capable of success," she says.

Her job isn't without challenges, though. In education, Curtis finds, the challenge is often balancing many needs at once while keeping the focus on what matters most — the students.

"My goal is always to prioritize building strong relationships, fostering a positive school culture, and ensuring our classrooms are places where everyone belongs," she says.

Curtis has lived in Bondurant for three years with her husband, Ryan, and their two daughters, Elowyn, 2, and Juniper, 1.

"We love being part of this tight-knit community and taking advantage of all the family-friendly events and activities it has to offer," she says. "When I'm not at school, you'll usually find me chasing my girls at the park, binge-watching a good series, cheering on the Pittsburgh Steelers or watching sprint car races in Knoxville." ■





Felicia Collison and Jill Sullivan, owners and Lindsay Schaper, director

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News from the **BONDURANT-FARRAR**

COMMUNITY SCHOOL DISTRICT

August 2025

Building for the Future: Summer 2025 Facilities Updates

As we kick off a new school year, we wanted to take a moment to highlight several facilities projects that wrapped up or got started over the summer. From classrooms to playgrounds, these updates are all about creating better spaces for our students. Thank you for your continued support in helping us create spaces where every Bluejay can thrive!



High School Addition & Renovation

Final touches are underway on our multi-phase project at the high school. The addition features three new art classrooms, a larger multipurpose wrestling room, and an expanded strength and conditioning room.

Major renovations in other parts of the building have created additional cafeteria space and allowed programs like choir and industrial technology to move into newly remodeled classrooms - enhancing functionality and making room for future growth.



Playground at Anderson Elementary

Anderson students in grades 2-4 are in for an exciting start to the school year - a refreshed playground is nearly ready for them to enjoy!

The updates include new equipment, enhanced safety features, and play options designed for all ability levels. We can't wait to welcome students to this space!



Groundbreaking on the Activities Complex

This summer, crews officially broke ground on the new outdoor activities complex at the high school - a major step forward for our athletic facilities.

The project includes a turf baseball field, a turf softball field, and brand-new tennis and pickleball courts.

If all goes as planned, these spaces will be ready to host Bluejay competition by summer 2026.



Anderson Elementary Outdoor Classroom

COMING SOON! On the south end of Anderson Elementary, where the former garden used to be, our new outdoor classroom is taking shape and is anticipated to be complete this fall.

Once finished, it will give students the chance to learn in the fresh air while teachers incorporate nature into lessons across a variety of subjects.

Contact US:

Bondurant-Farrar District Office 300 Garfield Street SW, Bondurant Phone: 515-967-7819

Online: www.bfschools.org/contactus



Facebook: @BFDistrict X: @BF District

YouTube: @Bondurant-FarrarCSD

Flickr: www.flickr.com/photos/bfcsd/albums



Aug 28

Aug 30

Sep 2

Sep 9

Sep 16

Sep 20

Sep 23

Sep 27

Sep 30

0ct 7

0ct 9

0ct 11 0ct 14

Oct 16

Oct 21

Oct 23

5:00 PM

8:00 AM

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7:00 PM

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9:00 AM

7:00 PM

8:30 AM

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7:00 PM

7:00 PM

9:00 AM

7:00 PM

7:15 PM

7:00 PM

7:00 PM

Multiple Schools

Multiple Schools

Southeast Polk

Benton Community

Adel DeSoto Minburn CSD

Carroll Community School

Cedar Rapids Jefferson

Gilbert

Carlisle

Boone

Nevada

Winterset

North Polk

Multiple Schools

Multiple Schools

Ballard

JV FOOTBALL

	DATE	TIME	OPPONENT	LOCATION
	Aug 22	TBD	Nevada	Nevada High School
ı	Sep 1	6:00 PM	Waverly-Shell Rock	Bondurant-Farrar High School
l	Sep 8	6:30 PM	Grinnell	Grinnell High School
ı	Sep 15	6:30 PM	Newton	Newton HA Lynn Stadium
	Sep 22	6:30 PM	Adel DeSoto Minburn CSD	Bondurant-Farrar High School
ı	Sep 29	6:30 PM	Gilbert	Gilbert High School
l	0ct 6	6:30 PM	North Polk	North Polk High School
	Oct 13	6:30 PM	Carlisle	Bondurant-Farrar High School
l	Oct 20	6:30 PM	Ballard	Ballard High School

CROSS COUNTRY

DATE	TIME	OPPONENT	LOCATION
Aug 30	8:00 AM	Multiple Schools	Johnston High School
Sep 4	4:30 PM	Multiple Schools	Bondurant-Farrar Int. School
Sep 9	4:30 PM	Multiple Schools	Lakeview CC
Sep 15	4:30 PM	Ballard	Ballard Golf & CC
Sep 25	4:30 PM	Roland-Story	Roland-Story
Sep 30	4:30 PM	Multiple Schools	Wiliamsburg High School
0ct 6	4:30 PM	Multiple Schools	North Polk High School
Oct 13	4:00 PM	Multiple Schools	Bondurant-Farrar Int. School
Oct 20	TBD	Pella	Pella
Oct 22	4:00 PM	Multiple Schools	TBA
0ct 31	12:30 PM	IHSAA	Fort Dodge - Lakeside Municipal Golf Course

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SENIORS

Mount Vernon High School

Bondurant-Farrar High School

Bondurant-Farrar High School

Bondurant-Farrar High School

Bondurant-Farrar High School Carlisle High School

Bondurant-Farrar High School Ballard High School

Cedar Rapids Jefferson High School

Southeast Polk High School

Carlisle High School Benton Community High School

Winterset High School

TBA



GO BLUEJAYS!

GO BLUE JAYS!



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VARSITY FOOTBALL

DATE	TIME	OPPONENT	LOCATION
Aug 22	TBD	Nevada	Nevada High School
Aug 29	7:15 PM	Waverly-Shell Rock	Waverly-Shell Rock High School
Sep 5	7:00 PM	Grinnell	Bondurant-Farrar High School
Sep 12	7:00 PM	Newton	Bondurant-Farrar High School
Sep 19	7:00 PM	Adel DeSoto Minburn CSD	A-D-M, Adel
Sep 26	7:00 PM	Gilbert	Bondurant-Farrar High School
Oct 3	7:00 PM	North Polk	Bondurant-Farrar High School
Oct 10	7:00 PM	Carlisle	Carlisle
Oct 17	7:00 PM	Ballard	Bondurant-Farrar High School
Oct 24	7:00 PM	Des Moines North	Des Moines North High School
Oct 31	TBD	TBA	TBA
Nov 7	TBD	TBA	TBA





FOR ALL BLUEJAYS SCHEDULES Schedules are subject to change. Scan for most up-to-date schedules.



JV VOLLEYBALL

DATE TIME OPPONENT LOCATION Sep 1 5:30 PM Multiple Schools Sep 2 5:15 PM Gilbert Bondurant-Farrar High School Sep 13 8:00 AM TBA Bondurant-Farrar High School Sep 16 5:15 PM Carlisle Carlisle High School Sep 23 5:15 PM Boone Bondurant-Farrar High School Sep 30 5:15 PM Winterset Winterset High School Oct 7 5:15 PM Adel DeSoto Minburn CSD Bondurant-Farrar High School Oct 9 5:15 PM Carroll Community School Oct 14 5:15 PM North Polk Bondurant-Farrar High School				
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Sep 23 5:15 PM Boone Bondurant-Farrar High School Sep 30 5:15 PM Winterset Winterset High School Oct 7 5:15 PM Adel DeSoto Minburn CSD Bondurant-Farrar High School Oct 9 5:15 PM Carroll Community School Oct 14 5:15 PM North Polk Bondurant-Farrar High School	Sep 13	8:00 AM	TBA	Bondurant-Farrar High School
Sep 30 5:15 PM Winterset Winterset High School Oct 7 5:15 PM Adel DeSoto Minburn CSD Bondurant-Farrar High School Oct 9 5:15 PM Carroll Community School Oct 14 5:15 PM North Polk Bondurant-Farrar High School	Sep 16	5:15 PM	Carlisle	Carlisle High School
Oct 7 5:15 PM Adel DeSoto Minburn CSD Bondurant-Farrar High School Oct 9 5:15 PM Carroll Community School Oct 14 5:15 PM North Polk Bondurant-Farrar High School	Sep 23	5:15 PM	Boone	Bondurant-Farrar High School
Oct 9 5:15 PM Carroll Community School Oct 14 5:15 PM North Polk Bondurant-Farrar High School	Sep 30	5:15 PM	Winterset	Winterset High School
Oct 14 5:15 PM North Polk Bondurant-Farrar High School	0ct 7	5:15 PM	Adel DeSoto Minburn CSD	Bondurant-Farrar High School
	0ct 9	5:15 PM	Carroll Community School	
	Oct 14	5:15 PM	North Polk	Bondurant-Farrar High School
Oct 16 5:30 PM Ballard Ballard High School	0ct 16	5:30 PM	Ballard	Ballard High School







Photos provided by Photos By Ben.

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FAITH

By Mark Spencer

FINISHING well

When you think of the great people of the Bible (behind Jesus, of course), you probably think of names like Abraham, Moses, Peter and Paul. Then maybe a tier or two down, you get to Joshua. But I think Joshua deserves more credit than he usually



Imagine trying to follow Moses. Moses was the one who parted the Red Sea, met God on Mount Sinai, and led the people out of slavery in Egypt.

That's a hard act to follow. And yet, Joshua did just that. After Moses died, Joshua became the leader of Israel, charged with bringing God's people into the Promised Land. No pressure, right?

But Joshua wasn't just a placeholder or a footnote. He was a man of courage, conviction and, most importantly, faith. He trusted God through the ups and downs, through battles and setbacks. And perhaps most impressive of all, Joshua didn't just start strong, he finished well.

As Joshua's life was coming to an end, he gathered the people of Israel and gave them one final charge. He reminded them of all God had done and challenged them to stay faithful. And then he delivered this famous declaration:

"As for me and my house, we will serve the Lord," Joshua 24:15.

Those words weren't just good on a coffee mug, they were words he lived by. Joshua had served the Lord faithfully from the days of wandering in the wilderness to the days of victory in the Promised Land. He didn't grow bitter with age, he grew bolder. He didn't coast into retirement; he pressed into obedience.

And that's something we need today. In a culture obsessed with youth and quick results, many people burn bright and then burn out. Passion for the right things is great, but we often forget the value of perseverance. Finishing well is rare and that makes it even more beautiful.

We also don't always honor those who have walked with God for decades. But the older saints among us have weathered storms, clung to Christ, and kept the faith which gives them something to teach us. They remind us that the Christian life is a marathon, not a sprint.

If you're in a later season of life, don't underestimate your influence. Your quiet consistency, your prayers, and your example of faithfulness may be exactly what the next generation

If you're younger, now is the time to build habits of faithfulness so that one day you, too, can look back on a life that honored God from start to finish.

Finishing well isn't just about crossing the finish line. It's about choosing, day by day, to walk with Jesus no matter what life brings. ■

Information provided by Mark Spencer, lead pastor, First Family Church Bondurant, mspencer@ffcblife.com, 515-587-5930.





Sign Up for Construction Alerts

The City of Bondurant is currently undergoing active construction throughout 2025. We understand that these improvements may have a direct impact on your neighborhood. To keep you informed, we've set up a dedicated webpage where you can find up-to-date project details, timelines, and contact information. Visit https://tinyurl.com/2025BonduConstruction to sign up for direct construction updates delivered straight to your email.



Thank you for your patience as we work to improve our community infrastructure!





Connect with Us



The City of Bondurant offers a variety of ways to keep you connected-from social media pages and email newsletters to texts right to your phone! Follow along, subscribe, or check in when you can-we're here to keep you in the loop and connected to your community.

EngagewithUs



You can find upcoming City Council meeting dates, agendas, and past meeting minutes by scanning the QR code. We're making it easier than ever to stay informed and engaged.

EVENTS IN THE AREA

Be sure to check for cancelations.

Coming up in the Bondurant Living magazine:

Home Improvement: Our annual Home Improvement issue in which we share residents' stories about their remodeling projects is coming up. Please share your stories about the work you have done on your home and how it has changed your use of the space and enjoyment of your home. Email tammy@iowalivingmagazines.com with your stories.

Costume Creations: Halloween fun is quickly approaching! If you forgo the off-the-rack costumes for something more creative, we want to hear from you. Tell us about your costume creations and the fun you had making them. Email tammy@ iowalivingmagazines.com with your stories.

New Water Tower Dedication

Friday, Sept. 5, 11 a.m. 2400 Eisenhower Drive S.E., Bondurant

Join city officials for the dedication of the new water tower in Bondurant. Rep. Zach Nunn, U.S. Representative for Iowa's Third Congressional District, will be the guest speaker.

Medicare 101 with Edencrest at the Tuscany

Thursday, Sept. 25, 3-4 p.m. Edencrest at The Tuscany, 1690 8th St. S.E., Altoona

Join McKenzie Wedig and Payton Brown, licensed insurance agents with Heartland Retirement Group, an Integrity Company, for an informative and easy-to-understand session: Medicare 101. This free session is perfect for anyone who is about to enroll in Medicare or currently on Medicare and wants to understand it better or are unsure what Medicare plan is best for them. Light refreshments and treats provided. Attend for a chance to win a raffle prize.

RSVP by Monday, Sept. 22. Call or text: Tuscany: 515-850-6119; McKenzie: 515-864-8711; Payton: 515-210-5409.

'Blithe Spirit'

Oct. 3-12

Ankeny Community Theatre, 1932 S.W. Third St., Ankeny

"Blithe Spirit," by Noël Coward, will be presented by Ankeny Community Theatre. This comedy is perfect for the Halloween season. When a group of friends hosts a seance that goes wrong, Charles' first wife comes back to haunt him and his new wife with hysterical results. Tickets available at ankenycommunitytheatre.com.

Ava's Birthday Blood Drive

Saturday, Sept. 20, 8 a.m. to noon Bondurant Christian Church, 304 Grant St. S., Bondurant

Mark your calendars and sign up at donor. lifeservebloodcenter.org or scan this QR code for more information.





Confluence Brewing Summer Concert Series

Thursdays and Fridays through September, 6-8:30 p.m. 1235 Thomas Beck Road, Des Moines

Enjoy live music every Thursday and Friday. Performances are held outside, weather permitting, and moved inside in case of poor weather. A food truck is also available. Entertainment includes: David Watson Aug. 28, Nathan Thiessen Band Aug. 29, Sean Sullivan Sept. 4, Drama Kings Sept. 5, Patresa Hartmen Sept. 11, Black Dirt Ramblers Sept. 12, Kris Karr Sept. 18, Velvet Trio Sept. 19, Chris Falcon Sept. 25, and TBD Sept. 26.



Martini Fest

Friday, Sept. 19, 5-9 p.m. West Glen Town Center

CITYVIEW is bringing Martini Fest back to West Glen Town Center. For a ticket price of \$25 (tickets will be \$35 at the event), attendees will receive 10 tickets that can be redeemed at each participating martini stop for a sample-size martini. Locations include nightclubs and restaurants at West Glen Town Center. Reserve your tickets at www. eventbrite.com/e/cityview-martini-fest-2025tickets-1291852588869 now so you can avoid registration lines at the event.



Touch-a-Truck

Monday, Sept. 8, 3-5 p.m. Lake Petocka, 8027 N.E. 80th St., **Bondurant**

The public is invited to Lake Petocka for a fun-filled Touch-a-Truck event. Honk some horns and explore a variety of working trucks, including public service, emergency, utility, construction, landscaping, transportation and delivery vehicles. From 3-3:30 p.m., will be a sensory-friendly experience. Enjoy freeze pops donated by Altoona Hy-Vee and ice-cold water donated by Kwik Star. This is a great event for all ages.

Trick-or-Treat

Saturday, Oct. 25

Trick-or-Treat in Bondurant will take place on the last Saturday of October every year, as set by the city council. This year's date is Oct. 25.





Sunday, Sept. 14 Charlie's Filling Station, 305 Grand Ave., West Des Moines www.friendlysonsiowa.com

The Friendly Sons of St. Patrick are holding a fundraising car show to benefit the St. Patrick's Day Parade. Bring your classic or unique vehicle. Registration is 11 a.m. until 1 p.m. Trophies will be awarded at 3 p.m. Vendors and food will be available. ■

SETTING the stage for success

How personalized tutoring can boost back-to-school readiness.

The start of a new school year brings excitement and the potential for fresh beginnings. However, it can also bring anxieties, especially if your child feels unprepared or needs extra support in certain subjects.



Starting the school year strong is crucial for building confidence and establishing positive learning habits, and tutoring, particularly at a personalized tutoring center, can play a significant role in achieving that.

Personalized tutoring programs are designed to address individual needs and learning styles. Unlike a crowded classroom setting, where it is difficult for one teacher to dedicate ample time to each student individually, tutors can provide focused, one-on-one or small group instruction. This individualized approach allows them to quickly pinpoint areas where a student might be struggling and develop strategies to bridge learning gaps before they become significant

obstacles and break down confidence. This proactive approach helps students build a strong foundation and avoid the "summer slide" — the loss of academic skills during summer break. It has been proven that students can lose up to three months of skills learned during the previous academic year if they do not keep practicing throughout the summer months.

One of the key benefits of an individualized tutoring program is its focus on not just improving grades but also developing critical thinking skills. Tutors help reinforce difficult concepts, prepare for exams, and encourage students to take ownership of their education. This can significantly impact a child's academic journey, fostering a love for learning and equipping them with valuable skills that extend far beyond the classroom.

Another benefit of individual tutoring is building self-esteem. Students learn to approach problems systematically, fostering independence and a positive attitude towards learning. As they begin to experience success through their own efforts, their mindset shifts - they no

longer see learning as a challenge to avoid, but as an opportunity to grow. The positive rapport between tutor and student cultivates a supportive space where mistakes become stepping stones, not setbacks. When students feel empowered and encouraged, these uplifting interactions often lead to lasting, positive outcomes both academically and personally.

Choosing personalized tutoring means investing in your child's long-term academic success. Programs based on proven research and designed to maximize a student's learning experience will benefit your child for years to come. Personalized learning plans, combined with the guidance of certified teachers, will lead to noticeable improvements in grades and overall confidence, which sets the stage for a positive and productive school year.

Information provided by Angela Jones, Owner and Center Director of Sylvan Learning of Altoona, 301 Center Place, Suite C-1, Altoona, 515-957-2923, Angela. Jones@sylvanlearning.com.



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HEALTH

By Dr. Steven Neville

WHITER teeth for a better smile

Millions of Americans have stained and discolored teeth. Dental professionals ask patients what they would like to improve most about their smile, with one of the most common answers being whiter teeth. Understanding whitening in the dental profession comes from understanding two different types of stains: intrinsic and extrinsic. Extrinsic stain is on the surface of the tooth. Tobacco, coffee stain and tartar buildup are examples and can easily be



removed by a dental hygienist when getting your teeth cleaned. Intrinsic stains are below the surface and difficult to remove. Aging, medications and trauma are causes of intrinsic stain. We have several solutions to help you remove the stain: whitening toothpaste, rinse, at-home strips, custom trays and in-office whitening. Whitening toothpaste, strips and custom trays are the most common choices among patients. One thing we recommend when you whiten your teeth, is to use sensitivity toothpaste at least once daily to help with sensitivity you may experience. If you are interested in a whiter and brighter smile, let your dental provider know, and they will help guide you to the right solution. ■

Information provided by Dr. Steven Neville, Kimball & Beecher, 108 Main St. N.E., Bondurant, IA 50035, 515-967-4002.

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WELLNESS

By Teresa Sieck

TOP 5 myths about fillers

Botox and dermal fillers are among the most popular treatments for refreshing and rejuvenating your appearance, but they are also surrounded by misconceptions. Let us set the record straight:

Myth 1: You will look "frozen" or fake. With an experienced injector, results are natural and subtle. You'll look refreshed, not overdone.



Myth 2: Botox and fillers are the same. Botox relaxes muscles to smooth lines caused by expression, while fillers restore lost volume, smooth lines and enhance features. They work differently but complement each other beautifully.

Myth 3: Treatments are painful. Most clients describe only minor discomfort. Numbing agents and advanced techniques make the process quick and easy.

Myth 4: Only older people need them. Many younger clients use Botox and fillers preventatively or to enhance natural features. Treatments are customizable for all ages.

Myth 5: Results last forever. Both Botox and fillers are temporary. Botox typically lasts three to four months, while fillers can last six to 18 months depending on the type and area.

When performed by trained professionals, Botox and fillers are safe, effective and tailored to your unique goals, leaving you looking like the best version of yourself. Find an aesthetic professional near you for a medical consultation to see what services may be right for you.

Information provided by Teresa Sieck, Luxe Medical Spa and Aesthetics, 88 Paine Circle, Suite 7, Bondurant, 515-630-8637.

515-630-8637 www.luxemedicalspa.net

BEAUTY that supports your skin

For many middle-age and older women, makeup can feel more like a compromise than a confidence booster. Foundations settle into fine lines, powders highlight dryness, and traditional formulas often exacerbate the very concerns we're trying to minimize — like dullness, sensitivity or uneven tone. But what if your makeup didn't just sit on your skin... what if it actually supported it?



The key is shifting away from conventional, heavy cosmetics and choosing products that nurture your skin while enhancing your natural beauty. Look for formulas made with pure, skin-loving minerals and botanicals — ones that are free from synthetic fragrances, harsh preservatives and pore-clogging fillers. These types of ingredients not only offer natural-looking coverage but also calm irritation, promote hydration, and support skin integrity over time.

The right makeup should feel like an extension of your skincare breathable, weightless and nourishing. Choose products that focus on function as much as aesthetics, like a multitasking foundation with SPF or a lipstick infused with antioxidant-rich oils. And always favor makeup that enhances your features without masking who you are.

As we age, less is often more. Your makeup should reflect your inner glow, not hide it. When you choose products with intention — those rooted in clean, supportive beauty - you'll find makeup that truly respects your skin, your health and your timeless confidence.

Information provided by Nikki Morgan, DNP, ARNP, SkinFusion, 200 Second St. S.E., Altoona, 515-967-0587, www.skinfusionfx.com, nikki.skinfusionfx@gmail.com



By Dr. Kari Swain and Dr. Elizabeth Ellrich

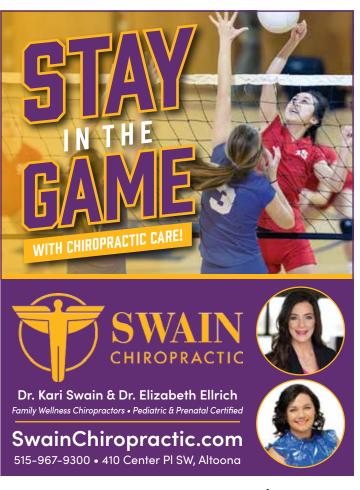
SUPPORT an active lifestyle

Sports are an excellent way to stay active and socially connected, but stress, strain and trauma to the body occur when the it isn't given the tools it needs to repair and restore. Often, minor injuries go unnoticed or untreated, and the accumulation of these traumas over time become more complex, adversely affecting health and mobility. As kids and teens grow and develop, they are more susceptible to injury. Injuries to children's spines are not unique to contact sports but are also seen in non-contact sports, including cheerleading, gymnastics, track, cycling and golf.

- Proper movement and function. Chiropractic adjustments restore motion to the spine and balance the hips and pelvis.
- Prevent injury. When the spine is in alignment, balance and proprioception is increased. Biomechanically, there is less chance of injury when the spine is aligned and movement is not restricted.
- Maximize performance. The nervous system controls the communication between the brain and the body. Spinal subluxations cause interference to the nervous system and inhibit communication between the brain and the body, resulting in slower reaction times and less accurate movements.
- Increase respiratory function. Nerve interference disrupts cardiovascular and respiratory function resulting in inefficient oxygenation and added fatigue.
- Promote self-healing. By keeping the body in a state of optimal health and nervous system function, healing occurs faster and more completely.

Information provided by Dr. Kari Swain and Dr. Elizabeth Ellrich, Swain Chiropractic, 410 Center Place S.W., Altoona, 515-967-9300.





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BACK to school shopping

How local purchases fuel our economy

As the back-to-school season approaches, families across the nation prepare for the annual ritual of purchasing supplies, clothing and technology. While big box stores and online retailers offer convenience, shopping locally creates a powerful economic ripple effect that strengthens our communities.



The impact of local spending is significant. When you buy school supplies from a local bookstore or stationery shop, approximately 68% of your spending stays within the community, compared to just 43% at chain retailers. This local circulation creates a "multiplier effect" — each dollar spent locally generates additional rounds of community spending, boosting the local economy.

Local businesses typically source products from other local businesses, creating interconnected economic networks. The neighborhood office supply store might stock notebooks from a regional paper company and employ local residents who then spend their wages at nearby restaurants and services. This interconnectedness fosters a robust local economy and supports job creation.

Shopping locally also builds community resilience. Diverse local businesses adapt quickly to economic changes and customer needs, often providing personalized service that online giants cannot match. That local bike shop can help your student find the perfect size and introduce them to cycling clubs — a hybrid commerce experience combining personal service with selection.

Moreover, local businesses play a crucial role in supporting community initiatives, often sponsoring local sports teams, donating to schools, and participating in community events. By shopping locally, you are indirectly supporting these community-building efforts.

This season, consider a hybrid approach to back-to-school shopping. Research products online to compare features and prices, then purchase from local retailers. This strategy combines the convenience of e-commerce with the economic and social benefits of local shopping.

By redirecting even a portion of your back-to-school budget to local businesses, you're not just checking items off a list — you are investing in your community's economic health. You are supporting local jobs, fostering community connections, and teaching students a valuable lesson about community interdependence.

As we prepare our children for the upcoming school year, let us also prepare our communities for a stronger economic future. Shop local, invest in your community, and watch as the benefits multiply.

Information provided by Doug Martin, General Manager at Amazon and a member of the Marketing Committee of the Bondurant Chamber of Commerce, 515-967-2424, www.bondurantchamber.com.





OUT & ABOUT

GROUND Breaking

A groundbreaking ceremony was held July 16 at The Grain District, and the East Polk Regional After Hours Event was held afterward at Reclaimed Rails.





Mark Densmore and May Otto



Sam Ruppert and Joyce Ellens



Justin, Nora and Tiffany Simmons



Kate Hentges and Tiffany Long



Jolly Omar and Ben Champ



Michell Klinker-Feld and Michelle Cramblit



Ethan Bass, Bodhi Elliott, Josh Thaker, Rachelle Walter, Bryce Walter and Kaelynnn Heathcote



Stacie LoVan and Derek Johnson



Zach Kline and Adam Kline

24

OUT & ABOUT

GRAND Opening

The city of Bondurant held a grand opening of the new splash pad at City Park on Aug. 13.



Amanda and Zach Svoboda and family



Kylene Potter, Chloe Quick, Kayleen and Palmer Stadtlander



Raya, Sage and Lynn



Chad and Nathan Pals



Chris Johnsen and Mayor Doug Elrod



Briar and Maisyn



Cyndi O'Rourke and family



Christian Hovey, Payton Stadtlander and Terence Potter



Zoey Brincks, Maddie Pals and Nathan Pals



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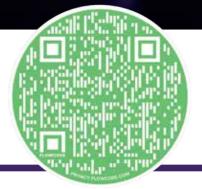
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