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WOMEN'S CLUB SUPPORTS MUSEUM

KINNICK CLARKE

MUSEUM ADDITION

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Adel Women's Club



Adel Women's Club President Paula Joiner presented Bev Carrico with a \$400 check to the Adel Historical Museum. The museum is generally open Saturday, 1-3 p.m. or by appointment. Adel Women's Club is a member of General Federation of Women's Clubs, an international service organization. They meet monthly September through May. Visitors and new members are always welcome. For more information, email adelwomensclub@gmail.com or see the group's Facebook page. ■

ADEL WEATHER FORECAST

FRIDAY HIGH 88 | LOW 64
Partly sunny and humid



SATURDAY HIGH 79 | LOW 52
Plenty of sun



SUNDAY HIGH 72 | LOW 50
Mostly sunny and less humid



MONDAY HIGH 73 | LOW 49
Pleasant with plenty of sunshine



TUESDAY HIGH 73 | LOW 52
Plenty of sunshine



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FROM THE PUBLISHER

WHAT YOUR CHOICE IN VEHICLE COLOR SAYS ABOUT YOU

What color is the vehicle you drive? And what does that color choice say about you?

The answer can be quite telling, but the choice you made on the vehicle you own today is not the only factor. The number of vehicles you have purchased in your lifetime, and the color of each one of them, says something about you during that stage of life, too.

I had to take off both socks to answer the question on the number of vehicles. I added up 19 that I have owned or operated in my 40-plus years of driving. I used the word “operated” because four of those 19 vehicles were owned by the company I worked for and were handed down to me when my boss got a new vehicle. So, I didn’t choose those cars. Of the 15 I did choose, 12 had four wheels and three had two wheels. The colors? Seven were red, three were white, two were blue, two were gray and one was black.

So, what does my primary choice of red say about me?

According to driversdrift.com, “Red cars are often associated with passion and excitement. If you drive a red vehicle, it may indicate that you are bold, adventurous, and enthusiastic about new experiences. This color suggests a person who enjoys standing out and embracing challenges with energy and confidence.”

I like the way that sounds. But what about my second most popular choice of white?

“Opting for a white car often suggests that you value cleanliness and simplicity. It can indicate a person who strives for perfection and enjoys a sense of order. White is also a color associated with openness and approachability, making it a choice for those who are sociable and energized by interactions with others.”

Of course, none of the color choices on the site state that the



person is likely to be a psychopath, but they do certainly show interesting trends and differing stages of life.

Which vehicle color would you guess is the most popular in America today? Well, according to Edmunds.com, the most prevalent purchases are white (25%), black (22%), gray (20%) silver (14%) and blue (9%). The great state of Iowa follows a mostly similar trend with white (26%), black (22%), gray (19%), silver (13%) and red (9%).

Today, I drive a white pickup, but I really want another red one. Clearly, this means I value cleanliness and simplicity, but I want passion and excitement. I better put my socks back on.

Have a great week, and thanks for reading. ■



Shane Goodman
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Living Weekly

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TRASH COLLECTION DAY CHANGE

Adel's collection day for trash and recycling has been changed to Tuesday. The final Thursday collection for trash and recycling was Thursday, Aug. 14. The first Tuesday collection date was Tuesday, Aug. 19, for trash, and Tuesday, Aug. 26, for recycling. ■

DALLAS COUNTY CONSERVATION

www.dallascountyiowa.gov/conservation or call the DCCB office at 515-465-3577.

Prairie Awakening/Prairie Awoke: Kuehn Conservation Area, 32828 Houston Trail, Earlham, Saturday, Sept. 6, 10 a.m. and 7 p.m. Every fall, DCCB invites the public to gather at Kuehn Conservation Area to experience the songs, dances, games, food and stories of our Indigenous friends. This year, Master Hoop Dancer Dallas Chief Eagle will return and bring his oldest daughter, Jasmine, and her family, who are also champion hoop dancers and storytellers. Their interactive and entertaining presentation shares teachings related to healthy life choices, mental resilience and our connection to nature. There will be Native games and demonstrations in the morning, dancing and music in the afternoon, and release of tagged monarchs and a rehabilitated raptor as part of the celebration. Bring your own lawn chair or blanket. Traditional Native foods will be available at a Meskwaki food truck. Register to be notified of cancellation.

Fall Equinox Celebration: Hanging Rock Shelter House, Hanging Rock Conservation Area, 416 Redfield St., Redfield, Monday, Sept. 22, 6:30-7:30 p.m. Join a DCCB naturalist at the astronomical clock to celebrate the celestial change of seasons. Fall is when nature wears her prettiest dresses. Sing the sun down and reflect on the meaning of the fall season. ■

ADM SPORTS SCHEDULE

Friday, August 22, 2025

- 6 p.m. Football: Freshman Scrimmage vs. Johnston
- 7 p.m. Football: Varsity Scrimmage vs. Johnston
- 7:15 p.m. Football: JV Scrimmage vs. Johnston

Saturday, August 23, 2025

- 9 a.m. Volleyball: Varsity Scrimmage @ Johnston

Tuesday, August 26, 2025

- 4:30 p.m. Volleyball: Freshman Quadrangular vs. Multiple Schools
- 4:30 p.m. Volleyball: JV Quadrangular vs. Multiple Schools



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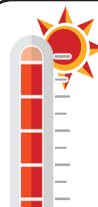
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HISTORY

THE ADEL SHOE STORE AND THE FLUOROSCOPE

BY MIKE FLINN

In the past, before the prevalence of big discount and mail order stores, most towns had a shoe store. Adel's shoe store was located on the west side of the square.

Mildred Stittsworth, the owner, was already known in Adel's business community. She and her husband, Bud, had been involved in the hardware business in Adel with her father, Clarke Loynachan, and her brother, Don, from 1940 until 1946. Due to Bud's heart condition, they relocated to Minnesota in 1946 where Bud passed away the following year. Mildred returned to Adel with her two children and took a job as deputy clerk in the county recorder's office. Still interested in running a business, she purchased the Adel Shoe Store when it became available in 1951 and managed it for the next 19 years.

The store featured shoes for all purposes, from Grace Walker shoes for the ladies, gym shoes for the teenagers, John C Roberts work boots for the men and BF

Goodrich and other rubber goods for farmers. It was well-stocked with almost every size of every shoe in stock. The front window displayed a large variety of shoes, and the walls were lined with shelves, sometimes three shoeboxes deep.

During those nearly two decades, the Adel Shoe Store became more than just a place to buy footwear. Mildred's warm demeanor and keen eye for quality, along with her civic-minded spirit, made her a beloved figure in the community. She gave the same competent service, whether fitting children for their first school shoes or retirees for their Sunday best.

The thing I remember most about Adel Shoe Store, however, was not the smell of leather or the rows of shoe boxes. It was a machine called the "fluoroscope." The shoe fitting fluoroscope was a large wooden cabinet with an X-ray tube in its base and a slot where customers would place their shoe-clad feet. When the salesclerk flipped the switch to activate the

X-ray stream, the customer could view the image on a fluorescent screen, showing the bones of the feet and the outline of the shoes. The device had three eyepieces so that the clerk, customer and a third curious onlooker could all view the image simultaneously.

For those concerned about radiation exposure, the shoe-fitting fluoroscope seemed a dangerous machine. After World War II and the dropping of the atomic bombs, Americans began to pull back from their love of all things irradiating. The shoe-fitting fluoroscope did not escape notice. By 1970, most states had banned these machines due to radiation's possible link to cancer.

Mildred's son, Tad, was a classmate and close friend of mine. I remember the many times I and other friends played with this radiation emitting machine while Mildred was occupied. We were fascinated by the images it produced. So far, none of us have cancer of the feet... that I know of. ■

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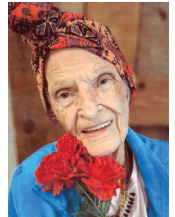
JOAN RUTH BAILEY

Joan Ruth Bailey, 91, died Aug. 2, 2025, at Norwalk Nursing and Rehabilitation Center. A celebration of life will be held at New Hope Church, 25712 Highway 6 in Adel, on Aug. 23 from 10-11 a.m., with lunch following the service in the church's community room. Flowers may be sent to the church for the celebration of life. Private burial services will be held with family members on a later date.

Born March 27, 1934, Joan Ruth Bailey was a true matriarch. She was the unwavering leader of her family after the loss of her husband, Kenneth Bailey. "Jo-Jo" (one of her many nicknames) was known for her spunky spirit and vibrant personality. She had an infectious energy that sparked joy in everyone around her. Not only was she a dedicated family member, but she was also a social butterfly, always eager to connect with friends and loved ones, sharing stories and laughter.

Her active lifestyle kept her engaged with the world, whether she was tending to her job places (Walmart and Hy-Vee) after retiring, tending to her animals at home, or simply enjoying the company of her family. She had a unique ability to speak her mind, offering wisdom and guidance that often came wrapped in humor, love and a little spitfire.

She is survived by her sons, Benny Hutzell and Kip Hutzell; grandchildren, Travis (Stephanie) Hutzell, Shawa Bergman, Heather Hammerstad, Ben (Jessie) Hutzell, Delaney Stillman, Kelly Hutzell, Susan (Ruddy) Fransua, Jamie (Gabrielle) Farrington, Gretchen Hutzell, Kennidi (Tucker) Patrick, Cody (Erin) Bailey, Justin Bailey, Myranda Bailey and Kenneth Bailey; and many great-grandchildren. Joan was preceded in death by her husband, Kenneth Bailey, and daughter, Robin Bailey. ■



CALEB 'SHAWN' CHAMBERLAIN

Caleb "Shawn" Chamberlain, 64, of Adel, died Friday, Aug. 15, 2025. Visitation was Aug. 20 at Caldwell Parrish Funeral Home in Adel and funeral Aug. 21 at the First Christian Church in Adel. Interment followed at the Oakdale Cemetery in Adel.

Shawn graduated from Adel DeSoto High School before making his move to California, where he built a life full of laughter and unforgettable moments. He is survived by his wife, Joy Chamberlain; their children, Rocky (Lindsey) Foster and Levi Foster; his grandchildren, Urijah, Hendrix, Aspyn and Riggs Foster; his mother, Barb Chamberlain (née Gregg); siblings, Rob (Sherry) Chamberlain, Chris (Bud) Jorgenson, and Connie (Joel) Annear; and many extended family members and friends.

He was preceded in death by his father, Bobbie Gene Chamberlain, and four siblings: Susan, Bobbie Gene, Roberta and Care.

Shawn and his wife, Joy, shared a life rich with adventure. Whether they were cheering on their grandkids at games and events or traveling across the country, they embraced every opportunity to experience something new together. Shawn was an avid fly fisherman and enjoyed slot machines, golfing and cooking. A hardworking handyman, Shawn could build or fix just about anything. Shawn leaves behind a legacy of laughter, love and unforgettable memories. ■



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EVENTS IN THE AREA

EMAIL YOUR EVENT INFORMATION TO
TAMMY@IOWALIVINGMAGAZINES.COM**CONFLUENCE BREWING
SUMMER CONCERT SERIES****Thursdays and Fridays through September,
6-8:30 p.m.****1235 Thomas Beck Road, Des Moines**

Enjoy live music every Thursday and Friday. Performances are held outside, weather permitting, and moved inside in case of poor weather. A food truck is also available. Entertainment includes: Bittersweet Nation Aug. 22, David Watson Aug. 28, Nathan Thiessen Band Aug. 29, Sean Sullivan Sept. 4, Drama Kings Sept. 5; Patresa Hartmen Sept. 11, Black Dirt Ramblers Sept. 12, Kris Karr Sept. 18, Velvet Trio, Sept. 19, Chris Falcon Sept. 25, and TBD Sept. 26.

**2025 DES MOINES
CONCOURS D'ELEGANCE****Sept. 7, 10 a.m. to 4 p.m.****Downtown Des Moines**

The Des Moines Concours d'Elegance, a premier exhibition of vintage, classic and special-interest vehicles, will celebrate its 25th anniversary. Attendees can enjoy a free, family-friendly day exploring more than 150 extraordinary vehicles, live programming, and hands-on activities designed for all ages. On Sept. 6, a Charity Gala will be held from 5:30-8:30 p.m. at Stine Barn in West Des Moines. For more information: <https://desmoinesconcours.com/>

**VINTAGE, THRIFTED
AND HANDMADE FAIR****Sunday, Sept. 7, 10 a.m. to 5 p.m.****100-200 blocks of Fifth St., West Des Moines**

Antiques and vintage shops, along with antique and art vendor fairs, have a long history in Valley Junction. The Historic Valley Junction Foundation brings Valley Junction's new vendor fair following

in the district's antique and vintage tradition. Valley Junction Vintage, Thrifted and Handmade is a new vendor show highlighting vintage home decor and clothing, unique thrifted finds, and local handmade items from Iowa business owners. This show includes 50-plus vendors and food trucks.

LAKE STREET DIVE TOUR**Wednesday, Sept. 10, 8 p.m.****Water Works Park, 2201 George Flagg
Parkway, Des Moines**

The Lake Street Dive tour, supporting the band's new album, "Good Together," stops in Des Moines, featuring an opening act by Lawrence. Tickets are available at www.axs.com/artists/1217/lake-street-dive-tickets?skin=lauridsen.

**DES MOINES PERFORMING ARTS:
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The Temple Theatre, 1011 Locust St., Des Moines

Made in the Midwest, DMPA's newest concert series, highlights the artistry of local musicians in the intimate Temple Theater. Celebrating the talents of independent artists from across our region, guests will enjoy a unique experience where the musicians take center stage in a venue known for its unparalleled acoustic quality.

The new season will feature four artists from of all different genres:

- **Sept. 12:** Sharane Calister and The Feel Right Band
- **Oct. 23:** The Lubben Brothers
- **Nov. 4:** Jordan Messerole
- **Dec. 13:** Andrew Hoyt

Tickets are on sale starting at \$22/show. You can purchase tickets by visiting DMPA.org, calling 515-246-2300, at the Civic Center Ticket Office or at the Temple Theater Ticket Office night of the show. All shows will start at 7 p.m. ■

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RECIPE

SAVOR THE FINAL DAYS OF SUMMER WITH STRAWBERRY CHEESECAKE

(Family Features) Stun your family and guests with a delicious dessert that is as easy to make as it is to eat. This no-bake French-style cheesecake with strawberries from Cookin' Savvy is a perfect summer treat for sharing with your nearest and dearest, and you can swap out strawberries for any berry of choice to make it your own. ■

FRENCH-STYLE CHEESECAKE WITH STRAWBERRIES

Recipe courtesy of "Cookin' Savvy"

Ingredients:

- 1 row vanilla cream cookies, plus additional for topping
- 1/2 stick butter, melted
- 2 packages (8 ounces each) cream cheese, softened
- 1 cup, plus 1 tablespoon, powdered sugar, divided
- 2 cups heavy whipping cream
- 4 tablespoons sugar
- 2 teaspoons vanilla
- 2 cups chopped strawberries, plus additional for topping
- 1 tablespoon powdered sugar

Directions:

- Crush cookies and mix with melted butter. Place in bottom of 9-inch springform pan and pat down until smooth.
- With hand mixer, mix cream cheese and 1 cup powdered sugar.



- In separate bowl, using hand mixer, beat heavy whipping cream, sugar and vanilla until formed into whipped cream.
- Mix cream cheese and whipped cream. Mix remaining powdered sugar with chopped strawberries.
- Pour half cream cheese mixture on top of crust in prepared pan. Spread evenly with spoon. Pour strawberry mixture on top and spread evenly with spoon. Top with remaining cream cheese mixture and spread evenly with spoon.
- Refrigerate at least 3 hours, or overnight, before serving. Garnish with additional crushed cookies and strawberries.
- Tips: For thicker crust, double desired berries for strawberries.
- Add hamburger sauce to each noodle and roll. Place lasagna rollups, seam sides down, in dish. Cover with remaining hamburger sauce and sprinkle with remaining mozzarella cheese.
- Bake 20 minutes.

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VINTAGE & MADE FAIR

Vintage & Made Fair is inspired by indie craft and all things vintage. At this indoor/outdoor market, you will find vintage home décor, jewelry, handcrafted goods and everything you need to create a vintage and handmade lifestyle. The fair is a one-day event on Saturday, Sept. 20, from 9 a.m. to 3 p.m. where shoppers and more than 150 vendors from across the Midwest can share a love for vintage and indie craft at the Dallas County Fairgrounds, 28057 Fairgrounds Road, Adel. Admission is \$10 per person. 12 and younger are free. ■

THE BEAUTY OF BULBS

Iowa State University Extension and Outreach Dallas County is offering The Beauty of Bulbs workshop on Tuesday, Aug. 26, 6-7:30 p.m. at the Extension office, 28061 Fairground Road, Adel. As summer comes to a close, it's nearly the perfect time to plant bulbs for a bounty of blooms next year. Sarah Wood will share best practices for fall bulb planting and discuss unique types of bulbs that will add color and texture to your garden. To register, visit <https://go.iastate.edu/HN0FQX>. ■

2025 ADEL ROCK THE BLOCK

Dallas County Habitat for Humanity continues its investment in the Adel community through its Rock the Block Home Preservation event in the neighborhood surrounding Kinnick-Feller Riverside Park on Aug. 27-29. During Rock the Block, Habitat will be partnering with current homeowners to revitalize this historic neighborhood. Dallas County Habitat for Humanity will complete critical needs repairs, accessibility modifications, and aging in place updates, with the goal of enabling homeowners to safely stay in their homes longer. The organization is committed to uplifting the Adel community and creating pathways to more sustainable homeownership for Adel residents. Through strong partnerships, Dallas County Habitat for Humanity can continue to invest in, and revitalize, the Adel community. A variety of sponsorships at various levels are available to support the efforts. Those interested in being a sponsor should contact Lindsey R. Van Wyk, Dallas County community partnership coordinator, at 515-310-3966 or lawsonvanwyk@gdmhabitat.org. ■

PUBLIC INVITED TO PRAISE HOUR

The public is invited to join in on Saturday nights at 5:30 p.m. beginning Oct. 4 for a Praise Hour at Adel United Methodist Church, 115 S. 10th St., Adel. Adel UMC's Praise Band, Chosen Family, is excited for the opportunity to share the Good News of the Lord. ■

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