

# ADEL *Living Weekly*

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## EDENCREST AT ADEL RIBBON CUTTING

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PHOTOS  
INSIDE



An Adel Partners Chamber of Commerce ribbon cutting was held for Edencrest at Adel on June 26. ■

### ADEL WEATHER FORECAST

**FRIDAY HIGH 78 | LOW 57**  
Pleasant with plenty of sun



**SATURDAY HIGH 75 | LOW 57**  
Mostly sunny



**SUNDAY HIGH 78 | LOW 60**  
Sun giving way to clouds



**MONDAY HIGH 77 | LOW 61**  
Cloudy; a couple of thunderstorms



**TUESDAY HIGH 81 | LOW 63**  
Mostly sunny



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FROM THE PUBLISHER

# THE COMMUNAL SPONGE?

Can you spare a square? Some of you may recall this “Seinfeld” episode when Elaine was in a stall in the ladies’ restroom and found herself without any toilet paper, only to have the person next to her refuse to share. Not even a square.

Maybe some of you have been in this situation. Only those who have can truly appreciate toilet paper. The rest of us tend to take it for granted, except, of course, during the toilet-paper hoarding episodes of the COVID-19 pandemic. I have often been curious about the history of toilet paper and how it came to be such a common household product.

History.com reports that local customs, climate and social hierarchy all impacted toilet habits. “What’s clear is that humans in all time periods have used a variety of natural tools and materials to clean themselves. In very ancient times, wiping with stones and other natural materials and rinsing with water or snow was common. Some cultures opted for seashells and animal furs.”

Seashells? Apparently so, but the “communal sponge” was more common. Yes, a sponge. And, yes,

communal. These “tersoriums” were sometimes used once but more often cleaned in a bucket of vinegar or salt water and reused.

The history.com article states that by the early 14th century, the Chinese were manufacturing toilet paper at the rate of 10 million packages of 1,000 to 10,000 sheets annually. But, in the Western world, modern commercially available toilet paper didn’t come about until 1857 when Joseph Gayetty marketed a “Medicated Paper, for the Water-Closet” made of manila hemp paper infused with aloe vera and sold in packages of 500 sheets for 50 cents.

Before Gayetty’s paper product hit the market, Americans improvised with corncobs, hay and newspapers. The Sears catalog and the Farmer’s Almanac also served the purpose, the first with a loop in the corner and the second with a hole drilled through it so they could both hang on outhouse walls. Toilet paper rolls were first perforated



in 1890. In 1930, the product was finally manufactured “splinter-free.” Imagine that marketing campaign today. Mr. Whipple would have been proud.

But toilet paper on a roll? Now, that’s a serious improvement. According to toiletology.com, it began in the late 1800s when Clarence and E. Irvin Scott developed toilet paper that “could be rolled onto a small cardboard tube, making manufacturing and packaging simpler and quicker for machines and factories to turn out.” They sold their product to hotels and drugstores around America, and their toilet paper was literally and figuratively on a roll.

So, now you know the history of toilet paper — and you may think twice the next time you ask if someone can spare a square.

Have a great week, and thanks for reading. ■



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# ADM ATHLETIC HALL OF FAME INDUCTION

The 2025 ADM Athletic Hall of Fame induction ceremony will be held Saturday, Aug. 9 at 2 p.m. at the ADM High School Auditorium. This event is open to the public and free to attend. Athletes being inducted into the Class of 2025 ADM Athletic Hall of Fame are: Gavin Glenn - Class of 2012, Zach Johnston - Class of 2016, Mike Whisner - Coach 1982- 2018 and Randy York - Class of 1971.

The inductees will be honored at the Sweet Corn Festival on Saturday, Aug. 9. Displays will be set up in the high school commons. ■

## VINTAGE & MADE FAIR

Vintage & Made Fair is inspired by indie craft and all things vintage. At this indoor/outdoor market, you will find vintage home décor, jewelry, handcrafted goods and everything you need to create a vintage and handmade lifestyle. The fair is a one-day event on Saturday, Sept. 20, from 9 a.m. to 3 p.m. where shoppers and more than 150 vendors from across the Midwest can share a love for vintage and indie craft at the Dallas County Fairgrounds, 28057 Fairgrounds Road, Adel. Admission is \$10 per person, 12 and younger free. ■

## ADEL FARMERS MARKET

Enjoy this open air market featuring more than 40 vendors with a range of homegrown and homemade products from local farmers, bakers and artisans at the Dallas County Fairgrounds, 28057 Fairground Road, Adel, Tuesdays through September, 4-7 p.m. This is a family event with food trucks and music. ■

## HELP VETERANS AT THE VA

Veterans at the Des Moines VA Hospital & Domicile and veterans served at the Des Moines VA Community Resource & Referral Center need our help for those personal items that may not be provided with federal funds. The Adel American Legion Penoach Auxiliary Unit 464 steps forward to collect requested supplies from the community and to use donations from Poppy Days to fill in those needs. Current items needed are lightweight unisex jackets (L-XL), men's slip-on shoes (10.5-13), sweatpants and sweatshirts (L-XL), unisex slippers, duffel bags, belts, individually wrapped snacks, and regular and decaf ground coffee. Donations may be dropped off at 1305 S. 15th St. or call Shirley McAdon at 515-993-4862 for pick up. ■

## 50s PLUS MEETINGS AND EVENTS

Enjoy board games, conversation, coffee and good food at the 50s Plus meetings. They invite anyone in Adel and the surrounding area to join them the first and third Tuesdays of the month, 10 a.m. to 1 p.m. at the Adel Public Library, 303 S. 10th St. If you have just moved to the area and would like to meet new people, this is a great way to do it. The group now has programs included in its activities. Programs are open to anyone, not just seniors. ■

## MOBILE FOOD BANK

Adel Mobile Food Bank is the fourth Wednesday of the month at New Hope Church, 25712 Highway 6, Adel, from 5-6:30 p.m. or until the food is gone. This is a drive-thru pickup for free groceries. ■

## ADM SPORTS SCHEDULE

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## 2025 ADEL ROCK THE BLOCK

Dallas County Habitat for Humanity continues its investment in the Adel community through its Rock the Block Home Preservation event in the neighborhood surrounding Kinnick-Feller Riverside Park on Aug. 27-29. During Rock the Block, Habitat will be partnering with current homeowners to revitalize this historic neighborhood. Dallas County Habitat for Humanity will complete critical needs repairs, accessibility modifications, and aging in place updates, with the goal of enabling homeowners to safely stay in their homes longer. The organization is committed to uplifting the Adel community and creating pathways to more sustainable homeownership for Adel residents. Through strong partnerships, Dallas County Habitat for Humanity can continue to invest in, and revitalize, the Adel community. A variety of sponsorships at various levels are available to support the efforts. Those interested in being a sponsor should contact Lindsey R. Van Wyk, Dallas County community partnership coordinator at 515-310-3966 or [lrawsonvanwyk@gdmhabitat.org](mailto:lrawsonvanwyk@gdmhabitat.org). ■

## DALLAS COUNTY CONSERVATION

[www.dallascountyiowa.gov/conservation](http://www.dallascountyiowa.gov/conservation) or call the DCCB office at 515-465-3577.

- **Big Owls Hoot, Little Owls Toot**, Forest Park Museum, 14581 K. Ave., Perry, Monday, Aug. 4, 10:30-11:30 a.m. As part of International Owl Awareness Day, DCCB is presenting Big Owls Hoot, Little Owls Toot with its live barred owl.
- **What's All the Buzz About?** Voas Nature Area, 19286 Lexington Road, Minburn, Friday, Aug. 8, 10 a.m. Bumble bees are highly fascinating and misunderstood insects of our ecosystem. In this program, learn what makes them so special and important, then go out to catch and ID some local species. Dress to be in the tall grass prairie. The naturalist will provide bee-catching materials.
- **Full Moon Float**, North Raccoon River Wildlife Area, Snyder Tract, 21468 Minburn Road, Minburn, Saturday, Aug. 9, 8:30-9:30 p.m. See the ponds at the Snyder Tract in a new light, under the light of the full moon. DCCB staff will transport your canoe or kayak back to the ponds, then experience the magic of floating on still water under the stars. If nighttime fishing is your thing, bring a fishing pole to try your luck from your boat. Participants must provide their own canoe or kayaks, paddles and life jackets. Anglers will need a current fishing license. Overnight camping is not allowed at Snyder Tract.
- **Fall Equinox Celebration**, Hanging Rock Shelter House, Hanging Rock Conservation Area, 416 Redfield St., Redfield, Monday, Sept. 22, 6:30-7:30 p.m. Join a DCCB naturalist at the astronomical clock as we celebrate the celestial change of seasons. Fall is when nature wears her prettiest dresses. We will sing the sun down and reflect on the meaning of the fall season. ■

## GOOD SAMARITAN FOOD PANTRY HOURS

The Good Samaritan Food Pantry at 215 N. 11th St., Adel (northeast corner of the ADM District Administration Center), has expanded its hours to include the third Saturday of the month, noon to 2 p.m. The pantry is also open Monday and Tuesday from noon to 2 p.m. and the fourth Monday of the month from 5-6 p.m. ■

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# EDENCREST AT ADEL RIBBON CUTTING

An Adel Partners Chamber of Commerce ribbon cutting was held for Edencrest at Adel on June 26.



Adel Mayor Jim Peters



Angie Mague and Mo Manning



Roxanne Pals and Kristi Fuller



Erin Milroy and Brittany Sandquist



Marion Conover and Bob Ockerman



Pam Tryon and Mary Kimber ■

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**EVENTS IN THE AREA****EMAIL YOUR EVENT INFORMATION TO  
TAMMY@IOWALIVINGMAGAZINES.COM****MUSIC IN THE GARDEN SERIES****Aug. 7, 6:30 p.m.****Greater Des Moines Botanical Garden****909 Robert D. Ray Drive, Des Moines**[www.dmbotanicalgarden.com](http://www.dmbotanicalgarden.com)

Enjoy live music in the beautiful setting of the Greater Des Moines Botanical Garden. Diplomats of Solid Sound is the band. Doors open at 6 p.m.

**BONDURANT CAR SHOW****Saturday, Aug. 23, 8 a.m. to 2 p.m.****315 Second St. N.W., Bondurant**

Registration is 8-10 a.m. with judging from noon to 1 p.m. and awards at 2 p.m. Awards will be presented for: Best Car, Best Truck, Best Motorcycle, Best in Show. Proceeds go to help local veterans. For more information, call Scott at 515-402-6118 or James at 515-971-2455.

**URBANDALE SUMMER CONCERT SERIES****Tuesday, Aug. 26, 6:30-8 p.m.**
**Charles Gabus Memorial Tree Park,  
next to the Urbandale Public Library**

Enjoy free, high-quality music in a family-friendly setting. Bring your lawn chair or blanket, and feel free to pack a cooler. River City Opry plays.

**HEARTLAND FOR KIDS BENEFIT  
CONCERT FOR MARY'S MEALS****Thursday, Aug. 28, 6-9 p.m.****Jasper Winery****2400 George Flagg Parkway, Des Moines**

Enjoy a fun evening with Nashville musicians Phoenix Mendoza, Josh Leo and Kitty Steadman

at Jasper Winery while raising money for Mary's Meals. Any monetary donation will help the world's most vulnerable children receive an education and provide them with enough to eat. Bring a friend to have fun and make a difference. Food sponsored by the Knights of Columbus will be available for a freewill donation. To donate online, visit [www.marysmealsusa.org](http://www.marysmealsusa.org).

**2025 DES MOINES CONCOURS D'ELEGANCE****Sept. 7, 10 a.m. to 4 p.m.****Downtown Des Moines**

The Des Moines Concours d'Elegance, a premier exhibition of vintage, classic and special-interest vehicles, will celebrate its 25th anniversary. Attendees can enjoy a free, family-friendly day exploring more than 150 extraordinary vehicles, live programming, and hands-on activities designed for all ages. On Sept. 6, a Charity Gala will be held from 5:30-8:30 p.m. at Stine Barn in West Des Moines. For more information: <https://desmoinesconcours.com/>.

**SQUARE DANCE LESSONS****Sunday nights starting Sept. 14, 6:30 p.m.****Douglas Avenue Presbyterian Church****4601 Douglas Ave., Des Moines**

Ankeny Square Dance Club is sponsoring square dance lessons. Cost is \$20 per person for the entire session accepted at the third lesson. Attend with or without a dance partner. You'll learn the calls, one at a time, taught by a caller (instructor) and volunteers. For more information, call Sandy Townsend, 515-294-2624, or visit [www.ankenysquares.com](http://www.ankenysquares.com). ■

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## RECIPE

# THE SEASON OF SENSATIONAL SALADS

*(Family Features)* The warmer months mean one thing: salad season is officially here. With fresh flavors abounding, now is the perfect opportunity to tap into an unexpected veggie: celery.

This Fresh Salad with Grilled Strawberries and Celery, Berries and Burrata, for example, combines celery with other fresh, warm-weather favorites like strawberries, blackberries, blueberries and raspberries on a bed of arugula — topped with a sweet, citrusy dressing — for a refreshing, nourishing lunch or dinner. ■

## FRESH SALAD WITH GRILLED STRAWBERRIES AND CELERY, BERRIES AND BURRATA

*Recipe courtesy of Marie Reginato  
on behalf of Duda Farm Fresh Foods  
Servings: 2*

### Salad:

- 4 sticks Dandy Celery, divided
- 4 strawberries, cut in half
- 1 handful blackberries
- blueberries
- raspberries
- 1 medium burrata ball, cut in half
- 3 cups arugula
- 1 handful hemp seeds

### Dressing:

- 3 tablespoons orange juice
- 2 tablespoons lemon juice
- 1 1/2 tablespoons Dijon mustard



- 1 tablespoon honey or maple syrup
- 3 tablespoons olive oil
- 1 pinch sea salt

### Directions:

- Using grill pan or directly on grill, cook two celery sticks and strawberries until soft with grill marks on either side.
- While celery and strawberries

grill, make dressing. In jar, mix orange juice, lemon juice, Dijon mustard, honey, olive oil and salt.

- Cut grilled and remaining raw celery sticks at angle into 1/4-inch pieces.
- In mixing bowl, toss celery, strawberries, blackberries, blueberries, raspberries, burrata, arugula and hemp seeds with dressing. Mix well.

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