

RIBBON CUTTING



The Adel Chamber of Commerce held a ribbon cutting for Superior Exteriors, 416 Greene St., on April 4.

WEATHER FORECAST

FRIDAY HIGH 78 | LOW 48 Partly sunny and windy

SATURDAY HIGH 72 | LOW 47 Breezy with plenty of sunshine





MONDAY HIGH 75 | LOW 54 Morning rain and a thunderstorm







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FROM THE PUBLISHER

THE ICE CUBE TRAY DEBATE

I like ice. Not the kind on the ground that I slip and fall on in the winter, but rather the stuff I plop in my soda. I especially like crushed ice, the kind some convenience stores have in their machines. There is something about the combination that makes me smile.

Truth be told, I like to chew ice. And, truth be told, it drives some people batty. It's like fingernails on a chalkboard, I am told. My dentist isn't too fond of it either. So, I try to chew ice sparingly and when I am by myself, but it is a difficult habit to go cold turkey on.

I blame this obsession on the widespread accessibility we have to ice today. Ice-makers in home refrigerators are commonplace now, and I love them — except when they break down, which seems to happen more often than it should. I have tried to repair them myself, but I seem to struggle to get the right part for the right breakdown — and then I end up calling a repair guy anyway.

When those breakdowns occur,

or with our office refrigerator that does not have an ice maker, I break out the old-fashioned, plastic ice cube trays and fill them



with water. A simple twist of the tray, and several fall out into my hand — and one or two on the floor. Then, the ice cube tray debate happens. Do I fill the remaining spots with water and put the tray back in the freezer? Or do I simply put the tray back halfempty? Despite the frustration in being the next person and twisting an ice cube tray of barely frozen water and spilling it on myself, I tend to go with option one. When I want ice and all the trays are empty, it is frustrating. Sure, this isn't the biggest problem of the day, but it does make me grumble for a moment or two and wonder who was too lazy to refill the trays.

Setting the tray-filling debate aside, one has to marvel in the simple technological improvement with ice-making containers.

Some of you may recall the metal ice cube trays with the lever on top and the sharp dividers that inserted in the tray of water. Some of you may still use these. I do join those of you with concerns about the overuse of plastic in today's society, but, in the case of ice cube trays, the newer option is a great improvement.

Lately, my obsession with ice has compounded. I discovered the trays for the slow-melting, oversized balls of ice for my adult beverages, and I love them. I have also purchased a counter-top ice-maker for my garage, making a glass of water or any beverage just the right temperature for those hot summer days — and giving me something to chew on.

Have a great week, and thanks for reading. ■

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9-13, 9 a.m. to noon at 602 S. 14th St., Adel. Register at https:// vbspro.events/p/801972. ■



ADM BOOSTER CLUB GOLF TOURNAMENT

ADM Booster Club will be hosting a golf tournament at the River Valley Golf Course, 22927 Valley View Trail, Adel, on Friday, June 20, starting at 8 a.m. The event is an 18-hole, 4-person scramble, 8-inch cup on every hole. Entry fee is \$400 per team (includes cart/lunch/drink ticket). Add on four mulligans per team for \$50.

Help make this event a huge success by sharing with your network. Proceeds support all student athletes at ADM Middle and High schools through the ADM Athletics Booster Club. Any questions can be directed to Gretchen Rickert at grerick722@gmail.com. Register at http://admboosterclub.org/golf.



ADM SPORTS SCHEDULE

Friday, May 16

5:30 p.m. Soccer: Girls JV vs. Carlisle 5:30 p.m. Soccer: Boys JV @ Carlisle **Soccer:** Girls Varsity vs. Carlisle 7 p.m.

7 p.m. **Soccer:** Boys Varsity @ Carlisle

Monday, May 19

Esports: Varsity State @ 9 a.m. Marshalltown Orpheum

Theatre

10 a.m. **Golf:** Boys Varsity Districts @

Red Oak Country Club

5 p.m. **Baseball:** Varsity Double Header vs. Southeast Polk

Tuesday, May 20

8:15 a.m. Esports: Varsity State @ Marshalltown Orpheum Theatre



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ADEL GOOD SAMARITAN FOOD PANTRY

Join the Adel Good Samaritan Food Pantry at the Adel Farmer's Market to help distribute Kid Summer Food Packs. All ages are welcome. Bring a friend; at least two per shift is recommended. Volunteers are needed every Tuesday from 4-7 p.m., June through August, at the Dallas County Fairgrounds, 28057 Fairground Road, Adel.

Once you sign up, a friendly Good Samaritan Food Pantry staff member will reach out with all the details you need for your shift. You'll be handing out Kids Grab & Go Food Packs from the Good Samaritan Food Pantry van and tent. Let's make this summer unforgettable for our kids. Scan the OR code to apply to volunteer.













NEEDS AT THE DES MOINES VA HOSPITAL/CRRC

Since federal funds my not be used to purchase personal items for veterans at VA hospitals and resource centers, individuals and groups, like the Adel American Legion Auxiliary Unit 464, step up to collect clothing and other items needed by veterans. The following items are being requested by the hospital now: new, light-weight unisex jackets (sizes L-XL), new men's shoes (sizes 10-13), new sweatpants (S, M, 4XL), new women's slippers (all sizes), reading glasses (all strengths), and regular and decaf coffee. Nonperishable food items include single-serving microwavable meal cups and soups, fruit cups, and individually wrapped snack bars or chips. Donations may be dropped off at 1305 S. 15th St., Adel, or contact Shirley McAdon at 515-993-4862 for pick up.

MOBILE FOOD BANK

Adel Mobile Food Bank is the fourth Wednesday of the month at New Hope Church, 25712 Highway 6, Adel, from 5-6:30 p.m. or until the food is gone. This is a drive-thru pickup for free groceries.

Home Center Call 993-4241 Today! RECTRONICS - APPLIANCES - FLOORING - CABINETS - COUNTERTOPS - BLINDS RECTRONICS - APPLIANCES - FLOORING - CABINETS - COUNTERTOPS - BLINDS

ADEL MEMORIAL DAY CEREMONY MAY 26

The Adel American Legion Penoach Post 464 and Auxiliary Unit 464 extend an invitation to everyone to attend the Memorial Day Ceremony at Adel Oakdale Cemetery on Monday, May 26, starting at 9 a.m. This day is our opportunity to give thanks to the heroes who died and the loved ones left behind to make sure that their sacrifices are remembered and that their service to this nation will always be honored. Bring a lawn chair, since no seating is available. In case of inclement weather, the ceremony will not be held.

MEMORIAL DAY WEEKEND HONEY CREEK RODEO

Come to the Honey Creek Rodeo this Memorial Day weekend, Saturday, May 24, and Sunday, May 25, hosted at the Dallas County Fairgrounds, 28057 Fairground Road, Adel. The schedule includes:

- Saturday, May 24: 10 a.m., slack, goats, roping; 1 p.m., Honey Creek Rodeo; 6 p.m., round robin team roping
- Sunday, May 25: 9:30-11:30 a.m., Peewee/junior bull school; 10 a.m., Honey Creek Queen contest; noon, Cowboy Church; 12:30-4:30 p.m., senior/novice bull school; 7 p.m., Honey Creek Rodeo

Admission for Honey Creek Rodeo is \$10, ages 5 and younger free. Free admission for other events.

50s PLUS MEETINGS AND EVENTS

Enjoy board games, conversation, coffee and good food at the 50s Plus meetings. They invite anyone in Adel and the surrounding area to join them the first and third Tuesdays of the month, 10 a.m. to 1 p.m. at the Adel Public Library, 303 S. 10th St. If you have just moved to the area and would like to meet new people, this is a great way to do it. The group now has programs included in its activities. Programs are open to anyone, not just seniors.



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7:00 a.m. - 3:00 p.m. M-F 7:00 a.m. - noon Sat.

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RIBBON CUTTINGS



The Adel Partners Chamber of Commerce held a ribbon cutting for Mi Casa Jalisco, 909 Main St., on April 8.



The Adel Partners Chamber of Commerce held a ribbon cutting for Great White Buffalo Public House, 815 Main St., on March 27 in Adel.



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JIM AND JOY GREENSLADE 60TH ANNIVERSARY CELEBRATION



Longtime Adel residents Jim and Joy Greenslade are celebrating 60 years of marriage on June 19. An anniversary open house will be held on Saturday, June 7, 1-4 p.m. at the Adel Public Library Community Room, 303 S. 10th St. ■





EVENTS IN THE AREA EMAIL YOUR EVENT INFORMATION TO TAMMY@IOWALIVINGMAGAZINES.COM

JORDAN HOUSE TOURS

Fridays and Sundays, 11 a.m. and 1:30 p.m. Jordan House Museum 2001 Fuller Road, West Des Moines

Weekly guided tours are offered at the Jordan House. The cut off for purchasing tickets is noon Thursday for Friday tours and noon Friday for Sunday tours. If you have missed that cutoff, call 515-225-1286 to find out if walk-up tickets are available. To reserve a ticket, see the schedule and links at https://www.wdmhs.org/openhousevisit/. All tours will be guided by a docent. Arrive at the Jordan House Museum at least 10 minutes before the tour begins. The tour will involve taking stairs to the basement and the second floor, as well as walking and standing for at least one hour. If you have a group of eight or more, call to schedule a private tour.

GARY'S ANNUAL BRAIN CANCER BIKE RIDE

Saturday, May 17, 10 a.m. to 2 p.m. START: Waukee Raccoon River Valley Trail Head, Hickman Road and N.W. 10th Street. END: Dallas Center at the HandleBar Restaurant, 1607 Sugar Grove Ave.

This ride is a fundraiser to increase awareness of glioblastoma and support the Richard Deming Cancer Center's terminal brain cancer patients through the Integrative Medicine program. The ride also supports Iowa Oncology Research Association for clinical trials for terminal brain cancer patients, especially those with glioblastoma.

IOWA FILES: THE HISTORY OF WOMEN'S CORRECTION IN IOWA

Sunday, May 18, 2:30-3:30 p.m. West Des Moines Public Library 4000 Mills Civic Parkway, West Des Moines

Iowa began building its first prison before achieving statehood, and women were sentenced to penitentiaries prior to the establishment of plans for their own housing. Early in Iowa's correctional history, women disproportionately served time for crimes considered to be against public decency, such as prostitution, lewdness and incorrigibility. Over time, their conditions and crimes evolved, but incarcerated women continually faced obstacles, such as access to treatment and programming, adequate facilities and opportunities for reentry and reform. Author Erica Spiller will explore the history of incarceration that began even before Iowa was a state.

JOHN WAYNE BIRTHDAY CELEBRATION May 23-24

Winterset

The John Wayne Birthday Celebration will feature musical headliner Riders In The Sky, 40-year veterans of Nashville's Grand Ole Opry. Tickets are on sale for the Friday Night VIP event and the Saturday Night Benefit Dinner and Auction. Seating will be limited for each event. Barry Corbin, a Hollywood legend, will perform a one-man show on May 23. Also returning will be the popular Fly-In Breakfast at the Winterset Municipal Airport, the Winterset Rotary's 5K Run/Walk, and John Wayne in "Chisum" on the big screen at the Iowa Theater. Visit the John Wayne Birthplace & Museum website for tickets and more information, www. johnwaynebirthplace.museum.

PAIGE CLARK MEMORIAL POKER RUN

Saturday, June 7, 8:30-10 a.m. registration, 10:15 cruise leaves

Cruise leaves from Route 65 Harley-Davidson, 1300 S. Jefferson Way, Indianola

Join the 2 Lane Cruisers of Iowa for this poker run. All makes and models are welcome. Cost is \$10 per hand, and 50/50 tickets will be sold. Stops include Humeston, Garden Grove, Eagles in Osceola and final stop returns to Route 65 for ice cream. For more information, call Cliff, 515-419-3824. ■



RECIPE

SHOW YOUR LOVE WITH A SPECIAL

(Family Features) Going above and beyond for your loved ones, whether it's a special occasion or a regular night at home, can show just how much you care. Homemade desserts like these Cheesecake Cookie Cups offer a perfect way to make a delicious treat with love.

CHEESECAKE COOKIE CUPS

Recipe courtesy of "Cookin' Savvy" Servings: 4-6

Ingredients:

 2 packages (16 ounces each) chocolate chip cookie dough

Whipping cream:

- 1 cup heavy cream
- · 2 tablespoons sugar

Filling:

- 8 ounces cream cheese, softened
- 1/2 cup powdered sugar
- 1 cup whipping cream
- crumbled cookies, for topping (optional)
- sprinkles, for topping (optional)

Directions:

- Heat oven to 350 F.
- In muffin tin, press three pieces of cookie dough into each muffin hole. Bake 15



minutes. Let cool 5 minutes then use shot glass and press into each hole. Let cool another 5 minutes and place on rack to cool completely.

- With hand mixer, mix heavy cream and sugar until it thickens then add cream cheese and powdered sugar; cream together. Spoon into cool cookie cups.
- If desired, use piping bag and pipe pretty edge around cup. Top with crumbled cookies or sprinkles, if desired.

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CLASSIFIED ADS

GARAGE SALE: Friday, May 30, 8 a.m. - 5p.m., Saturday, May 31, 8 a.m. - 2p.m. Tools, household goods, outdoor items, clothes etc. Located at 19211 270th Street (West of Adel).

FOR SALE: For Sale: Aluminum alloy 90 gallon Diesel transfer tank. \$200. Call 515-314-9803.

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