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# SEEN IN ADEL



**ADEL ROTARY SUPPORTS EAGLE SCOUT PROJECT:** The Rotary Club of Adel supports the Eagle Scout Project of Ty Landphair that will assist the Adel American Legion Penoach Post 464 to buy more flag poles to display the flags of deceased veterans at the Oakdale Cemetery each Memorial Day. Ty will also enlist his fellow Scouts to help him prepare new concrete sleeves to hold the poles. Above, Ty Landphair receives a \$350 check from Rotary President Amanda Schwantes to support his Eagle Scout Project. ■

## ADEL WEATHER FORECAST

**FRIDAY HIGH 74 | LOW 47**

Mostly sunny and nice

**SATURDAY HIGH 82 | LOW 51**

Mostly sunny and very warm

**SUNDAY HIGH 82 | LOW 54**

Very warm with plenty of sun

**MONDAY HIGH 83 | LOW 57**

Very warm with plenty of sun

**TUESDAY HIGH 84 | LOW 60**

Intervals of clouds and sunshine



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FROM THE PUBLISHER

# A PINEAPPLE PIZZA PREFERENCE

Want to know how to identify a clear division in a group of people? It only takes one question, and it has nothing to do with gun ownership. Or immigration. Or transgenders in sports. It is about something many people tend to be much more passionate about — pizza. That's right, pizza. Or, more specifically, pizza toppings.

Don't believe me? Try to order pizza for a group and ask what toppings they prefer. Get ready for a debate.

I prefer loads of meat on my pizza. Sausage. Pepperoni. Canadian bacon. All of it.

My wife wants a fungus on hers. She says you can't even taste the mushrooms, which leads me to two questions: How does she know what I can taste? And, if she is correct, why pay to put a topping on a pizza that you can't taste?

According to research shared in a Huffington Post story, 52% of Americans say pepperoni is one of

their three favorite pizza toppings, 34% include sausage, and 31% list mushrooms. Bacon and plain/ mozzarella cheese each were named top-three picks by 20% of respondents.

But what about the least favorite toppings? According to the same research, 49% selected anchovies as one of their three least favorite pizza toppings. Also at the bottom were eggplant (disliked by 30%), pineapple (24%) and artichokes (24%).

Speaking of pineapple, which I truly enjoy when combined with Canadian bacon, it is clearly one of the most divisive choices. Where you live and how old you are tend to be the factors. According to the data, people living in the western states are more likely to choose pineapple as a favorite pizza topping, and people 18 to 34 years old also tend



to be more into it. Meanwhile, only 9% of Americans 55 or older chose pineapple as a favorite topping, and 28% count it among their least favorites. Those of you who don't like pineapple on pizza should take a little advice from Time For Timer and "put a little on your plate."

One may wonder why pizza toppings create such divisive debates. Keep in mind that 73% of Americans say they eat pizza at least monthly, and 21% opt for it at least weekly. As such, pizza is something we frequently associate ourselves with, and that often tends to become personal.

Now, about those pizza crusts...

Have a great week, and thanks for reading. ■

Shane Goodman  
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## FAITH LUTHERAN CHURCH VACATION BIBLE SCHOOL

Guide kids on the ultimate Alaskan adventure where northern lights glow over majestic mountains, racing rivers and glistening glaciers. As kids trek the tundra, they'll explore how easy it is to lose sight of what's true in our wild world today. Pointing them toward Jesus, True North VBS shows them he is a faithful friend we can always trust. Runs from June 9-13, 9 a.m. to noon at 602 S. 14th St., Adel. Register at <https://vbspro.events/p/801972>. ■



## ANNUAL SAFETY BIKE RODEO

The Sixth Annual Safety Bike Rodeo will be held Saturday, May 10, 9-11 a.m. at the Adel City Hall parking lot, 301 S. 10th St. It includes free bike and helmet inspections and a bike rodeo course for kids ages 5-12. This is a come-and-go event. Free giveaways and a drawing for bikes, helmets and other prizes will be held. Kids must register but need not be present to win.

The event is sponsored by the Rotary Club of Adel and the Adel Police Department. If the child does not have a bike helmet, a loaner helmet will be available. Adults may also bring their bikes and helmets for inspection. Children completing the safety course will receive a certificate, bike safety information, a Rotary flyer, an Icee, and DARE giveaways. Other activities at the Safety Bike Rodeo include tours of a police car and a fire engine and the opportunity to visit with an Adel police officer and Adel firefighters. In addition, the Raccoon River Valley Trail is nearby for riding or walking.

For more information, contact Shirley McAdon at 515-993-4862. ■

## 50s PLUS MEETINGS AND EVENTS

Enjoy board games, conversation, coffee and good food at the 50s Plus meetings. They invite anyone in Adel and the surrounding area to join them the first and third Tuesdays of the month, 10 a.m. to 1 p.m. at the Adel Public Library, 303 S. 10th St. If you have just moved to the area and would like to meet new people, this is a great way to do it. The group now has programs included in its activities. Programs are open to anyone, not just seniors. ■

### ADM SPORTS SCHEDULE

#### Friday, May 9

9:30 a.m. **Golf:** Boys Varsity Meet vs. Clear Lake @ Legacy Golf Course

#### Monday, May 12

9 a.m. **Golf:** Girls Varsity Conference vs. multiple schools @ Ballard Golf & Country Club

9 a.m. **Golf:** Boys Varsity Conference vs. Carroll @ Carroll Country Club

6 p.m. **Soccer:** Girls JV Match @ Dallas Center-Grimes

7:30 p.m. **Soccer:** Girls Varsity Match @ Dallas Center-Grimes

#### Tuesday, May 13

10 a.m. **Golf:** Boys Varsity Sectionals vs. multiple schools @ Atlantic Golf and Country Club

4:30 p.m. **Soccer:** Boys JV2 Game vs. Waukee Northwest

5:30 p.m. **Soccer:** Girls JV Match @ Ballard

5:30 p.m. **Soccer:** Boys Varsity Game vs. Ballard

7 p.m. **Soccer:** Girls Varsity Match @ Ballard

7 p.m. **Soccer:** Boys JV Game vs. Ballard

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## MOBILE FOOD BANK

Adel Mobile Food Bank is the fourth Wednesday of the month at New Hope Church, 25712 Highway 6, Adel, from 5-6:30 p.m. or until the food is gone. This is a drive-thru pickup for free groceries. ■

## CLASS OF 1965 60TH ANNUAL CLASS REUNION

The class of 1965 will meet at Dennis Leininger's tailgate party after the Adel Sweet Corn Festival Parade at the old bus depot on the corner of Greene Street and S. 11th Street on Saturday, Aug. 9 for lunch. Please bring a donation that goes to the ADM Scholarship Fund. ■

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## DALLAS COUNTY CONSERVATION

[www.dallascountyiowa.gov/conservation](http://www.dallascountyiowa.gov/conservation) or call the DCCB office at 515-465-3577.

### MOTHER'S DAY HIKE

**Hanging Rock Conservation Area, Redfield**

**Saturday, May 10, 9-10 a.m.**

Come celebrate all moms with a guided walk at Hanging Rock. The group will start at the top where the shelter is then head down the path to the river. Come learn about what nature's moms are up to and see if you can find any spring colors popping.

### SUMMER KICKOFF PADDLE

**Snyder Tract - North Raccoon River Wildlife Area, 21468 Minburn Road**

**Saturday, May 31, 9-11:30 a.m.**

Registration required. Kick off your summer of outdoor activities by connecting with one of the wildest spaces in Dallas County: our rivers. Join a naturalist for a gentle paddle on the North Raccoon River from the Snyder boat ramp near Minburn to the Highway 44 boat ramp. Explore some of the natural features of the valley and the river itself. Attendees must provide their own boats, paddles and life jackets. ■

## NEEDS AT THE DES MOINES VA HOSPITAL/CRRC

Since federal funds may not be used to purchase personal items for veterans at VA hospitals and resource centers, individuals and groups, like the Adel American Legion Auxiliary Unit 464, step up to collect clothing and other items needed by veterans. The following items are being requested by the hospital now: new, light-weight unisex jackets (sizes L-XL), new men's shoes (sizes 10-13), new sweatpants (S, M, 4XL), new women's slippers (all sizes), reading glasses (all strengths), and regular and decaf coffee. Nonperishable food items requested by the VA Community Resource and Referral Center include single-serving microwavable meal cups and soups, fruit cups, and individually wrapped snack bars or chips. Donations may be dropped off at 1305 S. 15th St., Adel, or contact Shirley McAdon at 515-993-4862 for pick up. ■

### TAKING NEW PATIENTS

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## HISTORY

# CAFES AND THE WAR YEARS

BY MIKE FLINN

World War II caused a shortage of help for Adel's cafés. Good jobs for women were available at the Ankeny Ordinance Plant and other war-related industries. The pay was vastly better than that of a waitress, and Conards ran a bus there for transportation. The shortage was apparent when a convention of physicians was held in Adel and afterward decided to dine at Mack's Café. A group of teachers, who eat there regularly, saw the predicament and enrolled themselves as waitresses. Help was also short in the kitchen, so home economics teacher Phyllis Hague drafted herself for the job of dishing up food. Customers appreciated it, and the women had some fun (and maybe received a few tips).

Mack's Café was in trouble again. After an early Sunday morning raid by the sheriff and county attorney, owner J.E. McCleary was arrested and charged with the sale of beer on Sunday and permitting the use of intoxicating liquor. About 40 people were in the

"Silver Moon" part of the café at the time. Mack's closed until late April when it was announced that Frank Miller had purchased the business and would re-open soon. The restaurant would continue to be known as Mack's, but, henceforth, no beer would be served.

In December, eight truckloads of WACs from the Des Moines Training Center stopped for breakfast at the Wolter Café while on a training trip. No mention was made as to how eight truckloads handled, but the next week there was an advertisement for waitresses by the Wolter Café.

1944 saw the beginning of a new business that would become almost an Adel institution. Harley Harper, who had been operating a billiard and pool hall before going to Alaska, announced that he and Mrs. Harper would open a new café. Their building, on the west side of the square, would be completely remodeled and redecorated with a modern kitchen as well as booths, tables and a lunch counter.

Howell's Café, after serving a large Sunday dinner with all proceeds going to the Red Cross, became Mom's Café.

In March 1945, a few people got a look at German prisoners of war when a car containing two guards and six prisoners made a stop at the Triangle Inn Café. The prisoners were allowed to walk around a bit while two machine guns "kept them passive."

In September of 1945, Mack's Cafe was refused a dancing permit by the town council. Twenty citizens attended the meeting with a petition signed by 307 citizens. Sheriff Evan Burger added his opinion that beer and dancing could not be controlled. Reverends H.M. Sippel, A.M. Long and Paul Miller, along with John Fiddler, Dr. Whitmer, Fred Gearhart and many others, agreed. Frank Miller promised he was prepared to operate a clean and first-class place and would in no way operate his business as others in the past have. The council took no action on Miller's request for a beer license in conjunction with his dance hall. ■

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## EVENTS IN THE AREA

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TAMMY@IOWALIVINGMAGAZINES.COM**DMPA FREE OUTDOOR FAMILY EVENTS****Various dates and parks**

Des Moines Performing Arts announced the engagements headed to Des Moines as part of its 2025 Free Outdoor Family Events series. These free presentations are designed to engage new audiences and performing arts enthusiasts alike, while also removing the barrier of cost.

- Through May 26: OPTIK, Cowles Commons
- June 14-17: Bindlestiff Family Circus, parks across the metro
- July 21-22: Dupont Brass, parks across the metro
- June 11, July 9, Aug. 13: Storytime Under the Green Umbrella, Cowles Commons
- June 21, July 12, Aug. 23: Dancing on Cowles Commons

For more information including times and park locations, visit [www.desmoinesperformingarts.org/whats-on/series/free-outdoor-family-events](http://www.desmoinesperformingarts.org/whats-on/series/free-outdoor-family-events).

**BANDS, BREWS AND BIKES****Every Sunday, through October, 1-3 p.m.****Water Works Park****2201 George Flagg Parkway, Des Moines**

Bike, family and pet-friendly, Bands, Brews and Bikes returns to the biergarten this summer. Ride your bike, grab a cold brew and enjoy live music.

**'ALICE IN WONDERLAND'****Fridays, Saturdays, and Sundays, through May 18. Fridays 7 p.m., Saturdays and Sundays 1 p.m. and 4 p.m.****Des Moines Playhouse, 831 42nd St., Des Moines**

The Kate Goldman Family Series at The Des Moines Playhouse presents "Alice in Wonderland." Tickets may be purchased online at [dmplayhouse.com](http://dmplayhouse.com) and by phone at 515-277-6261. "Alice in Wonderland" is presented in the Studio Theatre and is sponsored by Nationwide.

**IOWA CRAFT BREW FESTIVAL****Saturday, June 7, 1-4 p.m.****Water Works Park****2201 George Flagg Parkway, Des Moines**

Celebrating its 15th anniversary, the Iowa Brewers Guild announces the return of the annual Iowa Craft Brew Festival. Each festival ticket includes unlimited samples, a commemorative tasting glass and access to the spacious festival grounds with shade tents, vendors, yard games and a variety of Iowa-based food trucks. The Iowa Craft Brew Festival features the best in Iowa beer but will also highlight craft cideries and a growing offering of Iowa-produced non-alcoholic beverages. One hundred percent of the festival's revenue goes to help support Iowa's craft beer industry and IBG's Brewed in Iowa campaign that helps raise awareness about the local impact of breweries in Iowa communities. Information and links to purchase tickets are available at [www.iowacraftbrewfestival.com](http://www.iowacraftbrewfestival.com).

**VENDOR MARKET****Saturday, June 7 and 21, 10 a.m. to 6 p.m.****Outlets of Des Moines****801 Bass Pro Drive, Suite 315, Altoona**

Each show has a variety of vendors from Avon, essential oils, Tupperware, Freeze Dried Candies, honey, 3D, Tastefully Simple, Gems & Crystals, Scentsy plus others. Come check out the vendors and buy local. If interested in being a vendor, email [k2marketplacemagic@gmail.com](mailto:k2marketplacemagic@gmail.com).

**VIETNAM WAR LIVING HISTORY EVENT****Saturday, June 7, 9 a.m. to 5 p.m., and Sunday, June 8, 9 a.m. to 1 p.m.****Iowa Gold Star Military Museum****7105 N.W. 70th Ave., Johnston**

Discover what life was like for U.S. military personnel during the Vietnam War. Meet knowledgeable historians, explore historically accurate campsites, and see period military vehicles. ■

## RECIPE

# MAKE FAMILY BARBECUES A BREEZE

*(Family Features)* When it's time for some fun in the sun, you probably don't want to waste too much time in the kitchen. This creamy potato salad is ideal for making quickly at home before heading off to your next barbecue. ■



## POTATO SALAD

Recipe courtesy of "Cookin' Savvy"  
Servings: 4-6

### Ingredients:

- 3 pounds potatoes
- 4 boiled eggs, coarsely chopped
- 2 dill pickles
- 1 tablespoon garlic powder
- 1 tablespoon onion powder
- 1 package (2 1/2 ounces) real bacon pieces
- 2 cups mayonnaise
- 2 tablespoons mustard
- salt, to taste

- pepper, to taste
- smoked paprika, for garnish

### Directions:

- Coarsely chop potatoes. In Dutch oven, boil until fork tender. Drain then add coarsely chopped eggs and pickles.
- Add garlic powder, onion powder, bacon pieces, mayonnaise and mustard. Season with salt and pepper, to taste. Mix well.
- Transfer to large bowl and refrigerate 1-2 hours. Garnish with smoked paprika.

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