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RESIDENTS' CHOICE



Jodi Kuhse accepts the Residents' Choice certificate for Luellen Chiropractic.



Barbara Scheetz accepts the Residents' Choice certificate for Adel Vision Clinic.



Kristie Anderson accepts the Residents' Choice certificates for Azalea Lane Boutique.



Judy Schwenneker, Nic Rasmussen and Marie Hansen accept the Residents' Choice certificate for Adel Flowers and Gifts. ■

ADEL WEATHER FORECAST

SUNDAY HIGH 53 | LOW 26
Mostly sunny



FRIDAY HIGH 51 | LOW 36
Cloudy; rain in the afternoon



MONDAY HIGH 46 | LOW 24
Partly sunny, breezy and chilly



SATURDAY HIGH 48 | LOW 28
Cloudy and windy



TUESDAY HIGH 53 | LOW 33
Warmer with plenty of sunshine



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FROM THE PUBLISHER

THE LITTLE BLACK BOOK

If you were watching TV in the 1970s, then you certainly have heard of Arthur Fonzarelli. And, if you remember the Fonz, then you likely also remember Richie Cunningham. And if you recall the Fonz and Richie, then you surely can recollect Laverne DeFazio and Shirley Feeny.

These four were introduced to us, and to each other, in a 1975 “Happy Days” episode called “A Date with Fonzie,” in which the Fonz summons two girls from his “little black book” to go on a double-date with him and Richie.

Yes, a little black book. Or, in the Fonz’s case, a not-so-little black book. Most of you have likely heard the term, but, in case you haven’t, here’s the gist: A little black book is typically a personal notebook of contacts or a journal of secrets. It may also refer to an address book containing the names of past or potential romantic or sexual partners.

The phrase was first used in the mid-1400s, and it referred to a list of people who had committed crimes or fallen out of favor with leaders. King Henry VIII kept a black book with the names of people who were sinful. The phrase is sometimes still used today to mean a list of people who are in trouble with someone else. But, more often, it is referenced as a list of romantic partners.

Beyond “Happy Days,” the little black book has been part of our culture in other ways. Belinda Carlisle sang a 1992 song called “Little Black Book,” and so did Jimmy Dean in 1962. Brittany Murphy, Holly Hunter, Ron Livingston, Julianne Nicholson and Kathy Bates starred in a 2004 comedy film with the same name. And “The Little Black Book: Part 1” and “Part 2” was a 1968 two-part episode of one of my other



favorite TV shows, “Get Smart.”

Although not a little black book, my college roommate and I had names of people we frequently called in the student directory highlighted. The resident director of the dormitory we lived in found it to be an interesting read.

Do you ever wonder what happened to all of the little black books? What’s left of them are likely gathering dust in an attic somewhere. Meanwhile, today’s smart phones have become the storage spot for many people’s list of lovers and other private contacts. Coincidentally, or maybe not, both would fit in the inside pocket of the Fonz’s leather jacket. Ayyyyyy!

Have a great week, and thanks for reading. ■

Shane Goodman
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FUNERAL NOTICE

Funeral notices can be emailed to tammy@iowalivingmagazines.com

SHERRY FENN

Sherry Lea Fenn, 76, of Perry, died March 4, 2025, after a long and courageous battle with dementia. Sherry was born on Dec. 15, 1948, in Fort Dodge. She graduated from the Rockwell City School District in 1966. After school, she met the love of her life, Clifford Leon Fenn. The couple were married on April 4, 1970, in Grant City, Missouri.



Sherry was a stay-home mom and homemaker for many years so she could raise Lamont and Katina. Once they were old enough, she began working as a housekeeper in several different hotels around the Des Moines area. Her children were the light of her eyes.

Sherry enjoyed playing cards, coffee from the truck stop with friends, reading, fishing with her husband Clifford and children, music and crocheting blankets.

Sherry is survived by her two children, Lamont Fenn of Van Meter and Katina Carmichael and her husband, Rodney, of Adel; grandchildren, Sierra and husband, Nick McAdam, Savannah and husband, Devin Goehring, Tanna and husband, Zach Ridge, and Dakota Carmichael; and many more family and friends. She was preceded in death by her parents and husband Clifford in 2018.

Graveside services were held at the Iowa Veterans Cemetery in Van Meter on March 10 at 12:30 p.m. with a luncheon that followed at Patrick's Restaurant. Online condolences may be expressed to the family at www.caldwellparrish.com. ■

NEEDS AT THE DES MOINES VA HOSPITAL/CRRC

Since federal funds may not be used to purchase personal items for veterans at VA hospitals and resource centers, individuals and groups, like the Adel American Legion Auxiliary Unit 464, step up to collect clothing and other items needed by veterans. The following items are being requested by the hospital now: new, light-weight unisex jackets (sizes L-XL), new men's shoes (sizes 10-13), new sweatpants (S, M, 4XL), new women's slippers (all sizes), reading glasses (all strengths), and regular and decaf coffee. Nonperishable food items requested by the VA Community Resource and Referral Center include single-serving microwavable meal cups and soups, fruit cups, and individually wrapped snack bars or chips. Donations may be dropped off at 1305 S. 15th St., Adel, or contact Shirley McAdon at 515-993-4862 for pick up. ■

ADM SPORTS SCHEDULE

Friday, April 4

4:30 p.m. **Track:** Boys JV/Varsity @ Winterset

Monday, April 7

4 p.m. **Golf:** Girls Varsity vs. Gilbert @ River Valley Golf Course

5:30 p.m. **Soccer:** Girls JV vs. Marshalltown

7 p.m. **Soccer:** Girls Varsity vs. Marshalltown

Tuesday, April 8

4 p.m. **Esports:** Varsity vs. Spirit Lake

4:30 p.m. **Track:** Girls JV/Varsity Hugh Norman Coed Relays vs. Multiple Schools.

4:30 p.m. **Track:** Boys JV/Varsity Hugh Norman Coed Relays vs. Multiple Schools



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RURAL & IN-TOWN - COMPETITIVE SPEEDS & PRICING

SPRING BASKET SALE

The Friends of the Adel Public Library is holding its Spring Basket Silent Auction April 1-11 at the library. Proceeds benefit scholarships presented by the Friends. ■

TRIVIA NIGHT

Grab your team and have a blast at Adel's Free Trivia Night on the third Monday of every month. The next event is Monday, April 21, at Adel Family Fun Center. Doors open at 5:30 p.m., with food and drink specials. Trivia starts at 7 p.m., provided by Select Entertainment. ■

THIRD MONDAY BINGO

The next Third Monday Bingo is April 21, 6-8 p.m., at the Masonic Lodge, 411 S. 12th St., Adel. Enjoy 16 games of bingo (\$5/card) plus a 17th progressive blackout (\$1/card). Packaged snacks and non-alcoholic drinks will be available. ■

CELEBRATE ADEL

Adel Partners Chamber of Commerce will host Celebrate Adel Thursday, April 24, 5-7 p.m. at Country Lane Lodge, 29300 Prospect Circle, Adel. More than 250 attendees meet to network and honor the Business and Citizen of the Year. Meet and connect with business members and experience the Taste of Adel and De Soto. Member restaurants and caterers will be sampling delicious items. This is the one event you don't want to miss. Register online at <https://business.adelpartners.org/events/details/celebrate-this-is-adel-3554?calendarMonth=2025-04-01>. ■



ADEL FIREMAN'S DANCE

The Adel Fireman's Dance is April 5 at Country Lane Lodge, 29300 Prospect Circle, Adel. It will feature the music of Suede. Doors and silent auction open at 5 p.m. Dinner, catered by DM Bacon and Meat Company, will be served at 6 p.m. The band plays from 7:30-11 p.m. All proceeds go to the Adel Fire Association to help purchase needed equipment. Tickets are \$40 and available from any Adel Volunteer firefighter or message the group on Facebook, Facebook.comAFD25. ■

KIWANIS EASTER EGG HUNT

Join the Adel Kiwanis for the group's annual Easter Egg Hunt Sunday, April 13, at Kinnick Feller Park. Visit with the Easter Bunny, see fire trucks and much more. The hunt will be divided into age groups: 0-3 years at 3 p.m., 4-6 years at 3:30 p.m. and 7-10 years at 4 p.m. The public is asked to bring a nonperishable food item for the Good Samaritan Food Pantry. ■

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SALAD LUNCHEON

Adel Women's Club is sponsoring a salad luncheon on Monday, April 14 from 11 a.m. to 1 p.m. at the First Christian Church in Adel. They will be providing salads, desserts and drinks for a \$10 donation at the door. If anyone wants to purchase tickets in advance, contact Paula Joiner, 515-339-5529.

Adel Women's Club is a member of GFWC (General Federation of Women's Clubs), an international service organization. Members are dedicated to enhancing the lives of others through volunteer service. Donations will support local organizations. For more information, email adelwomensclub@gmail.com or find the group on Facebook. ■

ADEL MASONIC BREAKFAST

The Adel Masons will be serving a breakfast of biscuits and gravy, pancakes, scrambled eggs, bacon, milk, orange juice and coffee for \$9 per plate on Sunday, April 13, from 9 a.m. to noon at the Masonic Lodge, 411 S. 12th St. ■

SPRING CLEANUP AND HOUSEHOLD HAZARDOUS MATERIALS DROP-OFF

Spring Cleanup is Saturday, April 12. All items must be out at the curb by 7 a.m. for pickup. Large household appliances require a \$15 sticker. TVs up to 24 inches in size require one sticker (\$15), TVs 24 inches and larger require two stickers (\$30), and consoles and projector TVs require three stickers (\$45).

The Household Hazardous Materials Drop-Off will be located in Kinnick Feller Park from 10 a.m. to noon. For more information, call the South Dallas County Landfill at 515-993-3148 or visit the SDCL website, sdclandfill.com. ■

RACCOON RIVER PRESCHOOL TRIVIA NIGHT

Enjoy an evening out with friends at Raccoon River Preschool Trivia Night fundraising event on April 24 at Country Lane Lodge, 29300 Prospect Circle, Adel. Doors open at 5:30 p.m. Dinner is provided. A cash bar will be available and a live auction held. Registration is \$30 per person or purchase a table. Sign up online at raccoonriverpreschool.com under the fundraising tab. ■

ALL THINGS KIDS SALE APRIL 26

Declutter and make a difference. Donate gently used baby/kid items to Faith's Flock Preschool's All Things Kids Sale on Saturday, April 26, 8 a.m. to noon. All proceeds fund preschool scholarships. Donations can be dropped off on April 24 and 25 from 3-6 p.m. at 602 S. 14th St. (use the fellowship/gym entrance). ■



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EVENTS IN THE AREAEMAIL YOUR EVENT INFORMATION TO
TAMMY@IOWALIVINGMAGAZINES.COM**SAFE IN THE SUN 5K/10K RUN****Saturday, May 3, at 9 a.m.****Ada Hayden Heritage Park****5205 Grand Ave. Ames**

The Central Iowa community is coming together for the third year to raise awareness and funds for melanoma research with the Safe in the Sun 5K/10K Run, hosted by the Cancer Bucket Foundation. Whether you're a runner, a walker, or a supporter of the cause, the Safe in the Sun Run offers a meaningful opportunity to help in the fight against melanoma and skin cancer. To register, visit cancerbucket.org/events.

**ELKS PANCAKE BREAKFAST
BUFFET, BAKE SALE AND THE
EASTER BUNNY****Sunday, April 13, 8 a.m. to noon****West Des Moines Elks Lodge****2060 N.W. 94th St., Clive**

Yes, the Easter Bunny will be at the breakfast to greet the children and have treats to share. The breakfast buffet includes biscuits and gravy, French toast, scrambled eggs, bacon, sausage patties, cheesy potatoes, and, of course, all you can eat pancakes (including blueberry and chocolate chip pancakes), orange juice, milk and coffee. Enjoy a bloody Mary or mimosa for \$3.50. Cost is \$11 for adults and \$5 for children 10 and younger. Proceeds support the Elks Hoop Shoot Program, other youth activities and veteran support activities.

**WDM ELKS SPRING STYLE SHOW
FUNDRAISER****Saturday, April 26, 10 a.m. to 3 p.m.****West Des Moines Elks Lodge No. 2752****2060 N.W. 94th St., Clive**

Tickets are \$15 each or reserve a table for eight for \$130 or a table for four for \$70. The Style Show starts at 11 a.m. with a salad luncheon at 12:30 p.m. and door prize drawing at 2 p.m. Many fantastic vendors

including K.A.B.E. & Co clothes and accessories will be available. Funds raised will benefit Veterans Children's Christmas and other Elks approved charities and outreach.

**FURRY FRIENDS REFUGE "CHILLI"
COOKOFF****Saturday, April 12****Tonic Bar****5535 Mills Civic Parkway, West Des Moines***furryfriendsrefuge.org*

Chili, free drinks and excellent prizes will be at this "chilli" cookoff that raises funds for animals at Furry Friends Refuge. With your ticket comes one free Confluence Brewing Company beer, chili tasting, prizes and giveaways.

**MIDDLE OF THE MAP TATTOO
CONVENTION****Friday - Sunday, April 4-6****EMC Expo Center****Iowa Events Center, 730 Third St., Des Moines***middleofthemaptattoo.com*

Live tattooing, live music and prizes for more than 25 tattoo competitions. Miss Middle of the Map 2025 will be crowned in the Des Moines Premier Pinup Competition. The ink extravaganza will feature nearly 300 of the best tattoo artists from around the country, with many Inkmaster alum, including winners DJ Tabme and Bobby Johnson.

MONSTER JAM**Saturday and Sunday, April 12-13****Wells Fargo Arena, 730 Third St., Des Moines***monsterjam.com/en-us/*

Combining three distinct competitions — Racing, Two-Wheel Skills and Freestyle — into one incredible package, the Monster Jam offers a little something of everything to entertain monster truck fans. ■

RECIPE

EASTER APPS MADE EASY

(Family Features) If you'll be hosting friends and family for Easter this year, opting for an array of appetizers can help keep hungry people out of the kitchen until the main course is ready. Featuring easy prep and short cook times, these apps from "Cookin' Savvy" can let you spend more time creating memories with loved ones. ■

SPINACH BITES

Recipe courtesy of "Cookin' Savvy"
Yield: 24 spinach bites

Ingredients:

- 1 package (8 ounces) cream cheese, softened
- 1/2 cup mayonnaise
- 1/2 cup sour cream
- 1 cup thawed frozen spinach
- 1/2 cup Parmesan cheese
- 1/2 cup mozzarella cheese
- 1 package (2 1/2 ounces) real bacon pieces
- 1 teaspoon garlic powder
- 2 teaspoons onion powder
- salt, to taste
- pepper, to taste
- 1 package (2 sheets) frozen puff pastry

Directions:

With hand mixer, blend cream



cheese, mayonnaise, sour cream, spinach, Parmesan cheese, mozzarella, bacon pieces, garlic powder, onion powder and salt and pepper, to taste.

Heat oven to 400 F.

Thaw and roll out puff pastry sheets. Cut each sheet into 12 squares. Place each puff pastry square into hole in muffin pan then spoon spinach mixture into each square and pinch corners together. Bake 15 minutes and serve warm.

50s PLUS MEETINGS AND EVENTS

The 50s Plus Seniors group has been going for the last three years, during which time the group has played board games and enjoyed lots of conversations, plenty of coffee and a lot of good food. They invite anyone in Adel and the surrounding area to join them the first and third Tuesdays of the month, 10 a.m. to 1 p.m. at the Adel Public Library, 303 S. 10th St. If you have just moved to the area and would like to meet new people, this is a great way to do it. The group now has programs included in its activities. Programs are open to anyone, not just seniors. ■

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www.dallascountyiowa.gov/conservation or call the DCCB office at 515-465-3577.

To register for events, visit www.dallascountyiowa.gov/conservation, click on "Public Programs" and scroll down to see program descriptions and to register. If you don't have computer access or need assistance, call the DCCB office at 515-465-3577.

EARLY SPRING EPHEMERAL HIKE

Sportsmans Park, 13821 130th St., Dawson, Friday, April 11, 2:30-3:30 p.m. Participants will enjoy a naturalist led hike through Sportsmans Park in search of these elusive ephemerals.

TRACKS!

Snyder Tract - North Raccoon River Wildlife Area, 21468 Minburn Road, Minburn, Saturday, April 26, 9-10 a.m. Let's see who's been hanging around Snyder Tract and learn how to tell different animal tracks apart. Dirt trails and sandy river banks are great places for wild footprints.

CULTIVATING A CONSERVATIONIST

Forest Park Museum, 14581 K Ave., Perry, Saturday, April 26, 1-2 p.m. Registration required. Are you or your child interested in the outdoors? Hear the story of 19-year-old Max Havlik on his journey from a barefoot boy running around Ledges State Park to his budding career in horticulture. He has dedicated the last 5 years to growing his knowledge of the natural world and exploring how each of us can make a positive impact.

2025 PHENOLOGY SERIES: PART 3

Kuehn Conservation Area, 32828 Houston Trail, Earlham, Sunday, April 27, 1-2 p.m. Registration required. Phenology is the study of cycles, patterns and observations over time in the natural world. Learn some mindfulness and observation techniques, take a short walk to put them into practice, then record observations from the season in your own nature journal. Return to the same place for future programs in this series to add new entries to your journal throughout the year.

MOTHER'S DAY HIKE

Hanging Rock Conservation Area, Redfield, Saturday, May 10, 9-10 a.m. Come celebrate all moms with a guided walk at Hanging Rock. We'll start at the top where the shelter is then head down the path to the river. Come learn about what Nature's moms are up to and see if you can find any spring colors popping. ■

CLASSIFIED ADS

VINYL RECORDS/MUSIC SALE:

Saturday, April 5th Only. 9 a.m. to 3 p.m. Hundreds of 45rpm records and LPs. Also cassettes and CDs. 1970s and 1980s. Rock, Pop & R&B. Priced to sell. 26152 Burr Oak Lane. Hwy 169 North of Adel to RiverValley Golf Course area.

WANTED TO BUY: Used recliner chair. Call 515-478-5391.

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HELP WANTED: Need help on farms around Adel. Call 515-975-0602.

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