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SEEN IN ADEL

THE ADEL LIONS CLUB DONATED TO LOCAL GROUPS FOR ASSISTING THE CLUB WITH ITS FLAG PROGRAM IN 2024.



The club presented \$1,300 to the ADM E-sports program.



The club presented \$900 to Adel Cub Scouts.



The club presented \$3,000 to De Soto Community Betterment.



The club presented \$500 to the ADM girls basketball program. ■

ADEL WEATHER FORECAST

SUNDAY HIGH 56 | LOW 32
Mostly sunny and mild



FRIDAY HIGH 38 | LOW 24

Periods of snow and rain; breezy



SATURDAY HIGH 46 | LOW 28

Milder with plenty of sunshine



MONDAY HIGH 73 | LOW 41
Plenty of sunshine; breezy



TUESDAY HIGH 66 | LOW 39

Sun through high clouds and mild



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FROM THE PUBLISHER

UNFORGETTABLE SOUNDS

You just can't forget some sounds. At least I can't seem to. Most of the ones I hang onto were implanted in my brain as a youth. Even after years of not hearing them, those familiar sounds bring back fond memories.

I was reminded of this recently when hearing the cow-mooing sound from a Fisher Price barn door. If you had that toy as a child, you know exactly what I am referring to.

I also can't seem to forget the annoying buzzer that would go off when I failed on the Operation board game.

I truly enjoyed my Electronic Football handheld game. I would sneak it under my bed sheets and play it at night, only to have my brother in the room next door yell, "Turn it off!" when he would hear the familiar touchdown tune.

Playing Rock 'Em, Sock 'Em

Robots was a pastime in my childhood home. My brother and I would bob and weave and punch those buttons with our thumbs

to try to defeat the other robot by knocking its block off. Boing!

Familiar sounds are not all about toys, though. How about hearing the snow crunch below your feet? Or a fishing line being cast in a lake? Or the "ding, ding" of the bell when driving into a service station?

Most all of us can recognize sounds of certain foods or drinks, too. Bacon sizzling on the griddle. A champagne cork going off. Popcorn popping on the stove. And the sound of fizzy soda poured on ice.

Some familiar sounds are also from technology of days gone by. The screech of internet dial-up. The



clinking of coins dropping in a pay phone. The crackling and hissing of a vinyl record. The clicking of typewriter keys and the ringing bell from the return. And the dreaded sound of tape crinkling in a cassette player.

I also fondly recall the sound of static on the TV when no channels were available after midnight, the dialing sound of a rotary phone, and the familiar intro music to Pac-Man.

Yes, sounds can be meaningful, and I surely missed a few recognizable ones from your memory bank. Send me a note and let me know.

Have a great week, and thanks for reading. ■



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ADEL
Living Weekly

A publication of Big Green Umbrella Media, Inc.
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CELEBRATE ADEL

Adel Partners' Chamber of Commerce will host Celebrate Adel Thursday, April 24, 5-7 p.m. at Country Lane Lodge, 29300 Prospect Circle, Adel. More than 250 attendees meet to network and honor the Business and Citizen of the Year. Meet and connect with business members and experience the Taste of Adel and De Soto. Member restaurants and caterers will be sampling delicious items. This is the one event you don't want to miss. Register online at <https://business.adelpartners.org/events/details/celebrate-this-is-adel-3554?calendarMonth=2025-04-01> ■



SPRING BASKET SALE

The Friends of the Adel Public Library is holding its Spring Basket Silent Auction April 1-11 and is seeking donations of baskets starting March 24 at the library. Themed gift baskets are requested. Ideas include adult or child gardening, health and wellness, birding, pet treats and summer fun. Include a tag listing basket theme, basket items and name of person or business donating. Proceeds benefit scholarships presented by the Friends. ■

ADEL FIREMAN'S DANCE

The Adel Fireman's Dance is April 5 at Country Lane Lodge, 29300 Prospect Circle, Adel. It will feature the music of Suede. Doors and silent auction open at 5 p.m. Dinner, catered by DM Bacon and Meat Company, will be served at 6 p.m. The band plays from 7:30-11 p.m. All proceeds go to the Adel Fire Association to help purchase needed equipment. Tickets are \$40 and available from any Adel Volunteer firefighter or message the group on Facebook, Facebook.comAFD25. ■

ADM SPORTS SCHEDULE

Monday, March 10

- 2 p.m. **Track:** Boys JV/Varsity Meet @ UNI
- 7:15 p.m. **Basketball:** Boys Varsity State Tournament vs. Storm Lake Community School District @ Wells Fargo Arena

Tuesday, March 11

- 2 p.m. **Track:** Girls JV/Varsity Meet @ UNI



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STORYTIMES:

- **Move and Groove Storytime** – Every Tuesday at 9:30 a.m.
- **My First Storytime** – Every Wednesday at 9:30 a.m.
- **Preschool Storytime** – Every Thursday at 9:30 a.m.

ELEMENTARY ACTIVITIES

- **Winter Playtime** – Every Friday from 9-11 a.m.

ADULTS

- **Yoga**, registration required at adelpl.org – Every Wednesday at 5:45 p.m. ■

WANT TO HELP A VETERAN?

Federal funds may not be used to purchase personal items for veterans at VA hospitals. Individuals and groups, like the Adel American Legion Auxiliary Unit 464, step forward to collect clothing and other items needed by veterans in the Des Moines VA Hospital or in the domicile. The following items are most requested now: individually wrapped snacks; decaf coffee; men’s sweatpants/athletic pants (M-XL); men’s sweatshirts (XL); men’s athletic shorts (M-XL); small, simple sports bras; backpacks; men’s jackets (L-XL); men’s slippers (11-12, 13-14); and large print books.

Donations may be dropped off at 1305 S. 15th St., Adel, or contact Shirley McAdon at 515-993-4862 for pick up. ■

50s PLUS MEETINGS AND EVENTS

The 50s Plus Seniors group has been going for the last three years, during which time the group has played board games and enjoyed lots of conversations, plenty of coffee and a lot of good food. They invite anyone in Adel and the surrounding area to join them the first and third Tuesdays of the month, 10 a.m. to 1 p.m. at the Adel Public Library, 303 S. 10th St. If you have just moved to the area and would like to meet new people, this is a great way to do it. The group now has programs included in its activities. Programs are open to anyone, not just seniors. The program on March 18 at noon is prescription and over-the-counter drugs for seniors. ■

MOBILE FOOD BANK

Adel Mobile Food Bank is the fourth Wednesday of the month at New Hope Church, 25712 Highway 6, Adel, from 5-6:30 p.m. or until the food is gone. This is a drive-thru pickup for free groceries. ■

ADEL MASONIC BREAKFAST

The Adel Masons will be serving a breakfast of biscuits and gravy, pancakes, scrambled eggs, bacon, milk, orange juice and coffee for \$9 per plate on Sunday, March 9, from 9 a.m. to noon at the Masonic Lodge, 411 S. 12th St. ■

THIRD MONDAY BINGO MARCH 17

The next Third Monday Bingo is March 17, 6-8 p.m., at the Masonic Lodge, 411 S. 12th St., Adel. Enjoy 17 games of bingo (\$0.25/card) plus an 18th progressive blackout (\$1/card). Packaged snacks and non-alcoholic drinks will be available. Bring a dauber if you have one. They will also be for sale. ■

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HISTORY

ADEL CAFES 1938 AND 1939

As the Depression continued, many restaurants closed shop or changed hands. The Elm Park Café became another casualty of the depression, and its fixtures and furniture were sold at auction by the sheriff's office. Bertha Spillers purchased them and reopened the cafe. She lasted only until November when she sold it to C.M. Boyer, who renamed the enterprise The New Highway Café.

Meanwhile, Smith's Snack Shop, at the Corner DX Station on Highway 6 and 169, now offered pies, rolls, donuts, etc.

Wimpy's Place on West Main was purchased by Mr. and Mrs. Delbert Clarke in February and became Sally's Eat Shop. By October, it was sold to George Jorgenson who renamed it George's. That lasted until February of 1939 when George sold out to Harold Squires. Squires lasted until May when he sold out to Ray Gifford. Gifford, in a reflection of his optimism, renamed it the Sunnyside Café.

Leo Belgarde's ambition to run for sheriff led him to sell his Just-Right Café to a man from Estherville.

Mrs. Fitzgerald leased rooms in the Whitcomb building that formerly housed the Kozy Korner and, along with her daughter, started Mary Pat's

Café in September 1938. They lasted until June of 1939 when the café was sold.

The Scott building continued its revolving door policy with dining establishments. The New Way Café in that building was sold to Clarence Spray of Waukee who renamed it Spray's Short Order and Coffee Shop.

1939 saw many more changes in the restaurant business. After many years, the McClearys sold their Dick and Mack's Café. The new owners used a bit of imagination and renamed it Dick and Bob's.

The old Elm Park, or New Highway Café, wasn't done changing hands yet either. This time it was renamed Burd's Café by its next new owner, Mrs. C.A. Burd.

J.E. McCleary, of Mack's Café, ran afoul of the law and was charged with maintaining a liquor nuisance. He was fined \$300 and lost his permit to sell beer. The popular restaurant was closed for a time and then leased

to Wayne Reynolds, who ran it with the assistance of Mrs. McCleary. Meanwhile, Mack took over management of the Hollywood Club in Des Moines.

In April of 1939, it was announced that George McGinnis, operator of the Standard station at Highway 6 and 169 planned to expand his cabin court by building four more cabins, enlarging the bath house and adding showers. A man named Elliott also planned to build a café on the site.

Also along busy Highway 6, The Try-Angle-Inn, two miles west of Adel, offered, in addition to a complete Conoco service station, a fine restaurant run by Mrs. Jake Yeager.

The 1939 Adel Fireman's Ball would be held at what was now known as the "White Elephant."

As the decade of the 1940s approached, war raged in many places around the world. Big changes were in store for the little town of Adel. ■

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EVENTS IN THE AREA

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TAMMY@IOWALIVINGMAGAZINES.COM**"JESUS CHRIST SUPERSTAR"****March 7-23****Des Moines Playhouse, 831 42nd St., Des Moines**

The Des Moines Playhouse presents the Broadway musical "Jesus Christ Superstar." Tickets may be purchased online at dmplayhouse.com and by phone at 515-277-6261. "Jesus Christ Superstar" tells the story of Jesus in the final days leading up to his crucifixion. Loosely based on the Gospels, Superstar focuses on the conflicts between Jesus, his disciples, the people of Israel, and the leadership of Rome. Told by his wavering disciple and ultimate betrayer, Judas, the rock opera by Andrew Lloyd Webber and Tim Rice features such songs as "I Don't Know How to Love Him," "Gethsemane" and "Superstar." Show times are 7:30 p.m. Wednesdays through Saturdays and 2 p.m. Sundays. Tickets start at \$29.

The IRIS SensationTeam will provide audio description for the 2 p.m., Sunday, March 16, performance. The Playhouse offers closed captioning for this show. These services are free. Requests should be made through The Playhouse ticket office.

ELKS ANNUAL ST. PATRICK'S DAY CELEBRATION**Saturday, March 15, 5:30 p.m.****West Des Moines Elks No. 2752****2060 N.W. 94th St., Clive**

The Elks Annual St. Patrick's Day Celebration will begin with the Foy School of Irish Dancers performing at 5:45 p.m. They will perform for about 20 minutes, followed by the Elks' famous St. Paddy's Day corn beef and cabbage with Irish potatoes meal for \$12 per serving.

2025 FRIENDLY SONS OF ST. PATRICK PRE-PARTY AND PARADE**March 15 and March 17**

The Friendly Sons of St. Patrick is back with its St. Patrick's Day celebrations. Join them on Saturday,

March 15, from 2-6 p.m. at The Shop DSM, 901 Cherry St., Des Moines, for a Pre-Paddy Party, featuring live music from Black Dirt Ramblers, a food truck and cash bar for an at-will donation. The parade is on Monday, March 17, and begins at noon. Participants will proceed from E. First Street, west on Grand Avenue to Eighth Street, with the parade officially ending at Eighth and Grand Avenue. The after party will be in the Des Moines Marriott Downtown Hotel. Visit www.friendlysonsiowa.com for more information.

DSM BOOK FESTIVAL**Saturday, March 22, 9 a.m. to 6 p.m.****Franklin Event Center****4801 Franklin Ave., Des Moines**

Readers and book lovers in central Iowa will be thrilled to find an outstanding array of authors appearing at this free, fun-filled event, presented by Beaverdale Books and Beaverdale Neighborhood Association. In addition to author programs, panels, workshops and children's activities, the event will offer attendees the opportunity to have their books signed, visit with publishers, and enjoy mingling with fellow book lovers. For the complete schedule, visit <https://beaverdalebooks.com/dsmbookfestival/>.

Four headlining presentations will be offered in the venue's large theater, including fiction writer Claire Lombardo, historian Alexis Coe, award-winning Hanif Abdurraqib and AVID author C.J. Box.

DOME AFTER DARK**Fridays through March, 6-10 p.m.****Greater Des Moines Botanical Garden****909 Robert D. Ray Drive, Des Moines***dmbotanicalgarden.com*

The Greater Des Moines Botanical Garden's lush tropical conservatory and Gardeners Show House are colorfully illuminated for Dome After Dark. Flora, the botanical garden's restaurant, serves food and drinks till 9 p.m. ■

RECIPE

SAVORY FAVORITE TO MAKE ST. PATRICK'S DAY SPECIAL

(Family Features) While some St. Patrick's Day celebrations call for green beer and large gatherings, you may instead opt for a cozy evening at home with comforting foods and close friends. Whether your shamrock spirit leads you out for a local parade or you're more of a stay-at-home leprechaun, there is one tradition all can agree on: delicious Irish food.

A hearty home-cooked meal loaded with flavor and sure to fill you with cheer, Irish beef and beer pot pie is made piping hot to warm up any St. Patrick's Day party. Full of hashbrowns, carrots, peas and beef, it's a twist on tradition served with puff pastry topping the tasty stew. A cup of your favorite stout beer, of course, will come in handy for deglazing the skillet to ensure you enjoy every bit of beefy flavor. ■

IRISH BEEF AND BEER POT PIE

Recipe courtesy of "Cookin' Savvy"
Servings: 4-6

Ingredients:

- 1 pound ground beef
- 1 cup stout beer
- 3 tablespoons flour
- 1 can (15 ounces) tomato puree
- 1 tablespoon Worcestershire sauce
- 1 tablespoon garlic powder
- 1 cup beef broth
- 1 bag (28 ounces) hashbrowns with peppers and onions
- 1 can (14 ounces) carrots, drained
- 1 can (14 ounces) peas, drained
- salt, to taste
- pepper, to taste
- 1 sheet puff pastry, thawed
- 1 egg



Directions:

Heat oven to 400 F.
In large skillet or Dutch oven, brown ground beef; drain and set aside.
Over medium heat, deglaze skillet with beer and whisk in flour. After thickening, whisk in tomato puree and add Worcestershire sauce. Mix in ground beef, garlic

powder and beef broth. Add hashbrowns, carrots and peas. Season with salt and pepper, to taste. Simmer 20-25 minutes, stirring occasionally.

Place puff pastry sheet on cookie sheet. Beat egg and brush over pastry. Bake 10 minutes. Place hot puff pastry on top of beef mixture and serve.

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www.dallascountyiowa.gov/conservation or call the DCCB office at 515-465-3577.

To register for events, visit www.dallascountyiowa.gov/conservation, click on “Public Programs” and scroll down to see program descriptions and to register. If you don’t have computer access or need assistance, call the DCCB office at 515-465-3577.

• **Early Spring Ephemeral Hike**, Sportsman Park, Friday, March 14, 10-11 a.m. No registration required. Enjoy a naturalist-led hike in search of the delicate flowers that are beginning to emerge.

• **2025 Phenology Series: Part 2**, Kuehn Conservation Area, Monday, March 17, 1-2 p.m. Registration required. Phenology is the study of cycles, patterns and observations over time in the natural world. Learn some mindfulness and observation techniques, take a short walk to put them into practice, then record observations from the season in your own nature journal. Return to the same place for future programs in this series to add new entries to your journal throughout the year.

• **Reptiles!** Forest Park Museum, Tuesday, March 18, 9 a.m. Registration required. What is a reptile? Which kinds of reptiles live in Iowa? How does a turtle shell work? Do snakes actually feel slimy? Come find out and learn more with a naturalist and a couple of reptile ambassadors. Bring your own chairs to sit outside. In case of bad weather, the program will be held inside.

• **March Bird Hike**, Voas Nature Area, Wednesday, March 19, 8:30-10:30 a.m. Registration required. Bring the family and explore the diverse habitats at Voas Nature Area to view early migrants. There is usually a diversity of waterfowl at this time of year. Beginners and seasoned veterans are welcome. Binoculars and books will be provided.

• **Spring Equinox**, Hanging Rock, Thursday, March 20, 7-8 p.m. Registration required. Join DCCB naturalists at the astronomical clock atop the ridge at Hanging Rock to observe and celebrate the sunset of Spring Equinox. This is a time of equal light and dark, waking from winter and the renewal of spring. Consider an intentional gesture at this historic site to recognize the changing of the seasons as people have done for thousands of years. ■

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HELP WANTED: Need help on farms around Adel. Call 515-975-0602.

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