

Living

RESIDENTS' CHOICE AWARDS

East Polk County residents share their favorites



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2	FLAT	\$95,000
3	FLAT	\$95,000
4	FLAT	\$95,000
5	FLAT	\$95,000
6	FLAT	\$95,000
7	FLAT	\$95,000
8	FLAT	\$95,000
9	FLAT	\$95,000
10	FLAT	\$95,000
11	FLAT	SOLD
12	FLAT	SOLD
13	PARTIAL DAYLIGHT	SOLD
14	PARTIAL DAYLIGHT	\$125,000
15	PARTIAL DAYLIGHT	\$120,000
16	FLAT	\$80,000
17	FLAT	SOLD
18	PARTIAL DAYLIGHT	\$110,000
19	PARTIAL DAYLIGHT	\$125,000
20	PARTIAL DAYLIGHT	SOLD
21	PARTIAL DAYLIGHT	\$125,000
22	PARTIAL DAYLIGHT	SOLD
23	PARTIAL DAYLIGHT	\$125,000
24	PARTIAL DAYLIGHT	\$110,000
25	FLAT	\$95,000
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27	FLAT	SPEC
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WELCOME

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Residents' Choice. Those two simple words have a lot of meaning to those who are recognized and those who seek out the people, businesses, places and events that are honored.

Yes, we have once again compiled the results of our local Residents' Choice poll, the only one of its kind. It is truly unique in two significant ways.

First, our poll is mailed to every residential household in the pages of this magazine with a link to an open website. That makes the poll available to every single resident. No exclusions.

Second, our poll has open-ended questions, which means we don't load the ballots with pre-determined answers to try to sway it in a certain way. The results are what they are. You will likely agree with some of them, and you will disagree with others — kind of like political elections. But, in this poll, all who are recognized are winners, and the end result is a great positive for all involved.

Readers of this publication have proven to seek out the winners and spend their time, energy and money with them. The poll results have become a customized search engine of sorts, providing valuable information on the choices of local residents in a variety of categories that are important to them.

Those who have been chosen tell me how much of an impact this directly has on them, their businesses and their organizations. Being recognized for positive contributions is seemingly always great, but when it helps create commerce, it is even better — and this Residents' Choice poll is a commerce-creating machine.

I explain this next point each year, but it is worth noting again. Those recognized in this poll are the choices of our readers — local residents. Although we agree with many of you on your choices, we do not pick them, and we have no impact on the results. I wouldn't have it any other way.

Other organizations are continuing to try to implement polls like ours, but none have the reach and credibility that ours has. You can't blame others for trying to imitate what we do, but you can question how they implement their polls and how many people actually vote in them.

Meanwhile, I thank all of you who took the time to vote in this year's Residents' Choice poll. Your votes do make an incredible difference. And, if you didn't vote, well, there is always next year.

Thanks for reading. ■

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RESIDENTS' CHOICE AWARDS

Eastern Polk County residents share their favorites



Residents of eastern Polk County have again weighed in on their favorite businesses, people, events and places in the latest Residents' Choice poll. The poll results share residents' top three choices in dozens of categories, many of which are extremely competitive with a handful of votes separating the winner from the runners up. Consequently, we view them all as winners. They have captured the favor of people who live in eastern Polk County and who know the businesses, people, events and places of the area best.

Some winners are now going on three or more years at the top of their categories. Their supporters have proven to be a loyal bunch. Others are new to the awards list, showing they have made a good impression over the last year and are building up a strong

following as well.

Bondurant residents won't have far to go to enjoy many of the winners. Stop in at Little House on Main for décor, gifts and more; hop on over to Lucille's Garden Center for a wide selection for your garden; Bondurant Animal Clinic with Foo Foo is under the weather; and Prairie Vision Center for your vision care. These are only a few of the Bondurant winners. Read on for others.

If you aren't familiar with any of the top three, give those businesses, events and places a visit and find out why they are residents' favorites. And if you didn't vote this year, be sure to next time. It may be your vote that makes a difference and lifts one of your favorites into the top tier of the Residents' Choice poll.

Dr. Renee Conley and Dr. Stephanie Timm of Bondurant Animal Clinic, which was chosen favorite veterinarian in the Residents' Choice poll.

Eastern Polk County residents share their favorites...

*(Runners up in alphabetical order; *indicates repeat winner.)*

Restaurant

* **The Big Steer Restaurant and Lounge**

Runners up: Guadalajara Mexican Restaurant; Texas Roadhouse

Restaurant for breakfast

Flip'N Jacks Pancake House & Eatery

Runners up: Perkins Restaurant and Bakery; Somewhere in the Middle Coffee Shop

Restaurant for lunch

Fireside Grille

Runners up: Guadalajara Mexican Restaurant; Sugar Shack Diner

Restaurant for dinner

* **The Big Steer Restaurant and Lounge**

Runners up: Johnny's Italian Steakhouse; Texas Roadhouse

Restaurant for dessert

Over the Top

Runners up: Home Slice Handmade Pies; Perkins Restaurant and Bakery

Place for ice cream

* **Over the Top**

Runners up: The creamery.bondurant; Granny's Sweet Freeze Shoppe

Pizza establishment

Scornovacca's Altoona

Runners up: Abbie's; Casey's

Bar

* **Reclaimed Rails Brewing Company**

Runners up: Fireside Grille; Sam's Sports Bar and Grill

Coffee shop

Best Day Coffee

Runners up: Scooter's Coffee; Somewhere in the Middle Coffee Shop

Catering company

* **Great Caterers of Iowa**

Runners up: Fireside Grille; Hy-Vee

Server/bartender

Cole Heitman, The Big Steer Restaurant & Lounge

Runners up: Heath Sollars, Reclaimed Rails Brewing Company; Stef Brown, Founders Irish Pub

Auto service

* **McManus Automotive**

Runners up: Kanselaar Automotive; Truman's Automotive & ADAS Calibrations

Auto body shop

Ted's Body Shop

Runners up: Altoona Auto Body; Bondurant Auto Body

Car dealership

* **A3 Auto**

Runners up: Honda of Altoona; Martinson's Used Cars

Preschool/daycare

Church of the Cross Preschool

Runners up: The Bird's Nest; Yellow Brick Road Early Childhood Development Center

Nonprofit

* **Caring Hands**

Runners up: Altoona Campus; Bondurant Community Foundation

School

* **Southeast Polk High School**

Runners up: Morris Elementary; Willowbrook Elementary

Park

Haines Park

Runners up: Lake Petocka; Thomas Mitchell Park

Community festival or event

Bondurant Summerfest

Runners up: Altoona Chamber of Commerce Wine & Craft Beer Fest; Bondurant Sidewalk Chalk Festival



Karen Zimmerman, Adam Kline and Alyssa Arnold of Adam Kline's Edward Jones office, chosen by residents as their favorite financial planner.

Church

* **Lutheran Church of the Cross**

Runners up: Federated Church; NewLife Church

Pastor

Nathan Anenson

Runners up: Andy Miller; Trevor Pinegar

Chamber of commerce

Altoona Area Chamber of Commerce

Runners up: Bondurant Chamber of Commerce; Pleasant Hill Chamber of Commerce

Library

* **Altoona Public Library**

Runners up: Bondurant Community Library; Pleasant Hill Public Library

Camping spot

Thomas Mitchell Park

Runners up: Adventureland Campground; Yellow Banks Park

Grocery store

* **Fareway Meat & Grocery**

Runners up: Aldi; Hy-Vee

FEATURE

Boutique

Little House on Main

Runners up: Hidden Treasures Gifts; Style by Desiree Salon + Boutique

Retail store

Suzy's Kitchen & Gifts

Runners up: Hidden Treasures Gifts; Off the Rails Quilting

Thrift store

* Caring Hands

Runners up: DAV Thrift Store; Goodwill

Home improvement retail store

Menards

Runners up: Lowe's; Porter Do it Best Hardware & Rental

Nursery or garden center

* Lucille's Garden Center

Runners up: Goode Greenhouses; Lowe's

Place to purchase a gift for a man

* Bass Pro Shops

Runners up: Menards; Target

Place to purchase a gift for a woman

SkinFusion FX

Runners up: Little House on Main; Suzy's Kitchen & Gifts

Consignment shop

* Caring Hands

Runners up: New 2U Treasures; Stuff Etc

Dad/child date spot

Cinemark Altoona and XD

Runners up: Great Escape; Over the Top

Mom/child date spot

Cinemark Altoona and XD

Runners up: CAP Theatre; Great Escape



Nick Stanley of TrustPoint, voted Residents' Choice for favorite accounting firm.

Place to take your mom and dad


Johnny's Italian Steakhouse

Runners up: Enabling Garden; Prairie Meadows Casino, Racetrack & Hotel

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FEATURE

Place to take your kids or grandkids

Adventureland Resort

Runners up: CAP Theatre; Great Escape

Children's birthday party spot

Altoona Campus

Runners up: BrickHouse Fitness; Great Escape

Golf course

* Terrace Hills Golf Course

Runners up: Copper Creek Golf Club; Toad Valley Golf Course

Hair salon

Signatures Salon & Day Spa

Runners up: Hair FX Salon & Spa; Hyspie Salon

Physician's Clinic

UnityPoint Clinic Family Medicine

Runners up: The Iowa Clinic; MercyOne East

Dental Office

* Bondurant Family Dentistry

Runners up: Altoona Smiles Family & Cosmetic Dentistry; Hinke Family Dentistry

Orthodontist Office

Central Iowa Orthodontics

Runner up: Altoona Smiles Family & Cosmetic Dentistry; Bondurant Family Dentistry

Mental health services

* Connected Life Counseling

Runners up: Healing Rock Counseling; Mend Integrative Wellness

Chiropractic office

* Dawson Chiropractic

Runners up: Bondurant Family Chiropractic; Swain Chiropractic

Vision care

* Prairie Vision Center of Bondurant

Runners up: Metro EyeCare; Whylie Eye Care Center

Health club or gym

Altoona Campus

Runners up: BrickHouse Fitness; Farrell's eXtreme Bodyshaping

Alternative health care

Wholistic Health Center

Runners up: Innovate My Weight; Mend Integrative Wellness



Protect Your Loved Ones from RSV

RSV is a common respiratory virus, which peaks in the winter months.

RSV can be dangerous for infants and older adults. These age groups are more likely to be hospitalized from RSV.

Talk to your family's healthcare providers about RSV prevention.



IOWA | Health and Human Services

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Ready to
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on drinking?

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FEATURE

Pharmacy

Hy-Vee

Runners up: Medicap; NuCara Pharmacy

Physical therapy

21st Century Rehab

Runners up: Anchor Physical Therapy; Rock Valley Physical Therapy

Dance studio

* Pat Barton Dance Studio

Runners up: Becky's Dance & Tumbling Studio; Kasey Leigh Dance Studio

Gymnastics/tumbling studio

Pat Barton Dance Studio

Runners up: Becky's Dance & Tumbling Studio; Homeschool Tumbling

Audiologist/hearing center

HearingLife

Runner up: MercyOne Pleasant Hill ENT Care; The Iowa Clinic Audiology & Hearing Technology Department

Financial planner

* Adam Kline, Edward Jones

Runners up: Bryan W. Johnson, Edward Jones; Luke Peterson Financial

Law firm

Smith Law Firm

Runners up: Lamberti, Murphy & Strong, PC; Skinner Law Offices

Accounting firm

TrustPoint

Runners up: ATS Tax and Financial Services; Welgaard CPAs & Advisors

Veterinarian

Bondurant Animal Clinic

Runners up: Altoona Veterinary Hospital; Eastown Animal Hospital

Dog groomer

Barks & Wags

Runners up: Pampered Pooch Bakery & Salon; Petsakes Pet Supplies and Grooming

Lawn care business

Major Tom's Lawn Care

Runners up: Kelly George Turf & Irrigation; Snyder Landscaping & Lawn Care

Nursery or landscaping company

Snyder Landscaping & Lawn Care

Runners up: Frontline Lawn & Landscape; Kelly George Turf & Irrigation

FEATURE

Heating and cooling business

Todd's Plumbing, Heating & Cooling

Runners up: Bell Brothers Heating and Air Conditioning; Metro Heating and Cooling

Electrical business

Baker Electric

Runners up: Integrity Electric; Lazer Home Services Plumbing, HVAC & Electrical

Plumbing company

R&D Plumbing

Runners up: Advanced Problem Solutions; Todd's Plumbing, Heating & Cooling

Senior living establishment

Prairie Vista Village

Runners up: Courtyard Estates; Copper Shores Village

Insurance agent

Luke Peterson Insurance

Runners up: Kacer Insurance and Financial Services; Tim Forbes, State Farm Insurance

Realtor

Angela Meek

Runners up: Pennie Carroll; Sheena Cochran-Foster

Bank/credit union

* GreenState Credit Union

Runners up: Bank Iowa; Community Choice Credit Union

Photographer

Photos by Ben

Runners up: Brandi Lloyd Photography; Brent Isenberger Photography

Place for guests to stay

Hampton Inn & Suites Altoona-Des Moines

Runners up: Fairfield Inn & Suites Des Moines Altoona; Holiday Inn Express & Suites

Home builder/remodeling contractor

* Eagle Homes

Runners up: Berkey Home Builders; Parks Custom Homes

Outdoor lawn equipment store

Porter Do it Best Hardware and Rental

Runners up: Lowe's; P&P Small Engines

Pest control company

Mosquito Authority - Des Moines

Runners up: Kelly George Turf & Irrigation; Springer Professional Home Services

General contractor or remodeler

Berkey Home Builders

Runners up: Bakeris Roofing; Duerson Corporation ■

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RESOLVE to use your library more in 2025

We can't imagine why anyone would NOT want to visit the Bondurant Community Library, but there might be a few of you out there who say things like the following: "I don't really read that much" or "I really only read e-books or listen to audiobooks on my phone" or "I can't get to the library during the times they are open." We have answers for all of those situations.

Even if you do not read very much or at all, the library is so much more than books. In our collection, you will find jigsaw puzzles, music CDs, DVDs, tablets, and coming very soon — a brand new Library of Things. These "things" include an extension cord, a pressure washer, a metal detector, a KitchenAid stand mixer, cake molds, and Tonie boxes and figures plus so much more. Finally, a new service for those Bondurant residents and those who live in Franklin, Douglas and Clay townships is Craft & Hobby. Craft & Hobby is a website where you can learn at your own pace with step-by-step tutorials in 20 different creative interests — crochet, cake decorating, woodworking, fitness and more.

If you only read e-books and listen to e-audiobooks, you can check those out for free with your library card (for Bondurant residents and those who live in Franklin, Douglas and Clay townships) using the Libby app or the Hoopla app. Just call the library for more information. We are

Bondurant Community Library

104 Second St. N.E., P.O. Box 160
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www.bondurant.lib.ia.us

Sunday Closed

Mon.-Thu. 9 a.m. to 7 p.m.

Friday 9 a.m. to 5 p.m.

Saturday Noon to 5 p.m.


happy to help get you started.

If you can't seem to get to the library while we are open, you can still check out books using our new Holds Locker. It is located outside our east entrance doors, and you can reserve materials using our online catalog or by calling the library. Then request to have them put into our Holds Locker, and you can pick up those items whenever it is convenient for you — whether the library is open or closed.

In addition to the above services, we also offer mobile printing service, notary service, and faxing, printing and laminating service. We offer so much more than just books, and we are happy to serve this community. Stop by the library to learn more.

Here is what is happening at the library in February:

- Story Time: Tuesdays and Wednesdays at 10:30 a.m. and Fridays at 12:45 p.m.
- Baby Story Time and Play: Thursdays at 9:30 a.m.
- Fit for Life (exercise class for older adults): Mondays and Thursdays at 8:30 a.m.
- Feb. 3: After-School Creation Stations at 2:30 p.m.
- Feb. 4: Book Club for grades 3-5 at 6 p.m.
- Feb. 5: Pokemon Club at 4:15 p.m.
- Feb. 6: Adult Craft Night at 6 p.m., registration required.
- Feb. 8: Messy Munchkins at 10:30 a.m.
- Feb. 9: Teens only Sunday Funday at 3 p.m.
- Feb. 10: After-School Open Play at 2:30 p.m.
- Feb. 11: Book Discussion for Adults at 6 p.m.
- Feb. 12: Curious and Creative Kids Club at 4:15 p.m.
- Feb. 13: Family BINGO at 6 p.m.
- Feb. 17: LIBRARY CLOSED FOR PRESIDENTS DAY
- Feb. 18: Book Discussion for grades 6-8 at 5:30 p.m.
- Feb. 18: Introvert Book Club at 6 p.m.
- Feb. 20: Anime Club at 4 p.m.
- Feb. 20: AI and the Human Future at 6 p.m.
- Feb. 21: Coffee Social at 1 p.m.
- Feb. 22: Puzzle Competition at 1 p.m.
- Feb. 24: After-School Movie at 2 p.m.
- Feb. 24: Teen Café at 4:30 p.m.
- Feb. 25: Adult Crafternoon at 1 p.m. ■



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GET YOUR BIKES READY FOR THIS YEAR'S BONDU CHOWDER RIDE!

Enjoy a **FREE, easy winter ride from Bondurant to Berwick & back on the Chichaqua Valley Trail** (Approx. 10 miles) **on Saturday, February 22, 2025.**

WHAT TO EXPECT

Check-in at 10:30 a.m. at Reclaimed Rails Brewing Company before the ride starts at 11:00 a.m.

Berwick Congregational Church is hosting us as a warming station/midway/turn-around point. There will be light refreshments at this stop.

When you get back into Bondurant, stop by Reclaimed Rails for chili and Founders for chowder!

Register by scanning this QR code. Registering ahead allows us to know how much food we need!




CHOWDER RIDE
FEB. 22, 2025
Bike Ride from Bondurant to Berwick!

Logos: Chichaqua Valley Trail, Reclaimed Rails, Bondurant, Founders Irish Pub

***If you own a business or are part of an organization/club or want to sponsor or volunteer, please email Katie at kklus@cityofbondurant.com.*



Day-of updates will be shared to the Facebook event!

WHEN IS PARKING PROHIBITED ON CITY STREETS?

During a Snow Ordinance, published on the City of Bondurant's Facebook, website, and telephone voice messaging system, will require all cars to be removed from the streets anytime there are more than two inches of snowfall, the snow ordinance will automatically go into effect. Vehicles must be removed from any City street within one hour of the declaration and remain off the streets for the following twenty-four (24) hours after the snowfall ends. Vehicles not removed within an hour of the declaration will be ticketed for violating the City's Snow Ordinance. After being ticketed, vehicles not removed from the City Street within twelve hours after the declaration may be towed, with expenses for towing payable by the vehicle owner.

CONNECT WITH US...

Did you know that our city entities have 11 social media sites offering information about what is happening in the city? Make sure you follow us! Also, a city and library newsletter can be sent to your email. Remember that the Bondurant Living Magazine publishes a City-specific spread sent to every resident's mailbox.

ENGAGE WITH US...

Have you wanted to attend a public meeting at City Hall but needed to know when the meetings were or how to conduct yourself during a public meeting? Guides are being developed to help you. Find them on the City's website.

COZY, comforting recipes to take on the cold

(Family Features) If blustery conditions are giving you the blues, come inside from the cold for a winter warmup in the comfort of your own kitchen. Cold-weather favorites that are baked, roasted or slow cooked are usually equal parts easy, delicious and filling, making them perfect solutions for chilly, snowy days.

Add a bit of comfort to your weeknight menu with this Loaded Chicken Bake that's ready in about half an hour. A short list of ingredients and allowing your oven to do most of the work for you mean it's ideal for saving time (and money at the grocery store) while still satisfying winter appetites.

Serving as the hearty base is READ German Potato Salad, made with thinly sliced potatoes and bacon in a traditional sweet-piquant dressing. While it's delicious when served chilled, heated or at room temperature on its own, it can also be the star of the show in family meals.

Find more favorite wintertime recipes by visiting READSalads.com and AuntNellies.com. ■

Loaded chicken bake

Recipe courtesy of Hungry In LA

Prep time: 20 minutes | **Cook time:** 15 minutes

Servings: 8

- Nonstick cooking spray
- 2 cans (15 ounces each) READ German Potato Salad
- 4 cups shredded rotisserie chicken or other cooked chicken
- 1/2 cup heavy cream
- 1/4 teaspoon salt
- 1/4 teaspoon finely ground black pepper
- 3/4 cup shredded sharp cheddar cheese
- 1/4 cup crumbled, cooked bacon
- French fried onions (optional), plus additional for serving (optional), divided

DIRECTIONS

- Preheat oven to 375 F.
- Lightly coat 9-by-13-inch baking dish with nonstick cooking spray.
- Spread German potato salad evenly in dish. Top evenly with chicken.
- In small bowl, stir heavy cream, salt and pepper. Pour mixture over chicken.
- Sprinkle with cheese, bacon and onions, if desired.
- Bake 15 minutes, or until casserole is bubbly. Let stand 10 minutes.
- Top with additional onions, if desired.



Oven-roasted sweet potatoes and beets

Servings: 4

- 1 jar (16 ounces) Aunt Nellie's Whole Pickled Beets
- 2 large sweet potatoes (about 1 pound) peeled and cubed (1/2-3/4-inch cubes)
- 2-3 tablespoons extra-virgin olive oil
- 1 teaspoon kosher salt
- 1/2 teaspoon black pepper
- 1 red onion, sliced about 1/4-inch thick
- 2 fresh rosemary sprigs, plus additional for garnish

DIRECTIONS

- Preheat oven to 400 F. Drain beets. Discard liquid or save for another use.
- In large bowl, toss sweet potatoes, olive oil, salt, pepper and onion until coated.
- Place silicone mat on baking sheet or line with aluminum foil.
- Pour contents of bowl onto baking sheet in single layer. Remove rosemary from stems; sprinkle over vegetables. Bake 30 minutes until potatoes are almost tender.
- Add beets to baking sheet. Return to oven 10-15 minutes, or until potatoes are fork-tender and beginning to brown. Garnish with additional rosemary, if desired.



CONVENIENCE near families and jobs

A floorplan and neighborhood right for a blended family



Landon Elscott and Courtney Edwards found the home, neighborhood and community that best suits their blended family.

Landon Elscott and his fiancée, Courtney Edwards, made Bondurant their home in August 2023.

“We were looking to bring our lives together with our engagement, and Bondurant was centrally located between our work commutes and families, while allowing us to prioritize a quiet community,” Elscott says. “While there were other towns, we loved the feel of this community.”

Combining two households meant the couple needed space. They sought a home that could comfortably accommodate two adults, four kids and their pets. When they walked into their current house during an open house, they immediately knew it was the right fit.

“We loved the modern farmhouse look and some of the custom touches and saw an unfinished area of the basement as the perfect

space for adding a couple more bedrooms,” Elscott says. “We both loved the cul de sac being a quiet street.”

Now, the family gathers around the home’s fireplace almost every night, no matter the season. With a bike trail right in their backyard, they often hop on it to ride into town for ice cream.

“The floorplan has been great at bringing the entire family together while also giving us all a place to relax and not be on top of one another,” Elscott adds. “And the covered back deck is something we look forward to making greater use of this summer.”

As a special bonus, their kids have quickly made friends with other neighborhood children.

“I think it’s really fun to see them all out riding bikes or playing kick ball in the cul de

sac,” Elscott says. “I came home one time to find probably 12 kids waiting in the kitchen for cookies, and I think they just migrate from house to house playing.”

Both Elscott and Edwards appreciate Bondurant’s growth, noting how the community has managed to expand while retaining its small-town charm. They’ve enjoyed attending Summerfest and other local events that bring families together.

“But then you’re only 10 to 20 minutes from the metro and bigger populations that offer nightlife, shopping and concerts,” Elscott says. “I think Bondurant is the absolute perfect community for families, especially those that value being close to a massive amount of things to do and career opportunities without committing to the traffic and density of living in the city.” ■

MEET Ashley Allen

Helping students overcome challenges



Ashley Allen teaches special education at the Bondurant-Farrar High School.

Originally from Laurel, Ashley Allen attended East Marshall Community School District before graduating from Simpson College with a degree in sports administration. This led her to work in the activities office at the Southeast Polk Community School District for nearly five years. During that time, Allen decided she wanted to pursue a degree in education, so she returned to Simpson College and earned a master's degree in teaching.

While completing her degree, Allen says she was fortunate enough to student teach with the Bondurant-Farrar Community School District. She liked the district and felt at home there, so she decided to stay. Now, Allen teaches special education at the Bondurant-Farrar High School.

"I love how Bondurant is a small community, but not too small. I have an opportunity to connect with the majority of my colleagues and build relationships with them. I can also walk down the hallway at school and know most of the kids. I rarely see a student I don't recognize or know who they are. This gives me such a great opportunity to get to know students and build meaningful relationships with them," Allen says.

Allen enjoys working with students in high school because she likes watching them grow and figure out who they are as individuals while supporting them in their endeavors. As a strat 1 special education teacher, Allen spends the majority of her day co-teaching in general education classrooms. She spends five periods a day in different core classrooms and two periods a day in academic support.

Each day, Allen's academic support classes complete what they call a "mini lesson." This lesson is a short, structured lesson that reinforces different skills within math, science, reading and writing.

"The great thing about this structured time is that each special education teacher rotates on creating the lessons based on what the students are currently doing within their core classes," Allen says. "There is nothing more rewarding than watching your students have success with something they once struggled with and found challenging."

During the remainder of the school year, Allen is looking forward to continuing to get to know more students and to build connections with them. ■



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PRESCHOOL LOTTERY APPLICATIONS OPEN THROUGH FEBRUARY 28:

The Bluejay Beginnings Preschool program is excited to welcome children ages 3 and 4 for the next school year! Our program focuses on helping students build social skills, adapt to classroom routines, and explore early learning through music, movement, pre-literacy, and math activities.

Due to limited space, preschool enrollment is determined through a lottery system. Families must submit a lottery application to place their child on the list for program consideration.

Preschool applications are being accepted now through February 28, 2025.



Two Ways to Apply for Preschool Consideration:

1. Visit our website at www.bfsschools.org/schools/preschool
2. Call 515-967-7819 to schedule an appointment



2025-26 REGISTRATION TIMELINE FOR K-12 BLUEJAYS:

KINDERGARTEN

Kindergarten registration for the 2025-26 school year opens on March 31, 2025. Early registration is essential for helping the district plan and prepare for a successful school year.

RETURNING STUDENTS

Re-enrollment for all returning students will open in early July. This process ensures important records are updated annually such as a medical and contact information.

URGENT NEED FOR BUS DRIVERS

Help to ensure Bluejay students arrive safely to and from school each day!

WE'RE HIRING BUS DRIVERS!

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APPLY NOW:

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Phone: 515-967-7819
Email: hr@bfsschools.org

EOE / AA

Contact Us:

Bondurant-Farrar District Office
300 Garfield Street SW
Bondurant, IA 50035
Phone: 515-967-7819
Online: www.bfsschools.org



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FAITH

By Trevor Pinegar

A CHALLENGE to be your best spiritual self

As we venture into 2025, how can I challenge you to be the best version of your spiritual self? If you're a goal setter like me, then you've probably already jotted down your resolutions. But how do you measure a good year from a bad year?



In the bible, God tells us the stories of the kings of Israel and Judah. In his evaluation of each king, the criteria for a good king was based on whether he followed God or didn't. Not how many castles he built or lands he conquered, not even how well he treated his subjects, but rather his ability to honor God through his worship and actions.

What would make this year good for you? Would it be financial or material? Some of my happiest memories came from times when our family struggled.

What if, in 2025, you committed to being a part of something bigger than yourself and found purpose and value in your life. A relationship with Christ can satisfy that longing. Connecting with other believers can help you further your goals for service and sacrifice.

No one wishes they had worked more when they are on their death bed but, rather, values the relationships they built in this life and the confidence of the life to come based on faith.

I want for this year to be a year of peace, where my joy and relationships expand and my influence can help others see the love Jesus has for them. "God did not send his Son into the world to condemn the world, but in order that the world might be saved through him" (John 3:17).

2025 won't be easy for everyone. Jesus said, "In the world you will have tribulation. But take heart; I have overcome the world" (John 16:33). Although we aren't promised easy, we are encouraged to show compassion and share experiences. "Bear one another's burdens, and so fulfill the law of Christ" (Galatians 6:2).

So let's make 2025 the best year ever and take pride in the relationships we form — united and compassionate, attempting to help one another in peace with love. More importantly, work to develop a deeper relationship with God, who calls us to live peaceably with all. God loves you, and He wants to be close to you.

May the true living God bless you in 2025 as you work to grow spiritually and fulfill His will. ■

Information provided by Pastor Trevor Pinegar, Federated Church of Bondurant, 103 Second St. S.W., 515-967-2243.

CITY of Bondurant's snow ordinance FAQs

What is a snow ordinance?

A snow ordinance requires all cars to be removed from public streets anytime there are more than 2 inches of snowfall or within one hour of declaration. After more than 2 inches, the snow ordinance will automatically go into effect. Also, a snow ordinance shall take effect following a declaration by the city administrator or street superintendent.



When will my street be plowed?

Under ideal circumstances, the city would be able to predict fairly accurately when they will have streets in various sections of the city plowed. As weather conditions change, they often must alter their snow-fighting strategy in the midst of the snow removal operations in order to control drifting snow, ice or other special problems. They cannot give you an estimate of when your street will be cleared due to ever-changing weather conditions.

When is parking prohibited on city streets?

During a snow ordinance, published on the city of Bondurant's Facebook, website and telephone voice messaging system, all cars must be removed from the streets within one hour of the declaration and remain off the streets for the following 24 hours after the snowfall ends. Vehicles not removed within an hour of the declaration will be ticketed for violating the city's snow ordinance. After being ticketed, vehicles not removed from the city street within 12 hours after the declaration may be towed, with expenses for towing payable by the vehicle owner.

What should I do if my vehicle was ticketed and towed for being illegally parked on the street during snow removal operations?

The Polk County Sheriff's Department coordinates all towing operations. If you find that your vehicle has been towed, contact the Polk County Sheriff's Department at 515-286-3333. ■

What's In YOUR Garage?

Living MAGAZINES

To suggest a garage, email tammy@iowalivingmagazines.com

JESS earns CPFO credential

Jené Nichelle Jess, CPFO, finance and employee services director for the city of Bondurant, recently passed her final examination to become a CPFO. Since 2018, Jess has overseen the finance department, including municipal utilities, as well as the human resources and information technology functions. Her leadership has been integral to managing the administrative services of Bondurant, one of the fastest-growing cities in Iowa.

The Government Finance Officers Association's (GFOA) Certified Public Finance Officers (CPFO) program is designed to prepare individuals for leadership positions in state and local governments by enhancing fundamental skills and increasing knowledge of best practices and standards in public finance. The CPFO program consists of the following seven exams to verify knowledge in the major disciplines of government finance: accounting and financial reporting, compensation and benefits, debt management, planning and budgeting; treasury and investment management, procurement, and risk assessment.

The CPFO designation is maintained by paying an annual membership fee and participating in 15 hours of continuing professional education and three GFOA Engagement Credits each year. ■

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Be sure to check for cancelations.



Upcoming in Bondurant Living magazine:

Grandparents who enjoy living near their grandchildren: Share why you enjoy living near your grandchildren and how you spend time together. Email tammy@iowalivingmagazines.com by Feb. 1 to be included in the February issue.

Revive, Restore, Renew East Polk County Wellness Expo

Feb. 8, 9 a.m. to 1 p.m.
Terrace Hills Golf & Events Pavilion,
8700 N.E. 46th Ave., Altoona

Meet local businesses that align with the values of holistic health care at this free event. Experience Flowpresso — the only three-in-one therapeutic device in central Iowa that supports lymphatic movement. Meet local farmers and try their products. Learn how to have cleaner air and water for your home and office. Wake up your body with a morning pilates session. Register to win prizes. The first 50 in the door receive a bag full of goodies from the vendors and sponsors. Sponsored by Wholistic Health Center.

DMPA Concert Series

Various dates, 7 p.m.
Temple Theater, 1011 Locust St., Des Moines

Des Moines Performing Arts (DMPA) is excited to announce a new concert series. “Made in the Midwest” highlights the artistry of local musicians in the intimate Temple Theater. Celebrating the talents of independent artists from across our region, guests will enjoy a unique experience where the musicians take center stage in a venue known for its unparalleled acoustic quality.



The series will kick off with five artists just announced.

- Feb. 14: Brad & Kate, pop/folk
- Feb. 15: The Finesse, soul/pop
- March 21: Matt Woods, roots/blues
- April 25: Allegra Hernandez, rock
- May 9: Abbie Sawyer, folk/Americana

The Finesse and Abbie Sawyer will be performing songs from their latest album releases, giving audiences the chance to hear their new music live for the first time. Tickets are on sale now starting at \$20/show. You can purchase tickets by visiting DMPA.org, calling 515-246-2300, or stopping by the Civic Center Ticket Office at 221 Walnut St. You can also purchase tickets night of at the Temple Theater Ticket Office, 1011 Locust St., starting two hours before a performance.



Bondu Chowder Ride

Feb. 22, 10:30 a.m.
101 Main St. S.E., Bondurant

Enjoy a free, easy winter ride from Bondurant to Berwick and back on the Chichaqua Valley Trail (approximately 10 miles). Check in at 10:30 a.m. at Reclaimed Rails Brewing Company before the ride starts at 11 a.m. Berwick Congregational Church is hosting a warming station/midway/turn-around point. There will be light refreshments at this stop. When you get back to Bondurant, stop by Reclaimed Rails for chili and Founders for chowder. Look for Bondu Chowder Ride on Facebook for more information.



Registration for baseball and softball season open

Registration for the 2025 baseball and softball season is open. Registration is online only at: www.bondurantlittleleague.org. Deadline to register for 2025 season is Feb. 15. Payment is due at registration. Coaches and volunteers are always needed. If you're interested in volunteer opportunities, contact president@bondurantlittleleague.org or info@bondurantlittleleague.org

2025 DIG Symposium

March 1
FFA Enrichment Center on the DMACC campus in Ankeny

The 2025 Dig Into Gardening (DIG) Symposium is coming up. Cost is \$85 per person. The symposium will provide attendees research-based gardening and horticulture techniques and best practices, all centered on the theme of “Gardening for Change.” This day-long event is open to the public and presented in partnership with the Polk County Master Gardeners and Iowa State University (ISU) Extension and Outreach in Polk County. The DIG Symposium will feature keynote addresses, breakout sessions, and an expansive exhibitor hall. A broad range of experts including local Master Gardener volunteers, ISU specialists and educators, and other local professionals will be on hand to offer insight and expertise. Lunch is provided. To learn more about the symposium or to become an exhibitor, visit <https://polkcountymastergardeners.org/DIG-Symposium>.

Live music

- **Rural Route**, Jan. 25, 6:30-9:30 p.m., Brightside Aleworks, 480 Center Place, Altoona
- **Roseland With Open Drew Fry**, Jan. 25, 9 p.m., Brick & Ivy Rooftop, 400 34th Ave. S.W., Altoona
- **Shock Collar**, Jan. 25, 9 p.m., Hawk Heaven Tavern, 805 17th Ave. S.W., Altoona
- **Clarksville Station**, Jan. 28, 11 a.m., Prairie Meadows Casino, Racetrack and Hotel, 1 Prairie Meadows Drive, Altoona
- **Grind**, Jan. 31, 8 p.m., Prairie Meadows Casino, Racetrack and Hotel, 1 Prairie Meadows Drive, Altoona
- **Jordan Beem**, Jan. 31, 9 p.m., Brick & Ivy Rooftop, 400 34th Ave. S.W., Altoona
- **Heart & Soul - Faith Hill and Tim McGraw Tribute**, Feb. 11, 7 p.m., Prairie Meadows Casino, Racetrack and Hotel. Tickets on sale in the Prairie Meadows Gift Shop.

EVENTS IN THE AREA

Be sure to check for cancelations.

To submit calendar items for consideration, send to tammy@iowalivingmagazines.com

Playhouse classes offered

Various dates

The Des Moines Playhouse,
831 42nd St., Des Moines



The Des Moines Playhouse offers classes year-round for ages 4 through adult. New this winter is an audition workshop for teens and adults. Registration is now open for spring break and spring classes and summer camps. Scholarships are available through the Jeanne Hopson Angel Fund. For class descriptions, registrations and more information, visit dmplayhouse.com/education/classes-and-camps.

The Audition Workshop Series for ages 14 through adult will be led by Playhouse artistic director Katy Merriman. Held each Saturday in February, sessions will focus on song selection, cold reads, dance auditions with “Waitress” choreographer Kent Zimmerman, and a master class with area directors. Students can sign up for one, two, three or all four sessions.

Spring classes, starting March 2, are focused on musical theatre for pre-K through grade 7.

Spring break finds students in grades 5-8 learning “Seussical Kids,” a 35-minute version of the popular Broadway musical, with performances at the end of the week. Students in grades 3-4 will rehearse and perform a play while younger students will use favorite books to create scenes to share.

For more information on Playhouse educational offerings, contact Robin Spahr, Playhouse education director, at rspahr@dmplayhouse.com, 515-974-5365.



Vendor Markets

Feb. 15, March 15, April 19,
10 a.m. to 6 p.m.

Outlets of Des Moines,
801 Bass Pro Drive N.W.,
Suite 315, Altoona

Each show has a variety of vendors from Avon, Living Oils, Small Town Laser, Unicorn Clouds, MJ’s Hometown Honey, 3D by LouAnn, Tupperware, Tastefully Simple, Good Vibrations Gems & Crystals, plus others. Come check out the vendors and buy local. If interested in being a vendor, email k2marketplacemagic@gmail.com for information.



Des Moines Community Orchestra concerts

The Des Moines Community Orchestra has announced its concert dates for the 2024/2025 concert season. Admission is free. Concerts start at 2 p.m. with pre-concert talks at 1 p.m. For more information, visit desmoinescommunityorchestra.org. Concerts are:

- Sunday, Feb. 23, Winter Concert and Past Audience Favorites, Sheslow Auditorium.
- Sunday, May 11, Spring Concert, Carl’s Favorite Finales, Sheslow Auditorium.

SPORTS

Iowa Wolves

Wells Fargo Arena, 233 Center St., Des Moines
iowa.gleague.nba.com

- Jan. 24 at 6:30 p.m. vs. Valley Suns

Iowa Wild

Wells Fargo Arena, 233 Center St., Des Moines
iowawild.com

- Jan. 25 at 6 p.m. vs. Texas Stars
- Jan. 26 at 3 p.m. vs. Texas Stars
- Jan. 28 at 7 p.m. vs. Charlotte Checkers
- Jan. 31 at 7 p.m. vs. Springfield Thunderbirds

Drake Men’s Basketball

Knapp Center, 2601 Forest Ave., Des Moines

- Jan. 29 at 6 p.m. vs. UNI

Des Moines Buccaneers

The MidAmerican Energy Company RecPlex
6500 Grand Ave., West Des Moines
bucshockey.com

- Jan. 24 at 7 p.m. vs. Lincoln Stars



THEATRE

Actors, Inc. - Ames Community Theater

120 Abraham Drive, Ames
actorsinc.org

- Jan. 23-25, 31, Feb. 1-2: “Angel Street”

Des Moines Performing Arts

Des Moines Civic Center, Cowles Commons, Stoner Theater, Temple Theatre, 221 Walnut St., Des Moines
desmoinesperformingarts.org

- Jan. 25: “A Night of Magic and Comedy”
- Jan. 28 to Feb. 2: “Shucked”

Tallgrass Theatre Company

2019 Grand Ave., Suite 100, West Des Moines
tallgrasstheatre.org

- Jan. 31 to Feb. 16: “Ripcord”



LIVE MUSIC

Wooly’s

504 E. Locust St., Des Moines

firstfleetconcerts.com/first-fleet-venues/woolys

- Jan. 24: Smells Like Nirvana: A Tribute to Nirvana at 8 p.m.
- Jan. 26: Beach Bunny at 8 p.m.
- Jan. 30: Aaron Watson at 8 p.m.

Des Moines Civic Center

221 Walnut St., Des Moines
www.desmoinesperformingarts.org

- Jan. 31: Judy Carmichael

Des Moines Symphony

Des Moines Civic Center,
221 Walnut St., Des Moines
dmsymphony.org

- Feb. 8-9: Chen conducts Rachmaninoff
- Feb. 12: Youth Jazz Orchestra Winter Concert
- Feb. 24: Youth Orchestras Winter Concert
- Feb. 14-15: Harry Potter and the Half-Blood Prince in Concert ■

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HEALTH

By Dr. Kari Swain and Dr. Elizabeth Ellrich

INCREASE your health potential

A new year brings new possibilities and new opportunities. Take advantage of this fresh start to evaluate your current state of health — physically and emotionally.

What is working, and what needs some work? What were positive changes from the past year, and what needs to be refined moving into the new one? What is the highest priority at this time?

Set an intention for how you can increase your health potential this year. Need some ideas for where to start? These are some categories to evaluate and ideas for habits to incorporate.

- **Movement:** Take a 20-minute walk every day, stretching daily.
 - **Nourishment:** Increase whole food protein intake, add more vegetables to your diet, eliminate added sugar, cut out the soda and energy drinks, drink half your body weight in ounces of water daily, use supplements tailored to your individual needs.
 - **Sleep:** Create a sleep routine, get seven to eight hours each night, no screen time an hour before bed.
 - **Stress management:** Say no to activities and commitments that don't light you up, choose a weekly family activity that doesn't involve electronics, do deep breathing exercises, get outside in nature.
 - **Regulate your nervous system:** Schedule a chiropractic exam with a neurologically focused chiropractor to create a treatment plan to move you from fight or flight to rest and digest so your body and brain can function optimally.
- Think small and sustainable when choosing an intention. Build one habit, and, once you integrate it, choose another. One per month is a great goal to strive for. Depending on your focus, choose a friend or healthcare provider who can walk with you on your health journey for support and accountability. ■

Information provided by Dr. Kari Swain and Dr. Elizabeth Ellrich, Swain Chiropractic, 410 Center Place S.W., Altoona, 515-967-9300.

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HEALTH

By Nikki Morgan

TIPS for rosacea

Rosacea is a common skin condition characterized by redness, visible blood vessels and, sometimes, acne-like breakouts, often triggered by environmental factors, stress or certain skincare products. When managing rosacea, choosing gentle, calming ingredients and treatments is key.



Skincare ingredients for rosacea:

- **Niacinamide:** This anti-inflammatory ingredient helps soothe skin, reduce redness and improve the skin's barrier function.
- **Azelaic Acid:** Known for its antibacterial and anti-inflammatory properties, azelaic acid helps reduce redness, bumps and the appearance of broken blood vessels, making it a popular choice for rosacea sufferers.
- **Green Tea Extract:** Rich in antioxidants, green tea extract can calm the skin, reduce redness and protect against irritation.
- **Ceramides and Hyaluronic Acid:** These ingredients hydrate and strengthen the skin's natural moisture barrier.

Treatment with IPL and light therapy:

For more advanced cases, Intense Pulsed Light (IPL) therapy can be highly effective. IPL works by targeting blood vessels beneath the skin's surface, reducing redness and flushing over time. It also helps with acne-like rosacea by targeting the bacteria responsible for flareups. Similarly, red light therapy helps stimulate collagen production, improve skin texture and reduce inflammation. Blue light therapy, on the other hand, targets acne-causing bacteria.

These treatments, combined with the right skincare ingredients, can significantly improve rosacea symptoms and enhance skin health. ■

Information provided by Nikki Morgan, DNP, ARNP, SkinFusion FX, 410 Eighth St. S.W., Altoona, 515-967-0587, www.skinfusionfx.com, nikki.skinfusionfx@gmail.com

CAUSES and treatment for dry mouth

Dry mouth is a common problem dental professionals hear about every day from patients. Dry mouth can make it hard for you to swallow, cause bad breath, and contribute to cavities. These are a few of the many factors that lead to dry mouth:



- Medications
- Sjogren's syndrome
- Diabetes
- Uncontrolled high blood pressure
- Dehydration

If you think medication could be causing your dry mouth, talk to your physician before stopping any medication.

You can treat dry mouth at home by chewing sugarless gum to stimulate salivary flow, avoid caffeinated drinks, and always carry water with you.

A dental professional may recommend that you incorporate more fluoride into your routine to help combat cavities. Also, having a dry mouth can leave you to be more susceptible to oral infections and fungus, so an oral rinse can be prescribed. Next time you visit the dentist, let us know if you have dry mouth so that, together, we can create a treatment plan just for you. ■

Information provided by Dr. Steven Neville, Bondurant Family Dentistry, 100 Second St. N.E., Bondurant, 515-967-4002.

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HEALTHY weight-loss journey

GLP-1 medications for weight loss

GLP-1 is a naturally occurring hormone in the body that plays an important role in metabolism. GLP-1 medications, such as Semaglutide and Tirzepatide, mimic the effects of naturally occurring GLP-1.



How GLP-1 medications aid weight loss

- GLP-1 agonists reduce hunger by acting on the brain's appetite regulation.
- These medications slow down the rate at which the stomach empties food into the intestines, which helps people feel full for longer periods.
- GLP-1 helps regulate blood sugar levels, which can have indirect benefits on weight management.
- Helps prevent the liver from producing too much glucose.
- GLP-1 medications are most effective when used with a healthy diet and regular physical activity.
- Clinical trials have shown that GLP-1 medications can lead to substantial weight loss. In the case of Semaglutide, patients have experienced an average weight loss of 15%-20% of their body weight over the course of 6-12 months.

When considering GLP-1 medication for weight loss, be sure to talk to your healthcare provider to understand the benefits and risks. ■

Information provided by Teresa Sieck MPAS, PA-C, PhD, Luxe Medical Spa and Aesthetics, 88 Paine Circle S.E., Suite 7, Bondurant, 515-630-8637, www.luxemedicalspa.net.

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OBTAINABLE goals to consider for the new year

New Year's resolutions began more than 4,000 years ago with the Babylonians asking for a successful crop. It has since transitioned into a tradition of thinking of one's past mistakes and planning to do better moving forward. It's a tradition that many of us still keep to this day.

Each year is a gift to reflect on our lives and try to be and do better. A lot of people turn to weight loss and health endeavors that aren't always realistic and easy to stick with. There are so many other obtainable goals to consider going into the new year. Here are a few to think about.

• **Review your documents:** Do you have a living will or an advanced directive? When is the last time it was reviewed or the last time you talked to your family/attorney about it? Do they know where these documents are located? Are you or your spouse a veteran? If so, there may be times you need to provide a copy of discharge papers. Do you know where this document is or how to get a copy? Resolve to review all important paperwork and keep it in a safe location. Then let a trusted loved one know where that is.

• **Try something new:** Our mental health is just as important as our physical health. Try something new. Sign up for a class at the library, learn to use a new electronic device, try a new recipe you've never made before, learn a new instrument, make a new friend, see a movie, or read a



book you know nothing about. "Something new" doesn't have to be life altering or a large time commitment, just a step outside of your norm to challenge your brain.

• **De-Clutter:** Oh boy, do we accumulate a lot of stuff over the years. There are things that are important to keep, such as family heirlooms and sentimental items, but there are also a lot of things you may no longer need. This is a perfect time to sort through your things. If something has meaning to you, keep it, if it doesn't, donate it to someone who may really find its value. Make a list of the items that you wish to stay in the family and who you want them to go to. Write a story/memory about those items to keep with it. Sometimes families don't know the sentiment behind an item. This is not only a great way to reminisce and pass on a family tradition, but it's a great way to downsize and share those memories with your loved ones. Don't be a victim of a crisis move. Often times, during a panic move, things seemingly disappear or get thrown away that held great value to you. Start today, just one box at a time. You will be glad you did.




Remember that you can make any changes you want at any time. If January didn't go as planned, keep moving forward. You can make changes for improvement any day of the year. ■

Information provided by Stephanie Proper, executive director, Valley View Village, 2571 Guthrie Ave., Des Moines, 515-265-2571.



Don't spend the cold winter alone at home... join us!

What Makes Us Unique?

-  60 year history in east Des Moines Fairmont Park area
-  Full Time Chaplain on campus
-  No Community Fee

- Enjoy 3 meals daily
- Enriching activities
- Scheduled transportation for shopping and outings
- Weekly housekeeping and linen/ towel laundry
- Reassurance of trained staff on site 24/7



Contact Dave Zahn at 515-299-1731 or Dave.Zahn@CassiaLife.org
2571 Guthrie Ave., Des Moines, IA 50317 | ValleyViewVillage.org



CONTINUING the momentum

Connecting businesses, supporting members, and driving economic development

Happy New Year from the Bondurant Chamber of Commerce. In 2025, we look forward to continuing our momentum with new initiatives, events and opportunities for growth. Our focus remains on connecting businesses, supporting our members, and driving economic development in our region.



This year, we bid farewell to two exceptional board members who have contributed immensely to the Chamber's success: Josh Barber (treasurer) – representing Vision Bank, Josh's financial leadership has been invaluable in maintaining the Chamber's fiscal health. Lincoln Dix (past president and chair of the Marketing Committee) – from Storey Kenworthy, Lincoln has been a driving force behind the Chamber's marketing initiatives and a guiding leader as past president. We are grateful for Josh's and Lincoln's service, dedication and leadership.

Some of the 2025 Bondurant Chamber of Commerce events will include the Annual Dinner on March 7; Bondu Bike Nights on May 23, June 27 and July 25; the Hillbilly Bike Ride on July 12; Celebrate Bondurant on June 7; A Piece of Bondurant on May 7; the East Polk County Regional Breakfast on Aug. 26; and the East Polk County Regional After Hours on July 16. Additional events include the Business Safe Trick-or-Treat Night on Oct. 30; monthly Coffee & Conversation the second Thursday on odd months; monthly Cocktails & Conversation the second Thursday on even months; and monthly board meetings on the second Tuesday of each month.

These events present opportunities for exposure, networking, sponsorship, friendship, development and growth. If you are interested in learning more, feel free to come to an event. We also offer sponsorship opportunities for further exposure and recognition. For more information on upcoming Chamber events, visit our website at www.bondurantchamber.com or email director@bondurantchamber.com.

Thank you for being part of this journey. Together, we are building connections in Bondurant and the surrounding area. Here's to a successful year ahead. ■

Information provided by Joni Hutchinson, Executive Director, Bondurant Chamber of Commerce, P.O. Box 146, Bondurant, IA 50035, 515-967-2424, director@bondurantchamber.com, www.bondurantchamber.com.

YOU ARE INVITED TO

JOIN US FOR THESE Activities!

Worship	Sundays at 10:00AM
Youth Group (6th-12th)	Sundays at 5:00PM
Kidventure (3rd-5th)	2nd Sundays at 5:00PM
Men's Breakfast	2nd Sundays at 8:00AM
Women's Fellowship	3rd Sundays at 11:15AM
Bible Study	Thursdays at 6:30PM



BONDURANT CHRISTIAN CHURCH

304 Grant St S, Bondurant

Worship Services:
Sundays at 10am

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BONDURANT
CHAMBER OF COMMERCE

www.BondurantChamber.com

HAPPY New Year

Shoppers and employees at Fareway in Bondurant wish everyone a happy New Year.



Beth and Teejin Densmore



Jacy Heinemann and Maddie Keys



Lee Miller and Staci Baughman



Alicia and Brinley Cornado



Jeannine Kosman



Ann Atterberry



Larry and Bodey Peters



Kristi and Rob Barslou



Melissa Bailey



Justin Forre

OUT & ABOUT



Matt Cole, Mike Hochstein and Jeremy Tangkpanya accept the Residents' Choice certificate for Fareway, which was voted favorite eastern Polk County grocery store.



Hailey Kaven, Cara Leiting, Emily Coughenour, Kora Elrod and Riley Gilroy accept the Residents' Choice certificates for Bondurant Family Dentistry, which was voted favorite eastern Polk County dental office and one of the favorite orthodontist offices.



Logan Lamb was among the shoppers and employees at Fareway in Bondurant wish everyone a happy New Year.



Lisa Fajardo was among the shoppers and employees at Fareway in Bondurant wish everyone a happy New Year.



Tony Wilson and Megan Vore accept the Residents' Choice certificate for Bondurant Auto Body, voted one of the favorite eastern Polk County body shops.



Kristin Van Haven was among the shoppers and employees at Fareway in Bondurant wish everyone a happy New Year.



Jacob Demuth was among the shoppers and employees at Fareway in Bondurant wish everyone a happy New Year.



Lindsey Dealeske was among the shoppers and employees at Fareway in Bondurant wish everyone a happy New Year.



Olivia Allen was among the shoppers and employees at Fareway in Bondurant wish everyone a happy New Year.



Hailey Bucklin was among the shoppers and employees at Fareway in Bondurant wish everyone a happy New Year.



Sheri Grau was among the shoppers and employees at Fareway in Bondurant wish everyone a happy New Year.

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MISCELLANEOUS

54th Annual SNOWFEST Cresco, IA. January 23-26, 2025. Snowmobiling Poker Runs & Trail Rides, Food, Raffle & Silent Auction, Vintage Sled Show, Chili Cookoff, BINGO, Puzzle Competition, Torchlight Parade, Bonfire & Dance. DriftrunnersSnowmobileClub@gmail.com. (mcn)

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