

ADEL *Living Weekly*

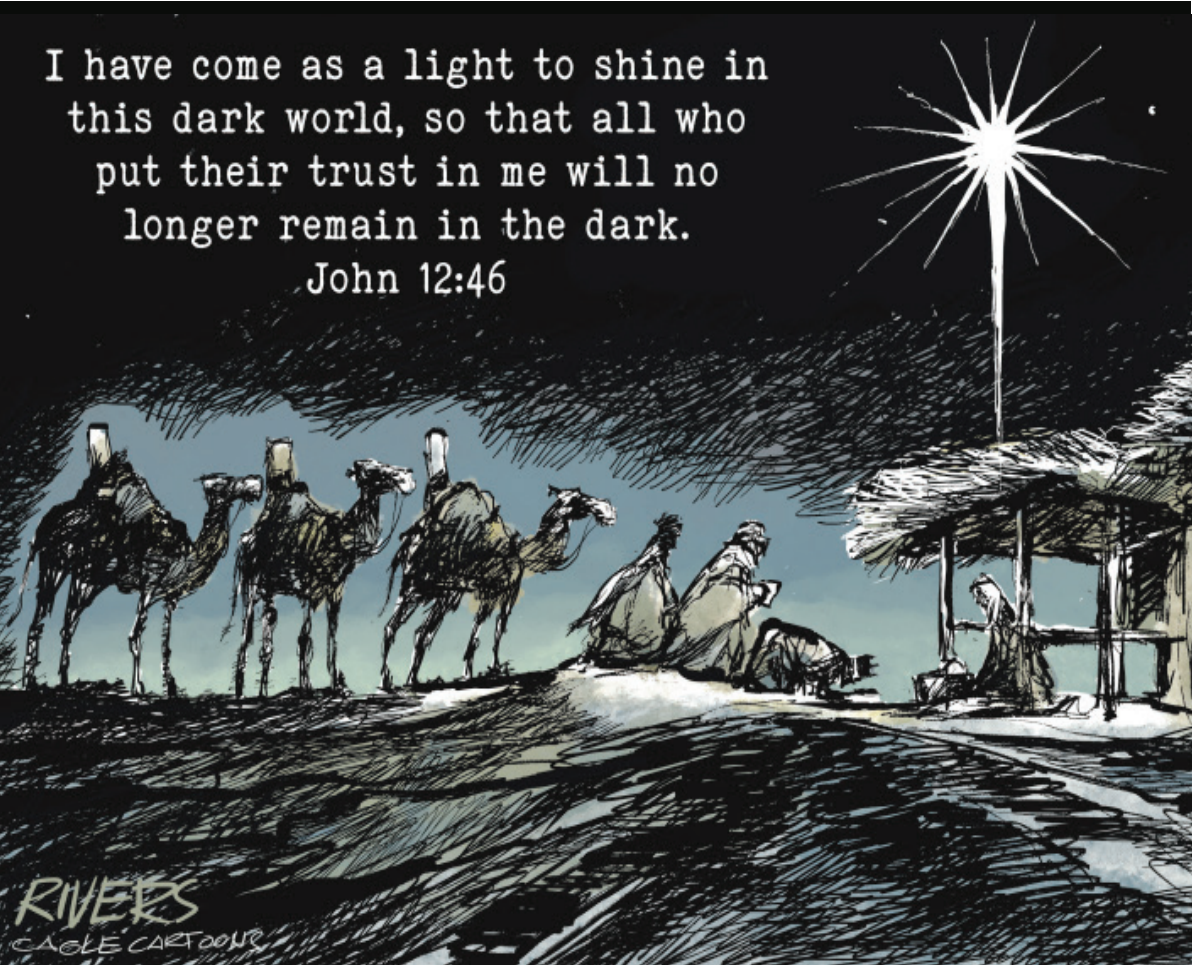
FREE!

WWW.IOWALIVINGMAGAZINES.COM

 A BIG GREEN UMBRELLA MEDIA PUBLICATION

WE'VE GOT YOU COVERED!

I have come as a light to shine in
this dark world, so that all who
put their trust in me will no
longer remain in the dark.
John 12:46



ADEL WEATHER FORECAST

FRIDAY HIGH 27 | LOW 16

Breezy in the a.m.; some sun



SATURDAY HIGH 32 | LOW 18

A little snow in the a.m.; cloudy



SUNDAY HIGH 41 | LOW 34

Sunny; breezy in the p.m.



MONDAY HIGH 46 | LOW 29

Mild with plenty of sun



TUESDAY HIGH 44 | LOW 29

Partly sunny



ADVERTISE HERE!

ADEL *Living Weekly*

Contact Dan Juffer
at (515) 371-2290 or
dan.juffer@dmcityview.com



TO SUBSCRIBE TO THE FREE
DIGITAL VERSION OF THIS
WEEKLY NEWSLETTER,
SCAN THIS QR CODE.

FROM THE PUBLISHER

MEANINGS BEHIND CHRISTMAS LYRICS

I love holiday songs. The instruments. The lyrics. The artists. All of it. Well, most all of it. I could do without any songs from Mariah Carey or Alvin and the Chipmunks, but you get the idea. If you haven't seen the December issue of CITYVIEW magazine, be sure to check it out, as we share our 25 favorite Christmas songs as our cover story. I am sometimes baffled, though, at the lyrics in many of the classic holiday songs I cherish. Traditions from days gone by? Words we no longer use? Check these out.

Chestnuts roasting on an open fire. I'm not sure I even know what chestnuts are, much less how to roast them. Even so, I learned that chestnuts were synonymous with Christmas in America even before Nat King Cole's song hit the airwaves. They were one of the most popular ingredients in American dishes throughout the 18th and 19th centuries, as the eastern seaboard was covered in chestnut trees until a blight caused them to go almost extinct. For more than a century, chestnuts roasting over an open fire was the smell of

Christmas. Needless to say, that tradition has ended.

A corncob pipe. Corncob pipes were invented by the Tibbe family in Missouri and became popularized by Gen. Douglas MacArthur. I have never smoked one, or even seen one, but that old corncob pipe continues to be part of our pal Frosty The Snowman with his button nose and two eyes made out of coal.

On a one-horse open sleigh. Sleigh rides, although not so common today, still spark nostalgia. The ones we do tend to see now are large and majestic and beautiful, much like the horses that pull them. The old one-horse sleighs, though, appear to be small, tippy and bumpy, not ideal for dashing through the snow.

Bells on bobtail. Back in the day, bobbing a horse's tail involving cutting the tail or tying it back so it looked shorter. Shorter hair on a horse's tail was supposed to keep it from waving in the driver's face, which makes sense.



Meanwhile, those bells placed on bobtail jingled in the Christmas spirit.

Four calling birds. In the original published version of "The 12 Days of Christmas," it's "four colly birds" not "four calling birds." In England, at the time, "colly birds" was a name given to blackbirds, and what says Christmas like blackbirds?

And finally, a pudding made of pig. "Grandma Got Run Over by a Reindeer" may not be a beloved holiday classic for all, but it is well known. The reference to a pudding made of pig, though, throws me off. This is not the pudding that was peddled by Bill Cosby. No, this pudding is black pudding, a type of blood sausage.

Sometimes, it is better not to know the meaning and just jingle all the way!

Have a great week, and thanks for reading. ■

Shane Goodman
President and Publisher
Big Green Umbrella Media
shane@dmcityview.com
515-953-4822, ext. 305



ADEL
Living Weekly

A publication of Big Green Umbrella Media, Inc.
8101 Birchwood Court, Suite, D, Johnston, IA 50131
www.iowalivingmagazines.com



News contact
Tammy Pearson
515-953-4822, ext. 302
tammy@iowalivingmagazines.com



Advertising contact
Dan Juffer
515-371-2290
dan.juffer@dmcityview.com

SEEN IN ADEL



Archer and Ayva Grob visit with Santa at Raccoon Valley Bank. The Adel Kiwanis Club hosted Santa. ■

ADM SPORTS SCHEDULE

Friday, Dec. 20

- 4:30 p.m. **Basketball:** Girls JV vs. Ballard
- 4:30 p.m. **Basketball:** Boys JV vs. Ballard
- 5:45 p.m. **Basketball:** Boys Freshman vs. Ballard
- 6 p.m. **Basketball:** Girls Varsity vs. Ballard
- 7 p.m. **Basketball:** Girls JV2 vs. Ballard
- 7:30 p.m. **Basketball:** Boys Varsity vs. Ballard

Saturday, Dec. 21

- 9:30 a.m. **Wrestling:** Varsity Tournament @ Glenwood
- 1 p.m. **Bowling:** JV/Varsity vs. Sigourney Junior-Senior @ Keokuk County Bowl



FULLER
PETROLEUM SERVICE

24 HOUR CREDIT CARD PUMPS

MasterCard • Visa • Discover • GAS & DIESEL

1505 OLD PORTLAND RD • (515) 993-4001



ANYTIME FITNESS

215 S. 6TH STREET, SUITE A • ADEL

\$49 - 7 DAY JUMP START

CALL TODAY! 515-993-3333

ADEL-OWNED ROOFING SPECIALIST



JAMES ROOFING

DIV. OF JAMES CONSTRUCTION COMPANY

FOLLOW US!



(515) 518-5211

COLLISION? DEER? HAIL? DENTS? DINGS?



WE DO THAT!



OLSON'S
SINCE 1980

FREE ESTIMATES
555 W. Hickman Road
Waukee
515-987-1735

IT'S COLD OUTSIDE...

Make your **FURNACE CHECK** appointment today!



ADEL & Winterset
Est. 1960

T.V. & APPLIANCE • HEATING & COOLING

916 MAIN STREET IN ADEL • 993-4287

FRUSTRATED WITH YOUR CURRENT INTERNET PROVIDER?

TRY US. NO OBLIGATION!

NO CONTRACTS - UNLIMITED DATA - NO CREDIT CHECK

CALL FOR A FREE SITE SURVEY!



DALLAS COUNTY DATA

INTERNET - AUDIO/VIDEO - SECURITY CAMERAS
917 Main St., Adel, IA 50003 • **515-993-1900**

RURAL & IN-TOWN - COMPETITIVE SPEEDS & PRICING

MOBILE FOOD BANK

Adel Mobile Food Bank is the fourth Wednesday of the month at New Hope Church, 25712 Highway 6, Adel, from 5-6:30 p.m. or until the food is gone. This is a drive-thru pickup for free groceries. ■

WANT TO HELP A VETERAN?

Federal funds may not be used to purchase personal items for veterans at VA hospitals. Individuals and groups, like the Adel American Legion Auxiliary Unit 464, step forward to collect clothing and other items needed by veterans in the Des Moines VA Hospital or in the domicile. The following items are most requested now: individually wrapped snacks; decaf coffee; men's sweatpants/athletic pants (M-XL); men's sweatshirts (XL); men's athletic shorts (M-XL); small, simple sports bras; backpacks; men's jackets (L-XL); men's slippers (11-12, 13-14); and large print books.

Donations may be dropped off at 1305 S. 15th St., Adel, or contact Shirley McAdon at 515-993-4862 for pick up. ■



ADEL PUBLIC LIBRARY

303 S 10th St, Adel • 515-993-3512 • adelpl.org

The library will be closed Dec. 24 - 25 and Dec. 31 - Jan. 1 for the holidays.

ALL AGES

- **Polar Express Pajama Party** – Monday, Dec. 23 at 10 a.m.

JANUARY STORYTIMES

- **Move and Groove Storytime** – Every Tuesday at 9:30 a.m.
- **My First Storytime** – Every Wednesday at 9:30 a.m.
- **Preschool Storytime** – Every Thursday at 9:30 a.m.

JANUARY SPECIAL STORY TIMES

- **Dallas County Conservation Storytime** – Monday, Jan. 13 at 10 a.m.
- **Warm & Cozy Pajama Storytime** – Monday, Jan. 13 at 6:30 p.m.
- **Dino Storytime** – Tuesday, Jan. 21 at 4 p.m. Registration required at adelpl.org. ■

 **Adel HealthMart.**
PHARMACY
113 N. 9th Street
Adel, Iowa • 993-3644
www.adelhm.com

ELECTRONICS - APPLIANCES - FLOORING - CABINETS - COUNTERTOPS - BLINDS

Home Center
Call 993-4241 Today!
archerhomecenter.com
ELECTRONICS - APPLIANCES - FLOORING - CABINETS - COUNTERTOPS - BLINDS

South Dallas County Landfill Agency
2000 MAIN STREET, ADEL • 993-3148
7:00 a.m. - 3:00 p.m. M-F
7:00 a.m. - noon Sat.
www.sdclandfill.com

SIP AND SAMPLE

BUSINESSES IN ADEL WELCOMED THE PUBLIC AT THE SIP AND SAMPLE HOLIDAY EVENT THE FIRST WEEKEND OF DECEMBER.



Adel HealthMart Pharmacy: Marion Conover, Claire Priestley and Jane Clausen



Raccoon Valley Bank: Lauren Mikkelsen, Stacey Gaidies, Jesse Woerdehoff, Jazmine Martin, Bryce Moss and Nikki Keller



Azalea Lane Boutique: Kristie Anderson and Sandy Cook



Adel Flowers and Gifts: Jenn Chapman and Marie Hansen



Spiked Infusions: Kathryn Crabbs and Tom Harmsen



New Hope Church: Mark Hantsbarger, Lynne Hoeksema and Holly Adams

EVENTS IN THE AREA

EMAIL YOUR EVENT INFORMATION TO
TAMMY@IOWALIVINGMAGAZINES.COM

PLAYHOUSE CLASSES OFFERED

The Des Moines Playhouse offers classes year-round for ages 4 through adult. New this winter is an audition workshop for teens and adults. Registration is now open for winter, winter break, spring break and spring classes with summer camps posting in mid-January. Scholarships are available through the Jeanne Hopson Angel Fund. For class descriptions, registrations and more information, visit dmplayhouse.com/education/classes-and-camps.

The Audition Workshop Series for ages 14 through adult will be led by Playhouse artistic director Katy Merriman. Held each Saturday in February, sessions will focus on song selection, cold reads, dance auditions with “Waitress” choreographer Kent Zimmerman, and a master class with area directors. Students can sign up for one, two, three or all four sessions.

Winter break features a play in four days for students in grades 2-7 while younger students will bring folk tales from around the world to life. Teens can work alongside Playhouse professionals to learn basic stage carpentry, painting, sewing, lighting design and sound design. Winter break sessions are Dec. 23, 27, 30 and 31.

Winter classes start Jan. 4 with creative drama, creative characters, and more for pre-K through grade 9. Spring classes, starting March 29 are focused on musical theatre for pre-K through grade 7.

Spring break finds students in grades 5-8 learning “Seussical Kids,” a 35-minute version of the popular Broadway musical, with performances at the end of the week. Students in grades 3-4 will rehearse and perform a play while younger students will use favorite books to create scenes to share.

For more information on Playhouse educational offerings, contact Robin Spahr,

Playhouse education director, at rspahr@dmplayhouse.com, 515-974-5365.

POP N’ JOLLY: A HOLIDAY SHOW FOR ALL GENERATIONS

Monday, Dec. 23, 6:30 p.m.

Temple Theater, 1011 Locust St., Des Moines

Join Wagner Summer Theater for its first annual holiday family-friendly event, Pop n’ Jolly. Come enjoy fun and laughs with some of the area’s top musicians. Grab the crew and take fun photos with Santa and partake in a holiday singalong. The evening will include holiday classics by Dave Wagner and his special guests including two-time Cloris Award winner Julie Larson and national opera vocalist Craig Irvin. Also featured will be a selection of everyone’s favorite holiday songs performed by the Wagner Summer Theater Youth Vocal Group. Signature cocktails, mocktails and hot cocoa will be available for purchase. Tickets are available through Des Moines Performing Arts, www.desmoinesperformingarts.org. For more information, visit www.wagnersummertheater.com.

CITYVIEW’S FIRE AND ICE

Saturday, Jan. 18, 1-4 p.m.

**Historic Valley Junction Foundation,
137 Fifth St., West Des Moines**

Join CITYVIEW’s Fire and Ice, an interactive winter pub crawl in Historic Valley Junction. Fire and Ice is a hockey-themed liquor sampling event that will be sure to warm up your winter blues. With your event ticket, you will receive 10 individual drink tickets to sample some of the best winter cocktails from establishments in the Valley Junction area. Tickets are \$25 in advance and \$35 at the door. For tickets, visit www.eventbrite.com/e/2025-cityview-fire-ice-a-winter-pub-crawl-tickets-1079964535999. ■

RECIPE

A SWEET, SAVORY, SIMPLE HOLIDAY SIDE DISH

(Culinary.net) No matter what your main course looks like at the holidays, this Asparagus with Cranberry Sauce offers a sweet yet savory complement. Plus, the surprise pop of flavor and color are perfect for a festive tablescape. ■

ASPARAGUS WITH CRANBERRY SAUCE

Recipe courtesy of "Cookin' Savvy"

Servings: 6

Ingredients:

- 1/2 pound bacon
- 1 tablespoon butter
- 1 tablespoon garlic powder
- salt, to taste
- pepper, to taste
- 1 bunch fresh asparagus
- 1 can (14 ounces) whole cranberry sauce
- 1 tablespoon brown sugar
- 2 tablespoons balsamic vinegar

Directions:

Using kitchen shears, cut bacon into pieces then fry in skillet. Drain and set aside.

In same skillet, add butter and garlic powder. Add salt and pepper, to taste. Saute asparagus then add bacon back to pan.

In saucepan over medium heat, heat cranberry sauce, brown sugar and balsamic vinegar.

Place asparagus on platter and pour sauce on top.



TAKING NEW PATIENTS
Adel Vision Clinic

Quality Eye Care on the Square

813 Main St. | 515-207-7400

Barbara Scheetz, OD • Marcia Holstad, OD

adelvisionclinic.com

Dan's **TOWING & SERVICE**

515-993-2054

23581 Nantucket Road, Adel · Iowa

LENHART
 PLUMBING INC.

Family owned
PLUMBING COMPANY
 since 1950

23589 Nantucket Road, Adel
 993-3426 www.lenhartdm.com

HISTORY

THE ISLAND

BY MIKE FLINN

The land just north of Adel along Highway 169 has always been known as “The Island.” It’s 700 acres are surrounded on all sides by water — the north and east side from the original channel of the North Raccoon River and the west and south side by the mill slough. The mill slough was created when the upper dam was built, which changed the flow of the river to the slough in order to power a grist mill. The area is underlaid by deposits of sand and gravel that had been excavated for years.

A covered bridge, built prior to 1879, once spanned the mill slough on the north side of Adel. It was replaced, in 1915, by a concrete bridge which was then replaced by the present bridge.

On the north side of the island, on the old Highway 169 route, was a steel overhead beam bridge. It was removed when the route of 169 was moved east to its present location, but its pilings still stand at the end of what is now an industrial road.

Both branches of the river teemed with fish, and large traps were set with the entire community sharing in the catch. Species were catfish, northern walleye, bass, carp, crappie and even eels.

A strip of pasture on the island was rented to people in town who owned milk cows. Each morning, over a dozen cows were driven across the covered bridge to the pasture. Each evening, they were driven back to town to be milked. Frank Bradbury, a one-armed man, charged a small fee to drive them with his pony each day. If they didn’t want to pay Frank’s fee, they could drive their cow themselves.

The island was noted for the delicious watermelons, muskmelons and other fruits and vegetables the sandy soil produced. In the 1930s and 1940s, Nelson Eastman grew a variety of fine vegetables in his truck garden that were enjoyed by the people of Adel. Sometime in the 1950s, Hupp opened a market one mile north of Adel. He featured ham, bacon, lunchmeats and all sorts of fruits and vegetables. Watermelons, grown on his truck farm, were his specialty. The large dark green melons were kept fresh and cool in a stock tank. After the customer picked out his melon, Hupp would cut a three-cornered plug out of it for the customer to sample to be sure it was ripe.

The island is now home to Adel’s Island Park. The park was established in 1967 and is a popular fishing and camping spot during the summer months. Soccer fields were added to the park in 1995. ■

CLASSIFIED ADS

BICYCLES WANTED: Any condition is ok. For parts or repair. Will pick them up. Phone 515-238-3343.

WANTED: Stereo & electronic radio stuff receivers speakers guitar amp etc. Any age or condition is OK. Call 515-238-3343.

LOOKING TO BUY VINYL RECORDS: Paying cash for 60’s-90’s rock, blues, country and jazz. Call Brian at 515-326-5033.

WANTED: Electronics, stereo receivers, guitar or amps, speakers, radios, etc. Any age or condition for parts or repair. Call 515-445-6023.

SEND IN YOUR FREE CLASSIFIED AD BY WEDNESDAY AT 10 A.M. TO BECKHAM@DMCITYVIEW.COM

LIST 50 WORDS OR LESS FOR FREE.

SIGN UP TO RECEIVE THE DIGITAL EDITION OF ADEL LIVING MAGAZINE FREE!

Scan the code below, or visit www.iowalivingmagazines.com.



WE WILL RUN YOUR ADEL NEWS ITEMS FOR FREE.

Email your news by Wednesday at 5 p.m. to: tammy@iowalivingmagazines.com or call 515-953-4822, ext. 302