

# ADEL *Living Weekly*

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## SHOEBOX GIFTS READIED FOR SAMARITAN'S PURSE

Each year, Samaritan's Purse collects shoebox gifts filled with toys, school supplies and hygiene items for children around the world. New Hope Church in Adel, 25712 Highway 6, was the collection site for Adel and surrounding communities. More than 1,047 shoeboxes were collected locally then sent on to Des Moines, then to Aurora, Illinois, and then to communities around the world. Organizers thank those who participated. Your generosity is greatly appreciated.

Since 1993, more than 220 million children in more than 170 countries and territories have received an Operation Christmas Child shoebox. The project delivers not only the joy of what, for many kids, is their first gift ever, but also gives them a tangible expression of God's love.

Tens of thousands of volunteers from local churches around the world partner with Samaritan's Purse to



Shoebox gifts are stacked at the altar of New Hope Church in Adel before being delivered to Samaritan's Purse.

present the Gospel of Jesus Christ at festive outreach events where

children are surprised with these shoebox gifts. ■

### ADEL WEATHER FORECAST

**FRIDAY HIGH 40 | LOW 27**

Mostly sunny and not as cold



**SATURDAY HIGH 51 | LOW 37**

Sunny to partly cloudy and mild



**SUNDAY HIGH 54 | LOW 33**

Mild; breezy with clouds and sun



**MONDAY HIGH 41 | LOW 21**

Cloudy; drizzle in the morning



**TUESDAY HIGH 31 | LOW 18**

Breezy with low clouds and sun



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FROM THE PUBLISHER

## WHY BABY BOOMERS WERE RIGHT ALL ALONG

I am not a Baby Boomer. And I don't consider myself part of Generation X either. I guess I am in middle, and that's just fine with me. I never really felt a need to be part of a generation with a name. Generalizing just isn't my thing. I have been called "old-school" and "young punk" in the same day. It all seems to be a matter of perspective from the name-caller.

I appreciate the song "Hey Nineteen" by Steely Dan. The words of the song explain the generational differences a man is beginning to understand when dating a younger woman. "No, we can't dance together. No, we can't talk at all." It is a commentary on the fear of growing old, the struggle to stay relevant. Most all of us can relate. If you can't yet, you will at some point.

Meanwhile, we tend to believe the music we listened to, the shows we watched, the cars we drove, the toys we played with, and the slang we used were all part of the best generation. We also tend to hang on to many of those things. A reader recently sent me a list of reasons "why Baby Boomers were right all

along." I will share a few edited versions to see what you think.

**They actually talked to each other.** No texts, no DMs, just face-to-face conversations or a good old-fashioned phone call. Boomers had long chats at the dinner table or spent hours on the porch with friends and neighbors.

**They fixed things instead of throwing them away.** Boomers grew up in a time when fixing was the norm. These days, most folks are quick to toss and replace, and, honestly, it's left us with landfills full of perfectly fixable stuff.

**They valued hard work.** Work was a point of pride. Whether it was delivering papers as a kid or putting in overtime to provide for a family, Boomers weren't afraid to roll up their sleeves. These days, the focus seems to be on doing the least for the most, and something feels lost.

**They knew the value of a dollar.** Boomers lived in a time when you saved for what you wanted, and credit cards weren't



handed out like candy. If you couldn't afford it, you didn't buy it.

**They dressed for the occasion.** Boomers didn't wear sweatpants to dinner or flip-flops to the office. They believed in dressing appropriately, and it was a way to show respect for themselves and others. Somewhere along the way, we traded pressed shirts for yoga pants.

**They listened to elders.** Boomers grew up respecting the wisdom of older generations. Grandparents were fountains of advice and stories, not out-of-touch relics. These days, youth culture dominates, and we forget that older folks have a lot to teach us.

I tend to agree with many of these points. As a result, some of you will think I'm crazy. Some will think I'm just growing old. Where's Aretha Franklin when I need her?

Have a great week, and thanks for reading. ■



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# SEEN IN ADEL



**500TH ASSIST CELEBRATED:** ADM Junior Elise Coghlan celebrated her 500th assist at the varsity volleyball game vs. Winterset in Adel on Oct. 24. Her parents are Michelle and Jeff Coghlan. Photo by Aiden Juffer ■

## THIRD MONDAY BINGO

Enjoy bingo on Monday, Dec. 16, 6-8 p.m. at the Masonic Lodge, 411 S. 12th St., Adel. Seventeen games (\$0.25/card) plus an 18th Progressive Blackout (\$1/card) will be held. Packaged snacks and non-alcoholic drinks will be available. ■

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### ADM SPORTS SCHEDULE

**Friday, Dec. 6**

- 4:30 p.m. **Basketball:** Girls JV vs. North Polk
- 4:30 p.m. **Basketball:** Boys JV vs. North Polk
- 5:45 p.m. **Basketball:** Boys Freshman vs. North Polk
- 6 p.m. **Basketball:** Girls Varsity vs. North Polk
- 7 p.m. **Basketball:** Girls JV2 vs. North Polk
- 7:30 p.m. **Basketball:** Boys Varsity vs. North Polk

**Saturday, Dec. 7**

- 9 a.m. **Wrestling:** JV Invitational @ Des Moines North High School
- 10 a.m. **Wrestling:** Varsity Invitational @ DCG-Meadows Gym

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# MOBILE FOOD BANK

Adel Mobile Food Bank is the fourth Wednesday of the month at New Hope Church, 25712 Highway 6, Adel, from 5-6:30 p.m. or until the food is gone. This is a drive-thru pickup for free groceries. ■

# CLOTHES CLOSET OPEN

The Clothes Closet at Adel First Christian Church will be open from 9-11 a.m. on Saturday, Dec. 7. It has a full line of gently used clothing, shoes, jackets and some winter coats. New underwear and socks are also available. The Closet is located at the corner of Highway 169 and Rapids Street. Everyone is welcome. Everything is free. ■

# ADEL MASONIC BREAKFAST

The Adel Masons will be serving a breakfast of biscuits and gravy, pancakes, scrambled eggs, bacon, milk, orange juice and coffee for \$9 per plate on Sunday, Dec. 8, from 9 a.m. to noon, at the Masonic Lodge, 411 S. 12th St. ■

# HOLIDAY HOME TOUR

The Dallas Center chapter of Beta Sigma Phi is hosting its annual Holiday Home Tour Saturday, Dec. 7 from 11 a.m. to 3 p.m. Four homes will be featured in this year's tour. Tickets are \$15 each (\$5 for children) and will be available from any Beta Sigma Phi member and at the Roy R. Estle Memorial Library in Dallas Center. Tickets will also be available on the day of the tour at the Suites at 1400 Walnut. Tickets may also be purchased on Venmo – BSpH-EX5259. Leave your name in the description and how many tickets you want. Tickets purchased by Venmo can be picked up on the day of the tour at the Suites at 1400 Walnut. Check out the Facebook page Dallas Center Community Beta Sigma Phi for more information and pictures of this year's homes. ■

# FESTIVAL OF TREES AND NATIVITY DISPLAYS

Visit the Festival of Trees and Nativity displays at Adel First Christian Church from 5-7:30 p.m., Friday, Dec. 6 as part of the Adel Sip and Sample celebration. The church is located north of the new Dallas County Administration building north of the Courthouse Square. While kicking off the holiday season with friends and family, enjoy the beautifully decorated sanctuary and fellowship hall as you sample a treat and view the trees and nativities. ■

# SIP & SAMPLE: ADEL HOMETOWN HOLIDAY CELEBRATION DEC. 6

The Adel Partners Chamber of Commerce presents its Sip & Sample: Adel Hometown Holiday Celebration on Friday, Dec. 6. From 1-3 p.m., Santa and Mrs. Claus will be at the library twisting balloon creations. Enjoy fun crafts and activities. Cookies and cocoa will be available. At 4:45 p.m., stroll over to the northeast corner of the square to enjoy Christmas carols by the Scouts before the 5 p.m. lighting of the Christmas tree and wreaths. Then stroll to the shops participating in the Sip and Sample while enjoying Music by Gottazig on the square and visiting Santa at the Raccoon Valley Bank courtesy of the Kiwanis. Events wrap up at 7:30 p.m. ■



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**SATURDAY, DECEMBER 7TH**



**BREAKFAST WITH SANTA & MRS. CLAUS  
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- 102 S 10TH ST 7-10am**

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## EVENTS IN THE AREA

EMAIL YOUR EVENT INFORMATION TO  
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"In the Christmas Mood" with the Glenn Miller Orchestra

**"IN THE CHRISTMAS MOOD" WITH THE GLENN MILLER ORCHESTRA**

Dec. 22, 7 p.m.

Hoyt Sherman Place,

1501 Woodland Ave., Des Moines

Enjoy the favorites of the season. For tickets, visit [hoytsherman.org](http://hoytsherman.org).

**CHRISTMAS OPEN HOUSE**

Sunday, Dec. 8, 2-4 p.m.

Olmsted-Urban House, 4010 70th St., Urbandale

Enjoy a Christmas Open House at the Urbandale Historical Society's Olmsted/ Urban House. A variety of activities will be held at the decorated house.

**HOLIDAY HO HO HOME TOUR**

Dec. 7, 5:30-9:30 p.m.

Around Ankeny

Tour several Ankeny homes decked out for the holidays. Each features its own unique decorations, style and appetizers. All donations benefit the Wiedenman Family Foundation, which was formed to undertake projects that will enhance Ankeny and the surrounding community. Tickets are \$25. For tickets, visit [www.hohohometour.org/event-details/tickets](http://www.hohohometour.org/event-details/tickets).

**CHRISTKINDLMARKET**

Dec. 5-8

Principal Park, 1 Line Drive, Des Moines

Christkindlmarket features regional vendors selling old-world, hand-crafted products from wooden vendor stalls, lively performances of polka music, traditional dance and choirs in Yuletide Hall; children's activities; Glühwein (warm, mulled wine) and European beer. [www.christkindlmarketdsm.com](http://www.christkindlmarketdsm.com)

**FAMILY CHRISTMAS AT LIVING HISTORY FARMS**

Saturday, Dec. 7, noon to 3 p.m.

11121 Hickman Road, Urbandale

Hear the sounds, see the sights, and smell the smells of a 19th-century Christmas.

Enjoy carolers, old fashioned demonstrations, a craft, stories, and a visit with old St. Nick. Tickets are \$9 for ages 2 and older (\$8 for members). Buildings are heated. Bundle up for wagon rides. Tickets are available at <https://marketplace.lhf.org/Events.aspx>. [www.lhf.org](http://www.lhf.org).

**CENTRAL IOWA WIND ENSEMBLE**

Dec. 15, 3 p.m.

Staplin Performing Arts Center at Valley High School, 3650 Woodland Ave., West Des Moines

The Central Iowa Wind Ensemble (CIWE) welcomes audiences to its new performance home for a heartwarming holiday concert. In addition to celebrating the season through music, CIWE is honored to partner with the Boys and Girls Club of Central Iowa to bring the joy of music to youth across the community. For tickets, visit [www.ciwe.org/deck-the-halls-dsm](http://www.ciwe.org/deck-the-halls-dsm). ■

## RECIPE

# TURN LEFTOVER TURKEY INTO A REINVENTED DISH

*(Family Features)* Once your holiday feast comes to pass, you're almost certain to find your refrigerator stuffed with leftovers. However, that doesn't mean you want to eat the same meal again and again in the days that follow.

The star of many seasonal celebrations, turkey can be reused in a variety of post-holiday dishes to cut down on food waste and create fresh new meals your whole family can enjoy. Featuring a unique blend of 100% natural chili peppers, lime and sea salt, Tajín pairs perfectly with turkey, making it a go-to for creative leftovers.

Gone are the days of simply reheating turkey and stuffing or making a turkey sandwich. Instead, reinvent your holiday extras through fresh takes on classic dishes like leftover turkey carnitas tacos. ■

## LEFTOVER TURKEY CARNITAS TACOS

**Total time: 25 minutes**

**Servings: 2 (2-3 tacos each)**

### Ingredients:

- 4-6 garlic cloves, peeled and separated
- 1 pinch salt
- 1/2 cup fresh bitter orange juice or fresh lime juice with fresh orange juice combo
- 1/2 cup olive oil
- 1 teaspoon Tajín Clasico Seasoning
- 1 cup leftover turkey, shredded
- 1 cup duck fat, ghee or high smoke point oil of choice
- 4-6 tortillas

### Toppings (optional):

- pico de gallo
- pickled onions
- cilantro
- pomegranate seeds

- avocado

### Direction:

In mixing bowl, combine flour, baking powder, sugar, salt and cream of tartar.

Grate butter and mix with dry ingredients.

Carefully add buttermilk and mix until incorporated.

Fold over 5-6 times, roll out and cut into 10-12 rounds.

Place cut biscuits on floured surface.

Refrigerate 30 minutes.

### To make turkey pot pie filling:

With mortar and pestle, crush together garlic cloves and salt, make paste and place in medium bowl.

Stir in juice, olive oil and seasoning.

Fold mojo into shredded turkey meat.

In large, heavy-bottomed pot over high heat, melt duck fat and



wait until it forms a wave. Add turkey, in batches, stirring often, until meat turns light golden brown, then lower heat to medium. Turn off heat.

Heat up tortillas, place turkey carnitas on top and add pico de gallo, pickled onions, cilantro, pomegranate seeds or avocado as desired.

Note: Once browned in duck fat, carnitas can be stored in the fat overnight and reheated over low heat to melt fat and warm carnitas.

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# SEEN IN ADEL



**STUDENT PRESENTS ABOUT HER HOMETLAND:** ADM foreign exchange student Monika Kudokaite gave a presentation about her native Lithuania at the Adel Kiwanis Club meeting at Patrick's Restaurant on Nov. 19. ■

## HOMETOWN HOLIDAY CELEBRATION

On Saturday, Dec. 7, enjoy breakfast with Santa and Mrs. Claus at the Adel Fire Department, 102 S. 10th St., from 7-10 a.m. Then enjoy Kids Make and Take craft at Soulshine Yoga and Fitness, 911 Court Suite 2, 11 a.m. to 1 p.m. Tour the Adel Historical Museum, 1129 Main St., from 1-3 p.m. and tour the Dallas County Administration Building with William Wagner displays featuring the courthouse, Adel and Dallas County from 1-4:30 p.m. ■

## HOLIDAY SOUP AND DESSERT LUNCHEON

Adel First Christian Church will be hosting its annual Holiday Soup and Dessert Luncheon on Sunday, Dec. 15. A variety of soups will be served from 11 a.m. to 1 p.m., and special desserts will be served from 11 a.m. to 3 p.m. Soup and dessert are \$5 each. Coffee, tea and punch are included in the price. The beautiful Festival of Trees and Nativity displays will surround you and put you in the holiday spirit during your dining experience. ■

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