



Winter Wonderland Gala

Saturday, January 11, 2025 FFA Enrichment Center, Ankeny, IA

Polk City holds a special place in my heart, and my role as Co-Chair of the Polk City Community Foundation Gala allows me to contribute to its future. The Gala is not just a fundraising event; it embodies our community spirit, celebrating achievements and inspiring growth. Funds raised support local projects that enhance life in Polk City, from grants to scholarships and community improvements.

This year's event is especially important, as there are numerous projects that our community needs. We are committed to supporting essential pillars, such as fire and police services, arts and beautification, and programs for children in the community, creating endless opportunities. I invite everyone to participate—attend the Gala, donate, or volunteer. Together, we can ensure Polk City remains a special place for future generations. Let's build a proud future together.







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susiesheldahl.myrealtyonegroup.com

♠ 113 W Broadway Street, Polk City, IA



WELCOME

BINDING generations

Take a left by the old police station. Go three blocks till you come up to the water tower, then head right until you see the bear statue. Go past that for another block and turn left at the corner with the big rock. Then you will find what you are looking for, right next to where the old grocery store used

Sound familiar? If you have ever asked for directions from someone who lived in a town for a long time, you likely heard something like that.

I worked at a gas station in high school, and a day rarely went by when people didn't stop in and ask for directions — and they also rarely wrote my instructions down. Either my directions were really simple, or they got lost along the way. I am guessing the latter.

I learned to first ask directions-seekers if they were familiar with the area. If the answer was yes, I could use landmarks as a guide. If the answer was no, I offered street names and my best guess for a number of blocks.

You may know people in town who moved to an older home where the prior owners lived for many decades. The Smith home. The Johnson home. The Jones home. The new owners could live there for 20 years, but many of the locals would still call it by the name of the prior inhabitants. Change is slow for many of us.

When our editor and I discussed a story idea about popular landmarks in the community, we both wondered what we would hear from residents when asked to name a few of the most popular. Parks. Ponds. Monuments. Bridges. Things like these topped the list, but we also heard about some unique landmarks that we guess many have never heard of. In that sense, landmarks are like art, and what defines art is different to every person.

French essayist Joseph Joubert said monuments are the grappling irons that bind one generation to another. I believe this to be true with many other landmarks, too, as they give us a sense of comfort and belonging and identity. And, although many of our central Iowa communities have a great deal in common, these landmarks make each one unique.

In this issue of your Living magazine, we share some of the popular landmarks in town and tell the stories of their relevance to the community. We hope you smile as you recall some of these, and we hope you are also inspired to seek out the others.

Thanks for reading.

SHANE GOODMAN

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Big Creek Historical Museum was built in 1863 by Adam Schaal, an accomplished craftsman known for his work with native black walnut wood. The original walnut can be seen in the bell tower of the museum.

Big Creek Historical Museum

Situated directly on Polk City's town square, the Big Creek Historical Museum stands as a beloved piece of local history, representing more than 160 years of community life. Built in 1863 by Adam Schaal, an accomplished craftsman known for his work with native black walnut wood, the building is one of the town's oldest structures and among the longest-serving municipal buildings in Iowa.

Schaal, who settled in Polk City in the 1850s, became renowned for his durable and intricately crafted homes and barns throughout the region.

"Anybody that owns one of the houses that he built says, 'Man, it takes a piece of dynamite to remodel this because the walnut wood is so hard," explains Roxana Currie, who is heavily involved with the Big Creek Historical Society.

The museum itself is a testament to this craftsmanship, showcasing sturdy walnut beams that have withstood the test of time. As the tale goes, Schaal took his son, Will, up on the roof to nail down some shingles and told him, "You will never forget this adventure."

This past fall, a group of men fixed the rope for the building's bell tower, and, as they did so, they discovered huge pieces of walnut. One of the men said, "It's like time has stood still."

Originally constructed as a two-story framed schoolhouse, the



Saturday, Dec. 7

9 - 11 am

Luana Savings Bank (Polk City Lobby) 855 West Bridge Road, Polk City, IA 50226

Santa is visiting Luana Savings Bank! All children are welcome to meet Santa in the bank lobby and tell him what they would like for Christmas this year. There will be refreshments, treats, and gift bags for kids (as supplies last). We hope to see you!

This is a free event and open to the public.



Additional Santa Visits:

CLIVE BRANCH

NORWALK BRANCH

Dec. 14 | 9-11 am

Dec. 21 | 9-11 am

Find the events on our Facebook page fb.com/luanasavingsbank

building served as Polk City's school for 30 years before being repurposed as city hall in 1894. The first floor housed city government functions, while the second floor became a lively community center, hosting a wide variety of events, from traveling shows and dances to Boy Scout skeet shooting and church services.

In 2002, the city of Polk City entered a lease agreement with the Big Creek Historical Society, allowing the organization to call the building home. This also marked the beginning of a seven-year restoration journey. In 2004, the building was added to the National Register of Historic Places, affirming its cultural and architectural significance.

The restoration project officially commenced in 2005, focusing on the first-floor interior, the cupola and the main entrance. After completing these areas in 2006, efforts shifted to the exterior and the second floor, known as Miller Hall, which was restored to reflect its 1915 appearance. By April 2009, the museum's transformation was complete, preserving the building's history while allowing it to serve as a modern gathering place once again.

Today, the Big Creek Historical Museum continues to be a focal point of community life and houses artifacts and historical exhibits managed by the Big Creek Historical Society. The preservation of this historic structure has ensured that Polk City's past remains accessible to future generations.

"It's a remarkable building," Currie says. "We're just so lucky to have it."

The Bandstand

Another iconic feature in Polk City is the town's treasured bandstand, often referred to as the "gazebo" on the Square.

The bandstand was built in 1883 by Will Schaal at a time when it was common for towns to have a city band. Albert Kurtz is a name tied to the early days of the bandstand. His father played the cornet and was the blacksmith in town. When Kurtz joined the Navy, he wound up playing in and directing the Navy Band on the ship he was stationed on. When he returned, he carried on the tradition with the Polk City Band, leading a 15-piece band that performed regularly for about 35 years, bringing people together for concerts and community

celebrations.

"The band was a big deal back then," Currie says, describing how the bandstand would be alive with the sounds of polkas and other popular music of the era.

There are even articles about how the train used to arrive in town from Des Moines. bringing people who would enjoy the square and the Polk City Band.

While today's residents may see the structure as a gazebo, it was designed for utility, not simply decoration. Even today, the bandstand hosts local musicians at events like the farmers market, though it has undergone several reconstructions over the years.

"It's been rebuilt so many times, it's hard to say how much of the original is still there," Currie notes.

Regardless, the bandstand remains a cherished piece of Polk City's history.

Beebe Cemetery

Not far from the museum, another landmark quietly tells its own story of Polk City's early days: the Beebe Cemetery.

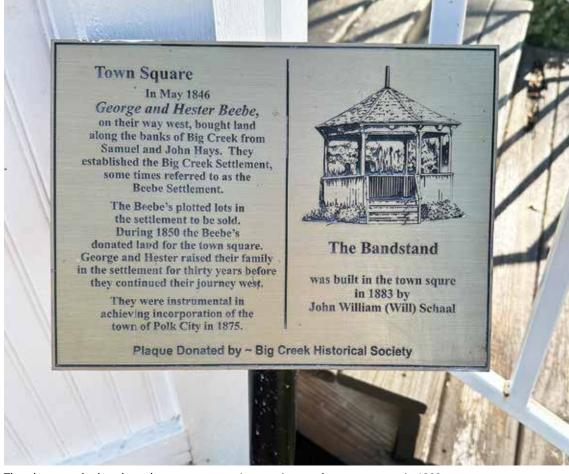
Situated just down the street from the



Square, Beebe Cemetery is the resting place of the area's founding families. The cemetery holds the graves of several members of the Beebe family, one of the community's original settler families who arrived in 1846 as part of the Mormon migration. For a time, they made Polk City their home, establishing a legacy that has endured long after they moved on to settle in Utah.

The cemetery, located on Broadway Street, serves as the resting place for six of the Beebe children, including an infant born shortly after the family's arrival in 1846. It is believed that the family chose to stop in Polk City due to the hardships they faced on their journey, and the town eventually became a place where they could lay down roots and build a community.

Over the years, Beebe Cemetery has faced the challenges that time



The plaque at the bandstand commemorates its opening on the town square in 1883.



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brings: fallen and weathered gravestones, as well as a loss of historical context. Community members and the Polk City Historical Society have undertaken several restoration efforts, including a significant one adding a protective fence around the site. More recently, a donation allowed the Historical Society to add plants and landscaping, giving the cemetery a peaceful, garden-like atmosphere that honors those buried there.

Currie emphasizes the importance of both the museum and the cemetery as links to the town's past. They serve as places of remembrance, connecting current residents with the legacy of the pioneers who shaped Polk City.

"I think that's where something like the museum is important to a community," Currie says. "Because, if you don't keep telling those stories, nobody knows."

Alongside the Big Creek Historical Museum and the town's historic bandstand, Beebe Cemetery completes a trio of landmarks that embody the spirit and resilience of Polk City's early settlers. These sites offer a narrative that spans generations, reminding residents of the community's roots and the people who built it from the ground up.



Beebe Cemetery was established by local pioneers.



HONORING LOCAL VETERA

VETERANS DAY WAS MONDAY, NOV. 11, 2024

Thank you for your service!



CEDAR HAZEL

Polk City

Military branch: U.S. Air Force / Air National Guard

Rank: TSqt

Service: 2015-present







TONYA HAZEL

Polk City

Military branch: Iowa Army

National Guard Rank: CW2

Service: 1988-2016

JEFF HAZEL

Polk City

Military branch: Active Duty Army and Iowa Army National Guard

Rank: SGM

Service: 1982-2014

How can Americans best honor veterans: "To honor veterans you can proudly fly an American flag at your home and attend the events held at the Polk City American Legion."



LOCAL VETERANS ORGANIZATIONS

AMERICAN LEGION POST 232

 @PolkCitylowaAmericanLegionPost232/ The American Legion Post 232 hall is located at 114 W. Broadway St., Polk City. The hall also serves the affiliated Sons of the American Legion, American Legion Auxiliary and American Legion Riders.

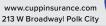
AMERICAN LEGION RIDERS POST 232

@IowaPost232/?locale=fr_FR The Riders group consists of veterans who own motorcycles more than 750 cc's. To be a Rider, one must also be a Legion or Auxiliary member — a veteran, spouse, son or daughter of a veteran.

SONS OF THE AMERICAN **LEGION POST 232**

To be a member of the Sons of the American Legion, members must be a male descendant of an active duty or deceased service member or a family member of someone who served in World War II and beyond.











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THANK YOU FOR YOUR SERVICE!

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Special thanks to my husband, son, and numerous other family members who have served our country back to the American Revolution.



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BRING the taste of takeout home

(Family Features) Some nights, especially when schedules are jam packed, the allure of grabbing takeout or swinging through a drive-thru between activities may sound more appealing than spending time in the kitchen. You can skip the to-go boxes, however, with these tasty Asian-inspired dishes that come together almost as fast as delivery while allowing you to get creative at mealtime.

Packed with fresh shrimp and crispy veggies, this crab and shrimp sushi burrito fuses some favorite takeout dishes together to satisfy cravings in half an hour. Using Success Boil-in-Bag Jasmine Rice, which cooks up soft and fluffy, provides a flavorful and aromatic base. This combination of seafood, homemade sauces and flavorful veggies makes for an unforgettable taste experience comparable to your favorite quick-serve restaurant.

Find more recipe inspiration to tackle takeout cravings and more at SuccessRice.com.

Crab and shrimp sushi burrito

Prep time: 20 minutes Cook time: 10 minutes Servinas: 4

- 1 bag Success Jasmine Rice
- 1/2 cup unseasoned rice vinegar
- 2 tablespoons granulated sugar
- 2 teaspoons kosher salt
- 2 tablespoons mayonnaise
- 2 tablespoons Sriracha sauce
- 1/4 teaspoon sesame oil
- 1 tablespoon black sesame seeds
- 4 sushi nori sheets
- 1/2 carrot, ribboned, divided
- 1/2 cucumber, ribboned, divided
- 6 crab sticks, shredded, divided
- 6 large shrimp, cooked, deveined, tails removed and butterflied, divided

DIRECTIONS

- Rinse rice bag under cold water to remove starch. Prepare rice according to package directions.
- · In small saucepan over medium-low heat, heat rice vinegar, sugar and salt until sugar and salt have dissolved, about 1 minute. Set aside.
- In small bowl, mix mayonnaise, Sriracha sauce and sesame oil. Set aside.



- · Transfer cooked rice onto large baking sheet. Drizzle half the vinegar mixture over rice, turning until all rice is fully coated. Taste and add more vinegar mixture, if desired. Spread rice into thin layer and cool to room temperature. Sprinkle sesame seeds on top.
- · Lay down one sushi nori sheet. Spread layer of rice on it. Place half the carrots and cucumbers on rice. Place crab and shrimp on top.
- · Place another sushi nori sheet just under first one and roll. Repeat with remaining sushi nori sheets, rice, carrots, cucumbers, crab and shrimp. Wrap both burritos in plastic wrap. Let rest 10 minutes.
- Slice burritos in half and serve with spicy mayo.





Thai red curry chicken and rice soup

Prep time: 10 minutes Cook time: 20 minutes

Servings: 6

- · 6 cups chicken broth
- · 2 bags Success Basmati Rice
- 1 can (14 ounces) coconut milk
- · 2 tablespoons Thai red curry paste
- 1 tablespoon soy sauce
- 1 teaspoon brown sugar
- 1 pound chicken breast tenders
- · 2 tablespoons lime juice
- · 4 green onions, thinly sliced

DIRECTIONS

- In pressure cooker on saute setting over high heat, bring broth and rice bags to boil. Boil, uncovered, 10 minutes. Remove bags with fork and set aside.
- Add coconut milk, curry paste, soy sauce and brown sugar to pressure
 cooker. Turn off saute setting. Add chicken. Cover and lock to seal. Set to pressure cook setting
 over high heat about 10 minutes, or until chicken is tender. Carefully, manually or naturally,
 release pressure according to manufacturer's instructions before removing lid.
- Set pressure cooker to saute setting over medium heat. Remove chicken and shred with two forks;
 add to soup along with lime juice and green onions. Remove rice from bags and stir into soup.
- · Simmer until rice is heated through.





COMMITTED to staying in your home, but need some help?

Maria, 76, is committed to remaining in her home as she ages. She recently experienced some health issues, though, and is afraid her adult children will try to persuade her to move to a senior living community.



Maria's challenge isn't unusual, as staying in our homes as we age is not always possible. Chronic health challenges can make living independently ill-advised, and full-time care at home can be expensive.

You may be asking yourself, then: "If I don't want to move into a community but my family and I are concerned about health issues later on, what can I do?"

The answer may lie in a Continuing Care at Home (CC@H) membership

initiative, a program usually administered by an organization that serves older adults. CC@H programs are designed to help people proactively focus on their health at home while enabling them to financially plan for potential services and care down the road.

If you're interested in looking into a CC@H program, make sure to ask specifically what the program includes. A reputable CC@H program not only will offer services to enhance your well-being so you can remain independent longer; it will also help fund future long-term care needs.

You'll also want to ask:

- Does the program feature personal support, such as wellness coaching? Studies show people who embark on a life-enriching program or activity will be more likely to succeed with encouragement from a trusted adviser or advocate.
 - Does it include care costs and options?

A solid program will help fund your care, if it's needed, whether through home healthcare or services in a senior living community later on. If the program you're considering does offer both, make sure you're comfortable with the services and care provided by the organization's home healthcare team as well as in its communities. A reputable provider will have longevity and solid outcomes behind it.

Not all CC@H programs are created equal. If a program appeals to you, make sure it meets both your current and future needs and provides you with peace of mind. Your well-being and your checkbook will thank you for it.

Aaron Wheeler is Vice President of Home and Community-Based Services for WesleyLife, which provides health and well-being services, including WellAhead — A WesleyLife Well-Being Experience, a CC@H offering. To learn more, visit wesleylife.org/wellahead.





Are you one of the 93% of people who want to remain in your home as you age?

Introducing WellAhead — a unique program designed for those who plan to stay at home as they age, enhancing well-being while ensuring any necessary future long-term care costs are 100% covered from Day One. As a member, you benefit from a variety of services to empower and enthusiastically enable your choice to live safely, healthfully, and independently in your own home.

To learn more about how WellAhead could be the only thing you need to stay right where you want to be, call (515) 642-1726.

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COMET'S

WINTER SCHEDULE 2024-2025

V. BOYS BASKETBALL

DATE	TIME	OPPONENT	LOCATION
Dec 2	7:30pm	Atlantic	North Polk
Dec 3	7:30pm	Pella	Pella
Dec 6	7:30pm	ADM	ADM
Dec 10	7:30pm	Gilbert	Gilbert
Dec 12	6:00pm	Webster City	North Polk
Dec 13	7:30pm	Ballard	North Polk
Dec 17	7:30pm	Winterset	North Polk
Dec 19	7:30pm	Waverly-Shell Rock	Waverly-Shell Rock
Jan 3	7:30pm	Carlisle	North Polk
Jan 7	7:30pm	Bondurant-Farrar	North Polk
Jan 10	7:30pm	Carroll	Carroll
Jan 14	7:30pm	Boone	North Polk
Jan 17	7:30pm	ADM	North Polk
Jan 21	7:30pm	Gilbert	North Polk
Jan 24	7:30pm	Ballard	Ballard
Jan 28	7:30pm	Winterset	Winterset
Feb 4	7:30pm	Carlisle	Carlisle
Feb 7	7:30pm	Bondurant-Farrar	Bondurant-Farrar
Feb 11	7:30pm	Carroll	North Polk
Feb 14	7:30pm	Boone	Boone
Feb 17	6:00pm	Johnston	North Polk
Feb 18	7:45pm	Hoover	Hoover
	1000	WAS ENGINEERS	TARARA I TARARA

V. GIRLS BASKETBALL

ı	DATE	TIME	OPPONENT	LOCATION
	1Jan 26	6:00pm	Dallas Center-Grimes	Dallas Center-Grimes
ı	Dec 3	6:00pm	Pella	Pella
	Dec 6	6:00pm	ADM	ADM
	Dec 10	6:00pm	Gilbert	Gilbert
	Dec 13	6:00pm	Ballard	North Polk
ı	Dec 17	6:00pm	Winterset	North Polk
ı	Dec 19	6:00pm	Waverly-Shell Rock	Waverly-Shell Rock
ı	Dec 19	6:00pm	Indianola	North Polk
	Jan 3	6:00pm	Carlisle	North Polk
ı	Jan 7	6:00pm	Bondurant-Farrar	North Polk
ı	Jan 10	6:00pm	Carroll	Carroll
ı	Jan 11	3:00pm	Xavier	Xavier
	Jan 14	6:00pm	Boone	North Polk
ı	Jan 17	6:00pm	ADM	North Polk
ı	Jan 21	6:00pm	Gilbert	North Polk
ı	Jan 24	6:00pm	Ballard	Ballard
١	Jan 25	2:00pm	Ankeny Centennial	North Polk
ı	Jan 28	6:00pm	Winterset	Wintereset
L	Jan 30	7:30pm	Ankeny Centennial	North Polk
ı	Feb 4	6:00pm	Carlisle	Carlisle
ı	Feb 7	6:00pm	Bondurant-Farrar	Bondurant-Farrar
ı	Feb 11	6:00pm	Carroll	North Polk
	Feb 14	6:00pm	Boone	Boone
	Feb 17	6:00pm	Johnston	North Polk

V. WRESTLING

DATE	TIME	LUCATION
12/5/24	5:30 PM	Bondurant-Farrar High School
12/7/24	10:00 AM	Long Lines Family Rec Center
12/12/24	5:30 PM	ADM High School North Gym
12/14/24	10:00 AM	Johnston High School
12/19/24	5:30 PM	Carroll High School
12/19/24	5:30 PM	Carroll High School
12/21/24	10:00 AM	Northwest High School
1/4/25	10:00 AM	Osage High School Gym
1/9/25	5:00 PM	North Polk High School
1/11/25	10:00 AM	Marshalltown High School
1/11/25	10:00 AM	Marshalltown High School
1/16/25	5:00 PM	North Polk High School HS Gym
1/18/25	10:00 AM	Creston High School
1/23/25	5:30 PM	Winterset High School
1/25/25	9:30 AM	East Marshall High School
1/30/25	5:30 PM	Pella High School
2/1/25	10:00 AM	ADM High School North Gym

LOCATION



Schedules are subject to change. Scan for up-to-date schedule.





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LIBRARY

POLK CITY Community Library news

Be sure to attend these events and programs at the Polk City Community Library. See all events at polkcitylibrary.org.

Note: The library will be closed for the holidays all day Dec. 24-25 and all day Jan. 1, plus closing at 5 p.m. on Dec. 31.

Polk City Community Library

1500 W. Broadway St., Polk City 515-984-6119 www.polkcitylibrary.org Monday - Wednesday: 9 a.m. to 7 p.m. Thursday: 9 a.m. to 8 p.m. Friday: 9 a.m. to 5 p.m. Saturday: 9 a.m. to 3 p.m. Sunday: closed

Giving Tree: Blank

Children's Hospital, Nov. 15 to Dec. 13. We are partnering with a Polk City second-grade Cub Scout troop to collect items for Blank Children's Hospital Child Life Specialists. The most needed donations include: doll clothes (including Barbie), action figures, craft supplies, diamond paint art kits, bead bracelet kits, Paw Patrol toys, Little People toys, notebooks, card stock, copy paper, children's underwear, solid colored t-shirts, solid colored sweat pants, and AA batteries. Unwrapped donations may be left under the tree in the library's foyer.

Chair Yoga, Mondays, 9 a.m. This chair yoga practice will include breath work, mindfulness and simple, easy movements to release tension, reduce pain and restore your body to optimum movement. Props needed are an armless chair, like a kitchen chair, and a small hand towel or kitchen dish towel. This class will be broadcast on the big screen in the library or join the Zoom meeting from home via our website. No chair yoga Dec. 23 or Dec. 30.

STEAM Storytime, Mondays, 10:15 a.m. Attend Miss Nicole's session for a STEAM-themed story along with an engaging STEAM activity or experiment. Designed for ages 3-5. No storytime Dec. 23-31.

Geri-Fit® Strength Training Workouts, Tuesdays, 9 a.m. Strength training workouts that work for all ages and fitness levels. Geri-Fit is challenging, effective, and safe to do. The Geri-Fit® program requires a set of light dumbbell weights, a sturdy chair and water to drink during the workout. Ages 50 and older. Stretch bands and a Zoom link are available upon request. No Geri-Fit Dec. 24 or Dec. 31.

Lil Comets Storytime, Tuesday, 10:15 a.m. Join Miss Nicole at the library for stories, songs and activity stations. Every story can be logged in our 1,000 Books Before Kindergarten program, too. Designed for ages 3 and younger. No story time Dec. 23-31.

Ladies' Wednesday Coffee, Wednesdays, 10 a.m. to noon. Ladies, join us for coffee and conversation.

Sit 'N' Stitch, Thursdays, 6-8 p.m. Bring your current project and join us for stitching and conversation.

Men's Friday Coffee, Fridays, 10 a.m. to noon. Gentlemen, drop in for coffee and conversation. Enjoy spending time and having a few laughs or interesting discussions with other men from around the area.

Adult Crafternoon, Tuesday, Dec. 3, 2 p.m. Join us for a relaxing crafting afternoon. We'll have supplies for several different bookmark

LIBRARY

crafts, perfect for treating yourself or someone you care for. Ages 17 and older. Registration required.

Wednesday Book Club, Wednesday, Dec. 4, 7 p.m. As much a part of Christmas as mistletoe and carolers, Charles Dickens' "A Christmas Carol" was once read publicly on Christmas Eve each year by Dickens himself.

Babble and Brew, Thursday, Dec. 5, 10 a.m. Don't let the cold weather get you down. Come on in to the library for some climatecontrolled fun. We will have coffee for you and exciting, age-appropriate toys for the kiddos.

Graphic Novel Book Club, Monday, Dec. 9, 4 p.m. Join us for an exciting Graphic Novel Book Club at the library. Kids in grades 4-7 can dive into the world of colorful stories, amazing characters and thrilling adventures. Each month, we'll read a different graphic novel and discuss the art, plot and our favorite moments. Whether you're a comic book expert or new to graphic novels, everyone is welcome to join the fun. The December book is "The Dragonet Prophecy" (Wings of Fire: Book No. 1). Registration required.

Lego Club, Tuesday, Dec. 10, 3:45 p.m. Engage in learning through stacking and building with these deceptively simple bricks. Enhance your problem-solving skills and teamwork. For ages 8-16. Registration required.

Adult Evening DIY, Thursday, Dec. 12, 6 p.m. Join us for a fun crafty evening. We'll be making a winter-themed tic-tac-toe board to enjoy with friends and family or gift to someone you care for. Ages 17 and older. Registration required.

... Ready for It? Friday, Dec. 13, 6 p.m. Join us for a family-friendly after-hours celebration in honor of Taylor Swift's birthday. TS-themed crafts, karaoke, dancing and lots of laughs. Dressing in your favorite Era or Swift-inspired outfit is encouraged. All ages are welcome.

Monday Book Club, Monday, Dec. 16, 2 p.m. December is the season of giving, and there's no better gift than a book recommendation. This month, everyone will bring their favorite book (or books if you can't pick just one) to discuss and recommend to the group. There is no set book for this month.

GenNEXT: Teen and Tweens, Monday, Dec. 16, 4-4:45 p.m. We will have a delicious time getting into the holiday spirit while creating a dessert charcuterie board fit for center stage at any family gathering. For ages 11-17. Registration required.

Comets Kids Club, Tuesday, Dec. 17, 4-4:45 p.m. Kids will create their own holiday-themed craft. Registration required.

Adult Coloring, Tuesday, Dec. 17, 5-7 p.m. Join us for a relaxing evening of coloring. Colored pencils and gel pens will be provided. You are also welcome to bring your own. Ages 17 and older. No registration required.

Messy Munchkins, Thursday, Dec. 19, 10-11 a.m. This fun-filled program invites little ones to dive into sensory play with squishy, splattery activities. Dress them in old clothes and watch as they explore, create and get delightfully messy in a safe environment.

Family DIY Drop-In Holiday Craft, Monday, Dec. 23. Bring the whole family to the library and make an adorable mini-wreath. A craft designed for all ages to create and put on display. Available all day while supplies last. ■

Accredited

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HOME STATE BANK

Happenings

JOIN US AT LIGHT UP POLK CITY



Home State Bank is excited to sponsor the Reindeer and Sleigh photo area at Light Up Polk City on December 6.

Make sure to stop by, take photos, and create fun memories while meeting our amazing team members!







LAST MONTH FOR SWITCH & GIVE!

Our Switch & Give promotion ends on December 31, 2024! Open any new checking and/or savings account and we'll donate \$25 to a predetermined local charity* of your choice! Choose from 18 local charities to donate to when you switch to Home State Bank!

JOIN OUR SAVINGS CLUBS!

Eliminate financial stress over the holidays with our Christmas Club. Plan that muchdeserved vacation with our Vacation Club. These saving accounts include variable interest rates helping your save more, faster!

DONATIONS

\$680

Polk City Fall Fest - Balloon Artist Sponsorship

CLOSURES

November 28: Thanksgiving Day

101 E. Bridge Road | Polk City | 515-329-8801







Disclaimer: All account requirements, including minimum opening deposit, must be met to qualify for offer. See bank for details. Can open no more than two accounts per tax ID number for this offer (maximum of \$50 donated on your behalf). *Customer must choose from a predetermined list of local charities. Promotion valid through December 31, 2024 at our Polk City location only

FINANCE

By Rachel Moler

HOW TO have a financially stress-free

The holidays can bring us a lot of joy, laughter and fun, but they can also bring with them a lot of financial stress. Between holiday meals, gifts, travel and more, the financial burden of holidays can quickly become overwhelming.

But here's the good news. It doesn't have to be this way. With some planning, budgets and mindfulness, you can have a stress-free holiday season.



1. Create a realistic budget and stick to it

Creating a budget can be simple, but the hard part for most people is sticking to it, especially during the holidays when there are sales in every store. Setting budgets is the first place to start. Choose categories like "gifts," "meals" and "travel" and set a budget for each.

2. Choose experiences over gifts

One way to avoid stress is to opt for more experiences rather than gifts for the holidays. While we know experiences aren't all free, some are, and those experiences can be done throughout the year, not only the holidays. This offers more family time, fun and less money spent on gifts that will take over your home and hardly be used.

3. It's OK to say no

It can be difficult to say "no," but if something doesn't fit within your budget or schedule, it's OK to say it. There are never-ending parties and events to go to, and these can quickly drain both your bank account and energy levels. Choose events that fit you and your needs.

4. Divide and conquer

When it comes to meals or parties, the cost to host and cook can add up quickly. Don't be afraid to ask for help. Make it a potluck or assign people to bring specific items like decorations, dessert or drinks to lighten the financial load. Remember, this is the season of giving, and people want to help out.

5. Shop earlier

While you may be waiting for those holiday sales, if you have your budget and know what gifts your family and friends want, shop earlier to avoid hassles and overspending. This will also allow you to enjoy the holidays more as you won't be needing to make all those trips to the store and don't have to worry about shipping or stocking concerns.

6. Look into savings programs

Financial institutes usually have specific savings programs to help you avoid financial stress. This is an easy way to save money throughout the year to use for those special occasions without stretching you financially.

Talk with a banker to learn more about how you can have a financially stress-free holiday season. ■

Information provided by Rachel Moler, universal banker, Home State Bank, 101 E. Bridge Road, Polk City, 515-329-8801.

HEALTH By Dr. Todd Pietig

MEET Hilary Seibert

First-year kindergarten teacher

Hilary Seibert is in her 10th year of teaching school. However, this is her first year at North Polk, where she teaches kindergarten at Central. The growing district currently offers eight sections of kindergartners at Central and West combined.

Seibert has lived in Polk City for five years and previously taught at Des Moines Public Schools and Johnston Schools. She was eager to teach closer to her home.

"I always wanted to teach in North Polk. People spoke highly of the school," she says.



Hilary Seibert, who is in her 10th year as an educator, joined North Polk this year as a kindergarten teacher at Central.

She knew early on she wanted to be a teacher. She taught at a dance studio and liked teaching children. Her family members were involved in the teaching profession as well.

"I've learned from my family, which has been in teaching for 30 years," she says. "I've been inspired by them."

Part of why she chose to teach kindergarten is because of her own kindergarten teacher.

"I remember, in kindergarten, my teacher loved us. She was always excited to teach and show us fun experiences."

Seibert attended kindergarten half days and recalls a 100-days-ofschool activity where they did 100 exercises.

"I remember that as a kindergartener. I hope to do the same with my students."

Kindergarteners come with their own set of strengths.

"It's my job to celebrate their successes — whether it's reading or writing. You get to set the foundation of learning, joy and growth throughout the year," she explains. "They are so pure and honest and tell it like it is. They are sweet, innocent and curious — with good intentions. I can learn from them, too,"

As kids work at a different pace, strong support outside the classroom is essential.

"When kids and families work together to practice things at home, they are the most successful," she reflects. "Parents are surprised at how much they grow as little people."

Seibert has two young kids who are not quite school age, but she hopes they attend the same school she teaches at.

"I'd love for them to go to the school where I work," she says. "There's pros and cons about that."

Seibert says the most challenging part of her job is multitasking.

"I'm just one teacher trying to meet all their needs at once. It's all about finding balance."

As it's her first year in the district, Seibert feels fortunate for a warm welcome by the North Polk district.

"I've been blown away by all the support in the district. I'm lucky to work with a great group of kids." ■

WHAT IS glaucoma?

Glaucoma is a common eye disease that can damage the optic nerve, resulting in loss of vision. It happens from increased pressure inside the eye, which is why we check the pressure at every eye exam. Our eye produces a fluid, aqueous humor, which needs to drain out of the eye. If the fluid is not draining out enough or too much is produced, you get a buildup of pressure inside the eye. Over time, this damages the optic nerve,



which results in blind spots and possibly tunnel vision. Vision loss from glaucoma can be prevented with early treatment. The first line of treatment consists of taking eye drops daily to lower the pressure in the eye. There are other treatments such as lasers and surgeries that can be done if needed. The thing about glaucoma is you don't know you have it if you don't get your eyes checked. There are no early symptoms like pain or blurry vision to give you a clue that there is a problem. Glaucoma is hereditary, so if you have a family member who has the condition, then it's advised to get your eyes checked yearly. Also, people with diabetes are twice as likely to get glaucoma. Luckily, the disease usually progresses slowly so, as long as one gets their eyes checked, it should be easily detected and treated.

Information provided by Dr. Todd Pietig, Ankeny Family Vision Center, 311 N. Ankeny Blvd., Ankeny, 515-964-1671.



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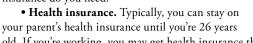
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INSURANCE By Corey Hoodjer

GETTING started with insurance

As you transition from relying on your parents to being an independent adult, managing your finances is a big deal. Insurance is an important part of that planning.

If something unpredicted happens, you need insurance to help cover the costs. But what type of insurance do vou need?



old. If you're working, you may get health insurance through your employer. If you're a student, you might have health insurance options through your school. Otherwise, you'll need to buy health insurance on your own. There are several options available to purchase your own health insurance policy.

- Renter's insurance. If you're a college student and your parents have homeowner's insurance, their policy may cover your personal belongings. Otherwise, you may need renter's insurance.
- Auto insurance. You can stay on your parent's car insurance policy as long as you live with them or you're a college student. Once you move out, you need to get your own policy. Being a good student with a safe driving history can help keep rates as affordable as possible.
- Life insurance. You have a lower risk of medical conditions when you're younger and healthier. That means your life insurance premiums will probably be lower, so it may be a good time to get a policy in place.

Information provided by Corey Hoodjer, Farm Bureau Financial Services, 101 E. Bridge Road, Suite D, Polk City, 515-420-6160. The guarantees expressed are based on the claims-paying ability of the life insurance company. Neither the Company nor its agents give tax, accounting or legal advice. Consult your professional advisers in these areas. Registered Representative/Securities & services offered through FBL Marketing Services, LLC,+ 5400 University Ave., West Des Moines, IA 50266, 877/860-2904, Member SIPC. Farm Bureau Property & Casualty Insurance Company,+* Western Agricultural Insurance Company,+* Farm Bureau Life Insurance Company+*/West Des Moines, IA. +Affiliates. *Company providers of Farm Bureau Financial Services.

INVESTMENT By Kyle Matzen

WHICH IRA is right for you?

Two IRAs are available — the traditional and the Roth. Which is best for you?

With a traditional IRA, you generally invest pre-tax dollars, and your earnings grow tax-deferred. With a Roth IRA, your contributions aren't deductible, but you can typically withdraw your earnings tax-free once you're 59 1/2 years old and you've had your account at least five years. Taxes and penalties apply to both types of IRA if you withdraw earnings before you're 59 1/2.



If you think you'll be in a higher tax bracket when you retire, you might want to consider a Roth IRA. Conversely, if you think you might eventually be in a lower tax bracket, you might lean toward a traditional

With a traditional IRA, you'll eventually have to take withdrawals or face penalties. But you can keep your Roth IRA intact and even pass it on to your heirs.

You may not be able to contribute to a Roth IRA if your income exceeds certain levels. Income limits don't apply to a traditional IRA if you and your spouse have no retirement plan available through an employer.

Compare the two IRAs carefully — and make the choice that's right for you.

This content was provided by Edward Jones for use by Kyle Matzen, your Edward Jones financial advisor at 407 W. Bridge Road, Suite 7, Polk City. Member SIPC

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FORDYCE looks to the future

Contributing to Elkhart's growth

Brad Fordyce moved to Elkhart in June 2017 after spending several years in Polk City. When looking for a community that was a bit smaller but still within the North Polk School District, Elkhart felt like the perfect fit.

"My wife and I both grew up in towns of under 1,500 people," Fordyce says. "We wanted to maintain that small-town feel and thought Elkhart was the best choice."

Elkhart has a unique appeal due to its proximity to Des Moines — just 20 minutes from downtown making it a convenient option for commuting without sacrificing affordability. The cost of living in Elkhart is significantly more attractive than in other nearby

Despite the town's growth, Elkhart has kept its sense of community and predictability, which Fordyce also appreciates.

"I know when I drive by people that I can wave at them and they'll wave back," he says. "My kids can go down the street and play without fear. We have wonderful park facilities. We have above-average school districts. There's no reason to leave. I'm 20 minutes from everywhere I need to be."

In terms of amenities, Elkhart is evolving. A daycare opened in recent years, and a long-awaited gas station project is in the works. This isn't just any gas station, either; it will serve as a community hub, featuring seating areas, a wine-tasting section and food options.

"This isn't a tiny little hole-in-the-wall, small-town gas station," Fordyce says. "We're excited what it will bring to the rest of the community."

One of the biggest reasons Fordyce appreciates Elkhart is his involvement in the city government. Starting with planning and zoning, he was later encouraged to run for the city council, where he just began his second term. In that role, Fordyce has dedicated his time to thoughtfully guiding Elkhart's growth.

"If you don't control the growth, the growth will control you," he says.

His vision and leadership has helped enhance the city's infrastructure and increased staff to support it, as well as improved amenities for the community.

The city is wrapping up a \$5.3 million water treatment plant, promising high-quality water for residents while maintaining competitive rates. The city has also received recognition for innovative projects, like transforming old sewage lagoons into fishing ponds at Prairie Point Park. This new recreation area now features walking paths, a basketball court and a fully fenced-in park.

Fordyce credits the North Polk school district for encouraging more



Brad and Molly Fordyce and their family moved to Elkhart in 2017 and enjoy small-town

unity among the nearby cities, helping solidify Elkhart's place as a thriving community with a promising future. Looking ahead, Fordyce and other Elkhart leadership are positioning the town to be a strong candidate for a new elementary school, which would further solidify the town's growth.

Ultimately, Fordyce's passion and dedication ensure that, while the town grows, it remains a place he and his family are proud to call home.

"There's a lot here," he says. "It's not just a small bedroom community." ■

EVENTS IN THE AREA

Be sure to check for cancellations.

Upcoming in North Polk Living magazine:



Holiday recipes: Do you have a holiday recipe that has special meaning to you? Will you share it with our readers? Email tammy@iowalivingmagazines.com by Nov. 27 to have it included in our December issue.



First cars: Do you remember your first car? Do you have a photo of yourself with it? Or maybe you still own it? We want to hear your stories. Email tammy@iowalivingmagazines.com by Dec. 22 to be included in the January issue.

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Bake Sale, White Elephants and Dinner

Saturday, Nov. 23, 9 a.m. to 1 p.m. Masonic Temple, 106 Third St., Polk City.

Polk City O.E.S. Chapter 361 will host a bake sale, white elephants and dinner. Dinner is 11 a.m. to 1 p.m. Cost is \$10 for adults, \$5 for children ages 5-10, and free for kids 4 and younger. Carryouts will be available. The bake sale features homemade mincemeat and apple butter, cashews, pecan halves, mixed nuts, butter toffee peanuts, chocolate amaretto pecans and chocolate-covered peanuts.



Breakfast with Santa

Dec. 14, 9-11 a.m. The Wing at the Polk City United Methodist Church, 1421 W. Broadway St.

You are invited to a pancake breakfast. Decorate cookies and visit with Santa. New this year is Santa's Workshop. Children are invited to "shop" for and wrap Christmas gifts for their loved ones.

Sponsors and donations sought for gala

The Polk City Community Foundation is planning its annual Winter Wonderland Gala, which will be held on Saturday, Jan. 11 at the FFA Enrichment Center in Ankeny. The gala will include a program, dinner and live auction. Proceeds will benefit Polk City and the foundation's nonprofit partnerships in the area.

Polk City Community Foundation (PCCF) was formed in 2008 as an affiliate of the Community Foundation of Greater Des Moines. The Foundation was formed to assist in improving the quality of life in Polk City and surrounding communities through philanthropy. PCCF provides an opportunity for donors to direct their donations to the projects that are important to them. They do this by raising money through donations, planned giving, grants and fundraising. This year, the Foundation has a big goal — to raise \$150,000.

The foundation encourages the public to support the event as an attendee, sponsor or donor. Donations can be made by credit card online at getmeregistered.com/PCCFWinterGala or by check mailed to Polk City Community Foundation, P.O. Box 52, Polk City, IA 50226.



EVENTS IN THE AREA

Be sure to check for cancellations.

ENJOY CRAFT AND VENDOR SHOWS

Elves' Toyland Craft Show

Saturday, Nov. 23, 9 a.m. to 3 p.m. Runnells Community Center, 108 Brown St.

Plan a trip to Runnells for its annual holiday craft show.

Fall Makers Market

Sunday, Nov. 24, 11 a.m. to 4 p.m.

Jester Park Nature Center, 12130 N.W. 128th St., Granger

Shop for gifts or goods just in time for the holiday season. This year's event has expanded from the Jester Park Nature Center and Outdoor Recreation buildings to include the Jester Park Lodge. With more than 60 local makers, artisans and hand crafters, you are bound to find something for everyone on your list. Admission is free. Pho Wheels & Sushi, Miss Casey's Donut Delights, and Travelin' Tom's Coffee Truck will be on site. www.jesterparknaturecenter.com/calendar-events/fall-makers-market

Holiday Hop

Saturday, Nov. 23, from 8:30 a.m. to 1:30 p.m. Multiple locations in Winterset

Winterset's Holiday Hop is a time when the community's churches and several other organizations come together to offer a city-wide craft and bake sale featuring hand-crafted items, vintage Christmas decorations, baked goods, lunches, treats, artwork, door prizes and much more. Each of the 11 locations contributes gift cards as door prizes. Get your ticket punched at each site and enter it for the drawing. As an added benefit, the churches use money raised at the holiday hop to support its charitable projects.

Participating stops include:

- First Christian Church, 103 W. Green St.
- First United Methodist Church, 309 E. Jefferson St.
- First United Presbyterian Church, 210 W. Green St.
- Foursquare Church, 224 E. Court St.
- New Bridge Church, 1305 W. Jefferson St.
- St. Joseph Catholic Church, 1026 N. Eighth Ave.
- St. Paul Lutheran Church, 1120 N. Eighth Ave.
- Spotlight Dance Legacy, 116 E. Court St.
- Stop and Shop Craft Fair, Madison County Fairgrounds

Community Building

- Winterset Art Center, 224 S. John Wayne Drive
- Winterset Public Library, 123 N. Second St.

Christmas in Olde Town

S.E. Second St., downtown Altoona Saturday, Nov. 30

Once a year, downtown Altoona transforms into a bustling winter wonderland for Christmas in Olde Town — a celebration of the community and the holiday season. Load up your sleigh with family and friends and enjoy live music, walking tours, the annual Christmas tree lighting ceremony, a light show, and a special appearance from the Big Guy himself. Family-friendly activities start at 2 p.m. https:// altoonahistory.org/christmas

Jingle in the Junction

Thursdays, Dec. 5, Dec. 12, Dec. 19, 5-8 p.m. Valley Junction

The holiday season is in Valley Junction as many businesses extend their hours on Thursday nights to give you more time to find the perfect holiday gift, enjoy dinner and enjoy three blocks of free entertainment on Fifth Street under the glow of more than 100,000 holiday lights. Enjoy free horse-drawn trolley rides, ice carvings, photo op, a Christmas Tree Lighting Ceremony at 6 p.m. in front of the West Des Moines Fire Administration Headquarters at 318 Fifth St., rotating entertainers, live reindeer, carolers, and Santa and Mrs. Claus at the Historic Valley Junction Foundation office from 6-8 p.m.

Holiday Promenade

Fridays, Nov. 22 to Dec. 20 Historic East Village

The Greater Des Moines Partnership and the Historic East Village Neighborhood Association will spread holiday cheer during the Holiday Promenade, an exciting, free celebration full of holiday-themed activities, entertainment, shopping and family-friendly fun. A number of activities will be scheduled throughout the five Fridays including tree lighting, a scavenger hunt, ice skating and more. During the Holiday Promenade dates, Historic East Village retailers are encouraged to remain open until 8 p.m. while restaurants and attractions are open later.



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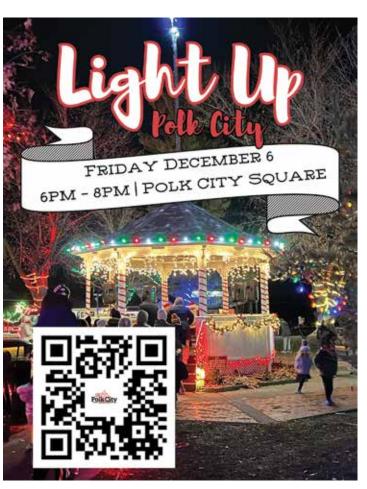
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www.dmallsaints.org

 2^{nd} Ave south to 54^{th} Ave, then east to 3^{rd} St 3^{rd} St south to 52^{nd} Ave, then east to the church



CHAMBER By Staci Allen

FEELING thankful

Let's celebrate Polk City's amazing local businesses.

As the seasons change and we reflect on what we're thankful for, there's no better time to shine a spotlight on Polk City's fantastic local businesses. Polk City Chamber and Economic Development is bursting with gratitude for the incredible support our community shows our local shops and services. This support makes Polk City such a special place to call home.



Shopping local isn't just about fulfilling a need; it's about investing in our community's future. When you choose to shop at a local store, dine at a neighborhood restaurant or use a local service, you're directly contributing to the vibrancy of Polk City. These businesses not only create jobs and foster creativity but also play a significant role in making our city lively and welcoming — a place we can all be proud to call home.

Have you explored our member directory lately? It's a treasure trove of Polk City's finest businesses, each offering something distinct that you won't find elsewhere. Whether it's the allure of charming boutiques and handmade goods, the necessity of essential services or the temptation of delicious dining options, our local businesses provide personalized experiences and top-notch products that set Polk City apart. Take a moment to delve into the directory, discover your new favorite spot and show your support for the businesses that keep our community vibrant.

Our strong sense of community makes Polk City feel like home. Our local business owners aren't just entrepreneurs; they're your neighbors and friends who genuinely care about improving our city. Many go the extra mile by sponsoring events, volunteering their time and supporting local causes. Their efforts help build the connections that make Polk City a warm and welcoming place for everyone.

As we pause to express our gratitude, let's also remember to show our appreciation to the local business owners who work tirelessly to serve us. A simple "thank you" can mean the world to them. Whether it's a friendly chat, a glowing review or just choosing to shop local, your support is a powerful force that can make a significant difference. It's our collective responsibility to ensure the success of our local businesses, and, by doing so, we empower ourselves to shape the future of Polk City.

Polk City's true strength lies in its community spirit and the teamwork between residents and businesses. By continuing to shop locally and back our business members, we're ensuring Polk City remains a beautiful place to live, work and play for years. Let's embrace this season of gratitude by celebrating the businesses that add so much character to our city and nurturing the sense of community that makes Polk City feel like home.

Together, we can make Polk City even better. Check out our member directory today and discover the fantastic local businesses that make our hometown special. Thank you to all our local business members for your dedication and being the foundation of our community's success. Let's keep supporting each other and making Polk City the fantastic place we love. ■

Information provided by Staci Allen, Executive Director, Go Polk City Chamber, P.O. Box 226, Polk City IA 50226, 515-984-3098, admin@polkcitychamber.com.

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OUT & ABOUT

RIBBON Cutting

The ribbon cutting and open house for Polk City City Hall was held Oct. 22.



DeArliss Karsjen, Jaxon Wilkins and Kelly Wilkins



Dave Inghram and Denny Sharp



Michael Kline and Eric Hockenberry



Chelsea Huisman and Staci Allen



Jason Ledden and Cory Sharp



Mike Schulte and Jeff Walters



Cindy and Caleb Sturtz



Rob Cupp and Rob Sarchet



Noah Schulte and Ben Fisher

OUT & ABOUT

CHAMBER Lunch

The Polk City Chamber lunch was held at Luana Savings Bank on Oct. 23.



Kimberley Jackman and Staci Allen



Rose Taylor and Reyna Myott



Ringo Kienitz and Taylor Maiefski



Shawn Comer and Brandon Converse



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BATH & SHOWER UPDATES in as little as ONE DAY! Affordable prices - No payments for 18 months! Lifetime warranty & professional installs. Senior & Military Discounts available. Call: 1-855-315-1330. (mcn)

INJURED IN AN ACCIDENT? Don't Accept the insurance company's first offer. Many injured parties are entitled to cash settlements in the \$1000's. Get a free evaluation to see what your case is really worth. 100% Free Evaluation. Call Now: 1-888-767-0798(mcn)

YOU MAY QUALIFY for disability benefits if you have are between 52-63 years old and under a doctor's care for a health condition that prevents you from working for a year or more. Call now! 1-888-924-0449. (mcn)

Prepare for power outages today with a Generac Home Standby Generator. Act now to receive a FREE 5-Year warranty with qualifying purchase. Call 1-877-228-5789 today to schedule a free quote. It's not just a generator. It's a power move. (mcn)

Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today, 20% off Entire Purchase, Plus 10% Senior & Military Discounts, Call 1-855-577-1268, (mcn)

Safe Step. North Americas #1 Walk-In Tub. Comprehensive lifetime warranty. Top-of-theline installation and service. Now featuring our FREE shower package and \$1600 Off for a limited time! Call today! Financing available. Call Safe Step 1-844-290-5083. (mcn)

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Replace your roof with the best looking and longest lasting material steel from Erie Metal Roofs! Three styles and multiple colors available. Guaranteed to last a lifetime! Limited Time Offer- up to 50% off installation + Additional 10% off install (for military, health workers & 1st responders.) Call Erie Metal Roofs: 1-844-907-2386. (mcn)

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Attention oxygen therapy users! Discover oxygen therapy that moves with you with Inogen Portable Oxygen Concentrators. Free information kit. 1-866-477-9045 (ACP)

ATTENTION MEDICARE RECIPIENTS! Open Enrollment for Medicare health plans is here! Call our licensed insurance agents for an affordable quote for your needed coverage. Make sure you aren't overpaying! Call for a no obligation free quote now! 1-866-714-6165 (ACP)

HOME SERVICES

Aging Roof? New Homeowner? Got Storm Damage? You need a local expert provider that proudly stands behind their work. Fast, free estimate. Financing available. Call 1-888-878-9091 (ACP)

Water damage cleanup: A small amount of water can cause major damage to your home. Our trusted professionals dry out wet areas & repair to protect your family & your home value! Call 24/7: 1-888-872-2809. Have zip code! (ACP)

MISCELLANEOUS

Prepare for power outages today with a Generac Home Standby Generator. Act now to receive a FREE 5-Year warranty with qualifying purchase* Call 1-855-948-6176 today to schedule a free quote. It's not just a generator. It's a power move. (ACP)

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Bath & shower updates in as little as 1 day! Affordable prices - No payments for 18 months! Lifetime warranty & professional installs. Senior & military discounts available. 1-877-543-9189 (ACP)

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Replace your roof w/the best looking & longest lasting material steel from Erie Metal Roofs! 3 styles & multiple colors available. Guaranteed to last a lifetime! Limited Time Offer up to 50% off install + Additional 10% off install (military, health & 1st responders.) 1-833-370-1234 (ACP)

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We buy houses for cash as is! No repairs. No fuss. Any condition. Easy three step process: Call, get cash offer & get paid. Get your fair cash offer today by calling Liz Buys Houses: 1-844-877-5833 (ACP)

A FANTASTIC FALL FOR FINE ARTS

North Polk Activities has had an incredible few weeks! A huge congratulations to our talented vocalists accepted into the All-State Chorus: Aurden Selmecki (2nd year), Jordan Rasmussen (2nd year), and Nathan Harrington (1st year). They will rehearse in Ames on November 22-23, culminating in a concert at Hilton Coliseum on November 23 at 7:30 PM. This marks the 78th anniversary of the Iowa All-State Festival, where about 17% of auditioning students are selected. The concert will be recorded by Iowa PBS for later airing.

On another note, the North Polk Marching Comets had a stellar season, achieving several top finishes, including:

- **1st Place Class 3A** at the Urbandale Marching Invitational, including Best Drumline and Best Colorguard in Class 3A
- 2nd Place Class 3A at the Marching Dutch Invitational
- **1st Place Class 3A** and multiple awards at Valleyfest, including Best Drumline and Best Music, Best Hornline, and Best Soloist (Jordan Rasmussen) in Class 3A
- Division I Rating at the State Marching Contest
- 2nd Place Class 3A at the Mid-lowa Band Championships

Director Brandon Weeks praised the students for their hard work and

impressive achievements, noting this season featured the band's highest scores in over two decades. Thank you to everyone who supported the program this season!











PEN PALS: A JOURNEY OF FRIENDSHIP AND LEARNING

In today's digital age, receiving a handwritten letter is a special experience. This month, our 5th graders at Central began a pen-pal journey with Morris Elementary in Des Moines. Inspired by Central Elementary's administrative assistant, Ms. Sharon Knapp, who shared her heartwarming story of a long-time pen pal from Hawaii, students are excited to create meaningful connections.

Central is thrilled to revive the joy of letter writing! Through this Pen Pals program, students will enhance their writing skills, explore different cultures, and make new friends. Each student will be paired with a pen pal, sharing thoughts and experiences through letters.

Thank you to Counselor Roberts for facilitating this wonderful opportunity and showcasing our commitment to nurturing curious learners who value connection!

PARTICIPATE IN OUR STRATEGIC SURVEY!

The district has recently partnered with Heartland AEA to look at refreshing our strategic plan. As part of this effort, we will gather insights on our collective commitments, values, and mission statement, as well as feedback on the five-year Board of Education goals established during the 2022-2023 school year. This process will also enhance our understanding of future facilities and staffing needs.



Your input is crucial as we assess these needs. We encourage everyone in the community to participate by completing a brief survey. Your feedback is vital as we shape the future of our district together. Thank you for your involvement!

The survey closes November 27. Please scan the QR code below to access the short survey. >>



NPCSD IS HIRING!

Join Our Team!

We're hiring for multiple positions at North Polk Schools, including a much-needed van driver! If you're passionate about making a difference and supporting our students and

community, we want to hear from you. Interested applicants can apply now by scanning the QR code below! >>



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