

# JOHNSTON *Living Weekly*

FREE!

WWW.IOWALIVINGMAGAZINES.COM

 A BIG GREEN UMBRELLA MEDIA PUBLICATION

WE'VE GOT YOU COVERED!

## GIRLS QUALIFY FOR NATIONAL MEET

A group of runners from seven states competed in South Dakota for the opportunity to race against the best teams in the United States at the Nike National Meet in Portland, Oregon, in December. The Dragons qualified for the first time in program history. The varsity squad placed second in the championship race. Highlights include:

- **Alyx Woodley** placed 13th with a time of 17:35. Her speed broke a Johnston High School record set in 2015. She also earned a spot on the NXR Second Team All Region.
- **Payton Crabb**, 40th place, 18:09
- **Ele Wharton**, 45th place, 18:12
- **Audrey Dummermuth**, 56th, 18:19
- **Aubrielle Tousey**, 109th place, 18:50
- **Jayna Lamping**, 141st place, 19:10
- **Lexie Wisham**, 166th place, 19:23 ■



The Johnston varsity girls cross country squad qualified for the Nike National Meet for the first time in program history. From left: Jayna Lamping, Lexie Wisham, Alyx Woodley, Aubrielle Tousey, Payton Crabb, Ele Wharton and Audrey Dummermuth.

### JOHNSTON WEATHER FORECAST

**WED. HIGH 42 | LOW 26**  
Cloudy, windy and cooler



**THURS. HIGH 39 | LOW 28**  
Breezy with times of clouds



**FRI. HIGH 43 | LOW 27**  
Sunny to partly cloudy



**SAT. HIGH 40 | LOW 30**  
Partly sunny



**SUN. HIGH 48 | LOW 33**  
Partly sunny



**CHARTER BANK**

*Chart Your Success With Us 24/7!*

5526 N.W. 86th St., Johnston • 331-2265

Member FDIC

[CharterBanker.com](http://CharterBanker.com)



TO SUBSCRIBE TO THE FREE DIGITAL VERSION OF THIS WEEKLY NEWSLETTER, SCAN THIS QR CODE.

FROM THE PUBLISHER

# IT WILL ONLY TAKE AN HOUR

About an hour. That’s how much time we are told many projects, tasks, meetings, etc. take to do. Think about it.

A church service is typically one hour. TV drama shows are one hour. School courses are an hour, including a few minutes to get to the next one-hour class. Meetings at work are often one hour. If you want a massage, it is typically one hour. Even our lunch breaks are one hour.

Years ago, when we had film processed, the bragging point for some labs was one-hour development. Eyeglass shops still tout one-hour services. Many heating and cooling businesses say they will be on site in an hour. Our entire speeding law system is based on miles per hour. And many of us are even paid by the hour.

So, what exactly is so special about one hour? Well, it apparently has more to do with 60 — the

number of minutes in one hour.

According to Live Science, the use of 60 began with the Sumerians who used base 12 (duodecimal) and base 60 (sexagesimal) as their numbering systems. Here are a few theories on why they chose these systems:

First, according to the book “The Universal History of Numbers,” many ancient cultures used the three segments of each finger to count to 12 on one hand. It is believed that 60 came from using five fingers of one hand with the 12 segments of the other. My fingers are in knots just thinking about this.

Another theory is that, when written in sexagesimal, fewer fractions have repeating decimals (example:  $1/3 = 0.333$ ). This is significant because the Sumerians



did not have a notion of repeating-digit fractions. And, for the most part, I don’t either.

If the first two didn’t make much sense to you, then this final theory might. Twelve was an important number to the Sumerians. It was the number of lunar cycles in a year and the number of constellations of the Zodiac. Day and night were each divided into 12 periods to create the 24-hour day.

So, 12 apparently relates to 60, which apparently relates to one hour. If all this is as clear as mud, take about an hour and let it soak in.

Have a great week, and thanks for reading. ■

Shane Goodman  
President and Publisher  
Big Green Umbrella Media  
shane@dmcityview.com  
515-953-4822, ext. 305



JOHNSTON  
*Living Weekly*

A publication of Big Green Umbrella Media, Inc.  
8101 Birchwood Court, Suite, D, Johnston, IA 50131  
www.iowalivingmagazines.com



**News contact**  
Tammy Pearson  
515-953-4822, ext. 302  
tammy@iowalivingmagazines.com



**Advertising contact**  
Andrea Hodapp  
515-953-4822, ext. 322  
andrea@iowalivingmagazines.com

# JOHNSTON LIBRARY NEWS

For information about all events and resources at Johnston Public Library, visit [www.johnstonlibrary.com](http://www.johnstonlibrary.com) or by calling the library at 515-278-5233.

Have a crafty kid? Then our **Needle Felted Hair Clips program** is a perfect fit. For this craft, special needles are used to sculpt objects out of wool. On Thursday, Nov. 21 from 4:30-5:30 p.m., we'll be sculpting fuzzy hair clips (or fancy paper clips for those who prefer). Registration is required for this creative event.

School's out! On Nov. 27, JPL's **Teen Space** will have extended hours so teens can hang out at JPL. There will be several video game tournaments to join from 1-5 p.m. The event is for kids in sixth grade and up.

Have you always wanted to make homemade gifts for coworkers, teachers, family and friends but aren't sure where to begin? Then **Homemade-ish: Essential Oil Bath Salts** is the perfect maker class for you. On Saturday, Nov. 21 from 10:30-11:30 a.m., Jamie Seitz will show you how to create homemade bath salts that you could re-create yourself this holiday season or any time of year. Registration is required for this essential (oil) experience.

Kids in grades 6 and older can battle it out in the stacks at our Hunger Games-themed Nerf war or just enjoy the movie and snacks at the **Happy Hunger Games After-Hours Nerf War and Potluck Candy Salad Party** on Friday, Nov. 22 from 6:30-8 p.m. Registration is required, but Nerf blasters and candy donations are optional.

**Adult English Language Learning Classes** resumed this month. For information about classes and schedules, check the library website or call the library. ■

# HOLIDAYS AT THE TOWN CENTER

The annual Holidays at the Town Center, Saturday, Dec. 7, 4-7 p.m., will feature free ice skating, a visit with Santa and his reindeer, samples from local businesses and a community tree lighting. Santa arrives at 4 p.m. with the tree lighting at 5 p.m. Dancer's Theatre performance is 4:30-4:45. Unaccompanied Minors perform 5:30-5:50 p.m. Food trucks onsite will be Flame and General Lee's Smoke Shack. Free carriage rides from TAGA Shires will be offered around the Town Center with a bag of non-perishable food donations for the food pantry and Mayor's Run for Food. Visit with reindeer, enjoy children's craft with the Johnston Public Library, join free cookie decorating with Northpoint Church, participate in a children's activity with Raising Cane's and view live ice sculpting. First Baptist Church of Greater Des Moines will provide a children's game and hand out candy and miniature flashlights. ■

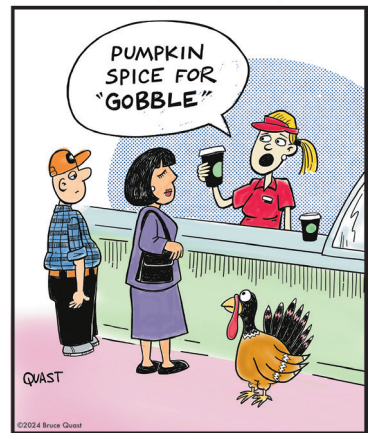
# KIWANIS MEETINGS

The Kiwanis Club meets at noon on Tuesdays at Cozy Cafe, 8385 Birchwood Court in Johnston. The public is invited. ■

# 45TH ANNUAL MADRIGAL

The Johnston High School Choral Department will present the 45th annual Madrigal: "The Tragedy of Orpheus: A Comedy," on Dec. 4 and 5, 7 p.m., at the Johnston High School Auditorium. Enjoy an evening of festivities and feasting to kick off the 2024 holiday season. Tickets are on sale now at [www.gobound.com/ia/schools/johnston/tickets](http://www.gobound.com/ia/schools/johnston/tickets). ■

## Comfortably Dumb by Bruce Quast



STAY UP TO DATE WITH WHAT IS HAPPENING IN JOHNSTON! SCAN HERE TO RECEIVE THIS NEWSLETTER IN YOUR EMAIL EACH WEEK!



# SEEN IN JOHNSTON



Edencrest at Green Meadows celebrated Veterans Day by honoring veteran residents on Nov. 11.



Lon Brewer



Leland Schweer

## SIGN UP FOR EMERGENCY ALERTS

The City of Johnston uses CivicReady to send emergency alerts and other notifications. Subscribers can register to receive emergency alerts via phone call, text message, and/or email. Non-emergency messages will be sent by text and/or email. Examples of messages sent through CivicReady:

- A snow parking ban is in effect
- Missing persons
- Local threats
- Road closures and traffic alerts
- Utility service disruptions
- Other incidents that require rapid communication

If you wish to subscribe to emergency alerts by SMS text message only, text your zip code to 38276. Sign up at <https://public.alertsense.com/signup/?regionID=1615>.

## KEEP UP TO DATE WITH CITY NEWS

Stay up to date with general news and information from the City of Johnston by subscribing to Notify Me email and text notifications at <http://www.cityofjohnston.com/list.aspx>. By signing up, you can receive automatic notifications for:

- Calendar Events
- News Flash updates
- City of Johnston Job Postings
- Board, Council and Commission Agendas

**AMEGA**  
GARAGE DOORS  
& OPENERS, INC.

CALL US  
**515-633-2119**  
[AmegaGarageDoors.com](http://AmegaGarageDoors.com)

YOUR EXPERT SOURCE FOR  
**GARAGE DOORS**  
REPAIRS • NEW DOORS • OPENERS

**JTOWN**  
AUTO

COMPLETE AUTO REPAIR & TOWING 515-251-5839

**JOKE OF THE WEEK**



What's the most musical part of a turkey?  
*The drumstick!!!*

# SEEN IN JOHNSTON



**VETERANS HONORED:** Veterans honored at Meadowview of Johnston on Veterans Day were: Hugh Hardie - Army, Rick Emerson - National Guard, Rodney Olsen - Navy, Denny Gardner - Navy, Mark Calkins - Marine Corps. ■

## 'SPIES VS. SPIES MEETS AI'

In a world where information is king, big businesses spend billions on cyber security to defend against suspicious criminal activity — yet still fall short. With everyone on edge, and spies everywhere, is it possible to defeat AI? Find out in "Spies vs. Spies Meets AI," an original production by Adventures in Social Development featuring 22 high school and adult performers of all abilities from across the Des Moines metro. Performances are Friday, Nov. 22, at 7 p.m. and Saturday, Nov. 23, at 1:30 p.m. (ASL interpretation available) and 4 p.m. A reception with light refreshments follows all three performances. Tickets are general admission and may be purchased for \$10 at [givebutter.com/SPIES](https://givebutter.com/SPIES) with the option of making an additional donation. Performances are held at the Adventures in Social Development theater located at 8101 Birchwood Court, Suite B in Johnston. For more information on programs and opportunities to support Adventures in Social Development, visit [adventuresinsocialdevelopment.org](https://adventuresinsocialdevelopment.org). ■

## JOHNSTON LIONS CLUB BINGO

Enjoy bingo on the second Thursday of the month at the Lions Club House, 6501 Merle Hay Road. The next event is Dec. 12, 6-8 p.m. ■

## HISTORICAL SOCIETY OPEN HOUSE

Johnston Station Historical Society, 6161 Northglenn Drive, will hold its annual holiday open house Dec. 14 from 10 a.m. to noon. ■

## COMMUNITY GREETINGS

Johnston Community Greetings would like to welcome anyone new to Johnston with a welcome bag including discounts at local businesses and city information. Contact Missy Shepherd by phone, text or email at 515-991-5014 or [mshepherdgreetings@gmail.com](mailto:mshepherdgreetings@gmail.com). ■

## JOHNSTON PARTNERSHIP ENCOURAGES DONATIONS

The Johnston Partnership provides food and personal hygiene products to those in need. Almost 600 families are being served per month, so the need is high. In particular need at this time are grocery bags, toilet paper, shampoo and new or gently used kids clothing, sizes 2T to 18. Donations can be dropped off at 5870 Merle Hay Road, Suite C, Tuesdays from 9 a.m. to 1 p.m. and 4-6 p.m., and on Thursdays and Saturdays, 9 a.m. to 1 p.m.

Every third week of the month, they collect for the Friday food bag program that serves food insecure students at all nine Johnston schools. Currently they pack 220 food bags each week to go home with students. They can use fruit cups, macaroni and cheese, Ramen noodles, granola bars, individual shelf-stable milk and individual peanut butter. ■

**EVENTS IN THE AREA**EMAIL YOUR EVENT INFORMATION TO  
TAMMY@IOWALIVINGMAGAZINES.COM**CHRISTKINDLMARKET**

Dec. 5-8

**Principal Park, 1 Line Drive, Des Moines**

Christkindlmarket features regional vendors selling old-world, hand-crafted products from wooden vendor stalls, lively performances of polka music, traditional dance and choirs in Yuletide Hall; children's activities; Glühwein (warm, mulled wine) and European beer. [www.christkindlmarketdsm.com](http://www.christkindlmarketdsm.com)

**FAMILY CHRISTMAS AT LIVING HISTORY FARMS**

Saturday, Dec. 7, noon to 3 p.m.

**11121 Hickman Road, Urbandale**

Hear the sounds, see the sights, and smell the smells of a 19th-century Christmas.

Enjoy carolers, old fashioned demonstration, a craft, stories, and a visit with old St. Nick. Tickets are \$9 for ages 2 and up (\$8 for members). Buildings are heated. Bundle up for wagon rides. Tickets are available at <https://marketplace.lhf.org/Events.aspx>. [www.lhf.org](http://www.lhf.org)

**CENTRAL IOWA WIND ENSEMBLE**

Dec. 15, 3 p.m.

**Staplin Performing Arts Center at Valley High School, 3650 Woodland Ave., West Des Moines**

The Central Iowa Wind Ensemble (CIWE) welcomes audiences to its new performance home for a heartwarming holiday concert. In addition to celebrating the season through music, CIWE is honored to partner with the Boys and Girls Club of Central Iowa to bring the joy of music to youth across the community. For tickets, visit [www.ciwe.org/deck-the-halls-dsm](http://www.ciwe.org/deck-the-halls-dsm).

**HOLIDAY HO HO HOME TOUR**

Dec. 7, 5:30-9:30 p.m.

Around AnkenyTour several Ankeny homes decked out for the holidays. Each features its

own unique decorations, style and appetizers. All donations benefit the Wiedenman Family Foundation, wch was formed to undertake projects that will enhance Ankeny and the surrounding community. Tickets are \$25. For tickets, visit [www.hohohometour.org/event-details/tickets](http://www.hohohometour.org/event-details/tickets).

**DES MOINES CONCERT  
HANDBELLS WINTER CONCERTS**

Various dates and locations

Des Moines Concert Handbells will present three winter concerts with a variety of music. Bring your family and friends. Concerts are at Trinity United Presbyterian Church, 200 S. Howard St., Indianola, on Dec. 7 at 4 p.m.; Gloria Dei Lutheran Church, 8301 Aurora Ave., Urbandale, on Dec.13 at 7 p.m.; and at Plymouth United Church of Christ, 4126 Ingersoll Ave., Des Moines, on Dec. 14 at 3 p.m. A freewill donation will be accepted.

**FESTIVAL OF TREES AND LIGHTS**

Nov. 29 - Dec. 1

**Iowa Events Center, 833 Fifth Ave., Des Moines**

Expertly decorated trees, local musicians, dance groups and a visit from Santa himself, all in the name of supporting Blank Children's Hospital. Friday and Saturday hours are 11 a.m. to 7 p.m. and Sunday hours are 11 a.m. to 5 p.m. [www.unitypoint.org/giving/blank-childrens-hospital-foundation/ways-to-give/events/festival-of-trees-and-lights](http://www.unitypoint.org/giving/blank-childrens-hospital-foundation/ways-to-give/events/festival-of-trees-and-lights)

**HOLIDAY HULLABALOO**

Nov. 29 - Dec. 29

**Horizon Events Center,  
10320 Hickman Road, Clive**

The 2024 Holiday Hullabaloo is an immersive, family-friendly holiday experience that will surprise and delight guests this holiday season. Enjoy a variety of activities, entertainment and festivities that will allow you to create some fun holiday hullabaloo and memories. [www.holidayhullabaloo.com](http://www.holidayhullabaloo.com) ■



## RECIPE

# MINI MORSELS FOR A KID-FRIENDLY SNACK

*(Family Features)* Rally the family together to make and eat these bite-sized versions of corn dogs for an enjoyable, kid-friendly activity and snack. Parents will enjoy them, too, because they're easy to make, easy to eat and clean up is a snap. ■

## MINI CORN DOG BITES

### Ingredients:

- Nonstick cooking spray
- 1 package all-beef bun-length hot dogs
- 1 cup flour
- 1 cup yellow cornmeal
- 2 tablespoons sugar
- 1 teaspoon salt
- 1/2 teaspoon baking powder
- 1 stick butter, melted
- 1 cup milk
- 1/4 cup sour cream
- 2 eggs

### Dipping Sauce:

- 2/3 cup sour cream
- 3 tablespoons Dijon Mustard
- 2 tablespoons honey

### Directions:

Heat oven 375°F.

Prepare muffin pan with



nonstick cooking spray.

Cut each hot dog into six pieces.

In large bowl, whisk flour, cornmeal, sugar, salt and baking powder.

In medium bowl, whisk melted butter, milk, sour cream and eggs. Combine butter mixture with flour

mixture.

Fill each muffin cavity halfway with batter. Place one hot dog piece in center of each cavity.

Bake 14-16 minutes. Cool completely.

To make dipping sauce: In small bowl, stir sour cream, mustard and honey. Serve with corn dogs.

## IOWA GOLD STAR MILITARY MUSEUM

515-252-4531

### HOURS:

SUNDAY: CLOSED  
MONDAY: CLOSED  
TUES. - FRI.: 9AM - 3PM  
SATURDAY: 10AM - 2PM

AT CAMP DODGE ★ 7105 NW 70th STREET, JOHNSTON

**THIS SPOT IS AVAILABLE.**  
Contact Andrea Hodapp at  
[andrea@iowalivingmagazines.com](mailto:andrea@iowalivingmagazines.com)

## FLOORING SPECIALISTS

Family-owned, local business  
operating since 1999.



**THE FLOORING GUYS**

**NEW LOCATION  
NEW SHOWROOM  
COME CHECK  
US OUT TODAY!**

VISIT OUR SHOWROOM AT 4925 NW JOHNSTON DR., JOHNSTON

515-508-0024 ★ [www.theflooringguysdsm.com](http://www.theflooringguysdsm.com)

## FUNERAL NOTICE

Funeral notices can be emailed to [tammy@iowalivingmagazines.com](mailto:tammy@iowalivingmagazines.com)

### CORA CATHERINE NORRIS

Cora Catherine Norris, 102, died Nov. 13, 2024, in Johnston. She was born Dec. 26, 1921, in Estherville to Joseph and Cora Catherine (Lawson) Costello. After graduating high school, Cora joined the military during World War II. She was in the W.A.S.P. (Women's Air Service Patrol). She and other women would fly newly made airplanes for the military to military base destinations all over the United States.



Cora worked as an editor for Meredith Publishing Company for more than 50 years. She enjoyed playing golf and flying rented open cockpit planes and taking her daughter, Cathy, all over the Des Moines area and Iowa. She loved animals, especially horses, and attending the horse shows Cathy competed in. Later, she volunteered at Mercy Hospital Gift Shop.

Cora is survived by her daughter, Cathy (Robert) Mills, and cousins, Peggy Kenoyer and Sandy Raney. She was preceded in death by her parents, Joseph and Cora Costello.

No services are planned. Online condolences may be expressed at [www.ilesCares.com](http://www.ilesCares.com). Arrangements are by Iles Westover Chapel. ■

### JOY MARIE PARRY

Joy Marie Parry, 65, died Nov. 7, 2024, in Johnston. She was born on Oct. 25, 1959. Joy grew up in Pocahontas and later pursued her passion for healthcare at the Mercy Medical School of Radiology. For more than 33 years, she worked as a radiation oncology dosimetrist at the John Stoddard Cancer Center in Des Moines.



Known for her loving, caring and fun personality, Joy was always up for a good time. Whether it was a dance party in the kitchen or a bags tournament in the backyard, she always wanted to have fun with the ones she loved. Her hobbies included camping, biking, creating stained glass pieces and watercolor paintings. Joy was a lifelong biker and did RAGBRAI for more than 20 years.

She is survived by husband, Don Parry; son, Ben Parry and his wife, Sarah, along with their children, Clavey and Josiah; daughter, Lindsay Wilson and her children, Winter and River; sisters, Jill Lawler, Jane Happe and Judy Chavez; and brother, Jack Fischer. Joy was a beloved aunt to many nieces and nephews. She was preceded in death by her parents, August and Mary Jane Fischer, and nephews, Travis Fischer and Ryan Chavez.

A celebration of life will be held on Nov. 23 from noon to 4 p.m. at the Johnston Lions Club. ■

## CLASSIFIED ADS

### PANORA COMMERCIAL SPACE FOR SALE OR LEASE:

Nearly 1,500 square feet of professional office or retail space on Main Street in Panora. Approximately 1,000 square feet finished with remaining space ready to be built out or used as storage or shop area. Front portion walled off for reception area. Open space in the middle. New windows in middle and back area installed this year, as well as a new canopy on front of building. Painted recently inside and out. Sale price of \$75,000 or lease for \$750 per month with flexible terms. Contact Shane Goodman for a viewing at 515-473-8312 or [shane@dmcityview.com](mailto:shane@dmcityview.com).

**FOR SALE:** Antique bicycle, roll-top desk, big armoire, marbles, teacher desk, Duncan Phyfe table and hutch. Contact Judy at 515-249-8664.

**SEND IN YOUR FREE CLASSIFIED AD BY MONDAY AT 10 A.M. TO [BECKHAM@DMCITYVIEW.COM](mailto:BECKHAM@DMCITYVIEW.COM)**

LIST 50 WORDS OR LESS FOR FREE.

## THIS SPOT IS AVAILABLE.

Contact Andrea Hodapp at [andrea@iowalivingmagazines.com](mailto:andrea@iowalivingmagazines.com)

**SIGN UP TO RECEIVE THE DIGITAL EDITION OF JOHNSTON LIVING MAGAZINE FREE!**

Scan the code below, or visit [www.iowalivingmagazines.com](http://www.iowalivingmagazines.com).

