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# Living Weekly

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## KIWANIS AND ROTARY CLUBS HONOR STUDENTS



ADM students Josie Steinkamp, Isabelle Karwal, Ellis Smith and Genevieve Book attended the Adel Kiwanis Club meeting at Patrick's Restaurant on Oct. 22. The students gave a presentation about the new ADM Best Buddies Club which assists students with disabilities.



Adel Kiwanis members Jodi Draisey and Dan Burgus presented October Kiwanis Student of the Month certificates to ADM seniors Evelyn Horgen and Luke Yanacheak at the Club meeting on Oct. 8 at Patrick's Restaurant.



Adel Kiwanis member Jackie Giles presented the Kiwanis Student of the Month certificate to ADM senior Payton Taylor at the Club meeting on Oct. 1 at Patrick's Restaurant.



On Nov. 6, the Rotary Club of Adel honored Evelyn Horgen at its club meeting, recognizing her for being named Adel Rotary's ADM Scholarship Foundation Girls Cross Country October Student of the Month. Girls cross country had a very successful season this year as well as boosting participants to 32 girls and adding an assistant coach. Evelyn is not only outstanding in her sport but also is an excellent student and participant in the award-winning ADM HS Marching Band. Evelyn is pictured, left, with President Amanda Schawantes.

### ADEL WEATHER FORECAST

**FRIDAY HIGH 58 | LOW 42**

Mild with plenty of sunshine



**SATURDAY HIGH 61 | LOW 40**

Mostly sunny, windy and mild



**SUNDAY HIGH 55 | LOW 39**

Clouds and sunshine



**MONDAY HIGH 55 | LOW 45**

Periods of rain; windy in the p.m.



**TUESDAY HIGH 49 | LOW 29**

Mostly cloudy with a.m. showers



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FROM THE PUBLISHER

# A FEW REASONS FOR YOU TO SMILE

With the elections now completed, 50% of you are likely happy, 50% of you are likely steaming mad and 100% of you are glad they are over. It is an amazing, yet agonizing, process we go through every four years to elect a president and others. I only wish we could learn to deal with the results better. Here's a solution. Regardless of whether your candidate won or not, smile. Yes, simply smile.

This was the ninth presidential election I voted in, and the candidate I selected lost five of the nine times. That's OK. As I recall, life was pretty good during those years when my candidate won and also when my candidate didn't win. So, either way, I smile. And here are a few reasons you should, too.

According to lovethatsmile.com, smiling can make you look younger and more attractive. It says "smiling is one of the most important facial expressions and can make you look younger. When you smile, the muscles in your face contract and release, which helps

to tone your facial muscles. It also helps to improve your complexion by increasing blood flow to your face."

The same site also says smiling relieves pain. "Endorphins are released when you smile, improving your mood, and resulting in further pain reduction. When you smile, you take a little shot of feel-good medicine. Harvard Health mentioned that people who smiled while receiving painful electrical shocks experienced less pain than those who didn't smile."

The website utterlypositive.com says smiling is contagious. "Apparently, we often unconsciously mimic other people's emotions to better understand their feelings: that's one of our brain's superpowers. So if someone is telling you a sad story, you might unknowingly copy their facial expression to empathize and relate to their feelings. This means that smiling at strangers has a good



chance of bringing up a smile in response."

In addition, the site says smiling can reduce face fat. Yes, smiling can make your face slimmer and more toned. "If you look up face-lifting exercises that can naturally keep your facial muscles in a good shape, you'll find that they often include some kind of smiling. This may seem counterintuitive as smiling is known to contribute to mimic wrinkles, but recent studies prove that facial yoga can actually decrease cheek fullness and make you appear younger, as long as you stay consistent with exercises."

And if those aren't enough reasons to smile, I add a quote from a poster my sister had on her bedroom wall in the 1970s: "Smile... it makes people wonder what you've been up to."

Have a great week, and thanks for reading. ■



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# LIGHT UP ADEL

The Adel Women's Club is selling luminary kits at a variety of times and places throughout the community during the months of November and December in preparation of a grand display of them on Sunday, Dec. 15 at dusk. Luminaries will be sold:

- **Nov. 28:** Community Thanksgiving Dinner, Meadowview Elementary, 11 a.m. to 1 p.m.
- **Dec. 6:** Adel Tree Lighting/Sip and Sample event, north side of the courthouse, 4:30-6 p.m.
- **Dec. 7:** Adel Historical Museum, 1-3 p.m.
- **Dec. 13 and 14:** Fareway, noon to 3 p.m. ■

## ADEL LIBRARY EVENTS

303 S 10th St, Adel • 515-993-3512 • [adelpl.org](http://adelpl.org)

### Storytimes:

- **Move and Groove Storytime** – Every Tuesday at 9:30 a.m.
- **My First Storytime** – Every Wednesday at 9:30 a.m.
- **Preschool Storytime** – Every Thursday at 9:30 a.m.
- **Saturday Storytime** – Nov. 16 at 10 a.m. Elementary
- **Dino Day at the Library!** – Tuesday, Nov. 19 from 4-5 p.m.

Registration required at [adelpl.org](http://adelpl.org).

- **Pokémon Club** – Tuesday, Nov. 26 from 4-5 p.m. Registration required at [adelpl.org](http://adelpl.org).

### Teen

- **Teen: Friendsgiving** – Thursday, Nov. 21 at 4 p.m.
- **Library D&D** – Friday, Nov. 22 from 4-5 p.m. Registration required at [adelpl.org](http://adelpl.org). ■

## ADM SPORTS SCHEDULE

### Monday, Nov. 18

- 4:15 p.m. **Basketball:** Girls 7th vs. North Polk
- 4:15 p.m. **Basketball:** Girls 8th @ North Polk

### Tuesday, Nov. 19

- 4:15 p.m. **Wrestling:** Boys Middle School vs. Norwalk @ NPECC



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## WANT TO HELP A VETERAN?

Veterans Day is celebrated on Nov. 11, but that is not the only day you can help. Federal funds may not be used to purchase personal items for veterans at VA hospitals. Individuals and groups, like the Adel American Legion Auxiliary Unit 464, step forward to collect clothing and other items needed by veterans in the Des Moines VA Hospital or in the domicile. The following items are most requested now: individually wrapped snacks; decaf coffee; men's sweatpants/athletic pants (M-XL); men's sweatshirts (XL); men's athletic shorts (M-XL); small, simple sports bras; backpacks; men's jackets (L-XL); men's slippers (11-12, 13-14); and large print books.

Donations may be dropped off at 1305 S. 15th St., Adel, or contact Shirley McAdon at 515-993-4862 for pick up. ■

## NEW DAY FOR MOBILE FOOD BANK

Adel Mobile Food Bank is now the fourth Wednesday of the month at New Hope Church in Adel, 25712 Highway 6, from 5-6:30 p.m. or until the food is gone. This is a drive-thru pickup for free groceries. ■



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## HOLIDAY HOME TOUR

The Dallas Center chapter of Beta Sigma Phi is hosting its annual Holiday Home Tour Saturday, Dec. 7 from 11 a.m. to 3 p.m. Four homes will be featured in this year's tour. Tickets are \$15 each (\$5 for children) and will be available from any Beta Sigma Phi member and at the Roy R. Estle Memorial library in Dallas Center. Tickets will also be available on the day of the tour at the Suites at 1400 Walnut. Tickets may also be purchased on Venmo – BSPhi-EX5259. Leave your name in the description and how many tickets you want. Tickets purchased by Venmo can be picked up on the day of the tour at the Suites at 1400 Walnut. Check out the Facebook page Dallas Center Community Beta Sigma Phi for more information and pictures of this year's homes. ■

## SIP & SAMPLE: ADEL HOMETOWN HOLIDAY CELEBRATION DEC. 6

The Adel Partners Chamber of Commerce presents its Sip & Sample: Adel Hometown Holiday Celebration on Friday, Dec. 6. From 1-3 p.m., Santa and Mrs. Claus will be at the library twisting balloon creations. Enjoy fun crafts and activities. Cookies and cocoa will be available. At 4:45 p.m., stroll over to the northeast corner of the square to enjoy Christmas Carols by the Scouts before the 5 p.m. lighting of the Christmas tree and wreaths. Then stroll to the shops participating in the Sip and Sample while enjoying Music by Gottazig on the square and visiting Santa at the Raccoon Valley Bank courtesy of the Kiwanis. Events wrap up at 7:30 p.m. ■

## ADEL MASONIC BREAKFAST

The Adel Masons will be serving a breakfast of biscuits and gravy, pancakes, scrambled eggs, bacon, milk, orange juice and coffee for \$9 per plate on Sunday, Dec. 8, from 9 a.m. to noon, at the Masonic Lodge, 411 S. 12th St. ■

## ANNUAL HOLIDAY OPEN HOUSE

Penny Freestone is hosting her annual holiday open house, 710 Cottage St., Adel, on Nov. 23, 9 a.m. to 4 p.m. Featured are holiday crafts, ham balls, homemade chicken and noodles, pies and more. For more information, call 515-480-4580. ■

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## HISTORY

# THE RIALTO THEATER

BY MIKE FLINN

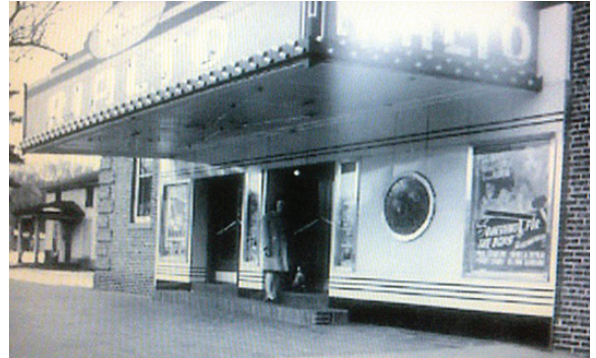
In the early morning hours of May 27, 1956, a raging fire in downtown Adel brought an end to an era. The Rialto Theater, formerly the Adel Opera House, was lost in a blazing inferno.

Construction on the Adel Opera House was started in 1903 by Adel Mayor T. R. North. Located at 911 Court, across the street west of the Arlington Hotel, plans were for a modern brick building to have a seating capacity of at least 600 and at a cost of \$8,000-\$10,000. The doors first opened on March 21, 1904, for the showing of "A Runaway Match," a live comedy.

For a time, there were two movie houses in Adel. When the Palace Theater, located on Main Street, launched as a movie house in 1914, the competition forced the Adel Opera House to turn to films. The Palace advertised first-rate films such as "Sin on the Sabbath" and "Blackmail in a Hospital" for 10 cents admission. The Palace was closed in 1916. In 1921, The Opera House switched to full-time movies and became the Rialto Theater.

During the Depression, the Rialto had a popular feature called Bank Night. Anyone could enter his or her name in a book kept by the theater manager, and, on Bank Night, a name would be drawn at random. The person selected had to reach the stage within a set amount of time (usually a few minutes) to claim the prize. They were not required to purchase a ticket to enter the theater, thus circumventing the numerous local lottery laws of the time. Bank Night had the effect of drawing people to theaters, many of whom bought tickets anyway. It soon became the subject of a lawsuit, however.

In 1937, the Rialto was upgraded by adding steel beams to strengthen the balcony, 115 new seats (the comfortable



leather-upholstered kind) and a new façade and marquee.

"The Tender Trap" was still on the marquee when the fire whistle sounded at 2:20 on that Monday morning, marking the end of the Rialto. More than 500 people turned out to watch the losing battle to save the old theater. Flames leaped 50 feet in the air, walls collapsed, and smoke covered the north side of Adel. At first, it was feared that the nearby Arlington Hotel and Ethan Myers Garage were in danger, but, with the help of men and equipment from Waukee, Redfield and Van Meter, the blaze was confined to just the theater. Thankfully, no one was injured.

Some of my fondest memories growing up in Adel were of the Rialto and the Saturday Matinees ... Gene Autry, "Tarzan," "Tom and Jerry" cartoons and features such as "Invasion of the Body Snatchers" and "Radar Men from the Moon." Boys never sat with girls. We threw popcorn at each other, drank Grapette, and it was noisy. Admission was 10 cents, and only the bigger kids were allowed to sit in the balcony. ■



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**EVENTS IN THE AREA**EMAIL YOUR EVENT INFORMATION TO  
TAMMY@IOWALIVINGMAGAZINES.COM**HOLIDAY PROMENADE****Fridays, Nov. 22 - Dec. 20****Historic East Village**

The Greater Des Moines Partnership and the Historic East Village Neighborhood Association will spread holiday cheer during the Holiday Promenade, an exciting, free celebration full of holiday-themed activities, entertainment, shopping and family-friendly fun. A number of activities will be scheduled throughout the five Fridays including tree lighting, a scavenger hunt, ice skating and more. During the Holiday Promenade dates, Historic East Village retailers are encouraged to remain open until 8 p.m. while restaurants and attractions are open later.

**CHRISTMAS IN OLDE TOWN****Saturday, Nov. 30****S.E. Second St., downtown Altoona**

Once a year, downtown Altoona transforms into a bustling winter wonderland for Christmas in Olde Town — a celebration of the community and the holiday season. Load up your sleigh with family and friends and enjoy live music, walking tours, the annual Christmas tree lighting ceremony, a light show, and a special appearance from the Big Guy himself! Family-friendly activities start at 2 p.m. <https://altoonahistory.org/christmas/>

**WINTERSET FESTIVAL OF LIGHTS****Nov. 29, 5-8 p.m.****Winterset Courthouse, 112 S. John Wayne Drive**

Come to Winterset's courthouse retail district for a holiday experience like none other. At 5 p.m., the whole family will enjoy food, live and lighted window displays, free horse-drawn wagon rides, extended shopping hours, roaming carolers, and interactions with Santa, all around the Madison County courthouse. A lighted parade gets underway at 7:15 pm. This year's theme is A Toyland Christmas. [www.madisoncounty.com/special-events](http://www.madisoncounty.com/special-events)

**FESTIVAL OF TREES AND LIGHTS****Nov. 29 - Dec. 1****Iowa Events Center, 833 Fifth Ave., Des Moines**

Expertly decorated trees, local musicians, dance groups and a visit from Santa himself, all in the name of supporting Blank Children's Hospital. Friday and Saturday hours are 11 a.m. to 7 p.m. and Sunday hours are 11 a.m. to 5 p.m. [www.unitypoint.org/giving/blank-childrens-hospital-foundation/ways-to-give/events/festival-of-trees-and-lights](http://www.unitypoint.org/giving/blank-childrens-hospital-foundation/ways-to-give/events/festival-of-trees-and-lights)

**HOLIDAY HULLABALOO****Nov. 29 - Dec. 29****Horizon Events Center, 10320 Hickman Road, Clive**

The 2024 Holiday Hullabaloo is an immersive, family-friendly holiday experience that will surprise and delight guests this holiday season. Enjoy a variety of activities, entertainment and festivities that will allow you to create some fun holiday hullabaloo and memories. [www.holidayhullabaloo.com](http://www.holidayhullabaloo.com)

**A NIGHT UNDER THE LIGHTS 2024****Wednesday, Nov. 27, 11 a.m. to 9 p.m.****Waukee Centennial Park**

Enjoy food, vendors and fun all day long. The third annual light parade will begin at 6 p.m. Tickets are available at <https://forms.gle/xU1df2YtqAYgn7wh9>.

**CHRISTMAS OPEN HOUSE****Sundays, Dec. 1 and Dec. 8, 2-4 p.m.****Olmsted-Urban House, 4010 70th St., Urbandale**

Enjoy a Christmas Open House at the Urbandale Historical Society's Olmsted/Urban House. A variety of activities will be held at the decorated house both Sundays. ■

## RECIPE

# SPICY YET SAVORY POPPERS

*(Family Features)* Your guests won't be able to have just one of these sweet and savory poppers. With a touch of heat from the cayenne pepper, and sweetness from brown sugar, you're almost sure to watch them quickly disappear. ■

## BACON-WRAPPED JALAPENO POPPERS

*Recipe courtesy of Bob Evans*

Prep time: 30 minutes

Cook time: 30 minutes

Serves: 40

### Ingredients:

- 2 packages Bob Evans Thick Sliced Hardwood Smoked Bacon, slices cut in half
- 1 package Bob Evans White Cheddar Mashed Potatoes
- 1 package garlic herb cheese spread
- 20 jalapeno peppers, halved, seeded with membranes removed
- 1/4 cup brown sugar
- 1 teaspoon ground cayenne pepper

### Directions:

Heat oven to 400° F. Set bacon out to thaw to room temperature so it is pliable.

In mixing bowl, use rubber spatula to combine mashed



potatoes and garlic herb cheese. Stir until incorporated. Spread 1 teaspoon mashed potato mixture in each jalapeno half; level each with butter knife or spatula.

Wrap each jalapeno with bacon; use three half slices for large jalapenos or two halves for smaller sizes. Be sure bacon is wrapped sealing in mashed potato mixture tightly.

In small mixing bowl, combine brown sugar and cayenne pepper. Generously sprinkle over bacon and pat gently to make it stick.

Line cookie sheet with piece of parchment paper so sugar does not burn to pan. Bake until bacon reaches desired crispiness, around 25-35 minutes.

Let peppers cool slightly before serving, about 5 minutes.

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## FUNERAL NOTICE

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### WILMA LUTHER

Wilma Luther, 77, died Nov. 5, 2024. She was born June 11, 1947, to Amos and Virginia Hallsted. At 6 years of age, Wilma's mother passed away, leaving her in the care of her maternal grandparents, George and Gordia Luther. She took on the last name of Luther after her father moved away. Wilma was brought up in Rippey. After the passing of her grandmother in 1967, Wilma, who had special needs, was placed in Glenwood State Hospital. During this time, Wilma participated in Special Olympics, and she often placed in State Special Olympic competitions. She was very proud of her accomplishments and she reminisced fondly of those days.

She enjoyed working in the community and spoke of various jobs at McDonalds, Goodwill, and Brickstreet Café & Bakery. Wilma retired from Brickstreet Bakery in 2014 and was honored with a community reception. Wilma came to Advantages In Life in 2013. She enjoyed celebrating her birthday with many friends who have loved her throughout her life. Wilma's most cherished belongings were her collection of penguins, and she had a name for each one.

Wilma was preceded in death by parents, grandparents, and special cousin, John Luther, and a host of many family and friends. A funeral service was held Nov. 12 at Caldwell Parrish Funeral Home, Adel Chapel. Burial followed at the Junction Township Cemetery. Memorial contributions may be directed to Suncrest Hospice. Online condolences may be expressed at [www.caldwellparrish.com](http://www.caldwellparrish.com). ■



## THIRD MONDAY BINGO NOV. 18

Enjoy bingo on Monday, Nov. 18, 6-8 p.m. at the Masonic Lodge, 411 S. 12th St., Adel. Seventeen games (\$0.25/card) plus an 18th Progressive Blackout (\$1/card) will be held. Packaged snacks and non-alcoholic drinks will be available. ■

## CLASSIFIED ADS

**PANORA COMMERCIAL SPACE FOR SALE OR LEASE:** Nearly 1,500 square feet of professional office or retail space on Main Street in Panora. Approximately 1,000 square feet finished with remaining space ready to be built out or used as storage or shop area. Front portion walled off for reception area. Open space in the middle. New windows in middle and back area installed this year, as well as a new canopy on front of building. Painted recently inside and out. Sale price of \$75,000 or lease for \$750 per month with flexible terms. Contact Shane Goodman for a viewing at 515-473-8312 or [shane@dmcityview.com](mailto:shane@dmcityview.com).

**COMMERCIAL SPACE FOR RENT:** Unique Commercial space for rent in Adel at 907 1/2 Main Street. Formerly Let's Dance. Upper level with entrance steps front and back. Two off street parking spots behind bldg. Tenant pays utilities/renters insurance/snow removal in front of entrance and parking area. Approx 3960 sq feet. (Approx 1980 sq ft each side. Approx 1000' hardwood on one side). 1/2 bath/kitchen area. Would be great for kids acrobatic practice or telemarketing. \$2050/month. Ken and Linda Chapman. 515-707-7709

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