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RESIDENTS

choose again

Welcome to our annual compilation of residents' choices in Madison County. We launched this poll to determine the top people, places and events in the area, and the results make for a fun read each

We invite residents in the area to vote for their favorites by answering more than 60 questions with open-ended responses. Some other polls rig the results by "suggesting" choices of businesses or requiring them to pay to be on the ballot. That is

unethical, in our eyes, as it doesn't give a true snapshot of what the locals really like. Rest assured, these results are 100% organic responses that we received from our online and mail-in ballots.

We have become quite good at polling our readers and sharing results. I have been gathering this type of information for CITYVIEW magazine for many years, and you are likely familiar with the Best Of Des Moines readers' poll and the certificates you see across central Iowa. That poll was the first of its kind in the metro area, and it continues to be the primary source of central Iowans' favorites. Now we know it not only works for Des Moines, but for Madison County as well.

You will likely agree with many of the results, and you will likely disagree with some, too. Hopefully, you took the time to cast your vote. If not, be sure to do so next year. Look to the pages of this magazine for full details as the time draws nearer.

We published the top three vote-getters in each of the categories inside these pages. Be sure to congratulate all the people, places and events that were selected as winners and let them know how much you appreciate them being in the area.

As always, thank you for reading, and thank you for voting, too. ■



SHANE GOODMAN

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FEATURE

Residents' Choices for Favorite Madison County...

(Runners up in alphabetical order)

Restaurant

Urban Taproom and Grille

Runners up: Sports Page Grill; Urban on the

Restaurant for breakfast

Montross Pharmacy Cafe

Runners up: The Bakery Unlimited; Hy-Vee

Restaurant for lunch

China Cafe

Runners up: Sports Page Grill; Urban Taproom and Grille

Restaurant for dinner

Urban on the Square

Runners up: Sports Page Grill; Urban Taproom and Grille

Restaurant for dessert

Frostee's

Runners up: The Bakery Unlimited; Urban on the Square

Place for ice cream

Frostee's

Runners up: Casey's; Montross Pharmacy

Pizza establishment

Casey's

Runners up: Pizza Hut; Urban Taproom and Grille

Bar

The Drift

Runners up: Sports Page Grill; Urban Taproom and Grille

Brewery / distillery / winery

Covered Bridges Winery

Runners up: Big Rack Brew Haus; Madison County Winery

Server / bartender

Tracy Tarlton, Urban Taproom and Grille

Runners up: Amanda Schulling, The Drift; John Holliday, Sports Page Grill

Auto service

R&B Tire and Auto

Runners up: Main Street Garage; Quality Car

Auto body shop

Roush Collision & Restoration

Runners up: Al's Body and Customs; Bowman **Body Shop**

Preschool / daycare

Stepping Stones Child Care Center

Runners up: The Children's Jungle; Wee Learners Preschool

Park

Winterset City Park

Runners up: Pammel State Park; St. Charles City Park

Community festival or event

The Covered Bridge Festival

Runners up: Madison County Fair; Madison County Fall Crawl









Scot Clark – Farm Bureau was Residents' Choice for favorite insurance agency. From left: Kristina Benshoof, Candice Dole, Felicia Weeks, Scot Clark, Kim Clark, Alexa Jobe and Brittany Hilsabeck. Photo by Rachel Harrington

Church

Redeemer Church

Runners up: Winterset Community Church; Word of Life Family Church

Pastor

Jaysson Gurwell, Redeemer Church

Runners up: Bruce Wangler, Word of Life Family Church; Scott O'Conner, Winterset Community Church

Place for a field trip

Pammel State Park

Runners up: Madison County Historical Complex; Winterset City Park

Spot for a picnic

Winterset City Park

Runners up: Cedar Lake; Pammel State Park

Grocery store

Fareway

Runners up: Hometown Market in Earlham; Hy-Vee

Boutique

Spoons Full of Sugar Boutique

Runners up: Angel Wings and CT; Evergreen and Lily Floral Studio & Gifts

Retail store

Bomgaars

Runners up: Spoons Full of Sugar Boutique; The Farmstand by Manastash Mercantile

Florist

Evergreen and Lily Floral Studio & Gifts

Runners up: Rhapsody Rose Floral and Design; The Farmstand by Manastash Mercantile

Home improvement retail store

Breeding's Ace Hardware

Runners up: Bomgaars; RE:Home

Place to purchase a gift for a man

Bomgaars

Runners up: Breeding's Ace Hardware; The Farmstand by Manastash Mercantile

Place to purchase a gift for a woman

Spoons Full of Sugar Boutique

Runners up: Angel Wings and CT; Evergreen and Lily Floral Studio & Gifts

Dad / child date spot

Winterset City Park

Runners up: Frostee's; The Iowa Theater

Mom / child date spot

Winterset City Park

Runners up: Frostee's; The Iowa Theater

Place to take your mom and dad

Winterset City Park

Runners up: The Drift; The Iowa Theater

Place to take your kids or grandkids

Winterset City Park

Runners up: Frostee's; The Iowa Theater

Place for children's birthday parties

Winterset City Park

Runners up: Pizza Ranch; Sk8n Station

Summer camp

Wildwood Hills Ranch

Runners up: Madison County Conservation Camps; Word of Life Wired Teens Camp

Camping spot

Pammel State Park

Runners up: Criss Cove Campground; Winterset City Park Campground

Hair salon

Salon 107

Runners up: Country Cutters; Modern Reflections

FEATURE

Dental office

Winterset Dental

Runners up: Blanchard Family Dentistry; Summit Dental

Chiropractor

Flourish Chiropractic & Wellness

Runners up: Infinite Chiropractic & Wellness Clinic; True Chiropractic

Health club or gym

Kardio Kick Gym

Runners up: Roadrunner Fitness Center; Winterset Fitness Express

Doctor

Dr. Joseph Kimball

Runners up: Dr. Amy Kimball; Clarice Blanchard, PA-C

Pharmacy

Montross Pharmacy

Runners up: Hy-Vee; Medicap

Financial planner

Whitney Messerschmitt, Edward

Runners up: Dan Nielsen, American State Bank; Karin Holder, Ameriprise Financial Services

Law firm

Jordan, Oliver, Walters & Smith

Runners up: Flander Rosien; Hanson Law Firm

Lawn care business

Midwest Services

Runners up: CD's Lawn Care; Kiburz Lawn Care

Nursery or landscaping company

Midwest Services

Runners up: 5 Sons Naturescapes; Groth's Gardens and Greenhouses

Heating and cooling business

Bill Jensen Heating and Cooling

Runners up: Lenz Heating and Cooling; Miner Heating and Cooling



Whitney Messerschmitt of Edward Jones was Residents' Choice for favorite financial planner. Photo by Rachel Harrington



FEATURE

Electrician (business)

Hirsch Electric

Runners up: Bees Electric; Concept Electric

Plumbing company

Herr Plumbing

Runners up: B & J Plumbing, Heating and Cooling; Swihart Plumbing

Senior living facility

Azria Health Winterset

Runner up: Madison Square

Insurance agency

Scot Clark, Farm Bureau

Runners up: Charlotte Speer, State Farm; Integrity Financial Group

Realtor

Sarah Cowman, Homefront Real Estate

Runners up: Betsy Breeding, Realty One Group Impact; Rachel Eller, RE/MAX Precision

Bank / credit union

Farmers & Merchants State Bank

Runners up: American State Bank; Union State Bank

Photographer

LeAnne Tucker

Runners up: Carly Parker; Katie Cooke

Place for guests to stay

Cobblestone Inn & Suites

Runners up: Aerie Loft; The Judge Lewis House Bed and Breakfast

Home builder

Sawyers Custom Homes

Runners up: Newcastle Home Builders; Roger Roberts Construction

Home improvement contractor

Falke Construction

Runners up: Superior Home Improvements; Roger Roberts Construction

Accounting firm

Shahan Walsh

Runners up: Applegate Tax and Accounting; McGowen, Hurst, Clark & Smith

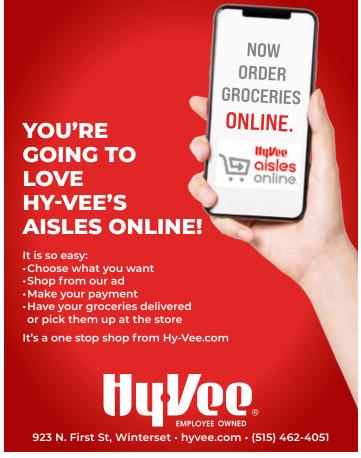
Painting company

Cleghorn Painting

Runners up: Art Brown Construction; Van Pelt Painting







WHEN people don't change

What do we do when people frequently disappoint us, not living up to our expectations or even society's expectations? Maybe it is their actions, their lifestyle, their words, addiction issues, or attitudes, etc. How should we respond to the extended failings of someone in our life?

For the Christian, we should recognize that we cannot change anyone. This is a heart issue, and only a sovereign God can change a person's heart.

It is a work of the Holy Spirit to remove sin and encourage godly living.

Now, this does not give us an out to do nothing. We are first called to love the individual. Why? Jesus calls us to. John 13:34 "A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another." Even in all our failings, Christ chose to love us.

How can this love play out? First, we can change how we respond. We can be a peacemaker. Hebrews 12:14 "Strive for peace with everyone, and for the holiness without which no one will see the Lord." By being a peacemaker, maybe this will lead to conviction for the person, causing them to seek change and get a glimpse of the love of

God through you.

Secondly, we should look internally and ask ourselves if there is anything we can own in the situation. Maybe we have done something that is causing this reaction with the individual. Maybe we have failed this individual. This is where humility to recognize we are not perfect and that we are no greater than the individual struggling, keeps us from shunning someone and walking away too easily.

Third, we need to pray for them. If God is in control of all things, we should go to the Lord and pray that the Lord would bring these changes — not just for the individual, but for God's glory. We should always hold out hope that God can change the hearts of his creation.

Even with all these steps, I find it necessary to say, if you find yourself in a harmful situation, you should remove yourself immediately and not remain there while hoping for change or facing possible abuse.

Which leads me to our fourth step. It's always good to seek counsel on setting healthy boundaries and further steps as needed, even if it's not abusive. Let us know if we can help you with that.

Information provided by Tim Cole, Associate Pastor and Counselor, Redeemer Church.



For those in the community that need a little help providing Christmas gilts for their family.

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YouTube videos are an amazing tool that I highly recommend people use as a reference tool. We all wonder how to achieve salon-level blowouts, beachy waves or messy buns, and YouTube videos show you

Your favorite stylist does your hair perfectly, and it's difficult to replicate at home. It's obviously due to the fact that we're doing all the work standing beside you. The thing YouTube videos show you

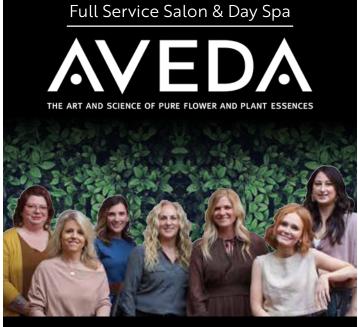


is how to execute the look created by you alone. It's important to see the way a person applies product, dries the hair, holds the heat tool and finishes the style all by themselves. I always say the best way to learn how to style your hair is to watch someone else do their own. Once you've found the video with the look you're going for, I tell people to give themselves seven to 10 tries before giving up. It takes a few practices to perfect a new technique.

YouTube tutorials gained in popularity during the pandemic. Many people told me they utilized them to learn cutting and coloring techniques and found them to be extremely useful and effective.

Even us professionals use YouTube videos. My Instagram feed is filled with hair tutorials. Styles change with the years, and these videos have become a great tool that we can all use to stay on top of recent trends.

Information provided by Annie Wiseman, owner of Salon 107 and a licensed cosmetologist with 25 years of experience. 107 John Wayne Drive, Winterset, 515-462-4247, salon107style@gmail.com.





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HEALTH By Dr. Amanda Queck

SIMPLE eating hacks for success

(Part 2) Tis the season for family, friends and food! This is the time of the year when the "diet" gets kicked to the curb as we prepare for our favorite recipes and load up on sweet treats because, after all, it's that time of the year. Before you pull out your sweats for the rest of the month and brace yourself to gain 10 pounds that you swear you will lose in January, be encouraged that there are a few "hacks" you can consider as you prepare for the festivities



that this season brings. (See Hack No. 1 in October's edition).

Hack No. 2: Pair your carbs with protein (and be sure to eat your protein first). Before you load up on the mashed potatoes, stuffing and dessert, eat your protein. And, if you're really serious, eat a vegetable or a salad before you even eat your protein. Consider eating an egg or two 20 minutes before eating your big meal. By the time you get to dessert, a couple bites will be all it takes to satisfy that sugar craving... and you won't experience the yucky side effects later.

Hack No. 3: Drink 1 tablespoon of apple cider vinegar with your meals — ideally, before. Vinegar is known to slow down breakdown of starch into glucose, and it also cues our muscles to absorb the glucose into our muscles instead of our bloodstream. This leaves you less likely to experience that "sugar high" after your meal.

Information provided by Dr. Amanda Queck, D.C. Flourish Chiropractic & Wellness, 108 W. Court Ave., Winterset, 515-384-0360, www.flourishchiro.life. Source: Glucose Revolution by Jessie Inchauspé



REAL ESTATE By Jennifer Stover

CLUTTER is a killer

You've deep cleaned and decluttered every room. But, it still looks messy and may feel cluttered despite your hard work. Sometimes you can't see the "forest for the trees" because you live there and see the home daily. It's easy to overlook things that have been around for a long time. A good suggestion is to remove everything, then slowly add back in things you use and love.



Here are the top things that make your house feel cluttered:

- Too full countertops this can make a kitchen feel dirty, even when it isn't. The same applies to bathroom countertops.
- Entryway excessive décor it's easy to go overboard when decorating. Every room needs space for the eyes to "rest" meaning every square inch doesn't have to be filled.
- Exterior of refrigerator this place has a tendency to become a clutter spot. We mount things with magnets then never remove them.
- Messy entryway this is the first thing people see when coming to your home. Create a space to house coats and shoes at the entryway.
- Too much furniture even though you have a lot of furniture in a room, it will make the room seem much smaller. Edit to what you actually
- Unmade bed an unmade bed is the easiest to remedy. If your bed is made, the less likely you are to pile things on it.

Information provided by Jennifer Stover, 515-480-3389, Madison County Realty, 65 W. Jefferson St., Winterset, jenniferstover@madisoncountyrealty.com. Licensed in Iowa.

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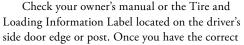
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AUTOMOTIVE By Dawn Lauer TIRE basics

Tires aren't something you frequently purchase, so it's understandable if you are confused by the array of brands, sizes and tire types to choose from. However, a little knowledge and a trusted advisor can make the process a breeze. First, you must identify the proper size tire for your vehicle.



size, you need to choose which type of tire best suits your needs. There are three main types of tires used in our area: all-season, winter and allterrain.

All-season tires are the most common and can handle a variety of road conditions. Winter tires are more effective than all-season tires in deep snow. All-terrain tires are mainly used on four-wheel-drive vehicles. They provide a good compromise.

After you know the size and type, you muse decide which brand of tire to purchase. With a wide variety of brands to choose from, we recommend discussing the options with your repair shop. Once you have the perfect tires, keep in mind that proper tire maintenance, such as rotation, balance and alignment, is essential to your tires lasting longer and making you as safe as possible. ■

Information provided by Dawn Lauer, marketing specialist, Quality Car Care, 1012 N. 10th St., Winterset, 515-462-1035. Sources: www.nhtsa.gov/sites/nhtsa. dot.gov/fi les/documents/11084a_ti rehome_ 102918_ vs _tag_ O.pdf.



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FOR EPPERSONS, giving is a life ministry

Helping with unmet needs

Bob and Ann Epperson of Winterset have spent their lifetime together serving others, both locally and globally.

"We met in Bible college in Ohio. I'm from Winterset originally. We



were married and moved back to Winterset," Ann says.

The couple worked together as assistant pastors for five years then as senior pastors for 31 at Foursquare Gospel Church. From the beginning, the couple has believed in pitching in wherever they could to meet the needs of the community, she says.

"During that time, Bob was involved in chaplaincy with all of the emergency services. The police, EMT and fire," Ann says. "We also both served as chaplains at the nursing home."

Another way the Eppersons helped was through a program called

"If there was a situation with the police, where a child was involved, and they needed someplace for that child to stay on short notice, we provided that," Ann says.

Bob was also involved in Scouts, serving as the cub master for several

Eventually, the Eppersons realized they were ready for a new

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Felicia Weeks and Candi Dole of Farm Bureau present the Citizen of the Month certificate to Bob and Ann Epperson.

challenge, so they worked with Pastors Andrew and Rebecca Hornback to transition into the role of senior pastors, while the Eppersons stepped back into the role of assistant pastors. That freed up Ann and Bob for a

"We left in 2015 for Papua, New Guinea, and we were there for three years," Ann says. "That was a ministry of taking young men off the streets, men that were in trouble with the law, addictions, that type of

Upon returning to the U.S., the Eppersons spent three years at a Foursquare church in Wisconsin before returning to Winterset as assistant

Over the years, both Ann and Bob have dealt with health issues, so when they first started considering retirement, they had a fairly sedentary lifestyle in mind. Bob recalls he imagined essentially "doing nothing" in retirement. But the couple has found a new calling.

"In November three years ago, it felt like it was time to come back home," Ann says. "At that time, we decided we wanted to retire but didn't just want to stop, so we're at the church assisting the Hornbacks and doing what we can to be involved in all the ministries of the church that we can. We volunteer in the community, too."

Bob handles security for their church, as well as assisting Ann with cleaning at the church. The Eppersons are a living example of retooling and finding ways to be involved that fit a person's abilities and interests. They encourage others to find meaningful ways to help.

"The need is great out there," Bob says.

Ann points out that semi-retirement has opened new doors for the couple to pitch in when they hear of unmet needs. For example, Bob has volunteered to drive individuals to medical appointments out of town, even as far as Omaha.

"Being somewhat retired, we have the ability to step into those places where there's a need," Ann says.

Ann adds, they are not looking for accolades.

"Just the joy of serving the Lord. Our motivation is not to be put out there in front of people, but just to be obedient to what God has called us to do. When the Lord opens a door, we walk through it." ■

Do you know a citizen who deserves recognition? Nominate him or her at tammy@iowalivingmagazines.com.

WHY YOU should regularly review your home and auto insurance coverage

Many people purchase home or auto insurance and then forget about it, assuming their coverage is sufficient. However, life changes, and so do your insurance needs. Regularly reviewing your insurance policies can save you money and ensure you have adequate coverage in the event of an emergency. Here are a few reasons why reviewing your home and auto insurance annually is a smart financial move.



Home insurance: adjusting for property value and new purchases

The value of your home and its contents can change significantly over time. If you've made home improvements — like adding a new roof, remodeling a bathroom or upgrading your kitchen — these updates can increase your home's value. You may need to adjust your coverage limits to reflect the current replacement cost of your home so you aren't underinsured if disaster strikes.

It is also important to remember that home insurance policies have limits on personal property. If you've purchased expensive items such as new electronics, jewelry, or artwork, your existing coverage might not fully protect them. You may need additional riders or endorsements to ensure these high-value items are covered against loss or damage.

Auto insurance: adapting to changing driving habits and vehicle value

Your auto insurance should also be regularly reviewed, especially if your driving habits have changed. For example, if you've started working from home or retired, you may be driving significantly less than you did before. Many insurance companies offer usage-based or pay-per-mile programs that adjust premiums based on how much and how safely you drive, potentially saving you a substantial amount.

Moreover, if your vehicle is aging or paid off, you might want to reconsider maintaining comprehensive and collision coverage, particularly if the cost to repair the car exceeds its market value. Dropping these coverages can lower your premiums, but be sure the savings justify the risk, especially if you're reliant on the vehicle.

Bundling home and auto insurance for maximum savings

Another benefit of reviewing your policies together is the opportunity to bundle home and auto insurance. Many insurers offer discounts when you combine both policies, which can save you anywhere from 5-15% on premiums. Bundling simplifies your insurance management and can lead to significant cost reductions over time.

Your home and auto insurance needs are not static. Life changes — like home improvements, new purchases, or lifestyle shifts— affect your coverage needs. Reviewing your policies annually ensures that you have adequate protection and that you're taking advantage of savings opportunities, like bundling. By staying proactive, you can avoid being underinsured and keep your insurance costs manageable.

Information provided by Eric Johnson, IFG Insurance, 224 E. Highway 92, Suite B, Winterset, 515-462-4553.



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HONORING OUR LOCAL VETERANS

VETERANS DAY IS MONDAY, NOVEMBER 11, 2024

CHRIS HEISMANN

Winterset

Military branch: U.S. Navy Rank: E6 Petty Officer First Class

Service: 1984-1990

How can Americans best honor veterans?

"By putting the Constitution and the Bill of Rights first. Thanking us for our service is nice, but it's meaningless when the politicians you vote for try to ignore the Constitution we swore an oath to defend."

— Chris Heismann



JAY GIBSON

Winterset

Military branch: Iowa Army

National Guard

Rank: Sgt. First Class, E7 Service: 1988-1996,

2016-present

How can Americans best honor veterans?

"Acknowledgement of the sacrifice that service members have made for our freedom. Honor to this great country and the American Flag that armed forces have laid their life down for. A simple smile or 'thank you' is always heartwarming."

Jay Gibson



DENNY THOMPSON

Peru

Military branch: U.S. Air Force

Rank: Tech Sgt. Service: 1994-2014

How can Americans best honor veterans? "I believe veterans are a lot more respected than they were when I went in in the 1990s."

- Denny Thompson



LISA ANN SPILMAN

Winterset

Military branch: U.S. Air Force • Rank: Sergeant (E-4) • Service: 1985-1990

How can Americans best honor veterans?

"Support them in your local communities and lobby your legislators to see that the Veteran's Administration is funded appropriately. If we can spend billions of dollars sending service members to war, we can spend at least that much to take care of them when they get home. We lose 22 veterans a day to suicide... that's 22 too many. Hold your elected officials accountable to see that no man or woman in uniform, who served our country, goes hungry or homeless." — Lisa Ann Spilman

Thank you for your service!



JORDYN HUETT

Patterson

Military branch: Marine Corps

Rank: Sergeant Service: 2014-2021

How can Americans best honor veterans?

"Americans can best honor veterans by recognizing and acknowledging the sacrifices they have made for America and their fellow

citizens." — Jordyn Huett

JUSTIN POWELL

Earlham

Military branch: U.S. Air Force

Rank: Master Sgt. Service: 2000-2022

How can Americans best honor veterans? "Just say thank you and be appreciative."

- Justin Powell





LEE SHARRATT

Winterset

Military branch: U.S. Army

Rank: Colonel

Service: 1994-present

How can Americans best honor veterans?

"Pay attention to what the military has to offer and not look down on it. It's a wonderful place to get started in life." — Lee Sharratt

MEGAN CONNER

Winterset

Military branch: U.S. Army • Rank: PV2

Service: 2009-2011

How can Americans best honor veterans?

"By just thanking those who went to war for their service. Some of us might not have gone to war overseas, but we have struggles state-side that we have to overcome. Also we have to get a better system in place for our veterans that have come back from deployments and are also having severe mental health issues." — Megan Conner











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Montross Pharmacy

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GERLEMAN is rooted in the community

A life dedicated to family and Winterset

When Stephanie Gerleman and her family moved to Winterset in 1999, they sought a place where they could grow alongside their community.

Her husband's job with Agriland FS (then known as Rolling Hills FS) brought them to the Madison County town, and they settled into a place near the Winterset Aquatic Center — a perfect spot for their 7-year-old twins at the time.

Their house, a new spec build, quickly became more than just a place to live. It became home.

"One of my favorite things about our house is our large front porch," Gerleman says. "We sit on it almost every night."

She also likes their finished basement, a space that's ideal for her grandkids and their toys. But more than the house itself, it's the neighborhood that has truly captured her heart.

to the community.

Stephanie Gerleman believes

in volunteering to give back

"The best thing about my neighborhood is our neighbors," Gerleman shares. "They are the best."

Winterset, with its rich history and welcoming atmosphere, has become a hometown of sorts for Gerleman. It's also a place she's deeply invested in.

"I love that Winterset always has something to do and that people come from all over the world to see our famous covered bridges and the John Wayne Museum," she says. "It's a thriving, safe town to raise my children and now my grandchildren in."

After working at Farmers & Merchants State Bank for 20 years, Gerleman made the decision to retire and fully embrace her role as "Grammy" to her four grandchildren. But even in retirement, she remains active in the community.

On weekends, she works at the Madison County Chamber to stay connected to chamber events. Previously, she served as PTO president, a Girl Scout leader, a chamber ambassador, and even a member of the chamber board. She continues to serve on the Iowa Theater board and helps to organize volunteers for the admission gates at the Covered Bridge Festival. Her community involvement doesn't stop there — you can also catch her in the live window display at Village Bootery during the Festival of Lights.

For Gerleman, giving back is not just something to do — it's a way of life.

"My belief is that you need to give back to where you live to help the town prosper," she says.

Her actions reflect her commitment to ensuring that Winterset continues to be a thriving place for generations to come. From raising her family here to dedicating her time to community events, Gerleman's story is one of deep roots and a love for the town that has given so much to her.



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MEET Nick Mulder

New activities director brings enthusiasm.

This past summer, Nick Mulder officially took the helm as the new 7-12 activities director for the Winterset Community School District, bringing with him a wealth of experience and a genuine enthusiasm for supporting the students and families of Winterset.

Mulder's ties to the area run deep. His wife is a Winterset graduate, and they have family in the area, giving Mulder an appreciation for the town long before he stepped into his new position.

"Even from afar, I had great admiration for the community itself and the people," he shares. "I always had positive memories from my interactions with the people here and felt that the values of Winterset matched up with those of me and my family."

Before moving to Winterset, Mulder was the activities director for the Okoboji Community School District in northwest Iowa, a position he held for two years. Prior to that, Mulder worked in Pella, his own hometown.

As the K-12 activities director, Mulder's work is "a lot of behind-the-scenes stuff,"

working with various people throughout the district to ensure things run smoothly, from transportation to facilities to coaches. His goal is to make participation in Winterset activities both memorable and impactful for students.

Perhaps the best thing about his job is the people he gets to interact with.

"Being at events and seeing kids compete and seeing Winterset kids out there is really neat and fun for me," Mulder says. "I love trying to help figure out ways to support them and the coaches as best I can."

As he continues to meet students, staff and family in the district, Mulder hopes they understand he cares and appreciates their

Mulder's journey into education was fueled by a passion for working with kids and being involved in a variety of activities. Before working at the K-12 level, Mulder spent about 12 years in collegiate athletics. But it was the opportunity to positively impact young students that brought him back to the high school and middle school

environment.

"I really enjoy seeing kids grow," he says. "It's not just sports. The fall musical, the spring play, the marching band are all awesome groups that we have here at Winterset with talented kids that I'm amazed by."

As Mulder continues to settle into his role, he's most excited about further integrating into

"I'm excited to get to know more people in the community and see our kids compete," he says. "I'm excited to hopefully help serve the kids and families of this community and make it a good experience for them."

Mulder is quick to credit the supportive nature of Winterset for making his transition easier.

"When I first got here, I asked the coaches to describe the Winterset community," he shares. "About 80% of them, the first word they said was 'supportive.' That has shown to be true in my time so far. I've been really appreciative of that."

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Kristine McDonald

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Be sure to check for cancelations

Upcoming in Winterset Living magazine:



Holiday recipes: Do you have a holiday recipe that

has special meaning to you? Will you share it with our readers? Email tammy@iowalivingmagazines.com by Nov. 15 to have it included in our December issue.



First cars: Do you remember your first car? Do you have a photo of yourself with it? Or maybe you still own it? We want to hear your stories. Email tammy@iowalivingmagazines.com by Dec. 5 to be included in the January issue.





Cocoa Crawl

Saturday, Nov. 23, 9 a.m. to 4 p.m. **Around Winterset**

"Crawl" around to Winterset businesses on and off the square. Grab a bingo card and complete activities for prizes at participating businesses. Enjoy cocoa themed eats and drinks, photos with Santa, Red Truck Holiday photoop, Wally the Mini Highlander and Sleigh, making Christmas cards and an ornament, and much more fun.



Holiday Hop

Saturday, Nov. 23, from 8:30 a.m. to 1:30 p.m. Multiple locations in Winterset

Winterset's Holiday Hop is a time when the community's churches and several other organizations come together to offer a citywide craft and bake sale featuring handcrafted items, vintage Christmas decorations, baked goods, lunches, treats, art work, door prizes and much more. Each of the 11 locations contributes gift cards as door prizes. Get your ticket punched at each site and enter it for the drawing. As an added benefit, the churches use money raised at the holiday hop to support their charitable projects.

Participating stops include:

- First Christian Church, 103 W. Green St.
- First United Methodist Church, 309 E. Jefferson St.
- First United Presbyterian Church, 210 W. Green St.
- Foursquare Church, 224 E. Court St.
- New Bridge Church, 1305 W. Jefferson St.
- St. Joseph Catholic Church, 1026 N. Eighth Ave.
- St. Paul Lutheran Church, 1120 N. Eighth Ave.
- Spotlight Dance Legacy, 116 E. Court St.
- Stop and Shop Craft Fair, Madison County Fairgrounds

Community Building

- Winterset Art Center, 224 S. John Wayne Drive
- Winterset Public Library, 123 N. Second St.

Winterset Festival of Lights

Nov. 29, 5-8 p.m.

Winterset Courthouse, 112 S. John Wayne Drive

Come to Winterset's courthouse retail district for a holiday experience like none other. At 5 p.m., the whole family will enjoy food, live and lighted window displays, free horse-drawn wagon rides, extended shopping hours, roaming carolers, and interactions with Santa, all around the Madison County courthouse. A lighted parade gets underway at 7:15 pm. This year's theme is A Toyland Christmas. www.madisoncounty.com/special-events

EVENTS IN THE AREA

Be sure to check for cancelations

Bricker Price Block Senior Speaker Series

Fridays through mid-November, 10 a.m. 105 S. Chestnut Ave., Earlham

Enjoy these free, educational, historical and/or cultural presentations in the upstairs of the historic Bricker Price Block event venue. Programs are:

- Nov. 8: Madison County in World War I, Linda Griffith Smith
- Nov. 15: Iowa in WWII, Michael Vogt, Iowa Gold Star Military Museum
- Nov. 22: Our World, Our Stories: International Students Share Their Heritage, Emilijia Rajic of Serbia and Vladilena Vetrova of Moldova.

ServSafe® Certified Food **Protection Manager Course**

Warren County Extension Office, 200 W. Second Ave., Indianola

Iowa State University Extension and Outreach is sponsoring ServSafe®, the national certification program for food service managers. All food service operations are required to have at least one certified staff person. Anyone interested in preparing and serving safe food is welcome to attend.

The cost of the course is \$160, which includes eight hours of class time, a manual, and the national certification exam. There is a \$110 discount for Iowa Restaurant Association members. Registration is required by Nov. 12.

Contact Bethany Cecot at 515-961-6237 or bcecot@iastate.edu with any questions. A full calendar of upcoming course dates and registration links is available at https://www. extension.iastate.edu/humansciences/servsafe.

Get in the holiday spirit

Christmas in Olde Town

S.E. Second St., downtown Altoona Saturday, Nov. 30

Once a year, downtown Altoona transforms into a bustling winter wonderland for Christmas in Olde Town — a celebration of the community and the holiday season. Load up your sleigh with family and friends and enjoy live music, walking tours, the annual Christmas tree lighting ceremony, a light show, and a special appearance from the Big Guy himself! Family-friendly activities start at 2 p.m. https://altoonahistory.org/christmas/

Festival of Trees and Lights

Nov. 29-Dec. 1 Iowa Events Center, 833 Fifth Ave., **Des Moines**

Expertly decorated trees, local musicians, dance groups and a visit from Santa himself, all in the name of supporting Blank Children's Hospital. Friday and Saturday hours are 11 a.m. to 7 p.m. and Sunday hours are 11 a.m. to 5 p.m. www. unitypoint.org/giving/blank-childrenshospital-foundation/ways-to-give/events/ festival-of-trees-and-lights

Holiday Hullabaloo

Nov. 29-Dec. 29 Horizon Events Center, 10320 Hickman Road, Clive

The 2024 Holiday Hullabaloo is an immersive, family-friendly holiday experience that will surprise and delight guests this holiday season. Enjoy a variety



of activities, entertainment and festivities that will allow you to create some fun holiday hullabaloo and memories. www. holidayhullabaloo.com

A Night Under the Lights 2024

Wednesday, Nov. 27, 11 a.m. to 9 p.m. Waukee Centennial Park

Enjoy food, vendors and fun all day long. The third annual light parade will begin at 6 p.m. Tickets are available at https://forms.gle/xU1df2YtqAYgn7wh9.

Enjoy craft and vendor shows

Fall Craft Show

Saturday, Nov. 9, 9 a.m. to 3 p.m. ZaGaZig Shrine Temple, 1100 Shriners Parkway, Altoona

The Ladies Auxiliary will be hosting a ZaGaZig Shrine Ladies Auxiliary Fall Craft Show with more than 45 crafters and vendors. A bake sale will also be held and lunch will be served. For more information, visit the group's Facebook event

North Pole Craft and Vendor

Saturday, Nov. 9, 9 a.m. to 3 p.m., Adventureland Inn, 3200 Adventureland Drive, Altoona

Enjoy a variety of vendors. Admission is \$1 or one non-perishable food item to be donated to St. Vincent De Paul Society of Des Moines.

Des Moines Holiday Boutique

Friday - Sunday, Nov. 15-17 Iowa Events Center. 730 Third St., Des Moines

More than 200 vendors come together to create a fun, unique environment with the chance to purchase jewelry, gifts, food and more. www. desmoinesholidayboutique.com

Elves' Toyland Craft Show

Nov. 23, 9 a.m. to 3 p.m. Runnells Community Center, 108 Brown St.

Plan a trip to Runnels for its annual holiday craft show.

Fall Makers Market

Sunday, Nov. 24, 11 a.m. to 4 p.m. Jester Park Nature Center, 12130 N.W. 128th St., Granger

Shop for gifts or goods just in time for the holiday season. This year's event has expanded from the Jester Park Nature Center and Outdoor Recreation buildings to include the Jester Park Lodge. With more than 60 local makers, artisans, and handcrafters, you are bound to find something for everyone on your list. Admission is free. Pho Wheels, Miss Casey's Donut Delights, and Travelin' Tom's Coffee Truck will be onsite. www. jesterparknaturecenter.com/calendar-events/fallmakers-market.



BOXS WITSHIP BIRSTOR

DATE	TIME	OPPONENT	LOCATION		
Dec 2	7:30PM	Creston Community	Winterset High School		
Dec 6	7:30PM	Gilbert	Gilbert High School		
Dec 9	7:30PM	Norwalk	Winterset High School		
Dec 10	7:30PM	Bondurant-Farrar	Bondurant-Farrar High School		
Dec 13	7:30PM	ADM CSD	Winterset High School		
Dec 17	7:30PM	North Polk	North Polk High School		
Dec 20	7:30PM	Carroll	Winterset High School		
Jan 3	7:30PM	Boone	Boone High School		
Jan 10	7:30PM	Carlisle	Winterset High School		
Jan 13	7:30PM	Des Moines Christian	Des Moines Christian School		
Jan 14	7:30PM	Ballard	Winterset High School		
Jan 17	7:30PM	Gilbert	Winterset High School		
Jan 20	7:30PM	Van Meter	Van Meter High School		
Jan 21	7:30PM	Bondurant-Farrar	Winterset High School		
Jan 24	7:30PM	ADM CSD	A-D-M, Adel		
Jan 28	7:30PM	North Polk	Winterset High School		
Jan 31	7:30PM	Carroll	Carroll High School		
Feb 3	7:30PM	Harlan Community	Harlan Community High School		
Feb 4	7:30PM	Boone	Winterset High School		
Feb 8	2:00PM	Decorah	Wells Fargo Arena - Des Moines		
Feb 11	7:30PM	Carlisle	Carlisle High School-WAC		
Feb 14	7:30PM	Ballard	Ballard High School		

CHANGE WITH STUDY STATES AND THE

DATE	TIME	OPPONENT	LOCATION
Dec 2	6:00PM	Creston Community	Winterset High
Dec 6	6:00PM	Gilbert	Gilbert High School
Dec 9	6:00PM	Norwalk	Winterset High
Dec 10	6:00PM	Bondurant-Farrar	Bondurant-Farrar High School
Dec 13	6:00PM	ADM CSD	Winterset High
Dec 17	6:00PM	North Polk	North Polk High School
Dec 20	6:00PM	Carroll	Winterset High
Jan 3	6:00PM	Boone	Boone High School
Jan 10	6:00PM	Carlisle	Winterset High
Jan 13	6:00PM	Des Moines Christian	Des Moines Christian School
Jan 14	6:00PM	Ballard	Winterset High
Jan 17	6:00PM	Gilbert	Winterset High
Jan 20	6:00PM	Van Meter	Van Meter High School
Jan 21	6:00PM	Bondurant-Farrar	Winterset High
Jan 24	6:00PM	ADM CSD	A-D-M, Adel
Jan 28	6:00PM	North Polk	Winterset High
Jan 31	6:00PM	Carroll	Carroll High School
Feb 3	6:00PM	Harlan Community	Harlan Community High School
Feb 4	6:00PM	Boone	Winterset High
Feb 11	6:00PM	Carlisle	Carlisle High School-WAC
Feb 14	6:00PM	Ballard	Ballard High School







GOOD LUCK, HUSKIES!

Montross Pharmacy

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ET

SCHEDULE WINTER

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DATE	TIME	OPPONENT	LOCATION
Dec 5	5:30PM	Multiple Schools	A-D-M, Adel
Dec 7	10:00AM	Harlan Community	Harlan High School
Dec 10	5:30PM	Interstate 35	Winterset High School.
Dec 12	5:30PM	Gilbert	Winterset High School.
Dec 13	1:30PM	CentralDecatur	CentralDecatur High School
Dec 19	5:30PM	Multiple Schools	Ballard High School
Dec 21	10:00AM	Roland Story	Roland-Story High School
Jan 9	5:30PM	Bondurant-Farrar	Winterset High School
Jan 11	9:30AM	Multiple Schools	Winterset High School
Jan 16	5:30PM	Multiple Schools	Carroll High School
Jan 18	9:00AM	Kuemper Catholic	Kuemper Catholic High School
Jan 23	5:30PM	Multiple Schools	Winterset High School.
Jan 24	4:00PM	SW Valley - Corning	Corning High School
Jan 25	10:00AM	SW Valley - Corning	Corning High School

CHILLY WITH THE WASHING

DATE	TIME	OPPONENT	LOCATION
Nov 21	5:00PM	Ballard	Ballard High School
Nov 23	10:00AM	SW Valley - Corning	Corning Activity Center
Dec 5	5:30PM	Multiple Schools	A-D-M, Adel
Dec 7	10:00AM	Multiple Schools	Ames High School
Dec 10	5:30PM	Ogden	Ogden High School
Dec 14	9:00AM	Southeast Polk	Southeast Polk High School
Dec 16	4:30PM	Saydel	Saydel High School
Dec 19	5:30PM	Ballard	Ballard High School
Dec 21	10:00AM	ADM CSD	A-D-M, Adel
Jan 4	10:00AM	Clarinda	Clarinda High School
Jan 9	5:30PM	Multiple Schools	North Polk High School
Jan 16	5:30PM	Carroll	Carroll High School
Jan 17	TBD	Creston Community	Creston High School
lan 23	5-00PM	Multiple Schools	Roone High School



Photos by BK Creations











FOR ALL HUSKIES SCHEDULES

Schedules are subject to change. Scan for most up-to-date schedules.



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INVESTMENT By Jason Kleemeier

IMPORTANT birthdays over 50

Most children stop being "and-a-half" somewhere around age 12. Kids add "and-a-half" to make sure everyone knows they're closer to the next age than the last. When you are older, "and-ahalf" birthdays start making a comeback. In fact, starting at age 50, several birthdays and "half-birthdays" are critical to understand because they have implications regarding your retirement



- Age 50: At age 50, workers in certain qualified retirement plans are able to begin making annual catch-up contributions in addition to their normal contributions. Those who participate in 401(k), 403(b), and 457 plans can contribute an additional \$6,500 per year in 2022. Those who participate in a Simple Individual Retirement Account (IRA) or Simple 401(k) plan can make a catch-up contribution of up to \$3,000 in 2022. And those who participate in traditional or Roth IRAs can set aside an additional \$1,000 a year. 1,2
- Age 59½: At age 59½, workers are able to start making withdrawals from qualified retirement plans without incurring a 10% federal incometax penalty. This applies to workers who have contributed to IRAs and employer-sponsored plans, such as 401(k) and 403(b) plans (457 plans are never subject to the 10% penalty). Keep in mind that distributions from traditional IRAs, 401(k) plans, and other employer-sponsored retirement plans are taxed as ordinary income.
- Age 62. At age 62, workers are first able to draw Social Security retirement benefits. However, if a person continues to work, those benefits will be reduced. The Social Security Administration will deduct \$1 in benefits for each \$2 an individual earns above an annual limit. In 2022, the income limit is \$19,560.3
- Age 65. At age 65, individuals can qualify for Medicare. The Social Security Administration recommends applying three months before reaching age 65. It's important to note that if you are already receiving Social Security benefits, you will automatically be enrolled in Medicare Part A (hospitalization) and Part B (medical insurance) without an additional application.4
- Age 65 to 67. Between ages 65 and 67, individuals become eligible to receive 100% of their Social Security benefit. The age varies, depending on birth year. Individuals born in 1955, for example, become eligible to receive 100% of their benefits when they reach age 66 years and 2 months. Those born in 1960 or later need to reach age 67 before they'll become eligible to receive full benefits.5
- Age 73. In most circumstances, once you reach age 73, you must begin taking required minimum distributions from a traditional Individual Retirement Account and other defined contribution plans. You may continue to contribute to a traditional IRA past age 701/2 as long as you meet the earned-income requirement.

1. If you reach the age of 50 before the end of the calendar year. 2. IRS.gov, 2022. 3. SSA.gov, 2022. 4. SSA. gov, 2022. Individuals can decline Part B coverage because it requires an additional premium payment. 5. SSA.gov, 2022. The content is developed from sources believed to be providing accurate information. The information in this material is not intended as tax or legal advice. It may not be used for the purpose of avoiding any federal tax penalties. Please consult legal or tax professionals for specific information regarding your individual situation. This material was developed and produced by FMG Suite to provide information on a topic that may be of interest. FMG Suite is not affiliated with the named broker-dealer, state- or SEC-registered investment advisory firm. The opinions expressed and material provided are for general information, and should not be considered a solicitation for the purchase or sale of any security. Copyright FMG Suite.

BRING the taste of takeout home

(Family Features) Some nights, especially when schedules are jam packed, the allure of grabbing takeout or swinging through a drive-thru between activities may sound more appealing than spending time in the kitchen. You can skip the to-go boxes, however, with these tasty Asian-inspired dishes that come together almost as fast as delivery while allowing you to get creative at mealtime.

Packed with fresh shrimp and crispy veggies, this crab and shrimp sushi burrito fuses some favorite takeout dishes together to satisfy cravings in half an hour. Using Success Boil-in-Bag Jasmine Rice, which cooks up soft and fluffy, provides a flavorful and aromatic base. This combination of seafood, homemade sauces and flavorful veggies makes for an unforgettable taste experience comparable to your favorite quick-serve restaurant.

Find more recipe inspiration to tackle takeout cravings and more at SuccessRice.com. ■

Crab and shrimp sushi burrito

Prep time: 20 minutes Cook time: 10 minutes

Servinas: 4

- 1 bag Success Jasmine Rice
- 1/2 cup unseasoned rice vinegar
- 2 tablespoons granulated sugar
- 2 teaspoons kosher salt
- · 2 tablespoons mayonnaise
- 2 tablespoons Sriracha sauce
- 1/4 teaspoon sesame oil
- 1 tablespoon black sesame seeds
- 4 sushi nori sheets
- 1/2 carrot, ribboned, divided
- 1/2 cucumber, ribboned, divided
- · 6 crab sticks, shredded, divided
- · 6 large shrimp, cooked, deveined, tails removed and butterflied, divided

DIRECTIONS

- Rinse rice bag under cold water to remove starch. Prepare rice according to package directions.
- In small saucepan over medium-low heat, heat rice vinegar, sugar and salt until sugar and salt have dissolved, about 1 minute. Set aside.
- In small bowl, mix mayonnaise, Sriracha sauce and sesame oil. Set aside.



- Transfer cooked rice onto large baking sheet. Drizzle half the vinegar mixture over rice, turning until all rice is fully coated. Taste and add more vinegar mixture, if desired. Spread rice into thin layer and cool to room temperature. Sprinkle sesame seeds on top.
- · Lay down one sushi nori sheet. Spread layer of rice on it. Place half the carrots and cucumbers on rice. Place crab and shrimp on top.
- · Place another sushi nori sheet just under first one and roll. Repeat with remaining sushi nori sheets, rice, carrots, cucumbers, crab and shrimp. Wrap both burritos in plastic wrap. Let rest 10 minutes.
- · Slice burritos in half and serve with spicy mayo.



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MCHCS Chesnut Building

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FREE Diabetes Education & Screenings!



OUT & ABOUT

COVERED Bridge **Festival**

People attend the Covered Bridge Festival activities on the Winterset Square Oct. 13.



Festival Queen and King Nancy and Pat Corkrean



Abram and Melody Reels and Brenda Holt



Gary and David Anker



Nicky Huntoon and Lauri Duff



Dave and Judy Trask



Brenda and Chuck Diehl and Gordy and Molly Clark



Larry and Ronnie Baumfalk, Roger McNeley and Kim Utsler



Chad and Dawn Frease



Victoria Holt and Kion McDole



Melissa Callstrom and Dayler Hembry

OUT & ABOUT



A ribbon cutting was held for Quest Haven Books on Sept. 20. Photo courtesy of Vicki Minor, The Madisonian



A ribbon cutting for Briles Auto Repairs was held Oct. 18. Photo courtesy of Vicki Minor, The Madisonian



Subway celebrated its first anniversary with a ribbon cutting. Photo courtesy of Vicki Minor, The Madisonian



A ribbon cutting was held for Urban Taproom & Grille on Oct. 15. Photo courtesy of Vicki Minor, The Madisonian



Makenna Olson at the volleyball game held at ADM on Oct. 24.



Klaire Seidler at the volleyball game held at ADM on Oct. 24.



Callie Welsch at the volleyball game held at ADM on Oct. 24.



Kya Cochran at the volleyball game held at ADM on Oct. 24.



Brynn Acton at the volleyball game held at ADM on Oct. 24.



Dottie Reed at the volleyball game held at ADM on Oct. 24.



Maci Olson at the volleyball game held at ADM on Oct. 24.



Zoey Breeding at the volleyball game held at ADM on Oct. 24.

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FINANCIAL

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MISCELLANEOUS

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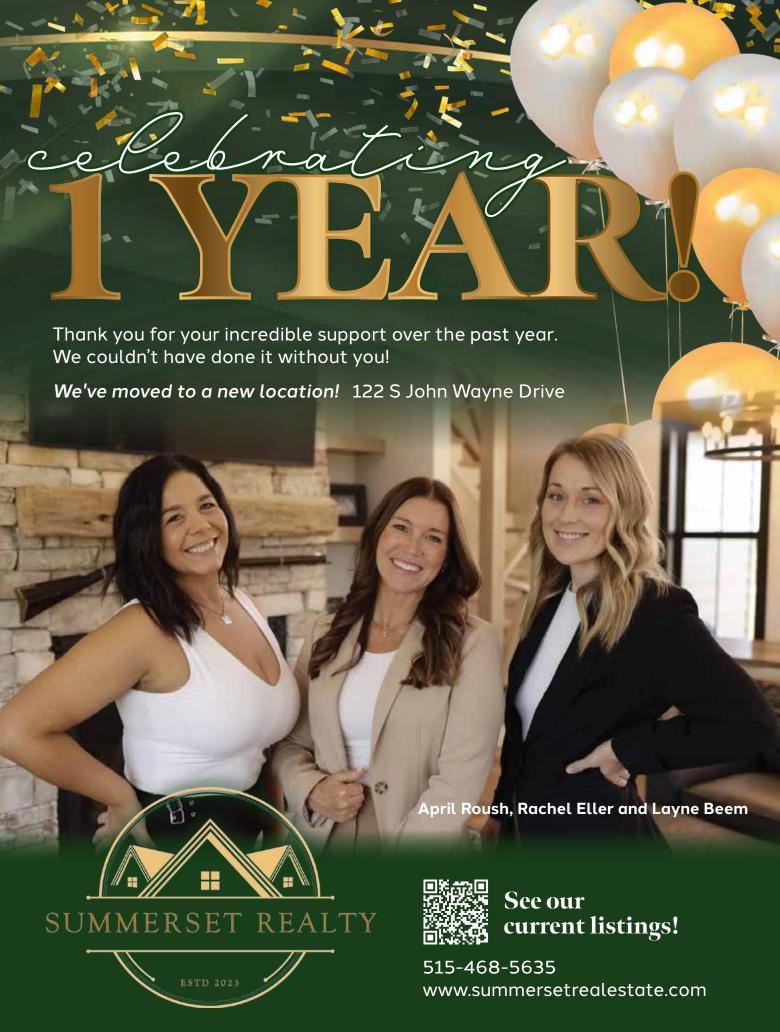
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