

# ADEL *Living Weekly*



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## ADM SCHOLARSHIP FOUNDATION STUDENTS OF THE MONTH

Marching band, dance team, cheerleaders and, last but not least, football players all gathered to celebrate Homecoming 2024. At the pep rally, the kings and queen were crowned. Yes, kings. For the first time in the history of the Homecoming Royalty, there was a tie in the vote for Homecoming King. Queen Soila Winter was escorted by two kings — Isaac Hatchitt and Owen Evans. The football team then continued its winning streak with an overwhelming victory over Des Moines North. We cannot leave out the victories of the volleyball team, which is perfect in Raccoon River competition. In cross country, the Tiger boys are ranked second in the Raccoon River Conference with the Tiger girls placing fourth at the Williamsburg meet.

Congratulations goes to the ADM Marching Band for its superb performance in the North Central



**Adel Rotary recognizes Annika Hillmer:** The Rotary Club of Adel honored Annika Hillmer at its club meeting on Oct. 16, recognizing her as Adel Rotary's September Student of the Month for her leadership in Cheer. Annika is pictured with Rotarian Paul Zietlow, who is presenting her with a certificate noting her accomplishment.


Band Competition. After attaining Class 3A Champion, they received the trophy for Overall Champion.


Another month has passed, and we want to recognize the students designated by teachers and/or coaches in their specific categories. Also, the Foundation thanks the local businesses that sponsor the Student of the Month program. The following students are recognized for the month of October.


- **Student of the Month:** Isaac Hatchitt, Raccoon Valley Bank
- **Kiwanis:** Evelyn Horgen and Luke Yanacheak
- **Fine Arts:** All-State Band, Choir, Taylor Braun (band) and Tate Truitt (choir), Lincoln Savings Bank
- **Football Players of the Week:** Fuller Petroleum Service, Inc.
  - **Week four:** Hudson Shull and Grant Engleman
  - **Week five:** Jaxson Pitzen and Rhett Boston
  - **Week Six:** Devin Gelhaar and Corbin Reed


.....  
**STUDENTS, CONTINUED ON BACK**


**ADEL WEATHER FORECAST**

**FRIDAY HIGH 65 | LOW 36**   
Windy with plenty of sunshine

**SATURDAY HIGH 64 | LOW 40**   
Beautiful with plenty of sunshine

**SUNDAY HIGH 69 | LOW 54**   
Mild with plenty of sunshine


**MONDAY HIGH 74 | LOW 62**   
Partly sunny; strong winds

**TUESDAY HIGH 72 | LOW 49**   
Mostly cloudy; p.m. t-storms

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*ADEL Living Weekly*

Contact Dan Juffer  
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FROM THE PUBLISHER

# OVER OR UNDER?

I am curious how you roll. Or, maybe more accurately, how you unroll.

The age-old debate on the proper orientation for the toilet paper roll continues to baffle me. As a younger man, I never noticed, and, quite frankly, I didn't care. My only concern was that there was enough toilet paper on the roll.

Meanwhile, this is a real debate with arguments for the "over" or "under" based on aesthetics, hospitality, ease of access and cleanliness. And then there are the topics of paper conservation, ease of detaching sheets, and compatibility with pets.

Who knew this was such an issue? The answer is, apparently, people like me. I recently found myself so irritated by a roll in the "over" position rather than the "under" position that I changed it — and it wasn't even in my house.

Before you label me as too

forward with this switcheroo, you should know the incident was not in the bathroom of someone else's home. It was at our office, where I pay the lease and, as such, I believe I have the right to say which way the toilet rolls go.

I was surprised to learn that my preferred choice of "under" puts me in the minority, as approximately 70% of people prefer the "over" position.

In a survey of 1,000 Americans by Cottonelle, the results showed roughly 50% of the population say they pay active attention to toilet paper orientation, and 20% say they get agitated if the toilet paper is oriented the "wrong" way. About 19% of people even admitted to changing the orientation of toilet paper in someone else's house.



So, is this a male/female debate, much like the toilet lid being up or down? Apparently not, according to studies. However, Cottonelle found that men do rate higher for agitation if the orientation doesn't match their preference.

Maybe how we mount our toilet paper rolls says something about our personality. Dr. Gilda Carle, a consultant for Cottonelle, claims people who utilize the "over" technique are more likely to have a dominant personality type. And if you hang "under," you're more likely to have an easy-going nature.

Which do you prefer, and why? Send me a note and let me know.

Have a great week, and thanks for reading. ■



Shane Goodman  
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## CRAFT AND VENDOR SHOW

The ADM Fine Arts Boosters will hold a craft and vendor show on Nov. 9, 9:30 a.m. to 2:30 p.m., at Meadow View Elementary, 1300 S. 15th St., Adel. General admission is \$5 for adults, \$3 for children, and free for children under 5 and parent/student volunteers. ■

## ADEL COMMUNITY BLOOD DRIVE

A blood drive will be held Tuesday, Nov. 5, 9 a.m. to 12:30 p.m. at Lincoln Savings Bank, 312 Nile Kinnick Drive S., Adel. Appointments are encouraged by calling 800-287-4903 or visiting [lifeservebloodcenter.org](http://lifeservebloodcenter.org). Blood collected from LifeServe is provided to local hospitals. ■

## WEDNESDAY NIGHT MEAL OCT. 30

The Adel United Methodist Church, 115 S. 10th St., is hosting a weekly Wednesday Night Meal in the fellowship hall downstairs. Serving is 5-6:30 p.m. This is a freewill donation meal. All are welcome. ■

## DES MOINES VA HOSPITAL'S NEEDS FOR VETERANS

Federal funds may not be used to purchase personal items for veterans at VA hospitals. Individuals and groups, like the Adel American Legion Auxiliary Unit 464, step forward to collect clothing and other items needed by veterans in the Des Moines VA Hospital or in the domicile. The following items are most requested now: men's sweatpants/athletic pants (size M-XL); men's sweatshirts (size XL-XXL); men's athletic shorts (size S-5XL); small, simple sports bras; men's and women's slip-on shoes (all sizes); backpacks; large-print books; individually wrapped snacks; and decaf ground coffee.

Donations can be dropped off at 1305 S. 15th St., Adel, or contact Shirley McAdon at (515)-993-4862 for pick up. ■

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## ADM SPORTS SCHEDULE

### Friday, Oct. 25

7 p.m. **Football:** Varsity @ North Polk

### Saturday, Oct. 26

5 p.m. **Cheerleading** vs. TBA

### Tuesday, Oct. 29

4 p.m. **Esports:** Varsity vs. Nevada

7 p.m. **Volleyball:** Varsity Regional Final vs. TBA

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## HARVEST FEST FALL DINNER

St. John's Catholic Church in Adel is having a Harvest Fest Fall Dinner on Nov. 9. The menu includes smoked pork chops and various sides and desserts from 5:30-7:30 p.m. Tickets are \$12 for adults and \$8 for kids 3-10. There will also be a silent auction and kids activities. Join this evening of faith, fellowship and fall's bounty. St. John's Catholic Church is located at 24043 302nd Place, just off Highway 169 South. ■

## THIRD MONDAY BINGO NOV. 18

Enjoy bingo on Monday, Nov. 18, 6-8 p.m. at the Masonic Lodge, 411 S. 12th St., Adel. Seventeen games (\$0.25/card) plus an 18th Progressive Blackout (\$1/card) will be held. Packaged snacks and non-alcoholic drinks will be available. ■

## ADEL MASONIC BREAKFAST

The Adel Masons will be serving a breakfast of biscuits and gravy, pancakes, scrambled eggs, bacon, milk, orange juice and coffee for \$9 per plate on Sunday, Nov. 10, from 9 a.m. to noon, at the Masonic Lodge, 411 S. 12th St. ■

## FUNERAL NOTICES

*Funeral notices can be emailed to [tammy@iowalivingmagazines.com](mailto:tammy@iowalivingmagazines.com)*

### DARLENE B. PITSENBARGER

Darlene B. Pitsenbarger, 100, of Adel, died Sunday, Oct. 20, 2024, at EveryStep Kavanagh House in Des Moines. Visitation was Oct. 24 at Caldwell Parrish Funeral Home in Adel. A funeral service will be at 10 a.m. on Friday, Oct. 25, at Caldwell Parrish Funeral Home in Adel. Interment will be at the East Linn Cemetery in Redfield. Online condolences may be sent to the family at [www.caldwellparrish.com](http://www.caldwellparrish.com).



Darlene was born April 6, 1924, in Waukee. She graduated first in her class of 26 at Waukee Community Schools. She graduated from Iowa State Teachers College (UNI) to become an elementary school teacher in Redfield for more than 20 years. She received her bachelor's of education degree from Drake University in 1963.

She was married to Harold Dean Pitsenbarger for 58 years prior to his death on July 5, 2004. They raised two children, John LeRoy Pitsenbarger and Kay Ellen Vanags. Darlene continued to farm with her faithful business partner, Jim Thome, until her death. She took great pride in still having a garden and living on her farm. She lived to see the fruits of this year's bountiful harvest.

Darlene, who hosted all the family's holidays, enjoyed having her two children, their children and their children's children gather at the farm. Her grandchildren are Stacey Pitsenbarger, Justin Pitsenbarger, Amanda Doherty, Christina Sheridan, Melinda Vanags and Elizabeth Jones, and her great-grandchildren are Jamien Williams, Jr., Xandria Berger, Ronnie Berger III, Andrew Millang, Riley Pitsenbarger, RaeLynn Pitsenbarger, Tyra Doherty (deceased), Justice Huff, Jasmine Doherty, Anthony and Rebecca Pitsenbarger. Darlene continued to welcome additional family members, Todd Sheridan, Micheal Jones, Deena Pitsenbarger and Jarrett Huff to her life. Nieces and nephews from afar helped round out her life and brought her much joy. Jim and Bobbi Thome, Jack and Carol Nelson, Cathy Clark, and Linda Miller helped her have a full life with stimulating and enjoyable conversation.

Memorials are suggested to the family to donate to Darlene's favorite charities. ■



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## About David Young

David is a seventh-generation Iowan born and raised in Van Meter where he resides today.

He is a graduate of Drake University where he currently teaches.

David previously served as U.S. Congressman for Iowa's 3rd Congressional District and sponsored legislation passed into law to help our veterans, farmers, small business owners, teachers, seniors, and Iowa workers and families.

Now, in the Iowa House, David is continuing his work to make our community a better place to live. As an Assistant Majority Leader, David is working to keep our streets safe, strengthen local schools, and lower taxes on hardworking Iowans.

- ✓ **Safer Communities**  
David is a proven supporter of law enforcement and always backs the blue. He helped pass legislation to fight human and drug trafficking.
- ✓ **Stronger Schools**  
David is a strong advocate for our local schools and parents. He voted to increase teacher pay, refocus K through 12 curriculums on the basics, and expand access to childcare.
- ✓ **Lower Taxes**  
David will continue to vote for lower taxes and fight to eliminate wasteful government spending to lower inflation and the cost of essentials – from groceries to gas.



Scan here and make a  
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**VOTE** David Young  
FOR IOWA HOUSE

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## EVENTS IN THE AREA

EMAIL YOUR EVENT INFORMATION TO  
TAMMY@IOWALIVINGMAGAZINES.COM**FAMILY HALLOWEEN FUN  
AT LIVING HISTORY FARMS**

Oct. 18-20, 25-27

Living History Farms,

11121 Hickman Road, Urbandale

Enjoy Family Halloween Fun. Go online for start times. Enjoy a Halloween event designed for families. Trick-or-treat at storefronts in the 1876 town of Walnut Hill; enjoy storytellers, demonstrations and crafts; and join a hayrack ride. Cost is \$9 for ages 2 and older, \$8 for members. For more information, visit [lhf.org/event/halloween](http://lhf.org/event/halloween).

**BRICKER PRICE BLOCK  
SENIOR SPEAKER SERIES**

Fridays through mid-November, 10 a.m.

105 S. Chestnut Ave., Earlham

Enjoy these free, educational, historical and/or cultural presentations in the upstairs of the historic Bricker Price Block event venue. Programs are:

- **Nov. 8:** Madison County in World War I, Linda Griffith Smith
- **Nov. 15:** Iowa in WWII, Michael Vogt, Iowa Gold Star Military Museum
- **Nov. 22:** Our World, Our Stories: International Students Share Their Heritage, Emilijia Rajic of Serbia and Vladilena Vetrova of Moldova.

**DES MOINES COMMUNITY  
ORCHESTRA CONCERTS**

The Des Moines Community Orchestra has announced its concert dates for the 2024/2025 concert season. Admission is free. Concerts start at 2 p.m. with pre-concert talks at 1 p.m. For more information, visit [desmoinescommunityorchestra.org](http://desmoinescommunityorchestra.org). Concerts are:

- **Sunday, Oct. 27:** Halloween Costume Concert, Sheslow Auditorium.
- **Sunday, Dec. 8:** Celebrate & Sing Handel's Messiah, Grace United Methodist Church.
- **Sunday, Feb. 23:** Winter Concert and Past Audience

Favorites, Sheslow Auditorium.

- **Sunday, May 11:** Spring Concert, Carl's Favorite Finales, Sheslow Auditorium.

**IOWA WIND ENSEMBLE,  
A SOUSA SPECTACULAR**

Sunday, Oct. 27. 3 p.m.

Franklin Jr. High Events Center, Small Auditorium

Get ready to march to the beat of American history as the Central Iowa Wind Ensemble presents A Sousa Spectacular, an exciting tribute to the timeless legacy of John Philip Sousa, the "March King," and the golden age of American marches. This dynamic concert will transport audiences to a patriotic realm filled with grandeur, pride and musical excellence. For tickets, visit [www.ciwe.org/sousa](http://www.ciwe.org/sousa).

**DES MOINES PERFORMING  
ARTS SHOWS**

Des Moines Civic Center, Cowles Commons, Stoner Theater, Temple Theatre, 221 Walnut St., Des Moines  
<https://www.desmoinesperformingarts.org>

- **Oct. 29 - Nov. 3:** The Second City 65th Anniversary Tour

**HOYT SHERMAN PLACE SHOWS**

1501 Woodland Ave., Des Moines

[hoytsherman.org](http://hoytsherman.org)

- **Oct. 29:** Theory of a Dream at 7 p.m.
- **Nov. 1:** Vitamin String Quartet at 8 p.m.
- **Nov. 12:** A Motown Christmas at 7 p.m.
- **Nov. 15:** The Black Jacket Symphony Presents Elton John's "Madman Across the Water" at 8 p.m.
- **Nov. 16:** Jim Brickman: Comfort & Joy at 7:30 p.m.
- **Nov. 23:** Liverpool Legends Beatles Experience! at 8 p.m.
- **Nov. 25:** Michael W. Smith - Every Christmas at 7 p.m.
- **Dec. 5:** Christmas with Lorie Line at 7 p.m.
- **Dec. 22:** In the Christmas Mood with the Glenn Miller Orchestra at 7 p.m. ■

## RECIPE

# A GO-TO SWEET POTATO SIDE

*(Family Features)* Sweet potatoes seem to scream “fall,” especially this roasted version that pairs well with a wide variety of family favorites like fried chicken. It can be your go-to recipe when comfort cravings call for a savory (not sweet) side. ■

## ROASTED SWEET POTATOES

*Recipe courtesy of “Cookin’ Savvy”*

Servings: 4

### Ingredients:

- 2 large sweet potatoes, washed and cubed
- 1/2 tablespoon garlic powder
- 1/2 tablespoon onion powder
- salt, to taste
- pepper, to taste
- oil, for drizzling
- 2 tablespoons butter

### Directions:

Heat oven to 425 F.

In bowl, mix cubed sweet potatoes with garlic powder, onion powder and salt and



pepper, to taste. Drizzle with oil; mix well.

Place sweet potatoes in baking dish and bake 30 minutes. Remove from oven

and spoon butter over sweet potatoes, mixing well.

**Note:** If using small sweet potatoes, use four (one per serving).

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## HARVEST DINNER IS NOV. 1

Faith Lutheran Church and Preschool, 602 S. 14th St., Adel, is holding its annual Harvest Dinner Nov. 1, 5-7 p.m. Proceeds will be split between Blue Kindness and Faith Lutheran Youth for a trip to New Orleans in 2025. Tickets are \$12 for adults and \$5 for children ages 3-10. ■

## SIP & SAMPLE: ADEL HOMETOWN HOLIDAY CELEBRATION DEC. 6

The Adel Partners Chamber of Commerce presents its Sip & Sample: Adel Hometown Holiday Celebration on Friday, Dec. 6. From 1-3 p.m., Santa and Mrs. Claus will be at the library twisting balloon creations. Enjoy fun crafts and activities. Cookies and cocoa will be available. At 4:45 p.m., stroll over to the northeast corner of the square to enjoy Christmas Carols by the Scouts before the 5 p.m. lighting of the Christmas tree and wreaths. Then stroll to the shops participating in the Sip and Sample while enjoying Music by Gottazig on the square and visiting Santa at the Raccoon Valley Bank courtesy of the Kiwanis. Events wrap up at 7:30 p.m. ■

## A SAFE AND HEALTHY HALLOWEEN OCT. 25

"We don't scare. We care!" Enjoy a Halloween event at Dallas County Hospital, 610 10th St., Perry, on Friday, Oct. 25, 5-6:30 p.m. Go to the north entrance. ■

## STUDENTS, FROM FRONT

- **Volleyball:** London Warmuth, Adel Lions Club
  - **Cheer:** Claire Goodrich, Adel HealthMart
  - **Boys Cross Country:** Max Marple, River Valley Insurance
  - **Girls Cross Country:** Evelyn Horgen, Adel Rotary Club
- Each year at commencement, scholarships are granted to

qualifying seniors graduating from the ADM School District going on to post-secondary education. All contributions given to the Foundation are invested, and the income is used to provide the scholarships. The amount of \$947,500 has been given in scholarships to 967 students since the Foundation's inception in 1985. More information may be found online at [www.admscholarshipfoundation.com](http://www.admscholarshipfoundation.com). ■



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