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GREENLEES AMONG THE COLORING CONTEST WINNERS AT THE STATE FAIR



Iowa Secretary of Agriculture Mike Naig recognized Autumn Greenlees, Adel, who was among the 16 Iowa students whose artwork was selected for inclusion in the 2024-2025 Choose Iowa Coloring Calendar during a ceremony at the 2024 Iowa State Fair. Learn more about Choose Iowa at www.chooselowa.com. ■

ADEL WEATHER FORECAST

FRIDAY HIGH 92 | LOW 63

Mostly sunny, very warm



SATURDAY HIGH 83 | LOW 55

Mostly cloudy and humid



SUNDAY HIGH 60 | LOW 54

Cloudy; showers and a t-storm



MONDAY HIGH 65 | LOW 50

Cloudy; morning showers



TUESDAY HIGH 71 | LOW 54

Cloudy



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FROM THE PUBLISHER

'LONG-HAIRED FREAKY PEOPLE'

“Sign, sign. Everywhere a sign. Blockin’ out the scenery. Breakin’ my mind. Do this, don’t do that. Can’t you read the sign?”

Those were the words of Five Man Electrical Band in 1971. I was more familiar with the version by Tesla (the band, not the car-maker) in 1990, but the message is the same. The lyrics made sense to a lot of people then, and they still do today.

On my admittedly short 2.2-mile, 6-minute commute to work yesterday morning, recently, I counted 148 signs, not including any on vehicles. I surely missed some, but you get the idea. That’s a lot of signs. Stop signs. Street signs. No parking signs. Traffic signs. Election signs. Road closed signs.

We have all these signs to show us where we are and what we are to do (and not do), but we still get lost and do the wrong things. You have heard the phrase, “Sometimes, you have to spell it out for people.” That’s exactly what signs do, yet, we

struggle. Don’t think so? Ask a police officer how many citations are issued to people who ignore what is posted on signs. Better yet, ask how often these violations happen and citations are not issued.

We created an entire generation of people who can’t read a paper map. Granted, most all of us struggle to fold them back together, but to not be able to read a map? What have we done? Most map-illiterates rely on GPS software on their phones or in their cars for directions. I appreciate these as well. They work. Until they don’t. Then I pull out a paper map. My friend Jeff says schools should teach kids how to read maps. Good idea. Maybe signs, too.

Some locales far different than ours here in Iowa have problems with lighted signs disorienting seabirds and turtles. Government entities implemented restrictions



on these signs to address the problems. I was on an island several years ago where neon signs were banned. Actually, the lack of these signs was quite nice. Pigs in confinement buildings are apparently not bothered by neon signs. Whew.

Don’t get me wrong. I don’t want to ban signs, not even neon ones. That would impact way too many country music songs.

My friend Mike runs a business that makes signs. He has made several for me, and he does a great job. We need people like Mike, and we need signs. But what we need more than signs are people to actually read signs and do what they say. Everyone. Even “long-haired freaky people.”

Have a great week, and thanks for reading. ■



Shane Goodman
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THIRD MONDAY BINGO

Enjoy Bingo on Monday, Oct. 21, 6-8 p.m. at the Masonic Lodge, 411 S. 12th St., Adel. Seventeen games (\$0.25/card) plus an 18th Progressive Blackout (\$1/card) will be held. Packaged snacks and non-alcoholic drinks will be available. Bring a dauber if you have one. They will also be for sale. ■

ADM SPORTS SCHEDULE

Friday, Sept. 20

- 1:30 p.m. **Cross Country:** Boys at University of Minnesota @ Les Bolstad Golf Course
 2:15 p.m. **Cross Country:** Girls at University of Minnesota @ Les Bolstad Golf Course
 4:45 p.m. **Football:** Freshman @ Norwalk
 7:30 p.m. **Football:** Varsity @ Norwalk

Saturday, Sept. 21

- 9 a.m. **Volleyball:** Freshman Invitational @ Des Moines East

Monday, Sept. 23

- 4:30 p.m. **Volleyball:** JV Triangular @ Atlantic
 6 p.m. **Football:** JV vs. Norwalk

DALLAS COUNTY CONSERVATION

To register, visit dallascountyia.gov/conservation or call the office at 515-465-3577.

FALL EQUINOX CELEBRATION

Sunday, Sept. 22, 6:30-7:30 p.m.

Hanging Rock Park shelter house, Redfield

Join a DCCB naturalist at the astronomical clock to celebrate the celestial change of seasons. Fall is when nature wears her prettiest dresses. Sing the sun down and reflect on the meaning of the season. Registration required.

PRAIRIE CIRCLES PART 1: SEED HARVESTING

Tuesday, Sept. 24, 5-6:30 p.m.

Voas Nature Area, 19286 Lexington Road, Minburn

Through this six-part series, participants will learn the process of growing their own native prairie plants. Participants will learn to collect, process and grow seeds throughout the next several months. At the conclusion of this series, participants will have plants they have grown from seed to plant in the prairies of Kuehn or start a prairie of their own.

HIGH TRESTLE HAWK WATCH 2024

Sunday, Sept. 29, 10 a.m. to 4 p.m.

QF Lane Madrid

Join several "hawkers" as they watch the river of raptors move south along the Des Moines River. They will be helping new and experienced birders identify the birds as they pass. Viewing will be on the west overlook on the Woodward side of the HTB. Parking is on the east side off of QF in Boone County. A half-mile walk on level ground is required. No registration required. ■



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HISTORY

DINING DURING THE GREAT DEPRESSION EARLY YEARS

BY MIKE FLINN

During the early years of the Great Depression, 1930 to 1933, there was no shortage of restaurants in Adel. Everett McCleary's Coney Island, on the north side of Main Street, had recently been doubled in size and was then just Mack's Café. The Wright Coffee Shop, started by Kenneth Wright, was purchased by the Wright Brothers, Dave and John, who continued it as the Wright Cafe. The brothers soon discovered, however, that running a restaurant required more time than they were able to devote, as they both had other jobs. After a few months, they sold the café to C.S. Guy, who then changed the name to The Dixie Café. Guy operated The Dixie until March of 1932 when he sold it to H.L. Good and L.H. Ahrnken. Meanwhile, the Wright brothers had found other pursuits more to their liking. Both started successful tree trimming businesses.

Other downtown restaurants included The Whiteway, The Junction, The East Side, Fortune's

Café, Howell's Café, Don's Sandwich Shop, The Club Café, Reynolds Cafe and the Just Right Café. There was no lack of choice.

Highway 6 was a main thoroughway in the early 1930s, and at least two entrepreneurs took advantage of that. On April 6, 1932, Herb Edwards announced he would open a new café on his property at Ninth and Greene (Highway 6). He had also remodeled the big house on the property and converted it into a tourist hotel. The name of this new enterprise would be Elm Park Hotel and Café.

Another man who saw the possibilities of a Highway 6 location was William McGinnis. On May 24, 1932, he announced he was erecting a new café building on the west end of town along Highway 6. In addition to the café, he was also building a service station and cabin camp. This business survived into the 1970s.

With the end of prohibition, café owners rushed to procure the necessary city license so they could

provide their patrons with a cold brew along with their meal. Mack's and The Junction Café were the first and were then able to serve "refreshing 3.2 beer in large mugs."

Don Williams announced he had leased the building on Main Street just west of Skinner Hardware and planned to open a new café to be known as the City Club Café and Beer Garden (not to be confused with the Club Café, which burned down in 1932). Free beer was served for an hour at the grand opening on Aug. 12, 1933. It was 10 cents after that.

Mack's Café continued to dominate the downtown eatery trade, but a new establishment threatened to confuse customers when Mr. and Mrs. V.E. McCleary (Mack's cousin) purchased the Eastside Café and renamed it Dick and Mac's Café.

Another interesting name change occurred when Mrs. L. Rapp purchased the equipment and fixtures of Ray's Place in the Scott building and renamed the café "Betty Lou's Sandwich Shop." ■

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VINTAGE & MADE FAIR

The indoor/outdoor Vintage & Made Fair celebrates the handmade and vintage community on Saturday, Sept. 21, 9 a.m. to 4 p.m., at the Dallas County Fairgrounds, 28057 Fairgrounds Road, Adel. You will find antiques, vintage, home décor, jewelry, handcrafted goods, seasonal flora, food and beverage trucks, live local music and everything you need to create a vintage and handmade lifestyle. Admission is \$10 with 12 and younger free. ■

ADEL MASONIC BREAKFAST

The next Adel Masonic Breakfast will be Sunday, Oct. 13, from 9 a.m. to noon at the Masonic Lodge, 411 S. 12th St. The Adel Masons will be serving a breakfast of biscuits and gravy, pancakes, scrambled eggs, bacon, milk, orange juice and coffee for \$9 per plate. ■

FOOD DRIVE TO BE HELD SEPT. 28

Adel Women's Club is taking part in the General Federation of Women's Clubs (GFWC) 2024 National Day of Service. This year's NDS campaign spotlights food insecurity and hunger in the United States. The club will be hosting a food drive on Saturday, Sept. 28 from 9 a.m. to noon. Food and/or monetary donations can be dropped off at the Lincoln Savings Bank at 312 Nile Kinnick Drive in Adel. Most needed items include: canned meat, canned fruit, flour, sugar, boxed dinners, cereal, soup, peanut butter, jelly, and full-size personal care products. Those making donations will receive a thank you donut courtesy of Caseys and discount coupons from Real Deals and Scooter's Coffee while supplies last. ■

KIWANIS CLUB SPONSORS KEY CLUB

The Adel Kiwanis Club is sponsoring an ADM High School Kiwanis Key Club. The Key Club is a community service program typically for students who are 14 to 18 years old in secondary or high school equivalent. It is a student-led organization that provides its members with opportunities to perform service, build character and develop leadership. For more information, contact President Scott Hall at shall182@gmail.com or Secretary Jodi Kuhse at kuhsecj@yahoo.com. ■

WEDNESDAY NIGHT MEAL

The Adel United Methodist Church, 115 S. 10th St., is hosting a weekly Wednesday Night Meal in the fellowship hall downstairs. Serving is 5-6:30 p.m. This is a freewill donation meal. All are welcome. ■

NEEDS LIST FOR VETERANS AT THE DES MOINES VA HOSPITAL

Federal funds may not be used to purchase personal items for veterans at VA hospitals. Individuals and groups, like the Adel American Legion Auxiliary Unit 464, step forward to collect clothing and other items needed by veterans in the Des Moines VA Hospital or in the domicile. The following items are most requested now: men's sweatpants/athletic pants (size M-XL); men's sweatshirts (size XL-XXL); men's athletic shorts (size S-5XL); small, simple sports bras; men's and women's slip-on shoes (all sizes); backpacks; large-print books; individually wrapped snacks; and decaf ground coffee.

Donations can be dropped off at 1305 S. 15th St., Adel, or contact Shirley McAdon at 515-993-4862 for pick up. ■

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EVENTS IN THE AREA

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The Des Moines Playhouse classes

THE DES MOINES PLAYHOUSE CLASSES

Registration is now open for fall classes at The Des Moines Playhouse. Saturday morning classes are offered for students in preschool through tenth grade. New this year, classes for home schooled students K-7 will be held Wednesday mornings. Camps will also be offered over winter break. Class sizes are limited and registration is first-come, first served. Learn more about classes and registration at www.dmpplayhouse.com/education/classes-and-camps.

Students 8 and older can also audition for roles in upcoming productions. Information on auditions for the Kate Goldman Family Series and Signature Series is available at www.dmpplayhouse.com/audition-2.

MULTICULTURAL POW WOW

Sept. 20-22

Jester Park, Granger

This year will mark the 25th year of the Pow Wow. The event will not only showcase some staples of Native American heritage, but other cultures' customs as well. Vendors and a variety of activities are featured. Finding common ground among all people is something we should all strive for, says organizer Ralph Moisa. For more information and schedule of events, visit www.whiteeaglepowwow.com.

BLUE BELIEVERS RUN/WALK

Saturday, Sept. 21, 7:30 a.m.;

run/walk event 8:45 a.m.

Principal Park, 1 Line Drive, Des Moines

Blue Believers, a local nonprofit dedicated to raising awareness and funds for prostate cancer, is holding a run/walk event in collaboration with Team Blue Iowa. Included is a 1-mile walk, 5K walk, timed 5K run and kids fun run. The theme is superheroes and participants are encouraged to dress as their favorite superhero. Live local music will be featured throughout the day and a survivor recognition ceremony will be held. A moment of remembrance will also be held. Proceeds will be donated locally to support Iowa men and families affected by prostate cancer. Register at www.teambblueiowa.com.

HALFWAY TO ST. PAT'S CHARITY CAR SHOW

Sept. 22

Charlie's Filling Station,

305 Grand Ave., West Des Moines

www.friendlysonsiowa.com

The Friendly Sons of St. Patrick are holding a fundraising car show to benefit the St. Patrick's Day Parade. Bring your classic or unique vehicle. Registration is 11 a.m. until 1 p.m. Trophies will be awarded at 3 p.m.

PAINT MADISON COUNTY, A PLEIN AIR FESTIVAL

Sunday, Sept. 22

The public can watch artists at work at various sites around Madison County from 9 a.m. to 1 p.m. A reception and sale will be from 4-7 p.m. at Covered Bridges Winery, 2207 170th Trail, Winterset. New this year is a youth division for participants with prizes awarded. For more information, visit www.madisoncounty.com. ■

RECIPE

A COMFORTING APPLE CRUMBLE

(Family Features) Don't let hectic schedules and summer's fade get you down; this warm apple crumble is perfect to put a smile on your loved ones' faces. Visit Culinary.net for more comforting treats all year long. ■

APPLE CRUMBLE

Recipe courtesy of "Cookin' Savvy"

Servings: 4-6

Ingredients:

- 1 can (20 ounces) apple pie filling
- 1 box yellow cake mix
- 1/2 cup chopped pecans (optional)
- 1 1/2 butter sticks, melted
vanilla ice cream or whipped cream topping (optional)

Directions:

Heat oven to 375 F.

In baking dish, spread apple pie filling across bottom. Mix cake mix with pecans, if desired, then evenly cover apple pie filling.

Cover cake mix with melted butter. Do not mix. If butter



pools in one spot, pick dish up and move from side to side until covered evenly.

Bake 30 minutes until crust is

brown.

Serve with vanilla ice cream or whipped cream topping, if desired.

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STORYTIMES

- **Move and Groove Storytime** – Every Tuesday at 9:30 a.m.
- **My First Storytime** – Every Wednesday at 9:30 a.m.
- **Preschool Storytime** – Every Thursday at 9:30 a.m.

ELEMENTARY

- **Pokémon Club*** – Sept. 24 at 4 p.m.
- **No School Event: Bubble Party** – Sept. 27 from 9:30-11:30 a.m.

*Registered event, register at adelpl.org.

TEEN

- **Bingo for Books** – Sept. 26 at 4 p.m.
- **Library D&D*** – Sept. 27 at 1 p.m.

*Registered event, register at adelpl.org.

ADULTS

- **50s+ Senior Gathering** – first and fourth Tuesday of the month at 10 a.m.
- **Welcome to Medicare** – Sept. 26 at 6 p.m.
- **Evening Book Club** – Sept. 26 at 5:30 p.m. ■

CLASSIFIED ADS

FOR SALE: Weber Spirit gas grill with cover. Three piece grill set and gas tank. Manual ignition. Rarely used, never left outdoors. Looks new. \$175. Gallon handsprayer. Unopened. \$15. Hand seeder, still has tags on it. \$10. Cash only. Call 515-993-3100.

FOR SALE: White electric sewing machine. Call 515-729-2217.

HELP WANTED: Patrick's Restaurant 211 S. 7th St Suite C in Adel, Iowa is now hiring for multiple positions. Dishwasher 4:30pm to 9:00pm, Tuesday-Friday. Host/Hostess/Bus Person Saturday and Sunday 9am-1:30pm. Must be able to work in a fast paced environment and be reliable. Please come in or call to apply, 515-993-3884 Ask for Elisabeth.

HELP WANTED: Parish Administrator AT Grace Lutheran Church, Adel. Part-time. 16 hours/week with flexibility during church office hours (M-F, 8 a.m. - 4 p.m.). \$16-\$18/hour. To apply, submit a resume to Pastor Tania Schramm, pastortania515@gmail.com.

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JOKE OF THE WEEK



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