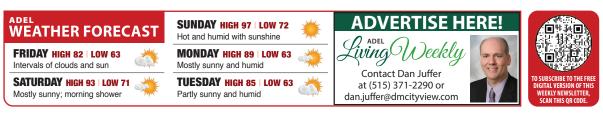


ADEL ROTARY CONTRIBUTES TO EAGLE SCOUT PROJECT: Adel Rotary supports the Eagle Scout Project of Luke Yanacheak with a \$350 check, presented by President Amanda Schwantes. Luke's project will refurbish the welcome signs at the entrances of Adel and update the logos of community organizations on the signs. The efforts of both the Girl Scouts and Boy Scouts of Adel enhance the community with their projects. Adel Rotary salutes them and thanks them for all they do.





# FROM THE PUBLISHER WHY I DON'T PARK NEXTOBUCKS

Boxing promoter Don King once said, "Only in America will you see people circling the parking lot looking for a close space at a gym." How ironic, and, unfortunately, how true.

I read another quote about how people will walk for miles inside big box stores but are too lazy to push their shopping carts 10 feet to the cart corrals in the parking lots. Yep.

If we are being honest, we all have parking habits. Some of us will take the closest spot to the store, regardless of how long we have to wait or how tight the space may be. Others of us will park in the middle of the lot away from all cars, even in a rainstorm. Some of us even park under lights each time to minimize break-ins. Not a bad idea.

Many of us learned the hard way to not park by shopping cart corrals, as a few loose carts and a strong wind gust can create quite a demolition derby — and, surprisingly, those tiny wheels can really pick up speed.

My parking habits changed throughout

my life, depending on what I was driving. When I had an old, beat-up car, I would park in the tightest of spots. One more door ding wouldn't even be noticeable, I rationalized. But when I had a newer vehicle, I would carefully select a spot to minimize the door ding risk.

I am continually amazed that an F-350 pickup can fit in one parking spot but a tiny foreign sports car seems to always take two — and then the driver acts shocked when noticing someone keys the paint.

When I was a kid and my dad and I would go to a grocery store, he would park out in the middle of the lot. I would ask him what was wrong with the spots up front. He



would tell me, "We will save those for the old people."

We don't have a lot of cars in our parking lot at work. As such, we tend to park in every other space, kind of like how teenage boys sit when they go to a movie together.

When my aging father-in-law was still alive, I would notice how he would push open his car door with his feet, and how his door would bang into the car next to him each time. Ever since that observation, I avoid parking next to Buicks... and going to the gym.

How about you? What parking habits do you have? Send me a note and let me know.

Have a great week, and thanks for reading.



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adel Living Weekly

# **SEEN IN ADEL**



**SWEET CORN FESTIVAL PARADE:** Many area businesses had entries in the Adel Sweet Corn Festival Parade Aug. 10. Pictured above is the entry for Noted Studios Music Lessons.



Archer Home Center



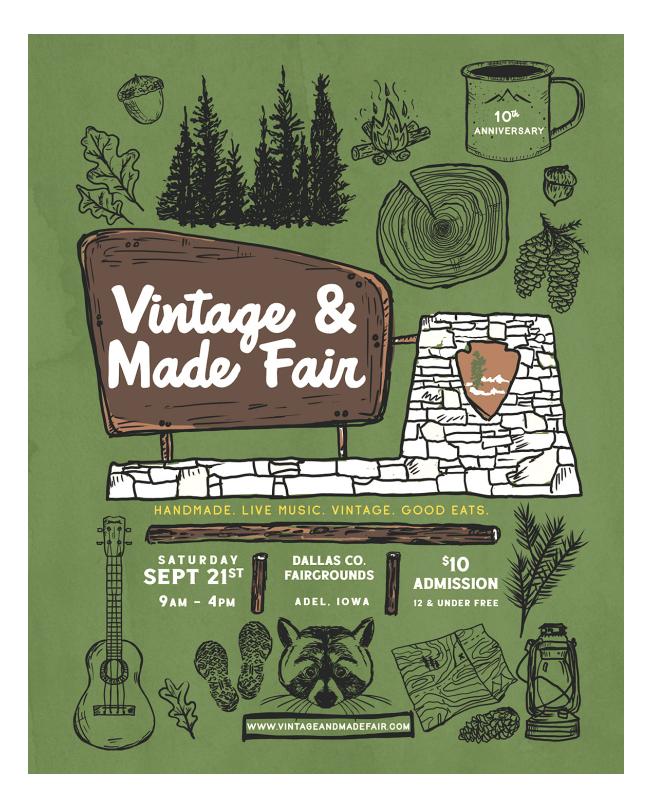




#### **ADM SPORTS SCHEDULE**

#### Friday, Aug. 23 5:30 p.m. Football: Freshman Scrimmage @ Johnston 5:30 p.m. Football: JV Scrimmage @ Johnston 7 p.m. Football: Varsity Scrimmage @ Johnston Saturday, Aug. 24 9 a.m. Volleyball: JV Scrimmage @ Johnston 9 a.m. Volleyball: Varsity Scrimmage @ Johnston 24 HOUR MasterCard • Visa • Discover • GAS & DIESEL 1505 OLD PORTLAND RD • (515) 993-4001





ADEL Living Weekly

# **THIRD MONDAY BINGO**

Enjoy Bingo on Monday, Sept. 16, 6-8 p.m. at the Masonic Lodge, 411 S. 12th St., Adel. Seventeen games (\$0.25/card) plus an 18th Progressive Blackout (\$1/card) will be held. Packaged snacks and non-alcoholic drinks will be available. Bring a dauber if you have one. They will also be for sale.

## **ADM BOOSTER CLUB GALA**

The second annual Adel-DeSoto-Minburn Booster Club Gala will be Saturday, Aug. 24, 5:30-11:30 p.m. at The Rewind hotel in West Des Moines, 6075 Mills Civic Parkway. The evening includes a sit-down dinner,

two cash bars, games, silent auction, live auction and live music by Tony Bohnenkamp. All proceeds going back to the ADM Booster Club. A ticket link is available onine at https://e. givesmart.com/events/D5y/.



### **BIBLE READING MARATHON**

Dallas County will be participating in the 2024 Iowa 99 County Bible Reading Marathon for the ninth year Sept. 4-7 at the southeast corner of the Dallas County Courthouse lawn. People are invited to read 30-minute or longer segments of the Bible when convenient. Hours are 8 a.m. to 5 p.m. on Wednesday, Thursday and Friday and 8 a.m. to 3 p.m. on Saturday. Volunteer readers of all ages are welcome. Bring your Bible, lawn chair and a bottle of water and an organizer will be there to greet you with a portion of the Bible to read. Those unable to join at the event are encouraged to call or email to adopt scripture to read at home or organize a gathering to read as a group. Contact Linda Emehiser, lindaemehiser@gmail.com, 515-478-0952, or Dianne Bentley, diannebentley60@gmail.com, 712-790-0598.

### SUMMER FOOD TRUCK AND LIVE MUSIC

Country Lane Lodge, 29300 Prospect Circle, Adel, is hosting its Summer Food Truck and Live Music events Wednesdays from 5-8 p.m. Admission is free. Yard games and full bar are available. The lineup includes:

Aug. 28: Zipp's Pizza and Kona Ice with music by Corey Jamison

#### South Dallas County Landfill Agency

2000 MAIN STREET, ADEL • 993-3148 7:00 a.m. - 3:00 p.m. M-F 7:00 a.m. - noon Sat. www.sdclandfill.com



### WEDNESDAY NIGHT MEAL

The Adel United Methodist Church, 115 S. 10th St., is hosting a weekly Wednesday Night Meal in the fellowship hall downstairs. Serving is 5-6:30 p.m. This is a freewill donation meal. All are welcome.

#### NEEDS LIST FOR VETERANS AT THE DES MOINES VA HOSPITAL

Federal funds may not be used to purchase personal items for veterans at VA hospitals. Individuals and groups, like the Adel American Legion Auxiliary Unit 464, step forward to collect clothing and other items needed by veterans in the Des Moines VA Hospital or in the domicile. The following items are most requested now: men's sweatpants/athletic pants (size M-XL); men's sweatshirts (size XL-XXL); men's athletic shorts (size S-5XL); small, simple sports bras; men's and women's slip-on shoes (all sizes); backpacks; large-print books; individually wrapped snacks; and decaf ground coffee.

Donations can be dropped off at 1305 S. 15th St., Adel, or contact Shirley McAdon at (515) 993-4862 for pick up.

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#### EVENTS IN THEAREA EMAIL YOUR EVENT INFORMATION TO TAMMY@IOWALIVINGMAGAZINES.COM



Fall Faire Renaissance Faire

#### FALL FAIRE RENAISSANCE FAIRE

Aug. 31 - Sept. 2, 7-8, 14-15 Sleepy Hollow Sports Park 4051 Dean Ave., Des Moines

www.sleepyhollowrenfaire.com

The Renaissance Faire at Sleepy Hollow returns. The park changes to immerse attendees into the olden days for two weekends full of fun.

#### **HUXLEY PRAIRIE FESTIVAL**

Aug. 23-24 Railroad Park, Heart of Iowa Nature Trail, Huxley www.huxleyprairiefest.com "The prairiest festival around."

#### **WORLD FOOD AND MUSIC FESTIVAL**

Aug. 23-25 Western Gateway Park, 1205 Locust St., Des Moines www.dsmpartnership.com/worldfoodandmusicfestival

The award-winning festival brings together two of





life's greatest offerings around the globe.

#### **INGERSOLL LIVE**

Aug. 24, 3-10 p.m.2300 Ingersoll Ave., Des Moineswww.theavenuesdsm.comThe annual block party returns to host vendors of allkinds, live music and plenty of family-friendly fun.

#### WINE AND CIDER FESTIVAL

Aug. 24 Jasper Winery 2400 George Flagg Parkway, Des Moines. www.jasperwinery.com Get a taste of Iowa's grape and apple harvest from more than 20 Iowa wineries and cideries.

#### INDIANOLA CAR SHOW, TRACTOR SHOW AND SWAP MEET

Aug. 24 Warren County Fairgrounds Highway 92, Indianola

The Two-Lane Cruisers of Iowa is hosting this event from 9 a.m. to 4 p.m. To enter or for more information, call Curtis or Cliff, 515-577-2279 or 515-419-3824.

#### SUMMER SUNDAZE

Sunday evenings through Sept. 8, 6-8 p.m. Jamie Hurd Amphitheater

#### 4100 Mills Civic Parkway, West Des Moines

Enjoy free live music and food trucks. Visit wdm. iowa.gov/JHA for more information.



ADEL Living Weekly

# MANAGE HECTIC MORNINGS WITH QUICK, HEALTHY BREAKFASTS

*(Family Features)* Getting kids up and out the door is a challenge all on its own, and on those busy school mornings when nothing seems to run smoothly, healthy breakfasts can go by the wayside. While it's widely recognized as the most important meal of the day, that doesn't always mean you have time to sit down and enjoy it.

Solving your morning rush with grab-and-go breakfasts you can make ahead of time accomplishes both goals at once: staying on schedule and fueling your kiddos (and yourself) for the day ahead. These delicious and nutritious recipes come from Healthy Family Project's 2024 Back to School Campaign, which is raising \$12,000 for the Foundation for Fresh Produce to support children's accessibility to fresh fruits and vegetables.

With a simple graham cracker crust and creamy Greek yogurt filling, Mandarin Orange No-Bake Tarts offer another refreshing, kid-friendly morning meal. They can help you start your day on the right foot whether you're short on time or able to eat a quick bite together as a family.

#### **MANDARIN ORANGE NO-BAKE TARTS**

Recipe courtesy of Healthy Family Project Prep time: 10 minutes Freeze time: 1 hour

#### Ingredients:

- 1 cup graham cracker crumbs
- 2 tablespoons butter, melted
- 1 cup plain nonfat Greek yogurt
- 1 teaspoon vanilla extract
- 2 tablespoons honey or maple syrup
- 4 mandarin oranges, peeled and segmented

#### **Directions:**

In bowl, mix graham cracker crumbs with melted butter. Press mixture into bottom of individual mini tart pans or mini muffin tin. Refrigerate crusts to set while preparing filling.

In bowl, combine Greek yogurt, vanilla and honey or maple syrup. Mix well.



Spoon yogurt mixture into chilled crusts. Freeze tarts at least 1 hour. Top with mandarin segments.







23589 Nantucket Road, Adel 993-3426 www.lenhartdm.com

adel Living Weekly

# **SEEN IN ADEL**



**SERVING UP THE SWEET CORN:** Braylon Whipps and Tommy Harbison were among the many volunteers to help at the Adel Sweet Corn Festival. The two served corn to the attendees.

# **WENDYSUE IN CONCERT**

The public is invited to a free concert by Wendysue on Monday, Sept. 16, 7 p.m. at Faith Lutheran Church, 602 S. 14th St., Adel. For more information, call 515-993-3848.

## **ADEL MASONIC BREAKFAST**

The Adel Masons will be serving a breakfast of biscuits and gravy, pancakes, scrambled eggs, bacon, milk, orange juice and coffee for \$9 per plate on Sunday, Sept. 8, from 9 a.m. to noon at the Masonic Lodge, 411 S. 12th St.





### **CLASSIFIED ADS**

FOR SALE: Womens Huffy Cranbrook 26" bike. \$45. Call 515-321-1128. BICYCLES WANTED: Any condition is ok. For parts or repair. Will pick them

up. Phone 515-238-3343.

**WANTED:** Stereo & electronic radio stuff receivers speakers guitar amp etc. Any age or condition is OK. Call 515-238-3343.

#### LOOKING TO BUY VINYL

**RECORDS:** Paying cash for 60's-90's rock, blues, country and jazz. Call Brian at 515-326-5033.

**WANTED:** Electronics, stereo receivers, guitar or amps, speakers, radios, etc. Any age or condition for parts or repair. Call 515-445-6023.

#### SEND IN YOUR FREE CLASSIFIED AD BY WEDNESDAY AT 10 A.M. TO BECKHAM@DMCITYVIEW.COM

LIST 50 WORDS OR LESS FOR FREE.

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