

FREE! TAKE ONE

SPRING/SUMMER 2023

EXPLORE DES MOINES

CITYVIEW's seasonal guide for activities and things to do in central Iowa

See inside for more!



NEW ON THE
FOOD SCENE



MAKE
A SPLASH



DOG-FRIENDLY
HOTSPOTS



WWW.EXPLOREDM.COM

Photo by Mirza Kudic

GOODWILL



Models: "As Seen On Me" @asseenon.me
Left to Right: @tatianagia, @lindsayeberger,
@asseenonmeganevans, @joooolleb
Photograph courtesy of
@meganruthphotography_

WARDROBES WORTH *thrifting* **FOR.**

Fast fashion is a thing of the past.

Find unique and stylish statement pieces at Goodwill of Central Iowa.



EXPLORE DES MOINES

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IT'S A BRAND NEW SEASON!

BY SOFIA LEGASPI DICKENS

Welcome to Des Moines. Whether you've been here for 30 years or 30 minutes, you'll love this guide to all things dining, shopping, entertainment and recreation in the metro.

Did you know that the Iowa State Capitol's dome is gilded with 100 ounces of 23-karat gold leaf — 250,000th of an inch thick? Or that a short drive from the city takes you to an authentic slice of Denmark, the Netherlands or Germany? How about that the Des Moines metro is home to the first plant bar in the state?

If you answered "no" to any of those questions, then you've come to the right place. It's a brand-new season, and we've compiled more new hotspots, more overlooked standbys and more fun. Explore and enjoy! ■

Editor's note: While we strive for accuracy, last-minute changes are inevitable. Before visiting an event or attraction, be sure to verify location, scheduling and safety regulations, as well as potential ticket and registration requirements.

Photo by Mirza Kudic

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explore FARMERS markets

BY SOFIA LEGASPI DICKENS

Eat fresh and shop local, every single day of the week.

MONDAY

PLEASANT HILL

Mondays, 4-7 p.m., June 5 to Aug. 28

Featuring more than 30 local farmers, vendors, artisans, bakers and musicians each week — plus free train rides. 5299 E. University Ave., Pleasant Hill. facebook.com/PleasantHillIowaFarmersMarket

TUESDAY

JOHNSTON

Tuesdays, 5-8 p.m., June 6 to Sept. 26

Farm-fresh produce, live music, baked goods, crafts and food trucks. 6245 Merle Hay Road, Johnston. cityofjohnston.com/865/Farmers-Market

ADEL

Tuesdays, 4-7 p.m., June 6 to Sept. 16

Locally grown produce, fresh baked goods and handcrafted items in a new location this year. 718 Green St., Adel. Find the “Adel Farmer’s Market” group on Facebook

BEAVERDALE

Tuesdays, 4-7 p.m., June 6 to Sept. 12

Homegrown produce, homemade Iowan products and community. West side of Franklin Junior High building, 4801 Franklin Ave., Des Moines. beaverdalefarmersmarket.org



Find fresh produce, jams, honey and more at the Berean Church parking lot in Pleasant Hill each Monday. Photo courtesy of Pleasant Hill Community Farmers Market

WEDNESDAY

CENTER STREET (DES MOINES)

Wednesdays, 4-6 p.m., June 7 to Aug. 23

The Center Street Community Farmers Market’s name is a nod to the once-bustling business district that played a central role for Black residents of Des Moines. The Cathedral, 901 19th St., Des Moines. oakridgeneighborhood.org

WAUKEE

Wednesdays, 4-7 p.m., June 7 to Sept. 27

Live music, fresh produce, prepared food, crafts, flowers and plants. Downtown Triangle, Ashworth Drive and Sixth Street, Waukee. waukeedowntown.com

BONDURANT

Wednesdays, 6-8 p.m., May 3 to Oct. 25

Local growers, producers, bakers, makers, crafters and more. 201 Main St. S.E., Bondurant. facebook.com/thebondurantfarmersmarket



Vendors and community members gather at Bondurant’s city park each Wednesday. Photo courtesy of Bondurant Farmers Market

THURSDAY

ALTOONA

Thursdays, 5-8 p.m., June through September

Take a leisurely stroll among vendors in the charming Olde Town Altoona setting. Brightside Ale Works, 480 Center Place

VALLEY JUNCTION

Thursdays, 4-8 p.m., May 4 to Sept. 28

A neighborhood tradition since the 1970s, gathering more than 100 unique vendors of all kinds. Live music from 5:30-8:30 p.m. Along Fifth Street, West Des Moines. valleyjunction.com/events/farmers-market

POLK CITY

Thursdays, 4-7 p.m., May 18 to July 28

Taking place on Polk City's picturesque town square, 107 S. Third St., Polk City. facebook.com/polkcitfarmersmarket

PERRY

Thursdays, 4-7 p.m., June through September

Small-town market selling goods directly from Iowa producers and vendors. Downtown Perry along Second Street.

FRIDAY

NORWALK

Fridays, 4-7 p.m., May 5 to Oct. 15

Fresh produce, jam and jellies, honey, baked treats, crafts, locally roasted coffee and more at the Norwalk Christian Church parking lot, 705 Main St., Norwalk. facebook.com/norwalksfarmersmarket

MIDDLEBROOK FARM

Fridays, 4:30-7:30 p.m., May 19 to Sept. 29

Live music, food trucks, wine/beer wagon and farmers market vendors during Fridays at the Farm. 4300 Cumming Ave., Cumming. middlebrookfarm.com



The Downtown Des Moines Farmers Market draws thousands to the Historic Court District each week. Photo courtesy of Greater Des Moines Partnership

SATURDAY

DOWNTOWN DES MOINES

Saturdays, 7 a.m. to noon, May 6 to Oct. 28

Renowned as one of the best in the nation, the Downtown Des Moines Farmers' Market offers it all. Farm fresh produce, meats, cheeses, eggs, wine, artisan packaged food, locally grown flowers, handmade art — and, of course, live music at every corner. Start times will shift to 8 a.m. in October. Historic Court District, Des Moines. desmoinesfarmersmarket.com

JOIN THE BATTLE!

**Where Friends and Family
Come Together to Conquer!**

KIDS ARE ALWAYS WELCOME!

Load up your crew and join
us for your next
family adventure!



Photography by Jesse Levi
Hummel of Throvv



Can accommodate
small, medium,
and large groups

**NO EXPERIENCE
REQUIRED!**

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with each paid
admission!**

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SATURDAY

GRIMES

Saturday, 7-11 a.m., June through July

Recently relocated to Heritage Park — find the big clock tower! Just off Highway 141 on N.E. Beaverbrooke Blvd., Grimes. facebook.com/thegrimesfarmersmarket

INDIANOLA

Saturdays, 8 a.m. to noon, June 3 to Oct. 28

Seasonal produce, farm fresh eggs and meats, local crafts and more at the Warren County Fairgrounds, 1400 W. Second Ave., Indianola. facebook.com/indianolafarmersmarket

UPTOWN ANKENY

Saturdays, 8 a.m. to noon, May 20 to Sept. 30

Seasonal produce, homemade treats, perennial plants, and hand-made crafts. The market will be closed on July 8 for Ankeny Summerfest. 715 W. First St., Ankeny. uptownankeny.org/farmers-market

GLOBAL GREENS

Saturdays, 9 a.m. to 12:30 p.m., May 13 to Oct. 28

Fresh produce grown by former refugee farmers. Part of the Global Greens program by Lutheran Services in Iowa. Polk County Public Health building parking lot, 1907 Carpenter Ave., Des Moines. lsiowa.org/market

HEART OF DES MOINES

Second Saturdays, 4-7 p.m., June through October

Dates are June 10, July 8, Aug. 12, Sept. 9 and Oct. 14. Fresh and healthy food, arts and community in the River Bend Neighborhood, 1618 Sixth Ave., Des Moines. facebook.com/heartofdesmoines

SUNDAY

MAXWELL

Second and fourth Sundays, noon to 2:30 p.m., May through September

Maxwell's Market in the Park takes place the second and fourth Sundays of each month and is operated by sister-in-law duo Lauryn and Casady Myers. 100 Army Post Road, Maxwell. maxwellsmarketinthepark.com ■



The Uptown Ankeny Express gives rides at each market on Saturdays. Photo by Raul Espinoza of Alpha Wolf Social Media



Maxwell's Market in the Park. Photo submitted



When you have an itch for something sweet... **Scratch it!**
7450 Bridgewood Blvd | Suite 215 | West Des Moines | 515-518-8962 | scratchcupcakery.com



Middlebrook

CUMMING, IOWA

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COFFEE + DRINKS + LIVE MUSIC + FOOD TRUCKS + GOODS

Just minutes from Des Moines, Middlebrook has easy access to bike trails, fun community events, and unique shopping experiences. Middlebrook is also home to Fridays at the Farm and the Mercantile. Enjoy live music and food trucks and shop local goods while you grab locally brewed coffee, wine, cocktails, and snacks.

MIDDLEBROOK HAS WHAT YOU'RE LOOKING FOR!

MIDDLEBROOKFARM.COM



For more information about the Mercantile visit **MIDDLEBROOKMERCANTILE.COM**





explore

NEW ON THE food scene

BY SOFIA LEGASPI DICKENS

So many new places that it's hard to keep track... Here are some of our favorite restaurants and bars that have opened within the last year or two.

CRUMBL COOKIES

802 S.E. Oralabor Road, Suite 108, Ankeny
5585 Mills Civic Parkway, Suite 140, West Des Moines
crumblcookies.com

When Crumbl's Ankeny location opened two winters ago, fans waited in two-hour lines — in freezing temperatures — to get a taste of the cookies that have taken the world by storm. Crumbl opened its West Des Moines location last fall. Check their website and social media pages for the latest updates on creative cookie flavors that rotate weekly.



Among dozens of Crumbl flavors are key lime pie, chocolate chip, midnight mint, peanut butter munch. Photo courtesy of Crumbl Cookies



Tabletop grill setup. Photo courtesy of DZŌ Korean BBQ

DZŌ KOREAN BBQ

2611 Ingersoll Ave., Des Moines
dzokoreanbbq.com

Offering the first Korean BBQ experience in Des Moines, you'll want to get a reservation before heading to this popular new place. DZŌ offers a wide selection of meats including beef bulgogi, kalbi and Wagyu cuts — all of which may be prepared to your liking on your tabletop grill. Don't ignore DZŌ's mouthwatering sides and snacks including kimchi jjigae (kimchi stew), pork belly tacos and Korean fried chicken.



Pizza and wings at Backpocket Pin & Pixel. Photo by Jackie Wilson

30 HOP

1615 S.W. Main St., Suite 105, Ankeny

30hop.com

First in Coralville then Cedar Rapids, 30 Hop now brings its Iowa-grown restaurant to The District at Prairie Trail in Ankeny. Serving up modern American fare alongside dozens of craft beers, 30 Hop is the place to find good times.

TIP: Brunch is served on weekends!

BACKPOCKET PIN & PIXEL

6205 Merle Hay Road, Johnston

backpocketpinandpixel.com

There's a lot to unpack here. With the "Pin" portion of the business, Backpocket guests can enjoy duckpin bowling (smaller than regular bowling, no bowling shoes required). The "Pixel" offers retro arcade games. Finally, the bar and dining area offer about 15 beers on tap and "Backpocket Bytes" for the hungry.

DON'T DUST OFF YOUR BOOTS




JULY 27-29, 2023 • 15TH ANNUAL

Guthrie's River Ruckus



HEADLINERS:

THURSDAY, JULY 27 **HARDY**

FRIDAY, JULY 28 **RILEY GREEN**

SATURDAY, JULY 29 **CHASE RICE**

← **SCAN QR CODE TO BUY YOUR TICKETS TODAY!**

JULY 27-29, 2023 • GUTHRIE COUNTY FAIRGROUNDS, GUTHRIE CENTER, IOWA

AWARD-NOMINATED COUNTRY MUSIC FESTIVAL BY MIDWEST COUNTRY MUSIC ORGANIZATION



Offerings at Panka Peruvian Chicken. Photo courtesy of Mariela Maya

PANKA PERUVIAN CHICKEN

3018 Forest Ave., Des Moines
pankaperuvianchicken.com

An offshoot of chef Mariela Maya's popular Ingersoll eatery, Panka, the new Panka Peruvian Chicken roasts birds on a charcoal-fueled rotisserie. Find other Peruvian twists on classic chicken dishes alongside Peruvian street food staples on the menu.



Plant-inspired cocktails at Pots & Shots. Photo by Sofia Legaspi Dickens

POTS & SHOTS

9500 University Ave., Suite 1101, West Des Moines
facebook.com/PotsAndShotsIowa

No, it's not that kind of pot. Iowa's first plant bar merges vegetation and libations to create the perfect combination. With its menu of elevated cocktails, undeniably cool atmosphere and greenery galore, Pots & Shots is "where good times take root." ■

Stop by for the best burgers and more!



Double Bacon
 Cheese Deluxe



B-Bop's.com



251 Cyprus Drive • Grimes
 6135 Mills Civic Parkway • West Des Moines
 1105 - 73rd Street • 3815 14th Street
 4820 SE 14th Street • 4500 Fleur Drive, Des Moines
 4565 86th Street, Urbandale • 855 E. Hickman Road, Waukee
 1112 S. Duff Avenue, Ames • 2415 Grand, Avenue, Ames
 2205 SE Delaware Avenue, Ankeny • 3635 8th Street SW, Altoona

Heart of Iowa
 market place

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515-274-IOWA (4692) www.HeartofIowa.com
 211 Fifth Street, West Des Moines, IA

explore FUN for the KIDS

BY SOFIA LEGASPI DICKENS

Looking to fill those long summer days? Check out these fun things to do for small and big kids alike.

DSM CHILDREN'S MUSEUM

1551 Valley West Drive, Suite 108, West Des Moines
dsmchildrensmuseum.com

Located in Valley West Mall by the play area, the DSM Children's Museum is a nonprofit organization and the first of its kind in the metro. Their mission is to build the foundation of lifelong learning by promoting the power of play.

THE PLAYGROUND FOR KIDS

2401 S.E. Tones Drive, Suite 7, Ankeny
theplaygroundforkids.com

P.T. Barnum once said, "The noblest art is that of making others happy." That's the mission of business owners Jordan Henry and Paul VanCleave. Let your kids expend that summer break energy at this indoor play area with inflatables, tunnels, slides, climbing and more. See website for current open play schedules.



Fun is on the docket at The Playground for Kids. Photo submitted

GLAZED EXPRESSIONS

1315 S.W. Oralabor Road, Ankeny
8826 Swanson Blvd., Clive
glazedexpressions.com

As the winner of several CITYVIEW "Best Of" awards, Glazed Expressions has proven itself as one of the metro's favorite DIY art studios. Choose from more than 350 bisque pottery items to paint and design. Experts will glaze and fire your pottery for a professional finish. The Clive location also offers DIY candle-making.

HOP-A-LOT

1600 Valley West Drive, Suite 200, West Des Moines
hoplotiowa.net

A massive room filled with inflatables. What more could kids want? Open play day passes are \$10 Wednesday and Thursday, \$15 Friday to Sunday, and \$5 for kids younger than 2.

JOUJOU

906 42nd St., Des Moines
joujoudsm.com

For the youngest kids in your family, Joujou offers an alternative indoor playspace that embraces Montessori principles and intentional play and parenting, led by children's curiosity. Created by two moms who wanted to offer "a space filled with moments that inspire connectedness for parents and children."

KIDS WARRIOR GYM

1551 Valley West Drive, West Des Moines
kidswarriorgym.com

Let your kids burn all that energy on this obstacle course based on the popular sports reality show, "American Ninja Warrior." Courses are designed for kids ages 4-13. Offering open gym, unlimited passes and weekly instructed classes. Located in Valley West Mall.



Joujou embraces child-led play. Photo by Haverlee Photography



The sky's the limit at Imagination Street Ankeny. Photo by Jenna McEntee Photography

CHOCOLATERIE STAM
Chocolate, Gelato, Coffee
 INGERSOLL | VALLEY WEST MALL | ALTOONA
stamchocolate.com

Presented By **ANKENY CHAMBER** **JULY 7TH-9TH**
SUMMER FEST
LIVE MUSIC!
The District At Prairie Trail

FRIDAY BANDS: Mint, Gimikk Headliner - Decoy	SATURDAY BANDS: Tim & Jana West, Gabe Lee, Rob Leines Headliner - Colt Ford
--	---

SUNDAY BANDS:
 Suede Rock Band, Nola Jazz Band,
 Stark Raving Madge
 Headliner - The End
 A Tribute to The Beatles

FRIDAY ENTERTAINMENT GARDEN SPONSOR: Greater Iowa
SATURDAY ENTERTAINMENT GARDEN SPONSOR: IMAGERS
SUNDAY ENTERTAINMENT GARDEN SPONSOR: RE/MAX PRECISION

FIREWORKS SUNDAY @ 9:30
WWW.ANKENYSUMMERFEST.COM

RAINBOW OF THE HEARTLAND

3300 S.E. Crossroads Drive, Grimes

rainbowoftheheartland.com/iowa-party-play

While known primarily as a supplier of outdoor recreational equipment, Rainbow of the Heartland offers open play in their indoor showroom for \$10 per child. Parents may even bring their own snacks — fridge and paper products provided.

IMAGINATION STREET ANKENY

1345 S.W. Park Square Drive, Suite 102, Ankeny

Imaginationstreetankeny.com

Opened just this spring, Imagination Street features a “main street” concept to inspire hours of imaginative play and wonder. Let your child pretend as a firefighter, veterinarian, pizza chef or anything else they can dream up at this new arrival to The District at Prairie Trail.

KIDS EMPIRE

6805 Mills Civic Parkway, West Des Moines

jordancreek.kidsempire.com

Run, climb, jump, spin across 11,000 square feet of fun at the newest indoor playground in the metro. The first Kids Empire in Iowa offers ball pits, slides, basketball, soccer, motor circuit rides, building blocks, a dance floor and obstacle courses galore.



Bubble play at the Science Center of Iowa. Photo courtesy of SCI

SCIENCE CENTER OF IOWA

401 W. Martin Luther King Jr. Parkway, Des Moines

sciowa.org

For a hands-on science experience, head to the Science Center of Iowa. Learn about zoology, meteorology, geology, physics, astronomy, architecture, engineering and more through the many permanent exhibits at SCI. Traveling exhibits shift throughout the year. ■

Tumble on over & witness all that Sapphire has to offer!

Where Children are our Precious Gems

- ♥ Girls & Boys Recreational Gymnastics
- ♥ Xcel & Developmental Competitive Gymnastics
- ♥ Recreational and Competitive Trampoline & Tumbling
- ♥ Summer Day Camp
- ♥ Ninja Zone
- ♥ Preschool Gymnastics 2 years old and UP!
- ♥ Birthday Parties, Family Fun, Holiday Parties and SO MUCH MORE!

Sapphire
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SapphireGymnasticsAcademy.com



Explore what makes us shine



Every Gem is Welcome
at Sapphire!

Family Fun Day

Open for everyone ages 1-5

During this hour of fun, gems will have an opportunity to play in the preschool gym and utilize all of our tot-sized equipment!

**Parents are required to stay to partner with our staff in keeping their child safe.

Open Gym

Open to Sapphire members 5+ & non-members ages 5-14

During this semi-structured hour of fun, gems will have an opportunity to use vault, bars, beam, and floor exercise equipment, as well as trampolines and tumble traks.

Staff is available to ensure safety of participants and provide light spotting.

**ALL participants for both groups must have a waiver signed by his/her guardian. This form is available upon arrival or on our website.

explore DAY trippers

BY SOFIA LEGASPI DICKENS

Take advantage of these long days at these small(er) town road trip destinations, all within an hour — give or take — of the metro.

MADISON COUNTY

madisoncounty.com

No excuses: Winterset, the seat of Madison County, is less than 40 miles from downtown Des Moines. The region, of course, inspired the best-selling novel, “The Bridges of Madison County,” and was featured in the romantic drama film of the same name. After a morning of sightseeing among these iconic 19th-century covered bridges, head to the John Wayne Birthplace & Museum, which celebrated 40 years and a new museum addition last year.



One of six covered bridges in Madison County. Photo courtesy of Madison County Chamber of Commerce

STORY CITY

cityofstorycity.org

Dive into the rich history of picturesque Story City, less than an hour from downtown Des Moines. This Iowa Main Street Community includes quaint shops, unique restaurants and the historical 110-year-old Story Theater/Grand Opera House. Their crowning glory is the Story City Carousel, an antique, hand-carved Herschell-Spillman portable merry-go-round from 1913. Yes, it still works! Admission is \$1.

TIP: The city's annual festival, **Scandinavian Days**, is scheduled for June 2-3.

BOONE

boonegov.com

Boone celebrates its rich railroad heritage at Pufferbilly Days (Aug. 4-6 this year), one of the largest community festivals in Iowa. Visitors can find a close-up railway experience via the Boone & Scenic Valley Railroad & Museum. And beyond trains, the town boasts the Boone Speedway, which attracts the nation's top racers each year at the Speedway Motors IMCA SuperNationals.



Fun fact

Boone was home to the first Casey's General Store in 1968 and the first Fareway Store in 1938.

Boone's Pufferbilly Days festival includes 5K and 10K runs. Photo courtesy of Boone County Chamber of Commerce

AMANA COLONIES

amanacolonies.com

Scenic and steeped in German heritage, there's no shortage of things to do and see in Amana. The region's festivals and themed weekends are plentiful: Wurst Festival in June, Colonies in Bloom in June and July, Kinderfest in July, Apfelfest in September, Tannenbaum Forest and Prelude to Christmas in December, Take a Bite (food festival) in April, Maifest in May. Don't forget their biggest event of the year: Oktoberfest in, well, October.

PELLA

visitpella.com

Pella's Tulip Time festival comes around each May and is a must-see. But even if you missed it this year, it's always the right time to enjoy a slice of the Netherlands. Favorite sight-seeing spots in this picturesque town include the waterways and drawbridge at Molengracht Plaza, the quirky Klokkenspel carillon clock, the Sunken Gardens, the Vermeer Mill and oodles of Dutch bakeries, restaurants and stores.



Pella's Molengracht Plaza, with a windmill in the background.
Photo courtesy of Visit Pella



Museum of Danish America in Elk Horn. Photo courtesy of MoDA

ELK HORN

cityofelkhornia.com

Who knew Denmark was so close to home? Elk Horn may have a population of 600, but don't write off this little town. It's home to the Museum of Danish America, an 1848 Danish Windmill, and more than a century of Danish heritage alongside Kimballton, its twin village down the road. Embrace the Danish concept of "hygge" — cozy contentment in life's small joys. ■



Art gallery at Hoyt Sherman Place. Photo submitted

BY SOFIA LEGASPI DICKENS

Mansions, museums and houses — don't overlook Iowa's rich history this summer.

HOYT SHERMAN PLACE

1501 Woodland Ave., Des Moines

hoysherman.org

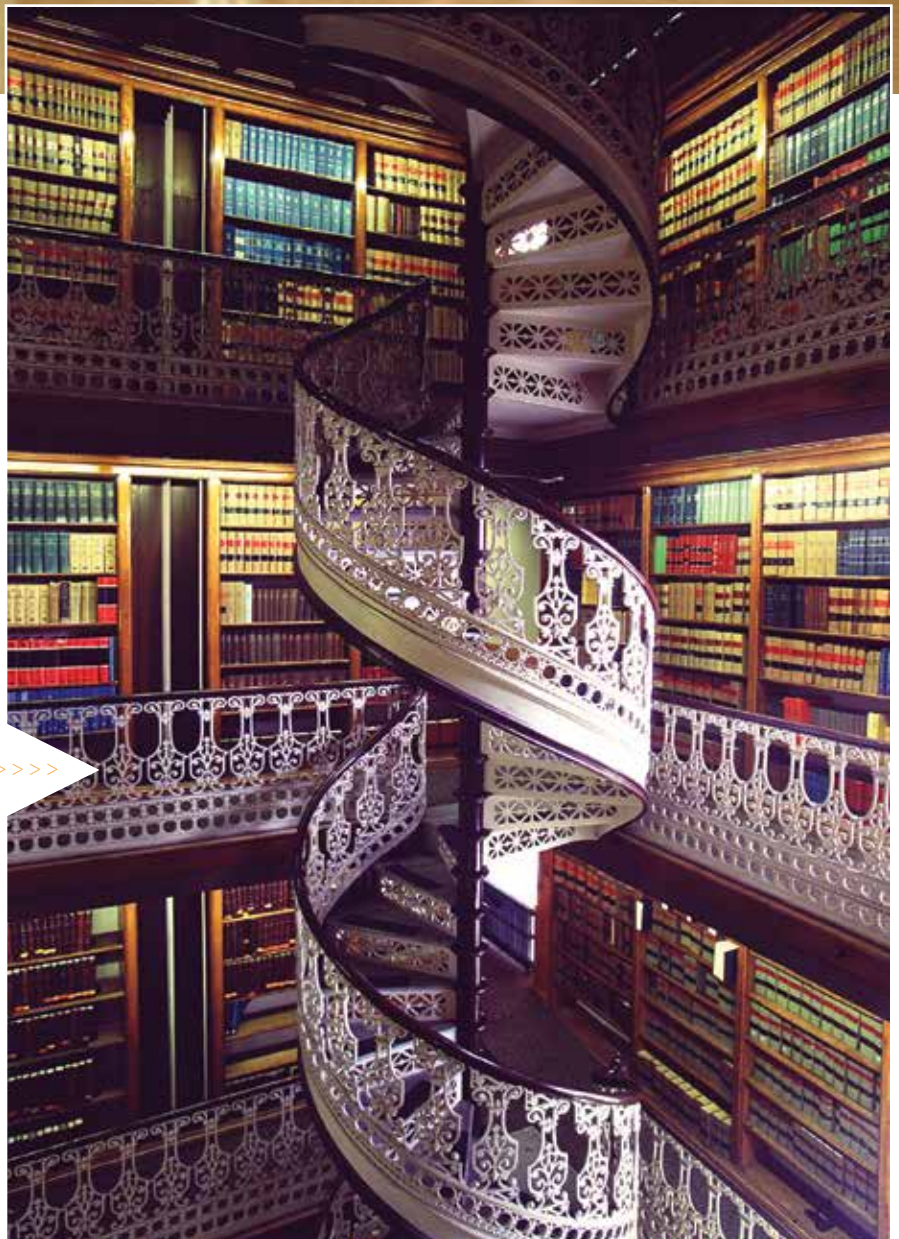
Today known primarily for its grand theater, Hoyt Sherman Place was constructed by businessman Hoyt Sherman in the mid-1800s. The mansion has hosted guests including William Tecumseh Sherman, Ulysses S. Grant and William McKinley. The first Mercy Hospital operated for two years in Sherman's home. Original floor plans and period-appropriate decor on the upper level were restored in 2021. It also has an impressive art gallery. Free tours are available during business hours.

IOWA STATE CAPITOL

1007 E. Grand Ave., Des Moines

legis.iowa.gov/resources/tourcapitol

With its iconic golden dome prominent on the Des Moines skyline, the Iowa State Capitol was completed in 1886 after 15 years of construction. Tours of the Capitol will take visitors through the Grand Staircase, Inner Dome, Supreme Court, Senate and House chambers, governor's and state officials' offices and the breathtaking State Law Library, with views of various murals, mosaics and displays of intricate craftsmanship along the way. Combine that with the 40-plus memorials, sculptures and fountains scattered around the Capitol Grounds, and you might need more than an afternoon to fully appreciate its grandeur.



Wrought iron railings adorn these staircases within the Iowa State Capitol. Photo courtesy of State Library of Iowa

JORDAN HOUSE

2001 Fuller Road, West Des Moines

wdmhs.org/the-jordan-house

The oldest structure in West Des Moines was home to James C. Jordan, one of the city's first settlers. Jordan House was a station on the Underground Railroad during the antebellum period. Tours of the period home are offered on Fridays and Sundays.



Jordan House. Photo courtesy of West Des Moines Historical Society

SALISBURY HOUSE

4025 Tonawanda Drive, Des Moines

salisburyhouse.org

Carl and Edith Weeks built Salisbury House in the 1920s, modeled after the King's House in Salisbury, England. Visitors can take guided and self-guided tours to view the family's original artwork, tapestries and antique furnishings, plus woodwork and flintwork dating to the 16th century.

STATE HISTORICAL MUSEUM OF IOWA

600 E. Locust St., Des Moines

iowaculture.gov/history/museum

Discover Iowa's rich heritage, from pre-statehood and the Civil War to RAGBRAI and Iowa's presence in Hollywood. At any given time, the museum displays about 1,500 objects out of its collection of 80,000-plus artifacts.



Civil War cannon displayed at the State Historical Museum of Iowa. Photo courtesy of State Historical Society of Iowa

On the Square in Winterset, Iowa

JOHN WAYNE

Saturday Matinee Series!

IOWA

THE-IOWA.COM

FORT APACHE
SHE WORE A YELLOW RIBBON
RIO GRANDE

June 24 Fort Apache (1948)
July 29 She Wore A Yellow Ribbon (1949)
August 26 Rio Grande (1950)

Doors Open at 1:30, Movie at 2 p.m.
Admission \$10
Advance tickets: the-iowa.com/JWmatinee

See the Duke on the Big Screen!

Visit the John Wayne Birthplace Museum
just down the street on John Wayne Drive!
johnwaynebirthplace.museum

DEXTER MUSEUM

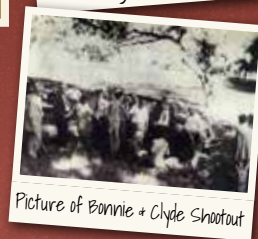
Some favorite exhibits:

THE DEXFIELD PARK

1933 SHOOTOUT WITH
BONNIE & CLYDE'S GANG

1948 NATIONAL PLOWING MATCH

AND MORE!



FOLLOW OUR
FACEBOOK GROUP!
Dexter (Iowa)
Historical Museum

VISIT US TODAY!

Open Sundays now through October 29
1:00 to 3:00 p.m. or by appointment
Call 641-757-9173 or
email rstanley@netins.net

719 Marshall St, Dexter, Iowa





Terrace Hill. Photo by Gary Hoard Photography

TERRACE HILL

2300 Grand Ave., Des Moines

terracehill.iowa.gov

Terrace Hill goes by many names: Hubbell Mansion, Iowa Governor's Mansion and Benjamin F. Allen House. Allen was the first millionaire in Iowa and began construction in 1866. The Hubbell family donated the building to the State of Iowa in 1971, when it was designated as the official residence of the Iowa governor. Guided tours are available Tuesday to Saturday at 10:30 a.m. and noon. Visitors should make reservations 48 hours in advance by calling 515-281-7205.



The gardens at the World Food Prize Hall of Laureates. Photo courtesy of Greater Des Moines Partnership

WORLD FOOD PRIZE HALL OF LAUREATES

100 Locust St., Des Moines

halloflaureates.org

Formerly the Des Moines Public Library building, the World Food Prize Hall of Laureates underwent a \$29.8 million restoration project. Today, the building honors Iowa native Dr. Norman Borlaug for his work in agronomy. The structure was designed in the Beaux Arts style and currently houses a museum that highlights agricultural achievements, hunger and food security. ■



THE PLAYHOUSE

2023-24 SEASON

ON STAGE THIS SUMMER:

Native Gardens

JUNE 2-18, 2023

Little Shop of Horrors

JULY 14-30, 2023

**TICKETS, AUDITIONS,
CLASSES, AND VOLUNTEER
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831 42nd Street, Des Moines
515.277.6261 DMPlayhouse.com

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Once

SEPT. 8-24, 2023

All is Calm

DEC. 1-17, 2023

Our Town

FEB. 2-18, 2024

**Beautiful: The
Carole King
Musical**

MAR. 29-APR. 14, 2024

**The Play That
Goes Wrong**

MAY 31-JUNE 16, 2024

Musical TBA

JULY 12-28, 2024

IN THE KATE GOLDMAN CHILDREN'S THEATRE

Seussical TYA

OCT. 27-NOV. 5, 2023

**The Secret Garden –
Spring Version**

FEB. 23-MARCH 10, 2024

Dragons Love Tacos

APR. 26-MAY 12, 2024

SPECIAL EVENT

THE PENGUIN PROJECT:

**Disney's High
School Musical, Jr.**

OCT. 13-15, 2023

Giovanni Bahena & Kaelan Bohn,
Guys & Dolls,
2022-23 Season

UPCOMING EVENTS

May 16 - 21 **Tina: The Tina Turner Musical**

DES MOINES CIVIC CENTER
Willis Broadway Series

June 6 - 11 **Dear Evan Hansen**

DES MOINES CIVIC CENTER
Willis Broadway Series

June 27 - July 2 **Ain't Too Proud**

DES MOINES CIVIC CENTER
Willis Broadway Series

July 22 **An Evening With Tony Award
Winner Kelli O'Hara**

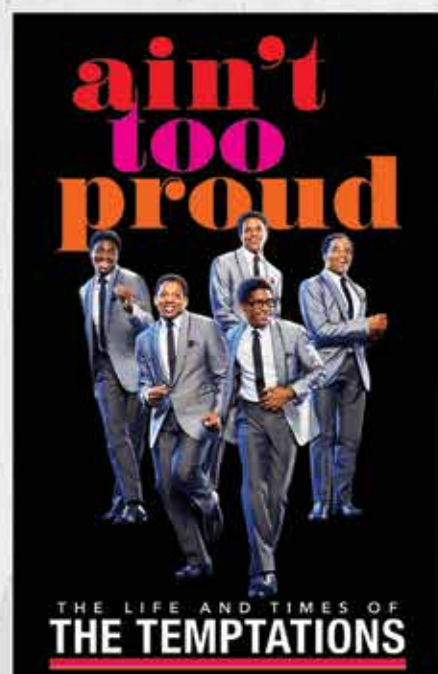
DES MOINES CIVIC CENTER
Willis Broadway Series

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The Full Schedule at DMPA.org**

 **DES MOINES
PERFORMING ARTS**



June 6 - 11
DES MOINES CIVIC CENTER



June 27 - July 2
DES MOINES CIVIC CENTER



July 22
DES MOINES CIVIC CENTER

explore **MAKE A** splash

BY SOFIA LEGASPI DICKENS

Cool off with water activities at these local parks and recreation areas.

LEDGES STATE PARK

1515 P Ave., Madrid
iowadnr.gov

A must-see nature destination for all Iowans, Ledges State Park includes a four-mile trail system offering scenic views from 100-foot-tall sandstone ledges overlooking the Des Moines River. Streamwalk Peas Creek, usually ankle-deep during the summer, as it runs through a stunning sandstone gorge along Canyon Road.



Peas Creek at Ledges State Park. Photo by Sofia Legaspi Dickens

RACCOON RIVER PARK

2500 Grand Ave., West Des Moines
wdm.iowa.gov/government/parks-recreation

Iowa may be landlocked, but that doesn't mean we can't enjoy a day at the beach. The 500-foot-long beach at Raccoon River Park overlooks the 232-acre Blue Heron lake. The Raccoon River Boathouse opens for the season on May 27.

SEVEN OAKS RECREATION

1086 222nd Drive, Boone
sevenoaksrec.com

Float and paddle down seven miles of the Des Moines River and explore numerous sandbars and scenery along the way. You'll pass under the 185-foot-tall Kate Shelley High Bridge — one of the world's longest and highest double-track railway bridges. River floats take between two to four hours.



River tubing with Seven Oaks. Photo courtesy of Seven Oaks Recreation



Beach at Raccoon River Park. Photo courtesy of City of West Des Moines

GRAY'S LAKE PARK

2101 Fleur Drive, Des Moines

dsm.city

Gray's Lake Park allows visitors to rent various watercraft in the heart of Des Moines. Offerings include two- and three-person canoes, double kayaks, stand-up paddleboards, four-person pedal boats and row boats. Rentals and concession stands are located at the Christine Hensley Terrace on the southeast corner of the park (all rentals) and on the beach on the north side (paddleboards only).

SAYLORVILLE LAKE

6170 N.W. Polk City Drive, Polk City

saylorvillelakemarina.com

For even bigger watercraft rentals, head to the Saylorville Lake Marina. Choose between pontoons and tritoons, which can accommodate up to 14 passengers, and spend a day cruising and relaxing on the lake.



The marina at Saylorville Lake. Photo by Maury Kennedy

BIG CREEK STATE PARK

8794 N.W. 125th Ave., Polk City

iowadnr.gov

Near Saylorville Lake, you'll find Big Creek State Park and the largest beach in Iowa's state park system. Swim, fish or picnic — or take advantage of the boat and bike rentals available at the beach concessionaire.



Big Creek State Park. Photo courtesy of Iowa DNR

EXPLORE MORE...

Float down the Raccoon River on a kayak, canoe or tube with these local businesses:

LINDEN CANOES AND KAYAKS

(shuttle service only)

facebook.com/lindencanoesandkayaks

RACCOON RIVER EXCURSIONS

raccoonriverexcursions.com

RACCOON RIVER RENTAL

raccoonriverrental.com

RACCOON RIVER RETREATS

raccoonriverretreats.com



Kayaking down the Raccoon River.

Photo by Sofia Legaspi Dickens



Shop & Play

Eat &



Anna Serene
5525 Mills Civic Pkwy. #105
(515) 901-9405



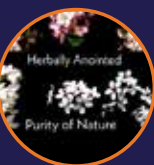
Funny Bone
560 S Prairie View Dr. #100
desmoines.funnybone.com
(515) 270-2100



Go in' Postal
650 S Prairie View Dr. #125
goinpostal.com
(515) 564-7447



The Great Frame Up
5515 Mills Civic Pkwy. #150
thegreatframeup.com
(515) 226-2310



Herbally Anointed
5465 Mills Civic Pkwy. #240
www.herballyanointed.com
(515) 339-6417



House of Colour
5465 Mills Civic Pkwy. #235
blendandbright.com
(309) 485-5380



Look @ You
5545 Mills Civic Pkwy. #100
(515) 777-2815



Mercedes Nails
650 S Prairie View Dr. #115
mercedesnails.com
(515) 221-2259



Abelardos Mexican Food
5525 Mills Civic Pkwy. #130
abelardosmexicanfood.com
(515) 440-0323



Anna Dolce Ristorante
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annadolceristorante.com
(515) 223-2302



The Breakfast Club
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thebreakfastclubusa.com
(515) 280-5251



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coachspizza.com
(515) 223-2233



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mintpiercing.com
(515) 333-8223



The Operating Room
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operatingroomarcade.com
(515) 226-3333



Rouge Style Company
5525 Mills Civic Pkwy. #110
rougestyleco.com
(515) 329-0113



Hurts Donut Co.
5513 Mills Civic Pkwy. #105
wannahurts.com
(515) 267-1671



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theirishwdm.com
(515) 225-1105



The Spa at West Glen
5465 Mills Civic Pkwy. #250
spawestglen.com
(515) 225-2642



Tanique
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www.taniqueusm.com
(515) 240-9913



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winestyles.com
(515) 224-9463



Scooters Coffee
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scooterscoffee.com
(515) 339-5165



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(515) 309-0744



WORN
5515 Mills Civic Pkwy. #160
thewornstore.com
(515) 224-6880



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(515) 223-9399



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rileydrive.com
(515) 225-2144





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westglentowncenter.com

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(515) 440-0854



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beerstyles.com
(515) 453-233



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conterraag.com
(855) 381-3451



Country Financial
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countryfinancial.com
(515) 223-7182



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salons.greatclips.com
(515) 224-5991



Crumbl Cookies
5585 Mills Civic Pkwy. #140
crumblcookies.com
(515) 585-0611



El Fogon
5465 Mills Civic Pkwy. #101
elfogondsm.com
(515) 221-7981



H&R Block
5465 Mills Civic Pkwy. #145
hrblock.com
(515) 440-1361



Heartland Barbers
5465 Mills Civic Pkwy. #150
heartlandbarbers.com
(641) 856-7203



Hire DSM
650 S Prairie View Drive, #205
Hire-dsm.com
(515) 969-1230



Irina's Restaurant and Bar
650 S Prairie View Dr. #100
irinasrestaurantandbar.com
(515) 331-0399



Jimmy John's
5465 Mills Civic Pkwy. #125
jimmyjohns.com
(515) 440-6666



Keffer/Overton Architects
650 S Prairie View Dr.
k-o.com
(515) 288-4821



LaFleur Chiropractic
5465 Mills Civic Pkwy. #230
lafleurchiropractic.com
(515) 564-7272



Power Life Yoga
5465 Mills Civic Pkwy.
powerlife.com
(515) 564-7555



Smoothie King
5545 Mills Civic Pkwy. #105
smoothieking.com
(515) 223-1710



Totally Rolled Ice Cream
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totallyrolledicecream.com
(515) 222-4422



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www.precisiondsm.com
(515) 491-4319



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serenitycouture.com
(515) 309-6782



Sterling Financial Group
5465 Mills Civic Pkwy. #255
(515) 224-5278



Stowers & Nelsen PLC
650 S Prairie View Dr. #130
stowerslaw.com
(515) 224-7446



West Des Moines Chamber of Commerce
650 S Prairie View Dr. #110
wdmchamber.org
(515) 225-6009



Wild Rose Entertainment
5465 Mills Civic Pkwy. #400
wildroseresorts.com
(515) 248-1776

West Glen Town Center

explore HOMETOWN *celebrations*

BY CYOTE WILLIAMS

When it comes to summer festivals, communities in the area put their own twists on the fun. Enjoy the feeling of hometown goodness at these summer celebrations.

GOVERNORS DAYS

Thursday- Saturday, June 8-10

Grimes South Sports Complex, 750 S. James St., Grimes

business.grimesiowa.com/events/details/governors-days-2023-1751

Summer will be “in full bloom” in Grimes when Governors Days rolls around. This premier summer event incorporates all the ingredients for an exciting family-friendly event, including a talent show, parade and carnival.

BONDURANT SUMMERFEST

June 12-13

Downtown Bondurant

www.facebook.com/BonduMensClub

Enjoy the 49th annual Summerfest with family, friends and neighbors each day 6-10 p.m. Summerfest includes a parade, carnival, food, games, vendors, raffle, silent auction, fireworks and more for making summer-fun memories.



GREEN DAYS FESTIVAL

June 15-18

Terra Park, 6400 Pioneer Parkway, Johnston

johnstongreendays.org

This three-day celebration includes an array of events, including Jammin’ in Johnston a Business Expo, parade, carnival, and live entertainment in the beverage garden. From the opening ceremony and its crowning of the King and Queen of Green, to the fireworks spectacle and headlining entertainment, Green Days offers all a hometown festival can.

Johnstons Green Days carnival is reflected in the waters of Terra Lake. Photo by Stewart Thomas

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Vintage in the Valley *June 25*

Junction Street Party *July 3*

Summer Sidewalk Sale *July 29*

Vintage in the Valley *September 10*

Gallery Night *October 13*

Sip & Shop *October 20 & 26*

Pumpkin Walk *October 29*

VALLEYJUNCTION.COM



Llamas and other family-friendly animals on display for attendees at the Four

FOUR SEASONS FESTIVAL

July 14-15

Polk City Square

fourseasonsfestival.com

The historic Polk City Square is the focal point of the Four Seasons Festival, which is highlighted by family activities and games, beer garden, live music (six concerts by regional favorites), fun run, parade, car show and much more.

NORWALK 4TH OF JULY

July 4

City Park, 907 North Ave.

www.norwalkchamber.org/fourth-of-july

Celebrate Norwalk 4th of July with a parade, live music, beer garden, yard games, vendors, food trucks and fireworks when dusk falls.

URBANDALE 4TH OF JULY CELEBRATION

July 2-4

Lions Park, 72nd Street and Aurora Avenue

urbandale4thofjuly.org

Bring your family and celebrate Independence Day in Urbandale — the largest celebration in the Des Moines metro area. This long-standing tradition includes a 2-mile-long parade, a premier carnival, entertainment garden, live music as well as a variety of other activities capped off with a magnificent fireworks show. The fireworks will be shot from Walker Johnston Park.

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WAUKEE'S CELEBRATION OF INDEPENDENCE

July 3-4

Centennial Park

www.waukee.org/777/Celebration-of-Independence

Waukee's biggest celebration of the year includes sand volleyball and bags tournaments, a movie in the park, pancake breakfast, parade, live music, the Des Moines Skydivers and fireworks.

CLIVE FESTIVAL

July 21-22

Greenbelt Landing

cityofclive.com/parkandrecreation/programs_and_events/clive_festival.php

Enjoy something for everyone, including the "Thunder Over Clive" fireworks, live music, the popular Clive Fire Department Slip-N-Slide, a running festival, food trucks and more on the east side of N.W. 114th Street in Clive.



Colorful balloons adorn the Indianola skyline during the National Balloon Classic. Photo submitted to CITYVIEW

NATIONAL BALLOON CLASSIC

July 28-Aug. 5

Memorial Balloon Field, 15335 Jewell St., Indianola

www.nationalballoonclassic.com

This spectacular celebration takes your eyes to the skies as pilots from all over the world suspend more than 100 hot air balloons accompanied by live music, food vendors, balloon rides, fireworks and much more.



Piles of Iowa sweet corn are being served to guests at the Adel Sweet Corn Festival. Photo courtesy of Adel Partners Chamber

ADEL SWEET CORN FESTIVAL

Aug. 12

adelpartners.org/sweet-corn-festival

Celebrate an Iowa summertime staple, sweet corn, at this annual feast in which tons of free corn are consumed. Also enjoy family fun, entertainment, a 5K run, car show, street party and the largest parade in Dallas County. ■

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explore **THRIFTING,** *consignment* *& vintage*

BY SOFIA LEGASPI DICKENS

It's a sustainable treasure hunt!

FUNKY FINDS VINTAGE & RETRO

1731 Grand Ave., Des Moines
funkyfindsvintage.com

Located in the Western Gateway area, this vintage store specializes in mid-century wares from the 1950s through the 1970s. You'll find anything from clothing and decor to electronics and furniture. Funky Finds has been family owned and operated since opening in 2012.

THE LOFT RESALE

2405 S.W. White Birch Drive, Ankeny
theloftresale.com

You'll find some of the top name brands in fashion at this local resale store, selling threads and accessories for both men and women. If you have little ones in your life, cross the street to check out The Loft's sister store: Duck Worth Wearing.

GOODWILL OF CENTRAL IOWA

Fourteen locations
dmgoodwill.org

There's no shortage of Goodwill stores here in the metro. Goodwill of Central Iowa has stores in Ames, Ankeny, Boone, Des Moines, Indianola, Johnston, Marshalltown, Newton, Ottumwa, Urbandale, Waukee — and two in West Des Moines. If you want the best of the best deals, visit the Goodwill Outlet store in Des Moines at 6345 S.E. 14th St., where merchandise is priced by the pound.



Mid-century furniture pieces are just some of the treasures to be found at Funky Finds Vintage & Retro. Photo submitted



VZZ Vintage. Photo by Vanezza Van Buskirk

VZZ VINTAGE

340 S.W. Fifth St., Suite 123, Des Moines

vzzvintage.com

Voted Best New Local Store in CITYVIEW's latest Best Of Des Moines readers' poll, VZZ Vintage offers unique and ever-changing wardrobe finds. The store's owner, Vanezza Van Buskirk, transitioned her online business into a brick and mortar store just last year.

HOPE MINISTRIES THRIFT STORES

500 E. Army Post Road, Des Moines

4640 Merle Hay Road, Urbandale

hopeiowa.org/hope-ministries-thrift

Revenue from these two thrift stores goes toward Hope Ministries' mission of serving central Iowans in need. The nonprofit has been providing food, clothing, shelter and life recovery programs since 1915, now with seven ministry centers in the area.

WORN

5515 Mills Civic Parkway, Suite. 160, West Des Moines

835 42nd St., Des Moines

thewornstore.com

This modern resale and consignment boutique specializes in designer and everyday clothing, shoes, handbags and more. Visit either location in the West Glen area or the Shops at Roosevelt.

MANY HANDS THRIFT MARKET

8801 University Ave., Clive

4353 Merle Hay Road, Des Moines

2900 S.E. Grimes Blvd., Grimes

manyhandsthift.com

Shop for a greater cause: This store's proceeds benefit its nonprofit ministry, Many Hands for Haiti. Selling (and accepting donations of) clothing, furniture, housewares, books, electronics, toys and more. Many Hands Thrift Market has metro locations in Grimes, Clive, Des Moines and Indianola. ■



The home decor section at Many Hands Thrift Market in Clive. Photo submitted

explore DOG-FRIENDLY hotspots

BY SOFIA LEGASPI DICKENS

Places you can party without leaving your best friend at home

SMASH PARK

6625 Coachlight Drive, West Des Moines
smashpark.com

Smash Park's fun-filled patio features pickleball courts, bocce ball, cornhole/bags, giant Connect Four, shuffleboard — and guests' dogs! From May through September, they also host a weekly UltiMutt Happy Hour: Thursdays from 2-9 p.m.

BIG GROVE BREWERY

555 17th St., Des Moines
biggrove.com

Open since last July, Big Grove Brewery has made quite an impression on Des Moines. They serve a “true taste of Iowa Nice and some of the best craft beer in the Midwest,” plus a full food menu. Big Grove's expansive patio is open year-round.



Smash Park's success in West Des Moines, pictured, prompted a second location in Pella, with Omaha and Minneapolis to come. Photo courtesy of Smash Park



Big Grove Brewery held its grand opening in July 2022. Photo by Rob Miller

PAWS & PINTS

6218 Willowmere Drive, Des Moines
pawsandpintsdsm.com

With more than 20,000 square feet of indoor and outdoor dog park space, it's a little bit more than dog-friendly here — it's a downright canine heaven. So much so that Paws & Pints was voted “Best Local Dog-Friendly Bar” in CITYVIEW's Best Of Des Moines poll for 2023.



Blu, an Australian shepherd, enjoys the ball pit at Paws & Pints. Photo by Shelby Spencer

SUMMER FUN STARTS HERE!

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Kinship's dog park, Lois Park. Photo courtesy of Kinship Brewing Company

ST. KILDA CAFE & BAKERY

300 S.W. Fifth St., Des Moines

downtown.stkildadsm.com

Another reason to rejoice for the warm weather — St. Kilda's downtown location boasts an open space and patio in the courtyard of the Harbach Lofts building. Take in that fresh urban air while enjoying refreshments from this chic Australian cafe and bakery.

KINSHIP BREWING COMPANY

255 N.W. Sunrise Drive, Waukee

kinshipbeer.com

While Des Moines is replete with brewing companies, Kinship sets itself apart with its dedicated dog park: Lois Park. Furry friends are also welcome on the patio as long as they are leashed.



GRIMES PUBLIC LIBRARY

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COMING 2023

GILROY'S KITCHEN + PUB + PATIO

1238 Eighth St., West Des Moines

gilroyskitchen.com

American comfort food with a twist. All pups and humans are welcome, but redheads reign supreme at Gilroy's. The restaurant offers water bowls and treats for dogs on their extended patio.

FUZZY'S

300 W. Martin Luther King Jr Parkway, Suite 120, Des Moines

fuzzystacoshop.com

"Fuzzy's is your local spot that ditches bad vibes and dishes out serious tacos and legit margaritas at a super chill price," says the eatery's website. Their dog-friendly downtown patio is pretty great, too. ■



The patio at Fuzzy's downtown location. Photo courtesy of Fuzzy's Tacos



Cuban sandwich served at Gilroy's extended patio. Photo courtesy of Gilroy's Kitchen + Pub + Patio



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IOWA CUBS

Principal Park, 1 Line Drive, Des Moines
iowacubs.com

Affiliated with the MLB's Chicago Cubs, our very own minor league baseball team, originally known as the Iowa Oaks, has been around since 1969. Cheer on the Cubs all summer, with fireworks during Friday games, plus the Fourth of July. Home games run through Sept. 17.

SCAN FOR FULL SCHEDULE



Friday fireworks during I-Cubs home games at Principal Park. Photo by Dylan Heuer

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515.243.6111

IOWA BARNSTORMERS

Wells Fargo Arena, 730 Third St., Des Moines
theiowabarnstormers.com

Iowa's professional indoor football team led by Head Coach Dave Mogensen plays its home games at "The Well." This season's remaining home games are scheduled through July 15.

SCAN FOR FULL SCHEDULE



DES MOINES MENACE

Valley Stadium, 4440 Mills Civic Parkway, West Des Moines
menacesoccer.com

Iowa's semi-professional soccer league is considered one of the nation's top amateur soccer organizations. Home games through July 15.

SCAN FOR FULL SCHEDULE



Des Moines Menace. Photo by Jose Calderon/Digital Jose Photography



Iowa Barnstormers. Photo courtesy of Picture Iowa

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36

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www.exploredm.com

PRAIRIE MEADOWS

1 Prairie Meadows Drive, Altoona

prairiemeadows.com

On top of endless entertainment and wagering opportunities, Prairie Meadows also offers live and simulcast horse racing. Place your bet at countless racing events this season, culminating in the Iowa Classic on Sept. 30.

SCAN FOR FULL SCHEDULE



Horse racing at Prairie Meadows. Photo by Jack Coady Photography

IHSAA & IGHSAU FINALS

Various dates/locations

iahsaa.org & ighsau.org

Watch the best of the best of Iowa's high school athletes at these Des Moines-area Iowa high school championships and tournaments:

- **May 18-20:** Boys and girls state track and field championships, Drake Stadium
- **May 20-22, May 30 - June 1:** Girls state tennis team tournament, various locations
- **May 25-26:** Girls state golf tournament, Marshalltown, Adel and Ankeny
- **May 26-27:** Girls state singles and doubles tennis tournament, various locations
- **May 30 - June 3:** Boys and girls state soccer tournaments, Cownie Soccer Complex

BOONE SPEEDWAY

1481 223rd Place, Boone

raceboone.com

This 1/3-mile high-banked dirt oval is known as "Iowa's Action Track." Catch its weekly Saturday night series through Aug. 19, or other special events, including the 2023 IMCA Speedway Motors Super Nationals Sept. 4-9.

SCAN FOR FULL SCHEDULE



IOWA SPEEDWAY

3333 Rusty Wallace Drive, Newton

iowaspeedway.com

More racing — this time, paved. The Iowa Speedway boasts a 7/8-mile track. If you don't feel like sitting in a regular chair, bring your RV to the multi-tiered viewing area situated along the backstretch. Hy-Vee IndyCar Race Weekend is July 21-23, featuring concerts by Carrie Underwood, Kenny Chesney, Zac Brown Band and Ed Sheeran. ■

SCAN FOR FULL SCHEDULE



KNOXVILLE RACEWAY

Marion County Fairgrounds, 1000 N. Lincoln, Knoxville

knoxvillraceway.com

Originally used for horse-racing, the Knoxville Raceway now hosts a different type of sport: sprint car racing. Join more than 200,000 fans each year and visit the "Sprint Car Capital of the World" at racing events scheduled on most weekends.

SCAN FOR FULL SCHEDULE



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BY SOFIA LEGASPI DICKENS
AND CYOTE WILLIAMS

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fun runs, art exhibits and
so much more

May

THROUGH MAY 21: "A Bright New Boise" by Iowa Stage Theatre Company at the Des Moines Civic Center; iowastage.org

THROUGH MAY 21: "TINA: The Tina Turner Musical" at the Des Moines Civic Center; dmpa.org

THROUGH MAY 29: Wild Lights Festival at the Blank Park Zoo. 7:30-10 p.m., Wednesday through Sunday weekly, plus Memorial Day. blankparkzoo.com/wildlights

THURSDAYS THROUGH AUG. 3: Summer Concert Series from 6-9 p.m. at Jasper Winery, 2400 George Flagg Parkway, Des Moines; jasperwinery.com; polkcountyheritagegallery.org

THROUGH JUNE 16: "Freedom of Expression" exhibition curated by Jill Wells at the Polk County Heritage Gallery, 111 Court Ave., Des Moines; polkcountyheritagegallery.org

THROUGH AUG. 27: "Rembrandt and His World" exhibition at the Des Moines Art Center, 4700 Grand Ave, Des Moines; desmoinesartcenter.org

MAY 17, JUNE 14, JULY 19, AUG. 16, SEPT. 20: Petal and Plate, an evening culinary series at the Greater Des Moines Botanical Garden, 909 Robert D. Ray Drive, Des Moines; dmbotanicalgarden.com

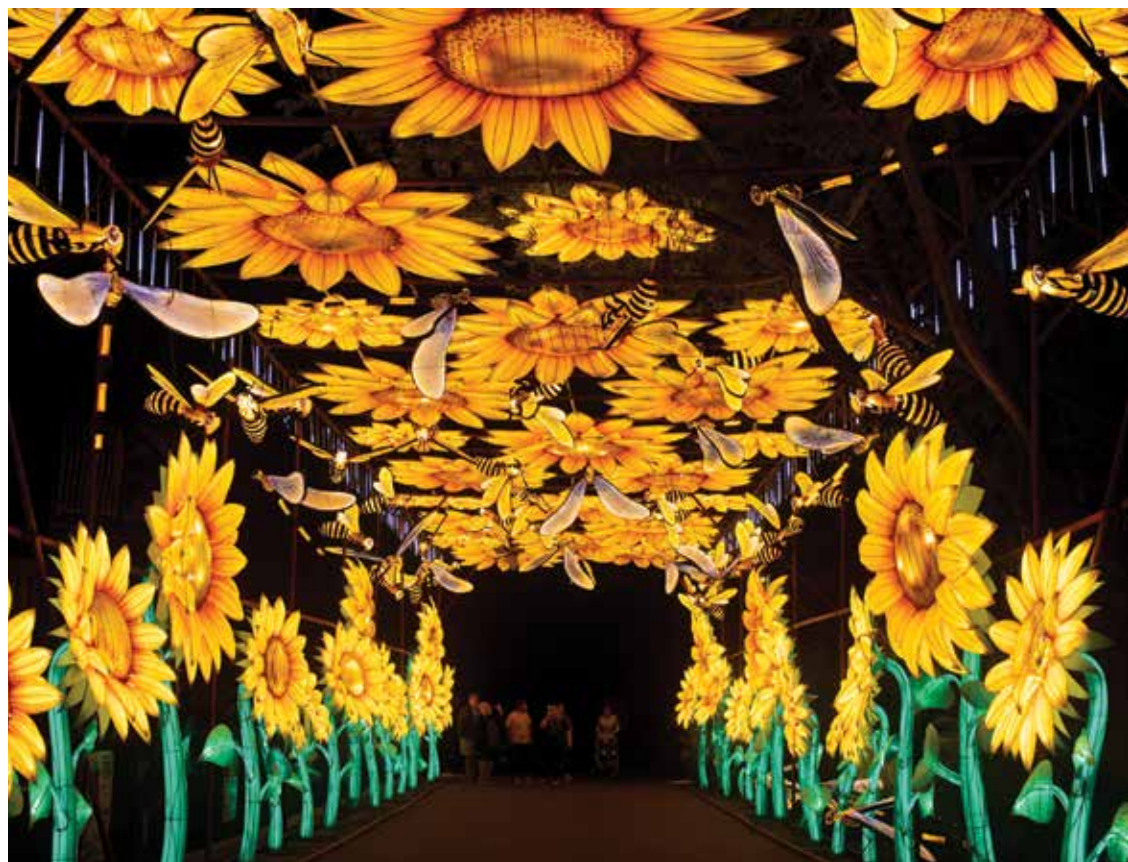
MAY 19: Sip and Stroll through the Greater Des Moines Botanical Garden, 909 Robert D. Ray Drive, Des Moines; dmbotanicalgarden.com

MAY 19-20: Greenbelt Music Festival off the Greenbelt Bike Trail in Clive; greenbeltmusic.com

MAY 20: Pedal for Paws, an 18-mile bike ride with the Animal Rescue League of Iowa, 5452 N.E. 22nd St., Des Moines; arl-iowa.org/events

MAY 20: PIGTAILS at Prairie Trail, a 48-mile women-specific bike ride starting and ending in Ankeny; pigtailsride.com

MAY 20, JUNE 10, JULY 8, JULY 22, AUG. 19, SEPT. 16: Cars and Coffee from 8-11 a.m. at the REI parking lot, West Des Moines; carsandcoffeedsm.com



Wild Lights Festival. Photo courtesy of Blank Park Zoo

MAY 20-21: Spring Fling Renaissance Faire at Sleepy Hollow, 4051 Dean Ave., Des Moines; sleepyhollowrenfaire.com

MAY. 21: Jazz and big band classics at Des Moines Community Orchestra's spring concert, 2 p.m., Sheslow Auditorium, 2507 University Ave., Des Moines at Drake University; desmoinescommunityorchestra.org

MAY 26-27: CelebrAsian of all things food, drink, music, dance and culture at Western Gateway Park, Des Moines; iowaasianalliance.com/celebrasian

MAY 26-27: John Wayne Birthday Celebration in Winterset; johnwaynebirthplace.museum

MAY 27: Decoration Day at Living History Farms, 11121 Hickman Road, Urbandale, reenacting America's early Memorial Day traditions; lhf.org

MAY 28: SpringFest with the Central Iowa Blues Society, at Lefty's Live Music, 2307 University Ave., Des Moines; cibs.org

LAST SUNDAYS OF THE MONTH, MAY - AUGUST: Music in the Park concert series at Haines Park, Third Avenue S.E., Altoona; facebook.com/musicintheparkhainespark

MAY 31 - JUNE 3: Iowa Quilt Festival in Madison County; iowaquiltmuseum.org

June

JUNE 15-16: Summerfest

in Bondurant; facebook.com/BonduMensClub

FRIDAYS AND SATURDAYS IN

JUNE: Adventureland Summer

Concert Series in Altoona; adventurelandresort.com

FRIDAYS, JUNE 2 - JULY 21:

Chill on the Hill concert series at Copper Creek Lake Park, 4390 E. University Ave., Pleasant Hill; pleasanthillchamber.org

JUNE 2-18: "Native Gardens"

at the Des Moines Playhouse; dmplayhouse.com

JUNE 2-4, 9-11: "Matilda

the Musical JR." with Class Act Productions in Altoona; captheatre.org

JUNE 3: National Trails Day.

Volunteer with Iowa Natural Heritage Foundation at Yellow Banks Park, 6801 S.E. 32nd Ave., Pleasant Hill; inh.org/events

JUNE 3: Celebrate Bondurant

at Bondurant City Park; facebook.com/BondurantChamber

JUNE 3: Iowa Trail Run Series through Ledges State Park, 1515 P Ave., Madrid; iowatrailruns.com

JUNE 3: Iowa Craft Brew Festival at Water Works Park, 2201 George Flagg Parkway, Des Moines; iowacraftbrewfestival.com

JUNE 3: Dam to DSM returns for its 44th year, taking half-marathon runners from the Saylorville Dam to downtown Des Moines; damtodsm.com

JUNE 3: Family Fest from 11 a.m. to 2 p.m. at Johnston Town Center; cityofjohnston.com

JUNE 3-4: Iowa State Fair Flea Market at 4-H Exhibits Building; iowastatefairgrounds.org

JUNE 3-4: Des Moines Con celebrating comics, film and all things nerdy at Hy-Vee Hall, Des Moines; desmoinescon.com

JUNE 3 TO SEPT. 10: "Underneath Everything: Humility and Grandeur in Contemporary Ceramics" exhibition at the Des Moines Art Center, 4700 Grand Ave., Des Moines; desmoinesartcenter.org

SUNDAYS, JUNE TO AUGUST: Levitt Amp Music Series from 6-9 p.m. in Earlham City Park. No concert July 4. facebook.com/LevittAMPEarlham

JUNE 6-11: "Dear Evan Hansen" at the Des Moines Civic Center; dmpa.org

JUNE 7-9: World Pork Expo at Iowa State Fairgrounds, 3000 E. Grand Ave.; worldpork.org

JUNE 7-11: Iowa Senior Games for ages 50 and older. West Des Moines; iowaseniorgames.org

JUNE 8-10: Governors Days festival at Grimes South Sports Complex; governorsdays.com

JUNE 8-10: "Cages or Wings" PRIDE cabaret with Des Moines Gay Men's Chorus at Temple Theater, Des Moines; dmcmc.org

JUNE 9: Summer Stir, a traveling cocktail party hosted by CITYVIEW downtown Des Moines, 5 to 9 p.m. summerstirs.com



Stephen Christopher Anthony as Evan Hansen on the North American tour of "Dear Evan Hansen." Photo by Matthew Murphy

JUNE 9: Friday Night Live concert with Trainwreck in Indianola; indianolachamber.com/friday-night-live

JUNE 9-11: Pride Fest in the historic East Village, Des Moines; capitalcitypride.org/pride-fest

JUNE 9, JULY 14, AUG. 11, SEPT. 8, OCT. 6: Architecture on the Move, architect-guided walking tours of downtown Des Moines. Check in 5-5:30 p.m. at the atrium of Capital Square; iowaarchfoundation.org

JUNE 9-18: "The One-Act Play that Goes Wrong" with Ankeny Community Theatre; ankenycommunitytheatre.com

JUNE 9-23: Juneteenth Week with several events across the metro; iowajuneteenth.org

JUNE 10: Emancipation Day: A Juneteenth Event at Living History Farms, 11121 Hickman Road, Urbandale; lhf.org

JUNE 10: Waukee Palooza from 5-10 p.m. at Kinship Brewing Company 255 N.W. Sunrise Drive, Waukee; waukeepalooza.com

JUNE 11: IRONMAN triathlon through Des Moines; ironman.com/im-des-moines

JUNE 11, 18, 25, JULY 2: Music Under the Stars, a free concert series starting 7 p.m., West Capitol Mall, 1007 E. Grand Ave., Des Moines; musicunderthestars.org

JUNE 13, JULY 11, AUG. 8, SEPT. 12: Tunes in the Trees summer concert series, 5-8 p.m. at Iowa Arboretum, Madrid; iowaarboretum.org/events

JUNE 15-18: Green Days festival at Terra Park in Johnston; johnstongreendays.org

JUNE 15, JULY 20, AUG. 24, SEPT. 14: Nash Nights, a summer country concert series at The District at Prairie Trail, Ankeny; thedistrictpt.com

THURSDAYS, JUNE 15 THROUGH SEPT. 28: Music in the Garden, a summer music concert series at the Greater Des Moines Botanical Garden, 909 Robert D. Ray Drive, Des Moines; dmbotanicalgarden.com

JUNE 16: Impractical Jokers comedy show on The Drive Drive Drive Drive Tour at 7:30 p.m.; iowaeventscenr.com

JUNE 16-18: Bevington Bluegrass Festival at Briar Patch Amphitheater 2103 Warren Ave., Bevington; briarpatchamphitheater.com

JUNE 16-22: Art Week Des Moines highlighting local artists in spaces across the metro. artweekdesmoines.com

JUNE 17: Authors on the Riverwalk at Hampton Inn & Suites, Des Moines Downtown; authorsontheriverw.wixsite.com/aotrw

JUNE 17: Bacon Ride for lovers of biking and bacon along the Raccoon River Valley Trail, starting in Waukee; baconride.com

JUNE 17: Cajun Fest at Cowles Commons, downtown Des Moines; cajunfestiowa.com

JUNE 17: 2023 Leprechaun Open with the Friendly Sons of St. Patrick of Central Iowa at Toad Valley Golf Course, 237 N.E. 80th St., Pleasant Hill; friendlysonsiowa.com

JUNE 17: SpiceFest hosted by the Iowa International Center at Exile Brewing, 1514 Walnut St.; iowainternationalcenter.org

JUNE 18: The Doobie Brothers 50th Anniversary Tour at 7:30 p.m. at Wells Fargo Arena, Des Moines; iowaeventscenr.com

JUNE 19 - AUG. 11: Iowa Exhibited Jurored Show; reception June 22, 6-8 p.m. at the Polk County Heritage Gallery, 111 Court Ave., Des Moines; polkcountyheritagegallery.org

JUNE 22: Chris Stapleton's All-American Road Show with special guests Marty Stuart and Allen Stone at 7 p.m. at Wells Fargo Arena, Des Moines; iowaeventscenr.com

JUNE 22-24: I Stand for Jesus Crusade at Iowa State Fairgrounds, 3000 E. Grand Ave.; istandforjesuscrusade.com

JUNE 23-25: Des Moines Arts Festival at Western Gateway Park, Des Moines; desmoinesartsfestival.org

JUNE 23-25: "The Wolves" with the Des Moines Young Artists' Theatre at Tallgrass Theater, West Des Moines; dmyat.org

JUNE 23-25: Des Moines Challenge disc golf tournament; desmoineschallenge.com

JUNE 27 - JULY 2: "Ain't Too Proud – The Life and Times of The Temptations" at the Des Moines Civic Center; dmpa.org

TUESDAYS, JUNE 27 TO AUG. 1: Nights in the Heights concert series, 7 p.m. at Colby Park, Windsor Heights; windsorheights.org/523/Events

JUNE 30 - JULY 2: Goodguys 32nd Speedway Motors Heartland Nationals (a.k.a. America's Favorite Car Show) at the Iowa State Fairgrounds, 3000 E. Grand Ave.; good-guys.com/hln

JUNE 30, JULY 2, 7, 11, 13, 15, 23: "Carmen" by Bizet with the Des Moines Metro Opera at Simpson College, Indianola; desmoinesmetroopera.org



Bacon Ride. Photo courtesy of Iowa Bicycle Coalition

July

JULY 21: Summer Stir, a traveling cocktail party hosted by CITYVIEW at the historic East Village from 5 to 9 p.m. summerstirs.com

JULY 1: Independence Day at Living History Farms, 11121 Hickman Road, Urbandale. Parade, family fun and games, and a game of historic baseball played by the Walnut Hill Bluestockings; lhf.org

JULY 1: Dude Perfect's Panda-Monium Tour at 7 p.m. at Wells Fargo Arena, Des Moines; iowaeventscenr.com

JULY 1-4: Celebrate America at Adventureland Resort; adventurelandresort.com

JULY 1, 9, 14, 22: "Bluebeard's Castle" by Bartok with the Des Moines Metro Opera at Simpson College, Indianola; desmoinesmetroopera.org

JULY 3-4: Celebration of Independence at Centennial Park in Waukee; waukee.org/777/Celebration-of-Independence

JULY 2-4: Urbandale 4th of July celebration; urbandale4thofjuly.org

JULY 4: Afroman performs at Briar Patch Amphitheater, 2103 Warren Ave., Bevington; briarpatchamphitheater.com

JULY 6: Béla Fleck bluegrass concert at 7:30 p.m. at Hoyt Sherman Place, 1501 Woodland Ave., Des Moines; hoyts Sherman.org

JULY 7-8: 80/35 Music Festival at Western Gateway Park, Des Moines; 80-35.com

JULY 7-9: Ankeny SummerFest at The District at Prairie Trail; ankenysummerfest.com

JULY 8: Fortune Feimster comedy show at 7 and 9:30 p.m. at Hoyt Sherman Place, 1501 Woodland Ave., Des Moines; hoyts Sherman.org

JULY 8, 15, 21: "Driving While Black" by Kander/Gumbel with the Des Moines Metro Opera at a Des Moines venue, TBD; desmoinesmetroopera.org

JULY 8, 16, 18, 21: "The Love for Three Oranges" by Prokofiev with the Des Moines Metro Opera at Simpson College, Indianola; desmoinesmetroopera.org

JULY 12: Stars of Tomorrow concert with the Des Moines Metro Opera at Sheslow Auditorium, 2507 University Ave., Des Moines at Drake University, Des Moines; desmoinesmetroopera.org

JULY 12-16: Dallas County Fair in Adel; dallascountyfair.com

JULY 14-15: Four Seasons Festival in Polk City; fourseasonsfestival.com

JULY 14-15: Waukee Arts Festival at Centennial Park in Waukee; waukeeartsfestival.org

JULY 14-20: Marion County Fair in Knoxville; knoxvilleraceway.com/Pages/Marion-County-Fair

JULY 14-20: Jasper County Fair in Colfax; jaspercofair.com

JULY 14-30: "Little Shop of Horrors" at the Des Moines Playhouse; dmplayhouse.com

JULY 15: Bags Tournament with the Friendly Sons of St. Patrick of Central Iowa at Sully's Irish Pub, 860 First St., West Des Moines; friendlysonsiowa.com

JULY 15: Bondu Blues & Brews Festival at the Bondurant Regional Trailhead; cityofbondurant.com

JULY 15: Walker Hayes concert at Iowa Events Center, Des Moines; iowaeventscenter.com

JULY 15: #IMOMSOHARD: Ladies Night with comedians Kristin Hensley and Jen Smedley at 7:30 p.m. at Hoyt Sherman Place, 1501 Woodland Ave., Des Moines; hoytsherman.org

JULY 15: Water Lantern Festival at Riverview Park, 710 Corning Ave., Des Moines; waterlanternfestival.com

JULY 15: Polo on the Green hosted by Variety - the Children's Charity of Iowa at Powder River Ranch, Cumming; poloonthegreen.com

JULY 15: Moonlight Classic, a nighttime bike ride through downtown Des Moines for children's mental health; orchardplace.org/moonlight-classic

JULY 15-21: Polk County Fair at the Iowa State Fairgrounds, 3000 E. Grand Ave., in Des Moines; polkcountyfairiowa.com

JULY 19-23: Madison County Fair in Winterset; madisoncountyfair.net

JULY 19-23: Story County Fair in Nevada; sc-fair.com

JULY 20, 22: "The Falling and the Rising" by Redler/Dye with the Des Moines Metro Opera at Freedom Center, Camp Dodge; desmoinesmetroopera.org

JULY 20-23: Boone County Fair in Boone; boonecountyfairia.com

JULY 21-22: Clive Festival at Greenbelt Landing; cityofclive.com/parkandrecreation/programs_and_events/clive_festival.php

JULY 22: "An Evening with Kelli O'Hara" with the Des Moines Symphony at Des Moines Civic Center; dmsymphony.org

JULY 22-29: RAGBRAI, the Register's Annual Great Bicycle Ride Across Iowa, coming through Des Moines July 25-26; ragbrai.com

JULY 22-30: "The Drowsy Chaperone" with Urbandale Community Theatre at Urbandale High School; urbandaletheatre.com

JULY 25-30: "The 25th Annual Putnam County Spelling Bee" with DMACC Ankeny Theatre; dmacc.edu/theatre/ankeny

JULY 26-31: Warren County Fair in Indianola; warrencofair.com

JULY 27-29: Guthrie's River Ruckus, a country music festival at Guthrie County Fairgrounds; guthriesriverruckus.com

JULY 28-30, AUG. 4-6: Disney's "The Little Mermaid" with Carousel Theatre of Indianola; carouseltheatre.org

JULY 28 - AUG. 5: National Balloon Classic at Memorial Balloon Field, Indianola; nationalballoonclassic.com

JULY 29: Diana Krall jazz concert at 8 p.m. at Hoyt Sherman Place, 1501 Woodland Ave., Des Moines; hoytsherman.org



80/35 Music Festival. Photo by Kate Lichter Photography



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August

AUG. 3-4: Over the Edge fundraiser.

Participants get the chance to rappel the Wells Fargo Arena; iowaeventscenter.com

AUG. 4: Kansas performs their "Another Fork in the Road" tour at 7:30 p.m. at Hoyt Sherman Place, 1501 Woodland Ave., Des Moines; hoyshtsherman.org

AUG. 4-6: Hinterland Music Festival at Avenue of the Saints Amphitheater, 3357 St. Charles Road, Saint Charles; hinterlandiowa.com

AUG. 4-6: Pufferbilly Days celebrating the railroad history of Boone; boonecountychamber.com/pufferbilly-days

AUG. 4-13: "Twelfth Night" with Ankeny Community Theatre; ankenycommunitytheatre.com

AUG. 10-20: Iowa State Fair, the best state fair, iowastatefair.org

AUG. 12: Sweet Corn Festival in Adel; adelpartners.org/sweet-corn-festival

AUG. 14 - SEPT. 29: Molly Wood Photographs exhibition; reception Aug. 19, 6-8 p.m. at the Polk County Heritage Gallery, 111 Court Ave., Des Moines; polkcountyheritagegallery.org

AUG. 15: The Wallflowers concert at 8 p.m. at Hoyt Sherman Place, 1501 Woodland Ave., Des Moines; hoyshtsherman.org

AUG. 18-27: "Shrek: The Musical" with Des Moines Young Artists' Theatre at Stoner Theater, Des Moines; dmyat.org

AUG. 25: An Evening with the Avett Brothers at 7 p.m. at Wells Fargo Arena, Des Moines; iowaeventscenter.com

AUG. 25-26: Savannah Bananas at Principal Park, Des Moines; thesavannahbananas.com/ontheroad

AUG. 25-27: World Food & Music Festival at Western Gateway Park in Des Moines; dsmpartnership.com/worldfoodandmusicfestival

AUG. 26: 5K Beer Run with the Iowa Brewery Running Series at 515 Brewing Company 7700 University Ave., Suite C, Clive; breweryrunningseries.com/iowa

AUG. 26: Ingersoll Live block party from 3-10 p.m. in Des Moines; theavenuesdsm.com



Downtown Des Moines Oktoberfest. Photo by Danny Carman

SEPT. 15: The Mavericks concert at 7:30 p.m. at Hoyt Sherman Place, 1501 Woodland Ave., Des Moines; hoyshtsherman.org

SEPT. 15-16: Beaverdale Fall Festival; fallfestival.org

SEPT. 15-16: Wild Cat Country Fest, music lineup to be announced. Quarry Springs Park, Colfax; wildcatcountryfest.com

SEPT. 15-24: "Persuasion" by Iowa Stage Theatre Company at the Des Moines Civic Center; iowastage.org

SEPT. 17: Applefest at Living History Farms, 11121 Hickman Road, Urbandale; lhf.org

SEPT. 17: 5K Beer Run with the Iowa Brewery Running Series at Big Grove Brewery, 555 17th St., Des Moines; breweryrunningseries.com/iowa

SEPT. 17: Halfway to St. Patrick's Day Car Show with the Friendly Sons of St. Patrick of Central Iowa at Mugsy's, 1225 Copper Creek Drive Suite A, Pleasant Hill; friendlysonsiowa.com

SEPT. 21-23: Des Moines Area Quilters Guild Quilt Show in the 4-H Exhibits Building, Iowa State Fairgrounds, 3000 E. Grand Ave.; dmaqq.org

SEPT. 22: Des Moines Art Center 2023 Gala, Des Moines Art Center, 4700 Grand Ave., desmoinesartcenter.org

SEPT. 22-23: Oktoberfest along Fourth Street, downtown Des Moines; oktoberfestdsm.com

SEPT. 23-24: Iowa's Latino Heritage Festival in Des Moines; latinoheritagefestival.org

SEPT. 24: Iowa Trail Run Series through Jester Park, Granger; iowatrailruns.com

SEPT. 24: Iowa Blues Challenge with the Central Iowa Blues Society at Lefty's Live Music, 2307 University Ave., Des Moines; cibs.org

SEPT. 24: 5K Beer Run with the Iowa Brewery Running Series at Firetrucker Brewery, Ankeny; breweryrunningseries.com/iowa

SEPT. 29: Lauren Daigle on "The Kaleidoscope Tour" at 7 p.m., Wells Fargo Arena, Des Moines; iowaeventscenter.com

SEPT. 29 - OCT. 1: Iowa's Largest Arts and Crafts Show in the Varied Industries Building, Iowa State Fairgrounds, 3000 E. Grand Ave.; iowastatefairgrounds.org

SEPT. 30: Fall Fest at Polk City's town square; gopolkcitcity.com/fallfest

SEPT. 30: DMACC 5K Walk/Run at DMACC Ankeny Campus, 2006 S. Ankeny Blvd.; dmacc.edu/alumni/5K ■

September

SEPT. 1-2: Taste of the Junction, a multicultural festival in Historic Valley Junction; tasteofthejunction.org

SEPT. 2: Rob Zombie and Alice Cooper on their Freaks on Parade Tour, with special guests Ministry and Filter at 6 p.m., Wells Fargo Arena, Des Moines; iowaeventscenter.com

SEPT. 2-3: Kids Fest at Adventureland Resort, Altoona; adventurelandresort.com

SEPT. 2-4, 9-10, 16-17: Fall Renaissance Faire at Sleepy Hollow, 4051 Dean Ave., Des Moines; sleepyhollowrenfaire.com

SEPT. 8-24: "Once" at the Des Moines Playhouse; dmplayhouse.com

SEPT. 10: Des Moines Concours d'Elegance car show from 10 a.m. to 4 p.m. at Pappajohn Sculpture Park, 1330 Grand Ave., Des Moines; desmoinesconcours.com

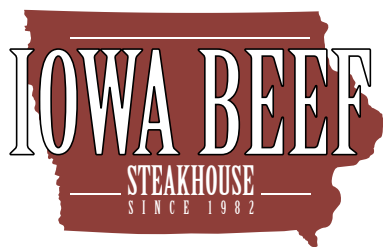
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