



April 3, 2020

Dear WIC Participant,

Because of the COVID-19 pandemic, the Tennessee WIC Program will be adding the following food items for you to purchase with your TNWIC Card through May 31, 2020. You may purchase these as long as the amounts are available for your household:

- Eggs: All sizes (medium, large, extra-large), including organic
- Cheese: 32 oz. packages (sliced, block, shredded), **if on your benefit list**
- Whole Milk: Half-gallon sizes of whole or lactose-free whole milk, **when gallon is not available**
- Lower Fat Milk: Gallon or half-gallon sizes of 2%, 1%, skim or fat free, lactose-free, sweet acidophilus, **when gallon is not available**
- Bread: Up to 24 oz. whole grain, **when 16 oz. is not available** or organic 16 oz. whole grain pastas
- Juice: 100% juice in 46 oz. can, **when 48 oz. bottle is not available**
- Fish: Tuna (2.6 oz) / Salmon (2.5 oz.) pouches including flavored, **when approved sizes are not available**
- Baby Food: Organic jars or twin packs

We hope these additional items will make your shopping experience at an authorized WIC grocery store easier.

Your child has you and you have WIC.

Tennessee WIC Program



COVID-19 Public Information Numbers:

833-556-2476 or 877-857-2945

Available 10 a.m. – 10 p.m. CDT Daily