



150 Wolfe Road – Budd Lake, NJ 07828



FREE PARENT EMPOWERMENT PROGRAM
For parents of any age child
(Infant through School Age & Teens)



Be LESS Stressed & Enjoy Parenting MORE!

We provide the following at all 11 weekly sessions:

- An interactive learning environment during weekly classes at the Center (with virtual classes via Zoom as needed)
- Dinner delivered prior to each session
- Child care as needed by trained professionals
- Systematic Training in Effective Parenting book, binder, and all materials needed
- One-on-One weekly mentoring
- Ongoing support during & beyond class

The Fall 2022 Cycle begins on
Thursday, October 6th

Class time: 6:00 pm – 8:15pm

Call 973-426-1525 – or send a message to admin@mtolivechildcare.org
or greuther@mtolivechildcare.org to sign up today!



Weekly in person sessions of the same program with Beatrice!