



150 Wolfe Road ~ Budd Lake, NJ 07828

★ **FREE PARENT EMPOWERMENT PROGRAM** – for
parents of any age child (Infant through School Age) ★



◀ **Be LESS Stressed & Enjoy Parenting MORE** ▶

We provide the following at all 11 weekly sessions:

- An interactive learning environment right at Mt. Olive Child Care (with Zoom as a backup)
 - Dinner during each session
 - Child care by trained professionals
- Systematic Training in Effective Parenting book, binder, & all materials needed to be successful
 - One-on-One, Weekly Mentoring
 - Ongoing support during & beyond the class

**The Fall 2021 cycle begins on Thursday,
September 30th**

Class Times: 5:45pm – 8:15pm

Call 973-426-1525 – or send message to

greuther@mtolivechildcare.org

to sign up today!



Weekly sessions of the same program with Beatrice