



150 Wolfe Road – Budd Lake, NJ 07828



FREE PARENT EMPOWERMENT PROGRAM
For parents of any age child
(Infant through School Age & Teens)



Be LESS Stressed & Enjoy Parenting MORE!

We provide the following at all 11 weekly sessions:

- An interactive learning environment during weekly classes at the Center which begin right at 6:00 P.M.
- Dinners available starting at 5:45 P.M.
- Child care as needed by trained professionals
- Systematic Training in Effective Parenting book, binder, and all materials needed
- One-on-One weekly mentoring
- Ongoing support during & beyond class

The Fall 2024 Cycle begins on
Wednesday, October 2nd

Class time: 6:00 PM – 8:15 PM

Call 973-426-1525 – or send a message to
admin@mtolivechildcare.org

or greuther@mtolivechildcare.org to sign up today!



Weekly in-person sessions of the same program with Beatrice!