

NCYRU CLOTHING GUIDELINE AMENDMENT



Application

This policy applies to youth rugby players in North Carolina playing in any League, Tournaments or Friendly matches which fall under jurisdiction of the NCYRU.

This policy impacts World Rugby Law 4.4c – Women may wear cotton blend long tights, with single inside leg seam under the shorts and socks.

Policy

Tights are approved for all genders of athletes in all matches.

Tights must be worn under shorts and socks.

It is our belief that wearing tights can improve the rugby experience by keeping players warm and reducing the possibility of injury and infection from turf surfaces.

Exceptions

If a player is a lineout jumper or being lifted in any situation (kickoffs) the referee may deem the tights “unsafe”. In this instance, the player should be given the choice to stop being lifted or to remove the garment so that they can be lifted safely. The referee is the sole judge of safety, and the player should comply with the request immediately.

Athletes must understand that if they play at a tournament, or in a game that does not fall under NCYRU jurisdiction, that they may be asked to remove tights in compliance with WR Law 4.4. The player must immediately remove the garment without argument.