



# Holy Cross-Saints Constantine & Helen Greek Orthodox Archdiocese

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Bulletin for Sunday, July 24, 2022

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## Gospel and Epistle Readings

### Epistle Reading

**Prokeimenon. Fifth Mode. Psalm 117,1.**

You, O Lord, shall keep us and preserve us.

Verse: Save me, O Lord, for the godly man has failed.

**The reading is from St. Paul's Letter to the Romans 12:6-14.**

Brethren, having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; if service, in our serving; he who teaches, in his teaching; he who exhorts, in his exhortation; he who contributes, in liberality; he who gives aid, with zeal; he who does acts of mercy, with cheerfulness. Let love be genuine; hate what is evil, hold fast to what is good; love one another with brotherly affection; outdo one another in showing honor. Never flag in zeal, be aglow with the Spirit, serve the Lord. Rejoice in your hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints, practice hospitality. Bless those who persecute you; bless and do not curse them.

### Gospel Reading

**6th Sunday of Matthew**

**The Reading is from Matthew 9:1-8**

At that time, getting into a boat Jesus crossed over and came to his own city. And behold, they brought to him a paralytic, lying on his bed; and when Jesus saw their faith he said to the paralytic, "Take heart, my son; your sins are forgiven." And behold, some of the scribes said to themselves, "This man is blaspheming." But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? For which is easier, to say 'Your sins are forgiven,' or to say 'Rise and walk?' But that you may know that the Son of man has authority on earth to forgive sins" he then said to the paralytic -- "Rise, take up your bed and go home." And he rose and went home. When the crowds saw it, they were afraid, and they glorified God, who had given such authority to men.

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### Hymns of the Day

**Resurrectional Apolytikion in the Fifth Mode**

Let us worship the Word who is unoriginate \* with the Father and the Spirit, and from a Virgin was born \* for

our salvation, O believers, and let us sing His praise. \* For in His goodness He was pleased \* to ascend the Cross in the flesh, and to undergo death, \* and to raise up those who had died, \* by His glorious Resurrection

### **Apolytikion for Great Martyr Christina in the Fourth Mode**

Your maiden Martyr, like a lamb, cries out, "O Jesus, for You, \* my pure Bridegroom, I long; and seeking You I compete; \* and I am crucified and buried with You in Your baptism. \* I suffer for Your sake, that I may reign with You. \* I die for You that I may also live in You. \* Accept me as an unblemished sacrifice \* as I offer myself to You with love." \* At her entreaties and intercessions, \* save our souls, O Merciful Lord.

### **Apolytikia for the Church in the First Mode**

Save O Lord, Your people, and bless Your inheritance, granting victory to the faithful over the enemy, and by your cross protecting your common wealth.

Tou Stavrou' Sou ton ti'pon en ourano' theasa'menos ke os o Pa'vlos tin kli'sin ouk ex anthro'pon dexa'menos, o en vasilev'sin Apo'stolos Sou Ki'rie vasile'vousan po'lin ti hiri' Sou pare'theto, in peri'soze dia pantos' en iri'ni, presvies tis Theoto'kou mo'ne philan'thrope.

### **Seasonal Kontakion in the Second Mode**

O Protection of Christians that never fails, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.

### **News and Announcements**

#### **Parish News:**

#### **Prison Ministry Awareness Sunday is July 31**

so we have begun our annual drive to collect personal hygiene items (e.g., soap, shampoo, tooth paste, deodorant) and mailing stamps for inmates at the Limestone Correctional Facility. Place these items in the red bins located in the church hall. You can also make a monetary donation to the national drive (write check payable to: Orthodox Christian Prison Ministry;

or donate online at: [www.theocpm.org](http://www.theocpm.org)). Questions, contact Bill Koshak 256-783-7502.

Please join us for the summer General Assembly meeting Parish Hall after the Divine Liturgy. Your input and support is important to the growth of our community. As a reminder, you must be an Orthodox Christian and a pledge member of the church for 1 year to vote.

Our deepest sympathies to Nancy Lianos on the death of her father, Ioannis and to Lori Bradley on the death of her father, Vernon and to the Charles Mercieca family on the death of our long time parishioner, Charles. May their memories be eternal!

**IMPORTANT:** Due to the turnover of members on the audit committee, we need a replacement to work with 2 existing members. Skills needed are a background or some amount of education in accounting and organizational skills. The audit usually requires work performed during 2-3 week period. Please speak with Marshall Standifer or Joe Moquin if you are interested.

Prosforo - July 24th Nok Koshak

#### **MARK Your Calendars!**

July 24th -Parish General Assembly Meeting following Divine Liturgy

July 27th - Vespers 6:00 p.m.

July 28th - Catecumen Class 6:00 p.m.

August 3rd - Vespers 6:00 p.m.

August 4th - Catecumen Class 6:00 p.m.

August 6th - Baptismal Divine Liturgy for the Feast of the Transfiguration 6:00 p.m.

August 14th - Vespers for the Dormition of the Theotokos 10:00 a.m.

August 15th - Divine Liturgy for the Dormition of the Thotokos 10:00 a.m.

## Saints and Feasts

### Philoptochos News

We are continuing Rose of Sharon throughout the summer months. Philoptochos is collecting the following items for Rose of Sharon clients: personal size bug repellent, personal size sunscreen and bottled water.

Rose of Sharon is now going to low cost housing areas passing out small toys to the children and connecting with the community. They need sidewalk chalk, bubbles, coloring books, crayons and matchbox cars. If you are unable to purchase items yourself, Philoptochos is happy to shop for you. Cash or checks payable to Philoptochos See Phyllis Trachiotis for more information. 209-483-7911

We are looking to give or purchase Bibles in Spanish for Rose of Sharon. They are starting religious services in Spanish and if you are able to assist please let us know.

NEXT PHILOPTOCHOS MEETING: September!!

#### **Prayer List:**

*If you know anyone who is sick, in the hospital, nursing home, rehab center, or shut in, and needs a visit from Father Timothy, please let him know.*

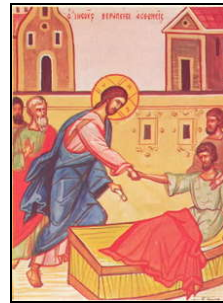
*In our prayers: James Likis (father of Angela Leak), Dimocho Dimov (father of Gergana), George and Peggy Paraskevas (Staci Jones' parents), Vasso, Billie Pangalos, George Gray, Ashly Kersch, Nicole Berros, Matthew Stoval, Debbie Tsahakis, Maria Diminova, Pavlos Honderich, David Shular, Jason Bardis, Karen and James Shelton, Jimmy Duff.*

Father Timothy is available to meet with you at the Church office, discussing any questions or just for fellowship. You can contact him by text at 706-627-9257 or by email at dr.cremeens@ggsm.us



July 24

**Athenagorus the Apologist**



July 24

**6th Sunday of Matthew**

### Wisdom of the Fathers

He puts an end to the woman's fear ... He sets her right, in respect of her thinking to be hid ... He exhibits her faith to all, so as to provoke the rest also to emulation ...

#### **St. John Chrysostom**

*Homily 31 on Matthew 9, 4th Century*

In this case indeed He discloses also another sign, and that no small one, of His own Godhead, and of His equality in honor with the Father. For whereas they said, "To unbind sins pertains to God only," He not only unbinds sins, but also before this He makes another kind of display in a thing which pertained to God only; the publishing the secrets in the heart. For neither had they uttered what they were thinking.

#### **St. John Chrysostom**

*Homily 29 on Matthew 9, 4th Century*