



# Holy Cross-Saints Constantine & Helen Greek Orthodox Archdiocese

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Bulletin for Sunday, September 26, 2021

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## Gospel and Epistle Readings

### Epistle Reading

**Prokeimenon. Eighth Mode. Psalm 18.4,1.**

Their voice has gone out into all the earth.

Verse: The heavens declare the glory of God.

**The reading is from St. John's First Universal Letter  
4:12-19.**

No man has ever seen God; if we love one another, God abides in us and his love is perfected in us. By this we know that we abide in him and he in us, because he has given us of his own Spirit. And we have seen and testify that the Father has sent his Son as the Savior of the world. Whoever confesses that Jesus is the Son of God, God abides in him, and he in God. So we know and believe the love God has for us. God is love, and he who abides in love abides in God, and God abides in him. In this is love perfected with us, that we may have confidence for the day of judgment, because as he is so are we in this world. There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and he who fears is not perfected in love. We love, because he first loved us.

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### Gospel Reading

**The Falling Asleep of St. John the Evangelist and  
Theologian**

**The Reading is from John 19:25-27; 21:24-25**

At that time, standing by the cross of Jesus were his mother, and his mother's sister, Mary the wife of Clopas, and Mary Magdalene. When Jesus saw his mother, and the disciple whom he loved standing near, he said to his mother, "Woman, behold, your son!" Then he said to the disciple, "Behold, your mother!" And from that hour the disciple took her to his own home. This is the disciple who is bearing witness to these things, and who has written these things; and we know that his testimony is true. But there are also many other things which Jesus did; were every one of them to be written, I suppose that the world itself could not contain the books that would be written.

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### Hymns of the Day

#### Resurrectional Apolytikion in the Fifth Mode

Let us the faithful give praise and worship to the Logos, coeternal with the Father and the Spirit, born of the Virgin for our salvation; for of His own goodwill he consented to ascend the cross in the flesh and endured death and raised the dead by His glorious resurrection.

#### Apolytikion for Translation of John the Theologian in the Second Mode

O Apostle, beloved of Christ our God, hasten to deliver a defenceless people. He that allowed thee to recline on His breast, receiveth thee bowing in intercession. Implore Him, O Theologian, to dispel the persistent cloud of the heathen, and ask for us His peace and great mercy.

## Apolytikia for the Church in the First Mode

Save O Lord, Your people, and bless Your inheritance, granting victory to the faithful over the enemy, and by your cross protecting your common wealth.

Tou Stavrou' Sou ton ti'pon en ourano' theasa'menos ke os o Pa'vlos tin kli'sin ouk ex anthro'pon dexa'menos, o en vasilev'sin Apo'stolos Sou Ki'rie vasile'vousan po'lin ti hiri' Sou pare'theto, in peri'soze dia pantos' en iri'ni, presvi'es tis Theoto'kou mo'ne philan'thrope.

## Seasonal Kontakion in the Second Mode

The protection of Christians unshameable, intercessor to our Holy Maker, unwavering, do not turn from the prayerful cries of those who are in sin; instead, come to us, for you are good; your loving help bring unto us, who are crying in faith to you: Hasten to intercession and speed now to supplication as a protection for all time, Theotokos, for those who honor you.

## Services and Events

### Holy Cross/Sts Constantine and Helen Greek Orthodox Church

September 26 to October 10, 2021

#### Sunday, September 26

9:00AM Orthros  
10:00AM Divine Liturgy  
4:30PM Virtual Sunday School

#### Wednesday, September 29

6:00PM Vespers  
7:00PM Bible Study

#### Thursday, September 30

11:00AM Philoptochos Meeting  
6:00PM Catechumen Class

#### Saturday, October 2

9:00AM Eagle Scout Playground Project  
6:00PM Great Vespers

#### Sunday, October 3

10:00AM Divine Liturgy

#### Sunday, October 10

10:00AM Divine Liturgy

## News and Announcements

**Eagle Scout Project:** Thanks to the generosity of the Parish, Sam Karahalos has raised the funds needed for the playground improvement project and he will be leading his Eagle project work day on Saturday, 2 Oct, beginning at 9:00 a.m. If you can help, please bring work gloves, and garden implements. We will use this opportunity to spruce up our church grounds. Sam would appreciate it!

We are planning to start an **OCF /Young Adult** group this fall, with a dinner-get together on Sunday, Oct. 17th at 5:30 p.m. If anyone is a faculty member at UAH and could help sponsor this group or if you are interested in participating, please contact Fr. Timothy.

**Bake Sale 2021:** Thanks to the tremendous turnout, we are almost finished with Koulourakia.

For those who can help and feel comfortable doing so, we will meet on Monday, Sept. 27th, at 10:00 a.m. to finish. We will resume our baking on Tuesday, Oct. 5th, with Tyropitakia. Flyers will be out next week so spread the word about the sale.

The Bake Sale provides an opportunity to raise awareness of our church in the community and fellowship for our parishioners as well as raising funds for church projects and charitable initiatives. We are asking for donations of items to help offset the costs. You can make a donation or provide the item. A list will be in the Parish Hall. See Patricia Tiller, Joan Williams, or Constance Kersch if you have questions.

**Sunday School Update:** Sunday school has started and our first monthly ZOOM class will be Sunday, Sept 26th. Elementary students will meet at 4:30 and Middle/High School students at 5:00 p.m. A separate email with the ZOOM link will be sent. Please make every effort to have your children involved.

Memorial for Deacon Michael Bishop, a close friend and seminary student of Fr. Timothy's.

**Prosforo:** All our back up Prosforo will be utilized throughout the next month. We will resume with our normal schedule in October.

**Choir Practice:** There will be practice on Tuesday, September 28 from 5:30-6:30PM in the Church Choir Loft. Anyone interested in being in the choir or just wanting to learn the music is invited. Please contact Mike Theodos at [michael.theodoss.comcast.net](mailto:michael.theodoss.comcast.net) or Constance Kersch at [flycon6666@gmail.com](mailto:flycon6666@gmail.com) if interested. Currently we encourage everyone to use the green liturgy books on Sunday and sing as a congregation with the chanters.

## Philoptochos News

Philoptochos General Meeting kick off Thursday September 29 from 11:00am-12:30pm. Please bring a sack lunch drinks and dessert will be provided. Current members please bring a new parishoner friend with you. The more the merrier. Our first meal serving is breakfast to Rose of Sharon on October 21.

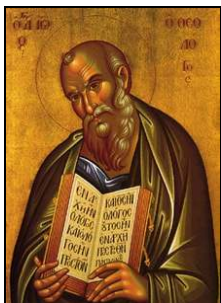
### Prayer List:

*If you know anyone who is sick, in the hospital, nursing home, rehab center, or shut in, and needs a visit from Father Timothy, please let him know.*

*In our prayers: Steve Samaras, Maria Magos, Nicole Berros, Matthew Stoval, Debbie Tsahakis, Pavlos Honderich, David Shular, Jason Bardis, Larry Hartman, Eikaterini, Anna Caldarone (friend of Dr. Gray).*

Father Timothy is available to meet with you at the Church office, discussing any questions or just for fellowship. You can contact him by text at 706-627-9257 or by email at [dr.cremeens@ggsm.us](mailto:dr.cremeens@ggsm.us)

## Saints and Feasts



**September 26**

### **The Falling Asleep of St. John the Evangelist and Theologian**

This Apostle was from Bethsaida of Galilee, and was the son of Zebedee and Salome, and the brother of James

the elder. First a fisherman by trade, he became an Apostle and the beloved Disciple of Christ. Only he of all the Disciples followed Him even to the Cross, and was entrusted with the care of our Saviour's Mother, as it were another son to her, and a brother of Christ the Teacher. After this, he preached throughout Asia Minor, especially in Ephesus. When the second persecution against the Christians began in the year 96 during the reign of Domitian, he was taken in bonds to Rome, and there was cast into a vat filled to the brim with boiling oil. Coming forth therefrom unharmed, he was exiled to the island of Patmos, where he wrote the Book of Revelation. Returning again to Ephesus after the death of the tyrant, he wrote his Gospel (after the other Evangelists had already written theirs) and his three Catholic Epistles. In all, he lived ninety-five years and fell asleep in the Lord during the reign of Trajan in the year 100. He was called Theologian because he loftily expounded in his Gospel the theology of the inexpressible and eternal birth of the Son and Word of God the Father. It is for this cause that an eagle—a symbol of the Holy Spirit, as Saint Irenaeus says—is depicted in his icon, for this was one of the four symbolic living creatures that the Prophet Ezekiel saw (Ezek. 1:10).

## Wisdom of the Fathers

The sign that thou lovest God, is this, that thou lovest thy fellow; and if thou hatest thy fellow, thy hatred is towards God. For it is blasphemy if thou prayest before God while thou art wroth. For thy heart also convicts thee, that in vain thou multipliest words: thy conscience rightly judges that in thy prayers thou profitest nought.

### **St. Ephraim the Syrian**

*ON ADMONITION AND REPENTANCE.*

'God is love', and he who seeks to establish its bounds is like a blind man attempting to count the grains of sand in the deeps of the sea. In quality, love is the likeness of God, as far as this is possible to mortals; in action, it is intoxication of the soul; in its properties, it is the source of faith, the abyss of long-suffering, the sea of humility. Love is real renunciation of every contrary thought, for it 'thinketh no evil' (I Cor. 13:5). Love, passionlessness and sonship differ only in name. As light, fire and flame are combined in one single action, so it is with these three.

### **Monks Callistus and Ignatius**

*Directions to Hesychasts no. 90, Writings from the Philokalia on  
Prayer of the Heart; Faber and Faber pg. 257*