



Holy Cross-Saints Constantine & Helen Greek Orthodox Archdiocese

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Bulletin for Sunday, July 25, 2021

Gospel and Epistle Readings

Epistle Reading

Prokeimenon. Fourth Mode. Psalm 67.35,26.

God is wonderful among his saints.

Verse: Bless God in the congregations.

**The reading is from St. Paul's Letter to the Galatians
4:22-27.**

Brethren, Abraham had two sons, one by a slave and one by a free woman. But the son of the slave was born according to the flesh, the son of the free woman through promise. Now this is an allegory: these women are two covenants. One is from Mount Sinai, bearing children for slavery; she is Hagar. Now Hagar is Mount Sinai in Arabia; she corresponds to the present Jerusalem, for she is in slavery with her children. But the Jerusalem above is free, and she is our mother. For it is written, "Rejoice, O barren one who does not bear; break forth and shout, you who are not in travail; for the children of the desolate one are many more than the children of her that is married."

Gospel Reading

5th Sunday of Matthew

The Reading is from Matthew 8:28-34; 9:1

At that time, when Jesus came to the country of the Gergesenes, two demoniacs met him, coming out of

the tombs, so fierce that no one would pass that way. And behold, they cried out, "What have you to do with us, O Son of God? Have you come here to torment us before the time?" Now a herd of many swine was feeding at some distance from them. And the demons begged him, "If you cast us out, send us away into the herd of swine." And he said to them, "Go." So they came out and went into the swine; and behold, the whole herd rushed down the steep bank into the sea, and perished in the waters. The herdsmen fled, and going into the city they told everything, and what had happened to the demoniacs. And behold, all the city came out to meet Jesus; and when they saw him, they begged him to leave their neighborhood. And getting into a boat he crossed over and came to his own city.

Hymns of the Day

Resurrectional Apolytikion in the Fourth Mode

The women disciples of the Lord, having learned from the Angel the joyous news of the Resurrection and having rejected the ancestral decision, then told the apostles elatedly: Death has been stripped of its power; Christ God has risen, granting to the world His great mercy.

Apolytikion for Dormition of St. Anna in the Fourth Mode

You carried within your womb her who was pregnant with Life, * the Mother of God, O godly-minded Anna; and thus * to heaven were you today * transported with great rejoicing,

where those who feast dwell in glory. * You pray for the forgiveness of offenses for the faithful * who honor you with longing, O ever-blessed one.

Apolytikia for the Church in the First Mode

Save O Lord, Your people, and bless Your inheritance, granting victory to the faithful over the enemy, and by your cross protecting your common wealth.

Tou Stavrou' Sou ton ti'pon en ourano' theasa'menos ke os o Pa'vlos tin kli'sin ouk ex anthro'pon dexa'menos, o en vasilev'sin Apo'stolos Sou Ki'rie vasile'vousan po'lin ti hiri' Sou pare'theto, in peri'soze dia pantos' en iri'ni, presvi'es tis Theoto'kou mo'ne philan'thrope.

Seasonal Kontakion in the Second Mode

(No hymns available in the selected language)

Services and Events

Holy Cross/Sts Constantine and Helen Greek Orthodox Church

July 25 to August 8, 2021

Sunday, July 25

9:45AM 3rd Hour Prayers
10:00AM Divine Liturgy
12:00PM General Assembly Meeting

Wednesday, July 28

6:00PM Vespers
7:30PM Bible Study

Thursday, July 29

6:00PM Catechumen Class

Sunday, August 1

9:45AM 3rd Hour Prayers
10:00AM Divine Liturgy
11:30AM Kopanis Memorial

Thursday, August 5

6:00PM Vespers Divine Liturgy for the Feast of the Transfiguration - Bring Fruit for Blessing

Friday, August 6

6:00PM Paraklesis Service

Sunday, August 8

9:45AM 3rd Hour Prayers
10:00AM Divine Liturgy

News and Announcements

Our deepest is extended to the family of Scott Kolonko. Scott passed this past Wednesday and leaves behind a loving wife, Paris, and two daughters, Abigail and Kara Lola. May his memory be eternal!

We also extend condolences to Cynthia Sharp and the family of former parishoner, Constantine Dimitriou. His funeral will be Monday - 3:00 p.m. at our church. May his memory be eternal!

There will be a Trisagion today for Scott Kolonko, Constatine Dimitriou and V. Rev. Gordon Walker.

Prison Ministry Update: Due to Covid, the Madison County Jail Ministry is still closed down (i.e, there continues to be no visitation of inmates by any churches). In addition, the waiting list for those wanting to eventually conduct Bible studies with inmates is full. Nonetheless, if you are interested in getting on the waiting list at some future date, please contact Bill Koshak (256-783-7502).

As announced this Sunday, July 25, is Prison Ministry Awareness Sunday. A second collection basket will be made available for your donations to the Orthodox Christian Prison Ministry (OCPM). Alternatively, you may make your donation at their website (<https://theocpm.org>).

In honor of Prison Ministry Awareness Sunday, we will begin a 3 week drive on July 25 for collecting personal hygiene items (e.g. soap, tooth paste, deodorant) and mailing stamps, for prison inmates at the Limestone Correctional Facility. Please, no money, food, or game items. Place your donations in the red bins that will be located in the church hall.

Due to updated COVID direction from the diocese we will not be taking roll at the front table any longer. However. we look forward to having information out and greeting our parishoners.

Samuel Karahalas, a church member and a Life Scout in Troop 351 in Madison, will be building benches and a garden around the playground

next to the Church for his Eagle Scout Service Project. Sam is asking for donations of money for supplies and the loan of garden tools (e.g. shovels, post-hole diggers). We are most appreciative that Sam has offered to make this his Eagle Scout project to benefit the youth and parents of our church.

Please mark your calendars for one of our annual General Assembly meeting to be held on July 25th after the Divine Liturgy. The agenda is included in the bulletin email and has been posted. We urge you to make every effort to attend. Your input is critical to the growth of our parish.

Bookstore News! Come check out the new arrivals in our Bookstore. We now have a stock of Thinking Orthodox: Understanding and Acquiring the Orthodox Christian Mind.

We hope to resume regular Sunday school classes in September and we truly need volunteers to help teach our children. We have so many young children in our community and we want to share the teachings of our Orthodox faith with them.

Please consider this helping with this ministry!! See Patricia Tiller if you are willing to help.

During the summer months of June, July and August, there will be no Saturday evening Vespers. Also, instead of Orthos, Fr. Timothy will offer 3rd hour prayers at 9:45 with the Divine Liturgy beginning at 10:00 a.m.

Prosforo for July 25th Nok Koshak, August 1st Helena Xenofos

We have resumed coffee hour with drinks and a light snack. Please sign up for coffee hour in the Parish Hall if you can bring a snack to share. If you would like to make a donation to cover 1 Sunday instead of hosting, please see Patricia Tiller.

Choir Practice: There will be practice this Monday, July 26 from 6-7PM in the Church Choir Loft. Anyone interested in being in the choir or just wanting to learn the music is invited. Please contact Mike Theodoss

at michael.theodoss.comcast.net or Constance Kersch at flycon6666@gmail.com if interested. Currently we encourage everyone to use

the green liturgy books on Sunday and sing as a congregation with the chanters.

Philoptochos News

This is the last week for parishoners to bring New socks mens or womens for Rose of Sharon and FLOUR for our church. Big bag or small all is humbly accepted. We are gearing up to help in cooking for our local community. This uses a lot of ingredients and when we get product donated we are able to help more shelters. This Sunday the new board will be taking the Oath of Office. Thank you to Elaine Taras, Cheryl Fitzgerald and Nancy Lianos for serving on our board the past two years.

Prayer List:

If you know anyone who is sick, in the hospital, nursing home, rehab center, or shut in, and needs a visit from Father Timothy, please let him know.

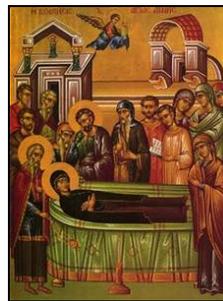
In our prayers: Nicole Berros, Michael and Gabrielle Samaras, Matthew Stoval, Zeno Aguirre, Debbie Tsahakis, Pavlos Honderich, David Shular, Jason Bardis, Larry Hartman, Eikaterini, Anna Caldarone (friend of Dr. Gray), Gavin Mobley (friend of Clay Hardy.)

Father Timothy is available to meet with you at the Church office, discussing any questions or just for fellowship. You can contact him by text at 706-627-9257 or by email at dr.cremeens@ggsm.us

Saints and Feasts

July 25

Dormition of St. Anna, mother of the Theotokos



According to tradition, Anna, the ancestor of God, lived for sixty-nine years, and her spouse Joachim, for eighty; according to one account, Saint Joachim died two years before Saint

Anna. The Theotokos had been orphaned of both her parents already when she was eleven years of age, when

she was living in the Temple (see Sept. 8 and Nov. 21). Saint Anna is invoked for conceiving children, and for help in difficult childbirth.

Wisdom of the Fathers

Now, should any one say, "And wherefore did Christ fulfill the devils' request, suffering them to depart into the herd of swine?" this would be our reply, that He did so, not as yielding to them, but as providing for many objects thereby.

St. John Chrysostom

Homily 28 on Matthew 8, 4th Century

One, to teach them that are delivered from those wicked tyrants, how great the malice of their insidious enemies: another, that all might learn, how not even against swine are they bold, except He allow them; a third, that they would have treated those men more grievously than the swine, unless even in their calamity they had enjoyed much of God's providential care. For that they hate us more than the brutes is surely evident to every man.

St. John Chrysostom

Homily 28 on Matthew 8, 4th Century