

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 am Pilates Reformer Inter/Adv (Claudine)	6:00 am Pilates Reformer Inter/Adv (Lois)		6:00 am Pilates Reformer Inter/Adv (Lois)	6:00 am Pilates Reformer Inter/Adv (Claudine)		
				7:00 am Pilates Reformer Inter/Adv (Heather)	7:45 am Pilates Reformer Inter/Adv (Claudine)	
8:00 am Pilates Reformer Inter/Adv (Heather)					9:00 am Cycle With Weights (Janel)	8:00 am Cycle (Janel)
	9:00 am Mat Pilates (June)	9:00 am Beg/Inter Pilates Reformer (June)	9:00 am Mat Pilates (June)	9:15 am Beginner Pilates Reformer (June)	9:00 am Pilates Reformer Inter/Adv (Claudine)	9:30 am PBC - Precision Balance Control - Reformer (Dicey)
10:30 am Beg/Inter Pilates Reformer (June)	10:30 am Healthy Movement (Gigi)	10:15 am Beginner Pilates Reformer (June)	10:15 am Vinyasa Yoga (Danielle)	10:30 am Beginner Pilates Reformer (Claudine)	10:15 am Circuit (Sean)	
					10:30 am Beginner Pilates Reformer (Claudine)	
5:00 pm Salted Yogi in the Salt Cave (Danielle)	5:00 pm Half Hour Reformer Jump Board (Heather) COMING SOON!!!					
5:30 pm Inter/Adv Reformer (Lois)	5:30 pm Circuit (Sean)	5:15 pm Mat Pilates (Julia)	5:30 pm Circuit (Sean)			
6:00 pm Advanced Reformer (Lois) - COMING SOON!!!	5:30 pm All Level Pilates Reformer (Lois)	5:30 pm Reformer (Lois)	5:30 pm Pilates Reformer Inter/Adv (Heather)			
	6:30 pm To be announced	6:30 pm Reformer (Lois) - COMING SOON!!!	6:45 TRX & Reformer (Sean)			

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Classes are subject to change. For current schedule visit www.ReviveStudiosNJ.com or Revive Studios App

REVIVE YOUR BODY, REVIVE YOUR MIND