

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	6:00 am Pilates Reformer Inter/Adv		6:00 am Pilates Reformer Inter/Adv			
				7:00 am Pilates Reformer Inter/Adv	7:45 am Pilates Reformer Inter/Adv	
8:00 am Pilates Reformer Inter/Adv						
	9:00 am Mat Pilates	9:00 am Beg/Inter Pilates Reformer	9:00 am Mat Pilates	9:15 am Beginner Pilates Reformer	9:00 am Pilates Reformer Inter/Adv	9:30 am PBC - Precision Balance Control - Reformer
10:30 am Beg/Inter Pilates Reformer		10:15 am Beginner Pilates Reformer	10:15 am Vinyasa Yoga	10:30 am Beginner Pilates Reformer	10:15 am Circuit	
5:00 pm Salted Yogi in the Salt Cave						
5:45 pm PBC - Precision Balance Control - Reformer	5:30 pm Circuit		5:45 pm Pilates Reformer Inter/Adv	5:30 pm TRX & Reformer		
	6:15 pm Beginner Pilates Reformer	6:30 pm Bollywood Fusion				