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General Hair Care Recommendations



Shower Care:

How often?

NOT every day! Too much shampooing is actually bad for your hair! It is best to wash your hair every other day or LONGER if possible.

What to use in between washes?

Dry Shampoo works WONDERS! Apply it to your roots at night. This will give extra time for the natural oils on your scalp to absorb, and any tossing or turning you do while sleeping will help give your hair more texture & volume. If you tend to wake up with tangles, try sleeping on a satin pillowcase.

Our Top Recommendations:

- Big Sexy Dry Shampoo
- Style Sexy H2NO Dry Shampoo
- Moroccan Oil Dry Shampoo

Styling:

What to use?

ALWAYS use a heat protectant when blow drying and/or using a hot tool on your hair.

Our Top Recommendations:

- Hot Sexy Prep Me, Protect Me, or Support Me
- Uniq One
- ColorProof

Your Next Appointment:

Schedule your next cut 4-6 weeks out to help avoid breakage and split ends.

